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TV&Satellite week

5-11 October 2019

NEW

THE WALKING DEAD

The zombie drama returns

NEW

MR ROBOT

The tech thriller's final series

IT'S BACK!

Breaking Bad

Aaron Paul is on the run as the story continues... El Camino

FROM FRIDAY ON NETFLIX

MOTHERLAND

Back to school for Anna Maxwell Martin

NEW

SWAMP THING

A mysterious superhero lurks in the slime

NEW

HotList This week's 28

Saturday 5

England v Argentina

***RUGBY UNION** ITV HD, kick-off 9am*

Eddie Jones' England team take on Argentina in a Rugby World Cup clash from Tokyo Stadium in Japan. England have a good record against the Pumas, winning the last nine matches.

World Athletics Championships

***ATHLETICS** BBC1 HD, BBC 2 HD & BBC Red Button, from 2.45pm*

Team GB will hope for great performances today from Laura Muir in the 1,500m, and Dina Asher-Smith and co in the relay.

Strictly Come Dancing

***ENTERTAINMENT** BBC1 HD, 7.10pm*

Strictly goes Hollywood as the 14 remaining celebrities strut their stuff on the dance floor. Who will impress judges Craig Revel Horwood, Motsi Mabuse, Shirley Ballas and Bruno Tonioli?

Britain's Got Talent: The Champions

***ENTERTAINMENT** ITV HD, 8.30pm*

LAST ONE! Twist and Pulse, Stavros Flatley, MerseyGirls and German dog act Alexa Lauenburger are among the finalists.

■ Full listings start on p33

Sunday 6

Thomas Cook: The Rise & Fall of Britain's Oldest Travel Agent

***DOCUMENTARY** C4 HD, 8pm*

A new documentary looks at the collapse of the famous 178-year-old travel group.

The Americas with Simon Reeve

***DOCUMENTARY** BBC2 HD, 9pm*

The adventurer travels through North America, starting in Alaska, where he flies out to a glacier to see evidence of global warming. *See documentaries, page 16*

I Love You, Now Die

***DOCUMENTARY** Sky Crime HD, 9pm*

A new two-part documentary looks at the case of American teenager Michelle Carter, who was jailed for sending text messages that seemed to encourage her boyfriend to take his own life.

World on Fire

***DRAMA** BBC1 HD, 9pm*

As the drama set during the early stages of World War Two continues, Warsaw has been destroyed after one month of conflict and Harry (Jonah Hauer-King) is desperate to hear news.

■ Full listings start on p43

Monday 7

Mr Robot

***DRAMA** Amazon Prime Video*

Oscar-winner Rami Malek is back in his hoodie as troubled hacker Elliot Alderson in the fourth and final series of the tech thriller. New episode released weekly. *See Your Watchlist, page 14*

Ian Hislop's Fake News: A True Story

***DOCUMENTARY** BBC4 HD, 9pm*

The *Have I Got News for You* panellist investigates the phenomenon of 'fake news', a term popularised by Donald Trump but with a long, troubled history.

The Walking Dead

***DRAMA** FOX HD, 9pm*

EDITOR'S CHOICE Samantha Morton returns as villain Alpha, head of a group who survived the apocalypse, along with enforcer Gamma. *See feature, page 6*

Motherland

***COMEDY** BBC2 HD, 10pm (times vary)*

EDITOR'S CHOICE Mum Julia (Anna Maxwell Martin) faces a dilemma as series two begins. The entire series will be on BBC iPlayer after the first episode airs. *See feature, page 8*

■ Full listings start on p53

Tuesday 8

Titanic: Stories from the Deep

***DOCUMENTARY** Yesterday, 8pm*

Victor Garber, who starred in the movie *Titanic*, tells the story of artefacts salvaged from the wreck of the ship 12,000ft beneath the Atlantic.

Elementary

***DRAMA** Sky Witness HD, 9pm*

LAST ONE! As the Sherlock Holmes drama draws to a close, the super-sleuth (Jonny Lee Miller) and Watson (Lucy Liu) face a final battle. *See feature, page 12*

The Capture

***DRAMA** BBC1 HD, 9pm (times vary)*

LAST ONE! Will the secrets behind the conspiracy be revealed in the finale, which sees a mysterious woman, Jessica (Famke Janssen), arrive on the scene. *See feature, page 12*

Zomboat!

***COMEDY** ITV2 HD, 10pm*

In this new comedy, sisters Jo (Cara Theobold) and Kat (Leah Brotherhead) escape a zombie apocalypse on a narrowboat travelling along Birmingham's canals. *See feature, page 8*

■ Full listings start on p63

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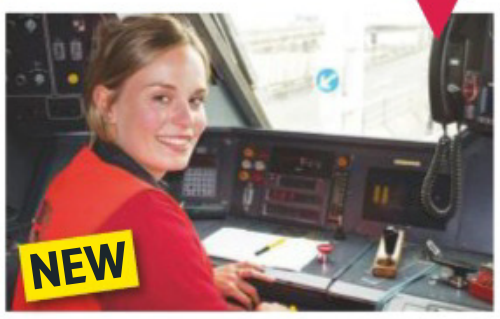
best shows on TV...

Wednesday 9



The Channel Tunnel – Life on the Inside

***DOCUMENTARY** BBC2 HD, 7.30pm*

Film-makers gain unprecedented access to the Channel Tunnel, some 25 years after it first opened. Continues tomorrow at 7.30pm.

Doc Martin

***DRAMA** ITV HD, 9pm*

Louisa (Caroline Catz) plans a special evening to celebrate Martin's birthday, and Al (Joe Absolom) decides to throw Morwenna a surprise engagement party on the same night.

The Apprentice

***REALITY** BBC1 HD, 9pm*

After last week's trip to South Africa, the teams return to London, where they have to create two ice lollies each, one for a corporate client and one for the public. Somebody is going to get fired...

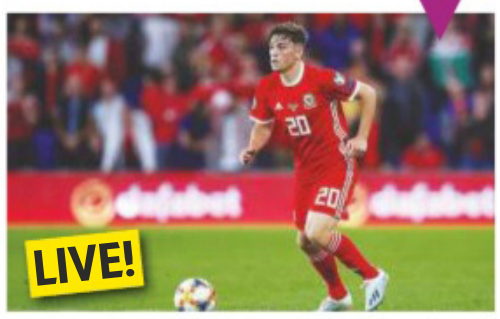
Catching Britain's Killers

***DOCUMENTARY** BBC2 HD, 9pm (times vary)*

Following the stories of three murder investigations, starting with the killings of two girls in Leicestershire in the 1980s, a case which led to DNA fingerprinting.

■ Full listings start on **p73**

Thursday 10



Euro 2020 qualifiers

***FOOTBALL** Sky Sports HD, kick-offs 7.45pm*

A big night of qualifiers sees Netherlands v Northern Ireland (Sky Sports Main Event HD), Slovakia v Wales (Sky Sports Premier League HD) and Russia v Scotland (Sky Sports Football HD). *See sport, page 26*

Young Sheldon

***COMEDY** E4 HD, 8.30pm*

As the prequel to hit US comedy *The Big Bang Theory* returns for a third series, Iain Armitage is back as child genius Sheldon Cooper, and is facing some challenging times ahead.

Million Dollar Wedding Planner

***DOCUMENTARY** BBC2 HD, 9pm (not Wales)*

Cameras follow Lelian Chew, a wedding planner who organises extravagant big days for the super-rich in Asia.

There's Something about Movies

***ENTERTAINMENT** Sky One HD, 9pm*

Alan Carr returns with a new series of the movie-trivia quiz, with captains Michael Sheen and Jennifer Saunders. Actress Florence Pugh is among the guests.

■ Full listings start on **p83**

Friday 11

El Camino: A Breaking Bad Movie

***DRAMA** Netflix*

EDITOR'S CHOICE Jesse Pinkman (Aaron Paul) is on the run as the show continues where it left off for this film. *See feature, page 4*

Euro 2020 qualifier

***FOOTBALL** ITV HD, kick-off 7.45pm*

Gareth Southgate's England travel to Prague to take on the Czech Republic in their latest Euro 2020 qualifier. The Three Lions currently sit at the top of the Group A table. *See sport, page 26*

The Name of the Rose

***DRAMA** BBC2 HD, 9pm*

John Turturro plays a Franciscan monk investigating mysterious murders in a 14th-century Italian monastery in this adaptation of Umberto Eco's best-selling novel. *See feature, page 11*

The Graham Norton Show

***CHAT SHOW** BBC1 HD, 10.35pm*

Norton is joined this week by Robert De Niro and Paul Rudd, plus rock star Bruce Springsteen, who will talk about his new documentary *Western Stars*.

■ Full listings start on **p93**

5 – 11 October 2019

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Aaron Paul is back as Jesse Pinkman for *El Camino: A Breaking Bad Movie*

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Jesse Pinkman (Aaron Paul)

NEW FROM NETFLIX

Bad company

Bryan Cranston and Aaron Paul in the original series

Aaron Paul cooks up a storm in Netflix's hotly anticipated film sequel to *Breaking Bad*

NEW DRAMA

El Camino: A Breaking Bad Movie

From Friday 11 October, Netflix

It's fair to say that *Breaking Bad* is widely recognised as one of the greatest TV shows of all time. Running for five seasons from 2008 to 2013, the brilliant US drama earned a place in Guinness World Records as the most-critically-acclaimed TV series in history.

So there's good news for the hit show's legions of fans this week when the story continues in Netflix's new spin-off film *El Camino: A Breaking Bad Movie*, which looks set to be one of the biggest TV events of 2019.

CONSEQUENCES

The Emmy-winning series came to a dramatic conclusion six years ago, when chemistry-teacher-turned-criminal-mastermind Walter White (Bryan Cranston) sacrificed his life to rescue his long-suffering former partner-in-crime Jesse Pinkman (Aaron Paul), who was being held captive by a white supremacist gang (see panel, right).

The last we saw, Jesse was driving down a deserted road into the night in a Chevrolet El Camino (hence the new movie's title) to escape.

The new film picks up after the events of the series finale, with the authorities hot on Jesse's tail. However, after his brutal experiences in the meth world, can Jesse really return to normal life?

'Everybody in the *Breaking Bad* writers' room loved Jesse,' says creator Vince Gilligan. 'This poor kid, based on a couple of really bad decisions he made early on, paid the price physically and mentally and emotionally. At the end, it felt right for him to get away.

'But he's got a long road to recovery ahead. He was held prisoner in a dungeon for the last six months, being beaten to within an inch of his life and watching his girlfriend, Andrea, be shot. All these terrible things will scar him.'

For his part, Paul was delighted to play Jesse again, and admits he was left speechless when he read the movie's script.

'I couldn't speak for a good 60 seconds,' says Paul, 40. 'I was just lost in my thoughts. I was so happy that the producers wanted to take me on this journey.

Badger (Matt Jones) and Skinny Pete (Charles Baker)

'I love playing Jesse. It's been my favourite job hands down. When we filmed *Breaking Bad*, we were all running to work. We couldn't wait to get there. We were all very proud to be a part of it; it was so good.'

After the series finished, Paul had his own theory about what happened next to his character...

'Jesse's fingerprints are all over the white supremacists' meth lab, so he's in hiding,' he told reporters in 2014. 'I like to think that he's living as a carpenter in Alaska somewhere.'

But will Paul's prediction be played out in *El Camino*? Many of the film's details have been kept under wraps, with the movie even being filmed under the codename *Greenbrier* to deter curious journalists.

> **'I love playing Jesse – it's been my favourite job'**
> AARON PAUL

SUBTERFUGE

'I just said I was doing this little indie film out in New Mexico and that was it,' laughs Paul. 'I even had people asking, "Are you doing [*Breaking Bad* prequel] *Better Call Saul*?" And I'd go, "Hey, man, I wish I was. But they're on hiatus."'

El Camino sees the return of a host of other familiar faces, including Charles Baker as Jesse's loyal friend Skinny Pete, and Matt Jones as drug dealer/addict Badger.

Although Walt appeared to die at the end of *Breaking Bad*, there have been doubts over the death scene, so could Walt have survived?

'I don't know,' Cranston has teased. 'You never saw bags zip up or anything.'

Earlier this year, Cranston even admitted that he'd love to star in a *Breaking Bad* movie.

'If Vince Gilligan asked me to do it, sure, he's a genius,' he said. 'It's a great story and a lot of people want to see some sort of completion to some of the storylines that were left open.'

So will Walt return alive in *El Camino*? Or could he visit Jesse as a ghost, a drug-induced hallucination or as part of a flashback?

'All I can say is, I think people will be really happy with what they see,' says Paul. 'It's a chapter of *Breaking Bad* that I didn't realise I wanted. And now that I have it, I'm so happy that it's there.'

Jesse (Aaron Paul) in his El Camino

WHERE WE LEFT OFF...

It's six years since we last saw Jesse Pinkman in *Breaking Bad*

The series followed New Mexico chemistry teacher Walter White, who turned to a life of crime – cooking and selling meth – after being diagnosed with lung cancer and wanting to leave money to his family. Jesse was a small-time meth user and dealer who had been one of Walt's students, and became his business partner in the meth trade.

Breaking Bad's final episode

Over five series, Walt transformed himself into criminal mastermind Heisenberg, while he and Jesse came up against some terrifying underworld figures.

As Jesse started feeling guilty about the drug-related deaths, especially that of his girlfriend, Jane, his loyalty to Walt was tested when he learnt that Walt poisoned his new girlfriend Andrea's young son, Brock, who recovered after spending time in hospital.

As a result, Jesse teamed up with Walt's DEA brother-in-law, Hank, to bring Walt down – but they were thwarted by white supremacist Jack Welker, who killed Hank.

Jesse was taken prisoner by Jack and his gang and forced to make meth, while Andrea was killed as punishment when Jesse tried to escape.

In the final episode, Jesse was saved by Walt, who killed Jack's gang, and he was last seen speeding off into the night in his El Camino...

● *All five seasons of* Breaking Bad *are available on Netflix*

WORDS: HANNAH DAVIES, RICHARD MCCLURE. PHOTOS: ALAMY, AMC, NETFLIX

Michonne, Daryl and Carol return

BEHIND-THE-SCENES SPECIAL

TV&Satellite Week goes on set in Georgia for the thrilling new series of ***The Walking Dead***

DAY OF THE

NEW DRAMA

The Walking Dead

Monday, FOX HD, 9pm

On a sweltering August day in Senoia, Georgia, *TV&Satellite Week* is on set for series 10 of FOX's smash-hit post-apocalyptic drama *The Walking Dead*.

Slightly zombified with jet lag, we're lurking in the woods by the corrugated iron perimeter fence that keeps the inhabitants of Alexandria safe from the undead 'Walkers' who stalk the land following a deadly global virus.

Nearby, terrifying-looking extras are having their clothes and teeth blackened while chatting to crew and grabbing drinks from cool boxes. Smoke (made by smoke machines) hangs in the air and, to add to the air of foreboding, buzzards circle in the sky above.

During a break in filming, director Greg Nicotero, who started out as a make-up effects artist on George A Romero's 1986 zombie classic *Day of the Dead*, emerges grinning from the shade of a gazebo to chat.

'The beauty of this show is that the characters continue to evolve,' he says. 'The way it plays with them is interesting – sometimes wounding each other, sometimes supporting each other against this crazy backdrop.'

So what's in store in the new run? 'Following the arrival of the Whisperers in season nine, there's a lot of paranoia, and questions around who you can trust,' says Nicotero. '"Where are they, when are they going to strike next, are we going to defeat them?" That kind of stuff.'

The zombies prepare for another take

Over 30 years after his first encounter with the living dead, Nicotero, 56, is delighted that this particular branch of the horror genre is alive and kicking.

'The zombie business is thriving,' he beams. 'There's a real interest in seeing this universe expande. When I was a kid, I thought I was the only one who loved zombies – so it's nice to know that people still love our show.'

From the set, we move on to a tour of the nearby Riverwood Studios, the show's permanent home, decorated with original posters and cast photographs. It even has the iconic 'DON'T OPEN, DEAD INSIDE' hospital doors that lawman Rick Grimes (Andrew Lincoln) saw on waking up from a coma in the first series.

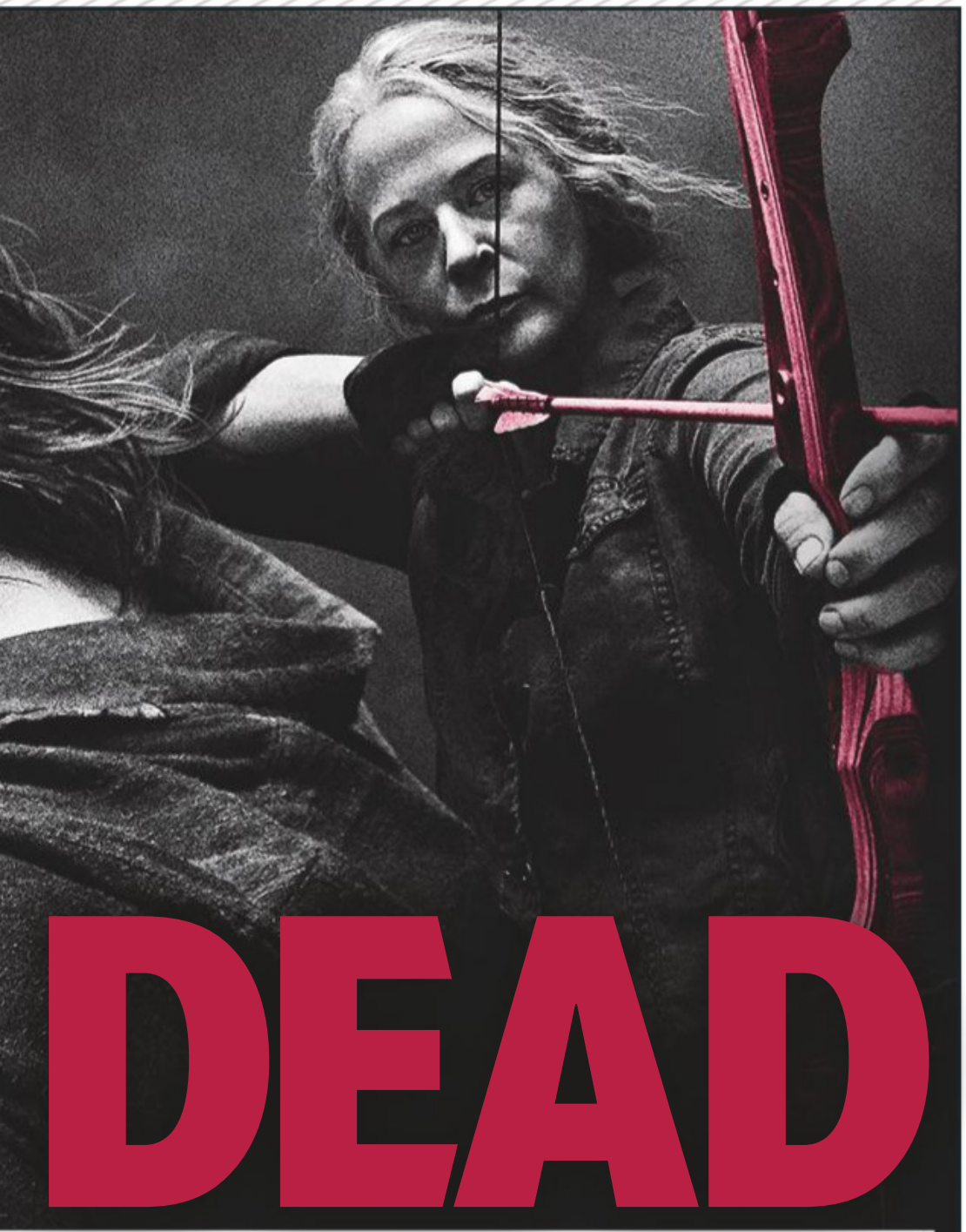
Then it's back out into the heat to tour more locations, including the prison where the survivors took refuge in seasons three and four, and the Heaps, where Jadis and the Scavengers set up their base. We're warned not to get too

The Whisperers' leader Alpha with Daryl

DANGEROUS WHISPERS... Where we left off in the last series of *The Walking Dead*

Following the departure of Rick Grimes (Andrew Lincoln), events jumped forward six years. Jesus was killed by the Whisperers, a group of survivors who disguise themselves as Walkers. After several clashes, the Whisperers' leader Alpha warned Daryl not to stray into her territory. To show her intent, the heads of 10 survivors, including Enid, Tara, and Ezekiel and Carol's adopted son Henry, were found on sticks.

Later in the series, the Kingdom was abandoned in favour of the Hilltop as Carol and Ezekiel decided to divorce, and Carol moved back to Alexandria. In the final scene, a woman's voice was heard over the radio asking for help...



DEAD

close to the towering walls of junk because 'there's a cottonmouth snake in there – and we don't have the snake wrangler'. Suddenly the Walkers don't seem like the scariest things on set…

Our lunch break is unnerving, as we sit beside Walkers eating chicken and noodles in full make-up – then it's off to the interior of Alexandria for cast interviews. The colonial-style houses were built as part of the set, but then put up for sale to homeowners who don't mind living inside a giant metal wall and putting up with filming.

DRESSED TO KILL

First up is Norman Reedus, AKA Daryl – now the first name on the call sheet following Andrew Lincoln's departure in series nine. Since he's banned from revealing any spoilers, Reedus talks about what he would do in the event of a real-life zombie apocalypse.

'In terms of a weapon, forget Daryl's crossbow!' smiles the 50-year-old. 'It's cool, but it's super-heavy. Also, I'd live on a boat, and I'd break into a Lamborghini dealership. And we should all be in sweatpants and sneakers – there's no way I'd dress like I'd just got off the farm.'

Before we leave, there's a chance to visit Senoia's dedicated *Walking Dead* store to pick up a couple of souvenirs – a baseball cap that reads 'Senoia, a Walker-free zone' and a 'Lucille' keyring, featuring a bloody miniature baseball bat wrapped in barbed wire, as used by sociopathic Saviors baddie Negan (Jeffrey Dean Morgan). For this *Walking Dead* fan, Christmas has definitely come early…

Andrew Lincoln as Rick Grimes

THE ZOMBIES ARE COMING

***The Walking Dead* has already spawned spin-off series *Fear the Walking Dead*, but two more projects are on their way. Next year sees the cinema release of the first in a trilogy of movies in which Andrew Lincoln returns as Rick Grimes, and a teen-oriented TV spin-off will tell the story of the first generation of kids to grow up during the zombie apocalypse.**

WORDS: IAN MACEWAN, RICHARD MCCLURE. PHOTOS: ALAMY, AMC, ALLSTAR/DC UNIVERSE, FOX, WARNER BROS

Derek Mears plays the titular creature

Monster from the mud

A terrifying creature lurks in the Louisiana slime…

NEW FROM amazon

NEW HORROR

Swamp Thing

From Fri 4 Oct, 10 episodes as a box set, Amazon Prime Video

Based on the famous comic, Amazon Prime Video's new 10-part series *Swamp Thing* focuses on Dr Abby Arcane as she returns from Africa to her small hometown in Louisiana to investigate what seems to be a deadly swamp-born virus.

As Abby confronts secrets from her past, she discovers that the victims have been killed by vine-like growths within their bodies. Is something terrifying lurking in the swamp?

'Abby is brave and constantly searching for the truth,' says Crystal Reed, who plays her. 'At the beginning, she's looking at the mystery from a scientific point of view. She wants to learn why and how this could possibly happen. Then it shifts into something else.'

Swamp Thing was created by Len Wein and Bernie Wrightson for DC Comics in 1971 before being revamped in the 1980s by British writer Alan Moore.

'Tonally, the TV series has taken its inspiration from the Alan Moore version – that sense of Southern Gothic creepy,' says showrunner Mark Verheiden. 'It also reflects the burgeoning relationship between Abby and Swamp Thing.'

The cast includes Will Patton as profit-hungry businessman Avery Sunderland and Virginia Madsen as his wife Maria, whose grief over the loss of her daughter, Shawna, resurfaces when Abby returns.

SCREAM QUEEN

The title role is played by Derek Mears – no stranger to prosthetics, having starred as Jason Voorhees in 2009 slasher movie *Friday the 13th* and as one of the killer aliens in sci-fi film *Predators* in 2010.

'I've gotten to wear some amazing costumes throughout my career, but the Swamp Thing was the Cadillac of suits. It was a beaut to wear,' he reveals. 'There was so much TLC and thought put into making the suit. I have nothing but respect for the geniuses who designed it.'

Meanwhile, with Abby finding herself repeatedly in peril, Reed had plenty of opportunity to show off her screaming skills.

'I just went for it,' she laughs. 'It's something that you do. I never really lost my voice fully, but I would always do the full-on screams at the end of the day, so that I had overnight to recover.'

Crystal Reed as Dr Abby Arcane

From left: Anne, Amanda, Julia, Liz, Kevin and Meg

SCHOOL

Anna Maxwell Martin is back as stressed-out mum Julia

NEW COMEDY

Motherland

Mon, BBC2 HD, 10pm (NI, 11.15pm)

Anna Maxwell Martin may be best known for her performances in acclaimed dramas such as *Mother's Day* and *Line of Duty*, but she's also a brilliant comic actress, as she proved in the first series of *Motherland*.

The star, 42, was nominated for a BAFTA for her portrayal of harassed, highly-strung mother Julia, and she returns to the role this week in a second series of the parenting comedy.

The new run, co-written again by Sharon Horgan, finds Julia and her pals – laid-back single mum Liz (Diane Morgan) and nervy dad Kevin (Paul Ready) – still trying to avoid the withering gaze of pushy alpha mum Amanda (Lucy Punch). But this time, they have company in the form of confident, party-loving mum Meg (Tanya Moodie).

Here, Maxwell Martin tells us more about the new series…

Where do we find Julia in the new series? Julia's still pretty frantic and rushing about. She's got a bit of a conundrum about whether to carry on working and she's still livid about a host of other things. Julia is trying to do more at the school this year but things always go wrong.

Is she fun to play? I love her! She is utterly selfish. But what's great this time is that she, Liz and Kevin are really there for each other. So although she can be terribly self-serving, she does come through for them.

Tell us about new mum Meg. She is dynamic and together and a brilliant multitasker and everything Julia is not. Meg wants a good time, so she makes them have more fun.

Tanya Moodie and Paul Ready as Meg and Kevin

Do viewers tell you their lives are just like Julia's? Lots of people grab me and go, 'You're that crazy

Cara Theobold and Leah Brotherhead as Jo and Kat

Deadly waters

Cara Theobold stars in a zombie comedy set on Birmingham's canals

NEW COMEDY

Zomboat!

Tuesday, ITV2 HD, 10pm

If the return of *The Walking Dead* this week hasn't satisfied your craving for zombies, check out ITV2's new comedy *Zomboat!*.

The six-parter follows two sisters as they try to flee Birmingham on board a narrow boat when the city is invaded by the undead.

In the opener, club rep Jo (Cara Theobold) is home from Magaluf and has moved in with her younger sister, Kat (Leah Brotherhead), who's an expert in zombie video games.

But when the sisters wake up to real flesh-eaters on the street – plus a zombie in Jo's bed after a one-night stand – they realise an undead apocalypse has hit Birmingham and they must escape the city.

'Jo and Kat have a tumultuous relationship,' says Theobold, 29. 'It's that type of sisterly bond where they obviously love each other, but they also can't stand each other.

'However, they both have unique skill sets: Kat is a bit of a know-it-all when it comes to the undead, and Jo has a fiery temper and isn't afraid to smash up a few zombies. So they make a pretty good team.'

Kat comes up with a genius plan to steal Jo's ex-boyfriend's narrow boat and set sail on the Grand Union Canal. Why? Because zombies can't swim, of course.

BOX SET

All six episodes of *Motherland* will be released as a box set on BBC iPlayer after the first episode airs.

DAZE

mum from *Motherland*.' It really does strike a chord. If you're doing the school run, then you recognise all those characters. The writers base everything on stuff that they know or have experienced, although it's a heightened version where the parents are silly and petty and behave like children. Julia is just like a terrible brat.

Do your own children like watching *Motherland*? My kids hate it! They find it mega stressful because I'm just horrible in it. I'm not sure they like watching me in anything. They are very disloyal.

You've done so much heavy drama. Is comedy fun to do? Not always. The capacity in which you can get it wrong or right is a lot slimmer. In drama there's often space to try something but in comedy it's either funny or it's not.

What's next for you? I'm doing a Sky One show called *Code 404*, with Stephen Graham and Daniel Mays, which is kind of like a police spoof. I love working with Danny. We always have a right laugh. He and I only ever seem to play husband and wife. This is our third or fourth time!

But when they find two stowaways on board – gym addict Amar (Ryan McKen) and his lazy friend Sunny (Hamza Jeetooa) – will they turn on each other or fight the zombies together?

'The gang is not well equipped to deal with a zombie apocalypse,' laughs Theobold, who starred in *Downton Abbey* and US thriller *Absentia*.

'They need to learn how to drive the boat, plus they don't think about weapons or supplies. Kat thinks she has all the answers, yet when it comes to killing zombies in real life, she hits them with a rolling pin and then apologises.'

The series is full of references to zombie films and TV series, including *The Walking Dead* and George A Romero's *Living Dead* franchise.

'It pays homage to all the classics and hopefully fans of the genre will appreciate that,' says Theobold. 'But this show feels fresh and unique.'

Zombie fans will expect blood and gore, too, and Theobold says they won't be disappointed.

'I was always covered in something or other while we were filming,' laughs Theobold. 'It is quite hard to keep a straight face while a big bucket of fake blood is being thrown at you!'

Birmingham is overrun by flesh-eaters

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Martin cracks and lashes out at Ben

EASTENDERS

Ben blackmails Martin...

» **Martin returns to** Walford following Bex's overdose, but he has more on his mind than his daughter when he comes face to face with Ben Mitchell. Ben still has the monkey wrench that Stacey clobbered Phil with. Can Martin persuade him to keep quiet about the attack, thus allowing Stace to come out of hiding and rejoin the faaarmily?

Sonia and Martin visit Bex

As the fruit-and-veg peddler pleads with Ben to do the right thing, Ben gets a phone call that changes everything. He's in trouble with a guy called Kheerat, whose car he has stolen. On the blower is Kheerat's brother, Jags, who reveals he's kidnapped Lola in revenge.

Ben tells Martin he'll wipe the slate clean if he helps him get Lola safely home. Martin agrees, only for Ben to renege on his promise and threaten to give the wrench to the cops unless Martin steals back Kheerat's car.

As Ben piles on the pressure, Martin lashes out. Will he be forced to become Ben's partner in crime?

» **PLUS** Jean discovers Daniel has died, Kathy tests Rainie, Bailey learns that Karen knew of Dinah's suicide plan, Mariam reveals she was mugged, Iqra tells Arshad that Adam cheated on Honey, and Jack discovers Gray has been involved in a fight.

whatsontv.co.uk/soaps

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Sinead (above) discovers she has just weeks to live, Ali dumps Maria, Ken celebrates his 80th birthday, Sophie leaves for Cambodia, Max receives a mysterious text, and Robert lies to Vicky in order to go on holiday with Michelle.

EMMERDALE

» Vanessa (right) is arrested during a row with Amy, Kerry's life hangs in the balance, Ryan threatens Kim, Mandy poses as Lydia to get her hands on cash, and Graham and Rhona make plans to meet up again.

WORDS: CAREN CLARK, REBECCA MAHONEY, ALISON SLADE. PHOTOS: BBC, ITV

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Medieval mystery

John Turturro and Rupert Everett star in a new adaptation of Umberto Eco's 14th-century-set whodunit

NEW DRAMA

The Name of the Rose
Friday, BBC2 HD, 9pm

For *Game of Thrones* fans missing the show's mix of violence and medieval skulduggery, the arrival of a new screen version of Umberto Eco's best-selling 1980 novel, *The Name of the Rose,* is timely.

Previously made into a 1986 film starring Sean Connery, the eight-part adaptation of the book has been a labour of love for Emmy-nominated *The Night Of* actor John Turturro.

MONASTIC MISDEEDS

The 14th-century story centres on Franciscan friar William of Baskerville (Turturro), who travels with novice Adso (Damian Hardung) to a Benedictine monastery in northern Italy to help resolve a theological dispute between the Pope and an order of friars.

When illustrator Adelmo of Otranto dies in the monastery, William is instructed by Abbot Abo (*Person of Interest*'s Michael Emerson) to investigate his death.

Bernard Gui (Rupert Everett) is the Pope's eyes and ears

Further deaths, the discovery of shocking secrets hidden in the library and the arrival of papal inquisitor Bernard Gui (Rupert Everett) further thicken the plot, as William tries to unravel the mystery against a backdrop of debates about philosophy, literature and dogma.

Turturro, 62, became involved in cowriting the script for the Italian/German co-production after he started reading Eco's novel in preparation for his role.

'I hadn't read the book when I received the first few episodes,' he reveals. 'But once I read it, I liked it better than the scripts! So I said to the director [Giacomo Battiato] that I would love to have more of Eco's voice, and I sent him some ideas. I wound up spending about six months putting more of the book back into the scripts.'

Although *The Name of the Rose* is set in medieval times, Turturro believes that it speaks to today's audiences.

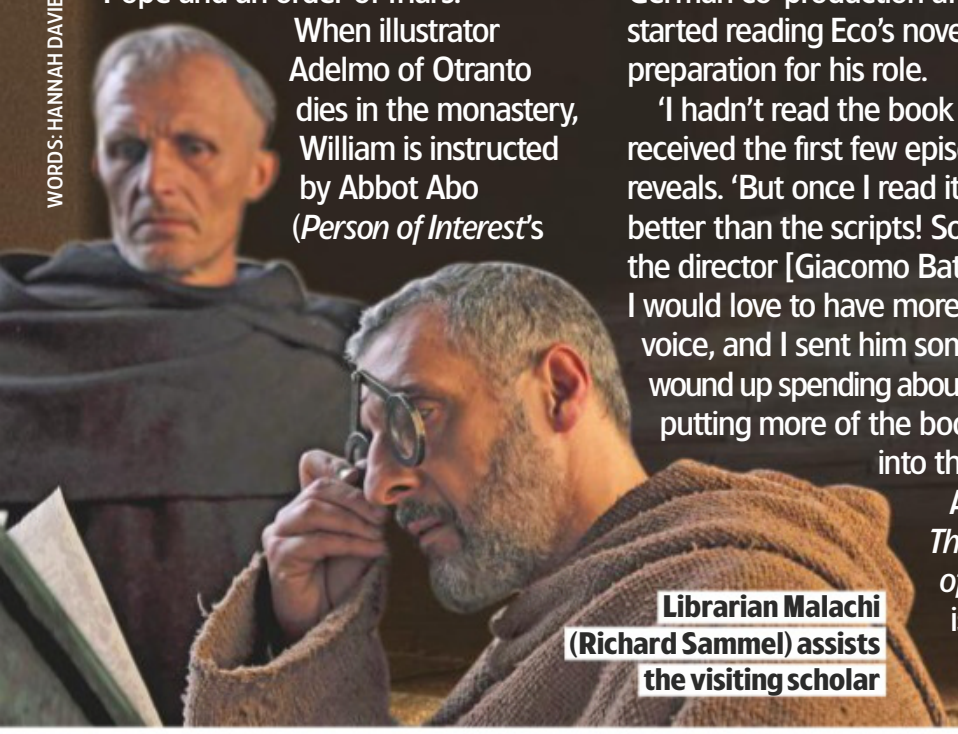
'So much of the story deals with the fear of knowledge,' he explains. 'And how knowledge is your only form of resistance against absolutism. All these dictatorships down the years, the first thing they do is ban the books and burn the books. There's a battle between knowledge and just accepting.'

CULT CHARACTER

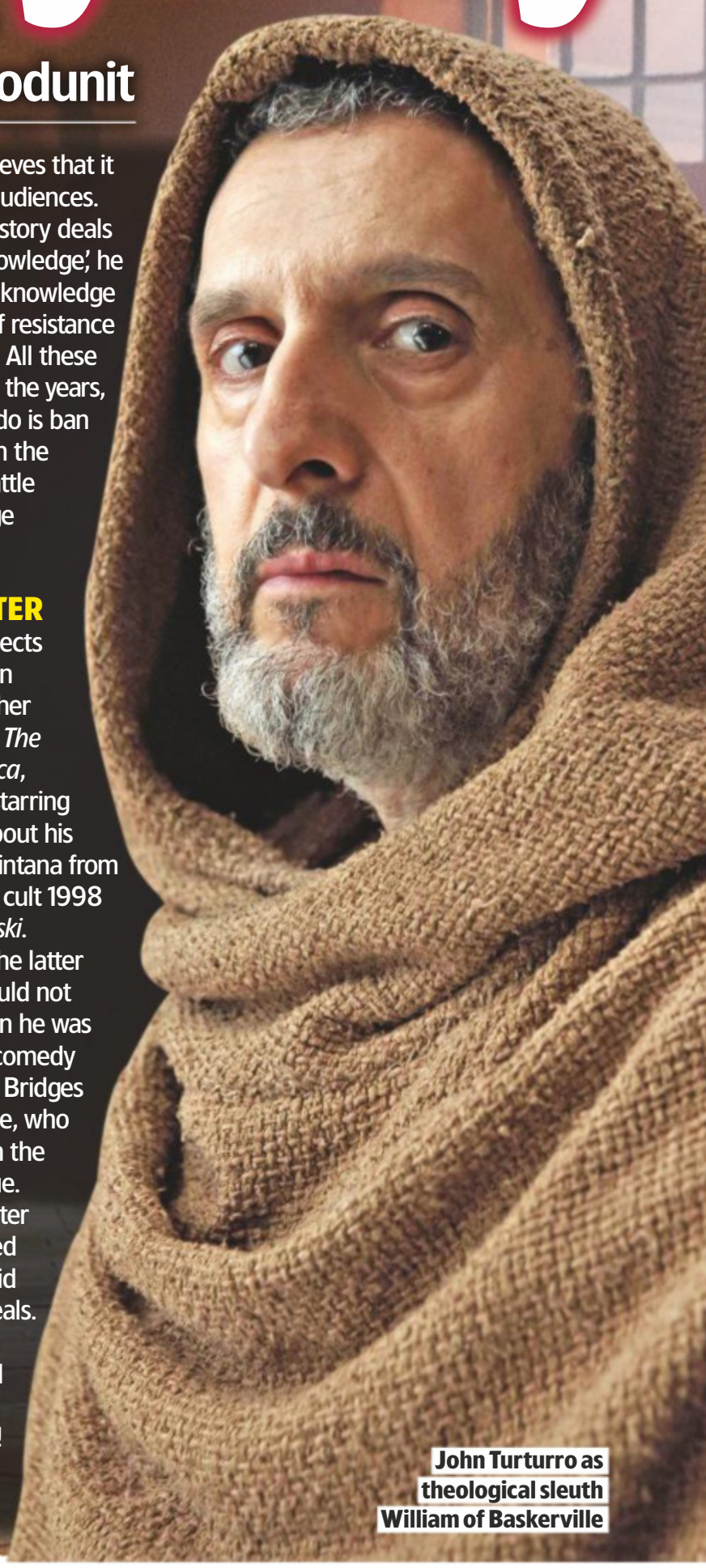
Turturro's next projects include a big-screen adaptation of another novel, Philip Roth's *The Plot Against America*, and directing and starring in a spin-off film about his character Jesus Quintana from the Coen brothers' cult 1998 film *The Big Lebowski*.

He admits that the latter is something he could not have foreseen when he was making the crime comedy movie, starring Jeff Bridges as slacker The Dude, who encounters Jesus in the local bowling league.

'Jesus is a character that I sort of created on stage before I did that movie,' he reveals. 'I had no idea *The Big Lebowski* would become this cult movie. Now I get it! What can I say – I bow to The Dude!'



Librarian Malachi (Richard Sammel) assists the visiting scholar



John Turturro as theological sleuth William of Baskerville

WORDS: HANNAH DAVIES, IAN MACEWAN. PHOTOS: BBC, BBC/PALOMAR/11 MARZO FILM, GETTY, NETFLIX

You liked...

Doctor Foster on BBC1

Suranne Jones played Dr Gemma Foster in two series of the psychological drama. Gemma's life dramatically unravelled when she began to suspect her husband Simon (Bertie Carvel) of having an affair with Kate (*Killing Eve*'s Jodie Comer), the daughter of one of her patients.

Now try this...

Behind Her Eyes on Netflix

The Night Manager's Simona Brown stars in this upcoming six-part thriller. She plays Louise, who has an affair with her psychiatrist boss David (Tom Bateman). But her life takes a bizarre turn when she befriends David's wife Adele (Eve Hewson) and finds herself caught in a web of secrets and lies...

Look Who's Back...

A familiar face appearing in a new role this week

Maisie Williams

RuPaul's Drag Race UK

From Thursday 10 October, BBC3 Online, from 8pm

Williams was just 14 when she first appeared on our screens as Arya (left) in *Game of Thrones*, playing the role for eight years and becoming a star in the process. She's starred in BBC supernatural drama *The Secret of Crickley Hall* (2012) and C4 thriller *Cyberbully* (2015), while *Doctor Who* fans will know her as Ashildr, who appeared in four episodes alongside Peter Capaldi in 2015.

HER NEW APPEARANCE

The 22-year-old joins Michelle Visage and Graham Norton as a guest judge on *RuPaul's Drag Race UK* this week, when she delivers her verdict on the aspiring British drag queens as they appear in a comedy costume drama. 'What I love the most about drag is the story of the drag queen behind the facade,' she explains. 'I think that so much of drag comes from a place of real pain and seeing how that transforms into a character is so interesting to me.'

As a *Drag Race* judge

WORDS: JUDY EWENS, RICHARD MCCLURE, SEAN MARLAND. PHOTOS: BBC, C4, CBS, CINEFLIX, HBO, SKY, UKTV

Shaun's last stand

The **conspiracy thriller** goes out with a bang...

Holliday Grainger as DI Carey and Callum Turner as former soldier Shaun Emery

So long, Sherlock

Jonny Lee Miller and Lucy Liu bow out as Holmes and Watson

LAST ONE DRAMA

Elementary

Tuesday, Sky Witness HD, 9pm

After seven years of solving mysteries, Jonny Lee Miller's modern-day Sherlock Holmes signs off this week in the finale of US drama *Elementary*.

Following Sherlock's battle with the villainous Odin Reichenbach

LAST ONE **DRAMA**

The Capture

Tuesday, BBC1 HD, 9pm (NI, 10.35pm)

Surveillance thriller *The Capture* has captivated viewers from the beginning and, as the final episode airs this week, its makers promise an equally gripping ending.

In last week's episode, ex-soldier Shaun Emery (Callum Turner) and DI Rachel Carey (Holliday Grainger) joined forces after uncovering a vast surveillance conspiracy, but now both their lives could be at risk.

Famke Janssen, recently seen in *When They See Us*, joins the cast as Jessica Mallory, the boss of shady US intelligence operative Frank Napier (Ron Perlman).

'Jessica arrives to put Frank in his place and clean up his operation,' says Janssen. 'She's no-nonsense on a lot of levels and wants to get the job done – however it needs to get done!'

With Shaun still at large, Jessica and Frank decide to use his daughter as leverage against him. But after finding footage of Hannah Roberts on a bus on the night she disappeared – thus proving Shaun didn't kidnap her – DI Carey has a bargaining chip of her own.

To prevent the detective from exposing his operation, Frank hatches a plan with his British counterparts, including Commander Danny Hart (Ben Miles) and Det Supt Gemma Garland (Lia Williams), but does Jessica have her own agenda?

'There are larger things at stake than Frank knows,' says Janssen. 'There are so many layers to the story – every time you think you know what's going on, there's another layer. There are times when you don't know who to believe any more or what the truth is!'

It's a fitting ending to the tension-packed series, says its producer Rosie Alison.

'Writer Ben Chanan has worked out all the twists and turns of this conspiracy and by the end he pulls off something that elevates the whole drama,' she says.

Chillingly, Chanan reveals that his inspiration for the thriller came from real life. He had the idea while interviewing counter-terrorism operatives for his BAFTA-winning 2012 documentary *The Plot to Bring Down Britain's Planes*.

'It was clear that video evidence is the most effective way of securing a conviction,' he says. 'At the same time, I was aware of how much better and faster visual effects were becoming and how it was possible to manipulate video. Those two worlds were colliding and I thought it would make an interesting drama.'

He may well get the chance to expand on that theme as we might not have seen the last of *The Capture*.

'There's definitely scope for another series,' reveals Alison. 'There's room for this idea to go a lot further.'

Famke Janssen and Ron Perlman play Jessica Mallory and agent Frank Napier

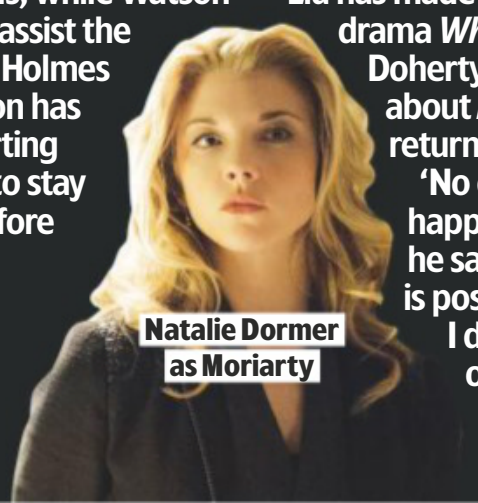
(James Frain), the show jumps forward three years as Holmes and Joan Watson (Lucy Liu) are reunited, with Watson suspecting that Moriarty (Natalie Dormer) is after them.

Holmes has been working around the world to bring down powerful criminals, while Watson has continued to assist the NYPD. But when Holmes learns that Watson has cancer and is starting chemo, he vows to stay in New York – before the episode then jumps another year to reveal Watson's fate.

'It was important in the final episode that there was less a mystery to solve and more appreciation of what Sherlock and Joan have built over the years,' says creator Rob Doherty.

Miller has since signed up for sci-fi movie *Nine Lives*, while Liu has made the TV comedy-drama *Why Women Kill*. But Doherty is open-minded about *Elementary* returning one day.

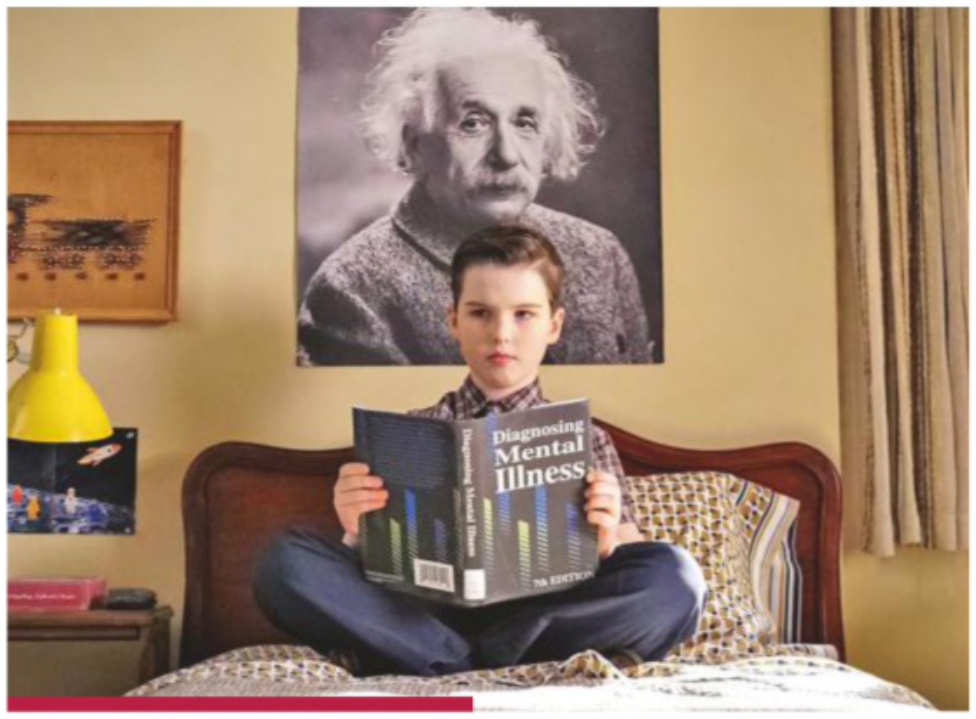
'No one would be happier than me,' he says. 'Anything is possible, but I don't see it on the horizon.'



Natalie Dormer as Moriarty

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...



NEW Young Sheldon

Thursday, E4 HD, 8.30pm

***Big Little Lies* star** Iain Armitage returns as young Sheldon Cooper in the third season of this prequel to *The Big Bang Theory*, and it's a rather difficult time for the child genius. His mentor, physics professor Dr John Sturgis (Wallace Shawn), had a nervous breakdown at the end of the last series and is now in a psychiatric hospital, while Sheldon's protective mum Mary (Zoe Perry) worries over how her son will take the news. On the other hand, things are starting to look up for Sheldon's less academically gifted older brother Georgie (Montana Jordan), who discovers that he has the makings of an excellent salesman.

NEW Copper

Monday & Tuesday, Alibi HD, 11.20pm

Hot on the heels of the first series comes the second season of the crime drama, set in the notorious Five Points neighbourhood of 1860s New York. In the opening episode, Irish immigrant detective Kevin Corcoran (Tom Weston-Jones) must stop a career criminal whose reign of violence has been terrorising the Sixth Ward. Both seasons are available to watch in full on Sky Box Sets.

NEW Pants on Fire

Thursday, E4 HD, 9pm

Three teams of comics bluff it out in a new entertainment show hosted by Emma Willis. The teams present evidence to a celebrity panel to prove that they have completed such audacious challenges as swimming with sharks, and the panel must decide whether they are lying or telling the truth.

NEW There's Something about Movies

Thursday, Sky One HD, 9pm

Alan Carr is back with a second series of the panel show where celebs are tested on their film trivia and challenged to re-enact iconic scenes. Michael Sheen returns as a captain, with Jennifer Saunders as his new opponent.

Hack attack

Rami Malek on his Oscar, James Bond and saying goodbye to *Mr Robot*

Mr Robot

NEW Genre: Drama Available: Mon 7 October
Season: 4 Episodes: 13 (released weekly)
TVSW says: Complex and compelling

It's been quite a year for Rami Malek. The California-born star won the Oscar for Best Actor in February for his exuberant performance as Freddie Mercury in *Bohemian Rhapsody*, and has recently been shooting the new James Bond film *No Time to Die*.

This week, the 38-year-old is back in his hoodie as troubled hacker Elliot Alderson in the fourth and final season of acclaimed tech thriller *Mr Robot*. The action picks up after Elliot finally undid the massive cyberattack against financial conglomerate E Corp that he launched in season one, and started to reconcile with his dark alter ego, Mr Robot (Christian Slater), while planning to bring down the world's corrupt one per cent. We caught up with Malek to find out more…

Rami Malek and Christian Slater as Elliot and Mr Robot

What was your reaction when you heard *Mr Robot* was ending? I was disappointed. In fact, I called its creator Sam Esmail and said, 'Is there any way we can extend this? I love this character.'

What do you love most about Elliot? The fact that he is this young man who to all intents and purposes should not be surviving in the world, let alone trying to save it. Everywhere I go, young people especially seem to gravitate towards Elliot and I'll miss this true, gritty underdog story.

What can you tell us about the final season? I am extremely happy with the ending. It could be polarising for fans, but it will have you thinking, for sure. The one thing we can say about Elliot this year is that he has an agenda and he is hellbent on seeing it through.

How did you feel filming your final scenes? A couple of weeks ago, we shot our last scene on the subway. When Christian Slater and I had one of our first scenes together, it was on that subway. Saying goodbye to a moment like that was sad. I am a romantic and I wear my heart on my sleeve, so I kept getting very emotional. It's devastating for me to see the show come to an end.

What were the other challenges? I was also filming the new James Bond movie, so any time I had off during *Mr Robot*, I was doing Bond. It was a privilege, but also very, very taxing.

Do Elliot and your upcoming Bond villain have anything in common? They can both be very malicious at times, even though they don't think they are being so. What makes a great villain is they never see themselves as the villain, right?

How did it feel to win the Oscar? Extraordinary. I never thought I would be in that position. As an actor, I always dreamt of just getting a job. It's incredible to be honoured in that way.

How has *Bohemian Rhapsody* changed your life? Playing Freddie – with the disease he suffered and how swiftly he was robbed of his life – was something that pained me and I thought, 'What can I do here?' So I've started working with Bono's group (RED) and I found myself going to Africa to visit HIV clinics and talking to children. We do have a cure for HIV, but if you don't take the pill in that part of the world, the resurgence of that disease can happen again.

WORDS: ADAM TANSWELL. PHOTOS: ALAMY, AMAZON PRIME VIDEO, USA NETWORK

The best of **Netflix, Amazon Prime Video, BBC iPlayer** and more...

NETFLIX Riverdale

NEW *Genre: Drama Available: Thursday 10 October Season: 4 Episodes: 22 (released weekly) Runs: 40min approx*
TVSW says: Luke Perry will be much missed

The sad death of Luke Perry, who played Archie's dad Fred Andrews, is marked in the opening episode of the fourth season, with Perry's friend Shannen Doherty – who starred with him in *Beverly Hills, 90210* – making a guest appearance in the show.

'It's probably the most important episode of *Riverdale* we'll do this year, if not ever,' says creator Roberto Aguirre-Sacasa. 'It's a tribute to our fallen friend.' The third season finale flashed-forward to reveal high-school friends Archie, Betty and Veronica burning their blood-drenched clothing. Are they cleaning up after a murder? And just where is Jughead Jones?

The cast pay tribute to Luke Perry

Debby Ryan as Patty Bladell

NETFLIX Insatiable

NEW *Genre: Black comedy Available: Friday 11 October Season: 2 Runs: 45min approx*
TVSW says: Highly recommended

The black comedy is back for a second season, with Debby Ryan returning in her role of Patty Bladell, a once-overweight teen who, having lost weight following a freak accident, seeks payback on all the people who used to bully her. The first series ended with Patty killing her stalker ex Christian and unhinged pageant coach Stella Rose, who, helped by beauty queen Roxy, had kidnapped her. Expect season two to deal with the repercussions of those murders.

Watch it or dodge it

What the critics are saying about the latest shows...

NETFLIX Criminal

Genre: Crime drama Season: 1 Episodes: 12 Runs: 38-46min

The police interrogation drama starring the likes of David Tennant (right) and Lee Ingleby has been praised for its satisfying stand-alone episodes, interesting character arcs and for its twist on the genre.

NETFLIX The I-Land

Genre: Sci-fi Season: 1 Episodes: 7 Runs: 39-43min

This sci-fi drama about a group of troubled strangers marooned on a deadly tropical island is so bad, according to critics, that viewers should be reminded that it is not actually a spoof of *Lost*.

What we're watching...

A sneak peek at what's being watched in the *TV&Satellite Week* office

THIS WEEK: MUSIC PERFORMANCES

prime Savage X Fenty Show

Runs: 51min

Savage X Fenty is Rihanna's lingerie brand and her recent New York Fashion Week show is captured here complete with bright lights, pulsating music and big names on the catwalk, including the singer herself.

NETFLIX Springsteen on Broadway

Runs: 153min

Viewers can get up close and personal to Bruce Springsteen in this intimate one-man Broadway show in which he reminisces about his life and plays acoustic versions of his best-known songs.

NETFLIX Homecoming

Runs: 137min

This in-depth look at Beyoncé's epic and celebrated performance at the 2018 Coachella music festival in California mixes the spectacle of her stage presence with some revealing behind-the-scenes moments.

prime Coldplay: A Head Full of Dreams

Runs: 104min

Director Mat Whitecross, a long-time Coldplay collaborator, blends unseen footage of the band with spectacular live performance and interviews.

Beyoncé's 2018 Coachella performance in *Homecoming*

Catch up before the new series...

NETFLIX The Kominsky Method

Genre: Comedy Available: Now Season: 1 Episodes: 8 Runs: 23-34min

Ahead of the second series launching later this month, now's the time to watch the first season of this bittersweet comedy from *The Big Bang Theory* creator Chuck Lorre. Michael Douglas (right) stars as acting coach Sandy Kominsky and Alan Arkin is his agent, both of whom are dealing with the ageing process.

For fans of hip hop...

NETFLIX Rhythm + Flow

Genre: Entertainment Available: Wed 9 October (first 4 episodes, then weekly) Season: 1 Episodes: 10

Rap stars Cardi B, Chance the Rapper and TI (right) are the judges for Netflix's first music competition show, which aims to find the next hip-hop sensation. The trio head to Los Angeles, New York, Atlanta and Chicago to audition wannabe artists.

WORDS: JUDY EWENS, RICHARD MCCLURE. PHOTOS: GETTY, ADAM ROSE/NETFLIX, MIKE YARISH/NETFLIX, NETFLIX, TINA ROWDEN/NETFLIX, ROBERT FALCONER/THE CW

Documentaries

Northern exposure

Simon Reeve discovers the dark side of North America

NEW TRAVELOGUE

The Americas with Simon Reeve

Sunday, BBC2 HD, 9pm

Simon Reeve's latest epic adventure sees him travel down the length of North America, from the icy wilderness of Alaska to cannabis farms in Colorado and the tropical heat of Costa Rica.

The Americas with Simon Reeve will be shown in two parts, with his journey through South America to be broadcast next year. The first five-part series begins this week in Alaska and Canada where, as well as magnificent mountains, stunning scenery and incredible wildlife, there is a dark side.

Indigenous people fear that their way of life is being threatened, drug addiction is spiralling and, since the 1970s, an estimated 4,000 women and girls have disappeared.

A NATIONAL SCANDAL

'In recent years, hundreds and hundreds of women in Canada, mainly indigenous women, have gone missing and are presumed to have been murdered,' says the presenter. 'It's a shocking tragedy but it's also a scandal because, for a long time, many felt the authorities didn't take the situation seriously.'

Despite an official government inquiry earlier this year, which referred to the situation as a 'race-based genocide', women

Thomas Cook: The Rise & Fall of Britain's Oldest Travel Agent

Sunday, C4 HD, 8pm

The controversial collapse of the Thomas Cook travel group, founded in 1841, led to the loss of 9,000 jobs and thousands of British tourists being stranded abroad. Could the crisis have been averted?

Titanic: Stories from the Deep

Tuesday, Yesterday, 8pm

When a black handbag made from alligator skin was found in the Atlantic Ocean in 2000, at a depth of 3,800m, scientists knew it was an item of real historical significance. It's just one of the salvaged items which are featured in this film about the wreck of the *Titanic*.

Catching Britain's Killers: The Crimes That Changed Us

Wednesday, BBC2 HD, 9pm (Wales 11.15pm)

This three-part series on investigations with extraordinary outcomes starts with the murders of two teenagers in Leicestershire villages in the 1980s. The case would involve the first ever use of a new forensic breakthrough – DNA fingerprinting.

Pioneering DNA scientist Sir Alec Jeffreys

WORDS: HANNAH DAVIES, IAN MACEWAN. PHOTOS: ALAMY, BBC, CHANNEL 5, GETTY, UKTV

Meeting Colorado cannabis growers later in the series

are still disappearing every day. Reeve meets 19-year-old Ian Deltess, whose mother Betty Anne vanished just under a year ago.

'She just randomly disappeared,' says an emotional Ian. 'My mother wouldn't have left us like this. She wouldn't have not contacted us to let us know she's OK.'

In Vancouver, Reeve discovers that drug use is an equally serious problem, claiming hundreds of lives every year. He also visits a vast, toxic oil field in Alberta in Canada, which is big enough to be seen from space.

'The area is said to be the largest and most destructive industrial project in human history,' he says. 'But a lot of money has been made here. It's a cash cow for Canada.'

But oil fields like this one are contributing to climate change, something Reeve sees at first hand in Alaska when he flies over the Denali National Park, home to the highest peak in America, Mount Denali. The park's glaciers are melting at an astonishing rate, revealing the stony bedrock beneath them.

FRAGILE EARTH

'It's completely breathtaking, but it's like looking at an injured wild animal,' says Reeve. 'The north of the planet is heating up at twice the rate of the rest of the world. Ice that's thousands of years old is melting faster than at any point in the past 400 years.'

More worryingly, he hears that there are plans for the US government to drill for oil and gas in the pristine wilderness of Alaska's Arctic National Wildlife Refuge, which is the size of Scotland, and a critical habitat for caribou and polar bears.

'It's the centre of an almighty political battle,' says Reeve. 'If this holiest of holiest areas is opened up for development, so the argument goes, then no protected site anywhere is safe.'

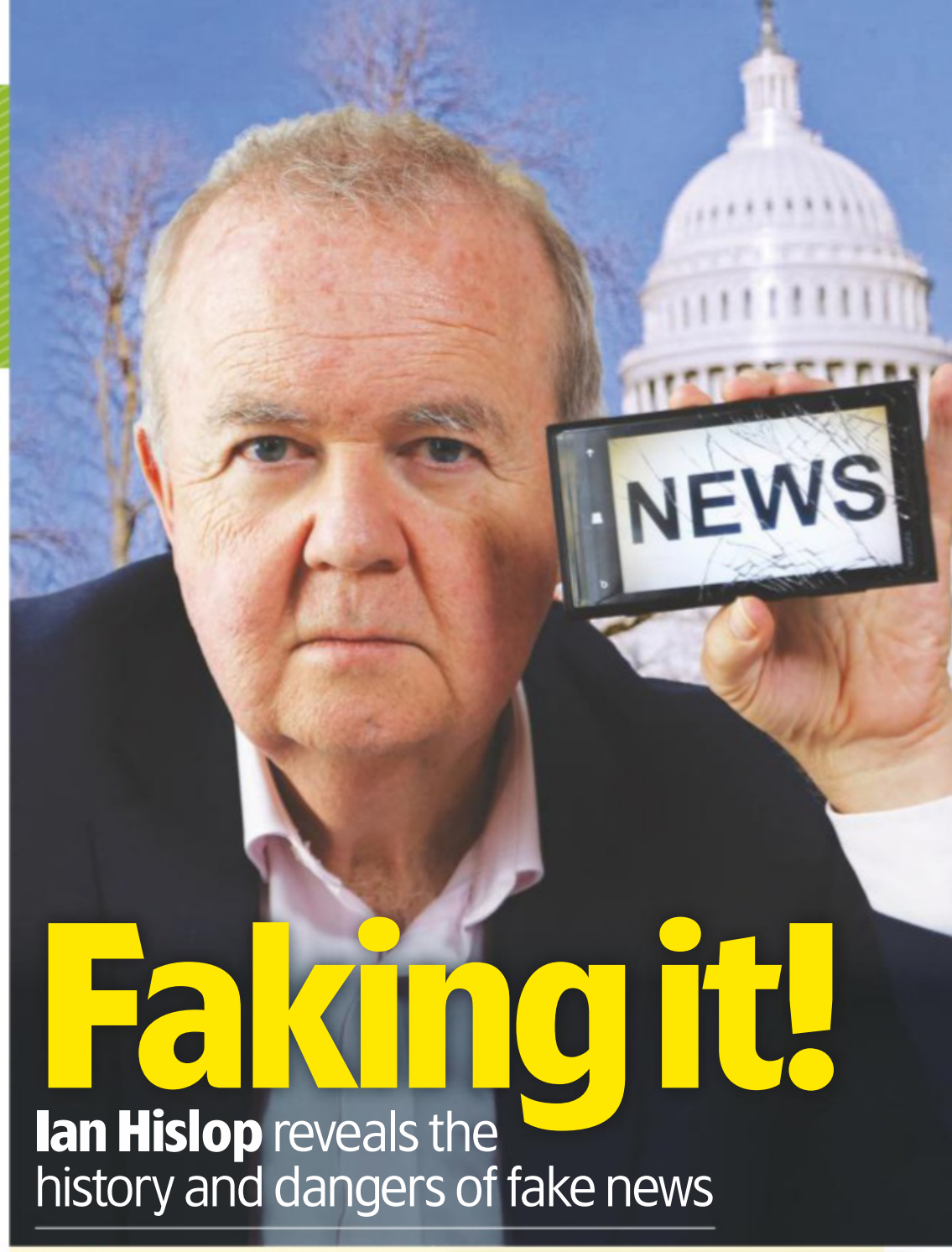
Prince Andrew & Scandal in the House of York

Saturday, Channel 5 HD, 9.20pm

The Duke of York has found himself in the headlines as a result of his former friendship with the late Jeffrey Epstein, a convicted sex offender. As well as examining other embarrassing incidents from his past, this documentary looks back at some of his predecessors' misdeeds.

DID YOU KNOW?

A baby giraffe stands 6ft tall and can walk within an hour of being born. **Wonderful World of Baby Animals (Sunday, Channel 5 HD, 8pm)** follows the first few months of a new generation of animals in British safari parks and in the wild, including a rhino calf and a meerkat pup.



Faking it!

Ian Hislop reveals the history and dangers of fake news

NEW FACTUAL

Ian Hislop's Fake News: A True Story

Monday, BBC4 HD, 9pm

Donald Trump has popularised the term

These days, it seems as though the phrase 'fake news' is never out of the headlines. But as *Private Eye* editor and *Have I Got News for You* stalwart Ian Hislop discovers in his fascinating new documentary, fake news was actually around centuries before President Trump started bandying the term about.

Here, Hislop, 59, reveals more about his findings…

Fake news has been around a long time... In 1835 an American newspaper claimed that unicorns lived on the moon.

We're all more aware of fake news because of President Trump... But when he talks about fake news, what he means is real news that he doesn't like! What I mean by fake news is information that people know isn't true, which they deliberately disseminate for their own purposes.

People will believe anything they read online that some kid in a bedroom has put up... But then when authoritative sources say something's happened, they'll say, 'How can we tell?' Losing that idea of what's true and what's not is incredibly dangerous.

I meet an American who makes up fake news... You think, 'Why are you telling thousands of people that the Pope supports Trump?' Is it funny? No, people believe it.

We have to stop believing fake news stories just because we want them to be true... And social media have to be treated as publishers and not just platforms. They have to accept responsibility for people telling lies online.

Fake news can have huge consequences... In 1898, William Randolph Hearst, one of the first big media barons, more or less started a war with a fake news story to boost circulation. He claimed the Spanish were responsible for a huge bomb blowing up a ship called the USS *Maine*, but in truth the ship blew itself up after a fire.

Films *This week's*

reviewed by **Jason Best**

Hera was dressed for life in the Big Smoke

PREMIERE OF THE WEEK

Mortal Engines

Hera Hilmer aims to stop the city in a future world

FANTASY ADVENTURE

Friday, Sky Premiere HD, 12noon & 8pm; Sky Action HD, 5.45pm ★★★★

Based on the series of young-adult novels by British fantasy author Philip Reeve, this would-be blockbuster adventure largely failed to win over critics or audiences, but is more than worth a watch for its dazzling steampunk visuals, rousing action and cliffhanger thrills.

The story's bizarre setting is a post-apocalyptic future in which the planet has become a wasteland and London has turned into a giant predator city on wheels that gobbles up any smaller towns and villages in its path.

It is in this mobile London that the film throws together its young heroes – Hera Hilmar's facially scarred, revenge-seeking outsider Hester Shaw, and Robert Sheehan's inquisitive but naïve apprentice historian Tom Natsworthy.

Their ensuing adventures soon settle into a familiar groove of desperate peril and last-second escapes, but New Zealand visual effects artist turned first-time director Christian Rivers (a protégé of the movie's producer, Peter Jackson) ensures our eyes stay boggled.

Of course, you will have seen the likes of Hugo Weaving's ruthless villain Thaddeus Valentine many times before, and the super weapon he is building in St Paul's Cathedral comes from the same mould as the Death Star in *Star Wars*.

But Stephen Lang's 'stalker' Shrike, a dead body with glowing green eyes brought back to life in a robot shell, makes a vivid impression, as does resistance fighter Anna Fang, a swaggeringly cool baddass with an Elvis pompadour, played by South Korean pop star Jihae Kim.

Give the movie a chance and there's enough charm and excitement here to win you over – even when its borrowings are at their most blatant. 2018, 12, 128MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

NEW RELEASE EVERY DAY premieres

Plus *turn over for...*
This week's films at a glance p20
Day-by-day guide p21
Pay-per-view highlights p25

Alysia knew art and she knew what she liked

COMEDY

Motherhood

Monday, Sky Premiere HD, 9.35am & 6.30pm ★★★★

Mad Men's Christina Hendricks and *Orange Is the New Black*'s Alysia Reiner go head to head with entertainingly spiky results in a smart and emotionally barbed satirical comedy.

The story revolves around two former art school friends, imperious conceptual artist Tina (Reiner) and eight-months-pregnant trophy wife Karen (Hendricks), who meet up, together with their respective spouses (Gbenga Akinnagbe and David Alan Basche), for a reunion of one-up-womanship and passive-aggressive sniping in which different conceptions of motherhood come under prickly scrutiny.

Largely confined to Tina's studio apartment, the film is stagey, but the writing and acting are so good you won't mind. 2017, 15, 83MIN

COMEDY

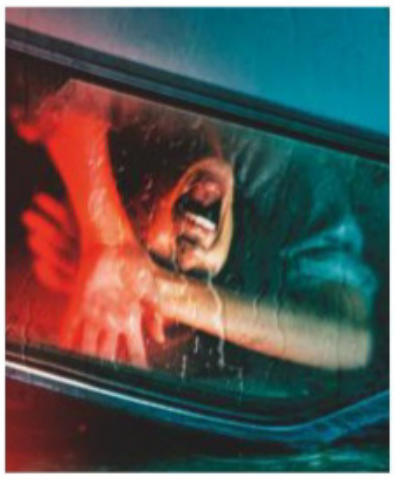
Benjamin

Wednesday, Sky Premiere HD, 1pm & 10.15pm ★★★

Having already mined his own life for laughs in his stand-up shows and TV sitcom *Grandma's House*, Simon Amstell continues in a similarly vein with a follow-up to his 2017 debut film *Carnage*.

Colin Morgan plays a film-maker who embarks on a hesitant love affair with a young French musician (Phénix Brossard).

Morgan's diffident charm holds the slender story together, but the film is more self-indulgent than it is funny. 2018, 15, 85MIN



SURVIVAL THRILLER

Accident

Thursday, Sky Premiere HD, 10am & 10.15pm ★

Following an accident, four young people find themselves trapped inside a car at the bottom of a ravine in this South African-made survival thriller.

The jeopardy soon mounts still further, yet such is the fist-gnawing stupidity of the plot and the mind-bogglingly bad dialogue, it is the viewer who will be yelling loudest to be let out. 2017, 15, 88MIN

ROMANTIC DRAMA

Cruise

Tuesday, Sky Premiere HD, 12.45pm & 10.15pm ★★★

An enjoyably nostalgic throwback to the 1980s, this breezy romance stars Spencer Boldman as a working-class Italian-American heartbreaker cruising the local boulevard in his souped-up muscle car, and Emily Ratajkowski as a Jewish American Princess taking a walk on the wild side before she goes back to her Ivy League college… 2018, 15, 90MIN

Spencer and Emily came from worlds apart

This pair was hoping for back-to-back victories

ANIMATED FAIRY TALE

The Stolen Princess

Saturday, Sky Premiere HD, 9.40am & 6.25pm ★★★

Inspired by the fairy tale *Ruslan and Ludmila* by Alexander Pushkin, this lively Ukrainian animated adventure dispatches a lowly travelling actor on a quest to rescue a kidnapped princess from an evil sorcerer.

With its plucky underdog hero, feisty heroine, cackling villain and foppish knightly rivals, the movie fits the standard Hollywood template, but is cheerfully entertaining. 2018, PG, 91 MIN

DRAMA

Where Hands Touch

Sunday, Sky Premiere HD, 9.35am & 5.45pm ★★

Amandla Stenberg delivers a committed performance as a mixed-race teenager in 1944 Germany – daughter of a white German mother (Abbie Cornish) and a French-African soldier stationed in the post-World War One Rhineland.

Stenberg and her co-stars are hampered by risible German accents and stilted dialogue, and the film's contrived romance is too far-fetched. 2018, 12, 122MIN

FilmFinder The pick of the week at a glance

Crime & Thriller

Widows ★★★★

Saturday, Sky Premiere HD, 8pm/Sky Premiere+1, 9pm; Sky Heists HD, 11.15pm

Aiming to complete the heist planned by her late husband, a gangster's widow (Viola Davis) turns crook herself in this edgy crime drama. 2015, 18, 104MIN

Papillon ★★★

Wednesday, Sky Thriller HD, 9pm

Charlie Hunnam and Rami Malek are the stars of this rousing second screen adaptation of Henri Charrière's account of his attempts to escape a 1930s French penal colony. 2017, 15, 133MIN

Legend ★★★

Wednesday, Film4 HD, 11.20pm/ Film4+1, 12.20am

Playing both East End gangster twins Ronnie and Reggie Kray, Tom Hardy gives this Swinging Sixties crime biopic a modicum of class. 2015, 18, 131 MIN

The Bank Job ★★★

Thursday, Film4 HD, 9pm/Film4+1, 10pm

Scripted by Dick Clement and Ian La Frenais, this crime caper stars Jason Statham as a dodgy car dealer who assembles a motley crew of friends for an audacious heist. 2008, 15, 111 MIN

Sci-Fi

Lucy ★★★

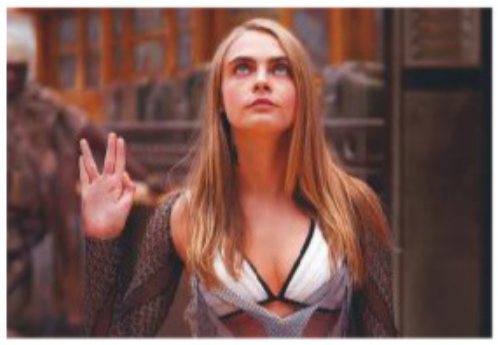
Saturday, C4 HD, 11.05pm/ C4+1, 12.05am

Forget the pseudo-science and just allow yourself to be carried along in the wake of this non-stop thrill-ride starring Scarlett Johansson. 2014, 15, 89MIN

Batteries Not Included ★★★★

Sunday, Syfy HD, 2.50pm/ Syfy+1, 3.50pm

A charming tale about the inhabitants of an apartment block who are visited by tiny spaceships. 1987, PG, 105MIN



Valerian and the City of a Thousand Planets ★★★

Sunday, Film4 HD, 9pm/Film4+1, 10pm

Though stealing its ideas from many better movies, this space adventure with Dane DeHaan and Cara Delevingne does have some visual flair. 2017, 12, 134MIN

Tron ★★★★

Wednesday, Sky Sky-Fi HD, 6.15pm

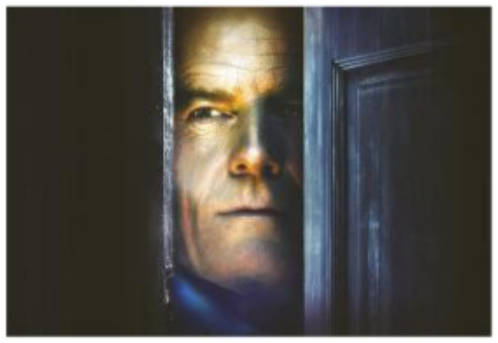
Jeff Bridges plays a computer programmer who finds himself zapped inside a gladiatorial computer game in an exhilarating and groundbreaking action movie. 1982, PG, 96MIN

Drama

The Dam Busters ★★★★

Saturday, Film4 HD, 1.55pm/ Film4+1, 2.55pm

The true story of the bouncing bomb raid during World War Two, starring Michael Redgrave and Richard Todd, is inspiring stuff. 1954, U, 120MIN



Wakefield ★★★

Tuesday, AMC HD, 6.55pm

In a peculiar story of suburban angst, Bryan Cranston's family man packs in his job and takes to spying on the wife (Jennifer Garner) and daughters he has suddenly abandoned. 2016, 15, 104MIN

EDITOR'S CHOICE

La La Land ★★★★★

Saturday, BBC2 HD, 9.20pm

The winner of six Oscars, writer-director Damien Chazelle's joyous and uplifting follow-up to his sizzling music drama *Whiplash* is a dazzling homage to the golden age of Hollywood musicals. The movie explores the bittersweet love story of two LA hopefuls who fleetingly encounter each other for the first time in a traffic jam: Emma Stone's aspiring actress and Ryan Gosling's purist jazz pianist. 2016, 12, 128MIN

Classic

Mad Max ★★★★★

Tuesday, Sky Greats HD, 8pm

The film that turned Mel Gibson into a star is the first of a trilogy of pulsating action thrillers set in a desolate near future featuring astounding car chases and crazy stunts. 1979, 18, 93MIN

Snow White and the Seven Dwarfs ★★★★★

Tuesday, Sky Disney HD, 8pm

Still a wonderful piece of storytelling after all these years, Disney's first feature-length cartoon has charm, thrills and comedy to spare. 1937, U, 82MIN

Kind Hearts and Coronets ★★★★★

Thursday, Talking Pictures HD, 6.50pm

A fiendishly funny black comedy that provides a brilliant showcase for Alec Guinness, who plays all eight members of an aristocratic family. 1949, U, 106MIN

Kelly's Heroes ★★★★

Friday, TCM HD, 9pm/TCM+1, 10pm

Clint Eastwood and Telly Savalas star in a laconic World War Two comedy adventure about a group of maverick GIs attempting to liberate some Nazi gold from a French bank. 1970, PG, 143min

Films may be edited for television. The running times given are those of the original cinema releases.

Films day-by-day

Saturday 5 October

At least Tom and Jessica wouldn't have to water the garden today

COMEDY DRAMA

This Beautiful Fantastic

BBC2 HD, 11.20pm ★★★

Sex ●●● Violence ●●● Language ●●●

A featherweight fable starring Jessica Brown Findlay as an orphaned would-be children's author with quirky OCD, a phobia of nature and a curmudgeonly grump as a neighbour, played with fussy irascibility by Tom Wilkinson. The contrived plot gives her one-month to tame her unkempt garden or face eviction, an ally in Andrew Scott's Irish cook, and a love interest in the shape of Jeremy Irvine's stammering inventor. This attempt at a British *Amélie* will be far too twee and whimsical for many tastes. 2016, PG, 100MIN

REAL-LIFE DRAMA

Deepwater Horizon

C4 HD, 9pm/C4+1, 10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

The pressure builds inexorably in this gripping account of the events surrounding the 2010 offshore drilling rig explosion in the Gulf of Mexico, which killed 11 workers and caused one of the biggest environmental disasters in history. Providing the human drama amid explosive spectacle, Mark Wahlberg, Gina Rodriguez and Kurt Russell are the story's good guys, while John Malkovich's oil company executive is the villain. 2016, 12, 105MIN

HISTORICAL DRAMA

The King's Choice

BBC4 HD, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

With his country under threat from a rampant Nazi Germany, an ageing leader agonises over a do-or-die decision. No, not Gary Oldman's Winston Churchill in *Darkest Hour* but Norway's King Haakon VII when German forces invade his neutral country in this enthralling historical drama. Set over three days in April 1940, this painstakingly sober film requires some initial patience, but the unfolding drama becomes increasingly gripping. Subtitled. 2016, 12, 130MIN

SCI-FI ACTION

Lucy

C4 HD, 11.05pm/C4+1, 12.05am ★★★

Sex ●●● Violence ●●● Language ●●●

Director Luc Besson's extravagantly enjoyable sci-fi thriller stars Scarlett Johansson as an unwilling drug mule for a criminal gang who becomes a superhuman ass-kicker when a synthetic new mind drug leaks into her bloodstream. As her brainpower increases, the film fires off shoot-outs, a blistering car chase through Paris, and dollops of cod science from Morgan Freeman's eminent biologist, before getting even weirder... 2014, 15, 89MIN

ALSO ON SATURDAY

Fast Girls
BBC2 HD, 12.45pm ★★★
Lenora and Lily take their marks.

The Dam Busters
Film4 HD, 1.55pm ★★★★
Bouncing bombs away!

The Stolen Princess
Sky Premiere HD, 6.25pm ★★★
Right royal animated entertainment.

La La Land
BBC2 HD, 9.20pm ★★★★★
Emma and Ryan are all-singing, all-dancing.

Papadopoulos & Sons
BBC2 HD, 12.45am ★★★
The chips are down for Stephen Dillane.

■ Full listings start on p33

Sunday 6 October

Daniel always had been a bit of a scarf ace

FAMILY CHOICE

FANTASY ADVENTURE

Harry Potter & the Philosopher's Stone

ITV HD, 3.35pm/ITV+1, 4.35pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Hard to believe it's nearly 20 years since filming began on this inaugural *Harry Potter* adventure – and just look how young Daniel Radcliffe and co-stars Emma Watson and Rupert Grint were at the time. The film captures the magical spirit of JK Rowling's novel, but is so overstuffed with incident that it always seems in a rush to jump on to the next 'good bit'. The dark undertones of the novels were lightened considerably for the first few films, making them more suitable for the youngest members of the family. 2001, PG, 152MIN

ANIMATED COMEDY

Rango

C4 HD, 2pm/C4+1, 3pm ★★★★

Sex ●●● Violence ●●● Language ●●●

The gags zing by like bullets from a Colt 45 in a tremendous computer-animated Western spoof set in a kooky version of the Wild West that is populated entirely by animals. Johnny Depp voices the hero, a skittish chameleon who passes himself off as gunslinger Rango and becomes the sheriff of a parched desert town where the water supply has suspiciously run dry. Isla Fisher, Ned Beatty, Bill Nighy and Ray Winstone also feature in the vocal cast. 2011, PG, 107MIN

CRIME ACTION

Need for Speed

Channel 5 HD, 3pm/ Channel 5+1, 4pm ★★★

Sex ●●● Violence ●●● Language ●●●

Any petrol-heads looking for an automotive thrill ride between *Fast & Furious* instalments can get their adrenaline fix from this heroically outlandish car-race movie spun from a successful video game. Brace yourselves for tyre-scorching action galore as the blue-collar hero (Aaron Paul) tries to drive a gleaming muscle car from New York to California in less than 48 hours to enter a race. 2014, 12, 130MIN

SCI-FI ADVENTURE

Valerian and the City of a Thousand Planets

Film4 HD, 9pm/Film4+1, 10pm ★★★

Sex ●●● Violence ●●● Language ●●●

Based on a comic-book series, Luc Besson's loopy sci-fi adventure proved a box-office flop but, like his *The Fifth Element*, it is bursting with knockabout action, visual dazzle and bonkers plotting. On the downside, Dane DeHaan has zero charisma as a space major, while co-star Cara Delevingne is merely decorative as his bickering sidekick. And both of them are out acted by Rihanna as a shape-shifting alien. 2017, 12, 134MIN

ALSO ON SUNDAY

To Catch a Thief
BBC2 HD, 12.30pm (Wales, 1pm) ★★★★
Cary Grant jewels with Grace Kelly.

Batteries Not Included
Syfy HD, 2.50pm ★★★★
These little spaceships are a big help.

Where Hands Touch
Sky Premiere HD, 5.45pm ★★
Amandla Stenberg is living in fear.

The Grand Seduction
AMC HD, 6.55pm ★★★
Beandan wants Taylor to stay.

Jurassic Park
ITV2 HD, 7.25pm ★★★★★
The dino-might is about to go off.

■ Full listings start on p43

Films day-by-day

Monday 7 October

What these lions had in mind was no fancy-dress parade

COMEDY DRAMA

Four Lions

Film4 HD, 10.50pm/Film4+1, 11.50pm ★★★

Sex ●○○ Violence ●●● Language ●●●

Brass Eye's Chris Morris turned director for a sharp comedy about British Islamic terrorists. His outrageous film focuses on a group of four bumbling British jihadists (Kayvan Novak, Riz Ahmed, Nigel Lindsay and Adeel Akhtar) and their moronic efforts to engage in a suicide bomb attack in England. Finding fun in terrorism is a tricky business, and for some this film will be too archly provocative to even contemplate watching. Others may find it clever, thoughtful and even hilarious. 2009, 15, 101 MIN

COMEDY FAMILY FANTASY

Cats & Dogs

Sky Family HD, 1.35pm ★★★★

Sex ○○○ Violence ○○○ Language ○○○

This is not, it has to be said, a film for cat lovers. There is an international conspiracy by the felines of the world to discredit dogs and replace them in the affections of pet owners, and it is up to one clumsy suburban pup to stop them. The story is very, very silly, but also fast, funny and imaginative. It is all aimed fairly and squarely at a pre-teen audience, although adults should be kept amused by the clever special effects and James Bond-style spoofery. 2001, PG, 87MIN

COMEDY DRAMA

Forrest Gump

Sky Hits HD, 8pm ★★★★

Sex ●○○ Violence ●○○ Language ●○○

This whimsical fable won six Oscars, including Best Picture, Best Director for Robert Zemeckis and Best Actor for Tom Hanks' performance as the film's trusting and innocent eponymous hero, a simpleton who sails blithely through the turmoil of post-war American history. In an era of dumbing down, it is not hard to see why the film struck a chord. Life may well be like a box of chocolates, but you will need a sweet tooth for this particular confection. 1994, 12, 136MIN

SCI-FI THRILLER

Predestination

Sony Movies, 11.05pm/ Sony Movies+1, 12.05am ★★★★

Sex ●○○ Violence ●●○ Language ●●○

Ethan Hawke's time-travelling crime-fighter hops back and forth across the decades in a bid to stop a terrorist from committing an atrocity in 1975 Manhattan in this elegantly intricate sci-fi thriller adapted from a Robert Heinlein short story. The film will leave you puzzling over the paradoxes of time travel, fate and free will, and Hawke's and co-star Sarah Snook's performances pack a welcome emotional punch. 2014, 15, 95MIN

ALSO ON MONDAY

Motherhood
Sky Premiere HD, 6.30pm ★★★★
Christina and Alysia are best of enemies.

Trading Places
Sky Comedy HD, 8pm ★★★★★
Eddie and Dan do some role reversal.

Jaws
ITV4 HD, 9pm ★★★★★
A film to get your teeth into.

Seven
Sky Thriller HD, 12m't ★★★★
Morgan and Brad investigate the deadly sins.

Don't Go
Sky Premiere HD, 12.25am ★★★
Can Stephen and Melissa turn back time?

■ Full listings start on p53

Tuesday 8 October

Steve had always wanted a walking, talking living doll

FANTASY DRAMA

Welcome to Marwen

Sky Drama HD, 8.25am & 5.50pm ★★★★

Sex ●○○ Violence ●○○ Language ○○○

In a village in World War Two Belgium, an American flier named Cap'n Hogie battles the occupying Nazis with the aid of a band of female resistance fighters. The twist in Robert Zemickis's bizarre but touching movie is that the characters are all action dolls, the creation of real-life artist Mark Hogencamp, who fell victim to a brutal hate crime in 2000 that left him with brain damage and memory loss. Steve Carell portrays both the flesh-and-blood Hogancamp and his daring action-doll avatar. *Also on Wednesday*. 2018, 12, 116MIN

ACTION THRILLER

The Bourne Identity

Sky Greats HD, 6pm ★★★★★

Sex ●○○ Violence ●●○ Language ●○○

This blockbuster adaptation of Robert Ludlum's best-selling spy thriller keeps the action within the bounds of plausibility without scrimping on tension or excitement. Matt Damon's collegiate good looks are perfectly suited to playing the amnesiac slowly coming to terms with the fact that he is a lethal CIA agent. The sequence where Damon plays cat-and-mouse with Clive Owen's assassin is almost Hitchcockian in its suspense. 2002, 12, 119MIN

DRAMA

Wakefield

AMC HD, 6.55pm ★★★

Sex ●○○ Violence ○○○ Language ●●○

This odd, fable-like drama stars Bryan Cranston as a well-heeled suburban commuter who suddenly snaps. One night, instead of returning to his wife (Jennifer Garner) and their twin adolescent daughters, he hides out in the attic of his carriage house garage and begins spying on his abandoned family. This suburban castaway comes across as such a creep that it takes all of Cranston's thespian wiles to keep us engaged. 2016, 15, 104MIN

MYSTERY THRILLER

Steel Country

Sky Premiere HD, 12m't/ Sky Premiere+1, 1am ★★★

Sex ○○○ Violence ●●○ Language ●●○

Fleabag actor Andrew Scott stars in an unusual mystery thriller set in a rundown former steel town in Pennsylvania. His shambling, slow-talking, socially awkward garbage man takes it upon himself to investigate the death by drowning of a six-year-old boy on his collection route. The events that follow don't always convince, but Scott's detailed performance makes his character work. *Also on Wednesday*. 2018, 15, 90MIN

ALSO ON TUESDAY

Book Club
Sky Comedy HD, 8pm ★★★
Jane Fonda turns the pages.

Mad Max
Sky Greats HD, 8pm ★★★★★
Mel Gibson takes to the road.

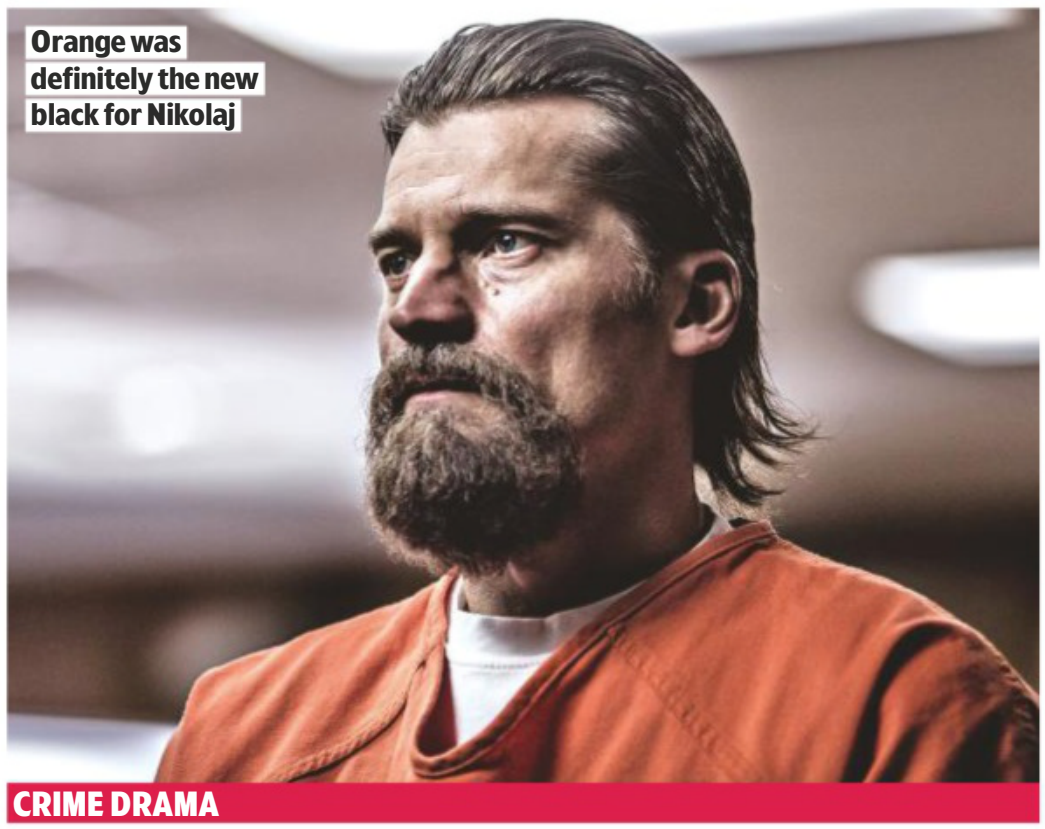
Snow White and the Seven Dwarfs
Sky Disney HD, 8pm ★★★★★
Heigh-ho, heigh-ho, it's off to work we go...

Only Lovers Left Alive
AMC HD, 9.55pm ★★★★
Tom and Tilda are just dead on their feet.

Cruise
Sky Premiere HD, 10.15pm ★★★
Emily could be out of Spencer's league.

■ Full listings start on p63

Wednesday 9 October



Orange was definitely the new black for Nikolaj

CRIME DRAMA

Shot Caller

Flm4 HD, 9pm/Film4+1, 10pm ★★★

Sex ●○○ Violence ●●● Language ●●○

Far from an advert for the efficacy of the US penal system, this gritty prison drama charts the transformation of a white-collar family man (Nikolaj Coster-Waldau) into a ruthless criminal after he lands up behind bars. The only way to survive, he quickly learns, is to join a prison gang, beginning a brutal rise through the ranks. The mood of grim fatalism continues from first to last and, even if things get more than a little contrived, the film's portrayal of prison life – down to its rituals and slang – rings chillingly true. 2017, 15, 120MIN

ACTION THRILLER

The Bourne Supremacy

Sky Greats HD, 6pm ★★★★

Sex ○○○ Violence ●○○ Language ●○○

A no-nonsense sequel to *The Bourne Identity* that has former undercover agent Jason Bourne (Matt Damon) coming in from the cold to discover why he has been framed for an assassination in Berlin. An impressive cast includes Joan Allen, Brian Cox, Julia Stiles and Gabriel Mann, and director Paul Greengrass brings a hard-hitting realism to this ripping yarn that hooks you from the start and keeps you gripped right up to the closing twist. 2004, 12, 108MIN

ROMANTIC COMEDY

Did You Hear About the Morgans?

E! Entertainment HD, 9pm ★★★

Sex ●○○ Violence ●○○ Language ●○○

Hugh Grant and Sarah Jessica Parker revisit their familiar romcom personae as an estranged New York married couple who meet up again by accident and, while indulging in a bout of bickering, witness a murder. This leads them to join a witness-protection programme, which lands them in small-town Wyoming. There are not quite enough funny lines on show, but the film is enjoyable enough. 2009, PG, 103MIN

PRISON DRAMA

Papillon

Sky Thriller HD, 9pm ★★★

Sex ●○○ Violence ●●○ Language ●●○

Previously brought to the screen in 1973 with Steve McQueen and Dustin Hoffman, this gritty adaptation of Henri 'Papillon' Charrière's best-selling autobiographical book stars Charlie Hunnam and Rami Malek as prisoners in a French penal colony in 1930s French Guiana. The ensuing action is grim and grisly, and unavoidably episodic as Hunnam's hero repeatedly takes flight, gets caught and endures ever-harsher punishment. 2017, 15, 133MIN

ALSO ON WEDNESDAY

Tron
Sky Sky-Fi HD, 6.15pm ★★★★
It's game on for Jeff Bridges.

About Time
Sky Greats HD, 8pm ★★★
Domhnall Gleeson's getting déjà vu.

Benjamin
Sky Premiere HD, 10.15pm ★★★
Colin Morgan screens and screens again.

Legend
Film4 HD, 11.20pm ★★★
Tom Hardy makes a fine pair.

Pretty Woman
Sky Comedy HD, 11.45pm ★★★★
Julia Roberts has Richard Gere hooked.

■ Full listings start on p73

Thursday 10 October

FAMILY CHOICE

Bella was man's best friend wherever she travelled

CANINE ADVENTURE

A Dog's Way Home

Sky Family HD, 11.45am & 8pm ★★★

Sex ○○○ Violence ○○○ Language ○○○

American author W Bruce Cameron is a specialist in heart-warming, cinema friendly, quasi-spiritual tales of doggy loyalty and pluck. This family adventure follows in the paw prints of *A Dog's Purpose* and gets some more mileage from the idea of having a canine narrator. Bryce Dallas Howard, the voice of Pit Bull mix heroine Bella, lacks the frisky playfulness of predecessor Josh Gad, and the film's CGI effects and dialogue are sometimes a tad iffy, too. But the story of Bella's dogged 400-mile quest to return home is uplifting. 2019, PG, 96MIN

CRIME DRAMA

Widows

Sky Premiere HD, 8pm/ Sky Premiere+1, 9pm ★★★★

Sex ●●○ Violence ●●○ Language ●●●

Steve McQueen, Oscar-winning director of *12 Years a Slave*, teams up with *Gone Girl* author Gillian Flynn for a well-acted heist thriller based on Lynda La Plante's iconic 1980s TV series. Updating the action to contemporary Chicago, the film casts a steely Viola Davis as the debt-strapped widow of a criminal (Liam Neeson) who recruits a trio of women to complete the robbery planned by her late husband. *Also on Friday*. 2018, 15, 130MIN

CRIME THRILLER

The Bank Job

Film4 HD, 9pm/Film4+1, 10pm ★★★

Sex ●●○ Violence ●●○ Language ●●○

Jason Statham gets a meatier-than-usual role in this engrossing British heist thriller set in the 1970s, playing a dodgy car dealer who's convinced by his ex-girlfriend (Saffron Burrows) that a bank in London's Baker Street will be easy pickings for him and his inept gang. The screenplay starts off as a lighthearted *Italian Job*-style caper and then gradually grows darker as Statham and his cronies realise they have bitten off more than they can chew. 2008, 15, 111MIN

DRAMA

Hotel Mumbai

Sky Hits HD, 9.45pm ★★★★

Sex ○○○ Violence ●●○ Language ●●○

This respectful and empathetic dramatisation of the November 2008 terrorist attacks in Mumbai is unimaginably tense, putting us in the shoes of the staff and guests of the city's luxurious Taj Mahal Palace Hotel, and inviting us to ask what we would have done in their place. Among those caught up in the attacks are Armie Hammer and Nazanin Boniadi's well-heeled new parents and Dev Patel's sympathetic waiter. 2018, 15, 123MIN

ALSO ON THURSDAY

The Bourne Ultimatum
Sky Greats HD, 6pm ★★★★
Matt Damon trots the globe once more.

Kind Hearts and Coronets
Talking Pictures, 6.50pm ★★★★★
Dennis Price does some family planning.

The Road
AMC HD, 9pm ★★★★
Viggo and Kodi have a long way to go yet.

Lawless
Film4 HD, 11.10pm ★★★★
Can Shia, Tom and Jason hold their liquor?

Iron Man
Sky Hits HD, 11.50pm ★★★★
Robert Downey Jr tests his metal.

■ Full listings start on p83

PICTURE CREDIT FUTUREYOU

ADVERTISING FEATURE

HOW TURMERIC+ is helping Anne stay fit to enjoy life

When your passions in life revolve around being active, looking after yourself becomes vitally important, especially as we get older. This is how dressage and fitness enthusiast Anne Evans came to discover the power of turmeric.

Anne, aged 57 from Cirencester, has been riding horses for 20 years as well as having a keen interest in gardening.

Despite Anne leading an active lifestyle, she began to find her joints were not quite what they used to be.

Anne, along with her husband, began to search the joint supplement ranges at various supplement companies. It was this research that led her to Turmeric+.

"I consider myself to be fit and active, however age does eventually creep up on you and you notice these little niggles occur on a more frequent basis." said Anne. "Those little niggles can have an impact on the amount of fun you have, I was determined that was not going to happen to me."

It was over a year ago that Anne's search for a solution got underway and that led her to Turmeric+, a supplement developed by Cambridge based brand FutureYou. Anne commented, "After much research with the help of my husband, a biochemist who has a very good understanding of how the body functions, I decided that Turmeric+ was something I should try."

Whilst millions of us love adding turmeric to our meals throughout the week, research shows that you need to consume Turmeric+ daily to boost levels in the body.

The other obstacle that needs to be overcome is ensuring we absorb enough of what we eat into our bodies. The key component of turmeric is curcumin, however this only accounts for 3% of standard turmeric powder.

Anne noted: "It was the research at the Olympic Research Centre in Barcelona that really caught my eye.

Knowing it was used by international footballers and elite athletes made me think it must be able to do something for me."

The curcumin in Turmeric+ is combined with lecithin, it is this patented combination that allows the curcumin to be absorbed by the body. Studies have shown that the formulation is 30 times more absorbable than standard turmeric.

"it must be able to do something for me"

It is now over a year since Anne started taking Turmeric+ and it is proving to be a real winner. Anne is horse riding, attending the gym, taking part in pilates and much more on a weekly basis, on top of that she is keeping up with day to day activities much more than she used to.

Anne said, "I love the product and have told many of my friends about it. When you discover something this good, you need to share the news. This fits my mantra of being fit for your life."

FREE TURMERIC

Just pay £1.50 postage

Cambridge company allows customers to try the product, with their first 28 day pack free (just pay £1.50 postage) when they sign up to their monthly delivery service. After the trial pack, subsequent orders will cost £15 and be delivered every 28 days. If it's not for you, simply cancel within your first pack, without obligation.

FUTUREYOU, a Cambridge nutraceutical company known for its popular turmeric supplement, has announced that it is giving away packs of its flagship product to new customers.

The formulation for Turmeric+ also contains vitamin C which contributes to normal collagen formation of cartilage and bones.

The company has built a large following of customers, most of whom are over 50. The offer is aimed at the over 50s, but is open to people of all ages. It comes after the Cambridge firm received a flurry of positive reviews for its leading product on Trustpilot, the independent online review platform.

'I have taken your Turmeric+ for two years now' wrote one reviewer. 'I will take these tablets for the rest of my days. Obviously I intend to be a VERY long term customer. Thank you so much,' said another.

Adam Cleevely, FutureYou's CEO, explains the thinking behind the offer:'After receiving so much positive feedback on Turmeric+, our team is confident that people will love it within their first pack.

'So we've decided to offer that first pack for free, because our team is excited to spread the word about Turmeric+ with as many people as possible – as excited as our customers, who often pass on Turmeric+ to their friends after experiencing it for themselves.'

How to claim your FREE box

To get hold of your free pack, quote the code **FR63** when you visit **www.FutureYouOffers.co.uk** or call on **0800 808 5740**.

You only need pay £1.50 postage and your free box worth £15 will be shipped out via Royal Mail 1st Class. After your trial pack, your subsequent packs will cost £15 (inc postage) and be delivered automatically every 28 days.

If you don't wish to continue after your trial, simply call 0800 808 5740 for free or visit www.FutureYouHealth.com to cancel your subscription.

Claim your free trial online at

www.FutureYouOffers.co.uk

Or call on **0800 808 5740** And quote code **FR63**

Discount valid until 30th November 2019. TURMERIC+ contains vitamin C which contributes to normal collagen formation for the normal function of cartilage and bones. New UK customers only. One free trial per household. Your first box is free (Just pay £1.50 postage) and you will be enrolled into a flexible subscription (£15 every 28 days). We regret but we cannot take payment for this offer by cheque.You can stop deliveries at any time without obligation. See website for more information on our subscription service. TURMERIC+ from FutureYou should be consumed as part of a healthy and balanced diet and lifestyle. If you are taking any prescribed medication or have any medical conditions always consult your doctor or pharmacist before taking vitamins or supplements. Trial pack promotion cannot be used in conjunction with any other promotions.

FutureYou CAMBRIDGE

Trustpilot

Rated Excellent by our customers

Films day-by-day

Friday 11 October

Nick's friends were right behind him

COMEDY DRAMA

Love, Simon

Sky Drama HD, 12.15pm & 8pm ★★★

Sex ●○○ Violence ○○○ Language ●○○

Seventeen-year old high-school student Simon (*Jurassic World*'s Nick Robinson) hasn't told anyone he is gay, not even his laid-back liberal parents (Jennifer Garner and Josh Duhamel) or his trio of best friends. But his life becomes even more fraught after he falls in love online with an anonymous classmate who calls himself 'Blue'. A teen romcom with a difference, this coming-of-age movie is put together with such warmth and charm that you won't mind how sappy and corny it actually is. 2018, 12, 110MIN

ADVENTURE

Cast Away

Sky Greats HD, 8pm ★★★★

Sex ○○○ Violence ●○○ Language ●○○

Tom Hanks provides something of an acting tour de force in this epic survival adventure, playing a Federal Express employee who is stranded on a desert island after a plane crash. Hanks's performance is all the more impressive for having to spend most of the film conversing with a volleyball. Having previously collaborated on the overblown *Forrest Gump*, Hanks and director Robert Zemeckis keep things relatively sober and low-key here. 2000, 12, 143MIN

COMEDY

Superbad

Dave HD, 9pm/Dave+1, 10pm ★★★★

Sex ●●○ Violence ●○○ Language ●●●

Like the original *American Pie*, *Superbad* is a raunchy but essentially sweet-natured teen comedy. Jonah Hill, Michael Cera and Christopher Mintz-Plasse play three nerdy, hormonal 17-year-olds who try to curry more than a few favours with the girls at their school by recklessly agreeing to supply a stash of illicit alcohol for an upcoming party. Naturally, the road to underage drinking is lined with comic potholes, into which our hapless heroes duly tumble. 2007, 15, 113MIN

MUSIC BIOPIC

Bohemian Rhapsody

Sky Hits HD, 10pm ★★★★

Sex ●○○ Violence ○○○ Language ●○○

An Oscar-winning Rami Malek looks and moves the part as Freddie Mercury, the legendary frontman of rock gods Queen, in this rousing biopic chronicling the years leading up to the band's epochal 1985 Live Aid performance at Wembley Stadium. Unashamedly corny in places, and not a little clunky in others, the movie gets things absolutely right where it matters most – capturing the electrifying excitement of the band's music. 2018, 12, 134MIN

ALSO ON FRIDAY

Mortal Engines
Sky Premiere HD, 8pm ★★★★
It's London or dust. See review, page 18.

Kelly's Heroes
TCM HD, 9pm ★★★★
Clint Eastwood is going for gold.

Midnight Run
Film4 HD, 9pm ★★★★
Robert is taking Charles for a ride.

Boys Don't Cry
Sky Drama HD, 10pm ★★★★
Hilary Swank has an identity crisis.

Let Me In
Horror, 10.50pm ★★★★
Kodi and Chloë have a blood tie.

■ Full listings start on p93

ON-DEMAND HIGHLIGHTS

The pick of the week's films on Sky, Virgin & other platforms

Aladdin
★★★
Disney gives the magic lamp another rub with Guy Ritchie's colourful live-action remake of the *Arabian Nights* tale. A startlingly blue Will Smith sings and raps as the Genie, while Mena Massoud is the ducking-and-diving street kid who unwittingly conjures him up and shares a magic carpet ride with Naomi Scott's Princess Jasmine. PG, 123MIN

Avengers: Endgame
★★★★
Only a handful of the Avengers – including Robert Downey Jr's Iron Man, Chris Evans' Captain America and Scarlett Johansson's Black Widow – were left standing at the end of 2018's *Avengers: Infinity War*, thanks to Josh Brolin's intergalactic despot Thanos. As the epic story arc reaches its conclusion, there are surprises galore, not to mention some epic action. 12, 181 MIN

Booksmart
★★★★★
Kaitlyn Dever and Beanie Feldstein are terrific as two high-school swots who belatedly decide to let their hair down for the first time on the eve of graduation. This coming-of-age comedy is an absolute joy – raucously funny, fond and touching in equal measure. Refreshingly, the film's generous spirit extends to all its characters, whether geek or jock or cool kid. 15, 102MIN

Eighth Grade
★★★★
Elsie Fisher's socially awkward 13-year-old schoolgirl tries to navigate the choppy waters of adolescence and survive the last week of middle school, beset by the perils of pimples, impossible crushes and social media. Your heart will go out to Fisher's lonely, anxious, misfit of a heroine in this terrifically charming coming-of-age comedy drama. 15, 94MIN

Godzilla: King of the Monsters
★★★
PREMIERE (Available from Mon) Cinema's fire-breathing giant reptile goes on the rampage yet again in a sequel to the 2014 *Godzilla* reboot. Inevitably, the film's human characters get dwarfed, although it is Vera Farmiga's scientist who sets the plot rolling by trying to revive extraterrestrial creature Ghidorah from beneath the Antarctic. The monster smackdowns are suitably awesome, but the screenplay lets things down. 12, 132MIN

Was Sophie's hair showing shades of Grey?

PREMIERE

COMIC-BOOK ADVENTURE

X-Men: Dark Phoenix

Available from Monday ★★

Sex ○○○ Violence ●○○ Language ●○○

The rebooted *X-Men* cycle of films comes to an end, but the franchise fails to go out with a bang with a misfiring adventure revolving around telekinetic mutant heroine Jean Grey. Sophie Turner (*Game of Thrones*' Sansa Stark) displays statuesque presence in the role, but *X-Men* veterans James McAvoy, Michael Fassbender and Jennifer Lawrence are short-changed, and the film's FX also underwhelm. 2019, 12, 114MIN

High Life
★★★★
Director-star Robert Pattinson and French art-house darling Claire Denis boldly go into outer space in a smart, puzzling sci-fi adventure. The pair play death-row prisoners who have traded their sentences for a seemingly suicidal mission to the further reaches of the solar system. There are some shocking images and lots of stimulating ideas. 18, 113MIN

John Wick: Chapter 3 – Parabellum
★★★★
Keanu Reeves' hero John Wick is back in the third instalment of the action thriller series. He is now on the run with a bounty on his head, still cutting a swathe through scores of disposable bad guys who are out to get him and claim the prize. Ian McShane returns as the manager of the splendid Art Deco hotel used by New York hitmen, while Halle Berry joins as the hunted Wick's much-needed friend. 15, 131 MIN

Long Shot
★★★★
Gorgeous Charlize Theron and schlubby Seth Rogen won't strike you as an obvious romantic comedy couple, but they hit it off hilariously here. She is a high-flying US politician who is about to announce a run for the presidency, and he is a bolshie journalist who is recruited to punch-up her speeches. The result: some outrageous laughs and a lot of heart. 15, 125MIN

Rocketman
★★★
Looking to emulate the box-office bonanza of 2018's Queen biopic *Bohemian Rhapsody*, this splashy musical biopic charts Elton John's career, from his days as shy Reggie Dwight from Pinner to extravagantly costumed international stardom. Taron Egerton plays Elton, with Jamie Bell as his song-writing partner Bernie Taupin. The film is full of colour, spectacle and wall-to-wall hits. 15, 121 MIN

Tolkien
★★★★
This beautiful, deeply moving biopic about the early life of *The Lord of the Rings* author JRR Tolkien traces the emotional roots of the mythical world he would go on to create back to his rural Worcestershire childhood, his schooldays in turn-of-the-century Birmingham, and the trenches of World War One. Nicholas Hoult and Lily Collins shine as the writer and his lifelong love, Edith. 12, 112MIN

X-Men: Dark Phoenix
★★
PREMIERE (Available from Mon) See review, above. 12, 114MIN

Sport week

Your **ultimate guide** to the best of the week's live action

Daniel James (Wales), John McGinn (Scotland), Jadon Sancho (England) and Steven Davis (Northern Ireland)

Euro 2020 qualifiers

There's still plenty to play for as the home nations resume their campaigns

LIVE FOOTBALL

Thursday & Friday, ITV HD, Sky Sports Football HD, Sky Sports Premier League HD & Sky Sports Main Event HD

As they continue their efforts this week to qualify for the European Championship, England, Wales and Northern Ireland are all well-placed to reach next year's finals.

While England are boasting a 100-per-cent record, Wales were handed a lifeline by Croatia's recent draw with Azerbaijan. However, Northern Ireland have the Netherlands breathing down their necks and will want at least a point from the trip to Rotterdam.

Slovakia v Wales

Thursday, Sky Sports Premier League HD, kick-off 7.45pm

Ryan Giggs' men are fourth in Group E, but have a game in hand over all the other sides and are just four points behind leaders Croatia. Wales will be confident of taking three points in Trnava on Thursday after beating Slovakia in their opening Euro 2020 qualification game in March. Manchester United's young forward Daniel James scored the only goal in that match, as he did in the recent friendly victory over Belarus.

Russia v Scotland

Thursday, Sky Sports Football HD, kick-off 7.45pm

After back-to-back home defeats, Scotland's chances of automatic qualification are virtually non-existent. The 4-0 hammering by Group I leaders Belgium has left Steve Clarke's side fifth and they must now look to next year's Nations League play-offs as their best hope of making the finals. Russia took three points in Glasgow with a 2-1 victory after John McGinn's opener was cancelled out by an Artem Dzyuba strike and an own goal from Stephen O'Donnell.

Czech Republic v England

Friday, ITV HD, kick-off 7.45pm

Gareth Southgate's England travel to Prague as Group A leaders following four high-scoring victories, including the 5-3 victory over Kosovo at Southampton's St Mary's Stadium, which saw a brace from Jadon Sancho. Captain Harry Kane has scored in every qualifying game so far, including the sides' opening match at Wembley in March, which also featured a hat-trick from Raheem Sterling in the 5-0 win.

Netherlands v Northern Ireland

Thursday, Sky Sports Main Event HD, kick-off 7.45pm

Northern Ireland's excellent start to Group C was undone by Germany's 2-0 victory in Belfast last month, with Joachim Löw's team overtaking them at the top on goal difference. Thursday's game in Rotterdam will be a crucial encounter with the Netherlands now three points behind with a game in hand. Steven Davis became Northern Ireland's most capped outfield player against Germany and now has 113 appearances.

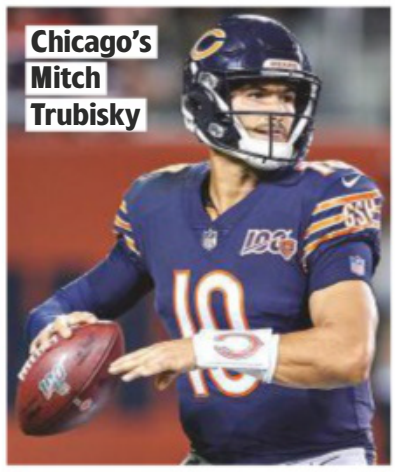
LIVE ATHLETICS

World Athletics Championships

Saturday & Sunday, BBC1 HD, BBC2 HD & BBC Red Button

Highlights from the concluding weekend in the Qatari capital, Doha, include potential medals for Great Britain in the women's 1,500m final (set to feature Laura Muir) and the men's and women's sprint relays on Saturday. The championships then finish with seven medal events on Sunday, with Kenya's Timothy Cheruiyot among the favourites in the men's 1,500m final, before Britain's 4x400m relay teams go for gold-medal glory.

Britain's men's 4x400m relay team in 2017: Dwayne Cowan, Matthew Hudson-Smith, Martyn Rooney and Rabah Yousif



Chicago's Mitch Trubisky

LIVE AMERICAN FOOTBALL

Oakland Raiders v Chicago Bears

Sunday, Sky Sports Action HD, Sky Sports Main Event HD & Sky One HD, kick-off 6pm

The Chicago Bears' young quarterback Mitch Trubisky and defensive star Khalil Mack will be in action when the Tottenham Hotspur Stadium's retractable artificial surface gets its maiden outing on Sunday in the first of four NFL games taking place in London this Autumn. It's the first time that American football has been played in a purpose-built NFL venue outside of the USA, while the Bears and Raiders haven't met since 2015.

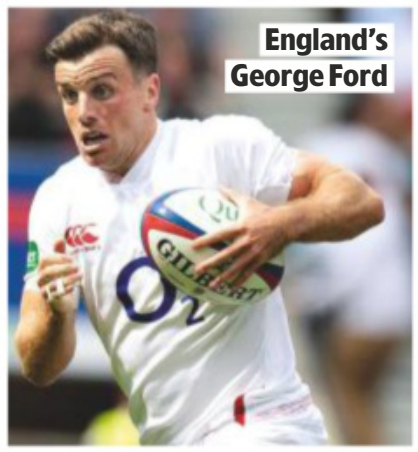
Simone Biles

LIVE GYMNASTICS

World Artistic Gymnastics Championships

From Tuesday, BBC2 HD

All eyes will be on Simone Biles, 22, in Stuttgart this week. The US superstar already has 20 world medals and is in striking distance of Vitaly Scherbo's overall record of 23. She'll be in action in the women's team final on Tuesday and the all-round final on Thursday. Britain's Max Whitlock goes in the men's team final on Wednesday and all-round final on Friday.



England's George Ford

LIVE RUGBY UNION

Rugby World Cup

From Sat, ITV HD & ITV4 HD

Eddie Jones' England face Pool C rivals Argentina on Saturday (kick-off 9am). The Pumas have a good record in the tournament, but haven't beaten England since 2009, with George Ford kicking 11 points in England's most recent win in 2017. On Wednesday, Scotland play Russia (kick-off 8.15am) and Wales take on Fiji (kick-off 10.45am).

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Teaser Which team beat the Czech Republic 2-1 in the Euro 96 final at Wembley? Answer at bottom of page

A-Z GUIDE
This week's sport on TV

AMERICAN FOOTBALL

LIVE College Football
Sat 5pm & Sun 4.30am BT Sport/ESPN, Sat 8.30pm BT Sport 3

LIVE Florida Gators v Auburn Tigers
Sat 8.30pm BT Sport/ESPN

LIVE Montreal Alouettes v Calgary Stampeders
Sat 9pm BT Sport 1
Canadian Football League action.

The NFL Show & NFL This Week
Sat 11.50pm BBC1; Tue 11.15pm BBC2

LIVE North Carolina Tar Heels v Clemson Tigers
Sat 12m't BT Sport 3

LIVE NFL Redzone
Sun 6pm Sky Sports Mix

LIVE Oakland Raiders v Chicago Bears
Sun 5pm Sky Sports Action, 6pm Sky One, 7pm Sky Sports Main Event
Tottenham Hotspur Stadium hosts an NFL game for the first time. See page 27. Highlights: 11.45pm BBC1.

LIVE NFL
Sun 9.05pm Sky Sports Main Event & Sky Sports Action

LIVE Kansas City Chiefs v Indianapolis Colts
Sun 1.10am Sky Sports Main Event & Sky Sports Action
NFL action from Arrowhead.

LIVE San Francisco 49ers v Cleveland Browns
Mon 1am Sky Sports Main Event & Sky Sports Action
NFL coverage from Levi's Stadium.

LIVE Louisiana Ragin' Cajuns v Appalachian State Mountaineers
Wed 1am BT Sport/ESPN

LIVE New England Patriots v New York Giants
Thu 12.30am Sky Sports Main Event & Sky Sports Action
Coverage from Gillette Stadium.

LIVE NC State Wolfpack v Syracuse Orange
Thu 1am BT Sport/ESPN

LIVE Toronto Argonauts v Ottawa Redblacks
Fri 12m't BT Sport 2

LIVE Miami Hurricanes v Virginia Cavaliers
Fri 1am BT Sport/ESPN

LIVE Calgary Stampeders v Saskatchewan Roughriders
Fri 3am BT Sport 2.

ATHLETICS

LIVE Cardiff Half Marathon
Sun 9.45am BBC2

BASEBALL

LIVE Major League
Sat, Sun & Tue 9.30pm BT Sport 1, 1am BT Sport/ESPN; Mon 6pm BT Sport 2, 9.30pm BT Sport/ESPN, 1am BT Sport, 2.30am BT Sport/ESPN; Wed 9.30pm BT SPort/ESPN,1am BT Sport 1; Thu 9pm BT Sport/ESPN, 12.30am BT Sport 1; Fri 1am BT Sport 1
Action from the post-season.

BOXING

LIVE Fabio Turchi v Tommy McCarthy
Fri 8pm Sky Sports Arena
Cruiserweight action from Trento, Italy.

COMBAT SPORTS

LIVE Robert Whittaker v Israel Adesanya
Sat 1am & 3am BT Sport 1
UFC 243 coverage from Melbourne.

CRICKET

LIVE Caribbean Premier League
Sun 3.30pm & 8pm; Thu 11.30pm Sky Sports Cricket

LIVE Australia v Sri Lanka
Sun & Tue 12.45am; Wed 6am BT Sport 2
Coverage of two women's ODIs.

CYCLING

LIVE Tour of Croatia
Sat & Sun 12noon Euro1

LIVE l'Eurometropole
Sat 2.30pm Euro1

LIVE Famenne Ardenne Classic
Sun 2.15pm Euro1

LIVE Tre Valli Varesine
Tue 2.30pm Euro1

LIVE Binche-Chimay-Binche
Tue 2.30pm Euro2

LIVE Milano-Torino
Wed 1.30pm Euro2

LIVE Gran Piemonte
Thu 1.30pm Euro2

DARTS

LIVE World Grand Prix Darts
Sun 7pm Sky Sports Arena; Mon-Fri 7pm Sky Sports Action & Sky Sports Main Event
Coverage from Dublin.

GOLF

LIVE Women's Indian Open
Sat & Sun 9am Sky Sports Main Event & Sky Sports Golf
Coverage from Gurgaon.

LIVE The Open de Espana
Sat & Sun 1pm Sky Sports Golf; Sat 3pm Sky Sports Main Event
European Tour coverage.

LIVE Shriners Hospitals for Children Open
Sat 5pm & 10pm & Sun 10pm Sky Sports Golf; Sat 10pm Sky Sports Main Event
PGA Tour action from Las Vegas.

LIVE Volunteers of America LPGA Texas Classic
Sat & Sun 5pm Sky Sports Mix
Coverage from Irving, Texas.

LIVE Italian Open
Thu & Fri 9am Sky Sports Golf, 10.30am Sky Sports Main Event
European Tour action from Rome.

LIVE Houston Open
Thu & Fri 5pm & 10pm Sky Sports Main Event, 5pm & 8pm Sky Sports Golf
PGA Tour coverage from Humble.

GYMNASTICS

LIVE World Championships
Tue 1.30pm; Wed 1pm; Thu & Fri 2.45pm BBC2
Action from Stuttgart. See page 27.

HORSE RACING

LIVE ITV Racing from Ascot
Sat 1.30pm ITV4

LIVE Prix de L'Arc de Triomphe
Sun 1.10pm ITV
Coverage from Paris-Longchamp.

LIVE ITV Racing from Newmarket
Fri 1.30pm ITV4

ICE HOCKEY

LIVE Florida Panthers v Tampa Bay Lightning
Sat 12m't Premier Sports 1

LIVE Edmonton Oilers v Los Angeles Kings
Sat 3am Premier Sports 1

LIVE Detroit Red Wings v Dallas Stars
Sun 12m't Premier Sports 1

LIVE Toronto Maple Leafs v St Louis Blues
Mon 12m't Premier Sports 1

LIVE Frolunda v Cardiff Devils
Tue 4.55pm FreeSports

LIVE Belfast Giants v Lulea
Tue 7.25pm FreeSports

LIVE Pittsburgh Penguins v Winnipeg Jets
Tue 12m't Premier Sports 1

LIVE Vegas Golden Knights v Boston Bruins
Tue 3am Premier Sports 1

LIVE Buffalo Sabres v Montreal Canadiens
Wed 12m't Premier Sports 1

LIVE Vancouver Canucks v Los Angeles Kings
Wed 3am Premier Sports 1

LIVE SKA v Avtomobilist
Thu 5.25pm FreeSports
KHL coverage from Ice Palace.

LIVE New Jersey Devils v Edmonton Oilers
Thu 12m't Premier Sports 1

LIVE Arizona Coyotes v Vegas Golden Knights
Thu 3am Premier Sports 1

LIVE Columbus Blue Jackets v Anaheim Ducks
Fri 12m't Premier Sports 1

MOTORCYCLING

LIVE MotoGP: Thailand GP
Sat 6am, 2.30am; Sun 6am, 7.30am BT Sport 2
Coverage from Chang International Circuit. Race Sun: 8am.

LIVE Asia Talent Cup
Sat 10.15am BT Sport 2

LIVE British Superbikes
Sat 3.30pm; Sun 12.30pm Euro2
Coverage from Donington Park.

LIVE FIM Speedway Grand Prix
Sat 5.45pm BT Sport 2

LIVE SGB Premiership
Mon & Thu 7.30pm BT Sport 1

MOTORSPORT

LIVE DTM Racing
Sat & Sun 12.15pm FreeSports

LIVE Wales Rally GB
Sat 2pm S4C & BT Sport 3; Sun 8am & 12noon BT Sport 1, 12noon S4C & Channel 5
Action from round 12.

LIVE 6 Hours of Fuji
Sun 4am BT Sport 3, 7.30am Euro2
FIA World Endurance Championship.

LIVE NASCAR: Drydene 400
Sun 7pm FreeSports

RUGBY WORLD CUP
This week's fixtures

Saturday 5 October

Australia v Uruguay
ITV 5,45am, kick-off 6.15am

England v Argentina
ITV 8.10am, kick-off 9am
England face their first big test at Tokyo Stadium

Japan v Samoa
ITV11.15am, kick-off11.30am

Sunday 6 October

New Zealand v Namibia
ITV 5.15am, kick-off 5.45am

France v Tonga
ITV 8.15am, kick-off 8.45am

Tuesday 8 October

South Africa v Canada
ITV4 10.45am, kick-off 11.15am

Wednesday 9 October

Argentina v USA
ITV4 5.15am, kick-off 5.45am

Scotland v Russia
ITV 8am, kick-off 8.15am

Wales v Fiji
ITV10.30am, kick-off10.45am

Friday 11 October

Australia v Georgia
ITV4 10.45am, kick-off11.15am

World Athletics Championships
Live coverage on BBC1 HD, BBC2 HD, BBC4 HD & BBC Red Button

SATURDAY 5 OCTOBER

2.30pm	Javelin (M)	Qualification
3.15pm	100 metres hurdles (W)	Heats
3.50pm	Long jump (W)	Qualification
4pm	Javelin (M)	Qualification
5.55pm	4x400 metres relay (W)	Heats
6.05pm	Shot put (M)	Final
6.25pm	4x400 metres relay (M)	Heats
6.35pm	Triple jump (W)	Final
6.55pm	1500 metres (W)	Final
7.25pm	5,000 metres (W)	Final
8.05pm	4x100 metres relay (W)	Final
8.15pm	4x100 metres relay (M)	Final

SUNDAY 6 OCTOBER

5.05pm	100 metres hurdles (W)	Semi-Final
5.15pm	Long jump (W)	Final
5.40pm	1500 metres (M)	Final
5.55pm	Javelin (M)	Final
6pm	10,000 metres (M)	Final
6.50pm	100 metres hurdles (W)	Final
7.15pm	4x400 metres relay (W)	Final
7.30pm	4x400 metres relay (M)	Final

Britain's 1500m runner Laura Muir

Sport A-Z and football planner >>>

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Medieval Germany	8 days	£1,699pp
Budapest to The Black Sea – Gems of Eastern Europe	15 days	£2,699pp
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ABTA ABTA No. V4744

LIVE F1: Japan Grand Prix
Thu 1.45am & 5.45am Sky Sports F1; Fri 3.45am Sky Sports Main Event & Sky Sports F1
Practice coverage from Suzuka.

POOL

LIVE IPA Premier League
Mon 7pm FreeSports

RUGBY LEAGUE

LIVE Super League
Sat 7pm Sky Sports Arena, 7.30pm Sky Sports Main Event

LIVE NRL Final
Sun 11am Sky Sports Arena

RUGBY UNION

LIVE Auckland v Southland
Sat 6am Sky Sports Main Event & Sky Sports Arena

LIVE Otago v Canterbury
Sat 8.30am Sky Sports Arena

LIVE Southern Kings v Munster
Sat 2.55pm Premier Sports 2

LIVE Zebre v Dragons
Sat 4.55pm FreeSports

LIVE Cardiff Blues v Edinburgh
Sat 5pm S4C, 5.10pm Premier Sports 1

LIVE Cheetahs v Ulster
Sat 5.10pm Premier Sports 2

LIVE Connacht v Benetton
Sat 7.30pm Premier Sports 1

LIVE Tasman v Northland
Sat 3am Sky Sports Main Event & Sky Sports Arena

LIVE Waikato v Taranaki
Sun 5.30am Sky Sports Main Event & Sky Sports Arena

LIVE Northampton v Saracens
Sun 2.45pm BT Sport 1

LIVE Southland v Bay Of Plenty
Thu 8.30am Sky Sports Main Event & Sky Sports Arena

LIVE Taranaki v Auckland
Fri 8.30am Sky Sports Main Event & Sky Sports Arena

LIVE Cheetahs v Munster
Fri 5.10pm Premier Sports 1

LIVE Dragons v Connacht
Fri 7.25pm S4C

LIVE Leinster v Edinburgh
Fri 7.30pm Premier Sports 1

LIVE Gloucester v Bath
Fri 7.30pm BT Sport 1

LIVE Hawke's Bay v Tasman
Fri 3.30am Sky Sports Arena

SWIMMING

LIVE International League
Sat & Sun 7pm Euro1
Coverage from Indianapolis.

TENNIS

LIVE China Open
Sat 7.30am BT Sport 1, 12.30pm BT Sport 2; Sun 9.30am BT Sport 3
Action from the WTA event in Beijing.

LIVE Tianjin Open
Sun & Tue 4am BT Sport 1; Mon & Wed 4am; Thu 3.30am; Fri 4.30am BT Sport 3
WTA Tour coverage from China.

LIVE Rolex Shanghai Masters
From Mon Amazon Prime
Coverage of the ATP Tour event.

LIVE Upper Austria Ladies Linz
Wed 10.55am; Thu & Fri 12.55pm, 5.30pm & 7.30pm Euro1
Coverage of the WTA Tour event.

Football planner

Saturday 5

Soccer AM
10.30am Sky Sports Premier League, Sky Sports Football & Sky One

LIVE Leganes v Levante
11.55am Premier Sports 1 (kick-off 12noon)
La Liga clash from Estadio Municipal de Butarque.

LIVE Fulham v Charlton Athletic
12noon Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)
Coverage of the Championship match from Craven Cottage.

LIVE Brighton v Tottenham Hotspur
12noon BT Sport 1 (kick-off 12.30pm)
Coverage of the Premier League match at the Amex Stadium.

LIVE Hamburg v Greuther Furth
12noon BT Sport 3
Action from Bundesliga 2 at the Volksparkstadion.

Football Focus
12.05pm BBC1

LIVE England v Brazil
12.35pm BBC1 (kick-off 12.45pm)
The women's friendly at Riverside Stadium in Middlesbrough.

LIVE West Ham United v Crystal Palace
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
Top-flight clash from the London Stadium. Highlights: 11pm Sky Sports Premier League.

LIVE Harrogate Town v Ebbsfleet United
5pm BT Sport 1
Vanarama National League at the CNG Stadium.

LIVE Schalke v Cologne
5.15pm BT Sport 3
Bundesliga action at the Veltins-Arena.

National League Highlights
7.30pm BT Sport 1

LIVE Genoa v AC Milan
7.40pm FreeSports (kick-off 7.45pm)
Italian top-flight clash from Stadio Luigi Ferraris.

LIVE Osasuna v Villareal
7.55pm Premier Sports 2
La Liga coverage.

Match of the Day
10.30pm; Sun 7.35am BBC1
Includes Liverpool v Leicester City, Brighton v Tottenham Hotspur, Burnley v Everton, and Norwich City v Aston Villa.

Sunday 6

LIVE Mallorca v Espanyol
10.55am Premier Sports 1 (kick-off 11am)
La Liga from Estadi de Son Moix.

LIVE Livingston v Celtic
11am Sky Sports Football, 11.30am Sky Sports Main Event (kick-off 12noon)
Scottish top-flight clash.

LIVE PREMIER LEAGUE

Brighton v Tottenham Hotspur

Saturday, BT Sport 1 HD, kick-off 12.30pm

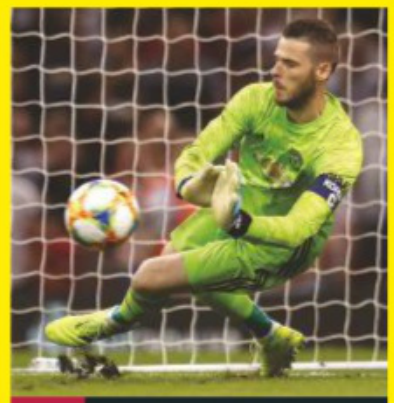
Brighton haven't recorded a league win in front of their home fans since March, but new Championship signings Neal Maupay, from Brentford, and Adam Webster, from Bristol City, look like exciting additions to Graham Potter's squad.

LIVE PREMIER LEAGUE

West Ham United v Crystal Palace

Saturday, Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 5.30pm

Hammers striker Sébastien Haller has made a promising start following his summer move from Eintracht Frankfurt for a club-record £45million. Palace have won just one of the teams' last 10 encounters.



LIVE PREMIER LEAGUE

Newcastle United v Manchester United

Sunday, Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 4.30pm

United fans will be delighted by David de Gea's new contract that will keep him at Old Trafford until 2023. The Spanish goalkeeper kept a clean sheet at St James' Park last season as his side recorded a 2-0 win.

LIVE Fiorentina v Udinese
11.25am Premier Sports 2
Serie A coverage.

LIVE Borussia Monchengladbach v Augsburg
12.30pm BT Sport 2
Bundesliga at Borussia-Park. Highlights: Mon 1.30pm BT Sport 3.

LIVE Celta Vigo v Athletic Club
12.55pm Premier Sports 1 (kick-off 1pm)
La Liga clash.

LIVE Southampton v Chelsea
1pm Sky Sports Premier League, 2pm Sky Sports Main Event (kick-off 2pm)
Coverage of the top-flight clash from St. Mary's Stadium.

LIVE Lille v Nimes
1.45pm BT Sport/ESPN
Ligue 1 at the Stade Pierre-Mauroy.

LIVE AS Roma v Cagliari
1.55pm Premier Sports 2
Serie A coverage.

LIVE Wolfsburg v Union Berlin
2.30pm BT Sport 2
Bundesliga action at the Volkswagen Arena. Highlights: Wed 8pm BT Sport 3.

LIVE Valladolid v Atletico Madrid
2.55pm Premier Sports 1 (kick-off 3pm)
La Liga from Estadio Jose Zorrilla.

LIVE Newcastle United v Manchester United
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
The top-flight clash from St. James' Park. Highlights: 11.30pm Sky Sports Premier League.

LIVE Reims v Rennes
4pm BT Sport/ESPN
Ligue 1 action from Roazhon Park.

LIVE Eintracht Frankfurt v Werder Bremen
4.45pm BT Sport 2
Bundesliga clash at the Commerzbank-Arena.

LIVE Torino v Napoli
4.55pm Premier Sports 2
Serie A coverage.

LIVE Real Sociedad v Getafe
5.25pm Premier Sports 1
La Liga coverage.

LIVE Inter Milan v Juventus
7.40pm Premier Sports 2
Serie A coverage.

LIVE Saint-Etienne v Lyon
7.45pm BT Sport 2
Ligue 1 action from Stade Geoffroy-Guichard.

LIVE Barcelona v Sevilla
7.55pm Premier Sports 1 (kick-off 8pm)
Coverage of the La Liga clash from Nou Camp.

LIVE MLS
9.15pm Sky Sports Football
Coverage from North America.

Manchester City v Wolverhampton Wanderers
10pm Sky Sports Premier League

Match of the Day 2
10.30pm BBC1

Arsenal v Bournemouth
10.30pm Sky Sports Premier League

Southampton v Chelsea
11pm Sky Sports Premier League

Monday 7

SPFL Highlights
6.30pm BT Sport 1

LIVE Bolton Wanderers v Blackpool
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
League One match from University of Bolton Stadium.

LIVE Osnabruck v Arminia Bielefeld
7.30pm BT Sport 3
Bundesliga clash at Stadion an der Bremer Brucke.

Tuesday 8

LIVE Portugal v England
7pm BBC4 (kick-off 7pm)
The women's friendly at Estadio do Bonfim in Setubal.

Wednesday 9

LIVE Stockport County v Hartlepool United
7.30pm BT Sport 1
Vanarama National League at Edgeley Park. Highlights: Thu 5pm BT Sport 3.

LIVE Germany v Argentina
7.40pm Sky Sports Football (kick-off 7.45pm)
Coverage of the friendly match from Westfalenstadion.

Thursday 10

LIVE Kazakhstan v Cyprus
2.55pm Sky Sports Football (kick-off 3pm)
Euro 2020 qualifier Group I match. See page 26.

LIVE Kosovo v Gibraltar
4.55pm Sky Sports Premier League
Coverage of the friendly match from Victoria Stadium.

LIVE Belarus v Estonia
4.55pm Sky Sports Football (kick-off 5pm)
Euro 2020 qualifier Group C match.

LIVE Netherlands v Northern Ireland
7pm Sky Sports Main Event (kick-off 7.45pm)
Euro 2020 qualifier Group C match.

LIVE Slovakia v Wales
7pm Sky Sports Premier League, 7.25pm S4C (kick-off 7.45pm)
Euro 2020 qualifier Group E match. Rerun: Fri 11.15pm S4C.

LIVE Russia v Scotland
7pm Sky Sports Football (kick-off 7.45pm)
Euro 2020 qualifier Group I match.

Euro 2020 Qualifiers Highlights
11pm-12m't Sky Sports Football

Friday 11

LIVE Adelaide United v Sydney FC
9.30am BT Sport 1
Hyundai A-League action at Coopers Stadium.

LIVE Czech Republic v England
7pm ITV (kick-off 7.45pm)
Euro 2020 qualifier Group A clash at Sinobo Stadium in Prague. Highlights: 10.45pm ITV, 11pm Sky Sports Football.

LIVE Portugal v Luxembourg
7.40pm Sky Sports Premier League (kick-off 7.45pm)
Euro 2020 qualifier Group B match from Estadio Jose Alvalade.

LIVE Iceland v France
7.40pm Sky Sports Football (kick-off 7.45pm)
Euro 2020 qualifier Group H clash.

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AD CODE TVSW129

you garden

Saturday

5 October

Evening Planner

Rugby union

Rugby World Cup
ITV HD, kick-off 9am
In Tokyo, England play Argentina, whom they have beaten the past nine times, in both teams' penultimate Pool C game

Athletics

World Athletics Championships
BBC1 HD, BBC2 HD & BBC Red Button, from 2.45pm
Day nine features the 4x100m relay finals

Entertainment

Strictly Come Dancing
BBC1 HD, 7.10pm
One couple have gone, leaving 14 pro-celebrity duos hoping to shine in the destination-TV Hollywood special

Entertainment

Britain's Got Talent: The Champions – Final
ITV HD, 8.30pm
Ant and Dec announce the winner to decide the around-the-world champion

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1		7.10 Strictly Come Dancing			9.20 Casualty		10.10 News	10.30 Match of the...
102 BBC2		7.10 Athletics: World Championships – Live: Day nine from Doha, Qatar		8.50 I Love 1981	9.20 Film: La La Land			
103 ITV	◂ 6.30 Celebrity...	7.30 The Chase Celebrity Special		8.30 Britain's Got Talent: The Champions – Final				10.30 The Jonathan...
104 CHANNEL 4	7.00 Britain's Most Historic Towns		8.00 Hunt for the Arctic Ghost Ship		9.00 Film: Deepwater Horizon			
105 CHANNEL 5	◂ 6.10 The Nile with Bettany Hughes		8.00 The Great Model Railway Challenge		9.20 Prince Andrew & Scandal in the House of York			10.40 World's...
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Rob & Romesh vs Fashion		10.00 Film: Se7en	
Entertainment								
116 BBC4	7.00 Cheetahs: Growing Up Fast – Natural...		8.00 Wild China		9.00 Film: The King's Choice			
118 ITV2	◂ 6.15 Film: Captain America: Civil War				9.00 Film: American Pie: The Wedding			
136 MORE4	◂ 6.55 Four in a Bed		8.00 999: On the Frontline		9.00 24 Hours in A&E			
135 E4	7.00 The Big Bang Theory				9.00 Film: Die Hard 4.0			
107 SKY WITNESS	7.00 Ghost Whisperer				9.00 Criminal Minds			
108 SKY ATLANTIC	7.00 Without a Trace				9.00 My Dinner with Herve			
110 GOLD		7.10 Only Fools and Horses						10.35 Michael...
111 DAVE	7.00 Not Going Out Christmas Special		8.00 Not Going Out				10.00 Film: Superbad	
119 ITV3	7.00 Midsomer Murders				9.00 Endeavour			
120 ITV4	7.00 Rugby World Cup 2019 Highlights		8.00 Merry Christmas...	8.35 Mr Bean	9.05 Benidorm		10.10 Film: Lethal Weapon 4	
112 COMEDY CENTRAL	7.00 Film: Bring It On				9.00 Film: Coming to America			
114 SYFY	7.00 Film: The Legend of Zorro						10.00 Film: Serenity	
109 W	7.00 Outnumbered				9.00 Gavin & Stacey			
113 UNIVERSAL	7.00 NCIS		8.00 Law & Order: Special Victims Unit					
124 FOX	7.00 NCIS: New Orleans		8.00 NCIS		9.00 Lucifer		10.00 Family Guy	
122 SKY ARTS	◂ 6.00 Nat King Cole: Afraid of the Dark		8.00 The Barry White Story: Let the Music...		9.00 Marvin Gaye: What's Going On			10.15 Life and Death of Sam Cooke
Documentary								
125 DISCOVERY	7.00 Ed Stafford: Into the Unknown		8.00 Ed Stafford: Man Woman Child Wild		9.00 Deadliest Catch		10.00 Mighty Ships	
162 ANIMAL PLANET	7.00 The Zoo: San Diego		8.00 Shark Vortex		9.00 I Was Prey		10.00 Monsters Inside Me	
129 NAT GEO	7.00 Reach for the...	7.30 The Peace Visit	8.00 History of the Emirates					
130 HISTORY	7.00 Mountain Men		8.00 Unidentified		9.00 The God Code			
155 YESTERDAY	7.00 Big in America: British Hits in the USA		8.00 Tom Jones At The BBC		9.00 World War Weird			
166 EDEN	7.00 Mountain: Life at the Extreme				9.00 Jungle Planet			
Films								
301 SKY PREMIERE	◂ 6.25 The Stolen Princess		8.00 Widows					10.15 Hotel Mumbai
309 SKY HITS		7.10 Rampage			9.00 The Predator			
311 SKY GREATS	◂ 6.00 Shanghai Knights		8.00 The World's End				10.00 Speed	
305 SKY DISNEY	◂ 6.00 Ralph Breaks the Internet		8.00 Mary Poppins					10.25 The Lone Ranger
306 SKY FAMILY	◂ 6.15 Peter Rabbit		8.00 Johnny English Strikes Again			9.35 Alpha		
307 SKY ACTION	◂ 5.45 Jumanji: Welcome to the Jungle		8.00 Fantastic Beasts: The Crimes of Grindelwald					10.30 Gladiator
308 SKY COMEDY	◂ 6.10 Meet the Parents		8.00 Meet the Fockers				10.00 Bridget Jones: The Edge of Reason	
303 SKY HEISTS		7.05 Ocean's Eight			9.00 Inside Man			
310 SKY DRAMA		7.15 Ray					10.00 Django Unchained	
304 SKY SKY-FI	◂ 5.45 Star Wars: Episode V – The Empire...		8.00 Star Wars: Episode VI – Return of the Jedi					10.30 Star Wars...
302 SKY SUPERHEROES	◂ 5.40 Black Panther		8.00 Avengers: Infinity War					10.30 Ant-Man and...
313 FILM4	◂ 6.50 The Maze Runner				9.00 Before I Go to Sleep			
315 TCM	◂ 6.50 Monte Walsh				9.00 Pale Rider			
Sport								
401 MAIN EVENT		7.30 Championship Rugby League – Live: Toronto Wolfpack v Toulouse Olympique or Featherstone Rovers					10.00 PGA Tour Golf – Live	
402 PREMIER LEAGUE	◂ 5.00 Premier League – Live: West Ham United v Crystal Palace			8.30 Renault Game of the Day				10.30 Match Choice
403 FOOTBALL	7.00 EFL Highlights	7.30 EFL Greatest...	8.00 Goal Zone		9.00 EFL Rivalries: East Anglian Derby		10.00 EFL Highlights	10.30 SPFL Greatest...
404 CRICKET	7.00 Caribbean Premier League Highlights		8.00 Captain's Log		9.00 Caribbean Premier League Highlights		10.00 Ashes Memories	
413 BT SPORT 1	◂ 5.00 Vanarama...	7.30 Vanarama...	8.00 PL World	8.30 No Filter Boxing	9.00 CFL – Live: Montreal Alouettes v Calgary Stampeders (Kick-off 9.00)			
414 BT SPORT 2	◂ 5.45 FIM Speedway Grand Prix – Live: The final round of the FIM Speedway Grand Prix season				9.15 MLB	9.30 MLB – Live: Action from MLB Postseason		

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With singer Mika. (S)
11.30 **Mary Berry's Quick Cooking** Mary visits Heathrow. (S)(R)(AD)
12.00 NOON **BBC News** (S)
12.05 PM **Football Focus** (S)
12.35 LIVE **Women's International Football** England v Brazil: The friendly match from the Riverside Stadium. Kick-off 12.45. (S)
2.45 LIVE **Athletics: World Championships** Coverage of day nine from Khalifa International Stadium in Doha, Qatar. (S)
4.30 **Final Score** Results round-up. (S)
5.25 **BBC News** (S)
5.35 **Local News** (S)
5.45 LIVE **Athletics: World Championships** Further coverage of the penultimate day. (S)

9.20 Casualty

6 PM LIVE **Athletics: World Championships** (started at 5.45pm)
■ Coverage continues on BBC2

7 PM **7.10** **Strictly Come Dancing** New edition Tess Daly and Claudia Winkleman present the third live episode of this year's series, as the 14 remaining celebrities take to the dance floor. This week, it's all about Hollywood, as the contestants and their partners hope to impress with a blockbuster performances. (S)
■ *Strictly Come Dancing: The Results* is tomorrow at 7.15pm

8 PM

9 PM **9.20** **Casualty** Mason struggles to ask for help in a difficult week, and Ethan cancels his assessment with him when Effie turns up wanting his advice. (S)(AD)

10 PM **10.10** **BBC News** (S) Followed by **Lottery Update** (S)
10.30 **Match of the Day** Highlights of the latest Premier League matches. (S)
■ *Match of the Day 2* can be seen tomorrow at 10.30pm
11.50 **The NFL Show** Mark Chapman is joined by Osi Umenyiora and Jason Bell to present highlights of Seattle Seahawks v Los Angeles Rams. Plus, a look at the major stories shaping the NFL world. (S)
12.20 AM FILM **Old School** Comedy starring Luke Wilson, Will Ferrell and Vince Vaughn. (S)(AD) (2002, 15, 85min) ★★
1.45 **Weather for the Week Ahead** (S)
1.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.55 AM **Ali-A's Superchargers** (S)(R)
7.15 **Top Class** (S)(R)
7.45 **Mustangs FC** (S)(R)
8.10 **Blue Peter** (S)(R)
8.40 FILM **Bee Movie** Animated comedy. (S) (2007, U, 80min) ★★
10.00 **Robot Wars** (S)(R)
11.00 **The Wonder of Animals** (S)(R)
11.30 **Best House in Town** (S)(R)
12.00 NOON **My Life on a Plate** (S)(R)
12.45 PM FILM **Fast Girls** Sports drama. (S) (2012, 12, 85min) ★★★
2.10 **The TV That Made Me** (S)(R)
2.40 **Flog It!** From Sandon Hall. (S)(R)
3.40 **The Best of British Takeaways** Chinese takeaways. (S)(R)
4.40 **James May's Cars of the People** The history of 4x4 vehicles. (S)(R)
5.40 **What Britain Buys and Sells in a Day** 1/3. The world of the nation's imports and exports. (S)(R)(AD)

9.20 La La Land

6.40 **Dad's Army** *A Soldier's Farewell:* Mainwaring dreams he is Napoleon. (S)(R)
7.10 LIVE **Athletics: World Championships** Gabby Logan presents the concluding coverage of the ninth and penultimate day of the biennial event, held at Khalifa International Stadium in Doha, Qatar. With analysis from Michael Johnson. (S)
8.50 **I Love 1981** Singer Adam Ant presents a retrospective look at the pop culture of the year. (S)(R)
9.20 FILM **La La Land** BAFTA-winning musical starring Emma Stone and Ryan Gosling. An actress and a struggling jazz musician fall in love and attempt to realise their respective dreams in Los Angeles. With John Legend. (S)(AD) (2016, 12, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.20 FILM **This Beautiful Fantastic** Fantasy drama starring Jessica Brown Findlay. A young woman who dreams of being a children's author forges an unlikely friendship with a rich old widower. (S) (2016, PG, 85min) ★★★
12.45 AM FILM **Papadopoulos & Sons** Comedy drama starring Stephen Dillane and Georgia Groome. (S) (AD) (2012, 15, 105min) ★★★
2.30 **to 6.15** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

8.10 AM LIVE **Rugby World Cup 2019** England v Argentina: Coverage of the Pool C encounter at Tokyo Stadium. Kick-off is at 9.00. (S)
11.15 LIVE **Rugby World Cup 2019** Japan v Samoa The Pool A clash from the City of Toyota Stadium in Japan. Kick-off is at 11.30. (S)
2.00 PM **ITV News** (S)
2.15 FILM **Free Willy** Family adventure starring Jason James Richter as a troubled 12-year-old boy who tries to free a whale from a marine park. With Lori Petty and Michael Madsen. (S)(AD) (1993, U, 130min) ★★★★
4.25 **Tipping Point: Best Ever Finals** Compilation of some of the show's most dramatic endgames. (S)(R)
5.00 **You've Been Framed!** An indoor golfer wrecks his home. (S)(R)

7.30 The Chase Celebrity Special

6.00 **ITV News** (S)
6.15 **Local News** (S)
6.30 **Celebrity Catchphrase** Stephen Mulhern hosts a special edition of the game show in which Adrian Edmondson, Jason Manford and Jenny Powell guess the familiar phrases hidden in animated clues. (S)(R)(AD)
7.30 **The Chase Celebrity Special** New edition Adam Garcia, Carol Decker, Holly Walsh and Rylan Clark-Neal work as a team to take on quiz genius The Chaser and secure a cash prize for charity. (S)
8.30 **Britain's Got Talent: The Champions – Final** Series finale 6/6. After weeks of champions from around the world taking to the stage, Ant and Dec introduce the final in which the overall winner is eventually revealed. (S)
■ Repeated tomorrow on ITV2
10.30 **The Jonathan Ross Show** New edition The host is joined in the studio by guests Danny Dyer, McFly, Jofra Archer and Awkwafina. Plus, Dermot Kennedy performs live. (S)
11.35 **ITV News** (S)
11.50 **Rugby World Cup 2019 Highlights** Including England v Argentina. (S)
12.55 AM **You've Been Framed!** (S)(R)
1.25 **Ideal World**
3.00 **Sugar Free Farm** (S)(SL)(R)
3.55 **ITV Nightscreen**
5.15 **to 8.00** AM LIVE **Rugby World Cup 2019** New Zealand v Namibia: The Pool B clash from Tokyo Stadium. Kick-off is at 5.45. (S)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.00 AM **Cheers** 18&19/22. (S1) (S)(R)
7.00 **The Big Bang Theory** (S)(R)(AD)
8.10 **Frasier** Triple bill. (S1) (S)(R)(AD)
9.40 **The King of Queens** (S8) (S)(R)
10.30 **The Simpsons** (S)(R)(AD)
12.00 NOON **Couples Come Dine with Me** Three couples from Crewe compete for £1,000. (S)(R)
1.00 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.30 **The Secret Life of the Zoo** Black rhino Kitani is due to give birth at Chester Zoo. (S)(R)(AD)
4.30 **A Place in the Sun: Winter Sun** A single mother and her daughter search for a holiday home on Spain's Costa del Sol. (S)(R)
5.35 **Escape to the Chateau: DIY** Dick Strawbridge and Angel Adoree host a special wedding for their close friends. (S)(R)

9.00 Deepwater Horizon

6.30 **News** (S)
7.00 **Britain's Most Historic Towns** 1/6. Alice Roberts explores the World War Two history of Dover, visiting the base where the Dunkirk evacuation was planned. (S)(R)(AD)
8.00 **Hunt for the Arctic Ghost Ship** Following the multimillion-dollar 2014 expedition that discovered the Victorian ship *HMS Erebus*, intact and upright on the Arctic seafloor. (R)(AD)
9.00 FILM **Deepwater Horizon** Fact-based drama starring Mark Wahlberg and Kurt Russell. An oil rig in the Gulf of Mexico is beset by technical difficulties – but executives from the company behind the project ignore the signs and demand work proceeds as normal. The situation rapidly gets out of control, leading to the worst environmental disaster in US history. (S)(AD) (2016, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.05 FILM **Lucy** Sci-fi thriller starring Scarlett Johansson. A courier seeks revenge on the gangsters who kidnapped her. (S)(AD) (2014, 15, 95min) ★★★
12.40 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.30 **Hollyoaks** (S)(SL)(AD)
3.35 **Come Dine with Me** (S)(R)
4.30 **Car SOS** An Austin Healey. (S)(R)
5.20 **to 6.15** AM **Lost and Found** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.50 **SpongeBob SquarePants** New episode SpongeBob has a showdown with a robot. (S)
10.05 **Rise of the Teenage Mutant Ninja Turtles** (S)(R)
10.15 **Access** Showbiz news. (S)
10.20 NEW **Gemini Man** A preview of Ang Lee's sci-fi thriller. (S)
10.45 **Friends** Triple bill. (S4) (S)(R)
12.10 PM **Friends** 11/24. (S4) (S)(R)
12.40 **Friends** Triple bill. (S4) (S)(R)
2.10 **Bargain-Loving Brits in the Sun** Claire hosts a party for all of her friends. (S)(R)
3.05 The life of cabaret performer Mark (S)(R)
4.05 Drag artist Mark faces a potential disaster. (S)(R)
5.05 Single mum Vicky launches her own bar. (S)(R)

LAST ONE

6.10 The Nile with Bettany Hughes

6.05 **News** (S)

6.10 **The Nile with Bettany Hughes** Series finale 2/2. Bettany visits the West Bank of the River Nile opposite Luxor where, for 500 years, the Ancient Egyptians buried their pharaohs in the Valley of the Kings. She then heads south on the Nile's oldest steam ship *SS Sudan*, which inspired Agatha Christie to write *Death on the Nile*. (S)

8.00 **The Great Model Railway Challenge** New edition 5/8. The fifth heat sees three more teams of the UK's most talented railway modellers compete for a semi-final place. (S)

9.20 NEW **Prince Andrew & Scandal in the House of York** Controversies that have engulfed the House of York, and the historical exploits of the second sons of the reigning British monarch. (S)

10.40 **World's Most Luxurious Hotels** 3/6. A look behind the scenes at the Kempinski Adlon in Berlin. (S)(R)
11.40 **Greatest Ever TV Blunders** (R)
12.40 AM **FIA World Rally Championship Highlights** (S)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **Murder on the Internet** (S)(R)
4.00 **The Chem-Sex Cannibal: Murder on the Internet** (S)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Nick's Quest** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
8.00 **Modern Family** (S1) (S)(R)
10.30 **Soccer AM** Football magazine.
12.00 NOON **Hawaii Five-0** 7/24. McGarrett tries to resolve a hostage crisis. (S)(R)
1.00 PM 10/24. Danny calls in a favour from his ex-wife. (S)(R)
2.00 13/24. McGarrett's sister is abducted, and he finds clues to his mother's murder. (S1) (S)(R)
3.00 **Gillette Soccer Saturday** Jeff Stelling and guests preside over the day's football, including previews of the top games.
5.00 **The Simpsons** *Bart the Lover:* Mrs Krabappel tires of her lonely life and searches for love in the personal ads. (S)(R)
5.30 *Homer at the Bat:* Homer joins the softball team. (S)(R)

10.00 Se7en

6.00 **The Simpsons** *Separate Vocations:* Lisa falls in with a bad crowd. (S)(R)
6.30 *Dog of Death:* Santa's Little Helper falls ill and the vet's bills put a strain on the household budget. (S)(R)

7.00 **The Simpsons** *Colonel Homer:* A beautiful country singer makes a pass at Homer. (S)(R)
7.30 *Black Widower:* Featuring the voice of Kelsey Grammer. (S)(R)

8.00 **A League of Their Own** David Walliams hosts, with Romesh Ranganathan, Andrew Flintoff and Jamie Redknapp joined by guests Jimmy Carr, Max Whitlock and Helen Skelton. (R)

9.00 **Rob & Romesh vs Fashion** 3/6. Rob Beckett and Romesh Ranganathan examine the world of fashion and meet David Gandy, before trying to get a job on the catwalk. (S)(R)(AD)

10.00 FILM **Se7en** Dark thriller starring Brad Pitt and Morgan Freeman. A veteran homicide detective and his young partner pursue a serial killer who is selecting his victims according to the Seven Deadly Sins. (1995, 18, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.30 AM **Joker: Special**
1.00 **Frayed** 2/6. (S1) (S)(R)
2.00 **Temple** 4/8. Things become complicated between Daniel and Anna. (S1) (S)(R)(AD)
3.00 **Britannia** (S)(R)(AD)
4.00 **to 6.00** AM **Motorway Patrol** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
4.30-5.25pm Sportscene Results (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
5.00-5.25pm Final Score from Northern Ireland (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.30am-12.00noon Down the Social with Owen Money (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
5.40pm Gardeners' World (S) **6.40-7.10pm** Parents' Evening (S)(R)

WALES
Sky **971**, Freesat **971**
10.00am The Wonder of Animals (S)(R)(AD) **10.30** Conference 2019 – Plaid Cymru (S) **12.30-12.45pm** A to Z of TV Gardening (S)(R) **2.40-4.40pm** Conference 2019 – Plaid Cymru (S)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Cath-Od **8.10** Dreigiau: Gwarchodwyr Berc **8.30** Seligo **8.35** Pigo dy Drwyn **9.05** Angelo am Byth **9.10** Larfa **9.15** FM **9.40** Cic **10.00** Bugeiliaid Olaf Ewrop **11.00** Hwylio'r Byd (AD) **11.30** Yn y Gwaed **12.30pm** Ffermio **1.00** Ward Plant **1.30** Garddio a Mwy **2.00** LIVE Ralio: Rali Cymru GB **3.10** Prosiect Pum Mil (AD) **4.05** Huw Edwards a'r Cymry Estron: Stori Cymry Llundain **5.00** LIVE Clwb Rygbi **7.15** Newyddion a Chwaraeon **7.30** Rhannu New edition **8.00** Aur Y Noson Lawen New edition **8.55** Chwedloni: Cwpan Rygbi'r Byd New edition **9.00** Ralio: Rali Cymru GB **9.30** Glas y Dorlan **10.00** Teulu'r Mans **10.30** Jonathan: Cwpan Rygbi'r Byd 2019 **11.30pm-12.05am** Hansh

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Cheetahs: Growing Up Fast – Natural World** Two years in the lives of a cheetah mother and her babies to reveal what it takes to turn cubs into predators.
8.00 **Wild China** 1/6. A look at the relationship between humans and animals in southern China, including how water buffalo are used in agriculture.
9.00 FILM **The King's Choice** Historical drama starring Jesper Christensen and Karl Markovics. With the German army advancing on Norway, King Haakon VII faces a decision that will change his country forever. Subtitled. (2016, 12, 133min) ★★★★
11.10 **Detectorists** Triple bill. (S2)
12.35 AM **Top of the Pops: 1988** Featuring Kim Wilde and Everything but the Girl. **1.10** With Shakin' Stevens.
1.40 **Cheetahs: Growing Up Fast – Natural World**
2.40 **to 3.40** AM **Eugenics: Science's Greatest Scandal**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Handmade Treasures** Flower arranging.
9.25 **A Place in the Sun: Winter Sun** Triple bill.
12.30 PM **Location, Location, Location** Northern Ireland.
1.35 **The World's Most Beautiful Railway**
2.40 **Come Dine with Me**
5.25 **Four in a Bed** From Llwyn Onn Guest House in Betws-y-Coed, North Wales.

5.55 **Four in a Bed** From The Parkwood hotel in Stockton-on-Tees. **6.25** From The Pug & Greyhound in Leicestershire. **6.55** The Solar Strand hotel in Crosskeys, Wales. **7.25** The B&B owners meet for the last time.
8.00 **999: On the Frontline** A man who has collapsed by the roadside is suspected of having taken drugs.
9.00 **24 Hours in A&E** A 45-year-old woman undergoes an emergency procedure after collapsing with a heart attack. **10.00** A rail worker is airlifted in after being hit by a high-speed train.
11.10 **Father Ted** 4/10. Dougal is led astray by Father Damien. **11.40** 5/10. Dougal and Ted write a song. (S2)
12.15 AM **8 Out of 10 Cats Does Countdown**
1.20 **24 Hours in A&E**
3.30 **to 3.55** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Totally Bonkers Guinness World Records**
6.10 **Emmerdale**
9.00 **Coronation Street**
11.55 **Ninja Warrior UK**
12.50 PM **Celebrity Catchphrase** With Richard Osman.
1.55 **You've Been Framed! Gold: Top 100 Talent**
2.50 FILM **Beethoven** Comedy starring Charles Grodin. (1992, U, 87min) ★★★
4.35 FILM **Yogi Bear** Comedy. (2010, U, 80min) ★★★

6.15 FILM **Captain America: Civil War** Superhero adventure starring Chris Evans and Robert Downey Jr. The Avengers are divided over a system of government control for their actions, leading to war between them. (2016, 12, 147min) ★★★★
9.00 FILM **American Pie: The Wedding** Teen comedy sequel starring Jason Biggs and Alyson Hannigan. The old high-school friends rally round when two of the gang decide to get married, but much goes wrong before the big day. With Seann William Scott. (2003, 15, 96min) ★
11.05 **Family Guy** 7/30. Brian appears on a TV show. (S4) **11.30** 20/22. (S3)
12.05 AM **American Dad!** (S9)
12.55 **Don't Hate the Playaz**
1.40 **to 2.45** AM **Release the Hounds**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Couples Come Dine with Me** Double bill.
7.55 **Made in Chelsea**
8.55 **Spencer, Vogue and Baby Too** Reality show.
9.55 **Don't Tell the Bride** New edition A Narnia theme.
10.55 **The Goldbergs**
12.55 PM FILM **Hotel for Dogs** Comedy with Emma Roberts. (2009, U, 95min) ★★★
3.00 **Brooklyn Nine-Nine**
4.00 **Great British Bake Off**
5.15 **Extreme Cake Makers**

5.35 **The Big Bang Theory** Seven episodes, including at: **7.00** 13/24. Tension mounts when the pals attend a science conference. **7.30** 14/24. Sheldon receives acting lessons. **8.00** 15/24. A wealthy benefactor makes Leonard an indecent proposal. **8.30** 16/24. Howard is torn between Bernadette and his mother. (S4)
9.00 FILM **Die Hard 4.0** Action thriller starring Bruce Willis. New York cop John McClane strives to foil ruthless cyberterrorists. (2007, 15, 128min) ★★★
11.35 **Gogglebox** Opinions on recent television shows.
12.40 AM **First Dates**
2.50 **Gogglebox**
3.45 **Don't Tell the Bride**
4.40 **to 6.00** AM **The Good Place**

+1 hour 235 | 146 | 28 | 123

Saturday primetime

Saturday primetime

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 112 111

6.00 AM **The Real A&E**
9.00 **Children's Hospital** Four editions, including at: **10.30** A three-year-old awaits the removal of a tracheostomy tube.
11.00 **Paramedics** Triple bill of the documentary, including at: **1.00** PM Dealing with sick and injured children.
2.00 PM **Nothing to Declare** Ten editions of the documentary series following the work of customs and immigration officers in Australia.

7.00 Ghost Whisperer

7 PM

7.00 **Ghost Whisperer** *Pilot:* 1/22. Melinda is contacted by the spirit of a soldier who does not realise he is dead.

8 PM

8.00 **Ghost Whisperer** *The Crossing:* 2/22. Melinda helps a boy who was killed by a train, and Jim's mother pays a visit. (S1)

9 PM

9.00 **Criminal Minds** *The Inspiration:* 1/24. Two women are murdered and made to look like they are praying.

10 PM

10.00 **Criminal Minds** *The Inspired:* 2/24. The agents hold a delusional man in custody for multiple murders. (S9)
11.00 **Criminal Minds** 3/24. (S9)
12.00 M'T **CSI** *Death and the Maiden:* 6/23. Three people claim responsibility for the murder of a rapist. (S10)
1.00 AM **Ghost Whisperer** (S1)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Urban Secrets**
7.00 **The Guest Wing**
9.00 **David Attenborough's Wild City** Triple bill.
1.00 PM **CSI** 8&9/23. (S1)
3.00 **Without a Trace** *Res Ipsa:* 3/18. A reporter disappears. **4.00** *Baggage:* 4/18. The girlfriend of a man shot by police disappears. **5.00** *Run:* 5/18. A woman vanishes after a shooting. (S6)
6.00 **CSI** *Who and What:* 6/17. Grissom and the team work with the FBI. (S8)

9.00 My Dinner with Herve

7.00 **Without a Trace** *Where and Why:* 6/18. Gil Grissom joins the squad to help with the hunt for a serial killer. (S6)

8.00 **Without a Trace** *Absalom:* 7/18. A student goes missing after making racist comments in a class discussion. (S6)

9.00 **My Dinner with Herve** Drama following the unlikely friendship that develops during a night in Los Angeles between a journalist and French actor Herve Villechaize. Stars Peter Dinklage and Jamie Dornan.

11.00 **Last Week Tonight with John Oliver** Talk show.
11.35 **Ray Donovan** 9&10/12. (S3)
2.00 **Mike Judge Presents: Tales from the Tour Bus**
3.10 **CSI** *Blood Drops:* 7/23. Guest stars Dakota Fanning. (S1)
4.00 **to 6.00** AM **The British**

+1 hour 208

GOLD

110 110 810 124 310 392

7.25 AM **The Piglet Files**
7.50 **A Sharp Intake of Breath**
8.20 **We Have Been Watching**
9.25 **The Vicar of Dibley**
10.15 **Only Fools and Horses**
12.30 PM **Only Fools and Horses** Five episodes, including at: **2.40** The Trotters journey to Holland to dabble in the diamond import business. **4.40** Del and Rodney's finances hit an all-time low. **6.00** Rodney plunges to the depths of despair as his marriage deteriorates.

10.35 Michael McIntyre's...

7.10 **Only Fools and Horses** An audition gives Raquel the chance of a lifetime – and an excuse to get out of Nelson Mandela House. **8.15** Del Boy becomes a showbiz entrepreneur after discovering a sensational Tom Jones-style singer at a local club. **9.25** Del is invited to a school reunion at the Nag's Head organised by old adversary Roy Slater.

10.35 **Michael McIntyre's Comedy Roadshow** With Tommy Tiernan, Andrew Lawrence, Keith Farnan and Zoe Lyons.
11.35 **Two Pints of Lager and a Packet of Crisps**
1.30 AM **Morgana Robinson's The Agency** Double bill.
2.35 **Michael McIntyre's Comedy Roadshow** As 10.35pm.
3.25 **to 4.00** AM **Two Pints of Lager and a Packet of Crisps**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **On the Buses**
6.25 **The Royal** 1&2/12. (S5)
8.25 **Inspector Morse**
10.50 **Midsomer Murders** *Death in Disguise:* A man is found dead at a new age commune. **12.50** PM *Death's Shadow:* A terminally ill property developer is murdered. **2.55** *Strangler's Wood:* A woman is strangled at the site of three similar killings.
4.55 PM **Foyle's War** *Enemy Fire:* The detective's son becomes a murder suspect.

9.00 Endeavour

7.00 **Midsomer Murders** *Fit for Murder:* John Nettles' final case as DCI Tom Barnaby sees him investigate murders at a country house while trying to unwind on a spa weekend with his wife. Guest stars Ronni Ancona and Geraldine James.

9.00 **Endeavour** *Passenger:* Morse suspects a connection between a woman's disappearance and the unsolved murder of a teenager several years previously, while Thursday takes on a lorry hijack which he believes is connected to a gangster.

11.00 **A Touch of Frost** *No Other Love:* A pawnbroker is shot dead in an armed robbery. Guest stars Diane Keen.
1.10 **to 2.05** AM **The Syndicate** 1/5. Drama about a group of lottery winners, starring Timothy Spall. (S1)

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Football's Greatest**
6.10 **The Protectors**
6.40 **The Motorbike Show**
7.30 **The Big Fish Off**
8.25 **Monster Carp**
9.30 **ITV Racing: Opening Show**
10.30 **British Touring Car Championship Highlights**
12.00 NOON **The Car Years**
12.55 PM **River Monsters**
1.30 LIVE **ITV Racing** From Ascot.
4.00 **Made in Britain**
5.00 **Junk and Disorderly**
6.00 **The Car Chasers**

9.05 Benidorm

7.00 **Rugby World Cup 2019 Highlights** Action from the latest matches in Japan, including England v Argentina.

8.00 **Merry Christmas Mr Bean** The hapless hero plans a Christmas holiday. **8.35** Mr Bean gives his hotel room a makeover.

9.05 **Benidorm** 5/9. Monty is concerned about Sammy's career relaunch, and Kenneth's romantic troubles continue. (S10)

10.10 FILM **Lethal Weapon 4** Action thriller sequel starring Mel Gibson. (1998, 15, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Minder** Arthur persuades Terry to mind a shop while the owner is laid up in hospital after being the unfortunate victim of a hit-and-run, and he soon discovers not everyone is fond of the retailer.
1.45 **to 2.45** AM **The Sweeney**

+1 hour 220 175 154

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Sky Two

170 160 11 144

7.00 AM **The Chase USA**
10.00 **Babylon 5** (S2)
3.00 PM **Stargate SG-1** (S7)
7.00 **Stargate SG-1** *Revisions:* 5/22. The team help residents of a biodome. (S7)
8.00 **Road Wars** An insight into vehicle crime and how it can be prevented.
9.00 **Temple** 4/8. Things get complicated between Daniel and Anna. (S1)
10.00 **Frayed** 2/6. Sammy gets a job with an old school mate. (S1)
11.00 **S.W.A.T** *Fallen:* 15/23. The team confront tensions in the community. (S2)
12.00 M'T **A League of Their Own** With Jimmy Carr.
1.00 AM **The Reluctant Landlord** 5/6. (S2)
1.30 **The Blacklist** (S6)
2.30 **Manifest** 10/16. (S1)
3.30 **Monkey Business**
4.00 **to 6.00** AM **Animal House**

Pick

152 165 11 144

6.00 AM **Nothing to Declare**
9.00 **60 Minute Makeover**
1.00 PM **60 Minute Makeover** Triple bill.
4.00 **The Chase Celebrity Special** Double bill.
6.00 **Police Force: Australia**
7.00 **Caught Red Handed** A woman suspects her elderly aunt is being fleeced by a thief. **7.40** A shop assistant fights back against an armed robber. **8.20** A man's beloved garden bench is stolen.
9.00 **Brit Cops: War on Crime** Following police officers in Lincolnshire.
10.00 **The Force: Manchester** Officers are called to a fight in a pub car park.
11.00 **Banged Up Abroad**
12.00 M'T **Road Wars**
1.00 AM **Brit Cops: War on Crime** Triple bill.
4.00 **to 6.00** AM **Caught Red Handed**

+1 hour 252 92 145

Dave

112 112 812 132 181 307 370

7.10 AM **Ronnie's Redneck Road Trip** Double bill.
8.00 **Top Gear**
9.00 **American Pickers**
12.00 NOON **Hurricane Man**
1.00 PM **Cops UK: Bodycam Squad** Documentary.
2.00 **Cop Car Workshop**
3.00 **Last Stop Garage** New edition A sport bike.
4.00 **Top Gear**
6.00 **Red Bull Soapbox Race**
7.00 **Not Going Out Christmas Special**
8.00 **Not Going Out** Lee tries to prove his masculinity. **8.40** Lee gets invited to a christening party. **9.20** Lucy decides she wants to have a baby.
10.00 FILM **Superbad** Teen comedy. (2007, 15, 108min) ★★★★
12.30 AM **Dave Gorman: Modern Life Is Goodish**
1.35 **Dara O Briain's Go 8 Bit**
3.30 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Friends**
10.55 **Impractical Jokers**
11.20 **Impractical Jokers: Inside Jokes**
11.50 FILM **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
1.30 PM **Lip Sync Battle**
2.00 **Friends** Nine episodes.
7.00 FILM **Bring It On** Teen comedy starring Kirsten Dunst. (2000, 12, 99min) ★★★★
9.00 FILM **Coming to America** Romantic comedy starring Eddie Murphy. (1988, 15, 116min) ★★
11.00 **Kevin Hart Live: Seriously Funny**
12.00 M'T FILM **The Heartbreak Kid** Comedy. (2007, 15, 115min) ★
2.00 AM **South Park**
3.25 **Lip Sync Battle**
4.10 **to 5.00** AM **Impractical Jokers**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Real Housewives of New Jersey** Double bill.
8.50 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Cake Wars**
12.55 PM **Absolutely Ascot**
1.55 **The Only Way Is Essex**
2.55 **Real Housewives of Cheshire** Reality show.
3.55 **Sam and Billie: The Mummy Diaries**
5.00 **Dinner Date**
9.00 **Botched** Terry Dubrow tackles a backside that has been supersized by spina bifida.
10.00 **Ibiza Weekender** David worries he will not have a team left with two reps departing the resort. **11.00** David comes up with a training programme for his team.
12.00 M'T **Real Housewives of New York City**
12.55 **to 1.55** AM **Love Island USA** New edition

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 212 | 312 | 382

7.10 AM **Murdoch Mysteries**
8.00 **Inspector George Gently**
12.00 NOON **Death in Paradise**
1.00 PM **New Tricks** Triple bill.
4.00 **Father Brown** *The Three Tools of Death:* The priest tries to solve a puzzling murder. **5.00** *The Prize of Colonel Gerard:* A recently returned PoW is accused of murder. **6.00** *The Grim Reaper:* A death on a local farm is blamed on a Kembleford doctor through a series of poison pen letters.

11.20 New Tricks

7.00 **Father Brown** *The Laws of Motion:* A day out at a local hill climb track ends with one of the drivers being killed.

8.00 **Death in Paradise** *Meditated in Murder:* 6/8. The leader of a retreat is found strangled en route to the contemplation garden. (S7)

9.20 **The Coroner** 1/10. Jane and Davey investigate a skydiving accident and discover that someone had tampered with the victim's parachute. **10.20** 2/10. Building work at a cottage unearths a child's remains. (S2)

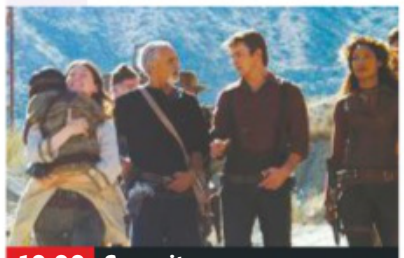
11.20 **New Tricks** *The One That Got Away:* The discovery of a photograph featuring a missing woman leads to the hunt for a serial killer.
12.30 AM **New Tricks** Double bill.
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 | 375

6.00 AM **Star Trek: Voyager** (S7)
8.00 **Teleshopping**
11.00 **FILM The Librarian: Quest for the Spear** Fantasy adventure starring Noah Wyle. (2004, PG, 90min) ★★★
1.00 PM **FILM Megalodon** Thriller starring Michael Madsen. (2018, 15, 105min) ★
3.00 **FILM Global Meltdown** Thriller starring MJ Almasi. (2017, PG, 105min) ★★
5.00 **FILM Alien Convergence** Thriller with Stephen Brown. (2017, PG, 120min) ★★


10.00 Serenity

7.00 **FILM The Legend of Zorro** Swashbuckling adventure sequel starring Antonio Banderas and Catherine Zeta-Jones. In 1850 California, masked hero Zorro and his estranged wife must resolve their differences to protect their young son and save the state from a ruthless conspiracy. With Rufus Sewell and Nick Chinlund. (2005, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **FILM Serenity** Sci-fi adventure spin-off with Nathan Fillion. (2005, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **FILM Assassination Games** Action thriller. (2010, 18, 95min) ★★
2.30 **Star Trek: The Next Generation** 15/26. (S6)
3.30 **Future Man** 9/13. (S1)
4.00 **to 6.00** AM **FILM Battle of Los Angeles** Thriller. (2011) ★

+1 hour 214 229

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **The Bill** A social club magician turns to crime. **7.00** Nate rescues a suicidal woman from the river. **8.00** Beth plans to kiss Nate at her leaving party. **9.00** The driver of a hijacked lorry admits transporting illegal immigrants. **10.00** Leon's integrity is called in to question.
11.00 **Tipping Point** Double bill.
1.00 PM **Tipping Point** Six further editions of the game show hosted by Ben Shephard.

7.00 Outnumbered

7.00 **Outnumbered** Sue competes with the perfect mother next door. **7.40** The Brockmans have a restless night when a thunderstorm breaks over the house. **8.20** Gran takes the family out for a day of sightseeing in London.

9.00 **Gavin & Stacey** The newlyweds argue while on a night out. **9.40** Hapless uncle Bryn tries to organise a special treat for Gwen's birthday. **10.20** The newlyweds begin separate lives back in their home towns.

11.00 **Stacey Dooley Sleeps Over**
12.00 M'T **One Born Every Minute**
1.00 AM **Who Do You Think You Are?** With Sheridan Smith.
1.50 **Criminal Minds: Beyond Borders** 5/13. (S2)
2.35 **to 3.00** AM **Bin There, Dump That**

+1 hour 209 190

Universal

113 113 813 | 122 121 | 320 | 385

8.00 AM **Law & Order** Five episodes of the drama. (S10)
1.00 PM **NCIS** Six episodes of the drama, including at: **3.00** 1/24. Harper Dearing is hunted following the attack on the NCIS headquarters. **4.00** 2/24. An NCIS employee is found murdered. **5.00** 3/24. While on medical leave, Ducky reopens a 12-year-old case. **6.00** 4/24. Three dehydrated survivors from a helicopter crash are discovered. (S10)

9.00 Law & Order: SVU

7.00 **NCIS** *The Namesake:* 5/24. The team suspect a case of mistaken identity when a petty officer is gunned down. (S10)

8.00 **Law & Order: Special Victims Unit** *Shadow:* 12/24. A wealthy couple are found dead. Guest stars Naveen Andrews.

9.00 **Law & Order: Special Victims Unit** *Unstable:* 1/24. A rape victim refuses to talk. Guest stars Wentworth Miller.

10.00 **Law & Order: Special Victims Unit** *Sugar:* 2/24. An ex-financier is quizzed about the murder of his girlfriend. (S11)

11.00 **Law & Order: Special Victims Unit** 3/24. A woman suddenly disappears. (S11)
12.00 M'T **Law & Order: Special Victims Unit**
1.00 AM **Law & Order: Special Victims Unit**
3.00 **to 5.00** AM **Private Eyes**

+1 hour 213 206

FOX

124 124 821 | 157 199

8.00 AM **The Closer** 6/15. (S4)
9.00 **Bones** 14/21. (S2)
10.00 **NCIS** 11/24. (S13)
11.00 **The Mentalist** 8/23. (S2)
12.00 NOON **NCIS** 12/24. (S13)
1.00 PM **Bones** 15/21. (S2)
2.00 **NCIS** 13/24. (S13)
3.00 **The Mentalist** 9/23. (S2)
4.00 **Bones** 16/21. (S2)
5.00 **NCIS** 14/24. A deep-sea diver is murdered on the job. (S13)
6.00 **The Mentalist** 10/23. A baseball academy trainer is murdered. (S2)

6.00 The Mentalist

7.00 **NCIS: New Orleans** *Survivor:* 16/24. Hannah is placed in protective custody when a terrorist targets her. (S5)

8.00 **NCIS** *Loose Cannons:* 16/24. Gibbs's surgeon Dr Cyril Taft helps the team investigate a raid on a naval base. (S13)

9.00 **Lucifer** *Once Upon a Time:* 26/26. God creates an alternate dimension, and Lucifer is granted the freedom of choice. (S3)

10.00 **Family Guy** 20/22. Peter, Quagmire and Joe are reunited with Cleveland. **10.30** 14/22. Lois agrees to be a surrogate. (S8)

11.00 **American Dad!** Double bill of the comedy. (S15&4)
12.00 M'T **Family Guy** (S4)
12.30 AM **Family Guy** (S11)
1.00 **American Dad!** (S4)
1.30 **Family Guy** Triple bill.
3.30 **American Dad!** (S10)
4.00 **to 5.00** AM **The Closer**

+1 hour 224 158

Saturday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Touched by an Angel** Triple bill.
9.00 **Hart to Hart**
1.00 PM **Hart to Hart**
4.00 **Charlie's Angels**
5.00 **TJ Hooker**
6.00 **Starsky and Hutch**
7.00 **Rumpole of the Bailey** *Rumpole and the Bubble Reputation:* 1/6. The stuffy barrister takes on a libel suit. **8.00** *Rumpole and the Barrow Boy:* 2/6. Rumpole defends a dealer charged with insider trading. (S5)
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **Charlie's Angels**
2.00 **Hart to Hart**
3.00 **M*A*S*H** 1/24. (S2)
3.30 **Rumpole of the Bailey**
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Spielberg and Williams: The Adventure Continues**
6.30 **Tales of the Unexpected**
9.00 **Discovering** Triple bill.
12.00 NOON **War and Peace**
2.00 PM **Art 50: Britain on Film** British identity.
3.00 **Art 50: The Voice of Britain** British identity.
4.45 **The Man Who Shot New York** Photographer Harold Feinstein.
6.00 **Nat King Cole: Afraid of the Dark** The journals of the music legend.
8.00 **The Barry White Story: Let the Music Play**
9.00 **Marvin Gaye: What's Going On** A profile.
10.15 **Life and Death of Sam Cooke** The situation surrounding the violent death of the singer.
12.15 AM **Living On Soul**
2.10 **Bob Marley: The Making of a Legend**
4.00 **to 6.00** AM **War and Peace**

4seven

137 143 203 47 110 127

9.00 AM **Find It, Fix It, Flog It** Four editions.
1.00 PM **Find It, Fix It, Flog It** Creating a garden seat.
2.00 **Undercover Boss USA**
4.00 **Ramsay's Kitchen Nightmares USA**
7.00 **Ramsay's Kitchen Nightmares USA** Gordon visits a Greek restaurant in New York. **8.00** A visit to an Italian restaurant in Colorado.
9.00 **Gogglebox**
10.00 **First Dates Hotel** Actor and singer Duncan James goes on a date.
11.05 **8 Out of 10 Cats Does Countdown** Alan Carr and Josh Widdicombe take on Joe Wilkinson and Sara Pascoe.
12.10 AM **Snackmasters**
1.15 **The Great British Bake Off: An Extra Slice**
2.20 **Extreme Cake Makers**
2.50 **Egypt's Lost Pyramid**
3.55 **to 4.55** AM **Location, Location, Location**

5USA

141/169 153 21 129

9.00 AM **Access**
9.10 **CSI: NY** (S5)
10.50 **Murder, She Wrote**
4.10 PM **NCIS** (S12)
6.00 **NCIS** *So It Goes:* 3/24. Ducky works on a case involving an old friend. **7.00** *Choke Hold:* 4/24. The NCIS team probe the death of a Moscow-born scientist. **8.00** *The San Dominick:* 5/24. Gibbs finds himself on a ship that has been commandeered by pirates. (S12)
9.00 **Law & Order: Special Victims Unit** *Locum:* 1/24. A girl is believed to have been abducted from her home. **10.00** *Bullseye:* 2/24. The rape of a 10-year-old is investigated. (S12)
10.55 **Law & Order: Special Victims Unit** (S12)
2.50 AM **CSI: NY** 24/25. (S5)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Access**
8.05 **Two and a Half Men**
10.05 **FILM Daddy Day Care** Family comedy. (2003, PG, 92min) ★★★
12.00 NOON **FILM The Count of Monte Cristo** Adventure. (2001, PG, 131min) ★★★★
2.45 PM **FILM Ella Enchanted** Fantasy. (2004, PG, 96min) ★★
4.35 **FILM PREMIERE A Cinderella Story: Once Upon a Song** Comedy. (2001, U, 84min) ★★
6.30 **FILM Jupiter Ascending** Sci-fi adventure. (2015, 12, 122min) ★★
9.00 **FILM Kick-Ass 2** Comic-book thriller sequel starring Aaron Johnson. (2013, 15, 103min) ★★
11.05 **FILM Drive Angry** Action thriller. (2011, 18, 104min) ★★★
1.10 **to 4.00** AM **The Magicians**

+1 hour 228 186 56

Drama

143 130 20 158

7.30 AM **Hetty Wainthropp Investigates** Triple bill.
11.00 **Sharpe** *Sharpe's Enemy.*
1.00 PM **Pie in the Sky**
3.00 **Where the Heart Is**
5.00 **Father Brown** *The Penitent Man.*
6.00 **The Murdoch Mysteries Films: Under the Dragon's Tail** An illegal abortionist is murdered.
8.00 **Murdoch Mysteries** *21 Murdoch Street:* 7/18. Crabtree and Brackenreid go undercover at a prestigious school. (S11)
9.00 **Taggart** *Silent Truth:* Burke investigates when an Iranian refugee is burnt to death. **10.00** *Fallen Angels:* Three children and their father are found dead.
11.00 **Ashes to Ashes**
12.00 M'T **A Place to Call Home** Double bill.
2.00 **to 4.00** AM **Boon**

+1 hour 243 226

SATURDAY Entertainment & Lifestyle

Saturday

AMC

332 381

Programmes start at 12noon.

12.00 NOON **FILM Delivery Man** Comedy drama starring Vince Vaughn. (2013, 12, 102min) ★★★
2.00 PM **The Terror** (S1)
6.50 **FILM The Box** Sci-fi mystery with Cameron Diaz, James Marsden and Frank Langella. (2009, 12, 110min) ★★★
9.00 **FILM Only Lovers Left Alive** Fantasy drama with Tilda Swinton and Tom Hiddleston. A vampire couple face the possible downfall of civilisation as they search for a supply of uncontaminated blood. (2013, 15, 120min) ★★★★
11.20 **Zoom In** *A Quiet Place.*
11.30 **Preacher** *Holes*: 8/13. Tulip makes friends with a new neighbour. (S2)
12.25 AM **Preacher** 9/13. (S2)
1.20 **to 5.30** AM **Preacher**

CBS Drama

147 197 71 134

7.30 AM **Tomorrow's World**
8.00 **Teleshopping**
9.00 **Walker, Texas Ranger**
1.00 PM **Walker, Texas Ranger** 9/26. (S5)
2.00 **Donal MacIntyre: Unsolved** Double bill.
4.00 **Judge Judy**
7.00 **Judge Judy** Real-life small-claims cases.
9.00 **Urban Legends** Double bill of the series featuring three unlikely tales – only one of which is true.
10.00 **Medium** *Smoke Damage:* 8/13. Allison dreams of a teenage girl trapped in a burning building.
11.00 *The People in Your Neighbourhood:* 9/13. A convicted sex offender moves into the neighbourhood. (S7)
12.00 M'T **Medium** *Blood on the Tracks:* 10/13. (S7)
1.00 AM **Medium** (S7)
3.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **The Key of David**
9.00 **Diagnosis Murder**
1.00 PM **Diagnosis Murder**
2.00 **NCIS** (S8&9)
7.00 **Evidence of Evil** Detectives trace the killer of a popular 60-year-old woman.
8.00 **Evidence of Evil** A killer who stalked and gained his victim's trust, then enticed her to her death.
9.00 **Scorpion** *Cliffhanger:* 21/22. Walter learns Cabe's secret about the Baghdad mission.
10.00 *Postcards from the Edge:* 22/22. Walter's life hangs in the balance. (S1)
11.00 *Satellite of Love:* 1/25. (S2)
12.00 M'T **Scorpion** (S2)
1.00 AM **Scorpion** (S2)
2.00 **Ultimate Force** (S3)
3.05 **Bonanza** (S14)
4.00 **The High Chaparral**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 **Something's Killing Me**
7.00 **Medical Detectives** Double bill of editions.
8.00 **48 Hours: Mystery** New clues about the death of Hollywood star Natalie Wood.
9.00 **Evidence of Evil** The Pittsburgh Police Force and the FBI raced against time to locate a missing girl.
10.00 **Evidence of Evil** Digital forensics and police work stop a killer in his tracks.
11.00 **Evidence of Evil**
12.00 M'T **Evidence of Evil**
1.00 AM **Evidence of Evil**
3.00 **Crime and Punishment**
3.50 **Hoarders**
4.40 **Dog and Beth: On the Hunt**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **Dale's Supermarket Sweep** Six editions.
10.00 **Catchphrase**
12.00 NOON **Bruce's Price Is Right**
1.00 PM **Bruce's Price Is Right** Triple bill.
2.30 **Family Fortunes**
5.00 **Who Dares Wins**
7.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
10.00 **Celebrity Who Wants to Be a Millionaire?** With Neil Morrissey, Arabella Weir, Julie Peasgood, Kate McEnery and Jim Davidson.
11.00 **Who Wants to Be a Millionaire? Celebrity Christmas Special – Part One** With Simon Cowell, Neil Fox and Jim Davidson.
12.00 M'T **Bullseye**
12.30 AM **Bullseye**
3.00 **to 6.00** AM **The Chase**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Most Ridiculous**
7.00 **Teleshopping**
9.00 **Most Ridiculous – Families**
9.30 **Most Ridiculous – US of A**
10.00 **Takeshi's Castle**
11.00 **Impractical Jokers**
11.25 **Impractical Jokers: Theme Park Special**
12.20 PM **Impractical Jokers**
2.35 **Impractical Jokers: Punishment Countdown**
3.05 **Bob's Burgers** (S7)
5.00 **Gemini Man Special**
5.30 **Fresh Prince of Bel Air**
7.00 **Bob's Burgers** (S7)
8.00 **Friends** (S3&4)
12.00 M'T **Friends** (S4)
12.30 AM **Friends** (S4)
1.00 **Russell Howard & Mum: Globetrotters**
2.00 **The Ricky Gervais Show**
3.05 **to 6.00** AM **Russell Howard & Mum: USA Road Trip**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
11.00 **News: Daily Pop**
12.00 NOON **Keeping Up with the Kardashians**
2.00 PM **Botched**
4.00 **Dating: No Filter**
6.00 **Flip It Like Disick**
7.00 **News** Showbiz news.
8.00 **Keeping Up with the Kardashians** Khloe must figure out how to co-exist with her ex.
9.00 **FILM Did You Hear About the Morgans?** Romantic comedy with Hugh Grant and Sarah Jessica Parker. (2009, PG, 99min) ★★★
11.10 **Flip It Like Disick**
12.05 AM **Very Cavallari**
1.00 **Very Cavallari**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

+1 hour 223 149

Food Network

140 291 41 148

6.00 AM **Diners, Drive-Ins and Dives** Double bill.
8.00 **The Pioneer Woman**
11.00 **Barefoot Contessa – Back to Basics**
1.00 PM **The Great British Bake Off** Triple bill.
4.00 **Jamie's 30 Minute Meals** Four editions.
6.00 **My Greatest Dishes**
7.00 **Hairy Bikers' Mississippi Adventure** The duo explore the jazz heritage of New Orleans.
8.00 **Tom Kerridge's American Feast** Tom travels to Colorado.
8.30 Tom travels to California's Central Valley, where he bakes a walnut and orange cake.
9.00 **Man v Food** Six editions of the culinary challenge.
12.00 M'T **Mystery Diners**
12.30 AM **Mystery Diners**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 298 280

Lifetime

164 208 329 384

7.00 AM **Judge Judy**
12.00 NOON **Marrying Millions** Brianna and Bill have some big news.
1.00 PM **Dance Moms**
3.00 **The Real Housewives of Beverly Hills**
7.00 **Flipping San Diego** A head-to-head flipping challenge.
8.00 **Little Women: LA** Terra works with the Dwarf Athletic Association to sponsor a bocce tournament.
9.00 **FILM Sinister Minister** Thriller starring Nikki Howard and Ryan Patrick Shanahan. (2017, 12, 89min) ★★
10.45 **My Crazy Sex** How a couple's attempt to relaunch their sex life landed them in hospital.
11.45 **The Toe Bro** Helping a fashionista with a high-heel obsession.
12.45 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 **Smallville**
12.00 NOON **House** (S7)
3.45 **House** (S8)
4.45 **FILM The Deep End of the Ocean** Melodrama. (1999, 12, 108min) ★★
6.55 **FILM Mermaids** Comedy set in early-1960s New England. (1990, 15, 110min) ★★★
9.00 **FILM Cloverfield** Offbeat disaster movie. A young New Yorker films events as he and his friends react to a catastrophe in the city. Stars Lizzy Caplan. (2007, 15, 81min) ★★★
10.35 **The Strain** *BK, NY:* 1/13. Setrakian heads to Bolivar's theatre to learn the Master's whereabouts. (S2)
11.55 **Suits** Double bill. (S1)
1.45 AM **Neighbours**
4.00 **Home and Away**
5.50 **to 6.00** AM **Access**

Quest

144 144 172 217 12 114 167

6.00 AM **Robson Green: Extreme Fisherman**
7.00 **Fifth Gear**
8.00 **Wheeler Dealers**
1.00 PM **Wheeler Dealers**
2.00 **American Pickers**
3.00 **Scrap Kings**
4.00 **Mighty Ships**
5.00 **Goblin Works Garage**
6.00 **Wheeler Dealers**
7.00 **Salvage Hunters**
9.00 **EFL on Quest** The latest action from the English Football League.
11.00 **Nasa's Unexplained Files** Mysterious objects caught on camera.
12.00 M'T **The Unexplained Files** The disappearance of pilot Fred Valentich.
1.00 AM **Chasing Classic Cars** Double bill.
2.00 **Fantomworks**
3.00 **Destroyed in Seconds**
4.00 **Fifth Gear**
5.00 **to 6.00** AM **Overhaulin' Chronicles Vol. 2**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Bondi Vet: Coast to Coast**
9.00 **My 600lb Life: Where Are They Now?**
11.00 **My 600lb Life**
1.00 PM **Say Yes to the Dress** Ten editions.
6.00 **Long Island Medium**
8.00 **The Bad Skin Clinic**
9.00 **Evil Lives Here** The murder of the mother of US soap star Thom Bierdz.
10.00 **People Magazine Investigates: Cults**
11.00 **The Murder Tapes**
12.00 M'T **Forensic Detectives**
1.00 AM **Copycat Killers**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Detroit**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Escape to the Country** In Leicestershire.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Four editions.
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **Cops UK: Bodycam Squad** Double bill.
4.00 **Helicopter ER**
7.00 **Helicopter ER** The airborne medics help a woman trapped in the wreckage of her car.
8.00 **Cops UK: Bodycam Squad** A driver refuses to stop.
9.00 **Helicopter ER**
10.00 **Nightwatch: Emergency After Dark**
11.00 **Cops UK: Bodycam Squad**
12.00 M'T **Nurses Who Kill**
1.00 AM **Child Killer: Murder in Michigan**
2.00 **Teleshopping**
4.00 **Born to Kill?**
4.50 **to 6.00** AM **Ghost Adventures**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Patrol**
11.00 **Stop, Search, Seize**
1.00 PM **Stop, Search, Seize**
3.00 **Brit Cops: Frontline Crime UK**
4.00 **Brit Cops: Rapid Response** Double bill.
6.00 **Snapped** Double bill.
8.00 **Murders That Shocked the Nation** Josef Fritzl.
9.00 **Britain's Most Evil Killers** Vincent Tabak.
10.00 **Mommy Dead and Dearest: The Story of Dee Dee** A true crime documentary exploring the murder of Dee Dee Blanchard.
11.30 **In Defense Of**
12.20 AM **Inside Evil**
1.10 **The Mark of a Killer**
2.00 **How I Caught the Killer**
3.00 **Inside Evil**
4.00 **Motorbike Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

7.00 AM **Body of Evidence**
12.00 NOON **True Crime with Aphrodite Jones**
1.00 PM **True Crime with Aphrodite Jones**
4.00 **Bizarre Murders**
7.00 **Bizarre Murders** Four editions, including at:
8.30 A lawyer is killed by his partner.
9.00 **Fear Thy Neighbour** Two old school friends become feuding neighbours.
10.00 An idyllic Florida community is torn apart by an escalating neighbourhood feud.
11.00 A man accuses his neighbour's son of vandalising his home.
12.00 M'T **Fear Thy Neighbour**
1.00 AM **Fear Thy Neighbour**
2.00 **to 4.00** AM **Fatal Attraction**

+1 hour 279

5SELECT

159 152 55 133

9.00 AM **Access**
9.15 **Criminals: Caught on Camera**
9.35 **B&B SOS**
1.35 PM **B&B SOS**
2.35 **Ben Fogle: New Lives in the Wild**
5.35 **Brunel: The Man Who Built Britain** Two-part documentary exploring the work of Victorian engineer Isambard Kingdom Brunel.
7.35 **Britain's Favourite Royal** An affectionate look at the monarchy.
9.00 **When Magic Goes Wrong** Illusions that went spectacularly badly.
12.00 M'T **Spartacus: War of the Damned** Spartacus's men reach a critical juncture.
1.15 AM Crassus identifies a rival.
2.30 The warrior slave prepares for his final battle. (S4)
3.45 **to 4.00** AM **Access**

5Spike

150 154 31 141

9.00 AM **Access**
9.10 **Criminals: Caught on Camera**
9.40 **Can't Pay? We'll Take It Away!**
1.45 PM **FILM The Man with the Gun** Western. (1955, b/w, PG, 88min) ★★★
3.30 **FILM The Alamo** Western. (1960, PG, 161min) ★★★
6.50 **FILM Jason and the Argonauts** Mythological adventure. (1963, U, 99min) ★★★★
9.00 **FILM Under Siege 2** Action sequel. (1995, 18, 99min) ★★★
11.05 **FILM Rocky Balboa** Drama sequel. (2006, 12, 102min) ★★★
1.10 AM **Cannibals & Killers: Inside Russia's Toughest Prisons**
2.15 **Criminals: Caught on Camera**
2.45 **to 3.00** AM **Access**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress: Atlanta**
10.00 **Say Yes to the Dress: UK** Six editions.
1.00 PM **Curvy Brides Boutique** Four editions.
3.00 **Cake Boss**
8.00 **Say Yes to the Dress** Chelsea's princess dress goes missing.
9.00 **Dr Pimple Popper** Patrick's nose is covered by huge bumps and he can barely breathe.
10.00 **Olivia & Alex: Happily Ever After?** Cameras follow celebrity couple Alex Bowen and Olivia Buckland.
11.00 **Dan's 80lb Testicle**
12.00 M'T **Dr Pimple Popper**
1.00 AM **Olivia & Alex: Happily Ever After?**
2.00 **Dan's 80lb Testicle**
3.00 **Say Yes... Atlanta**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **World's Biggest Shipbuilders** Six editions.
12.00 NOON **Deadliest Catch**
1.00 PM **Deadliest Catch** Five editions, including at: **3.00** The Colburns face a disastrous situation when smoke fills the *Wizard*. **4.00** A rookie mistake leaves Captain Bill a deckhand short. **5.00** As shown at 9.00pm.
6.00 **Naked and Afraid XL** Twelve survivalists try to survive 40 days trapped between deadly ocean and dense jungle.

7.00 Ed Stafford: Into the...

7.00 **Ed Stafford: Into the Unknown** Ed reflects on his personal highs and lows from his journey into the unknown.
8.00 **Ed Stafford: Man Woman Child Wild** Ed takes his wife and their two-year-old son on an epic adventure.
9.00 **Deadliest Catch** Winds put the *Wizard* on a collision course, and Jake taps a Hillstrand to save the *Saga*.
10.00 **Mighty Ships** Examining the Northern Eagle, a fish processing plant that raises questions about the future of commercial fishing.
11.00 **World War II in Colour** The war in the Pacific in 1943.
12.00 M'T **Outback Truckers**
1.00 AM **Outback Truckers**
2.00 **Fast N' Loud**
3.00 **Mighty Ships** As 10.00pm.
3.50 **Deadliest Catch** As 9.00pm.
4.40 **American Chopper**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Pit Bulls & Parolees**
12.00 NOON **Pit Bulls & Parolees**
1.00 PM **Pit Bulls & Parolees** Triple bill, including at: **3.00** Tia presents a look back at some of her favourite rescues and adoptions.
4.00 **Bondi Vet** Dr Chris Brown treats a shar-pei puppy, an alligator and a samoyed. **5.00** Dr Chris Brown lends a hand at a shelter for donkeys. **6.00** Dr Chris Brown helps out an old friend at a clinic in the state of Victoria.

9.00 I Was Prey

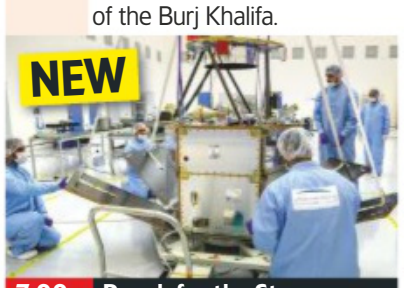
7.00 **The Zoo: San Diego** A new zebra joins the herd, and the keepers try Chinese medicine to treat an elephant's arthritis.
8.00 **Shark Vortex** A look at the arrival of 30 species of shark to the waters of southern New England every summer.
9.00 **I Was Prey** New edition A California man faces severe injuries after trying to escape an ecounter with a Brahma bull.
10.00 **Monsters Inside Me** A student's sore throat endangers his life, and a woman's bizarre symptoms stun experts.
11.00 **Pit Bulls & Parolees** A couple from Tia's past are interested in adopting four dogs.
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **Pit Bulls & Parolees**
4.40 **Escape to Chimp Eden** The infant chimps move to the old adult enclosure.
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Ultimate Airport Dubai**
12.00 NOON **Ultimate Airport Dubai**
1.00 PM **Ultimate Airport Dubai**
3.00 **Megastructures**
4.00 **Abu Dhabi, Between Tradition and 21st Century** The mix of old and new in the United Arab Emirates' capital.
5.00 **World's Fastest Rollercoaster** Examining how engineers built the fastest rollercoaster in the world.
6.00 **World's Tallest Skyscraper** A look at the construction of the Burj Khalifa.



7.00 Reach for the Stars

7.00 NEW SERIES **Reach for the Stars** The UAE Space Programme.
7.30 NEW **The Peace Visit** A historic visit to Abu Dhabi.
8.00 NEW SERIES **History of the Emirates** Jeremy Irons narrates a look at the UAE's past.
9.00 **History of the Emirates** New edition How the ancient inhabitants of the Gulf forged trading links around the world.
10.00 **History of the Emirates** Series finale A look at the last 500 years, examining the rise of the modern UAE.
11.00 **Megastructures**
12.00 M'T **Reach for the Stars** As shown at 7.00pm.
12.30 AM **The Peace Visit**
1.00 **Megastructures**
3.00 **Superstructures: Engineering Marvels**
4.00 **to 5.00** AM **World's Tallest Skyscraper**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Forged in Fire**
7.00 **American Pickers: Best Of**
8.00 **Hitler's Circle of Evil**
10.00 **The Universe: Ancient Mysteries Solved**
11.00 **Forged in Fire**
12.00 NOON **Captain Cook's Pacific with Sam Neill**
1.00 PM **The Plane That Led D-Day** Triple bill of editions.
4.00 **Storage Wars** Double bill.
5.00 **American Pickers** The team follow a lead on an VW Beetle.
6.00 **Mountain Men** Jake's team are left hanging on a cliff's edge.

6.00 Mountain Men

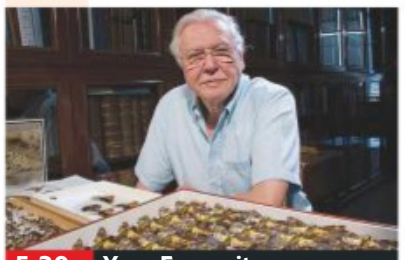
7.00 **Mountain Men** Marty fights to double down on a big payday, while Jason takes River on a mountain rite of passage.
8.00 **Unidentified** High-ranking military officials drop a bombshell when the team travels to an allied European country.
9.00 **The God Code** Documentary, referencing Timothy P Smith's book *God Code*, which asserts that ancient Hebrew texts are encrypted with a code that proves God authored the Bible.
11.00 **Conspiracy** The attack on Pearl Harbour in 1941.
12.00 M'T **Pawn Stars**
12.30 AM **Pawn Stars**
2.00 **Storage Wars**
4.00 **The Universe: Ancient Mysteries Solved** The use of planets to predict the future.
5.00 **to 6.00** AM **Conspiracy**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Forbidden History**
7.10 **WW2 Air Crash Detectives**
8.00 **Full Steam Ahead**
9.00 **Forbidden History**
12.00 NOON **Forbidden History**
1.00 PM **David Attenborough's Natural Curiosities** Nine editions of the series.
5.30 **Your Favourite Attenborough Moment** Countdown of viewers' 20 favourite clips of veteran naturalist David Attenborough in action, including comments from the broadcaster himself.



5.30 Your Favourite...

7.00 **Big in America: British Hits in the USA** British acts who made it big in America, including The Cure and Coldplay.
8.00 **Tom Jones at the BBC** Archive performances from the mid-1960s through to modern-day renditions of classic hits.
9.00 **World War Weird** How the UFO famously sighted at Roswell may have been an experimental aircraft developed by the Nazis.
10.00 **World War Weird** Exploring theories that Churchill knew about the attack on Pearl Harbor before it happened.
11.00 **Monster Ships** A look at the *Crown Princess*, which carries more than 3,000 passengers from Port Everglades to the Caribbean.
12.00 M'T **Underground Worlds**
1.00 AM **Forbidden History**
2.00 **to 3.00** AM **WW2 Air Crash Detectives**

+1 hour 255 200

Saturday

7 PM 8 PM 9 PM 10 PM

Disc. History

171 262

6.00 AM **Kings of Construction**
8.00 **Treasure Quest**
10.00 **Vulcans, Victors and Cuba**
11.00 **Cold War Armageddon**
1.00 PM **Cold War Armageddon**
3.00 **Kings of Construction**
5.00 **Treasure Quest**
7.00 **Mighty Ships**
8.00 **NASA's Unexplained Files** A planet shows evidence of having an Earth-like atmosphere.
9.00 **Ghost Asylum**
10.00 **Aliens: The Definitive Guide** How mankind should prepare for the possibility of extra-terrestrial visitors.
11.00 **Edge of War**
12.00 M'T **Edge of War**
1.00 AM **Cold War Armageddon**
5.00 **to 6.00** AM **Vulcans, Victors and Cuba**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
11.00 **David Attenborough's Natural Curiosities**
12.00 NOON **Mountain: Life at the Extreme**
3.00 PM **Jungle Planet**
5.00 **David Attenborough's Natural Curiosities**
6.00 **Mountain: Life at the Extreme**
7.00 **Mountain: Life at the Extreme** Life on the highest mountain range on Earth, the Himalayas. **8.00** Life on the longest mountain range in the world, the Andes.
9.00 **Jungle Planet** Four editions of the series.
11.00 **David Attenborough's Natural Curiosities**
12.00 M'T **Mountain: Life at the Extreme**
1.00 AM **Mountain: Life at the Extreme**
5.30 **to 6.00** AM **Jungle Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Africa's Hunters**
10.00 **Extreme Animal Babies** Triple bill.
1.00 PM **Extreme Animal Babies** Five editions.
6.00 **Born in Africa** How wild animals learn the skills they need to survive, beginning with a look at learning to recognise others of their species. **7.00** Young animals' first encounters with other species. **8.00** Young predators hone their hunting skills.
9.00 **Moody Beasts** The grumpiest residents of the animal kingdom.
10.00 **Moody Beasts** The drama of parenting in the animal kingdom. **11.00** Disgruntled behaviour among juvenile animals.
12.00 M'T **Africa's Hunters**
1.00 AM **Africa's Hunters**
2.00 **to 5.00** AM **Extreme Animal Babies**

History 2

163 273 330 390

8.00 AM **Ancient Aliens**
10.00 **Ancient Discoveries**
4.00 PM **Ancient Aliens**
7.00 **Ancient Aliens** Experts examine the belief that gifted children with strange abilities may have been born from ancient aliens.
8.00 **James Nesbitt: Disasters That Changed Britain** The actor examines the Piper Alpha oil platform explosion of July 1988.
9.00 **Black Sails** *XXVII*: 9/10. Captain Flint prepares for the final battle. **10.15** *XXVIII*: 10/10. Rackham and Bonny face impossible odds, and Silver demands answers from Flint. (S3)
11.30 **The Zodiac Killer: Case Closed?**
12.30 AM **History's Lost and Found**
1.00 **to 5.00** AM **Ancient Aliens**

PBS America

174 276 91 155

8.00 AM **World's Greatest: Islands** Five editions.
2.00 PM **World's Greatest: Islands** Series finale A look at coral reefs.
3.10 **Native America**
6.50 **Native America** The arrival of Europeans set on conquest.
8.00 **Nazi Hunters** The mission to track down former Latvian Air Force pilot Herbert Cukurs. **9.00** The efforts of the Israeli secret service to find Adolf Eichmann. **9.55** How housewife Beate Klarsfeld helped capture Gestapo officer Klaus Barbie. **10.50** How journalists found Waffen SS captain Erich Priebke.
11.45 **World's Greatest: Islands** The cultures and unique ways of life on archipelagos.
12.55 **to 2.00** AM **World's Greatest: Islands**

CI

156 156 835 209 328 380

6.00 AM **On the Case with Paula Zahn**
8.00 **Killer In Plain Sight**
10.00 **Motive to Murder**
11.00 **What The Killer Did Next** Kate Prout.
12.00 NOON **The First 48**
1.00 PM **Crimes That Shook Britain** Double bill.
3.00 **Nightmare in Suburbia**
4.00 **Homicide: Hours to Kill**
5.00 **Homicide Hunter**
6.00 **Murder for Hire**
7.00 **Murdertown**
8.00 **Snapped**
9.00 **Sex, Lies and Murder**
10.00 **50 Ways to Kill Your Lover**
11.00 **Cults and Extreme Belief**
12.00 M'T **Escaping Polygamy**
1.00 AM **Sex, Lies and Murder**
2.00 **Murder for Hire**
3.00 **Crimes That Shook Britain**
5.00 **to 6.00** AM **The First 48**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

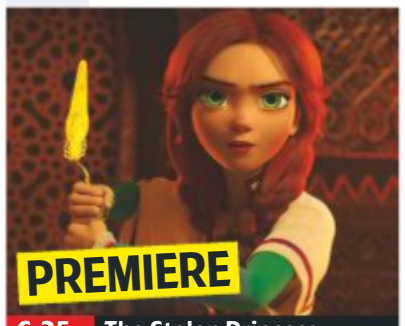
SATURDAY Films

Saturday

Sky Premiere

301 301 842 401 501

6.00 AM **A Dog's Way Home** (2019)
7.50 **Make or Break** (2018) ★
9.40 **PREMIERE The Stolen Princess** As shown at 6.25pm.
11.20 **Widows** As shown at 8pm.
1.40 PM **Joker: Special**
2.10 **Hotel Mumbai** As 10.15pm.
4.25 **A Dog's Way Home** (2019)
6.10 **Free Preview The Secret Life of Pets 2**
6.25 **PREMIERE The Stolen Princess** (2018, PG, 85min) ★★★ *See review, page19*



6.25 The Stolen Princess

8 PM

8.00 **Widows** Steve McQueen's thriller inspired by the Lynda La Plante series, starring Viola Davis, Liam Neeson and Elizabeth Debicki. Four Chicago women with a debt left by their dead husbands' criminal activities attempt to carry out a daring robbery. (2018, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.15 **Hotel Mumbai** Thriller with Dev Patel. In 2008, at the Taj Mahal Palace Hotel, four terrorists take the staff and residents hostage. (2018, 15, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

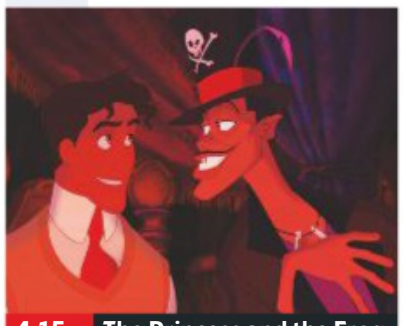
12.20 AM **Don't Go** Mystery. (2018, 15, 91min) ★★★
2.00 **Hot Summer Nights** Drama. (2016, 18, 107min) ★★
3.55 **The Night Sitter** Comedy horror. (2018, 15, 88min) ★★
5.30 **to 6.00** AM **Joker: Special**

+1 hour 312 402

Sky Disney

305 305 846 405 505

6.25 AM **The Princess and the Frog** As shown at 4.15pm.
8.10 **Mulan** Cartoon. (1998) ★★★
9.40 **Cinderella** Animated feature. (1950, U, 75min) ★★★★
11.00 **Ralph Breaks the Internet**
1.00 PM **The Emperor's New Groove** As shown at 12.55am.
2.25 **Coco** Cartoon. (2017) ★★★★
4.15 **The Princess and the Frog** Animation. (2009, U) ★★★★
6.00 **Ralph Breaks the Internet** Animation. (2018, PG) ★★★★


4.15 The Princess and the Frog

8.00 **Mary Poppins** Oscar-winning fantasy starring Julie Andrews and Dick Van Dyke. A magical nanny transforms the lives of a stuffy banker's two children when she descends from the skies to their home in Edwardian London. With David Tomlinson. (1964, U, 133min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **The Lone Ranger** Western adventure starring Johnny Depp and Armie Hammer. (2013, 12, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **The Emperor's New Groove** Animated comedy. (2000, U, 78min) ★★★
2.20 **The Black Cauldron** Animation. (1985, U) ★★★
3.50 **Robin Hood** Animation. (1973, U, 80min) ★★★
5.20 **to 6.40** AM **The Return of Jafar** Cartoon adventure. (1994, U, 66min) ★★

Sky Family

306 306 847 406 506

7.00 AM **Luis and the Aliens** (2018)
8.30 **Peter Pan: The Quest for the Never Book** Animated fantasy. (2018, PG, 90min) ★
10.05 **Peter Rabbit** As 6.15pm.
11.45 **Patrick** Comedy. (2018) ★★★
1.25 PM **Johnny English Strikes Again** As shown at 8.00pm.
3.00 **Smallfoot** (2018) ★★★
4.45 **Stuart Little** Adventure. (1999, U, 84min) ★★★★★
6.15 **Peter Rabbit** Family comedy. (2018, PG, 95min) ★★★

6.15 Peter Rabbit

8.00 **Johnny English Strikes Again** Spy comedy starring Rowan Atkinson. A cyber attack sees the hapless secret agent sent on an adventure in the South of France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Alpha** Adventure starring Kodi Smit-McPhee. A young prehistoric man attempts to survive in the wilderness after he is left for dead by his tribe. (2018, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Stuart Little** Fantasy featuring the voice of Michael J Fox. (1999, U, 84min) ★★★★★
12.50 AM **School Spirits** Comedy adventure starring Alysia Reiner. (2017, PG, 88min) ★★
2.30 **Big Fish & Begonia** Animation featuring the voice of Guanlin Ji. (2016, PG, 100min) ★★★
4.25 **to 6.10** AM **Cinderella** Animated adventure with the voice of Cassandra Lee Morris. (2018, PG, 90min) ★★

Sky Action

307 307 848 407 507

6.15 AM **Prince of Persia: The Sands of Time** As 3.45pm.
8.15 **Jumanji: Welcome to the Jungle** As shown at 5.45pm.
10.30 **Fantastic Beasts: The Crimes of Grindelwald** As 8.00pm.
1.00 PM **Gladiator** As 10.30pm.
3.45 **Prince of Persia: The Sands of Time** Fantasy adventure. (2010, 12, 116min) ★★★
5.45 **Jumanji: Welcome to the Jungle** Fantasy comedy. (2017, 12, 119min) ★★★

10.30 Gladiator

8.00 **Fantastic Beasts: The Crimes of Grindelwald** Harry Potter prequel starring Eddie Redmayne. In an attempt to scupper an evil sorcerer's plans of raising pure-blood wizards to rule over all beings, Albus Dumbledore enlists his former student Newt Scamander, who agrees to help. (2018, 12, 134min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Gladiator** Epic historical drama starring Russell Crowe. A betrayed Roman general becomes a gladiator. (2000, 15, 154min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.20 AM **Iron Sky: The Coming Race** Fantasy starring Lara Rossi. (2019, 15, 90min) ★
3.00 **Death Race: Beyond Anarchy** Thriller with Zach McGowan. (2017, 18, 111min) ★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Comedy

308 308 849 408 508

6.55 AM **Role Models** Comedy. (2008, 15, 96min) ★★★★
8.40 **Angus, Thongs and Perfect Snogging** Teen comedy. (2008, 12, 100min) ★★★★
10.25 **Shallow Hal** (2001) ★★★★
12.20 PM **Stuck on You** Comedy. (2003, 12, 118min) ★★★
2.20 **The Longest Yard** Comedy. (2005, 12, 113min) ★★
4.15 **Friends with Benefits** (2011)
6.10 **Meet the Parents** Comedy. (2000, 12, 108min) ★★★★

6.10 Meet the Parents

8.00 **Meet the Fockers** Comedy sequel starring Robert De Niro and Ben Stiller. A hapless nurse undergoes a weekend of embarrassment when he travels to Florida to introduce his prospective in-laws to his parents. (2004, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Bridget Jones: The Edge of Reason** Romantic comedy sequel. (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Tropic Thunder** Spoof war movie starring Ben Stiller and Robert Downey Jr. (2008, 15, 107min) ★★★★
1.40 AM **Eurotrip** Teen comedy starring Scott Mechlowicz. (2004, 15, 90min) ★
3.30 **This Is the End** Comedy starring James Franco. (2013, 15, 106min) ★★★
5.20 **to 7.00** AM **Clue** Comedy murder mystery starring Tim Curry. (1985, PG, 90min) ★

primetime

Sky Hits

309 309 850 403 503

7.15 AM **Monster Family** Animated comedy. (2017, PG, 96min) ★★
9.00 **Goodbye Christopher Robin** Biopic. (2017, PG) ★★★★
11.00 **Journey 2: The Mysterious Island** As shown at 4.55am.
12.45 PM **The Predator** As 9.00pm.
2.35 **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
4.55 **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★

7.10 **Rampage** Fantasy adventure starring Dwayne Johnson. When three animals become infected with a pathogen, a primatologist and a geneticist try to stop them from destroying Chicago. (2018, 12, 107min) ★★★
9.00 **The Predator** Sci-fi thriller starring Boyd Holbrook, Trevante Rhodes and Jacob Tremblay. A band of former soldiers and a scientist attempt to defeat a savage extra-terrestrial warrior. (2018, 15, 107min) ★★★

10.50 **Mission: Impossible – Fallout** Thriller. (2018, 12) ★★★★
1.20 AM **Zoolander** Comedy. (2001, 12, 89min) ★★★★
2.55 **The A-Team** Thriller. (2010) ★★
4.55 **to 6.35** AM **Journey 2: The Mysterious Island** Fantasy. (2012, PG, 94min) ★★★

Sky Greats

311 311 852 404 504

6.45 AM **The Constant Gardener** Thriller. (2005, 15) ★★★★
9.00 **Shanghai Knights** As 6.00pm.
11.00 **The World's End** As 8.00pm.
1.00 PM **101 Dalmatians** Live-action adventure starring Glenn Close. (1996, U, 102min) ★★★★
3.00 **The Great Escape** Adventure. (1963, PG, 166min) ★★★★★
6.00 **Shanghai Knights** Comedy. (2003, 12, 109min) ★★

8.00 **The World's End** Sci-fi action comedy starring Simon Pegg and Nick Frost. An epic pub crawl takes a very bizarre turn for five former friends. With Paddy Considine. (2013, 15, 109min) ★★★★
10.00 **Speed** Action thriller starring Keanu Reeves, Dennis Hopper and Sandra Bullock. An LA cop tries to save the passengers on a bus that's wired to explode if it slows under 50mph. (1994, 15, 105min) ★★★★★

12.00 M'T **Speed 2: Cruise Control** Action thriller sequel starring Sandra Bullock and Jason Patric. (1997, PG, 125min) ★★
2.15 AM **Hoffa** Biopic starring Jack Nicholson. (1992, 15) ★★
4.45 **to 7.45** AM **The Great Escape** As shown at 3.00pm.

TCM Movies

315 415 416 512 526

6.00 AM **For Whom the Bell Tolls** Adventure. (1943, PG) ★★★
9.20 **Inside the Walls of Folsom Prison** Drama. (1951, b/w) ★★
11.15 **So Little Time** (1952, b/w) ★★
1.00 PM **The Producers** Comedy. (1967, PG, 88min) ★★★★
3.00 **Tombstone... The Town Too Tough To Die** (1942) ★★
4.50 **The Lone Ranger** Western drama. (1956, U, 86min) ★★

6.50 **Monte Walsh** Nostalgic Western starring Lee Marvin as a veteran cowboy who discovers he's one of a dying breed now that the days of the Old West are over. With Jack Palance. (1970, PG, 95min) ★★★
9.00 **Pale Rider** Western starring Clint Eastwood, Michael Moriarty and Carrie Snodgress. A mysterious lone horseman protects a mining settlement against ruthless land-grabbers. (1985, 15, 115min) ★★★

11.30 **Exit Wounds** Thriller. (2001) ★
1.35 AM **The Pink Panther Strikes Again** Comedy. (1976, PG) ★★
3.35 **Hollywood's Best Film Directors** Four editions.
5.30 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Two on the Tiles** (1951) ★★
7.30 **Hawkeye & the Last of the Mohicans** 25/39. Drama. (S1)
8.00 **The Night Caller** (1965) ★★
9.40 **John Betjeman Goes by Train**
9.55 **Go to Blazes** (1961, U) ★★
11.40 **Rover Makes Good**
12.00 NOON **The Freewheelers**
12.35 PM **Left, Right and Centre**
2.30 **The Ringer** Drama. (1952) ★★
4.05 **Home at Seven** (1952) ★★★

5.50 **Danger Tomorrow** Crime drama starring Zena Walker. (1960, b/w, PG, 60min) ★★
7.10 **The Terror** Crime thriller starring Wilfrid Lawson. (1938, b/w, PG, 70min) ★★
8.45 **Law and Disorder** Comedy starring Michael Redgrave. A con-man poses as a clergyman, but problems arise when his son begins a legal career. (1958, b/w, U, 73min) ★★★
10.20 **The Lovers!** Comedy spin-off. (1972, PG, 90min) ★★

12.10 AM **Blood from the Mummy's Tomb** Hammer horror starring Andrew Keir. (1971, 15) ★★★
2.05 **Silkwood** Fact-based drama. (1983, 15, 131min) ★★★
4.45 **to 6.00** AM **A Gunman Has Escaped** Crime drama starring John Harvey. (1948) ★★

Horror

317 149 70 138

8.00 AM **Independence Daysaster** Sci-fi thriller starring Ryan Merriman. (2013, PG, 90min) ★
9.50 **Horror Highlights**
10.00 **Star Trek** Five episodes. (S2)
3.00 PM **The 7 Adventures of Sinbad** Fantasy adventure. (2010, PG, 90min) ★★
4.50 **Riddles of the Sphinx** Action adventure starring Dina Meyer. (2008, 12, 89min) ★★

6.40 **Fire Serpent** Sci-fi thriller with Nicholas Brendon. A fire officer and a scientist set out to save the day when an alien fire serpent goes on the rampage. (2007, 15, 89min) ★★
8.30 **Tales from the Darkside**
9.00 **Let Me In** Vampire thriller starring Kodi Smit-McPhee. In New Mexico in 1983, a bullied 12-year-old boy befriends the girl next door, unaware that she is a centuries-old vampire. (2010, 15, 116min) ★★★★

11.15 **Exists** Horror. (2013, 15) ★★
12.50 AM **Hostel: Part III** Horror sequel. (2011, 18, 84min) ★★
2.35 **When a Stranger Calls** Chiller remake. (2006, 15, 87min) ★
4.20 **to 4.30** AM **Horror Highlights**

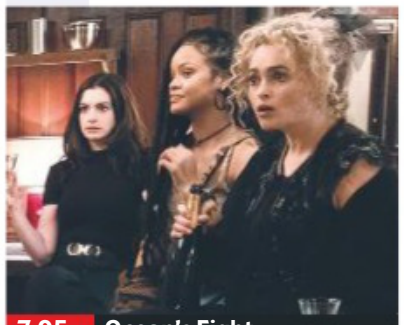
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Heists

303 303 844 409 509

7.10 AM **Ocean's Eight** As 7.05pm.
9.05 **Widows** As shown at 11.15pm.
11.20 **Armored** Heist thriller. (2009, 12, 88min) ★★★
12.50 PM **Inside Man** As 9.00pm.
3.00 **The Italian Job** Crime thriller. (2003, 12, 110min) ★★★
4.55 **Fast & Furious 5** Action thriller sequel with Vin Diesel. (2011, 12, 130min) ★★★
7.05 **Ocean's Eight** Crime caper starring Sandra Bullock. (2018, 12, 110min) ★★★★


7.05 Ocean's Eight

Ocean's Eight
(film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Inside Man** Crime drama directed by Spike Lee, starring Denzel Washington and Clive Owen. A shrewd detective engages in a battle of wits with a clever robber who has taken hostages in a bank. (2006, 15, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Widows** Thriller starring Viola Davis, Liam Neeson and Elizabeth Debicki. (2018, 15, 129min) ★★★★
1.30 AM **Snatch** Guy Ritchie's crime drama starring Jason Statham and Benicio Del Toro. (2000, 18, 102min) ★★
3.15 **Fast & Furious 5** As 4.55pm.
5.30 **to 7.10** AM **Angel Flight Down** Fact-based adventure starring Patricia Kalember. (1996, PG, 88min) ★★

Sky Drama

310 310 851 410 510

6.00 AM **The Boy Downstairs** Drama. (2017, 12) ★★★
7.45 **Honey: Rise Up and Dance** Drama. (2018, 12, 90min) ★
9.45 **Hotel Mumbai: Special**
10.15 **Remember the Titans** (2000)
12.15 PM **Ray** As shown at 7.15pm.
3.00 **Inside Man** Crime drama. (2006, 15, 129min) ★★★★★
5.15 **Remember the Titans** Drama. (2000, PG, 113min) ★★★
7.15 **Ray** Biopic with Jamie Foxx. (2004, 15, 152min) ★★★★

7.15 Ray

Ray
(film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Django Unchained** Quentin Tarantino's Oscar-winning Western starring Jamie Foxx, Christoph Waltz, Leonardo DiCaprio and Samuel L Jackson. (2012, 18, 162min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Inside Man** Crime drama directed by Spike Lee, starring Denzel Washington. (2006, 15, 129min) ★★★★★
3.20 **Hope Floats** Romantic drama starring Sandra Bullock, Harry Connick Jr and Mae Whitman. (1998, PG, 113min) ★★★
5.30 **to 6.00** AM **Serenity: Special**

Sky Sky-Fi

304 304 845 411 511

6.00 AM **Solo – Special**
6.30 **Star Wars: Episode I – The Phantom Menace** As 1.10am.
8.50 **Star Wars: Episode II – Attack of the Clones** As 3.30am.
11.15 **Star Wars: The Clone Wars** Animation. (2008, PG) ★★
1.00 PM **Star Wars: Episode III – Revenge of the Sith** (2005)
3.30 **Star Wars: Episode IV – A New Hope** (1977) ★★★★★
5.45 **Star Wars: Episode V – The Empire Strikes Back** (1980)

3.30 Star Wars: Episode IV...

8.00 **Star Wars: Episode VI – Return of the Jedi** Adventure concluding George Lucas's original *Star Wars* trilogy starring Harrison Ford, Carrie Fisher and Mark Hamill. Princess Leia sets out to rescue mercenary space pilot Han Solo from the clutches of the monstrous Jabba the Hutt. (1983, U, 133min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

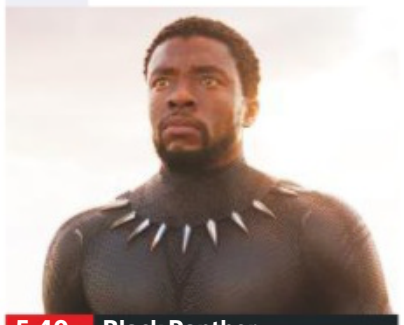
10.30 **Star Wars: The Last Jedi** Fantasy adventure starring Mark Hamill. Rey must persuade Luke Skywalker to save the galaxy once more. (2017, 12, 146min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **Star Wars: Episode I – The Phantom Menace** Sci-fi. (1999, U, 132min) ★★★
3.30 **to 6.00** AM **Star Wars: Episode II – Attack of the Clones** Sci-fi adventure. (2002, PG, 142min) ★★

Sky Superheroes

302 302 843 412 502

6.45 AM **The Incredible Hulk** Fantasy. (2008, 12) ★★★
8.45 **Iron Man** Action adventure. (2008, 12, 120min) ★★★★
11.00 **Iron Man 2** Adventure sequel. (2010, 12, 119min) ★★★
1.15 PM **Iron Man 3** Adventure. (2013, 12, 131min) ★★★★
3.30 **Captain America: The First Avenger** Action fantasy. (2011, 12, 123min) ★★★
5.40 **Black Panther** Adventure. (2018, 12, 134min) ★★★★


5.40 Black Panther

8.00 **Avengers: Infinity War** Adventure starring Robert Downey Jr, Josh Brolin, Chris Hemsworth and Benedict Cumberbatch. When galactic warlord Thanos attempts to obtain powerful stones to execute an insane plan, the Avengers and their allies join forces to stop him. (2018, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

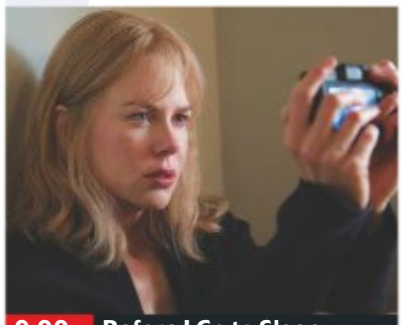
10.30 **Ant-Man and the Wasp** Fantasy adventure starring Paul Rudd and Evangeline Lilly. (2018, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Kick-Ass 2** Action thriller sequel starring Aaron Johnson. (2013, 15, 103min) ★★
2.25 **Man of Steel** Fantasy adventure starring Henry Cavill. (2013, 12, 143min) ★★★
4.55 **to 6.50** AM **Batman** Adventure with Adam West. (1966, U, 105min) ★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Anna and the King** Romance starring Jodie Foster. (1999, 12, 145min) ★★★★
1.55 PM **The Dam Busters** Drama starring Richard Todd. (1954, b/w, U, 125min) ★★★★
4.30 **Home Alone 2: Lost in New York** Comedy sequel. (1992, PG, 120min) ★★
6.50 **The Maze Runner** Adventure starring Dylan O'Brien. (2014, 12, 110min) ★★★


9.00 Before I Go to Sleep

The Maze Runner
(film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Before I Go to Sleep** Thriller starring Nicole Kidman and Colin Firth. A woman who cannot retain her memories tries to piece together her past, and fears her husband is hiding something. (2014, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.50 **The Survivalist** Thriller starring Martin McCann. A loner offers shelter to two women following the downfall of civilisation – but they struggle to trust one another. (2015, 18, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

1.00 **to 3.30** AM **Her** Drama starring Joaquin Phoenix. (2013, 15, 126min) ★★★★

+1 hour 314 430 45 301

Sony Movies Christmas

319 424 50 303

7.00 AM **Christmas Oranges**
9.00 **The March Sisters at Christmas** Drama. (2012, U, 120min) ★★
11.00 **Noelle** As 7.00pm.
1.00 PM **Ebbie** Contemporary version of *A Christmas Carol*. (1995, PG, 100min) ★★
3.00 **The Christmas Takeover** Fantasy. (1998, U, 85min) ★
5.00 **Christmas Oranges** Festive drama. (2012, PG, 101min) ★★

7.00 **Noelle** Drama, starring David Wall and Sean Patrick Brennan. A priest arrives in a tiny village the week before Christmas and becomes entangled in the lives of the eccentric local characters. (2007, PG, 90min) ★★
9.00 **Alone For Christmas** Comedy starring David DeLuise. When a family visit Grandma's on Christmas Eve and leave their dog at home alone, the faithful mutt is left battling with burglars. (2013, PG, 87min) ★★

11.00 **Wish For Christmas** (2016) ★★
1.00 AM **Cancel Christmas** Seasonal drama. (2010, PG, 120min) ★★
3.00 **Christmas Grace** (2013) ★
5.00 **to 7.00** AM **Santa's Boot Camp** Comedy. (2016) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Garage Sale Mystery: All That Glitters** Mystery with Lori Loughlin. (2014, PG, 87min) ★
10.50 **Sony Movie News Extra**
11.00 **Cinderella Man** Boxing biopic. (2005, 12, 144min) ★★★★
2.05 PM **xXx** Espionage action thriller. (2002, 12, 124min) ★★
4.40 **xXx: State of the Union** Action thriller sequel starring Ice Cube. (2005, 12, 101min) ★★

6.45 **Battle: Los Angeles** Epic sci-fi adventure starring Aaron Eckhart and Michelle Rodriguez. A group of marines set out to defend LA from aliens. With Bridget Moynahan and Michael Peña. (2011, 12, 116min) ★★★
9.00 **Elysium** Sci-fi action thriller starring Matt Damon and Jodie Foster. In 2154, a fatally ill factory worker has five days to reach the orbiting space station that is home to the rich. (2013, 15, 107min) ★★★★

11.15 **Resident Evil** Sci-fi horror thriller. (2002, 15, 100min) ★★★
1.20 AM **Faster** (2010, 15) ★★★
3.25 **Revolution** (1985, PG) ★
5.50 **to 6.00** AM **Sony Movie News Extra**

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Berlin Express** Spy thriller. (1948, b/w, PG, 87min) ★★★
7.40 **The Giants of Thessaly** Adventure. (1960, U) ★★
9.30 **The Raiders of Leyte Gulf** Drama. (1963, 12, 80min) ★★
11.15 **El Dorado** Action adventure.
3.15 PM **The Last Blitzkrieg** Drama. (1959, b/w, 12, 84min) ★★
5.00 **Hell River** Wartime drama. (1974, PG, 99min) ★★

7.05 **Only the Brave** World War Two drama about the 1400 Japanese-Americans who petitioned the government to allow them to serve their country. Stars Lane Nishikawa. (2006, 15, 99min) ★★
9.00 **Rambo** Action drama sequel starring Sylvester Stallone. Vietnam veteran John Rambo takes on the Burmese army to rescue a captive group of missionaries. With Julie Benz. (2008, 18, 92min) ★★★

10.50 PREMIERE **Sniper: Ultimate Kill** Thriller. (2017, 18, 90min)
12.40 AM **The Hessen Conspiracy** Film noir. (2009, 15, 106min)
2.55 **to 4.00** AM **The Fighting Lady** Documentary. (1944, U) ★★

+1 hour 324

Movies 24

325 419 513

7.00 AM **Summer Villa** Romantic drama. (2016, PG, 84min) ★★
9.00 **Love Takes Flight** Romance. (2019, PG, 120min) ★★
11.00 **Pearl in Paradise** Romantic comedy. (2018, PG, 90min) ★★
1.00 PM **In the Key of Love** Drama. (2019, PG, 90min) ★★
3.00 **The Good Witch's Family** (2011)
5.00 **Love, Take Two** Romantic drama. (2019, PG, 120min) ★★

7.00 **Paris, Wine and Romance** Romantic drama with Jen Lilley and Dan Jeannotte. An Oregon winemaker enters a respected wine competition in France, where sparks fly with her rival. (2019, PG, 84min) ★★
9.00 **Mystery 101: Playing Dead** Mystery starring Jill Wagner and Kristoffer Polaha. A crime fiction expert investigates a threat to the life of an actress appearing in a stage play at a local theatre. (2019, PG, 90min) ★★

11.00 **Love Blossoms** Romantic drama. (2017, PG, 80min) ★★
1.00 AM **Falling for Vermont** Drama. (2017, PG, 94min) ★★
3.00 **to 5.00** AM **Love on the Menu** Drama. (2019, PG, 90min) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

8pm TILL LATE

8.00 **Kim Possible** *Disney* ★★★
9.00 **Deepwater Horizon** *Channel 4* Fact-based drama. ★★★★
9.00 **American Pie: The Wedding** *ITV2* Teen comedy sequel. ★
9.00 **Only Lovers Left Alive** *AMC from BT* Fantasy drama. ★★★★
9.00 **Die Hard 4.0** *E4* Thriller. ★★★
9.00 **Under Siege 2** *5Spike* ★★★
9.00 **Kick-Ass 2** *5STAR* Comedy. ★★
9.00 **Coming to America** *Comedy Central* Romantic comedy. ★★
9.00 **Did You Hear About the Morgans?** *E!* Comedy. ★★★
9.00 **The King's Choice** *BBC4* ★★★★
9.00 **Sinister Minister** *Lifetime* ★★
9.00 **Cloverfield** *Paramount Network* Offbeat disaster drama. ★★★
9.20 **La La Land** *BBC2* ★★★★★
10.00 **Se7en** *Sky1* Thriller. ★★★★
10.00 **Superbad** *Dave* ★★★★
10.00 **Serenity** *Syfy* Adventure. ★★★★
10.10 **Lethal Weapon 4** *ITV4* ★★★
11.05 **Lucy** *Channel 4* Thriller. ★★★
11.05 **Rocky Balboa** *5Spike* ★★★
11.05 **Drive Angry** *5STAR* ★★★
11.20 **This Beautiful Fantastic** *BBC2* Fantasy drama. ★★★
12.00 M'T **The Heartbreak Kid** *Comedy Central* Comedy. ★

SATURDAY Sport

SKY HD SD VIRGIN HD BT HD

5 October

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM LIVE Mitre 10 Cup Rugby Union Auckland v Southland.
7.55 Rugby Greatest Games
8.00 Good Morning Sports Fans
9.00 LIVE Ladies European Tour Golf Coverage of day three of the Hero Women's Indian Open.
12.00 NOON LIVE EFL Fulham v Charlton Athletic. From Craven Cottage. Kick-off 12.30pm.
3.00 PM LIVE European Tour Golf Coverage of the third day's play of the Open de España.
5.00 LIVE Premier League West Ham United v Crystal Palace. The top-flight clash at the London Stadium. Kick-off 5.30pm.
7.00 LIVE Championship Rugby League Toronto Wolfpack v Toulouse Olympique or Featherstone Rovers. From Lamport Stadium. Kick-off 7.30pm.
10.00 LIVE PGA Tour Golf Coverage of day three of the Shriners Hospitals for Children Open.
1.00 AM Sky Sports News
3.00 LIVE Mitre 10 Cup Rugby Union Tasman v Northland.
4.55 Rugby Greatest Games
5.00 to 5.30 AM Sporting Records

Sky Sports Premier League

402 402 856 512 502

6.00 AM PL Greatest Games
7.00 Premier League Match Pack
7.30 PL Legends: David Ginola
8.00 Premier League Preview
8.30 The Tyler Archives
9.00 Premier League Match Pack
9.30 Saturday Social
10.30 Soccer AM Magazine show.
12.00 NOON Gillette Soccer Saturday: Build-Up
3.00 PM Gillette Soccer Saturday Jeff Stelling and guests preside over the day's football action.
5.00 LIVE Premier League West Ham United v Crystal Palace. Coverage of the top-flight encounter from the London Stadium. Kick-off 5.30pm.
8.30 Renault Game of the Day A full re-run of the day's top Premier League match.
10.30 Match Choice Highlights from the Premier League.
11.00 Premier League Highlights
1.30 AM Premier League 100 Club
2.00 Premier League Highlights
4.30 Best PL Goals: Man Utd v Newcastle Memorable strikes.
5.00 Best PL Goals: Chelsea v Arsenal Memorable strikes.
5.30 to 6.00 AM PL 100 Club

Sky Sports Football

403 403 857 513 503

6.00 AM EFL Another chance to see Birmingham City v Middlesbrough.
9.30 Saturday Social
10.30 Soccer AM Magazine show.
12.00 NOON LIVE EFL Fulham v Charlton Athletic. Coverage of the Championship clash at Craven Cottage. Kick-off 12.30pm.
3.00 PM Gillette Soccer Saturday Jeff Stelling and guests preside over the day's football action, including previews of the top games and the latest scores.
6.00 Goals Express
7.00 EFL Highlights
7.30 EFL Greatest Games
8.00 Goal Zone
9.00 EFL Rivalries: East Anglian Derby The rivalry between Norwich City and Ipswich Town.
10.00 EFL Highlights
10.30 SPFL Greatest Games
11.00 EFL Greatest Games
12.00 M'T Football's Greatest Players
1.00 AM Football Countdowns
2.00 SPFL Greatest Games
2.30 One2Eleven
3.00 EFL Play-Off Final Highlights
4.00 Football's Greatest Players
5.00 to 6.00 AM EFL Play-Off Final Highlights

Sky Sports Cricket

404 404 858 514 504

6.00 AM Best of England v India
7.00 Cricket's Greatest Games
8.00 Ashes Memories
9.00 Best of England v India
10.00 How The 2007 ICC World Cup Was Won
1.00 PM Ashes Memories
2.00 Best of England v India
3.00 How The 2007 ICC World Cup Was Won
6.00 Cricket World Cup A look back at the ICC Cricket World Cup of 1987 in India and Pakistan.
7.00 Caribbean Premier League Highlights Guyana Amazon Warriors v Trinidad Knight Riders: Action from the T20 clash at Providence Stadium.
8.00 Captain's Log David Gower talks about his time as England captain.
9.00 Caribbean Premier League Highlights As shown at 7.00pm.
10.00 Ashes Memories
11.00 Caribbean Premier League Highlights As shown at 7.00pm.
12.00 M'T Cricket World Cup
1.00 AM How The 2007 ICC World Cup Was Won
4.00 Best of England v India
5.00 to 6.00 AM Cricket's Greatest Games

Sky Sports Golf

405 405 859 515 505

6.00 AM Chronicles of a Champion Golfer A profile of Greg Norman.
6.30 European Tour Golf
7.30 Chronicles of a Champion Golfer A profile of Greg Norman.
8.00 European Tour Golf
9.00 LIVE Ladies European Tour Golf Day three of the Hero Women's Indian Open from DLF Golf and Country Club in Gurgaon.
11.30 European Tour Golf
12.30 PM LIVE European Tour Golf Coverage of the third day's play of the Open de España from the Centro Nacional de Golf in Madrid.
5.00 School of Golf
6.00 Chronicles of a Champion Golfer A profile of Jordan Spieth.
6.30 Game Changers @ Solheim Cup
7.00 LIVE PGA Tour Golf Coverage of day three of the Shriners Hospitals for Children Open from the TPC Summerlin in Las Vegas, Nevada.
1.00 AM European Tour Golf
2.00 Chronicles of a Champion Golfer Double bill of editions.
3.00 European Tour Golf
4.00 Chronicles of a Champion Golfer Double bill of editions.
5.00 to 6.00 AM European Tour Golf

BT Sport 1

413 413 867 527 408 430

6.00 AM Ligue 1
7.00 Premier League Preview
7.30 LIVE WTA Tennis The China Open semi-finals from Beijing.
9.30 Premier League Preview
10.00 Early Kick-Off
12.00 NOON LIVE Premier League: Brighton & Hove Albion v Tottenham Hotspur. From the Amex Stadium. Kick-off 12.30pm.
3.00 PM BT Sport Score
5.00 LIVE Vanarama National League Harrogate Town v Ebbsfleet United. From the CNG Stadium. Kick-off 5.20pm.
7.30 Vanarama National League Highlights Recent action,
8.00 Premier League World
8.30 No Filter Boxing
9.00 LIVE CFL Montreal Alouettes v Calgary Stampeders. From Percival Molson Memorial Stadium. Kick-off 9.00pm.
12.00 M'T UFC on ESPN
1.00 AM LIVE UFC Coverage of the prelims at UFC 243 in Melbourne.
3.00 to 7.00 AM LIVE UFC Robert Whittaker v Israel Adesanya. The middleweight title bout from Melbourne, plus the undercard.

BT Sport 2

414 414 868 528 409 431

6.00 AM LIVE MotoGP Qualifying for the Grand Prix of Thailand.
10.15 LIVE Motorcycling: Asia Talent Cup Race seven from the fourth round in Buriram, Thailand.
11.15 Sport in Focus: Marc Marquez
11.30 Champions League Magazine
12.00 NOON WRC Highlights: Wales Rally GB
12.30 PM LIVE WTA Tennis Further coverage of the China Open semi-finals from Beijing.
2.30 Unmatched
3.30 No Filter Boxing
4.00 Women's ODI Cricket
5.00 No Filter Speedway
5.30 Europa League Goals Reload
5.45 LIVE FIM Speedway Grand Prix Coverage of the final round of the season from Torun, Poland.
9.15 MLB: Caps Off
9.30 LIVE MLB Coverage of a match from the MLB Postseason.
1.00 AM Bundesliga
2.00 WRC Highlights: Wales Rally GB
2.30 LIVE MotoGP Warm-ups ahead of the Grand Prix of Thailand
4.15 to 6.00 AM LIVE MotoGP Grand Prix of Thailand. The Moto3 race. Start-time 5.00am.

BT Sport 3

417 417 869 529 410 432

6.00 AM LIVE Women's ODI Cricket Australia v Sri Lanka. Coverage of the first game in the three-match series in Brisbane.
8.30 Premier League Preview
9.00 WRC Highlights: Wales Rally GB
9.30 Ligue 1 Amiens v Marseille.
10.30 Premiership Rugby Cup
12.00 NOON LIVE Bundesliga 2 Hamburg SV v SpVgg Greuther Furth. From the Volksparkstadion. Kick-off 12noon.
2.00 PM LIVE World Rally Championship Wales Rally GB.
3.00 WRC: Greatest Rallies GB
4.00 BT Sport Reload
4.15 World Sailing
4.45 Inside Sailing
5.15 LIVE Bundesliga Schalke 04 v FC Cologne. Coverage from Veltins-Arena. Kick-off 5.30pm.
7.30 Bundesliga
8.30 LIVE College Football Coverage from College Football.
12.00 M'T LIVE CFB North Carolina Tar Heels v Clemson Tigers. From Kenan Memorial Stadium.
4.00 to 6.00 AM LIVE FIA World Endurance Championship The 6 Hours of Fuji in Japan,

Sky Sports Action

407 407 861 517 507

6.00 AM Boxing Gold
7.00 Great Sporting Moments
8.00 Boxing Gold
9.00 Boxing: Golden Contract
12.30 NOON Boxing Gold
1.00 PM Sporting Records
2.00 Darts Gold
3.00 Sporting Greats
3.30 Salomon Golden Trail Series
4.00 Darts Gold
4.30 NFL: America's Game
5.30 Sporting Records Focusing on records set by boxer Joe Louis, footballer Ryan Giggs, cricketer Sachin Tendulkar and.
6.00 Sporting Records Focusing on records set by boxer Muhammad Ali, cyclist Eddy Merckx and athlete Michael Johnson.
6.30 Boxing Gold Action from Gennady Golovkin v Kell Brook.
7.00 Boxing: Golden Contract Action from York Hall.
10.30 Boxing Gold
11.00 NFL: A Football Life
12.00 M'T NFL: America's Game
1.00 AM Super League Gold
2.00 NFL – Greatest Games
3.30 Darts Gold
4.00 Sporting Records
5.00 to 6.00 AM Sporting Greats

Sky Sports Mix

145 145 838 520 510

6.00 AM My Icon
7.00 Sporting Records
8.00 NFL: A Football Life
9.00 LIVE Ladies European Tour Golf Day three of the Hero Women's Indian Open from DLF Golf and Country Club in Gurgaon.
11.30 Sporting Greats
12.00 NOON Great Sporting Moments Iconic moments.
1.00 PM Sporting Records Focusing on the records of Jim Hines, Nadia Comaneci and Chris Gayle.
1.30 My Icon
2.00 NFL: A Football Life A profile of former Denver Broncos and New York Jets quarterback Tim Tebow.
3.00 My Icon
4.30 Spirit of Yachting
5.00 NBA Finals Defining Moments
6.00 Spirit of Yachting
6.30 Game Changers @ Solheim Cup
7.00 LIVE LPGA Tour Golf Coverage of day three of the Volunteers of America LPGA Texas Classic from Las Colinas Country Club in Irving, Texas.
10.00 NBA Finals Defining Moments
11.00 My Icon
12.00 M'T to 6.00 AM Mix Shorts: Masterclasses

BT Sport/ESPN

423 423 872 530 411 434

6.00 AM Around the Horn
6.30 ESPN FC Football news.
7.00 Pardon the Interruption Tony Kornheiser and Michael Wilbon discuss the day's hot topics.
7.30 MLB Postseason Double bill of action from MLB Postseason.
1.30 PM XTERRA World Series
2.00 College GameDay
5.00 LIVE College Football Coverage from College Football.
8.30 LIVE College Football Florida Gators v Auburn Tigers. The NCAA clash from Bne Hill Griffin Stadium. Kick-off 8.30pm.
12.00 M'T CFB 150: The Greatest: Innovations
12.30 AM CFB 150: The Greatest – Moments
1.00 LIVE MLB Coverage of a match from the MLB Postseason.
4.30 to 7.00 AM LIVE College Football Coverage of a College Football match.

Eurosport 1

410 410 864 523 521 412 435

7.30 AM Cycling: Tour of Croatia
8.30 European Rally Championship
9.00 WTA Tennis
11.00 Cycling: Tour of Croatia
12.00 NOON LIVE Cycling: Tour of Croatia Coverage of stage five, a route from Racac to Platak.
2.00 PM Salomon Golden Trail Series
2.30 LIVE Cycling: l'Eurometropole Coverage of the one-day race in Belgium, featuring a 176.7km route from La Louviere to Tournai.
4.30 Tennis: Laver Cup
6.00 Canoeing From La Seu, Spain.
7.00 LIVE International Swimming League Day one of the opening round of the inaugural staging of the competition, held at IU Natatorium in Indianapolis.
9.00 Cycling: Tour of Croatia
10.30 Cycling: Giro dell'Emilia
11.55 Salomon Golden Trail Series
1.05 to 7.30 AM WATTS

Eurosport 2

411 411 865 524 522 413 436

6.00 AM Motorcycling
8.00 British Superbikes Extra
9.00 British Superbikes
10.00 Cycling: Tour of Croatia
11.00 Alpine Skiing
1.00 PM European Rally Championship
1.30 Speedway: U21 World Champs
2.30 Bennetts British Superbikes
3.30 LIVE Bennetts British Superbikes Qualifying for round 11 at Donington Park.
6.00 Speedway: U21 World Champs
7.00 World Superbikes.
8.00 British Superbikes
9.00 Speedway: U21 World Champs
10.00 Motocross of Nations
11.00 Bennetts British Superbikes
12.00 M'T Cycling: Tour of Croatia
1.00 AM Cycling: l'Eurometropole
2.00 Cycling: Tour of Croatia
3.00 Cycling: Giro dell'Emilia
4.00 Cycling: l'Eurometropole
5.00 to 6.00 AM Motorcycling: Ulster Grand Prix

Sky Sports Arena

408 408 862 518 508

6.00 AM LIVE Mitre 10 Cup Rugby Union Auckland v Southland.
7.55 Highlights
8.30 LIVE Mitre 10 Cup Rugby Union Otago v Canterbury.
10.25 Highlights
1.30 PM Great Sporting Moments
2.00 Sporting Greats
3.00 Salomon Golden Trail Series
3.30 Sporting Records
4.00 Super League Gold
4.15 World Club Challenge Gold
4.30 Super League Highlights
5.30 Super League Gold
6.45 Super League Highlights
7.00 LIVE Championship Rugby League Toronto Wolfpack v Toulouse Olympique or Featherstone Rovers. From Lamport Stadium. Kick-off 7.30pm.
10.00 Super League Gold
11.00 Highlights
3.00 AM LIVE Mitre 10 Cup Rugby Union Tasman v Northland.
4.55 to 5.30 AM Highlights

Sky Sports F1

406 406 860 516 506

6.00 AM The Home of F1
11.00 Ferrari Challenge Europe
12.00 NOON Formula 1 A re-run of the Chinese Grand Prix.
2.05 PM Brundle at the Nordshleife
2.15 Formula 1 Another chance to see the Azerbaijan Grand Prix.
4.20 Lewis in the W196 with Martin
4.30 Formula 1 Another chance to see the Spanish Grand Prix.
6.40 F1 Cars Through 1000 Races
6.45 Formula 1 Another chance to see the Monaco Grand Prix, which took place at Circuit de Monaco.
9.00 Formula 1 Highlights of the Azerbaijan Grand Prix, held at the Baku City Circuit.
10.00 Formula 1 Action from the Spanish Grand Prix at Circuit de Barcelona-Catalunya.
11.00 Formula 1 Highlights of the Monaco Grand Prix.
12.00 M'T Formula 1 Action from the Canadian Grand Prix.
1.00 to 6.00 AM The Home of F1

Sunday

6 October

Evening Planner

Documentary

Thomas Cook: The Rise & Fall...
C4 HD, 8pm
An account of the demise of the holiday company and the thousands left stranded

Documentary

The Americas with Simon Reeve
BBC2 HD, 9pm
The explorer traverses the continent, first stopping in Alaska for a caribou hunt

Documentary

I Love You, Now Die...
Sky Crime HD, 9pm
A look at the 'texting suicide case', in which Michelle Carter was put on trial for encouraging her boyfriend's suicide

Drama

World on Fire
BBC1 HD, 9pm
Warsaw has been destroyed following the siege, so Kasia joins the Resistance, while Harry is desperate for news of her

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1		7.15 Strictly Come Dancing: The...	8.00 Antiques Roadshow		9.00 World on Fire		10.00 News	10.30 Match of the...
102 BBC2	◂ 6.30 Athletics: World Championships...		8.00 Dragons' Den		9.00 The Americas with Simon Reeve		10.00 State...	10.20 The Mash Report
103 ITV	7.00 5 Gold Rings †		8.00 Who Wants to Be a Millionaire?		9.00 Sanditon			10.15 Inside Prison: Britain... †
104 CHANNEL 4	7.00 Escape to the Chateau: Restoring the...		8.00 Thomas Cook: The Rise & Fall of...		9.00 Treasure Island with Bear Grylls		10.00 The Circle	
105 CHANNEL 5	◂ 6.40 Film: National Treasure		8.00 Wonderful World of Baby Animals		9.00 The World's Most Luxurious Private Jets		10.00 Most Shocking TV Moments of the 90s	
106 SKY ONE	◂ 6.00 NFL – Live: Oakland Raiders v Chicago Bears (Kick-off 6.00)				9.00 S.W.A.T.		10.00 Hawaii Five-0	
Entertainment								
116 BBC4	7.00 Natural World		8.00 Britain's Biggest Warship		9.00 Jumbo: The Plane That Changed the...		10.00 Britain's Greatest Generation	
118 ITV2		7.25 Film: Jurassic Park					10.00 Family Guy	
136 MORE4	◂ 6.55 Four in a Bed		8.00 Emergency Helicopter Medics		9.00 999: On the Frontline		10.00 24 Hours in A&E	
135 E4	◂ 6.40 Film: Back to the Future				9.00 Don't Tell the Bride		10.00 Rob Beckett's Savage Socials	
107 SKY WITNESS	7.00 Blue Bloods				9.00 FBI		10.00 Instinct	
108 SKY ATLANTIC	7.00 Blue Bloods		8.00 Discovering: Helen Mirren		9.00 Catherine the Great		10.00 Succession	
110 GOLD	◂ 6.45 Only Fools and Horses			8.20 Dad's Army	9.00 Harry Enfield and Chums	9.50 Mrs Brown's Boys		
111 DAVE	7.00 Cops UK: Bodycam Squad		8.00 Top Gear		9.00 Have I Got a Bit More Old News for You		10.00 Comedians Giving Lectures	
119 ITV3	◂ 6.55 Midsomer Murders				9.00 Alexander Armstrong's Land of the...		10.00 Agatha Christie's Poirot	
120 ITV4	7.00 Rugby World Cup 2019...	7.45 Hornblower					10.00 Film: American Sniper	
112 COMEDY CENTRAL	7.00 Film: Pixels				9.00 Film: Dumb and Dumber			
114 SYFY	7.00 Film: Kull the Conqueror				9.00 Film: Death Race			
109 W	7.00 Gavin & Stacey				9.00 Stacey Dooley Sleeps Over		10.00 Louis Theroux – A Place for Paedophiles	
113 UNIVERSAL	7.00 NCIS				9.00 Law & Order: Special Victims Unit			
124 FOX	7.00 NCIS				9.00 NCIS: New Orleans		10.00 Family Guy	
122 SKY ARTS	7.00 The South Bank Show Originals				9.00 The South Bank Show 40th Anniversary Special			
Documentary								
125 DISCOVERY	7.00 How Trains Changed the World		8.00 Sydney Harbour Patrol		9.00 UFOs: The Lost Evidence		10.00 Super Predator	
162 ANIMAL PLANET	7.00 Legend of Deep Blue		8.00 Big Cat Tales		9.00 Crocodile Hunter		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Ultimate Airport Dubai							
130 HISTORY	7.00 American Pickers: Best Of		8.00 Deep Sea Salvage		9.00 Captain Cook's Pacific with Sam Neill		10.00 Brunel: The Man Who Built Britain	
155 YESTERDAY	7.00 Bob Monkhouse: Million Joke Man		8.00 'Allo 'Allo!			9.45 World's Greatest Palaces		
166 EDEN	7.00 Battle to Save the Tiger – Natural World		8.00 Cheetahs: Growing Up Fast – Natural...		9.00 Jungle Planet			
Films								
301 SKY PREMIERE	◂ 5.45 Where Hands Touch		8.00 Widows					10.15 Hotel Mumbai
309 SKY HITS		7.25 A Quiet Place			9.00 Bohemian Rhapsody			
311 SKY GREATS	◂ 5.30 The Da Vinci Code		8.00 Angels & Demons					10.20 The Omen
305 SKY DISNEY	◂ 6.20 Monsters, Inc		8.00 The Lone Ranger					10.35 Return to...
306 SKY FAMILY	◂ 6.00 Night at the Museum 2		8.00 Hook					10.25 Woody Woodpecker
307 SKY ACTION	7.00 The Karate Kid: Part III				9.00 Pacific Rim			
308 SKY COMEDY	◂ 6.20 Mr Deeds		8.00 Holmes & Watson			9.35 Daddy's Home 2		
303 SKY HEISTS	◂ 5.30 Widows	7.45 Die Hard with a Vengeance					10.00 The Italian Job	
310 SKY DRAMA	◂ 5.45 Dreamgirls		8.00 BlacKkKlansman					10.20 The Hurricane
304 SKY SKY-FI	◂ 5.00 Star Wars...	7.30 Star Wars: The Last Jedi						10.15 Solo: A Star Wars Story
302 SKY SUPERHEROES	◂ 5.30 Avengers: Infinity War		8.00 Aquaman					10.30 Deadpool 2
313 FILM4	◂ 6.45 X-Men: The Last Stand				9.00 Valerian and the City of a Thousand Planets			
315 TCM	◂ 6.25 They Came to Cordura				9.00 Unforgiven			
Sport								
401 MAIN EVENT	7.00 NFL – Live: Oakland Raiders v Chicago Bear: From the Tottenham Hotspur Stadium. Kick-off is at 6.00							
402 PREMIER LEAGUE	◂ 4.00 Super Sunday	7.30 Best PL Goals: Solo Goals		8.30 Goals on Sunday			10.00 Premier League Highlights	
403 FOOTBALL	7.00 EFL Championship Highlights		8.15 EFL...	8.30 EFL Goals...	9.00 EFL...	9.15 MLS – Live: A match from Major League Soccer in North America		
404 CRICKET	◂ 3.30 Cricket – Live	7.30 ICC Cricket 360	8.00 Caribbean Premier League – Live: The First Qualifier					
413 BT SPORT 1	7.00 Speedway	7.30 Champions...	8.00 What I Wore...	8.30 The Polo Show	9.00 World Rally...	9.30 MLB – Live: Action from MLB Postseason		
414 BT SPORT 2	7.00 Vanarama National League...	7.45 Ligue 1 – Live: St. Etienne v Lyon: From Stade Geoffroy-Guichard (Kick-off 8.00)					10.00 Vanarama...	10.30 Premiership...

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
7.35 **Match of the Day** (S)(R)
9.00 **The Andrew Marr Show** (S)
10.00 **Sunday Politics** (S)
10.30 **Sunday Morning Live** (S)
11.30 **Wanted Down Under** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Points of View** New edition (S)
2.05 **Homes Under the Hammer** (S)(R)
2.35 **Escape to the Country** (S)(R)(AD)
3.35 **Garden Rescue** New edition Transforming a rural back garden in Somerset. (S)(AD)
4.20 **Money for Nothing** Makeovers for a three-piece suite, an oak beam and a pair of wooden legs. (S)(R)
5.05 **Pointless Celebrities** A 1980s edition of the celebrity quiz. (S)(R)
5.50 **BBC News** (S)

7.15 Strictly Come Dancing...

6 PM
6.05 **Local News** (S)
6.15 **Countryfile** New edition Helen Skelton is in Buckinghamshire to learn about the harvest festival and its traditions, from the introduction of the threshing machine to the origins of the corn dolly. (S)

7 PM
7.15 **Strictly Come Dancing: The Results** New edition The two lowest-scoring couples contest the dance-off. With music from Harry Connick Jr. (S)

8 PM
8.00 **Antiques Roadshow** New edition Fiona Bruce and the team visit Compton Verney, Warwickshire, where finds include a sketch by illustrator Quentin Blake and the Duke of Wellington's riding crop. (S)

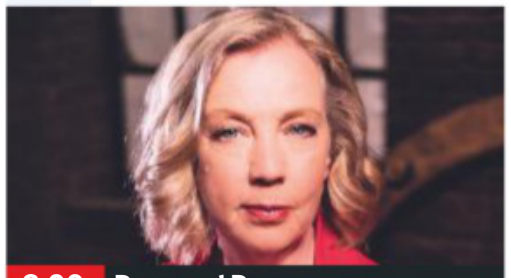
9 PM
9.00 **World on Fire** New episode 2/7. Kasia makes plans to flee Warsaw, Harry returns to Manchester, and Nancy is frustrated with the growing power of the censor in Berlin. (S1) (S)(AD)

10 PM
10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **Match of the Day 2** Action from today's Premier League fixtures, including Manchester City v Wolves. (S)
11.45 **NFL Highlights** Chicago Bears v Oakland Raiders: Action from the inter-conference clash, as the Tottenham Hotspur Stadium in London hosted an NFL match for the first time. (S)
12.45 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.15 AM **Gardeners' World** (S)(R)
7.15 **Countryfile** (S)(R)
8.15 **Saturday Kitchen Best Bites** New edition Highlights show. (S)
9.45 **LIVE** **Cardiff Half Marathon** Jason Mohammad presents coverage of the 17th staging of the event. (S)
12.00 NOON **Best Bakes Ever** (S)(R)
12.30 PM **FILM** **To Catch a Thief** Hitchcock's romantic thriller with Cary Grant and Grace Kelly. (S) (1955, PG, 105min) ★★★★
2.15 **Becoming Cary Grant – Imagine** A profile of the actor. (S)(R)
3.45 **Rugby League Super League Play-Offs** The preliminary final. (S)
4.30 **LIVE** **Athletics: World Championships** Gabby Logan presents coverage of the 10th and final day at Khalifa International Stadium in Doha, Qatar. (S)

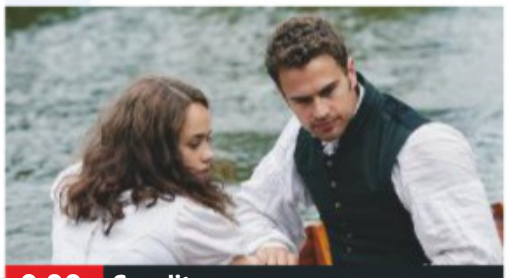

8.00 Dragons' Den

6.30 **LIVE** **Athletics: World Championships** Gabby Logan presents further coverage of the 10th and final day of the biennial event, held this year at Khalifa International Stadium in Doha, Qatar. (S)
8.00 **Dragons' Den** 15/15. The panel assess the profit-making potential of an eco-friendly range of body and skincare products, a savoury snack and a brand of fruit-flavoured water. (S)(R)(AD)
9.00 **NEW SERIES** **The Americas with Simon Reeve** 1/5. The explorer travels the length of North and South America, beginning at the northernmost point in Alaska. (S)
■ Repeated tomorrow
10.00 **State of the Union** New episode 9/10.
10.10 Series finale 10/10. (S1)
10.20 **The Mash Report** 5/6. Satirical news show. (S)(R)
10.50 **Love in the Countryside** (R)
11.50 **Sign Zone: Question Time** Fiona Bruce hosts the political debate from Wallasey. (S)(R)
12.50 AM **Sign Zone: Best House in Town** The owners of three detached properties in York compete. (S)(R)
1.35 **Sign Zone: Holby City** *Divine Justice:* Chloe is interviewed over her assault, while Ange battles to keep Evan alive. (S)(R)(AD)
2.35 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

8.00 AM **LIVE** **Rugby World Cup 2019** France v Tonga: The Pool C clash from Kumamoto Stadium in Japan. Kick-off is at 8.45. (S)
11.00 **FILM** **Free Willy 2: The Adventure Home** Family adventure sequel starring Jason James Richter and Michael Madsen. (S)(AD) (1995, U, 120min) ★★★
1.00 PM **ITV News** (S)
1.10 **LIVE** **ITV Racing: Prix de L'Arc de Triomphe** Coverage of the 3.05 Prix de L'Arc de Triomphe from ParisLongchamp, which follows races at 1.15, 1.50 and 2.25. (S)
3.35 **FILM** **Harry Potter and the Philosopher's Stone** Fantasy adventure based on JK Rowling's best-selling children's book, starring Daniel Radcliffe. (S)(AD) (2001, PG, 180min) ★★★★


9.00 Sanditon

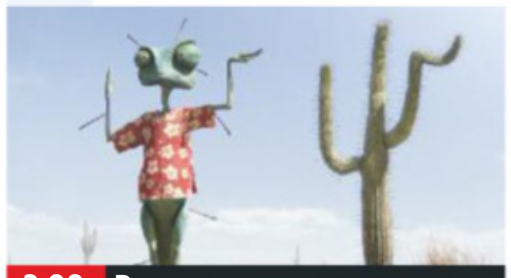
6.35 **ITV News** (S)
6.50 **Local News** (S)
7.00 **5 Gold Rings** Series finale 6/6. Two married couples take part in the game show, competing to answer visual questions by placing rings on an LED floor in five increasingly difficult stages. (S)
8.00 **Who Wants to Be a Millionaire?** New edition Another line-up of contestants answer questions that could change their lives. Jeremy Clarkson hosts. (S)
■ Repeated at 11.10pm
9.00 **Sanditon** New episode 7/8. Sidney wrestles with his feelings towards an old flame, and Young Stringer reveals his feelings to Charlotte. (S1) (S)(AD)
■ Repeated on Thursday
10.00 **ITV News** (S)
10.15 **Inside Prison: Britain Behind Bars** 2/4. A repeat offender is distraught at missing out on a family day and takes a fellow inmate hostage. (S)(R)(AD)
11.10 **Who Wants to Be a Millionaire?** As shown at 8.00pm. (S)(R)
12.10 AM **A Confession** 5/6. Karen Edwards refuses to give up her fight to get justice for her daughter Becky. (S1) (S)(R)(AD)
1.05 **Ideal World**
3.00 **Motorsport UK** From Knockhill. (S)
3.50 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.15 AM **Cheers** 20&21/22. (S1) (S)(R)
7.10 **The King of Queens** (S8) (S)(R)
8.00 **Frasier** Triple bill. (S1) (S)(R)(AD)
9.30 **Sunday Brunch** New edition With Al Murray, Karren Brady, Simon Reeve and Norman Jay. Plus, The Script perform in the studio. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
2.00 **FILM** **Rango** Animated Western spoof with the voices of Johnny Depp and Isla Fisher. A pet chameleon who passes himself off as a gunslinger becomes the sheriff of a desert town in the Wild West. (S) (2011, PG, 135min) ★★★★
4.15 **The Great British Bake Off** Noel Fielding and Sandi Toksvig host Dessert Week. (S)(R)(AD)
5.30 **Grand Designs** Building a house wrapped around an ancient oak tree in rural Suffolk. (S)(R)(AD)


2.00 Rango

6.30 **News** (S)
7.00 **Escape to the Chateau: Restoring the Dream** Following the transformation of the Starwbridges' chateau, beginning with the technical and engineering challenges needed to make it habitable. (S)(R)(AD)
8.00 **NEW** **Thomas Cook: The Rise & Fall of Britain's Oldest Travel Agent** The story of the collapse of one of the world's best-known holiday brands. (S)(AD) (S)(AD)
9.00 **Treasure Island with Bear Grylls** New edition After four weeks stranded on a remote Pacific island, the end is in sight – but there is still £35,000 waiting to be found. (S)(AD)
10.00 **The Circle** New edition Another new player logs on to *The Circle* for the first time, as individuals from all walks of life compete to win up to £100,000. (S)
■ Continues tomorrow
11.05 **FILM** **X-Men** Comic-book fantasy adventure starring Patrick Stewart. (S)(AD) (2000, 12, 115min) ★★★
1.00 AM **The Great British Bake Off: An Extra Slice** (S)(R)(AD)
1.55 **Come Dine with Me** (S)(R)
2.50 **Hidden Britain by Drone** (R)(AD)
3.45 **Car SOS** A Morgan F4. (S)(R)
4.35 **Lost and Found** (S)(R)
5.30 **Fill Your House for Free** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
10.00 **SpongeBob SquarePants** New episode Animation. (S)
10.10 **Rise of the Teenage Mutant Ninja Turtles** (S)(R)
10.25 **Access** Showbiz news. (S)
10.30 **Friends** Triple bill. (S4) (S)(R)
12.00 NOON **LIVE WRC Power Stage: Great Britain** Coverage of the Wales Rally GB. (S)
1.30 PM **When Demolitions Go Wrong** Documentary. (S)(R)
2.00 **World's Deadliest Super Predators** Huge birds. (S)(R)
3.00 **FILM Need for Speed** Action adventure starring Aaron Paul. (S) (2014, 12, 145min) ★★★
5.30 **News** (S)
5.35 **FILM National Treasure** Adventure with Nicolas Cage. (S) (2004, PG, 150min) ★★★★

9.00 The World's Most Luxurious...

FILM National Treasure (film started at 5.35pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8.00 **NEW SERIES Wonderful World of Baby Animals** 1/6. The lives of baby animals as they grow up, from birth to their first critical months, including three-week-old rhino Granville. (S)

9.00 **The World's Most Luxurious Private Jets** New edition 5/6. Luxury travel blogger Em Sheldon catches a flight on one of the most extravagant private jets in the world. (S)

10.00 **Most Shocking TV Moments of the 90s** 2/3. A countdown of infamous incidents from the 1990s, including OJ Simpson's trial and Eric Cantona kicking a fan. (S)(R)

12.45 AM **Lip Sync Battle: Michelle Keegan v Jason Manford** (R)
1.10 **The 21.co.uk Live Casino Show** Interactive gambling. (S)
3.10 **The Yorkshire Vet** Julian Norton treats a cow with a complex problem. (S)(R)(AD)
4.00 **Tattoo Disasters UK** (S)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Nick's Quest** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Hour of Power** (R)
7.00 **Animal House** (S)(R)(AD)
8.30 **Modern Family** (S1) (S)(R)
10.00 **The Simpsons** (S)(R)
11.00 **WWE Raw Hits**
12.00 NOON **S.W.A.T.** 15/23. (S2) (R)
1.00 PM **NCIS: Los Angeles** 6&7/24. Double bill. (S1) (S)(R)
3.00 **The Simpsons** Six episodes of the animation, including at: **4.00** *The Regina Monologues:* With the voices of Tony Blair and JK Rowling. (S)(R) **4.30** *The Fat and the Furriest:* Homer is humiliated. (S)(R) **5.00** *Today I Am a Clown:* With the voice of Mr T. (S)(R) **5.30** *Marge v Singles, Seniors, Childless Couples and Teens, and Gays:* A riot breaks out at a children's concert. (S)(R)

9.00 S.W.A.T.

6.00 **LIVE NFL** Oakland Raiders v Chicago Bears: Coverage of the inter-conference clash from the Tottenham Hotspur Stadium. Chicago defensive star Khalil Mack faces his former team. Kick-off is at 6.00.

9.00 **S.W.A.T.** New episode *Pride*: 16/23. A hate crime sparks anger at LA's Pride festival, Chris worries for her friends, and Street grows concerned about his mother. (S2) (S)

10.00 **Hawaii Five-0** *Ho'opio 'ia e ka noho ali'i a ka ua (Made Prisoner By the Reign of the Rain)* 15/25. The team have to protect a serial killer being hunted by an assassin. (S9) (S)(R)

11.00 **NCIS: Los Angeles** *Into the Breach:* 16/24. The team investigate the murder of a journalist. (S10) (S)(R)
12.00 M'T **The Blacklist** *The Brockton College Killer:* 18/22. A frozen corpse pulls the task force into an old case. (S6) (S)(R)
1.00 AM **The Force: North East** Triple bill of the series. (S)(R)
4.00 **to 6.00** AM **Road Wars** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.45pm Sportscene **1.00am** NFL Highlights **2.00** Weather for the Week Ahead **2.05-6.00am** BBC News

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
9.00am Wanted Down Under **9.30 LIVE** Cardiff Half Marathon 2019 **11.45** A to Z of TV Gardening **12.00noon-1.00pm** Bargain Hunt **2.35pm** Escape to the Country **3.05** Garden Rescue **3.50** Money for Nothing **4.35-5.05pm** Iolo's Street Life

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00pm Our Farming Life **10.30** Pop Goes Northern Ireland **11.00** Sunday Politics Northern Ireland **11.30-11.50pm** State of the Union

WALES
Sky **971**, Freesat **971**
8.15am Home Away from Home **9.00** The Andrew Marr Show **10.00** Sunday Politics Wales **10.30** Sunday Morning Live **11.30** Saturday Kitchen Best Bites **1.00pm FILM** To Catch a Thief (1955, PG, 105min) ★★★★ **2.45-3.45** Who Do You Think You Are? **10.00** Cardiff Half Marathon 2019 Highlights **10.45** State of the Union **11.05** The Mash Report **11.35-11.50pm** Grand Tours of Scotland

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw **8.55** Pen-Blwydd Pwy? **9.00** Clwb Rygbi **11.10** Rownd a Rownd **12.00noon LIVE** Ralio: Rali Cymru GB **1.40pm** Yr Wythnos **2.10** Dechrau Canu Dechrau Canmol **2.40** Rygbi Pawb **3.20** Dudley **3.45** Ffermio **4.10** Clwb Rygbi **5.55** Pobol y Cwm Omnibws **7.45** Newyddion a Chwaraeon **8.00** Dechrau Canu Dechrau Canmol **9.00** Ralio: Rali Cymru GB **10.00** Y Byd yn ei Le gyda Guto Harri **10.35-11.35pm** Gwanas i Gbara

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Natural World** Documentary following a pioneering team in Brazil as they track individual wild jaguars in order to gain new insights into their lives.
8.00 **Britain's Biggest Warship** 1/3. Life on board aircraft carrier *HMS Queen Elizabeth*, as she is taken to sea for the first time.
9.00 **Jumbo: The Plane That Changed the World** Documentary examining the origins and development of the Boeing 747.
10.00 **Britain's Greatest Generation** 1/4. The stories of Britons who fought or lived through World War Two.
11.00 **Operation Jericho** A World War Two RAF mission to free French Resistance fighters.
12.00 M'T **The Sinner**
12.45 AM **How Quizzing Got Cool: Brains of Britain**
1.45 **Paris Is Burning**
2.55 **to 3.55** AM **Britain's Biggest Warship**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Amazing Spaces Special: 24 Hour Build**
10.00 **FILM Carry On Nurse** Classic comedy. (1959, b/w, PG, 85min) ★★★
11.45 **Kirstie's Handmade Treasures** Classic recipes.
12.00 NOON **Four in a Bed**
2.40 PM **Come Dine with Me**
5.20 **Four in a Bed** The contest kicks off at Hope Mountain B&B in Cymau.
5.50 **Four in a Bed** From The Beaumont Hotel in Louth, Lincolnshire. **6.25** The Rock House hotel in Lynmouth, Devon. **6.55** The competition is at Troy House in Painswick. **7.25** The B&B owners meet up for the last time.
8.00 **Emergency Helicopter Medics** The medics struggle to reach a horse rider who has fallen in the forest.
9.00 **999: On the Frontline** New edition A three-month-old baby stops breathing and is unconscious.
10.00 **24 Hours in A&E** A baby is rushed in after a seizure and losing consciousness.
11.05 **999: What's Your Emergency?** An injured police officer needs help.
12.05 AM **Emergency Helicopter Medics**
1.05 **999: On the Frontline**
2.10 **24 Hours in A&E**
3.10 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Emmerdale**
8.45 **Coronation Street**
11.45 **Catchphrase**
12.25 PM **You've Been Framed! Gold: Top 100 Weddings**
1.25 **FILM Looney Tunes: Back in Action** Partly animated comedy starring Brendan Fraser and Jenna Elfman. (2003, PG, 90min) ★★★
3.15 **Britain's Got Talent: The Champions – Final** Ant and Dec introduce the final in which the overall winner is revealed.
5.20 **FILM Step Up 3** Dance musical sequel starring Rick Malambri. A New York street dance crew strive to win a big dance contest that will allow them to keep their warehouse studio. (2010, 12, 102min) ★
7.25 **FILM Jurassic Park** Steven Spielberg's monster thriller starring Sam Neill. A billionaire showman creates an island leisure park populated by genetically engineered – and very dangerous – dinosaurs. (1993, PG) ★★★★★
10.00 **Family Guy** Double bill of the comedy series. (S4)
10.55 **Family Guy** 21/22. Stories inspired by viewers. (S3)
11.30 **American Dad!**
12.25 AM **Plebs**
1.20 **Don't Hate the Playaz**
2.10 **to 2.20** AM **Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
8.25 **The Crystal Maze**
9.30 **Ramsay's 24 Hours to Hell and Back**
10.30 **The Goldbergs**
12.30 PM **FILM Baby's Day Out** Comedy with Joe Mantegna. (1994, PG, 99min) ★★
2.30 **Rude(ish) Tube Shorts**
2.45 **The Big Bang Theory** Eight episodes of the comedy series, including at: **6.10** 7/24. Amy manipulates the truth so she can continue living with Sheldon. (S10)
6.40 **FILM Back to the Future** Time-travel comedy fantasy starring Michael J Fox and Christopher Lloyd. A teenager is accidentally sent back in time to 1955 and must ensure that his future parents fall in love. (1985, PG, 115min) ★★★★★
9.00 **Don't Tell the Bride** New edition The groom's plans for a wedding at the Eiffel Tower are leaked.
10.00 **Rob Beckett's Savage Socials** New edition The comedian examines social media content.
10.50 **Naked Attraction** 4/5. Anna Richardson hosts.
11.55 **First Dates** Twin sisters visit the restaurant.
1.00 AM **Don't Tell the Bride**
2.10 **Rob Beckett's Savage Socials** As 10.00pm.
2.50 **Tattoo Fixers: Extreme**
3.45 **to 6.00** AM **Hollyoaks**

+1 hour 235 | 146 | 28 | 123

SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Children's Hospital**
11.00 **Sun, Sea and A&E** A British tourist starts having convulsions in Magaluf.
12.00 NOON **Paramedics** A team are confronted with mental health-related calls. **1.00** PM An elderly swimmer gets into difficulties when the weather condition changes.
2.00 PM **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.

12.00 Criminal Minds

7 PM
7.00 **Blue Bloods** *Pilot*: 1/22. Drama centred on New York City police commissioner Frank Reagan and his family.

8 PM
8.00 **Blue Bloods** *Samaritan*: 2/22. The Reagans are forced to question their attitude toward vigilantism and the media. (S1)

9 PM
9.00 **FBI** *The Armorer's Faith*: 10/22. OA, Maggie and Rowan Quinn embark on a dangerous undercover mission. (S1)

10 PM
10.00 **Instinct** *One-of-a-Kind*: 6/13. A victim's body is found in the middle of a street artist's piece of work. (S2)
11.00 **Criminal Minds** 4/24. The profilers investigate a 'surgeon' performing lobotomies. (S9)
12.00 M'T **Criminal Minds** 5/24. A girl goes missing. (S9)
1.00 AM **Blue Bloods**
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Urban Secrets**
7.00 **Without a Trace** Five episodes, including at: **10.00** *4G*: 11/18. A private investigator disappears. **11.00** *Article 32*: 12/18. A woman vanishes while doing community service. (S6)
12.00 NOON **David Attenborough's Wild City** Triple bill.
3.00 PM **Blue Bloods** Four episodes, including at: **6.00** *Moonlighting*: 9/22. A dangerous convict strikes a deal with Danny. (S2)

11.10 Ray Donovan

7.00 **Blue Bloods** *Whistle Blower*: 10/22. Erin enlists Danny and Jackie's help to find the killer of an informant. (S2)
8.00 **Discovering: Helen Mirren** A glimpse into the world of the Academy Award-winning actress.
9.00 **Catherine the Great** 1/4. Drama following the German-born Empress of Russia, towards the end of her reign. (S1)
10.00 **Succession** *Dundee*: 8/10. The entire Roy clan travels to Logan's hometown of Dundee for a celebration. (S2)
11.10 **Ray Donovan** 11&12/12. (S3)
1.25 AM **Girls** 9/10. (S6)
2.00 **Succession** New episode 9/10. Logan, Kendall, Gerri and Tom testify before Congress. (S2)
3.10 **Mike Judge Presents: Tales from the Tour Bus**
4.20 **to 6.00** AM **Fish Town**

+1 hour 208

GOLD

110 110 810 124 310 392

7.35 AM **Boomers**
8.50 **We Have Been Watching**
9.45 **Porridge: Inside Out**
10.50 **Boomers**
11.25 **Only Fools and Horses**
12.35 PM **Only Fools and Horses** As shown at 5.40pm. **1.40** The Trotter brothers' finances hit an all-time low. **3.00** As shown at 6.45pm. **4.35** Uncle Albert is mugged. **5.40** The Trotters prepare for Raquel to give birth. **6.45** The Trotters lose their millions in a dodgy deal.

8.20 Dad's Army

Only Fools and Horses (started at 6.45pm)
8.20 **Dad's Army** Mainwaring's men pose as traitors to see how the town would deal with Nazi infiltrators.
9.00 **Harry Enfield and Chums** First edition. Tim Nice-But-Dim takes over an antiques shop.
9.50 **Mrs Brown's Boys** Agnes attempts to solve son Dermot's relationship problems. **10.30** Agnes worries her family are too secretive.
11.10 **Men Behaving Badly** A jealous Gary suspects that Dorothy is having an affair.
11.50 **Men Behaving Badly**
12.30 AM **Morgana Robinson's The Agency** Four episodes.
2.55 **to 4.00** AM **Men Behaving Badly**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **On the Buses**
6.25 **The Royal**
8.20 **Heartbeat**
10.30 **Inspector Morse**
12.50 PM **Agatha Christie's Marple**
2.50 **Agatha Christie's Poirot** *Sad Cypress*: The detective investigates two poisonings.
4.55 **Midsomer Murders** *Blood Will Out*: Travellers antagonise a magistrate in the sleepy village of Martyr Warren, who is subsequently shot dead – and his killer may lie closer to home than initially thought.

9.00 Alexander Armstrong's...

6.55 **Midsomer Murders** *Beyond the Grave*: Barnaby and Troy investigate when the villagers of Aspern Tallow begin to believe the ghost of a former resident has come back to haunt them.
9.00 **Alexander Armstrong's Land of the Midnight Sun** The presenter embarks on a journey from Iceland to Greenland.
10.00 **Agatha Christie's Poirot** *Four and Twenty Blackbirds*: A restaurant customer's change of diet intrigues Poirot.
11.10 **Birds of a Feather** Sharon and Tracey discover Dorien has been keeping a big secret. **11.40** Tracey and Sharon vie for a Pearly Queen title.
12.10 AM **Scott & Bailey** Double bill.
2.05 **to 5.30** AM **Agatha Christie's Marple**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport: Petrol Heads** Archive action.
6.15 **Motorsport UK**
7.00 **British Touring Car Championship Highlights**
8.20 **All Elite Wrestling: Dynamite**
10.20 **World Superbike Highlights**
11.20 **Columbo: The Conspirators**
1.30 PM **River Monsters**
1.55 **The Big Fish Off**
3.00 **Monster Carp**
3.55 FILM **Kelly's Heroes** World War Two action comedy starring Clint Eastwood. (1970, PG, 143min) ★★★★

11.20 Columbo

7.00 **Rugby World Cup 2019 Highlights** Action from the latest matches – New Zealand v Namibia, and France v Tonga.
7.45 **Hornblower** *Duty*: Conclusion. Despite his reservations, Hornblower agrees to marry Maria, but is immediately sent to France on a mission to locate a missing sloop and its captain, Bracegirdle. En route, Hornblower rescues two strangers caught in a storm.
10.00 FILM **American Sniper** Biopic starring Bradley Cooper. (2014, 15, 132min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.45 AM **Minder** Terry's fingerprints are found on a getaway car, so he is forced to attend court, but his prospects look gloomy.
1.45 **to 2.40** AM **The Sweeney** Regan finds himself in trouble when an old allegation of corruption is raised again.

+1 hour 220 175 154

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Sky Two

170 160 11 144

7.00 AM **The Crystal Maze**
12.00 NOON **60 Minute Makeover** Triple bill.
3.00 PM **Stargate SG-1** (S7)
7.00 **Stargate SG-1** *Birthright*: 10/22. The team help the cause of the beautiful Ha'ktyl leader. (S7)
8.00 **Road Wars**
9.00 **How to Get Away with Murder** *Please Say No One Else Is Dead*: 15/15. Annalise continues to search for the truth. (S5)
10.00 **Elementary** *Reichenbach Fails*: 12/13. Tech billionaire Odin Reichenbach inadvertently provides Holmes and Watson with a lead. (S7)
11.00 **Instinct** 6/13. (S2)
12.00 M'T **FBI** 10/22. (S1)
1.00 AM **S.W.A.T.** 16/23. (S2)
2.00 **Stop, Search, Seize**
3.00 **Duck Quacks Don't Echo** Double bill.
5.00 **to 6.00** AM **Animal House**

Pick

152 165 11 144

6.00 AM **Police Ten 7**
7.00 **Border Patrol**
9.00 **Motorway Patrol**
10.30 **Highway Patrol**
11.00 **Caught Red Handed**
1.00 PM **Monkey Life**
6.00 **David Attenborough's Galapagos**
7.00 **Police Force: Australia** New editions Officers hunt for a drug kingpin and his runners. **7.30** Officers carry out raids in a community.
8.00 **Nothing to Declare**
9.00 **World's Most Evil Killers** The case of Wolfgang Schmidt.
10.00 **Killer in My Village**
11.00 **Golden State Killer: Unmasked**
12.00 M'T **The Force: Manchester**
1.00 AM **The Force: Manchester**
4.00 **to 6.00** AM **Motorway Patrol**

+1 hour 252 92 145

Dave

112 112 812 132 181 307 370

7.10 AM **Top Gear**
9.00 **Hurricane Man**
10.00 **Border Force: America's Gatekeepers**
11.00 **Cops UK: Bodycam Squad** Documentary.
12.00 NOON **Steve Austin's Broken Skull Challenge**
1.00 PM **American Pickers**
4.00 **Would I Lie to You?**
6.00 **Red Bull Soapbox Race**
7.00 **Cops UK: Bodycam Squad** Documentary.
8.00 **Top Gear**
9.00 **Have I Got a Bit More Old News for You**
10.00 **Comedians Giving Lectures**
10.40 **Taskmaster**
11.40 **QI XL** With Bill Bailey.
12.40 AM **Dave Gorman: Modern Life Is Goodish**
1.40 **Live at the Apollo**
2.45 **Have I Got a Bit More Old News for You**
3.30 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Blockbusters**
9.00 **Friends** Triple bill.
10.30 FILM **Paul Blart: Mall Cop** Comedy with Kevin James and Jayma Mays. (2009, PG, 91min) ★
12.30 PM **Friends**
7.00 FILM **Pixels** Comedy, starring Adam Sandler and Peter Dinklage. (2015, 12, 106min) ★★
9.00 FILM **Dumb and Dumber** Comedy with Jim Carrey, Jeff Daniels and Lauren Holly. Two friends embark on a cross-country journey to return a beautiful woman's briefcase. (1994, 12, 107min) ★★
11.00 FILM **Jackass Presents: Bad Grandpa .5** Hidden camera comedy with Johnny Knoxville. (2014, 15, 82min) ★★
12.55 AM **South Park**
3.20 **to 5.00** AM **Impractical Jokers**

+1 hour 212 133 119

ITV Be

131 119 179 26 118

7.00 AM **Real Housewives of New Jersey** Double bill.
8.50 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of Beverly Hills**
5.15 **The Only Way Is Essex**
6.15 **Bachelor in Paradise** New edition A damsel confronts the man that deceived her.
8.00 **Sam and Billie: The Mummy Diaries**
9.00 **The Only Way Is Essex** New edition Dan heads out on a wild night.
10.00 **Absolutely Ascot** New edition Ellie introduces her baby Michael to Ascot with a party.
11.00 **The Real Housewives of Cheshire**
12.00 M'T **Real Housewives of New York City**
1.00 **to 1.55** AM **Love Island USA** New edition

+1 hour 231 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries**
9.00 **Father Brown**
1.00 PM **The Coroner** 1/10. Jane and Davey investigate a skydiving accident. **2.00** 2/10. Building work at an abandoned cottage unearths a child's remains. (S2)
3.00 **Inspector George Gently** *Gently with Honour:* Bacchus and Gently delve into a world of military secrets. **5.00** *Gently Going Under:* Bacchus and Gently look into the death of a miner.

9.00 The Doctor Blake...

7.00 **Murdoch Mysteries** *The Spy Who Loved Murdoch:* 5/18. Murdoch is drafted in to impersonate a French diplomat.
8.00 **Murdoch Mysteries** *Sir. Sir? Sir!!!* 6/18. An alien species intent on wiping out the human race invades Toronto. (S12)
9.00 **The Doctor Blake Mysteries** *A Good Drop:* 7/10. A farmer is shot after having his vineyard set on fire. (S5)
10.00 **My Life Is Murder** *The Locked Room:* 2/10. Alexa investigates when a man is found shot dead in a motel room. (S1)
11.00 **Copper** 9/10. Corcoran finds himself in an ungracious state on Thanksgiving Day. **12.00** M'T 10/10. Corcoran races to keep his life – and New York City – intact. (S1)
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 375

6.00 AM **Star Trek: Voyager**
8.00 **Teleshopping**
11.00 **FILM Alien Convergence** Thriller with Stephen Brown. (2017, PG, 110min) ★★
12.50 PM **FILM Bridge to Terabithia** Fantasy adventure. (2007, PG, 95min) ★★★★★
2.50 **FILM Batteries Not Included** Fantasy with Hume Cronyn. (1987, PG, 105min) ★★★★
5.00 **FILM Flight of the Navigator** Adventure with Joey Cramer and Sarah Jessica Parker. (1986, U, 89min) ★★★

11.10 Black Dog

7.00 **FILM Kull the Conqueror** Adventure starring Kevin Sorbo, Tia Carrere and Thomas Ian Griffith. Kull the Conqueror battles against enemies who are determined to topple him. (1996, 12, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **FILM Death Race** Thriller remake starring Jason Statham and Joan Allen. An innocent ex-racing driver is incarcerated on Terminal Island and forced to compete in the prison's Death Race. (2008, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **FILM Black Dog** Thriller. (1998, 12, 88min) ★★★
1.00 AM **FILM Road Wars** Action adventure. (2015, 15) ★★
3.00 **The Outpost** 12/13. (S2)
4.00 **to 6.00** AM **FILM Mythica: The Necromancer** Fantasy. (2015, PG, 120min) ★★

+1 hour 214 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **Tipping Point**
11.00 **Doctor Who** (S6&7)
1.00 PM **Doctor Who** Four episodes, including at: **4.00** *The Angels Take Manhattan:* 5/14. New York's statues come to life. Guest stars Mike McShane. (S7)
5.00 **Outnumbered** Ben falls foul of a football referee. **5.40** The family have a restless night when a thunderstorm breaks over the house. **6.20** The family spend a day sightseeing in London.

7.00 Gavin & Stacey

7.00 **Gavin & Stacey** Tensions between the newlyweds reach fever-pitch. **7.40** Hapless uncle Bryn tries to organise a special treat for Gwen's birthday. **8.20** The newlyweds begin leading separate lives in their home towns.
9.00 **Stacey Dooley Sleeps Over** 5/6. Stacey spends time with a Mormon family from Ashton-under-Lyne.
10.00 **Louis Theroux – A Place for Paedophiles** Life inside Coalinga State Hospital, home to more than 500 sex offenders.
11.00 **Leaving Amish Paradise**
12.00 M'T **One Born Every Minute**
1.00 AM **Who Do You Think You Are?** With Mary Berry.
1.50 **Criminal Minds: Beyond Borders** 6/13. (S2)
2.35 **to 3.00** AM **Bin There, Dump That**

+1 hour 209 190

Universal

113 113 813 | 122 121 | 320 385

8.00 AM **Law & Order** (S10&11)
1.00 PM **NCIS** Six episodes of the US drama, including at: **3.00** 8/24. The teenage daughter of a US Navy commander is abducted. **4.00** 9/24. Gibbs teams up with TC Fornell after an attempt on the FBI agent's life. Guest stars Joe Spano. **5.00** 10/24. Tony's father visits for Christmas. Guest stars Robert Wagner. **6.00** 11/24. Ziva's father turns up unannounced. (S10)

7.00 NCIS

7.00 **NCIS** *Shiva:* 12/24. The team identify the killer as a Swedish mercenary and links the bullets to an Iranian arms dealer.
8.00 **NCIS** *Hit-and-Run:* 13/24. The team are called to the scene of a fatal car crash involving a Marine lance corporal. (S10)
9.00 **Law & Order: Special Victims Unit** *Hammered:* 4/24. A man contacts the police after discovering a dead woman in his bed.
10.00 **Law & Order: Special Victims Unit** *Hardwired:* 5/24. The team face a dilemma regarding a child abuse case. (S11)
11.00 **Law & Order: Special Victims Unit** *Spooked:* 6/24. A couple are found murdered in the back of a truck. (S11)
12.00 M'T **Proven Innocent** 1/13. Legal drama. (S1)
1.00 AM **Chicago Med** (S3)
3.00 **to 5.00** AM **Private Eyes**

+1 hour 213 206

FOX

124 124 821 | 157 199

8.00 AM **The Closer** 7/15. (S4)
9.00 **Bones** 17/21. (S2)
10.00 **NCIS** 15/24. (S13)
11.00 **The Mentalist** 11/23. (S2)
12.00 NOON **Bones** 18/21. (S2)
1.00 PM **NCIS** 16&17/24. (S13)
3.00 **Bones** 19/21. An astronaut is found dead in a crater. (S2)
4.00 **The Mentalist** 12/23. (S2)
5.00 **Bones** 20/21. A pile of bones create a mystery. **6.00** 21/21. The death of a 10-year-old girl puzzles the team. (S2)

6.00 Bones

7.00 **NCIS** *Scope:* 18/24. The team must ask a traumatised serviceman to relive the events of a brutal ambush in Iraq.
8.00 **NCIS** *Reasonable Doubts:* 19/24. A US Navy officer's tangled love-life is exposed after he is murdered. (S13)
9.00 **NCIS: New Orleans** *Survivor:* 16/24. Hannah is placed in protective custody when an elusive terrorist targets her. (S5)
10.00 **Family Guy** 1/20. Stewie becomes addicted to ADHD medication. **10.30** 2/20. Joe's father visits Quahog. (S14)
11.00 **American Dad!** 17/20. (S10)
11.30 **Family Guy** 3/20. (S14)
12.00 M'T **American Dad!** (S4)
12.30 AM **American Dad!** (S4)
1.00 **Family Guy** (S4&7)
2.00 **American Dad!** (S4)
3.00 **Family Guy** (S14)
4.00 **to 5.00** AM **The Closer**

+1 hour 224 158

Sony Channel

157 189 48 142

6.00 AM **Touched by an Angel** Triple bill.
9.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote**
7.00 **M*A*S*H** 22/25. The medics finally get some sleep after two days of constant work. **7.30** 23/25. A famous war correspondent falls in love with BJ. **8.00** 24/25. Charles shares surgical know-how with three visiting Korean medics. **8.30** 25/25. A hard-line disciplinarian colonel visits the 4077th. (S8)
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **Starsky and Hutch**
2.00 **TJ Hooker** 5/5. (S1)
3.00 **M*A*S*H** (S8)
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Tales of the Unexpected**
8.30 **The South Bank Show Originals**
9.00 **Discovering** Triple bill.
12.00 NOON **War and Peace**
2.00 PM **Too Young to Die**
3.00 **Passions** The last days of his idol Judy Garland.
4.00 **John Le Carre: An Evening with George Smiley** Documentary.
6.00 **The South Bank Show Originals** Six editions.
7.00 **John Le Carré: An Evening with George Smiley** Documentary.
9.00 **The South Bank Show 40th Anniversary Special** Arts and culture.
11.00 **The South Bank Show Originals** Double bill.
12.00 M'T **Passions**
1.00 AM **The Pity of War: Poets at the Front**
2.00 **Leonard Cohen I'm Your Man** Documentary.
4.00 **to 6.00** AM **War and Peace**

4seven

137 143 203 47 110 127

9.00 AM **Couples Come Dine with Me** Double bill.
11.00 **A Place in the Sun: Winter Sun** Double bill.
1.00 PM **A Place in the Sun**
2.00 **A Place in the Sun: Winter Sun** Double bill.
4.00 **Ramsay's Kitchen Nightmares USA**
7.00 **Ramsay's Kitchen Nightmares USA** A failing Italian restaurant in Boston. **8.00** Gordon gives the owners of La Galleria 33 an ultimatum.
9.00 **Gogglebox** Double bill.
11.05 **The Great British Bake Off** Noel Fielding and Sandi Toksvig host Dessert Week.
12.25 AM **8 Out of 10 Cats Does Countdown**
1.30 **Treasure Island with Bear Grylls**
2.35 **Crime and Punishment**
3.40 **Undercover Boss USA**
4.30 **to 5.00** AM **Food Unwrapped**

5USA

141/169 153 21 129

9.00 AM **Access**
9.10 **Columbo: Troubled Waters** Murder mystery.
11.05 **Columbo: Murder, A Self Portrait** Drama.
1.05 PM **Columbo: It's All in the Game** Mystery.
3.10 **Columbo Cries Wolf**
5.15 **Columbo: Murder, Smoke and Shadows** Mystery with Peter Falk.
7.20 **Columbo: Double Shock** Murder mystery.
9.00 **Law & Order: Criminal Intent** *Wrongful Life:* 15/22. A lawsuit leads to murder. (S5)
10.00 **NCIS: Los Angeles** *Endgame:* 1/24. Callen is suspended after killing the Chameleon. **11.00** *Recruit:* 2/24. A former Marine is killed during a strike. (S4)
12.00 M'T **Law & Order: Special Victims Unit**
2.50 AM **Chicago PD** (S4)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Last Man Standing**
8.20 **Two and a Half Men**
12.55 PM **Nightmare Tenants, Slum Landlords**
1.55 **Hoarding Hell: Nightmare Tenants, Slum Landlords**
3.00 **Nightmare Tenants, Slum Landlords**
4.00 **Can't Pay? We'll Take It Away!** Triple bill.
7.00 **Can't Pay? We'll Take It Away!** Paul and Ben are called in to evict some squatters.
8.00 **Rich Kids, Skint Holiday** A rock star wannabe heads to Bridlington.
9.00 **FILM Blade 2** Action horror sequel starring Wesley Snipes. (2002, 18, 117min) ★★★★
11.25 **FILM Chappie** Sci-fi thriller with Dev Patel. (2015, 15, 120min) ★★
1.50 AM **The Magicians** (S3)
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 56

Drama

143 130 20 158

7.05 AM **The Bill**
11.00 **The Lost World** 1&2/2. Period adventure.
2.15 PM **Oliver Twist** 1&2/2. Adaptation of Charles Dickens's story.
6.00 **My Family** Ben grows jealous when he meets up with a school friend. **6.40** Nick and Janey pursue their dreams.
7.20 **Call the Midwife** Christmas special 2016. The nurses come to the aid of a clinic in South Africa. Guest stars Sinead Cusack. (S6)
9.20 **Silent Witness** *River's Edge:* The Lyell team investigate the murder of a family shot while picnicking by a river.
11.55 **Waking the Dead** *Blind Beggar:* A skull is found buried in a church crypt.
2.20 AM **New Tricks**
3.30 **to 4.00** AM **Garden Hopping**

+1 hour 243 226

AMC

332 381

Programmes start at 12noon.

12.00 NOON **FILM The Box** Sci-fi mystery. (2009, 12, 110min) ★★★
2.10 PM **Halt and Catch Fire** Five episodes. (S3)
6.55 **FILM The Grand Seduction** Comedy. (2013, 12, 110min) ★★★
9.00 **The Son** *Numunuu:* 1/10. Young Eli leads a daring Comanche raid into Mexico in 1852. (S2)
10.00 **Fear the Walking Dead** *End of the Line:* 16/16. Facing an unknown future, Morgan leads the group on a mission. (S5)
11.00 **FILM The Rover** Crime drama with Guy Pearce and Robert Pattinson. (2014, 15, 101min) ★★★
1.00 AM **The Son** As 9.00pm.
1.55 **Fear the Walking Dead**
2.55 **to 5.30** AM **FILM Only Lovers Left Alive** Fantasy. (2013, 15) ★★★★

CBS Drama

147 197 71 134

7.30 AM **The Key of David**
8.00 **Teleshopping**
9.00 **The Love Boat**
1.00 PM **The Love Boat** (S5)
2.00 **Unsolved Mysteries**
6.00 **Diagnosis Murder** *Bachelor Fathers:* Dr Sloan investigates a woman's death. **7.00** *Being of Sound Mind:* Jesse and Amanda are targeted by a killer. **8.00** *Dance of Danger:* Dr Sloan investigates a fatal stabbing at a disco. **9.00** *The Red's Shoes:* Amanda helps a Chinese ballet dancer defect to America. **10.00** *No Good Deed:* A controversial lawyer confesses to murder.
11.00 **CSI: Miami** *Broken Home:* 16/24. A wealthy couple are murdered.
12.00 M'T **CSI: Miami** *A Grizzly Murder:* 17/24. (S5)
1.00 AM **CSI: Miami** (S5)
4.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **Tomorrow's World**
9.00 **Diagnosis Murder**
2.00 PM **NCIS** (S7)
7.00 **JAG** *Sightings:* 11/22. A girl disappears mysteriously from a small Texas town. **8.00** *The Brotherhood:* 12/22. A Marine is found half-dead after a training exercise. (S1)
9.00 **NCIS: Los Angeles** *Rocket Man:* 21/25. Eric goes undercover when a rocket expert is killed. **10.00** *Plan B:* 22/25. Deeks tries to protect his best friend from a group of arms traffickers. **11.00** *Imposters:* 23/25. A man impersonating a Navy Seal dies after being set on fire. (S2)
12.00 M'T **NCIS: Los Angeles**
2.00 AM **Ultimate Force** (S3)
3.05 **Bonanza** (S14)
4.00 **The High Chaparral**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

7.30 AM **Tomorrow's World**
8.00 **The Key of David**
8.30 **The Lord's Challenge**
9.00 **Judge Judy**
1.00 PM **Judge Judy**
5.00 **Airline** Four editions.
7.00 **Medical Detectives**
8.00 **48 Hours: Mystery** The case of a 19-year-old women with an allegedly abusive boyfriend.
9.00 **Cold Justice** The murder of a young mother.
10.00 **The Real Prime Suspect** The murder of Suzanne Greenhill.
11.00 **Evidence of Evil**
12.00 M'T **Donal MacIntyre's Murder Files**
1.00 AM **Homicide's Elite**
2.00 **The Real Prime Suspect**
3.00 **Crime and Punishment**
3.50 **Hoarders**
4.40 **Dog and Beth: On the Hunt**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **American Ninja Warrior**
9.00 **Dale's Supermarket Sweep** Six editions.
12.00 NOON **Family Fortunes**
2.00 PM **Take Your Pick**
4.00 **Catchphrase**
5.00 **Bullseye** Double bill of the quiz show that tests contestants' skill at darts and their general knowledge.
6.00 **The Chase** Four editions of the general knowledge quiz hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Double bill. Newlywed couples take part.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **Classic Who Wants to Be a Millionaire?**
2.00 **The Chase** Double bill.
4.00 **to 6.00** AM **Dale's Supermarket Sweep**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Most Ridiculous – Bonkers Beasts**
6.25 **Most Ridiculous – Balls Ups**
7.00 **Teleshopping**
9.00 **Most Ridiculous – Troublemakers**
9.30 **Most Ridiculous – European Vacation**
10.00 **Takeshi's Castle**
11.00 **Blockbusters**
12.00 NOON **Impractical Jokers** Four editions.
3.00 PM **Bob's Burgers**
5.00 **The Fresh Prince of Bel Air** (S2)
7.00 **Bob's Burgers** (S8)
8.00 **Friends** (S3/4)
1.00 AM **Russell Howard & Mum: Globetrotters**
2.00 **RuPaul's Drag Race**
3.20 **Kevin Bridges: A Whole Different Story**
4.10 **Single Parents** (S1)
4.30 **Impractical Jokers**
5.15 **to 6.00** AM **Bob's Burgers**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians**
7.00 **Flip It Like Disick** The Jed Smith project has become more than Scott bargained for.
8.00 **Keeping Up with the Kardashians** Kourtney and Scott approach the family for advice.
9.00 **Dating: No Filter** An artivist has her very first date with a woman. **9.30** A military veteran dates an accident-prone hedgehog owner.
10.00 **Flip It Like Disick**
11.00 **Botched**
12.00 M'T **Very Cavallari**
2.00 AM **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Flip It Like Disick**

+1 hour 223 149

Food Network

140 291 41 148

6.00 AM **Diners, Drive-Ins and Dives** Double bill.
8.00 **The Pioneer Woman**
11.00 **Barefoot Contessa – Back to Basics**
1.00 PM **The Great British Bake Off** Triple bill.
4.00 **Jamie's 30 Minute Meals** Four editions.
6.00 **James Martin's Brittany** A celebrated market in Lamballe.
7.00 **James Martin's Champagne** Double bill.
8.00 **Bizarre Foods: Delicious Destinations** A visit to Barcelona, which draws its edible inspiration directly from the mountains and sea. **8.30** Andrew reveals Munich's festival of foods.
9.00 **Diners, Drive-Ins and Dives** Six editions.
12.00 M'T **Mystery Diners**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 280

Lifetime

164 208 329 384

7.00 AM **Judge Judy**
1.00 PM **Little Women: Atlanta** Triple bill.
4.00 **Judge Judy** Real-life small-claims cases.
8.00 **Dance Moms** Hannah feels the pressure when Abby gives her the lead in the group dance.
9.00 **Love at First Flight** Four couples, paired by an expert matchmaker, put their trust in one another to the ultimate test in Las Vegas.
10.00 **Marrying Millions** Bill and Brianna have big news for their families, but it remains to be seen how it will be received.
11.00 **Little Women: LA** Terra works with the Dwarf Athletic Association to sponsor a bocce tournament.
12.00 M'T **Little Women: Atlanta** Triple bill.
3.00 **to 4.00** AM **Dance Moms**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 **House**
1.00 PM **House** (S8)
2.00 **FILM Pontiac Moon** Road movie comedy drama with Ted Danson. (1994, 12, 107min) ★★
4.05 **FILM Circle of Friends** Romantic drama. (1995, 15, 102min) ★★★
6.10 **FILM Close Encounters of the Third Kind** Sci-fi classic. (1977, PG, 135min) ★★★★★
9.00 **FILM Contact** Sci-fi drama with Jodie Foster. (1997, PG, 149min) ★★
11.55 **FILM I Am Number Four** Teen sci-fi thriller. (2011, 12, 109min) ★★★
2.00 AM **Arrow** (S2)
2.55 **The Strain** (S1)
4.15 **Designated Survivor** Political drama. (S1)
5.00 **Gemini Man Movie Special** Preview.
5.20 **The Office (US)** (S5)
5.50 **to 6.00** AM **Access**

Quest

144 144 172 217 12 114 167

6.00 AM **Robson Green: Extreme Fisherman**
7.00 **Le Salvager**
8.00 **American Pickers**
9.00 **Fifth Gear**
10.00 **EFL on Quest**
12.00 NOON **Chasing Classic Cars** Double bill.
2.00 PM **The Last Alaskans**
3.00 **Yukon Men**
4.00 **Speed Is the New Black**
5.00 **Wheeler Dealers**
6.00 **American Pickers**
7.00 **Find It, Fix It, Flog It**
8.00 **Salvage Hunters**
10.00 **Scrap Kings** Metal traders break down massive machines.
11.00 **Fifth Gear**
12.00 M'T **Close Encounters**
1.00 AM **Chasing Classic Cars**
2.00 **Fantomworks**
3.00 **Destroyed in Seconds**
4.00 **Speed Is the New Black**
5.00 **to 6.00** AM **Overhaulin' Chronicles Vol. 2**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes to the Dress: Atlanta**
7.00 **Bondi Vet**
9.00 **My 600lb Life: Where Are They Now?**
11.00 **Extreme Couponing**
12.00 NOON **Animal Cops Phoenix** Double bill.
2.00 PM **My Cat from Hell**
4.00 **Salvage Hunters**
6.00 **Bondi Vet: Coast to Coast** Series finale
7.00 **Vicky Pattison: No Filter**
8.00 **Murder, Mystery and My Family**
9.00 **The Bad Skin Clinic**
10.00 **The Murder Tapes**
11.00 **My 600lb Life: Where Are They Now?**
1.00 AM **Copycat Killers**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Detroit**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Homes Under the Hammer** In Devon.
7.00 **Teleshopping**
8.00 **DIY SOS: The Big Build**
11.00 **Antiques Road Trip**
4.00 PM **Homes Under the Hammer** Four editions.
8.00 **Babies: Special Delivery** A woman expecting triplets receives worrying news.
9.00 **Embarrassing Bodies** Dr Christian Jessen heads to Ibiza.
10.00 **Miami Porn** How the adult entertainment industry is adapting.
11.00 **My Extreme Weight Loss Journey** New edition A man and his daughter who have a strained relationship.
12.00 M'T **Haunted Towns**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **Born to Kill?**
4.50 **to 6.00** AM **Ghost Adventures**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
11.00 **Border Security: Canada's Front Line**
3.00 PM **Road Wars**
7.00 **Snapped** Tales of secrets and lies.
8.00 **In Ice Cold Blood** Thanksgiving weekend takes a dark turn when a girl is brutally killed.
9.00 **NEW SERIES I Love You, Now Die: The Commonwealth vs Michelle Carter** A woman accused of persuading her boyfriend to commit suicide by text.
10.15 **The Jinx: The Life and Deaths of Robert Durst** Double bill.
12.15 AM **Britain's Most Evil Killers** Triple bill.
3.00 **How I Caught the Killer**
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

7.00 AM **48 Hours: Mystery**
12.00 NOON **Fatal Attraction**
4.00 PM **Prison Wives**
7.00 **Prison Wives** A man who is five years into a life sentence for murder hopes to become a first-time parent. **8.00** Pam Booker prepares for a conjugal visit to her husband, who is serving two life sentences for murder.
9.00 **Women on Death Row** Documentary about females facing the death penalty for their crimes.
11.00 **Deadly Women** The case of reserved Sunday school teacher Lizzie Borden, who in 1892, was charged with killing her stepmother and father with an axe.
12.00 M'T **Deadly Women**
1.00 **to 4.00** AM **Deadly Women**

+1 hour 279

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **Ben Fogle: New Lives...**
11.05 **FILM Perfect Understanding** (1932, b/w, U, 86min) ★★
12.50 PM **FILM The Loneliness of the Long Distance Runner** Classic drama. (1962, b/w, 12, 100min) ★★★★
3.00 **The Secret Life of Puppies – Terrible Twos**
4.00 **Jo Brand's Cats & Kittens** (S1)
8.00 **Rich House, Poor House**
9.00 **The Secret World of Your Rubbish**
10.00 **Sinkholes...** (S2)
11.00 **World's Deadliest Weather: Caught on Camera**
12.00 M'T **Brits Abroad: Weather Terror**
1.00 AM **Panic at 30,000 Feet**
2.00 **Fights, Camera, Action!**
3.00 **to 4.00** AM **British Airways: 100 Years...**

5Spike

150 154 31 141

9.00 AM **Criminals: Caught on Camera**
9.30 **The A-Team**
12.35 PM **Can't Pay? We'll Take It Away!**
2.35 **FILM Something Big** Comedy Western. (1971, PG, 108min) ★★★
4.55 **FILM Coroner Creek** Western starring Randolph Scott. (1948, PG, 89min) ★★
6.50 **FILM Attack!** Anti-war drama. (1956, b/w, PG, 107min) ★★★
9.00 **FILM Killing Season** Thriller with Robert De Niro and John Travolta. (2013, 15, 87min) ★
10.45 **FILM The Cold Light of Day** Action thriller. (2012, 12, 89min) ★★
12.40 AM **Criminals: Caught on Camera**
1.40 **America's Most Inhumane Prison**
2.50 **to 3.00** AM **Access**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress: Bridesmaids**
10.00 **Cake Boss**
3.00 PM **Say Yes to the Dress: UK** Six editions.
6.00 **Say Yes to the Dress**
7.00 **90 Day Fiancé: Before the 90 Days** Jennifer uncovers a secret.
9.00 **90 Day Fiancé: The Other Way** Jenny is devastated when she hears shocking news.
10.00 **Brides, Grooms and Emergency Rooms** A couple are kidnapped and taken for ransom on their wedding day.
11.00 **The Family Chantel**
12.00 M'T **90 Day Fiancé: The Other Way** As 9.00pm.
1.00 AM **Brides, Grooms and Emergency Rooms**
2.00 **The Family Chantel**
3.00 **Say Yes to the Dress: Bridesmaids**
5.00 **to 6.00** AM **Cake Boss**

+1 hour 233 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Devonport: Inside the Royal Navy** Six editions.
12.00 NOON **Mighty Ships** A look at the *USS New York*. **1.00** PM The *USNS Grasp*. **2.00** Dutch company Van Oord's fallpipe vessel. **3.00** The Northern Eagle. **4.00** A vessel designed to install wind turbines. **5.00** Challenges faced by the constructors of *Crystal Serenity*.
6.00 **How Trains Changed the World** A look at how metro systems have shaped cities.

9.00 UFOs: The Lost Evidence

7.00 **How Trains Changed the World** A look at how trains transformed the battlefield – as both weapons and transport.
8.00 **Sydney Harbour Patrol** As a police boat crashes onto rocks, a salvage diver tries to save beachgoers from the debris.
9.00 **UFOs: The Lost Evidence** New edition News of a secret UFO programme may reveal shocking evidence.
10.00 **Super Predator** A quest to determine what creature managed to devour a nine-foot-long great white shark.
11.00 **Alien Encounters** Spacecrafts hover in Earth's atmosphere.
12.00 M'T **UFOs: The Lost Evidence**
1.00 AM **Outback Truckers**
2.00 **Fast N' Loud**
3.00 **Sydney Harbour Patrol**
3.50 **Alien Encounters**
4.40 **American Chopper**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Jeff: Rocky Mountain Vet** Six editions of the series.
12.00 NOON **Bad Dog!**
1.00 PM **Bad Dog!** Triple bill.
4.00 **Dr Jeff: Rocky Mountain Vet** New edition Dr Jeff looks at the most special and inspiring cases he has taken on. **5.00** Dr Jeff performs a risky operation to save a puppy's leg.
6.00 **The Zoo: San Diego** The keepers wave goodbye to two elephant brothers leaving for Texas. Plus, two African penguin chicks join the colony.

9.00 Crocodile Hunter

7.00 **Legend of Deep Blue** Brandon McMillan and Jimi Partington search for the largest great white in the world, Deep Blue.
8.00 **Big Cat Tales** The team return during the migration of the wildebeest, and the Marsh Pride are missing.
9.00 **Crocodile Hunter** Steve and Terri Irwin travel the globe in a search for rare and dangerous beasts.
10.00 **Animal Cops Houston** Chief investigator Jim Boller and his team are given an unusual task – moving four black bears.
11.00 **Animal Cops Houston** The team wade through thick mud to retrieve a wild boar, and rescue ostriches found abandoned without food.
12.00 M'T **Animal Cops Houston**
1.00 AM **Animal Cops Houston**
4.40 **Escape to Chimp Eden**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Reach for the Stars**
8.30 **The Peace Visit**
9.00 **Megastructures**
10.00 **Superstructures: Engineering Marvels**
11.00 **Ultimate Airport Dubai**
3.00 PM **Ultimate Airport Dubai** Staff are forced to deal with drunken passengers. **4.00** An air traffic emergency leads to a runway closure. **5.00** Staff deal with a stranded German couple. **6.00** Highlights from the fly-on-the wall series.

9.00 Ultimate Airport Dubai

7.00 **Ultimate Airport Dubai** Series highlights, including the unexpected discovery of an octopus in a passenger's bag.
8.00 **Ultimate Airport Dubai** A man suffers a heart attack on board a plane, and a passenger has a suspicious story.
9.00 **Ultimate Airport Dubai** Pele drops in to the VIP lounge, and the staff discover a stash of potentially lethal drugs.
10.00 **Ultimate Airport Dubai** A new pilot makes his maiden flight, and work on a new runway is only just finished in time.
11.00 **Ultimate Airport Dubai** An emergency landing.
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Ultimate Airport Dubai**
2.00 **Abu Dhabi, Between Tradition and 21st Century**
3.00 **World's Fastest Rollercoaster**
4.00 **to 5.00** AM **Megastructures**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
7.00 **Pawn Stars**
8.00 **Little Women: LA**
8.30 **Pawn Stars**
9.30 **Storage Wars**
11.00 **Conspiracy** Pearl Harbor.
12.00 NOON **Mountain Men** Morgan and Margaret fly north to secure some meat.
1.00 PM **River Hunters**
3.00 **Storage Wars**
5.00 **Pawn Stars**
6.00 **Ax Men Reborn** Pihl Logging and Rygaard Logging return.

9.00 Captain Cook's Pacific

7.00 **American Pickers: Best Of** Some of Mike and Frank's finest finds and premium picks related to the rich and famous.
8.00 **Deep Sea Salvage** The team battle to stop a catastrophic explosion when an oil tanker splits in two on the Mississippi.
9.00 **Captain Cook's Pacific with Sam Neill** New edition Captain Cook's first interactions with the Maori people.
10.00 **Brunel: The Man Who Built Britain** Rob Bell tells the story of Isambard Kingdom Brunel's two ship design masterpieces.
11.00 **Witness** A chilling insight into the mind of John Childs, convicted in 1979 for a series of contract killings.
12.00 M'T **The Butcher**
1.00 AM **1968: The Year That Changed the World**
3.00 **River Hunters**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **WW2 Air Crash Detectives** As 12.55am.
8.00 **WW2 – Battles for Europe**
12.00 NOON **Nazi Murder Mysteries**
1.00 PM **Mars the Magnificent**
2.00 **Shipwreck Psycho**
3.00 **The True Story of the Mary Celeste** As 6.00pm.
4.00 **Mars the Magnificent**
5.00 **Shipwreck Psycho** Clues to a 400-year-old mass murder on a remote island off Australia.
6.00 **The True Story of the Mary Celeste** Investigating the mystery of the deserted ship.

5.00 Shipwreck Psycho

7.00 **Bob Monkhouse: Million Joke Man** Charting Bob Monkhouse's reinvention as the elder statesman of British comedy.
8.00 **'Allo 'Allo!** Herr Flick arrests Leclerc, and Edith is in a romantic mood. **8.35** Rene narrowly escapes 258 exploding Christmas puddings. **9.10** The resistance attempt to smuggle the airmen back to England.
9.45 **World's Greatest Palaces** Kensington Palace in London, which was the brainchild of Christopher Wren.
10.45 **Train Truckers** The crew head to Germany.
11.45 **Impossible Railways** How bridges help to solve a series of spanning problems.
12.45 AM **WW2 Air Crash Detectives** The Baker's Creek disaster in Australia in 1943. **1.45** The accident that killed Prince George in 1942.
2.35 **to 3.00** AM **Battle Factory**

+1 hour 255 200

Sunday

7 PM

8 PM

9 PM

10 PM

Disc. History

171 262

6.00 AM **Kings of Construction**
8.00 **Treasure Quest**
10.00 **Dark Side of the Sun**
11.00 **Sinkholes: Swallowed Alive**
12.00 NOON **Hurricane Sandy**
1.00 PM **Megaquake: Hour That Shook Japan**
2.00 **Aftershock: Disaster in Nepal**
3.00 **Kings of Construction**
5.00 **Treasure Quest**
7.00 **Wildest Islands**
8.00 **Shackleton: Death or Glory**
9.00 **Most Evil**
10.00 **The Beslan Siege**
12.00 M'T **Edge of War**
1.00 AM **Dark Side of the Sun**
2.00 **Sinkholes: Swallowed Alive**
3.00 **Hurricane Sandy**
4.00 **Megaquake: Hour That Shook Japan**
5.00 **to 6.00** AM **Aftershock: Disaster in Nepal**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
11.00 **David Attenborough's Natural Curiosities**
12.00 NOON **Natural World**
3.00 PM **Jungle Planet**
5.00 **David Attenborough's Natural Curiosities**
6.00 **Africa's Fishing Leopards: Natural World** A leopard and its cubs try to survive in the wilds of Botswana.
7.00 **Battle to Save the Tiger – Natural World** Poaching within Indian tiger reserves.
8.00 **Cheetahs: Growing Up Fast – Natural World** Two years in the lives of a cheetah and her cubs.
9.00 **Jungle Planet** Four editions of the series.
11.00 **David Attenborough's Natural Curiosities**
12.00 M'T **Natural World**
5.30 **to 6.00** AM **Jungle Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Little Monkey House**
9.00 **Baby Elephant Rescue**
10.00 **Born in Africa**
1.00 PM **Birth of a Pride**
2.00 **Born Wild**
3.00 **Africa's Hunters**
5.00 **Botswana**
6.00 NEW **Animal Fight Club: Best Of** A look at highlights of the series.
7.00 **Dead By Daylight** Nocturnal predators.
8.00 **Animal Fight Club: Best Of** Series highlights.
9.00 **When Sharks Attack: Best Of** Shark attacks in Cancun and Oahu's tropical waters.
10.00 **Eyewitness Shark Attack** Investigating footage of shark attacks.
11.00 **Operation Sharklift**
12.00 M'T **When Sharks Attack: Best Of**
1.00 AM **When Sharks Attack**
2.00 **Born in Africa**
3.00 **Birth of a Pride**
4.00 **to 5.00** AM **Born Wild**

History 2

163 273 330 390

8.00 AM **Ancient Aliens**
10.00 **The Dark Ages**
12.00 NOON **Shaun Ryder on UFOs** Four editions.
4.00 PM **Ancient Aliens**
6.00 **Ancient Aliens** The possibility that reptilian aliens are more than a pop-culture creation. **7.00** Experts examine evidence linking Bigfoot to alien species.
8.00 **Monsterquest** The team investigate werewolf sightings, unearthing film footage and finding new witnesses. **9.00** An expedition team try to tag a great white shark in the Atlantic, and attempt to learn if they are becoming more aggressive predators.
11.00 **Vampire Skeletons** Examining skeletons unearthed in Ireland.
12.00 M'T **Ancient Aliens**
4.00 **to 5.00** AM **Monsterquest**

PBS America

174 276 91 155

8.00 AM **World's Greatest: Islands** Double bill.
10.20 **The Restorers**
1.35 PM **The Restorers**
3.35 **Bomber Boys: The Fighting Lancaster**
6.45 **Bomber Boys: The Fighting Lancaster** All the participants reflect on the experience.
7.45 **Nazi Hunters** The search for Nazi war criminal Josef Mengele. **8.40** How Gestapo chief Kurt Lischka was brought to justice. **9.40** The career of French Nazi collaborator Paul Touvier, and how he was eventually convicted. **10.35** The hunt for Franz Stangl, who served as commandant of two Nazi extermination camps.
11.35 **World's Greatest: Islands** Double bill.
12.50 **to 2.00** AM **World's Greatest: Islands**

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **Unusual Suspects**
10.00 **Cold Case Files 2017**
11.00 **Homicide Hunter**
1.00 PM **I Am a Killer**
2.00 **999: Killer on the Line**
3.00 **Murder for Hire**
7.00 **The First 48** A young woman is brutally gunned down in broad daylight in Tulsa.
8.00 **Homicide Hunter** A manhunt begins when a dispute ends with two suspects fleeing.
9.00 **Buried in the Backyard** Two teenagers are found dead.
10.00 **Murdertown** The case of Reginald Wilson.
11.00 **Narcoland: 60 Days In**
12.00 M'T **Murder for Hire**
1.00 AM **Killer Kids**
2.00 **Unusual Suspects**
3.00 **The First 48**
4.00 **to 6.00** AM **Homicide Hunter**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SUNDAY Films

Sunday

Sky Premiere

301 301 842 401 501

6.00 AM **A Dog's Way Home** (2019)
7.50 **The Stolen Princess** As 4pm.
9.35 **PREMIERE Where Hands Touch** As shown at 5.45pm.
11.45 **Widows** As shown at 8pm.
2.10 PM **A Dog's Way Home** (2019, PG, 96min) ★★★
4.00 **The Stolen Princess** Animation. (2018, PG, 85min) ★★★
5.45 **PREMIERE Where Hands Touch** Drama starring Amandla Stenberg. (2018, 12, 122min) ★★ *See review, page19*

8.00 Widows

8 PM

8.00 **Widows** Steve McQueen's thriller inspired by the Lynda La Plante series, starring Viola Davis, Liam Neeson and Elizabeth Debicki. Four Chicago women with a debt left by their dead husbands' criminal activities attempt to carry out a daring robbery. (2018, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.15 **Hotel Mumbai** Thriller with Dev Patel. In 2008, at the Taj Mahal Palace Hotel, four terrorists take the staff and residents hostage. (2018, 15, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

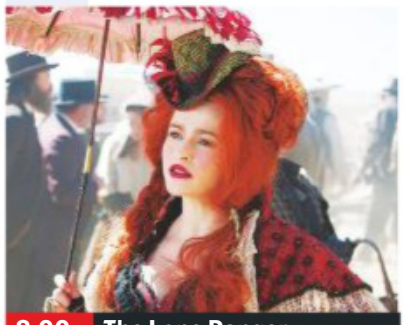
12.30 AM **Hot Summer Nights** Drama. (2016, 18, 107min) ★★
2.35 **Sorry Angel** Drama. Subtitled. (2018, 15, 132min) ★★
5.00 **Joker: Special**
5.30 **to 6.00** AM **Hotel Mumbai: Special**

+1 hour 312 402

Sky Disney

305 305 846 405 505

6.40 AM **Cinderella** Animation. (1950, U, 75min) ★★★★
8.00 **Monsters, Inc** As 6.20pm.
9.40 **The Jungle Book** As 4.55pm.
11.10 **Sleeping Beauty** As 3.30am.
12.30 PM **Bedknobs and Broomsticks** (1971) ★★★★
2.30 **Mary Poppins** Classic fantasy. (1964, U, 133min) ★★★★★
4.55 **The Jungle Book** Animation. (1967, U, 78min) ★★★★★
6.20 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★


8.00 The Lone Ranger

8.00 **The Lone Ranger** Western adventure comedy starring Johnny Depp, Armie Hammer and Tom Wilkinson. On a train crossing 1860s Texas, lawyer John Reid encounters Comanche outcast Tonto, who inspires Reid to reinvent himself as masked vigilante The Lone Ranger. (2013, 12, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Return to Oz** Fantasy sequel to *The Wizard of Oz* starring Fairuza Balk. (1985, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Hunchback of Notre Dame** Animated fantasy. (1996, U, 91min) ★★★
2.10 **The Hunchback of Notre Dame II** Animated adventure sequel. (2002, U, 63min) ★★
3.30 **Sleeping Beauty** Animation. (1959, U, 75min) ★★★★
4.55 **to 6.25** AM **Atlantis: Milo's Return** Cartoon. (2003) ★★

Sky Family

306 306 847 406 506

6.10 AM **Adventures in Zambezia** Animation. (2012, U) ★★
7.40 **A Dog's Way Home** (2019)
9.25 **Night at the Museum 2** ★★★
11.15 **The Adventures of Sharkboy and Lavagirl** (2005) ★★★
12.50 PM **The Chronicles of Narnia: The Voyage of the Dawn Treader** As 11.55pm.
2.45 **Woody Woodpecker** (2017)
4.15 **A Dog's Way Home** (2019)
6.00 **Night at the Museum 2** Fantasy. (2009, PG) ★★★

2.45 Woody Woodpecker

8.00 **Hook** Steven Spielberg's fantasy adventure based on JM Barrie's *Peter Pan*, starring Robin Williams and Dustin Hoffman. A middle-aged Peter Pan has to rediscover his former self to save his children from his old enemy, Captain Hook. (1991, U, 140min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Woody Woodpecker** Comedy adventure. (2017, PG, 91min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Chronicles of Narnia: The Voyage of the Dawn Treader** Fantasy adventure starring Georgie Henley. (2010, PG, 112min) ★★★
1.55 AM **#Roxy** Romantic comedy starring Jake Short and Sarah Fisher. (2018, PG, 90min) ★★
3.50 **A Stork's Journey** Animation. (2017, U, 85min) ★★
5.25 **to 7.00** AM **A Yeti Adventure** Animated adventure. (2017, U, 85min) ★★

Sky Action

307 307 848 407 507

6.00 AM **The Karate Kid** (1984)
8.15 **The Karate Kid Part II** (1986)
10.15 **The Karate Kid: Part III**
12.15 PM **Pacific Rim** As 9.00pm.
2.30 **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
4.50 **The Karate Kid Part II** Martial arts adventure sequel. (1986, PG, 113min) ★★
7.00 **The Karate Kid: Part III** Martial arts sequel starring Ralph Macchio and Pat Morita.. (1989, PG, 111min) ★

9.00 Pacific Rim

The Karate Kid: Part III (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Pacific Rim** Epic sci-fi action adventure starring Charlie Hunnam, Idris Elba and Rinko Kikuchi. Humanity creates giant fighting robots to repel alien monsters emerging through a breach in the Pacific Ocean. (2013, 12, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Deep Impact** Disaster drama starring Robert Duvall, Téa Leoni and Elijah Wood. (1998, 12, 123min) ★★★★
1.30 AM **Face/Off** Action thriller starring John Travolta, Nicolas Cage and Joan Allen. (1997, 18, 133min) ★★★★
4.00 **to 6.00** AM **The Next Karate Kid** Martial arts sequel with Noriyuki 'Pat' Morita, Hilary Swank and Michael Ironside. (1994, PG, 104min) ★★

Sky Comedy

308 308 849 408 508

7.00 AM **Ghostbusters II** (1989)
9.00 **Grease 2** Musical sequel. (1982, PG, 109min) ★
11.00 **Get Him to the Greek** Comedy. (2010, 15) ★★
1.00 PM **Holmes & Watson** (2018)
2.35 **Pretty Woman** Comedy. (1990, 15, 117min) ★★★★
4.35 **Blockers** Comedy starring Leslie Mann and John Cena. (2018, 15, 102min) ★★★★
6.20 **Mr Deeds** Comedy with Adam Sandler. (2002, 12) ★★

6.20 Mr Deeds

8.00 **Holmes & Watson** Mystery comedy starring Will Ferrell and John C Reilly. The detective duo attempt to foil a plot to kill Queen Victoria. (2018, 12, 90min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Daddy's Home 2** Comedy sequel starring Will Ferrell and Mark Wahlberg. Having settled their differences, Brad and Dusty must now deal with their intrusive fathers. (2017, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Super Troopers 2** Comedy starring Jay Chandrasekhar. (2018, 15, 99min) ★★
1.15 AM **The Ladykillers** Comedy remake starring Tom Hanks. (2004, 15, 104min) ★★★
3.10 **The Love Guru** Comedy spoof starring Mike Myers. (2008, 12, 86min) ★
4.45 **to 6.45** AM **Ghostbusters II** Supernatural action comedy sequel starring Bill Murray. (1989, PG, 99min) ★★★

primetime

Sky Hits

309 309 850 403 503

6.35 AM **Slaughterhouse Rulez** Horror. (2018, 15, 104min) ★★★
8.25 **Grown Ups** (2010, 12) ★★★
10.10 **Grown Ups 2** Comedy sequel. (2013, 12, 99min) ★
11.55 **Bohemian Rhapsody** As 9pm.
2.15 PM **Titanic** Oscar-winning drama. (1997, 12, 195min) ★★★
5.30 **Extremely Wicked, Shockingly Evil, and Vile** Biopic starring Zac Efron. (2019, 15) ★★★★

7.25 **A Quiet Place** Horror starring Emily Blunt and John Krasinski. A family have to live in silence while hiding from monsters with hypersensitive hearing. (2018, 15, 90min) ★★★★
9.00 **Bohemian Rhapsody** Biopic starring Rami Malek. While Queen become one of the biggest rock bands in the world, Freddie Mercury struggles with his personal life. With Lucy Boynton and Gwilym Lee. (2018, 12, 134min) ★★★★

11.30 **Sorry to Bother You** Comedy. (2018, 15, 111min) ★★★★
1.35 AM **That's My Boy** Comedy. (2012, 15, 112min) ★★
3.45 **Rambo** Action drama sequel. (2008, 18, 92min) ★★★
5.30 **to 7.35** AM **Roman J. Israel, Esq** Drama. (2017, 12) ★★★

Sky Greats

311 311 852 404 504

7.45 AM **Roman Holiday** Comedy. (1953, b/w, U, 118min) ★★★★★
9.45 **Lawrence of Arabia** Biopic. (1962, PG, 221min) ★★★★★
1.25 PM **The Sting** Comedy drama. (1973, PG, 129min) ★★★★★
3.40 **Big** Age-reversal comedy. (1988, PG, 102min) ★★★★★
5.30 **The Da Vinci Code** Conspiracy thriller starring Tom Hanks. (2006, 12, 149min) ★★★

8.00 **Angels & Demons** Mystery thriller starring Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles to prevent a hidden time bomb from destroying the Vatican. (2009, 12, 138min) ★★
10.20 **The Omen** Horror thriller starring Gregory Peck and Lee Remick. The American ambassador in London realises that his son is the Antichrist. (1976, 15, 111min) ★★★★★

12.15 AM **Black Rain** Action thriller starring Michael Douglas. (1989, 18, 120min) ★★★
2.25 **Boys Don't Cry** Tragic drama. (1999, 18, 117min) ★★★★
4.25 **to 6.25** AM **Father Goose** Comedy starring Cary Grant. (1964, U, 116min) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Close Up** Jake Gyllenhaal.
6.30 **Hollywood's Best Film Directors** With Paul Schrader.
7.00 **Key Largo** (1948) ★★★★
9.10 **The Lion in Winter** Drama. (1968, 15, 135min) ★★★★
11.55 **How the West Was Won** Western. (1962, PG) ★★★
3.00 PM **Cave of Outlaws** (1951)
4.40 **The Saga of Hemp Brown** Western. (1958, U, 80min) ★★

6.25 **They Came to Cordura** Western starring Gary Cooper as a US officer striving to prove his courage on a dangerous mission during the 1916 war against Pancho Villa. With Rita Hayworth and Van Heflin. (1959, PG, 123min) ★★★
9.00 **Unforgiven** Clint Eastwood's Oscar-winning Western. A reformed killer is forced out of retirement to earn a living. With Gene Hackman. (1992, 15, 130min) ★★★★★

11.45 **Fire Down Below** (1997) ★
1.55 AM **The Mirror Crack'd** (1980)
4.00 **Close Up**
4.30 **Hollywood's Best Film Directors** With Paul Verhoeven.
5.00 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Second Best Bed** (1938)
7.30 **Hawkeye & the Last of the Mohicans** 26/39. Drama. (S1)
8.00 **Be My Guest** (1964) ★★
9.40 **The 20 Questions Murder Mystery** Thriller. (1950) ★★
11.30 **Shadows** 1/6. Drama. (S2)
12.00 NOON **The Freewheelers**
12.30 PM **The Pickwick Papers** (1952)
2.35 **Conflict of Wings** (1954) ★★★
4.15 **The Cracksman** (1963) ★

6.30 **For the Love of Ada** (S4)
7.00 **Melody** Drama starring Mark Lester and Jack Wild. Two children declare to their parents that they want to get married as soon as possible. With Tracy Hyde. (1971, PG, 103min) ★★
9.00 **The Rivals of Sherlock Holmes**
10.00 **The Best of Everything** Drama starring Joan Crawford and Hope Lange. Four secretaries in a large New York publishing house experience life and love. (1959, PG, 122min) ★★★

12.20 AM **Shampoo** Satirical comedy. (1975, 18, 110min) ★★★
2.35 **The Lost Moment** Period drama with Robert Cummings. (1948, b/w, PG, 89min) ★★
4.20 **to 6.00** AM **Thunder in the City** Crime comedy. (1937, b/w, PG, 88min) ★★

Horror

317 149 70 138

8.00 AM **Lost in the Bermuda Triangle** Sci-fi drama starring Graham Beckel and Ron Canada. (1999, PG, 86min) ★
9.50 **Horror Highlights**
10.00 **Star Trek: Voyager** (S1&2)
3.00 PM **The Hades Factor** Drama starring Stephen Dorff and Sophia Myles as medical researchers investigating a virus killing people across America.

6.40 **Tremors 3: Back to Perfection** Comic thriller sequel starring Michael Gross. A survivalist expert returns home and finds his desert town being menaced by giant prehistoric worms. (2001, PG, 100min) ★★★
8.50 **Horror Highlights**
9.00 **Gallowwalkers** Horror starring Wesley Snipes. A cursed gunslinger frees a prisoner to help him battle the murderous zombies he has unwittingly created. (2012, 15, 88min) ★★

10.55 **Quarantine** Horror thriller. (2008, 18, 85min) ★★★
12.50 AM **The Reef** (2010) ★★★
2.35 **Age of Dinosaurs** Sci-fi thriller. (2013, PG, 88min) ★★
4.20 **to 4.30** AM **Horror Highlights**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Heists

303 303 844 409 509

7.10 AM **The Italian Job** Thriller. (2003, 12, 110min) ★★★
9.10 **Inside Man** Crime drama. (2006, 15, 129min) ★★★★★
11.30 **Ocean's Eight** As 11.45pm.
1.30 PM **The Italian Job** As 10pm.
3.15 **Die Hard** Action thriller. (1988, 15, 131min) ★★★★★
5.30 **Widows** Crime thriller. (2018, 15, 129min) ★★★★
7.45 **Die Hard with a Vengeance** Thriller starring Bruce Willis. (1995, 15, 128min) ★★★

7.45 Die Hard with a Vengeance

Die Hard with a Vengeance (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Italian Job** Crime caper with Michael Caine and Noel Coward. (1969, PG, 100min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Ocean's Eight** Crime caper starring Sandra Bullock. (2018, 12, 110min) ★★★★
1.40 AM **Out of Sight** Offbeat romantic thriller starring George Clooney. (1998, 15, 122min) ★★★★
3.50 **Armored** Heist thriller starring Columbus Short. (2009, 12, 88min) ★★★
5.30 **to 7.10** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

Sky Drama

310 310 851 410 510

6.00 AM **Taps** Drama with George C Scott and Timothy Hutton. (1981, PG, 126min) ★★★
8.15 **Dreamgirls** As 5.45pm.
10.30 **The Hurricane** As 10.20pm.
1.00 PM **BlacKkKlansman** As 8pm.
3.20 **He Got Game** Spike Lee's drama starring Denzel Washington and Ray Allen. (1998, 15, 136min) ★★
5.45 **Dreamgirls** Musical starring Jamie Foxx, Beyoncé Knowles. (2006, 12, 130min) ★★★

5.45 Dreamgirls

8.00 **BlacKkKlansman** Spike Lee's fact-based drama starring John David Washington and Adam Driver. An African-American police officer from Colorado attempts to infiltrate the local Ku Klux Klan branch. With Laura Harrier and Topher Grace. (2018, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Hurricane** Drama starring Denzel Washington as the middleweight boxer Rubin 'Hurricane' Carter, who was falsely imprisoned for the shooting of three men in 1966. (1999, 15, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.00 AM **He Got Game** As 3.20pm.
3.30 **Hotel Mumbai: Special**
4.00 **to 6.00** AM **I Can Only Imagine** Drama starring J Michael Finley and Madeline Carroll. (2018, PG, 110min) ★★

Sky Sky-Fi

304 304 845 411 511

6.00 AM **Star Wars: The Clone Wars** Animation. (2008) ★★
7.45 **Star Wars: Episode III – Revenge of the Sith** (2005)
10.10 **Solo: A Star Wars Story** ★★★
12.30 PM **Star Wars: Episode IV – A New Hope** (1977) ★★★★★
2.45 **Star Wars: Episode V – The Empire Strikes Back** (1980)
5.00 **Star Wars: Episode VI – Return of the Jedi** (1983)
7.30 **Star Wars: The Last Jedi** Fantasy. (2017, 12) ★★★

10.15 Solo: A Star Wars Story

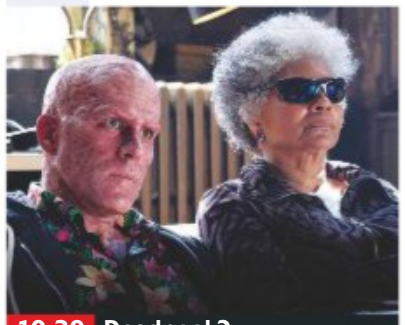
Star Wars: The Last Jedi (film started at 7.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Solo: A Star Wars Story** Sci-fi prequel starring Alden Ehrenreich. A pilot gets mixed up with a bunch of mercenaries while attempting to appease a crime lord. (2018, 12, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Upgrade** Sci-fi thriller. (2018, 15, 100min) ★★★★
2.25 **Total Recall** Sci-fi thriller remake starring Colin Farrell. (2012, 12, 113min) ★★★
4.30 **to 6.15** AM **Tron** Sci-fi thriller. (1982, PG, 96min) ★★★★

Sky Superheroes

302 302 843 412 502

6.50 AM **The Incredibles** (2004)
8.50 **Justice League** Sci-fi adventure with Ben Affleck. (2017, 12, 120min) ★★
10.55 **Aquaman** As 8.00pm.
1.25 PM **Deadpool 2** As 10.30pm.
3.30 **The Incredibles** Animated comedy adventure. (2004, U, 120min) ★★★★★
5.30 **Avengers: Infinity War** Superhero sequel with Robert Downey Jr and Josh Brolin. (2018, 12, 149min) ★★★


10.30 Deadpool 2

8.00 **Aquaman** Superhero adventure starring Jason Momoa, Nicole Kidman and Willem Dafoe. The human-born heir to the kingdom of Atlantis, embarks on a quest to prevent a war between the worlds of ocean and land. With Amber Heard, Patrick Wilson and Dolph Lundgren. (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Deadpool 2** Action comedy sequel starring Ryan Reynolds. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.35 AM **Batman v Superman: Dawn of Justice** Superhero adventure with Ben Affleck. (2016, 12, 164min) ★★
3.10 **Wonder Woman** Animation. (2009, PG, 74min) ★★★
4.30 **to 6.00** AM **LEGO DC Comics Superheroes: Justice League – Gotham City Breakout** Animated adventure. (2016, U, 75min) ★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
12.55 PM **Stuart Little 2** Children's fantasy adventure sequel. (2002, U, 78min) ★★★★
2.30 **Eragon** Fantasy adventure. (2006, PG, 104min) ★★
4.35 **The River Wild** Adventure. (1994, 12, 112min) ★★★★
6.45 **X-Men: The Last Stand** Sci-fi adventure with Patrick Stewart. (2006, 12, 104min) ★★★

4.35 The River Wild

X-Men: The Last Stand (film started at 6.45pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Valerian and the City of a Thousand Planets** Luc Besson's epic sci-fi adventure starring Dane DeHaan and Cara Delevingne. Two special operatives race to identify a menace threatening the future of the universe. (2017, 12, 137min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Dodgeball: A True Underdog Story** Comedy starring Vince Vaughn. The proprietor of a gym and his clientele enter a dodgeball competition to thwart a rival's takeover plans. (2004, 12, 92min) ★★★★ **11 PM**
1.35 **to 3.55** AM **Mediterranea** Drama with Alassane Sy and Koudous Seihon. Subtitled. (2015, 15, 107min) ★★★

+1 hour 314 430 45 301

Sony Movies Christmas

319 424 50 303

7.00 AM **Snowmen** (2010, PG) ★★
9.00 **A Golden Christmas** Romantic comedy. (2009, U, 95min) ★
11.00 **A Gift Wrapped Christmas** (2015, PG, 87min) ★★
1.00 PM **Santa's Dog** (2011, U) ★★
3.00 **The 12 Dogs of Christmas** Drama. (2005, PG) ★★
5.00 **12 Dogs of Christmas: Great Puppy Rescue** Family musical drama. (2012, U, 97min) ★★

7.00 **A Doggone Christmas** Family adventure starring Dominique Swain. CIA officers discover a telepathic puppy and plan to turn him into a secret weapon – but he escapes just before Christmas. (2016, PG, 85min) ★
9.00 **Holiday Road Trip** Romantic drama starring Ashley Scott. Two feuding pet shop employees fall for each other while escorting a celebrity dog on a Christmas promotional tour. (2013, PG, 88min) ★★

11.00 **3 Holiday Tails** (2011, PG) ★★
1.00 AM **Wish For Christmas** Family drama. (2016, U, 96min)
3.00 **Oh Christmas Tree!** (2013) ★★
5.00 **to 7.00** AM **Santa's Summer House** (2012, PG, 90min) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **You Belong to Me** Thriller. (2008, 12, 89min) ★★
10.45 **Gone Missing** Thriller. (2013, 12, 80min) ★★
12.30 PM **The Waterboy** Sports comedy. (1998, 12, 90min) ★★
2.20 **The Last Song** Coming-of-age drama starring Miley Cyrus. (2010, PG, 107min) ★★★
4.35 **Coyote Ugly** Music drama. (2000, 12, 100min) ★★

6.40 **Chicago** Screen version of the hit Broadway musical, starring Renée Zellweger. In 1920s Chicago, a showgirl and a wannabe musical star become celebrities on Murderess Row. (2002, 12, 112min) ★★★★
9.00 **November Man** Spy thriller starring Pierce Brosnan and Luke Bracey. A retired CIA agent makes an enemy of his protégé when he protects a woman with evidence of a secret conspiracy. (2014, 15, 108min) ★★★

11.15 **I Am Wrath** Crime thriller. (2016, 15, 90min) ★★
1.05 AM **Sahara** Action drama remake. (1995, 15, 106min) ★★
3.20 **to 6.00** AM **The Producers** (2005, 12, 134min) ★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Mighty Joe Young** (1949, b/w, PG, 94min) ★★★
7.50 **Submarine Attack** (1954)
9.45 **The Elite** (2000, 15, 99min) ★
11.40 **Mosquito Squadron** As 7.10pm.
1.30 PM **Surrender – Hell!** Adventure. (1959, b/w, 12, 85min)
3.20 **Everyman's War** Fact-based drama. (2009, 15, 100min)
5.15 **The Walls of Hell** Adventure. (1964, b/w, PG, 88min)

7.10 **Mosquito Squadron** World War Two drama starring David McCallum as an RAF pilot who heads a mission to destroy a Nazi rocket base in a French chateau. With Suzanne Neve. (1968, U, 90min) ★★
9.00 **Age of Heroes** World War Two action thriller based on true events, starring Sean Bean and Danny Dyer. Future James Bond author Ian Fleming sets up a top-secret elite commando unit. (2011, 15, 89min) ★★★

10.55 **The Foreigner** Action thriller. (2003, 15, 92min) ★
12.55 AM **Massacre in Rome** Fact-based World War Two drama. (1973, 15, 103min) ★★
3.00 **to 4.00** AM **The Hitler Youth**

+1 hour 324

Movies 24

325 419 513

7.00 AM **Love, Once and Always** Drama. (2018, PG, 120min) ★★
9.00 **After the Storm** (2019, PG) ★★
11.00 **Season for Love** Romantic drama. (2018, PG, 120min) ★★
1.00 PM **BFF Bride** (2019, PG) ★★
3.00 **PREMIERE** **Aurora Teagarden Mysteries: An Inheritance to Die For** Mystery. (2019, PG) ★★
5.00 **Love, Romance and Chocolate** Drama. (2019, PG, 84min) ★★

7.00 **A Summer Romance** Romantic drama starring Erin Krakow and Ryan Paevey. A woman is reluctant to sell her family's Montana ranch to a developer, but then takes a shine to him. (2019, PG, 90min) ★★
9.00 **Prescription for Love** Romantic drama starring Trevor Donovan and Jillian Murray. Unhappy with her job, a young woman strives to find love with a charming new doctor. With Charan Prabhakar. (2018, PG, 120min) ★★

11.00 **Back to Love** Romantic drama. (2017, PG, 90min) ★★
1.00 AM **Flip That Romance** Drama. (2019, PG, 90min) ★★
3.00 **to 5.00** AM **Royal New Year's Eve** Drama. (2017, U) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.10 PM **Close Encounters of the Third Kind** *Paramount Network* Classic sci-fi drama. ★★★★★
6.40 **Back to the Future** *E4* Comedy fantasy. ★★★★★
6.50 **Attack!** *5Spike* Drama. ★★★
6.55 **The Grand Seduction** *AMC from BT* Comedy. ★★★
7.00 **Pixels** *Comedy Central* ★★
7.00 **Kull the Conqueror** *Syfy* ★
7.25 **Jurassic Park** *ITV2* ★★★★★
9.00 **Killing Season** *5Spike* Thriller. ★
9.00 **Blade 2** *5STAR* Horror. ★★★★
9.00 **Dumb and Dumber** *Comedy Central* Comedy. ★★
9.00 **Death Race** *Syfy* ★★★
9.00 **Contact** *Paramount Network* Sci-fi drama. ★★
10.00 **American Sniper** *ITV4* ★★★★
10.45 **The Cold Light of Day** *5Spike* Action thriller. ★★
11.00 **The Rover** *AMC from BT* ★★★
11.00 **Jackass Presents: Bad Grandpa .5** *Comedy Central* ★★
11.05 **X-Men** *Channel 4* Fantasy. ★★★
11.10 **Black Dog** *Syfy* Thriller. ★★★
11.25 **Chappie** *5STAR* Thriller. ★★
11.55 **I Am Number Four** *Paramount Network* Teen sci-fi thriller. ★★★
1.00 AM **Road Wars** *Syfy* ★★

Sunday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

5.30 AM **LIVE Mitre 10 Cup Rugby Union Waikato v Taranaki.** Kick-off 5.35am.
7.40 **Rugby Greatest Games**
7.45 **EFL Greatest Games**
8.00 **Total Goals** Football action.
9.00 **LIVE Ladies European Tour Golf** The fourth and final day of the Hero Women's Indian Open.
11.30 **LIVE SPFL Livingston v Celtic.** Coverage from the Tony Macaroni Arena. Kick-off 12.00noon.
2.00 PM **LIVE Renault Super Sunday Southampton v Chelsea.** All the action from St. Mary's Stadium. Kick-off 2.00pm.
4.00 **LIVE Renault Super Sunday Newcastle United v Manchester United.** From St. James' Park. Kick-off 4.30pm.
7.00 **LIVE NFL Oakland Raiders v Chicago Bears.** Coverage from the Tottenham Hotspur Stadium. Kick-off 6.00pm.
9.05 **LIVE NFL** A week five match.
12.30 AM **LIVE NBC's FNIA**
1.10 **LIVE NFL Kansas City Chiefs v Indianapolis Colts.** At Arrowhead Stadium. Kick-off 1.20am.
5.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Best PL Goals: Man Utd v Everton**
7.30 **Premier League Highlights**
10.00 **The Sunday Supplement**
11.30 **Goals on Sunday** As 8.30pm.
1.00 PM **LIVE Renault Super Sunday Southampton v Chelsea.** Coverage of the top-flight clash from St. Mary's Stadium. Kick-off 2.00pm.
4.00 **LIVE Renault Super Sunday Newcastle United v Manchester United.** Coverage of the top-flight clash from St. James' Park. Kick-off 4.30pm.
7.30 **Best PL Goals: Solo Goals**
8.30 **Goals on Sunday** A review of Saturday's football action.
10.00 **Premier League Highlights** Action from Manchester City v Wolverhampton Wanderers.
10.30 Arsenal v Bournemouth.
11.00 Southampton v Chelsea.
11.30 Action from Newcastle United v Manchester United.
12.00 M'T **Premier League Highlights**
4.00 AM **Best PL Goals: Man Utd v Everton**
4.30 **to 6.00** AM **Premier League Highlights**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
6.30 **EFL Play-Off Memories**
6.45 **EFL Greatest Games**
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **EFL Greatest Games**
8.00 **SPFL Greatest Games**
8.15 **One2Eleven**
8.30 **EFL Greatest Games**
9.30 **EFL Goals: Leagues 1 & 2**
10.00 **EFL Highlights**
10.15 **EFL Play-Off Memories**
10.30 **SPFL Greatest Games**
11.00 **LIVE SPFL Livingston v Celtic.** Coverage from the Tony Macaroni Arena. Kick-off 12.00noon.
2.30 PM **Championship Highlights**
5.00 **EFL Goals: Leagues 1 & 2**
5.30 **EFL Championship Highlights**
8.30 **EFL Goals: Leagues 1 & 2**
9.00 **EFL Championship Highlights**
9.15 **LIVE MLS** Coverage of a Major League Soccer match.
11.20 **MLS Greatest Games**
11.30 **EFL Championship Highlights**
12.00 M'T **EFL Goals: Leagues 1 & 2**
12.30 AM **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **Play-Off Final Highlights**
4.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Best of England v India**
7.00 **Cricket's Greatest Games**
8.00 **Best of England v India**
8.20 **Ashes Memories**
9.00 **Best of England v India**
10.00 **How the 2009 ICC World Twenty20 Was Won**
12.00 NOON **Best of England v India**
12.20 PM **Ashes Memories**
1.00 **Best of England v India**
1.25 **Atherton's History of Old Trafford** A look at the ground.
1.30 **How the 2009 ICC World Twenty20 Was Won**
3.30 **LIVE Caribbean Premier League** All the action from the Eliminator match.
7.30 **ICC Cricket 360** The latest news from the cricketing world.
8.00 **LIVE Caribbean Premier League** All the action from the First Qualifier match.
12.00 M'T **Best of England v Windies**
12.20 AM **Best of England v Sri Lanka**
12.30 **Captain's Log**
1.30 **How the 2009 ICC World Twenty20 Was Won**
3.30 **Best of England v Pakistan**
4.00 **Best of England v India**
5.00 **to 6.00** AM **Cricket's Greatest Games**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **Chronicles of a Champion Golfer** A profile of Tom Watson.
6.30 **European Tour Golf**
7.30 **Chronicles of a Champion Golfer**
8.00 **European Tour Golf**
9.00 **LIVE Ladies European Tour Golf** The fourth and final day of the Hero Women's Indian Open.
11.30 **Chronicles of a Champion Golfer**
12.00 NOON **LIVE European Tour Golf** The fourth and final of the Open de España from the Centro Nacional de Golf in Madrid.
4.30 PM **Game Changers @ Solheim Cup**
5.00 **Chronicles of a Champion Golfer**
6.00 **Ladies European Tour Golf**
7.00 **LIVE LPGA Tour Golf** The final day of the Volunteers of America Texas Shootout in Irving, Texas.
10.00 **LIVE PGA Tour Golf** Coverage of the fourth and final day's play of the Shriners Hospitals for Children Open from the TPC Summerlin in Las Vegas, Nevada.
1.00 AM **European Tour Golf**
2.00 **Ladies European Tour Golf**
3.00 **European Tour Golf**
4.00 **Ladies European Tour Golf**
5.00 **to 6.00** AM **European Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

7.00 AM **UFC** Reaction from UFC 243.
8.00 **LIVE World Rally Championship** Wales Rally GB.
9.00 **Premier League**
10.30 **Premier League World**
11.00 **Ligue 1** PSG v Angers.
12.00 NOON **LIVE World Rally Championship** Wales Rally GB.
1.30 PM **Vanarama National League**
2.30 **Europa League Goals Reload**
2.45 **LIVE Premiership Rugby Cup Northampton Saints v Saracens.** From Franklin's Gardens. Kick-off 3.00pm.
5.15 **Sport in Focus: Danny Cipriani**
5.30 **The 16th Man**
6.30 **No Filter Boxing**
7.00 **No Filter Speedway**
7.30 **Champions League Magazine**
8.00 **What I Wore: Peter Crouch**
8.30 **The Polo Show**
9.00 **World Rally Championship**
9.30 **LIVE MLB** Coverage of a match from the MLB Postseason.
1.00 AM **MLB: Caps Off**
1.15 **World Rally Championship**
1.45 **BT Sport Reload**
2.00 **WTA Tennis**
4.00 **to 6.00** AM **LIVE WTA Tennis.** Day one of the Tianjin Open.

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **LIVE MotoGP Grand Prix of Thailand.** Coverage of the Moto2 race. Start-time 6.20am.
7.30 **LIVE MotoGP Grand Prix of Thailand.** Coverage of the MotoGP race. Start-time 8.00am.
9.00 **MotoGP Chequered Flag**
10.00 **FIM Speedway Grand Prix**
12.00 NOON **No Filter Speedway**
12.30 PM **LIVE Bundesliga Borussia Moenchengladbach v FC Augsburg.** Kick-off 12.30pm.
2.30 **LIVE Bundesliga VfL Wolfsburg v FC Union Berlin.** Kick-off 2.30pm.
4.30 **BT Sport Reload**
4.45 **LIVE Bundesliga Eintracht Frankfurt v Werder Bremen.** Kick-off 5.00pm.
7.00 **National League Highlights**
7.30 **BT Sport Reload**
7.45 **LIVE Ligue 1 St. Etienne v Lyon.** Kick-off 8.00pm.
10.00 **National League Highlights**
10.30 **Premiership Rugby Cup**
11.45 **Women's ODI Cricket**
12.45 **to 6.00** AM **LIVE Women's ODI Cricket Australia v Sri Lanka.** The second game in the three-match series in Brisbane.

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **LIVE FIA World Endurance Championship** Coverage of the 6 Hours of Fuji in Japan, round two of the FIA World Endurance Championship.
9.00 **Vanarama National League Highlights** Recent action.
9.30 **LIVE WTA Tennis** Coverage of the final of the China Open.
12.00 NOON **Backstory: Serena vs The Umpire**
1.00 PM **MotoGP** Action from the Moto3, Moto2 and MotoGP races at the Grand Prix of Thailand.
4.00 **MotoGP Chequered Flag**
5.00 **The Class That Saved Coach K**
6.30 **The Polo Show**
7.00 **WTA Tennis** Action from the final of the China Open in Beijing.
9.00 **UFC** Robert Whittaker v Israel Adesanya: Action from the UFC middleweight title bout at UFC 243 in Melbourne, Australia.
12.00 M'T **Bundesliga** Action from Borussia Moenchengladbach v FC Augsburg at Borussia-Park.
1.00 AM **Bundesliga** Action from VfL Wolfsburg v FC Union Berlin.
2.00 **Bundesliga** Action from Eintracht Frankfurt v Werder Bremen.
3.00 **to 6.00** AM **Ligue 1**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
6.30 **AJ/WK: Wembley's Greatest Fight**
7.00 **Great Sporting Moments**
7.30 **Salomon Golden Trail Series**
8.00 **Darts Gold**
8.30 **AJ/WK: Wembley's Greatest Fight**
9.00 **NFL: America's Game**
10.00 **NFL: A Football Life**
11.00 **NFL: America's Game**
12.00 NOON **Best of NFL Sunday**
2.00 PM **NFL Highlights** New Orleans Saints v Dallas Cowboys.
3.00 **NFL Highlights** Pittsburgh Steelers v Cincinnati Bengals.
4.00 **NFL Highlights** Seattle Seahawks v Los Angeles Rams.
5.00 **LIVE NFL Oakland Raiders v Chicago Bears.** Coverage from the Tottenham Hotspur Stadium. Kick-off 6.00pm.
9.05 **LIVE NFL** A week five match.
12.30 AM **LIVE NBC's FNIA** Coverage of *Football Night in America*.
1.10 **LIVE NFL Kansas City Chiefs v Indianapolis Colts.** The AFC conference match at Arrowhead Stadium. Kick-off 1.20am.
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
8.00 **NFL: A Football Life**
9.00 **LIVE Ladies European Tour Golf** Coverage of the fourth and final day's play of the Hero Women's Indian Open at DLF Golf and Country Club in Gurgaon.
11.30 **Sporting Greats**
12.00 NOON **Great Sporting Moments** Iconic moments.
1.00 PM **Sporting Records**
1.30 **My Icon**
2.00 **NFL: A Football Life** Featuring a profile of former Pittsburgh Steelers star Joe Greene.
3.00 **My Icon**
4.30 **Great Sporting Moments**
5.00 **Spirit of Yachting** Highlights of the Maxi Yacht Rolex Cup.
5.30 **Sporting Records** Focusing on records set by Usain Bolt, AB de Villiers and Mark Spitz.
6.00 **LIVE NFL Redzone** Coverage of the NFL Network show that switches between today's games, featuring all the developments and score updates as the battle to qualify for the play-offs intensifies.
1.00 **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423 423 872 | 530 | 411 434

7.00 AM **BT Sport Reload**
7.15 **MLB's Best**
7.45 **College Football** Cincinnati Bearcats v UCF Knights.
10.45 **MLB** Action from a match from the MLB Postseason.
1.45 PM **LIVE Ligue 1 Lille v Nimes.** Coverage of the French top-flight encounter from Stade Pierre-Mauroy. Kick-off 2.00pm.
4.00 **LIVE Ligue 1 Rennes v Reims.** The French top-flight clash from Roazhon Park. Kick-off 4.00pm.
6.00 **Championship Drive**
6.30 **MLB's Best** MLB highlights show.
7.00 **CFB** Action from North Carolina Tar Heels v Clemson Tigers.
10.00 **College Football Final**
11.00 **World Series of Poker**
1.00 AM **LIVE MLB** Coverage of a match from the MLB Postseason.
4.30 **MLB's Best**
5.00 **Baseball Tonight**
5.30 **to 6.00** AM **Championship Drive**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.30 AM **Cycling: Tour of Croatia**
8.30 **Cycling: l'Eurometropole**
9.30 **Cycling: Giro dell'Emilia**
11.00 **Cycling: Tour of Croatia**
12.00 NOON **LIVE Cycling: Tour of Croatia** Coverage of stage six.
2.05 PM **WATTS**
2.15 **LIVE Cycling: Famenne Ardenne Classic** Coverage of the one-day race from Belgium.
4.00 **International Swimming League** Day one in Indianapolis.
5.00 **Cycling: Tour de Vendee**
6.00 **International Swimming League** Day one in Indianapolis.
7.00 **LIVE International Swimming League** Coverage of day two in Indianapolis.
9.00 **Cycling: Tour of Croatia**
10.00 **Cycling: Famenne Ardenne Classic** Action from Belgium.
11.00 **Cycling: Tour de Vendee**
12.05 AM **Ultra Trail: World Tour**
1.05 **to 7.30** AM **WATTS**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.00 AM **Motorcycling**
7.00 **European Rally Championship**
7.30 **LIVE FIA World Endurance Championship** The 6 Hours of Fuji from Oyama, Japan.
9.30 **Rallycross: Titans-RX Series**
10.30 **British GT Championship**
11.30 **Bennetts British Superbikes**
12.30 PM **LIVE Bennetts British Superbikes** Both races of round 11 from Donington Park.
6.00 **Motocross of Nations**
7.00 **Speedway: U21 World Champs**
8.00 **Bennetts British Superbikes**
10.00 **World Superbikes**
11.00 **Bennetts British Superbikes**
12.00 M'T **Cycling: Tour of Croatia**
1.00 AM **Cycling: Famenne Ardenne Classic**
2.00 **Cycling: Tour of Croatia**
3.00 **Cycling: Famenne Ardenne Classic**
4.00 **Cycling: Tour de Vendee**
5.00 **to 6.00** AM **International Swimming League**

Sky Sports Arena

408 408 862 | 518 508

5.30 AM **LIVE Mitre 10 Cup Rugby Union Waikato v Taranaki.** Kick-off 5.35am.
7.40 **Rugby Greatest Games**
7.45 **WWE from the Vault**
8.00 **Championship Rugby League**
9.00 **Sporting Records**
10.00 **Sporting Greats**
11.00 **LIVE NRL** Coverage of the final of the competition.
1.00 PM **Great Sporting Moments**
2.00 **Sporting Greats**
3.00 **Championship Rugby League**
4.00 **WWE Raw Hlts**
5.00 **The Darts Show**
5.30 **Salomon Golden Trail Series**
6.00 **Sporting Greats**
6.30 **The Darts Show**
7.00 **LIVE World Grand Prix Darts** Coverage of day one from Dublin.
12.00 M'T **WWE Raw Hlts**
1.00 AM **NRL**
2.00 **Betfred Super League**
2.15 **Super League Gold**
3.00 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** Another chance to see the Monaco Grand Prix.
1.15 PM **Formula 1** Another chance to see the Canadian Grand Prix.
3.20 **Brundle At The Nordshleife**
3.30 **Formula 1** Another chance to see the French Grand Prix.
5.30 **French F1 GP Best Bits**
6.00 **Ferrari Challenge Europe** Action from round six at Imola.
7.00 **Sir Frank – Celebrating 50 Years** A profile of Frank Williams.
8.00 **Formula 1** Highlights of the 2018 Japanese Grand Prix.
9.00 **Formula 1** Highlights of the French Grand Prix.
10.00 **Formula 1** Action from the Austrian Grand Prix qualifying session at the Red Bull Ring.
11.00 **Formula 1** Action from the British Grand Prix at Silverstone.
12.00 M'T **Formula 1** Action from the German Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

WHAT IS AVAXHOME?

AVAXHOME-

the biggest Internet portal, providing you various content: brand new books, trending movies, fresh magazines, hot games, recent software, latest music releases.

Unlimited satisfaction one low price
Cheap constant access to piping hot media
Protect your downloadings from Big brother
Safer, than torrent-trackers

18 years of seamless operation and our users' satisfaction

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Monday

7 October

Evening Planner

Documentary

Ian Hislop's Fake News: A True Story
BBC4 HD, 9pm
The journalist charts early instances of fake news, looking at its place in politics

Drama

The Walking Dead
FOX HD, 9pm
Series 10 finds the Oceanside group preparing for a Whisperers' attack, while the idea of civilisation is fast fading

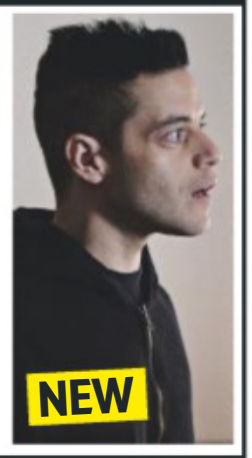
Comedy

Motherland
BBC2 HD, 10pm (times vary)
As series two of the sitcom starts, a new high-flying mum at the school gates draws comments from the other parents

OnDemand

prime

Mr Robot
Available today
The final series of the cyber drama takes place at Christmas after Rami Malek's hacker reversed the revolution



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites	101 BBC1	7.00 The One Show	7.30 Inside Out †	8.00 EastEnders	8.30 Secrets of... †	9.00 Celebrity MasterChef		10.00 News; Local News	10.35 Young... †
Favourites	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Only Connect	8.30 University...	9.00 What Britain Buys and Sells in a Day		10.00 Motherland	10.30 Newsnight
Favourites	103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 999: Britain... †	8.30 Coronation Street	9.00 A Confession		10.00 News; Local News	
Favourites	104 CHANNEL 4	7.00 News		8.00 Jamie's...	8.30 Food...	9.00 Crime and Punishment		10.00 The Circle	
Favourites	105 CHANNEL 5	7.00 Premiership Rugby Cup Highlights		8.00 Traffic Cops		9.00 Fare Dodging Wars: No Ticket, No Travel		10.00 Doing Drugs for Fun	
Favourites	106 SKY ONE	7.00 The Simpsons		8.00 Rob & Romesh vs Superstar DJs		9.00 Film: The Da Vinci Code			
Entertainment	116 BBC4	7.00 Beyond 100 Days	7.30 Handmade in...	8.00 American History's Biggest Fibs with...		9.00 Ian Hislop's Fake News: A True Story		10.00 Horizon: A Week without Lying...	
Entertainment	118 ITV2	7.00 You've Been Framed! Gold		8.00 Supermarket Sweep		9.00 Family Guy	9.30 American Dad!	10.00 Plebs	10.30 Family Guy
Entertainment	136 MORE4	◂ 6.55 Grand Designs		7.55 George Clarke's Old House, New Home		9.00 Secrets of the Superfactories		10.00 Inside Cadbury: Chocolate Secrets...	
Entertainment	135 E4	7.00 Hollyoaks	7.30 Celebrity Coach Trip		8.30 Brooklyn...	9.00 Made in Chelsea		10.00 Jade: The Reality Star Who Changed...	
Entertainment	107 SKY WITNESS	7.00 Air Ambulance ER		8.00 Criminal Minds		9.00 Instinct		10.00 Criminal Minds	
Entertainment	108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Succession		10.10 Last Week Tonight with John...	
Entertainment	110 GOLD	7.00 Open All Hours	7.40 Dad's Army			9.00 Mrs Brown's Boys		10.15 Two Pints of Lager and a...	
Entertainment	111 DAVE	7.00 QI XL		8.00 Have I Got a Bit More News for You		9.00 Live at the Apollo		10.00 Dave Gorman: Modern Life Is Goodish	
Entertainment	119 ITV3	7.00 Agatha Christie's Poirot		8.00 Agatha Christie's Marple				10.00 Scott & Bailey	
Entertainment	120 ITV4	7.00 The Chase Celebrity Special		8.00 Junk and Disorderly		9.00 Film: Passenger 57			
Entertainment	112 COMEDY CENTRAL	7.00 Friends				9.00 Single Parents		10.00 Impractical...	10.30 Impractical...
Entertainment	114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 The Outpost		10.00 Film: Witchslayer Gretl	
Entertainment	109 W	7.00 MasterChef Australia			8.30 My Second...	9.00 One Born Every Minute			
Entertainment	113 UNIVERSAL	7.00 NCIS		8.00 Gone		9.00 Burden of Truth		10.00 Proven Innocent	
Entertainment	124 FOX	7.00 NCIS				9.00 The Walking Dead		10.05 Talking Dead	
Entertainment	122 SKY ARTS	7.00 Live at Cheltenham Literature Festival				9.00 Cheltenham Literature Festival Sessions		10.00 Salman Rushdie, Death on a Trail	
Documentary	125 DISCOVERY	7.00 Gold Rush		8.00 Combat Dealers		9.00 Fast N' Loud		10.00 Speed Is the New Black	
Documentary	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Jeremy Wade's Dark Waters		9.00 Alaska: The Last Frontier		10.00 Animal Cops Houston	
Documentary	129 NAT GEO	7.00 Air Crash Investigation		8.00 Drain the Oceans		9.00 Buried Secrets of WWII		10.00 Airport Security: Brazil	
Documentary	130 HISTORY	7.00 Forged in Fire		8.00 Pawn Stars		9.00 Damian Lewis: Spy Wars		10.00 The Plot Against America	
Documentary	155 YESTERDAY	7.00 Monster Ships		8.00 World's Greatest Palaces		9.00 War Factories		10.00 The World at War	
Documentary	166 EDEN	7.00 Vet Safari		8.00 Thailand: Earth's Tropical Paradise		9.00 Frontier Borneo		10.00 Earth's Natural Wonders	
Films	301 SKY PREMIERE	◂ 6.30 Motherhood		8.00 Widows				10.15 Where Hands Touch	
Films	303 SKY HITS	◂ 5.45 The Hate U Give		8.00 Forrest Gump					10.30 Night School
Films	311 SKY GREATS	◂ 6.20 Honey, I Shrunk the Kids		8.00 Jaws				10.15 Mean Machine	
Films	305 SKY DISNEY	◂ 6.00 The Incredibles		8.00 Tangled		9.45 Into the Woods			
Films	306 SKY FAMILY	◂ 6.15 Despicable Me		8.00 Angus, Thongs and Perfect Snogging		9.45 Look Who's Talking			
Films	307 SKY ACTION	◂ 5.45 Batman		8.00 The Dark Knight					10.35 Edge of...
Films	308 SKY COMEDY	◂ 6.05 We're the Millers		8.00 Trading Places				10.00 Beverly Hills Cop	
Films	309 SKY THRILLER	◂ 6.00 Contraband		8.00 The Vanishing				10.00 Assassination Nation	
Films	310 SKY DRAMA	◂ 6.00 The Front Runner		8.00 Hotel Mumbai				10.10 Jerry Maguire	
Films	304 SKY SKY-FI		7.15 Gravity			9.00 Starship Troopers			
Films	302 SKY SUPERHEROES	◂ 6.50 Iron Man				9.00 Iron Man 2			
Films	313 FILM4	◂ 6.15 The Book Thief				9.00 A Good Day to Die Hard			
Films	315 TCM		7.10 Son of a Gunfighter			9.00 Payback			
Sport	401 MAIN EVENT	7.00 SS Tonight	7.30 EFL – Live: Bolton Wanderers v Blackpool: From University of Bolton Stadium (Kick-off 8.00)					10.00 World Grand Prix Darts – Live	
Sport	402 PREMIER LEAGUE	7.00 Premier League Review		8.00 Gary Neville's...	8.30 The Tyler...	9.00 Premier League Review		10.15 The Debate	
Sport	403 FOOTBALL	7.00 SPFL Round-Up	7.30 EFL – Live: Bolton Wanderers v Blackpool: From University of Bolton Stadium (Kick-off 8.00)					10.15 The Debate	
Sport	404 CRICKET	7.00 Caribbean Premier League Highlights							
Sport	413 BT SPORT 1	7.00 EnduroGP	7.30 SGB Premiership – Live: From the Speedway Great Britain Premiership				9.45 Dan Hardy's...	10.15 BT Sport Score Best Bits	
Sport	414 BT SPORT 2	◂ 6.00 MLB – Live: Action from MLB Postseason					9.30 Fishing: On The Bank		10.30 ESPN Classic...

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** New edition (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Fugitives** (S)(R)(AD)
11.45 **The Sheriffs Are Coming** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)
2.15 NEW SERIES **Head Hunters** (S)
3.00 NEW SERIES **Escape to the Perfect Town** Property relocation advice series. (S)(AD)
3.45 NEW SERIES **Make Me a Dealer** Antiques-buying challenge. (S)
4.30 NEW SERIES **Money for Nothing** Searching for useful items at Wallyford Recycling Centre. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Celebrity MasterChef

7 PM

7.00 **The One Show** Hosted by Michelle Ackerley and Patrick Kielty. (S)
7.30 **Inside Out** New edition Documentary series focusing on regional stories of interest. (S)

8 PM

8.00 **EastEnders** Sonia is stunned to find Martin at Bex's hospital bedside. (S)(AD)
8.30 **Secrets of the Seduction Bootcamp – Panorama** New edition Classes offering advice on pick-up techniques. (S)

9 PM

9.00 **Celebrity MasterChef** New edition 16/18. The four remaining contenders begin finals week, heading to Tenerife to recreate popular dishes and work under acclaimed chef Erlantz Gorostiza. (S)(AD)
■ Continues on Wednesday

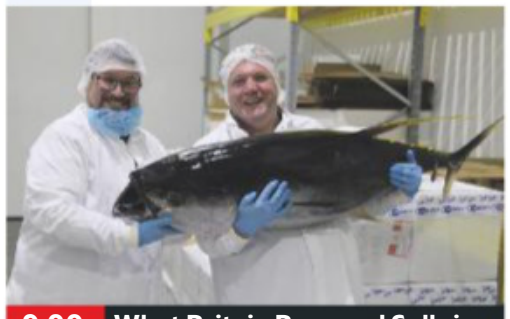
10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **The Young Offenders** 1/6. Friendship, loyalty, laughter and mischief bring best friends Conor and Jock into conflict with their headmaster. (S1) (S)(R)
11.05 **The Young Offenders** 2/6. Conor and Jock's friendships with Principal Walsh's daughters Linda and Siobhan intensify. (S1) (S)(R)
11.40 **The Graham Norton Show** 2/19. With guests Renée Zellweger, Lenny Henry, Louis Theroux and Andrew Ridgeley. (S)(R)
12.30 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Antiques Road Trip** (S)(R)
7.15 **Fugitives** (S)(R)(AD)
8.00 **Sign Zone: Saving Lives at Sea** (R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
12.15 PM **Politics Live** (S)
1.00 **Hardball** Quiz show. (S)(R)
1.45 **Home Away from Home** (S)(R)
2.30 **Heir Hunters** (S)(R)(AD)
3.15 **Coast** Extreme locations. (S)(R)
4.15 **Mountain: Life at the Extreme** The animals of the Rockies. (S)(R)
5.15 **Flog It!** From Greenwich. (S)(R)
6.00 NEW SERIES **Richard Osman's House of Games** With Ade Edmondson, Ed Gamble, Miquita Oliver and Kate Thornton. (S)
6.30 **Strictly: It Takes Two** New edition Rylan Clark-Neal is joined by the latest couple to be eliminated. (S)



9.00 What Britain Buys and Sells in...

7 PM

7.00 NEW SERIES **Celebrity Antiques Road Trip** The return of the programme in which famous faces compete in the cross-country bargain-hunting challenge. (S)

8 PM

8.00 **Only Connect** New edition The Eggchasers take on the 007s. (S)
8.30 **University Challenge** New edition The Open University take on the University of Huddersfield. (S)

9 PM

9.00 **What Britain Buys and Sells in a Day** New edition 2/3. A look at the seafood trade, with Ed Balls visiting the cargo hub at Heathrow Airport, and Ade Adepitan travelling to Iceland to find out about the Cod Wars. (S)

10 PM

10.00 NEW SERIES **Motherland** 1/6. Comedy starring Anna Maxwell Martin. A new mum at the school gates attracts the attention of Julia, Liz and Kevin. *See feature, page 8* (S2) (S)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **The Americas with Simon Reeve** 1/5. The explorer travels the length of North and South America, beginning in Alaska, where he witnesses the impact of climate change. (S)(R)(AD)
12.15 AM **Sign Zone: Interior Design Masters** 7/8. The remaining three contestants are challenged to redesign a hair salon. (S)(R)(AD)
1.15 **Sign Zone: Countryfile** (S)(R)
2.10 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** The team head to Corby, Northamptonshire, where items of interest include a silver falcon, an ancient coin called a groat and a rock 'n' roll autograph collection. (S)(R)
3.00 **Tenable** Five London firefighters take part in the quiz. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 A Confession

7 PM

7.00 **Emmerdale** Kim is alarmed by a threat, while Dan and Amelia anxiously await news. (S)(AD)
7.30 **Coronation Street** Ali's good deed for Maria puts Liam in harm's way. (S)(AD)

8 PM

8.00 **999: Britain From Above** Series finale 2/2. How the police use military drones to locate missing people. (S)(AD)
8.30 **Coronation Street** Ken revises plans for his birthday celebrations. (S)(AD)

9 PM

9.00 **A Confession** Series finale 6/6. Karen's fight for justice seems to have failed, and Fulcher is driven from both the police and the country – until a chance arises to bring Christopher Halliwell to trial. (S1) (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **To Catch a Serial Killer – with Trevor McDonald** The story of a detective whose determination to catch a murderer cost him his job. (S)(R)
11.45 **All Elite Wrestling: Dynamite** The latest AEW action. (S)
12.35 AM **Ideal World**
3.00 **Masterpiece with Alan Titchmarsh** Teams compete to identify the most valuable items at Hever Castle. (S)(R)(AD)
3.50 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** Criminal barrister Robert Rinder takes on real-life cases in a studio courtroom. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Mike & Molly** (S5) (S)(R)
7.20 **The King of Queens** (S8) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21&22/24. (S1) (S)(R)(AD)
10.10 **Ramsay's Kitchen Nightmares USA** From Colorado. (S)(R)
11.05 **Undercover Boss USA** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Couples Come Dine with Me** From Oxfordshire. (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun: Summer Sun** From Almeria in Spain. (S)(R)
4.00 **Sun, Sea and Selling Houses** New edition From Almeria. (S)
5.00 **Four in a Bed** New edition (S)
5.30 NEW SERIES **Your Room or Mine?** Interior design contest. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)

8.00 Jamie's Meat-Free Meals

7 PM

7.00 **News** (S)
7.55 **The Political Slot** Liberal Democrat MP Tom Brake and the party's Mayor of London candidate Siobhan Benita discuss the impact of Brexit uncertainty. (S)

8 PM

8.00 **Jamie's Meat-Free Meals** New edition 6/8. Making a chilli that proves vegetarian dishes can pack a punch. (AD)
8.30 **Food Unwrapped** New edition The team's favourite investigations. (S)(AD)

9 PM

9.00 **Crime and Punishment** New edition Following the work of the Probation Service and the Parole Board as violent offender William prepares for his hearing after serving 15 years for attempted murder. (S)(AD)
■ Repeated tomorrow

10 PM

10.00 **The Circle** New edition The latest drama from the reality show in which contestants live in the same building, but do not meet face-to-face as they try to win the £100,000 prize pot. (S)
■ Continues tomorrow
11.05 **8 Out of 10 Cats Does Countdown** With Alan Carr. (S)(R)
12.10 AM **First Dates Hotel** (SL)(R)(AD)
1.05 **Ramsay's Kitchen Nightmares USA** From Brooklyn. (S)(R)
1.55 **Treasure Island with Bear Grylls** The end is in sight. (S)(R)(AD)
2.50 **Come Dine with Me** (S)(R)
3.45 **Car SOS** (S)(R)
4.35 **Lost and Found** (S)(R)
5.30 **Fill Your House for Free** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

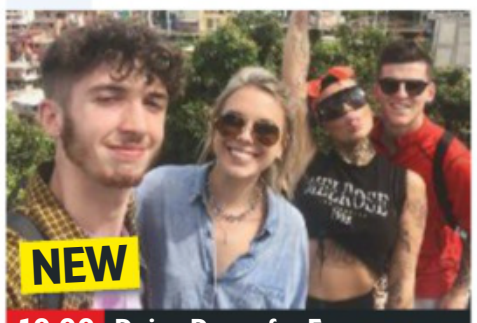
+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **GPs: Behind Closed Doors** A boy injures his wrist. (S)(R)(AD)
12.10 PM **News** (S)
12.15 **GPs: Behind Closed Doors** A pregnant woman suffers pains in her abdomen. (S)(R)(AD)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **Murder, She Baked: A Chocolate Chip Cookie Mystery** Crime drama. (S)(R)
4.00 **Friends** 18&19/24. (S4) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Hendrix's prank on Harlow backfires. (S)(R)(AD)
6.00 **Home and Away** Robbo plays a dangerous game. (S)(R)(AD)
6.30 **News** (S)



10.00 Doing Drugs for Fun

7.00 **Premiership Rugby Cup Highlights** Action from the third round of pool fixtures, including Worcester Warriors v Exeter Chiefs, Northampton Saints v Saracens, and Bristol Bears v London Irish. (S)

8.00 **Traffic Cops** New edition Police are involved in a game of cat and mouse with a car thief who has broken into a school compound and smashed through locked gates to steal a Honda. (S)

9.00 **NEW SERIES Fare Dodging Wars: No Ticket, No Travel** 1/4. Following the work of Transport for London's revenue protection teams, fighting against 125,000 fare dodgers every day. (S)

10.00 **NEW SERIES Doing Drugs for Fun** 1/3. Four casual cocaine users talk frankly about their drug habits, and learn about the impact on their bodies and wider society. (S)
■ Continues tomorrow

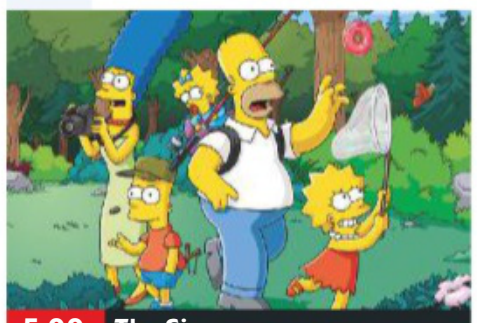
11.05 **NEW TO CHANNEL 5 Banged Up Abroad** 1/6. In Ecuador. (S)
12.05 AM **FIA World Rally Championship Highlights** (S)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **Animals After Dark** (S)(R)
4.00 **Tattoo Disasters UK** (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Nick's Quest** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Business** (S)(R)(AD)
8.00 **The Dog Whisperer** (R)
9.00 **Brit Cops: Rapid Response** (R)
10.00 **Stargate SG-1** (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S1) (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
3.00 **Brit Cops: Rapid Response** Police officers on patrol. (S)(R)
4.00 **Modern Family** 22&13/24. Double bill. (S1) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *The Six Million Dollar Mon:* Hermes signs on for a bionic upgrade. (S)(R)
6.00 *Fun on a Bun:* Professor Farnsworth books the crew a trip to Oktoberfest. (S)(R)
6.30 **The Simpsons** *I, (Annoyed Grunt)-Bot:* Homer builds a robot for Bart. (S)(R)



5.00 The Simpsons

7.00 **The Simpsons** *Diatribe of a Mad Housewife:* With the guest voices of authors Tom Clancy and Thomas Pynchon. (S)(R)
7.30 *Margical History Tour:* Marge stimulates the kid's interest in history. (S)(R)

8.00 **Rob & Romesh vs Superstar DJs** Rob Beckett and Romesh Ranganathan meet some of the biggest names in the DJ world, then have a go at becoming superstars themselves. (S)(R)(AD)

9.00 **FILM The Da Vinci Code** Conspiracy thriller based on the bestseller by Dan Brown, starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the Holy Grail while fleeing from the police and a murderous monk. (2006, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Joker: Special**
12.30 AM **The Force: North East** (R)
1.30 **Manifest** *Crosswinds:* 10/16. Ben crashes into a powerful adversary. (S1) (R)
2.30 **NCIS: Los Angeles** *Chinatown:* 16/24. The team investigate an apparent suicide. (S1) (S)(R)
3.30 **Road Wars** (S)(R)
4.00 **Futurama** (S)(R)
5.00 **to 6.00** AM **It's Me or the Dog**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
7.30-8.00pm Grand Tours of Scotland's Lochs **8.30-9.00** Disclosure: The Seduction Game **10.35** The Met: Policing London **11.35** The Young Offenders **12.40am** The Graham Norton Show **1.30** Weather for the Week Ahead **1.35-6.00am** BBC News

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
7.30-8.00pm Parents' Evening **10.35** True North: The Slim Club **11.05** Pop Goes Northern Ireland **11.35** The Young Offenders **12.40am** The Graham Norton Show **1.30-6.00am** BBC News

WALES
Sky **952**, Virgin **864**, Freesat **964**
7.30-8.00pm Down the Social with Owen Money

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm I Rith an Bhealaigh **11.15** Motherland **11.45pm-12.15am** The Mash Report

WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:

WALES
8.00-8.30pm Wales This Week **10.45** Sharp End **11.15-11.45pm** 999: Britain From Above

WEST
10.45pm A Confession: As Told by ITV News **11.15-11.45pm** Coast & Country

WESTCOUNTRY
10.45pm A Confession: As Told by ITV News **11.15-11.45pm** Coast & Country

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Cymoedd Roy Noble **12.30** Heno **1.30** Ar y Lein **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Y Babell Lên a Mwy! **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Caru Casglu **6.30** Ralio: Rali Cymru GB **7.00** Heno **8.00** Pobol y Cwm **8.25** Garddio a Mwy **8.55** Chwedloni: Cwpan Rygbi'r Byd **9.00** Newyddion 9 a'r Tywydd **9.30** Ffermio **10.00-11.45pm** Clwb Rygbi

TV&Satellite week
New issue on sale tomorrow

BBC4

116 116 | 107 | 9/82 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **NEW SERIES Handmade in Bolton** 1/4. Replicating historical creations, beginning with a Visigoth brooch.
8.00 **American History's Biggest Fibs with Lucy Worsley** 1/3. How US history is a concoction of stories and untruths.
9.00 **NEW Ian Hislop's Fake News: A True Story** Exploring the history of dishonest news reporting.
10.00 **Horizon: A Week without Lying – The Honesty Experiment** What our world would look like if we could not tell lies.
11.00 **The Story of China**
12.00 M'T **The Lost Libraries of Timbuktu** The African city.
1.00 AM **This Green and Pleasant Land: The Story of British Landscape Painting**
2.30 **Handmade in Bolton**
3.00 **to 4.00** AM **Ian Hislop's Fake News: A True Story**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun: Winter Sun** Double bill.
10.55 **Kirstie and Phil's Love It or List It** In Walthamstow.
12.00 NOON **Escape to the Chateau: DIY**
1.05 PM **Come Dine with Me**
3.50 **Find It, Fix It, Flog It**
4.50 **The Secret Life of the Zoo** A newborn foal takes a turn for the worse.
5.55 **The Supervet**
6.55 **Grand Designs** Building a contemporary bungalow for a retired couple in Maidstone.
7.55 **George Clarke's Old House, New Home** George visits a Victorian villa in Leeds, where Jawad and Charlie are planning an ambitious master en-suite.
9.00 **NEW SERIES Secrets of the Superfactories** Behind the scenes at green, hyper-efficient and flexible factories in Europe, America and Asia.
10.00 **Inside Cadbury: Chocolate Secrets Unwrapped** Documentary examining one of Britain's biggest and best-loved chocolate-makers.
11.00 **24 Hours in A&E** A 23-year-old woman is rushed in after a car crash.
12.05 AM **8 Out of 10 Cats Does Countdown**
1.05 **The Secret Life of the Zoo**
2.05 **The Supervet**
3.15 **to 3.40** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
6.45 **You've Been Framed!**
7.10 **Dinner Date**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.50 **The Ellen DeGeneres Show** New edition
2.45 **Supermarket Sweep**
3.50 **Dinner Date**
4.50 **Dress to Impress**
5.50 **Take Me Out**
7.00 **You've Been Framed! Gold** Double bill of clips.
8.00 **Supermarket Sweep** With Rylan Clark-Neal.
9.00 **Family Guy** 9/30. Lois is sent to prison. (S4)
9.30 **American Dad!** *The Census of the Lambs*: 2/13. Stan and Hayley compete in collecting data for the US Census. (S14)
10.00 **Plebs** New edition 3/8. The boys gatecrash a banquet. With Amanda Holden. (S5)
10.30 **Family Guy** 10/30. Lois becomes a model. (S4)
11.00 **Family Guy**
11.30 **American Dad!**
12.05 AM **The Cleveland Show**
1.05 **Superstore**
1.55 **to 2.25** AM **Totally Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Brooklyn Nine-Nine**
5.00 **The Goldbergs**
6.00 **The Big Bang Theory** 6&7/24. Double bill. (S9)
7.00 **Hollyoaks** Walter overhears Mitchell and Cleo talking about moving in together.
7.30 **NEW SERIES Celebrity Coach Trip** 1/10. A new batch of famous faces boards the bus in Pisa.
8.30 **Brooklyn Nine-Nine** 18/18. The squad have to team up with old enemies. (S6)
9.00 **Made in Chelsea** New edition Rosi challenges Miles about his motives for stringing Maeva along.
10.00 **Jade: The Reality Star Who Changed Britain** 2/3. Decisions Jade Goody made that proved disastrous.
11.10 **The Big Bang Theory**
12.10 AM **Gogglebox**
1.15 **First Dates**
2.20 **Made in Chelsea**
3.15 **Tattoo Fixers: Extreme**
4.10 **Celebrity Coach Trip**
5.00 **to 6.00** AM **The Big Bang Theory**

+1 hour 235 | 146 | 28 | 123

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Paramedics**
9.00 **Blue Bloods** 5/22. (S1)
10.00 **Criminal Minds** 16/23. (S2)
11.00 **CSI** As shown at 12.00m't.
12.00 NOON **Elementary** 6/24. (S1)
1.00 PM **Blue Bloods** 6/22. (S1)
2.00 **The Real A&E**
3.00 **Children's Hospital**
4.00 **Paramedics**
5.00 **Nothing to Declare** Four editions of the documentary series following the work of customs officers in Australia.

9.00 Instinct

7 PM

7.00 **Air Ambulance ER** Following medics as they fight to save a man's life following an accidental overdose.

8 PM

8.00 **Criminal Minds** *All That Remains:* 14/24. The team travel to Maryland when a writer reports his daughters missing. (S8)

9 PM

9.00 **Instinct** New episode *After Hours:* 7/13. Dylan and Lizzie investigate the murder of a high-powered PR representative. (S2)

10 PM

10.00 **Criminal Minds** *LDSK:* 6/22. The agents work with officers in Des Plaines, Illinois, to recreate a shooting. (S1)
11.00 **Criminal Minds** 6/24. (S9)
12.00 M'T **CSI** 5/23. A scuba diver's death arouses suspicion. (S2)
1.00 AM **Elementary** 12/13. (S7)
2.00 **Criminal Minds** As 8.00pm.
3.00 **Air Ambulance ER**
4.00 **Children's Hospital**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Richard E Grant's Hotel Secrets** From Hong Kong.
8.00 **The British**
9.00 **CSI** 9/23. (S1)
10.00 **The West Wing** (S7)
12.00 NOON **Without a Trace** (S6)
2.00 PM **Blue Bloods** 10/22. (S2)
3.00 **The West Wing** (S7)
5.00 **Without a Trace** 13/18. Jack goes missing while investigating human traffickers. **6.00** 14/18. The team search for a missing cheerleader. (S6)

10.10 Last Week Tonight...

7.00 **CSI** *Sex, Lies and Larvae:* 10/23. The battered body of a woman is found on a mountainside. (S1)

8.00 **Blue Bloods** *The Uniform:* 11/22. A uniformed officer is suspected of a shooting at a diner. (S2)

9.00 **Succession** New episode 9/10. Logan, Kendall, Gerri and Tom testify, while Shiv speaks to Kira, a victim who is set to be a key witness. (S2)

10.10 **Last Week Tonight with John Oliver** New edition Satirical talk show.
10.45 **The Affair** 6/11. (S5)
11.55 **Dexter** 7/12. Miguel and Dexter work together. (S3)
1.05 AM **Dexter** 8/12. (S3)
2.15 **Girls** 10/10. (S6)
2.50 **Silicon Valley** 1/10. (S4)
3.25 **Mike Judge Presents: Tales from the Tour Bus**
4.00 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **Lucky Feller**
7.35 **A Sharp Intake of Breath**
8.00 **The Piglet Files**
8.35 **Open All Hours**
9.15 **Last of the Summer Wine**
11.15 **2point4 Children**
11.50 **Chef!**
12.30 PM **Hi-de-Hi!**
1.10 **Keeping Up Appearances**
1.50 **Open All Hours**
2.30 **Last of the Summer Wine**
4.30 **2point4 Children**
5.05 **Hi-de-Hi!**
5.40 **Keeping Up Appearances**

9.00 Mrs Brown's Boys

7.00 **Open All Hours** Granville places an ad in a lonely hearts magazine.
7.40 **Dad's Army** Mainwaring's men pose as traitors to see how the town would deal with Nazi infiltrators. **8.20** Pike takes his girlfriend to the cinema in Mainwaring's new staff car.

9.00 **Mrs Brown's Boys** Agnes attempts to solve son Dermot's relationship problems. **9.35** Agnes worries her family are too secretive.

10.15 **Two Pints of Lager and a Packet of Crisps** Jonny gets an offer he cannot refuse.
10.55 **Game On**
11.30 **Morgana Robinson's The Agency** Triple bill.
1.25 AM **Game On**
2.00 **Two Pints of Lager and a...**
2.30 **Harry Hill's TV Burp**
2.55 **Morgana Robinson's...**
3.25 **to 4.00** AM **Lucky Feller**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.50 **Classic Emmerdale**
7.45 **Heartbeat**
8.50 **On the Buses**
9.55 **Rising Damp**
10.25 **Outside Edge**
11.30 **Agatha Christie's Poirot**
12.40 PM **Heartbeat** As 5.55pm.
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders** *Dead Man's Eleven.*
5.55 **Heartbeat** *Missing in Action:* A bride-to-be goes missing.

8.00 Agatha Christie's Marple

7.00 **Agatha Christie's Poirot** *The King of Clubs:* An actress witnesses the murder of a producer. With Niamh Cusack.

8.00 **Agatha Christie's Marple** *Endless Night:* A couple are targeted in a campaign of hatred after they ignore a gypsy's warnings and build a home at a supposedly cursed beauty spot. Then tragedy strikes...

10.00 **Scott & Bailey** 5/8. The investigation into Joe Bevan progresses as the body count rises. (S3)
11.00 **Scott & Bailey** 6/8. The detective duo investigate the death of a care home resident, while Dorothy becomes concerned her grand-daughter Taisie is being influenced by Rachel. (S3)
12.05 **to 2.05** AM **A Touch of Frost**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.20 **Kojak**
8.15 **Quincy ME**
9.20 **Minder**
10.20 **The Sweeney**
11.30 **The Professionals**
12.30 PM **The Saint**
1.35 **Kojak**
2.40 **Quincy ME**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Sweeney** Regan uses a criminal's dog as bait.

7.00 The Chase Celebrity...

7.00 **The Chase Celebrity Special** Hannah Mills, Chris Ramsey, Dion Dublin and Lesley Garrett take on The Chaser.

8.00 **Junk and Disorderly** New edition A BSA Bantam is transformed from a humble roadster into a trial bike.

9.00 **FILM Passenger 57** Thriller starring Wesley Snipes. An anti-terrorist expert finds himself on board a hijacked plane. (1992, 15, 84min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.50 **FILM Underworld: Evolution** Action horror. (2005, 18, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.00 AM **Minder** Arthur agrees to mind a coffin newly arrived at Heathrow – and ends up stashing it in Terry's bedroom for safekeeping.
2.00 **to 2.50** AM **Motorsport UK** High-speed coverage from around the country.

+1 hour 220 175 154

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Sky Two

170 160 11 144

7.00 AM **Celebrity Four Weddings**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: South Africa**
12.00 NOON **Wild Vets**
1.00 PM **The Dog Whisperer**
2.00 **Most Haunted**
3.00 **Babylon 5** 13/22. (S2)
4.00 **The Chase USA**
5.00 **The Crystal Maze**
6.00 **Stargate SG-1** (S7)
8.00 **Hawaii Five-0** (S1)
9.00 **Strike Back: Vengeance** 1/10. Stonebridge tries to adapt to a career outside Section 20. **10.00** 2/10. The group struggle to reach an evacuation point. (S3)
11.00 **Sun, Sea and A&E**
12.00 M'T **Instinct** 7/13. (S2)
1.00 AM **Ross Kemp: Extreme World**
3.00 **Duck Quacks Don't Echo** With Bob Mortimer.
4.00 **Wild Vets**
5.00 **to 6.00** AM **The Chase USA**

Pick

152 165 11 144

7.00 AM **Nothing to Declare**
8.00 **America's Front Line**
9.00 **Border Patrol**
10.00 **Police Ten 7**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **Banged Up Abroad: Crime & Punishment**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Canada's Front Line**
5.00 **America's Front Line**
6.00 **Without a Trace** (S2)
7.00 **Hawaii Five-0** (S1)
8.00 **MacGyver** 21/21. (S1)
9.00 **Britain's Most Evil Killers**
10.00 **Paranormal Witness**
11.00 **The Force: Manchester**
12.00 M'T **Air Ambulance ER**
1.00 AM **Brit Cops: War on Crime**
2.00 **Road Wars**
3.00 **Border Patrol**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 79

Dave

112 112 812 132 181 307 370

7.10 AM **Top Gear**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
11.00 **Cops UK: Bodycam Squad** Documentary.
12.00 NOON **Modern Wheels or Classic Steals**
1.00 PM **Top Gear**
2.00 **Cops UK: Bodycam Squad** Documentary.
3.00 **Modern Wheels or Classic Steals**
4.00 **Timber Kings**
5.00 **Top Gear**
7.00 **QI XL** With Bill Bailey.
8.00 **Have I Got a Bit More News for You**
9.00 **Live at the Apollo**
10.00 **Dave Gorman: Modern Life Is Goodish**
11.00 **Comedians Giving Lectures**
11.40 **QI XL** With Nish Kumar.
12.40 AM **Have I Got a Bit More News for You**
1.40 **Live at the Apollo**
2.45 **to 4.00** AM **Josh**

+1 hour 211 131

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Friends**
1.00 PM **Friends**
4.00 **Will & Grace** (S1)
5.00 **Friends** Eight episodes of the series, including at: **8.00** 9/24. Ross falls out with his co-workers. (S5) **8.30** 11/24. The pals announce New Year's resolutions. (S5)
9.00 **Single Parents** New episodes 18/23. Will saves one of the kids from a playground injury. **9.30** 19/23. Poppy and Sophie scheme to recruit Dr Biscuits. (S1)
10.00 **Impractical Jokers** New edition A cake-decorating contest.
10.30 **Impractical Jokers: Inside Jokes** New edition
11.00 **Kevin Hart Live: Seriously Funny**
12.00 M'T **South Park**
1.00 AM **South Park**
4.15 **to 5.00** AM **Impractical Jokers**

+1 hour 212 133 119

ITV Be

131 119 179 26 118

7.00 AM **Be Beautiful**
7.10 **CELEBrations**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of New Jersey**
1.20 **The Bachelor USA**
2.20 **Married to Medicine**
3.10 **The Real Housewives of Beverly Hills**
4.05 **The Real Housewives of Atlanta** Double bill.
6.00 **Buying and Selling** Double bill of editions.
8.00 **Dinner Date** Brad from London looks for love.
9.00 **The Real Housewives of Cheshire** New edition Reality show.
10.00 **Botched** A pop star impersonator needs his nose fixed. **11.00** Helping a singer to find his voice again.
11.55 **The Only Way Is Essex**
12.40 **to 1.35** AM **Love Island USA** New edition

+1 hour 231 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 212 | 312 | 382

7.10 AM **Murdoch Mysteries** (S12)
8.00 **Sue Thomas: F.B.Eye** (S3)
9.00 **Death in Paradise** As 10pm.
10.00 **New Tricks** As 12.20am.
11.00 **Rizzoli & Isles** 11&12/15. (S3)
1.00 PM **Death in Paradise** (S2)
2.00 **Major Crimes** 9/10. (S1)
3.00 **Miss Fisher's Murder Mysteries** 1/13. (S1)
4.00 **Murdoch Mysteries** 8&9/13. Double bill of episodes. (S6)
6.00 **Rizzoli & Isles** 3/18. A serial killer uses online advertising to lure new victims. (S5)

11.20 Copper

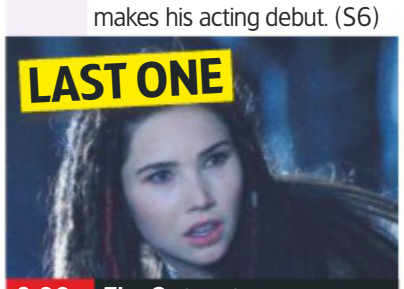
7.00 **Rizzoli & Isles** *Doomsday:* 4/18. A man is found murdered inside his fallout shelter. (S5)
8.00 **Major Crimes** *Long Shot:* 10/10. The team have to liaise with the FBI and solicit the help of a boy to track a sniper. (S1)
9.00 **Father Brown** *The Theatre of the Invisible:* A landlady is murdered when radio quiz *Up to You* comes to Kembleford.
10.00 **Death in Paradise** *A Stormy Occurence:* 7/8. The team are called to investigate the death of a meteorologist. (S2)
11.20 NEW SERIES **Copper** *Home, Sweet Home:* 1/13. A career criminal terrorises the Sixth Ward. (S2)
12.20 AM **New Tricks**
1.40 **Unforgettable** 9/22. (S1)
2.40 **to 4.00** AM **Sue Thomas: F.B.Eye**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 | 375

6.00 AM **Star Trek: Voyager** (S1)
8.00 **Teleshopping**
11.00 **Merlin** 7/13. (S5)
12.00 NOON FILM **Megalodon** Thriller with Michael Madsen. (2018, 15, 105min) ★
2.00 PM **Merlin** 8/13. (S5)
3.00 **Stargate Atlantis** 9/20. (S4)
4.00 **Star Trek: Voyager** 5/26. A crew member is badly injured. **5.00** 6/26. Chakotay tries to change the past. (S5)
6.00 **Star Trek: The Next Generation** 21/26. Riker makes his acting debut. (S6)



9.00 The Outpost

7.00 **Star Trek: The Next Generation** *Suspicions:* 22/26. Dr Crusher is involved in a series of unlikely incidents. (S6)
8.00 **Stargate Atlantis** *This Mortal Coil:* 10/20. A mysterious probe crashes into the city-ship. Guest stars Torri Higginson. (S4)
9.00 **The Outpost** Series finale *This Is Now Our Outpost:* 13/13. The Prime Order attacks the Outpost. (S2)
10.00 FILM **Witchslayer Gretl** Fantasy adventure starring Shannen Doherty and Paul McGillion. (2012, PG, 88min) ★★
11.50 **The Outpost** As 9.00pm.
12.50 AM **Star Trek: The Next Generation** 16&17/26. (S6)
2.50 **Future Man** 11&12/13. (S1)
4.00 **to 6.00** AM FILM **Mythica: The Iron Crown** Fantasy adventure starring Melanie Stone. (2016, PG, 93min) ★★

+1 hour 214 229

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **MasterChef Australia**
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
1.00 PM **MasterChef Australia** An elimination challenge aimed at minimising food waste.
2.00 **My Dream Home** Triple bill of the series, including at: **4.00** A couple who want to move into a resort-style oasis.
5.00 **Tipping Point** Double bill.

7.00 MasterChef Australia

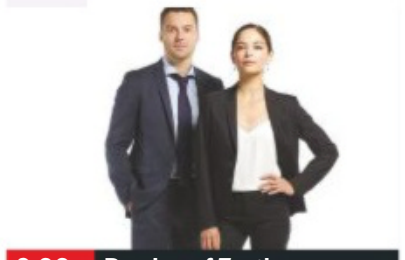
7.00 **MasterChef Australia** New edition The top nine contestants are each given a mystery box they have faced before, to demonstrate how they have improved.
8.30 **My Second Restaurant in India** Further setbacks start to wear Sarah down.
9.00 **One Born Every Minute** Following a couple who struggled with infertility as they await the arrival of their first child.
10.00 **One Born Every Minute** A couple who maintained a long-distance relationship prepare to become parents.
11.00 **Inside the Ambulance**
12.00 M'T **Inside the Ambulance**
1.00 AM **Who Do You Think You Are?** With Actor Martin Shaw.
1.50 **Criminal Minds: Beyond Borders** 7/13. (S2)
2.35 **to 3.00** AM **Bin There, Dump That**

+1 hour 209 190

Universal

113 113 813 | 122 121 | 320 | 385

8.00 AM **Numb3rs** 14/16. (S6)
9.00 **Sea Patrol** 6/13. (S1)
10.00 **Private Eyes** 6/10. (S1)
11.00 **NCIS** 12&13/24. (S10)
1.00 PM **CSI: Miami** (S4)
3.00 **Law & Order** 5/24. A clothes shop owner is murdered. **4.00** 6/24. A police officer is murdered. (S11)
5.00 **NCIS** 14/24. The team attempt to stop a terrorist unleashing the Ebola virus. **6.00** 15/24. Vance discovers a key to a safety deposit box in his late wife's effects. (S10)



9.00 Burden of Truth

7.00 **NCIS** *Detour:* 16/24. Ducky and Jimmy are abducted while transporting a body to the morgue. (S10)
8.00 **Gone** *Secuestrado:* 10/12. Neil Pruitt continues prying into Kick's life, stirring up attention in the media. (S1)
9.00 **Burden of Truth** *Pilot:* 1/10. A lawyer investigates the outbreak of a mysterious disease. Stars Kristin Kreuk. (S1)
10.00 **Proven Innocent** *Pilot:* 1/13. A lawyer once falsely accused of murder who must face the prosecutor who convicted her. (S1)
11.00 **Law & Order: Special Victims Unit** *Users:* 7/24. A photograph of a murder scene is leaked online. (S11)
12.00 M'T **CSI: Miami** 5&6/25. (S4)
2.00 AM **Burden of Truth** As 9pm.
3.00 **Gone** As 8.00pm.
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 206

FOX

124 124 821 | 157 199

8.00 AM **The Closer** 8/15. (S4)
9.00 **Bones** 1/15. (S3)
10.00 **NCIS: New Orleans** (S4)
11.00 **NCIS** 19/24. (S13)
12.00 NOON **Bones** 2/15. (S3)
2.00 PM **The Mentalist** 12/23. (S2)
3.00 **NCIS** 20/24. (S13)
4.00 **NCIS: New Orleans** (S4)
5.00 **Bones** 4/15. A decomposed body is found in an abandoned building. (S3)
6.00 **The Mentalist** 13/23. A saleswoman's body is found in the boot of a car. (S2)

9.00 The Walking Dead

7.00 **NCIS** *Return to Sender:* 21/24. Gibbs and Senior FBI Agent TC Fornell hunt two British fugitives. Guest stars Joe Spano.
8.00 **NCIS** *Homefront:* 22/24. Gibbs is suspicious when a teenager foils a home invasion. Guest stars Michelle Obama. (S13)
9.00 NEW SERIES **The Walking Dead** *Lines We Cross:* 1/16. The return of the horror thriller starring Norman Reedus. *See feature, page 6* (S10)
10.05 **Talking Dead** New edition Chris Hardwick looks at the opening episode of series 10.
11.00 **American Dad!** Double bill of the animation. (S15&4)
12.00 M'T **Family Guy** (S14)
12.30 AM **Family Guy** (S14)
1.00 **American Dad!** (S4)
2.00 **Family Guy** (S14)
3.00 **American Dad!** (S4)
4.00 **to 5.00** AM **The Closer**

+1 hour 224 158

Monday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Charlie's Angels**
7.00 **Hart to Hart**
9.00 **Highway to Heaven**
12.00 NOON **TJ Hooker**
2.00 PM **Hart to Hart**
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S1)
7.00 **M*A*S*H** 1/24. The camp is on its best behaviour for an inspection by a psychiatrist **7.30** 2/24. General Clayton's car is bombed. **8.00** 3/24. Hot Lips and Frank refer Klinger to a psychiatrist. **8.30** 4/24. The team rebuild a village. (S2)
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz.
12.00 M'T **M*A*S*H** (S5)
1.00 **TJ Hooker** (S3)
3.00 **M*A*S*H** 3/24. (S2)
3.30 **The Waltons** (S4)
4.20 **Touched by an Angel**
5.10 **to 6.00** AM **Highway to Heaven**

+1 hour 257 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **The South Bank Show Originals**
11.00 **Discovering**
12.00 NOON **Landscape Artist of the Year 2018**
1.00 PM **Comedy Legends**
2.00 **Johnny Cash at Folsom Prison**
3.00 **Shania Twain: Live**
5.00 **Discovering: Eli Wallach**
6.00 **Landscape Artist 2018**
7.00 NEW SERIES **Live at Cheltenham Literature Festival** **8.00** New edition
9.00 NEW SERIES **Cheltenham Literature Festival Sessions**
10.00 NEW **Salman Rushdie, Death on a Trail**
11.00 **Giles Coren: My Failed Novel**
12.00 M'T **Music Icons**
1.00 AM **Brian Johnson's A Life on the Road**
2.00 **Comedy Legends**
3.00 **to 6.00** AM **Highlights**

4seven

137 143 203 47 110 127

9.00 AM **Come Dine with Me**
11.30 **Four in a Bed**
12.00 NOON **Find It, Fix It, Flog It** From the Wirral.
1.00 PM **Undercover Boss USA** Documentary.
2.00 **Ramsay's Kitchen Nightmares USA**
3.00 **Everybody Loves Raymond** (S6)
4.00 **Frasier** (S1)
5.00 **A Place in the Sun: Summer Sun**
6.00 **Sun, Sea and Selling Houses**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Grand Designs**
9.00 **Gogglebox**
10.00 **Hunt for the Arctic Ghost Ship**
11.05 **Secret Life of the Zoo**
12.10 AM **Thomas Cook: The Rise & Fall of Britain's Oldest Travel Agent**
1.15 **Britain's Historic Towns**
2.20 **Escape to the Chateau: Restoring the Dream**
3.25 **Sun, Sea and Selling...**
4.20 **to 4.50** AM **Four in a Bed**

5USA

141/169 153 21 129

9.00 AM **Access**
9.10 **Remington Steele** (S3)
10.05 **CSI: NY** 10/23. (S6)
11.00 **The Mysteries of Laura**
12.00 NOON **Bull**
1.00 PM **Law & Order** (S11)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S11)
8.00 **NCIS** *Parental Guidance Suggested:* 6/24. A navy commander's wife is murdered. (S12)
9.00 **Law & Order: Criminal Intent** *Dramma Giocoso:* 16/22. Guest stars Julian Sands and Alice Krige. (S5)
10.00 **Law & Order: Special Victims Unit** *Dirty:* 14/24. An assistant district attorney falls to her death. (S12)
11.00 **Law & Order: Special Victims Unit** 15&16/24. Double bill. (S12)
12.50 AM **CSI: Miami** Triple bill of the crime drama. (S7)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Last Man Standing**
8.20 **Smallville** 12/23. (S2)
9.10 **Can't Pay? We'll Take It Away!** Double bill.
11.10 **My Wife and Kids**
12.05 PM **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Two and a Half Men**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Can't Pay? We'll Take It Away!**
8.00 **Airport 24/7: Thailand**
9.00 **Rich Kids, Skint Holiday** New edition
10.00 **Britain's Pushiest Parents** Documentary.
11.00 FILM **Harold & Kumar Get the Munchies** Comedy. (2004, 15) ★
12.50 AM **The World's Heaviest Child: Extraordinary People**
1.55 **Wentworth Prison**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Dalziel & Pascoe**
4.15 **All Creatures Great and Small**
5.25 **Fresh Fields**
6.00 **'Allo 'Allo!**
6.40 **Waiting for God**
7.20 **Last of the Summer Wine** Smiler works as a door-to-door salesman.
8.00 **Hetty Wainthropp Investigates** *Daughter of the Regiment:* Hetty is hired to find a stalker.
9.00 **Death in Paradise** *The Impossible Murder:* 3/8. Humphrey and Martha's romantic weekend is cut short when a fellow hotel guest is killed. (S6)
10.20 **New Tricks** *Loyalties and Royalties.*
11.35 **Silent Witness**
2.05 **to 4.00** AM **Boon**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

Monday

AMC

332 381

Programmes start at 1pm.

1.00 PM **Halt and Catch Fire**
1.55 **The Terror** 10/10. (S1)
2.55 **FILM The Grand Seduction** Comedy. (2013, 12, 110min) ★★★
5.00 **Halt and Catch Fire**
6.00 **James Cameron's Story of Science Fiction**
6.55 **Zoom In**
7.05 **FILM The Prize Winner of Defiance, Ohio** Fact-based drama. (2005, 12, 99min) ★★★
9.00 **NEW SERIES The Terror** *A Sparrow in a Swallow's Nest:* 1/10. (S2)
10.05 **NOS4A2** 9&10/10. (S1)
11.50 **FILM There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
2.45 AM **The Terror** As 9pm.
3.45 **Halt and Catch Fire**
4.35 **to 5.30** AM **James Cameron's Story of Science Fiction**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S7)
10.00 **ER** (S1)
11.00 **The Love Boat** (S5)
12.05 PM **Judge Judy**
1.00 **Gunsmoke** (S20)
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S5)
7.00 **CSI: Miami** *Rush:* 20/24. A film star dies after a stay in rehab. (S5)
8.00 **Judge Judy**
9.00 **Medium** *Me without You:* 13/13. Allison dreams that Joe has died in a plane crash. (S7)
10.00 **CSI: Miami** *Just Murdered:* 21/24. An acrimonious divorce case is complicated by murder. (S5)
11.00 **The Love Boat** (S5)
12.05 AM **Judge Judy**
1.00 **ER** 2/25. (S1)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder**
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Father Dowling Mysteries**
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 15/26. (S3)
2.05 **CSI: Miami** 13/24. (S5)
3.00 **NCIS** 9/24. (S7)
4.00 **NCIS: Los Angeles** (S3)
5.00 **Father Dowling Mysteries**
6.00 **Perry Mason**
7.05 **Texas** 4/4. Drama. (S1)
8.00 **Walker, Texas Ranger** *The Juggernaut:* 16/26. Alex risks her life. (S3)
9.00 **Scorpion** *Robots:* 4/25. Walter, Cabe and Happy become trapped aboard a submarine. (S2)
10.00 **NCIS: Los Angeles** *Cyber Threat:* 2/24. (S3)
11.00 **CSI: Cyber** 1/13. (S1)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **Scorpion** As 9pm.
2.00 **Gunsmoke**
3.05 **Bonanza**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** Double bill of editions.
8.00 **48 Hours: Mystery** A famed LA hairstylist is killed in his backyard.
9.00 **Ice Cold Killers** A brutal murder and frozen crime scene shatter an idyllic Idaho town.
10.00 **Cold Justice** Kelly and Tonya Rider investigate the tragic death of an elderly woman.
11.00 **Murderers and Their Mothers**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Ice Cold Killers**
2.00 **Cold Justice**
3.00 **Crime and Punishment**
3.50 **Hoarders**
4.40 **Dog and Beth: On the Hunt**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Catchphrase**
11.00 **Take Your Pick**
12.00 NOON **Wheel of Fortune**
1.00 PM **Weakest Link**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **Weakest Link**
7.00 **Pointless Celebrities** Featuring eight authors.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Classic Who Wants to Be a Millionaire?** Newlywed couples compete in the quiz.
11.00 **Bullseye**
12.00 M'T **Bullseye**
12.30 AM **Bullseye**
1.00 **The Chase**
3.50 **Deal or No Deal**
5.10 **to 6.00** AM **Golden Balls**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Most Ridiculous**
7.00 **Teleshopping**
9.00 **Friends** (S4&9)
11.00 **The Middle** (S9)
1.00 PM **Most Ridiculous**
2.00 **Bob's Burgers** (S8)
4.00 **Wipeout USA**
6.00 **Impractical Jokers: Championship**
6.30 **Impractical Jokers: Hits, Errors & Balls**
7.00 **Impractical Jokers**
8.00 **Fresh Prince of Bel Air**
9.00 **Friends** 6&10/24. (S4)
10.00 **South Park** (S6)
11.00 **Jimmy Carr: Being Funny** Stand-up show.
12.00 M'T **Russell Howard & Mum: Globetrotters**
2.00 AM **Gemini Man Movie Special**
2.30 **Russell Howard's Good News**
3.25 **Russell Howard Live**
4.10 **TripTank** (S1)
4.30 **Bob's Burgers** (S8)
5.15 **to 6.00** AM **The Middle**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **Kourtney & Kim Take Miami** Double bill.
11.00 **Dating: No Filter**
12.00 NOON **Flip It Like Disick**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Flip It Like Disick**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **Flip It Like Disick**
8.00 **Keeping Up with the Kardashians**
9.00 **Dating: No Filter**
10.00 **Keeping Up with the Kardashians**
11.00 **Flip It Like Disick**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Revenge Body with Khloe Kardashian**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Wags Miami**

+1 hour 223 149

Food Network

140 291 41 148

6.00 AM **Jamie's 30 Minute Meals** Steak stir-fry.
6.25 **Giada at Home**
9.00 **The Pioneer Woman**
11.00 **Great British Bake Off**
12.00 NOON **Nigella Bites**
1.00 PM **Barefoot Contessa – Back to Basics**
2.00 **James Martin: Sweet**
2.30 **James Martin: Delicious**
3.00 **Jamie's 30 Minute Meals** Double bill.
4.00 **The Pioneer Woman**
6.00 **My Greatest Dishes**
7.00 **Great British Bake Off** The 2010 grand final.
8.00 **The Hairy Bikers' Food Tour of Britain**
9.00 **Rick Stein's Seafood Lovers' Guide**
10.00 **Diners, Drive-Ins and Dives** Four editions.
12.00 M'T **Mystery Diners**
12.30 AM **Mystery Diners**
1.00 **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 240 280

Lifetime

164 208 329 384

7.00 AM **Judge Judy**
1.00 PM **Storage Wars**
2.00 **Zombie House Flipping**
3.00 **Flipping Vegas**
4.00 **Little Women: Dallas**
5.00 **Hardcore Pawn**
6.00 **Disaster Decks**
7.00 **Judge Judy** Real-life small-claims cases.
9.00 **Dance Moms New edition** The fallout from last week's competition drama continues as Michelle is in big trouble and news spreads of a shocking departure.
10.00 **Storage Wars** Mary learns a harsh lesson about Dave at auctions in Rancho Palos Verdes. **10.30** Mary is forced far out of her comfort zone.
11.00 **Hardcore Pawn**
12.00 M'T **Disaster Decks**
12.30 AM **Disaster Decks**
1.00 **Dance Moms** As 9pm.
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **FILM The Stranger Inside** Crime thriller. (2016, 12, 84min) ★★
10.40 **FILM The Reckoning** Drama. (2015, PG) ★★
12.35 PM **FILM The Narcissist** Thriller. (2019, 12) ★★
2.20 **FILM Killer Affair** Thriller. (2018, 12, 90min) ★★
4.10 **Framed for Murder: A Fixer Upper Mystery**
6.00 **House** Double bill. (S8)
8.00 **Sleepy Hollow** (S2)
8.55 **Access** Showbiz news.
9.00 **FILM Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
10.35 **FILM Turbulence** Thriller. (1997, 18, 100min) ★
12.40 AM **Gemini Man Movie Special**
1.15 **The Strain** (S1)
2.40 **Designated Survivor** (S1)
3.30 **Sleepy Hollow** (S2)
4.15 **Smallville** (S1)
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wet Nets**
6.20 **Total Fishing with Matt Hayes**
7.10 **Deadliest Catch**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Fantomworks**
12.00 NOON **Close Encounters**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **MotoGP Highlights**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **The Last Alaskans**
10.00 **Yukon Men**
11.00 **MotoGP Highlights**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin' Chronicles Vol. 2**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **FBI Files**
12.00 NOON **Disappeared**
1.00 PM **Say Yes to the Dress**
4.00 **Curvy Brides Boutique**
5.00 **Say Yes... Atlanta**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **Sister Wives** The Browns head to a couples retreat.
10.00 **Vicky Pattison: No Filter**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Copycat Killers**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Detroit**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **DIY SOS: The Big Build** From Nottingham.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **The Sheriffs Are Coming**
11.00 **Celebrity Antiques Road Trip**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** From Majorca.
3.00 **Homes Under the Hammer**
4.00 **Ghost Adventures**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **Helicopter ER**
10.00 **Cops UK: Bodycam Squad**
11.00 **Into the Fire**
12.00 M'T **Ghost Adventures**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **Born to Kill?**
4.50 **to 6.00** AM **Ghost Adventures**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Canada's Front Line**
9.00 **Police Ten 7**
10.00 **Road Wars**
11.00 **Rapid Response**
12.00 NOON **Banged Up...**
1.00 PM **In Defense Of**
2.00 **Canada's Front Line**
4.00 **Stop, Search, Seize**
5.00 **Road Wars**
6.00 **Rapid Response**
7.00 **Banged Up Abroad**
8.00 **Murders That Shocked the Nation**
9.00 **Conman: Mark Acklom New** A cunning frauster.
10.00 **Snapped New edition**
11.00 **World's Most Evil Killers**
12.00 M'T **Banged Up Abroad**
1.00 AM **Britain's Most Evil Killers** Vincent Tabak.
2.00 **Snapped**
3.00 **Murders That Shocked...**
4.00 **Police Ten 7**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Speeders** A bong maker is pulled over. **7.30** A couple of teens are quizzed. **8.00** A wedding planner is pulled over. **8.30** A speeder reveals that he is also an unrepentant cheater.
9.00 **Deadly Women** Double bill. Female murderers who killed family members.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 279

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **The Great British Benefits Handout**
10.00 **The Nightmare Neighbour Next Door**
11.00 **The Dog Rescuers**
12.05 PM **FILM A Perfect Christmas List** Drama. (2014, PG, 88min) ★★
2.00 **GPs: Behind Closed Doors**
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Trauma Doctors: Every Second Counts**
10.00 **The Baby with a New Face...**
11.00 **The Operating Theatre**
12.00 M'T **The Nightmare Neighbour Next Door**
1.00 AM **The Great British Benefits Handout**
2.00 **Aldi vs Lidl...**
3.00 **to 4.00** AM **Brunel: The Man Who Built Britain**

5Spike

150 154 31 141

9.00 AM **The A-Team**
11.00 **Police Interceptors**
12.00 NOON **Can't Pay? We'll Take It Away!**
2.00 PM **Trucking Hell**
3.00 **Traffic Cops at Christmas**
4.00 **Traffic Cops**
4.55 **The A-Team** (S1)
6.55 **FIA World Rally Championship Highlights** From Wales.
8.00 **999 Emergency: Winter Road Rescue**
9.00 **FILM The 13th Warrior** Medieval adventure, starring Antonio Banderas. (1999, 15, 103min) ★★★
11.10 **FILM Crossfire** Crime thriller, with Robert De Niro. (2012, 18, 92min)
1.00 AM **Airwolf** (S1)
2.00 **to 3.00** AM **Violent Criminals of Colorado: America's Toughest Prisons**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé**
12.00 NOON **Dr Pimple Popper** An armpit lump is removed.
1.00 PM **Cake Boss**
2.00 **Little People, Big World**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes to the Vegas Dress** A dress fit for a nightclub reception.
8.00 **Outdaughtered: Busby Quints New edition**
10.00 **Our Twinsane Wedding**
11.00 **Dr Pimple Popper**
12.00 M'T **Outdaughtered: Busby Quints**
2.00 AM **Our Twinsane Wedding**
3.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Cake Boss**

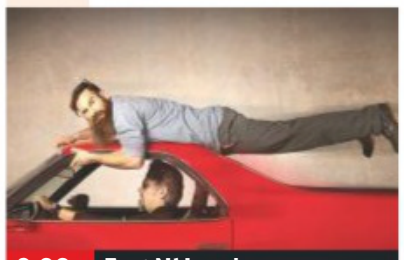
+1 hour 233 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Supertruckers**
7.00 **Airplane Repo**
8.00 **Extreme Engineering**
9.00 **Game of Stones**
10.00 **Contact Project**
11.00 **Wheeler Dealers**
12.00 NOON **Garage Rehab**
1.00 PM **Combat Dealers**
2.00 **Alien Highway**
3.00 **Fast N' Loud**
4.00 **Kindig Customs**
5.00 **Garage Rehab**
6.00 **Fast N' Loud** The boys restore a 1976 Bronco.



9.00 Fast N' Loud

7.00 **Gold Rush** With the parts of the second dredge finally in position, Tony has problems reconstructing it.

8.00 **Combat Dealers** Bruce Crompton hopes to buy a rare German Hetzer tank from Russian oligarch Slava.

9.00 **Fast N' Loud** New edition The Monkeys attempt to finish the 1972 Buick Riviera super-build in time for SEMA.

10.00 **Speed Is the New Black** A hockey-mad family want their 1957 Nomad for everyday use and full-throttle track days.

11.00 **Wheeler Dealers** Restoring a 1983 Mercedes 500 SEC.
12.00 M'T **Fast N' Loud** As 9.00pm.
1.00 AM **Speed Is the New Black** As shown 10.00pm.
2.00 **Street Outlaws**
3.00 **Fast N' Loud** As 9.00pm.
3.50 **The Last Alaskans**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
8.00 **Animal Cops Houston**
10.00 **Bondi Vet**
11.00 **Pit Bulls & Parolees**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **My Cat from Hell**
4.00 **Alaska: The Last Frontier**
5.00 **Extinct or Alive** Forrest combs the Florida Everglades for a black panther.
6.00 **Bondi Vet** Dr Chris Brown travels to the UK to fulfil a childhood fantasy.

8.00 Jeremy Wade's Dark...

7.00 **Pit Bulls & Parolees** Hurricane Isaac tears through New Orleans, flooding Villalobos's evacuation location.

8.00 **Jeremy Wade's Dark Waters** Jeremy travels to Lake Garda to investigate rumours of a 16th-century monster fish.

9.00 **Alaska: The Last Frontier** Atz Snr has wild game in his sights, while Atz Lee and Jane secure their cabin for the winter.

10.00 **Animal Cops Houston** Agents look back at memorable cases, including the seizure of more than 30 poodles.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Mountain Monsters**
1.00 AM **Animal Cops Houston**
2.00 **Jeremy Wade's Dark Waters**
3.00 **Alaska: The Last Frontier**
3.50 **Intruders**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **Treehouse Masters**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Car SOS** Double bill.
10.00 **Air Crash Investigation**
12.00 NOON **Hitler's Last Stand**
1.00 PM **Nazi Megastructures: Battle Ready**
2.00 **Nazi Megastructures: Inside Hitler's Jet Caves** The Messerschmitt ME 262.
3.00 **Buried Secrets of WWII**
4.00 **Car SOS** A Ford Anglia in need of a makeover. **5.00** Fuzz and Tim restore a Series 1 Land Rover.
6.00 **Mayday** A crash-landing at Tokyo's Narita Airport.

9.00 Buried Secrets of WWII

7.00 **Air Crash Investigation** How American Airlines Flight 587 crashed in New York City, just months after 9/11.

8.00 **Drain the Oceans** New edition Examning how the development of U-Boats changed the shape of naval warfare.

9.00 **Buried Secrets of WWII** Series finale Pete Kelsey and Marty Morgan examine the German Siege of Malta in 1940.

10.00 **Airport Security: Brazil** New edition A cargo of counterfeit goods is intercepted and asylum seekers cause an uproar.

11.00 **Air Crash Investigation** A plane that exploded over France's Quiberon Bay.
12.00 M'T **Airport Security: Peru**
1.00 AM **America's Hardest Prisons** The lives of inmates at maximum-security facilities.
2.00 **The Hot Zone**
3.00 **to 5.00** AM **Car SOS**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Forged in Fire**
7.00 **American Pickers: Best Of**
8.00 **Pawn Stars** Double bill.
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **American Pickers: Best Of**
12.00 NOON **Forged in Fire**
1.00 PM **Counting Cars**
2.00 **American Pickers**
3.00 **Storage Wars** Four editions.
5.00 **Pawn Stars** Double bill.
6.00 **American Pickers: Best Of** Two experts trawl junk yards for precious objects.

9.00 Damian Lewis: Spy Wars

7.00 **Forged in Fire** Four bladesmiths are tasked with forging a Crusader's Dagger from a thick rod of steel.

8.00 **Pawn Stars** New edition Chumlee is determined to make a deal on one of Elon Musk's most popular toys.

9.00 **NEW SERIES Damian Lewis: Spy Wars** The story of Oleg Gordievsky, one of the West's most valuable Cold War agents.

10.00 **NEW The Plot Against America** Following former FBI Special Agent Dennis Franks as he tracks down enemy 'sleepers'.

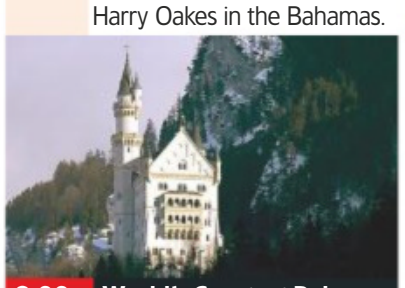
12.00 M'T **X-Company** 5/10. The team seek a doctor rumoured to be helping Jews escape from France, while, Aurora and Franz Faber's wife get closer. (S2)
1.00 AM **Pawn Stars**
2.00 **Counting Cars**
3.00 **American Pickers: Best Of**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **WW2 Price of Empire**
8.00 **Time Team**
10.00 **Nazi Murder Mysteries**
11.00 **Impossible Railways**
12.00 NOON **Time Team**
2.00 PM **Yellowstone**
3.00 **Planet Earth II**
4.00 **Forbidden History**
5.00 **Train Truckers** The crew visit Germany to collect a multi-million-pound maintenance machine.
6.00 **Nazi Murder Mysteries** The murder of businessman Sir Harry Oakes in the Bahamas.



8.00 World's Greatest Palaces

7.00 **Monster Ships** A look at *Thermopylae*, which travels continually all over the world as a transport conveyor.

8.00 **World's Greatest Palaces** New edition A look at Neuschwanstein Castle in the Alps of southern Germany.

9.00 **War Factories** The story of how the Americans, once provoked into war, out-produced the rest of the world.

10.00 **The World at War** British bombers are unable to hit their targets precisely and attack German cities under cover of darkness.

11.00 **The Two Ronnies** Messrs Barker and Corbett continue their serial *Done to Death*, plus music by Chelsea Brown. **11.55** With guests Alan Price and Georgie Fame.
12.50 AM **Nazi Murder Mysteries**
1.50 **WW2 Price of Empire**
2.35 **to 3.00** AM **Battle Factory**

+1 hour 255 200

Monday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 262

6.00 AM **Expedition Unknown**
7.00 **Deadliest Tech**
8.00 **Battlefield**
9.00 **Frontline Battle Machines**
10.00 **Blowing Up History**
11.00 **Deadliest Tech**
12.00 NOON **Secrets Underground**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Battlefield**
4.00 **Frontline Battle Machines**
5.00 **Blowing Up History**
6.00 **Secrets Underground**
7.00 **Mysteries at the Museum**
8.00 **Expedition Unknown**
9.00 **Mummies Unwrapped**
10.00 **The Unexplained Files**
11.00 **Ten Ways**
12.00 M'T **Expedition Unknown**
1.00 AM **Mummies Unwrapped**
2.00 **to 6.00** AM **Highlights**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Vet Safari**
10.00 **Collar of Duty**
11.00 **Spy in the Wild**
12.00 NOON **Thailand: Earth's Tropical Paradise**
1.00 PM **Earth's Natural...**
2.00 **Collar of Duty**
3.00 **Horizon: Dippy and the Whale**
4.00 **Vet Safari**
5.00 **Collar of Duty**
6.00 **Spy in the Wild**
7.00 **Vet Safari**
8.00 **Thailand: Earth's Tropical Paradise**
9.00 **Frontier Borneo**
10.00 **Earth's Natural Wonders**
11.00 **Spy in the Wild**
12.00 M'T **Thailand: Earth's Tropical Paradise**
1.00 AM **Frontier Borneo**
2.00 **Horizon: Dippy and...**
3.00 **Earth's Natural Wonders**
3.50 **Collar of Duty**
4.40 **Spy in the Wild**
5.30 **to 6.00** AM **Jungle Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Monster Fish**
9.00 **Little Monkey House**
10.00 **Baby Elephant Rescue**
11.00 **Africa's Hunters**
12.00 NOON **Snakes in the City** A 12-foot mamba.
1.00 PM **Winter Wonderland**
2.00 **Alaska's Deadliest**
4.00 **Monster Fish**
6.00 **Animal Fight Club**
7.00 **Snakes in the City** A power station is invaded by a snake.
8.00 **Out There With Jack Randall** New edition Five of the world's most venomous snakes.
9.00 **Animal Fight Club: Best Of** Highlights show.
10.00 **Predator Land**
11.00 **Alaska Fish Wars**
12.00 M'T **Animals Gone Wild**
1.00 AM **Animals Gone Wild**
2.00 **Snakes in the City**
3.00 **Winter Wonderland**
4.00 **to 5.00** AM **Alaska's Deadliest**

History 2

163 273 330 390

8.00 AM **Decoding the Past**
10.00 **Cities of the Underworld**
11.00 **Monsterquest**
12.00 NOON **Ancient Aliens**
2.00 PM **Ireland's Treasures Uncovered**
3.00 **History's Most Hated: Adolf Eichmann**
4.00 **History's Most Hated: Ceausescu**
5.00 **Battlefield Detectives**
7.00 **Monsterquest**
8.00 **Cities of the Underworld**
9.00 **Ancient Aliens**
10.00 **Britain's Bloodiest Dynasty** The lives of the Plantagenets, beginning with Henry II.
11.00 **WWII's Most Daring Raids**
12.00 M'T **Monsterquest**
1.00 AM **Ancient Aliens**
2.00 **Ancient Aliens**
3.00 **Britain's Bloodiest Dynasty** As 10.00pm.
4.00 **to 5.00** AM **Battlefield Detectives**

PBS America

174 276 91 155

8.00 AM **The Aviators**
8.35 **World's Greatest: Islands** Coral reefs.
9.50 **Tutankhamun: The Truth Uncovered**
11.05 **Operation Bridge Rescue**
12.15 PM **Egypt**
1.35 **World's Greatest: Islands** Coral reefs.
2.50 **Tutankhamun: The Truth Uncovered**
4.05 **Operation Bridge Rescue**
5.15 **Egypt** 3/6. (S1)
6.35 **World's Greatest: Islands** Coral reefs.
7.50 **Secrets of the Parthenon**
9.00 **Hannibal** Docu-drama exploring the life of the ancient general. Stars Alexander Siddig.
10.00 **Apollo's Daring Mission**
11.15 **Secrets of the Parthenon**
12.20 AM **Hannibal** As 9pm.
1.25 **to 2.00** AM **The Aviators**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **Robbie Coltrane's Critical Evidence**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Motive to Murder**
9.00 **Murdertown**
10.00 **When Missing Turns to Murder**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Murdertown**
2.00 **The First 48**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Homicide: Hours to Kill**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

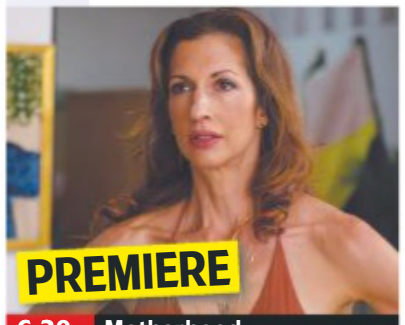
MONDAY Films

Monday

Sky Premiere

301 301 842 401 501

6.00 AM **A Dog's Way Home** (2019)
7.50 **The Stolen Princess** (2018)
9.35 **PREMIERE Motherhood**
11.15 **Widows** As shown at 8pm.
1.35 PM **Make or Break** Comedy. (2018, 15, 91min) ★
3.10 **A Dog's Way Home** Drama. (2019, PG, 96min) ★★★
4.50 **The Stolen Princess** Animation. (2018, PG, 85min) ★★★
6.30 **PREMIERE Motherhood** Comedy. (2018, 15, 90min) ★★★★ *See review, page19*



6.30 Motherhood

8 PM

8.00 **Widows** Steve McQueen's thriller starring Viola Davis, Liam Neeson and Elizabeth Debicki. Four Chicago women with a debt left by their dead husbands' criminal activities attempt to carry out a robbery. (2018, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.15 **Where Hands Touch** Drama starring Amandla Stenberg. In 1944, a mixed-race German girl forms a connection a compassionate member of the Hitler Youth. (2018, 12, 122min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.25 AM **Don't Go** Mystery. (2018, 15, 91min) ★★★
2.10 **Steel Country** Thriller starring Andrew Scott. (2018, 15, 89min) ★★★
3.50 **Make or Break** As 1.35pm.
5.30 **to 6.00** AM **Joker: Special**

+1 hour 312 402

Sky Disney

305 305 846 405 505

6.25 AM **Tinker Bell** As 2.40pm.
7.50 **A Wrinkle in Time** As 4pm.
9.50 **The Incredibles** As 6.00pm.
11.50 **Tangled** As shown at 8.00pm.
1.35 PM **Stitch! The Movie** Animated sci-fi comedy. (2003, U, 58min) ★★
2.40 **Tinker Bell** Animated prequel. (2008, U, 78min) ★★★
4.00 **A Wrinkle in Time** Fantasy. (2018, PG, 109min) ★★
6.00 **The Incredibles** Animation. (2004, U, 120min) ★★★★★

6.00 The Incredibles

8.00 **Tangled** Animation with the voice of Mandy Moore. A princess with magical hair escapes from confinement by a wicked enchantress with the help of a thief. (2010, PG, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Into the Woods** Fantasy starring Meryl Streep. A wicked witch agrees to lift a curse on a couple if they will help restore her once beautiful looks. (2014, PG, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Black Cauldron** Animated fantasy adventure with the voice of John Hurt. (1985, U, 80min) ★★★
1.25 AM **Lt Robin Crusoe USN** Family comedy starring Dick Van Dyke and Nancy Kwan. (1966, U, 110min) ★
3.30 **The Fox and the Hound 2** Animated musical comedy. (2006, U, 69min) ★★★
4.50 **to 7.00** AM **Into the Woods** Fantasy, as shown at 9.45pm.

Sky Family

306 306 847 406 506

7.00 AM **Cats & Dogs** As 1.35pm.
8.30 **Cats & Dogs: The Revenge of Kitty Galore** As 3.10pm.
10.00 **Despicable Me** As 6.15pm.
11.45 **Cats** Animation. (2018) ★★★
1.35 PM **Cats & Dogs** Comedy. (2001, PG, 87min) ★★★★
3.10 **Cats & Dogs: The Revenge of Kitty Galore** (2010) ★★
4.40 **Peter Pan: The Quest for the Never Book** (2018) ★
6.15 **Despicable Me** Animation. (2010, U, 94min) ★★★★

6.15 Despicable Me

8.00 **Angus, Thongs and Perfect Snogging** Teen comedy based on the books by Louise Rennison, starring Georgia Groome, Aaron Johnson and Alan Davies. (2008, 12, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley. A single mother-to-be searches for the perfect father for her child. (1989, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **The Sandlot** Children's comedy starring Tom Guiry. (1993, PG, 101min) ★★★
1.15 AM **Against the Wild: The Great Elephant Adventure** Drama starring Sam Ashe Arnold and Elizabeth Hurley. (2017, PG, 90min) ★★
2.55 **An Elephant's Journey** Drama. (2018, PG, 95min) ★★
4.40 **to 6.25** AM **Cinderella** Animated adventure. (2018, PG, 90min) ★★

Sky Action

307 307 848 407 507

6.00 AM **Batman Unlimited: Animal Instincts** As 4.35am.
7.30 **Alpha** As shown at 4.00pm.
9.15 **Batman** As shown at 5.45pm.
11.25 **The Dark Knight** As 8.00pm.
2.00 PM **Edge of Tomorrow** Sci-fi adventure, as 10.35pm.
4.00 **Alpha** Prehistoric adventure starring Kodi Smit-McPhee. (2018, 12, 96min) ★★★
5.45 **Batman** Tim Burton's comic-book adventure. (1989, 15, 121min) ★★★★

5.45 Batman

8.00 **The Dark Knight** Comic-book action thriller starring Christian Bale, Heath Ledger, Aaron Eckhart and Maggie Gyllenhaal. Masked vigilante Batman encounters a dangerous new adversary when fiendish criminal mastermind The Joker unleashes a wave of violent anarchy. (2008, 12, 152min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise and Emily Blunt. (2014, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Desperado** Action thriller starring Antonio Banderas. (1995, 18, 105min) ★★★
2.25 **Battle: Los Angeles** Sci-fi adventure with Aaron Eckhart. (2011, 12, 116min) ★★★
4.35 **to 6.00** AM **Batman Unlimited: Animal Instincts** Animated adventure. (2015, PG, 74min) ★★

Sky Comedy

308 308 849 408 508

6.45 AM **Revenge of the Nerds** Comedy. (1984, 18, 90min) ★
8.20 **Spanglish** (2004) ★★★
10.35 **Beverly Hills Cop** As 10pm.
12.25 PM **Failure to Launch** Comedy. (2005, 12) ★★★
2.05 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
4.05 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
6.05 **We're the Millers** Comedy. (2013, 15, 114min) ★★★

8.00 Trading Places

8.00 **Trading Places** Satirical comedy starring Dan Aykroyd and Eddie Murphy. A stuffy financier is forced to swap places with a fast-talking hustler. With Ralph Bellamy and Don Ameche. (1983, 15, 116min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Crazy, Stupid, Love** Romantic comedy starring Steve Carell and Ryan Gosling. (2011, 12, 117min) ★★★★
1.55 AM **Room for Rent** Comedy with Brett Gelman and Mark Little. (2017, 15, 89min) ★★
3.40 **Monty Python's The Meaning of Life** Comedy sketches. (1983, 15, 103min) ★★★
5.35 **to 7.20** AM **Fletch** Comedy adventure with Chevy Chase. (1985, PG, 96min) ★★★

primetime

Sky Hits

303 303 844 403 503

7.35 AM **The Adjustment Bureau** Sci-fi thriller. (2011, 12) ★★★★
9.25 **The Sixth Sense** Thriller. (1999, 15, 108min) ★★★★★
11.20 **Forrest Gump** As 8.00pm.
1.45 PM **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
3.45 **Mamma Mia! Here We Go Again** Musical. (2018) ★★★
5.45 **The Hate U Give** Drama. (2018, 12, 133min) ★★★★

8.00 **Forrest Gump** Multi-Oscar-winning whimsical fable starring Tom Hanks as a simpleton who leads a charmed existence over four turbulent decades of US history. With Robin Wright, Gary Sinise and Sally Field. (1994, 12, 136min) ★★★★
10.30 **Night School** Comedy starring Kevin Hart and Tiffany Haddish. A group of troublesome adults are forced to attend night classes in a bid to finish high school. (2018, 15, 111min) ★★

12.30 AM **Pitch Perfect** Musical comedy starring Anna Kendrick. (2012, 12, 112min) ★★★★
2.30 **Déjà Vu** Sci-fi thriller starring Denzel Washington. (2006, 12, 126min) ★★★★
4.45 **to 6.45** AM **Mamma Mia! Here We Go Again** As 3.45pm.

Sky Greats

311 311 852 404 504

6.25 AM **Honey, I Shrunk the Kids**
8.10 **2012** Epic disaster movie. (2009, 12, 151min) ★★
10.50 **The Bible** Drama with Richard Harris. (1966, U, 168min) ★★
1.50 PM **South Pacific** Musical. (1958, U, 151min) ★★★★
4.30 **Jason and the Argonauts** Adventure. (1963, U) ★★★★
6.20 **Honey, I Shrunk the Kids** Comedy. (1989, U) ★★★★

8.00 **Jaws** Steven Spielberg's monster thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
10.15 **Mean Machine** Drama starring Vinnie Jones as a professional football player who is sent to prison after being convicted of assault and ends up coaching the prisoners' football team. (2001, 15, 99min) ★★

12.00 M'T **Miller's Crossing** Gangster thriller starring Gabriel Byrne. (1990, 15, 115min) ★★★★★
2.10 AM **American Pie** Teen comedy starring Jason Biggs. (1999, 15, 96min) ★★★★
4.00 **to 6.00** AM **Jason and the Argonauts** As 4.30pm.

TCM Movies

315 415 416 512 526

6.00 AM **Close Up** James Franco.
6.40 **Double Indemnity** Thriller. (1944, b/w, PG) ★★★★★
9.00 **Monte Walsh** Nostalgic Western. (1970, PG, 95min) ★★★
11.05 **Gambit** Comedy. (1966) ★★★
1.30 PM **The Cowboys** (1971) ★★★
4.05 PM **Noose for a Gunman** Western. (1960, b/w, U) ★★
5.35 **Southwest Passage** Western. (1954, U, 75min) ★★

7.10 **Son of a Gunfighter** Western starring Russ Tamblyn as a young gunslinger who joins the pursuit of a notorious outlaw gang to avenge his mother's death. With Kieron Moore, James Philbrook and Fernando Rey. (1965, U, 92min) ★
9.00 **Payback** Action thriller starring Mel Gibson as a professional crook who goes gunning for the partner who betrayed him. With Gregg Henry and Maria Bello. (1998, 18, 101min) ★★

11.10 **The Beguiled** Melodrama. (1970, 15, 109min) ★★★★
1.20 AM **Exit Wounds** (2001) ★
3.15 **Off Set** Jamie Cullum.
3.30 **Hollywood's Best Film Directors**
5.30 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **No Lady** (1931, b/w) ★★
7.25 **Bell Bottom George** (1943)
9.25 **The Gelignite Gang** (1956) ★★
11.00 **Stagecoach West**
12.00 NOON **The Iron Maiden** (1962)
2.00 PM **Scotland Yard**
2.35 **Law and Disorder** (1958) ★★★
4.10 **Three Silent Men** Crime drama. (1940, b/w, PG, 72min) ★★
5.30 **Robin's Nest**
6.00 **Burnt Evidence** (1954) ★★

7.15 **John and Julie** Comedy with Colin Gibson. Two children run away to watch the coronation of Elizabeth II, and have a series of adventures along the way. (1953, U, 80min) ★★
9.00 **Special Branch**
10.00 **Take a Girl Like You** Comedy drama starring Hayley Mills. A naive woman moves from the country to London to pursue a teaching career, and attracts the attention of two amorous men. (1970, 15, 101min) ★★

12.00 M'T **The Comeback Kid** Comedy. (1980, PG, 96min) ★★
2.00 AM **Dreamland**
4.00 **Beautiful But Dangerous** Comedy starring Jean Simmons. (1953, b/w, U, 89min) ★★★
5.50 **to 6.00** AM **Glimpses: Switzerland in the 1950s**

Horror

317 149 70 138

8.00 AM **The Invaders** 21/26. (S2)
9.00 **Star Trek: Voyager** 4/26. (S2)
10.00 **Star Trek** 6/26. Drama. (S2)
11.00 **Tremors 3: Back to Perfection** Comedy. (2001, PG) ★★★
1.05 PM **Mega Shark vs Mecha Shark** Thriller. (2014, 15) ★★
3.00 **Sliders** 2/13. (S2)
4.00 **Miami Magma** Sci-fi disaster film. (2011) ★★
6.00 **Star Trek** 7/26. Drama. (S2)

7.00 **Star Trek: Voyager** (S2)
8.00 **Earth: Final Conflict** (S5)
9.00 **Urban Legend** Horror thriller starring Alicia Witt and Jared Leto. A serial killer terrorises a New England college by recreating grisly urban legends. (1998, 18, 99min) ★
11.00 **The Grudge** Horror thriller remake of the Japanese ghost story *Ju-On: The Grudge*, starring Sarah Michelle Gellar, Jason Behr and Bill Pullman. (2004, 15, 92min) ★★★

12.50 AM **Priest** Post-apocalyptic fantasy thriller starring Paul Bettany. (2011, 15, 87min) ★★★
2.35 **AE: Apocalypse Earth** Action thriller. (2013, PG, 87min) ★★
4.20 **to 4.30** AM **Horror Highlights**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

309 309 850 409 509

7.10 AM **Spinning Man** Thriller. (2018, 15, 100min) ★★★
9.05 **Breaking In** (2018) ★★
10.45 **The Negotiator** Thriller. (2018, 15, 109min) ★★★★
12.45 PM **Pimped** (2018) ★★★★
2.15 **Superfly** Crime thriller remake with Trevor Jackson. (2018, 15, 116min) ★★
4.15 **Searching** Mystery thriller. (2018, 12, 102min) ★★★★
6.00 **Contraband** Action thriller. (2012, 15, 105min) ★★★

6.00 Contraband

8.00 **The Vanishing** Thriller starring Gerard Butler and Peter Mullan. Three lighthouse keepers get caught in a web of greed, paranoia and murder when they make a discovery on an isolated Scottish island. (2019, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

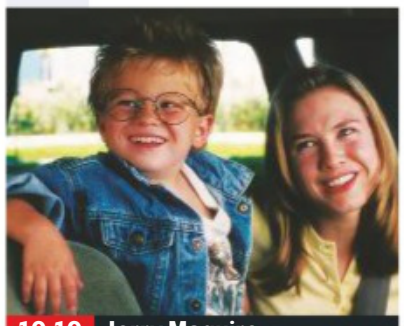
10.00 **Assassination Nation** Comedy thriller starring Odessa Young. (2018, 18, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Se7en** Director David Fincher's dark, disturbing thriller starring Brad Pitt and Morgan Freeman. (1995, 18, 127min) ★★★★
2.15 AM **Zodiac** David Fincher's fact-based crime drama starring Jake Gyllenhaal. (2006, 15, 157min) ★★★★
5.00 **to 6.45** AM **Sam Churchill: Search for a Homeless Man** Thriller with John Schneider. (1997, PG, 88min) ★★

Sky Drama

310 310 851 410 510

6.00 AM **Almost Famous** Rock 'n' roll drama with Patrick Fugit. (2000, 15, 126min) ★★★★
8.45 **The Front Runner** As 6pm.
10.40 **Hotel Mumbai** As 8.00pm.
12.45 PM **Jerry Maguire** As 10.10pm.
3.10 **The Curious Case of Benjamin Button** Whimsical period drama with Brad Pitt. (2008, 12, 159min) ★★★★
6.00 **The Front Runner** Fact-based drama starring Hugh Jackman. (2018, 15, 113min) ★★★


10.10 Jerry Maguire

8.00 **Hotel Mumbai** Fact-based thriller starring Dev Patel. In 2008, at the Taj Mahal Palace Hotel, four terrorists take the staff and residents hostage. However, some of the employees risk their lives to protect their guests. With Jason Isaacs. (2018, 15, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

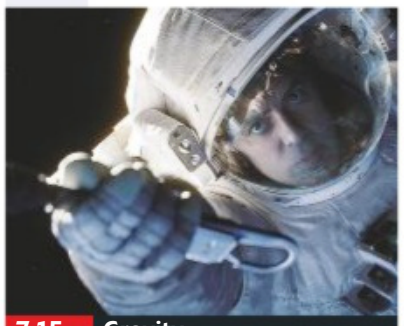
10.10 **Jerry Maguire** Romantic comedy drama starring Tom Cruise, Cuba Gooding Jr and Renée Zellweger. (1996, 15, 139min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Babel** Epic drama starring Brad Pitt and Cate Blanchett. (2006, 15, 143min) ★★★
3.00 **The Belly of the Whale** Crime drama starring Art Parkinson and Michael Smiley. (2018, 15, 83min) ★★★
4.30 **to 6.15** AM **Apostasy** Drama starring Siobhan Finneran. (2017, PG, 95min) ★★★★

Sky Sky-Fi

304 304 845 411 511

6.15 AM **Titan A.E** As 4.15am.
8.00 **Ready Player One** As 4.50pm.
10.30 **Gravity** As shown at 7.15pm.
12.15 PM **Armageddon** Sci-fi action adventure starring Bruce Willis. (1998, 12, 151min) ★★
2.50 **Doom** Sci-fi horror thriller. (2005, 15, 105min) ★★★
4.50 **Ready Player One** Fantasy starring Tye Sheridan. (2018, 12, 140min) ★★★★
7.15 **Gravity** Space thriller. (2013, 12, 91min) ★★★★


7.15 Gravity

Gravity (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

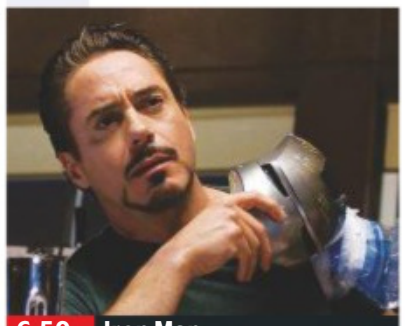
9.00 **Starship Troopers** Sci-fi war drama based on the novel by Robert Heinlein, starring Casper Van Dien, Denise Richards and Neil Patrick Harris. Four teenagers prepare for combat against an alien insect race. (1997, 18, 129min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Running Man** Adventure with Arnold Schwarzenegger. (1987, 18, 101min) ★★★
1.00 AM **Event Horizon** Horror starring Laurence Fishburne. (1997, 18, 96min) ★★★
2.40 **Alien Nation** Sci-fi thriller starring James Caan, Mandy Patinkin and Terence Stamp. (1988, 18, 94min) ★★★
4.15 **to 6.00** AM **Titan A.E** Animated sci-fi adventure. (2000, PG, 94min) ★★★

Sky Superheroes

302 302 843 412 502

6.00 AM **Batman Forever** Comic-book adventure sequel. (1995, 12, 121min) ★★★
8.05 **Green Lantern** As 3.30am.
10.05 **Iron Man** As 6.50pm.
12.15 PM **Iron Man 2** As 9.00pm.
2.25 **Iron Man 3** As 11.10pm.
4.40 **Captain America: The First Avenger** Marvel Comics' fantasy starring Chris Evans. (2011, 12, 123min) ★★★
6.50 **Iron Man** Action adventure. (2008, 12, 120min) ★★★★


6.50 Iron Man

Iron Man (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Iron Man 2** Comic-book action adventure sequel starring Robert Downey Jr. The billionaire inventor faces a showdown with a vengeful Russian and seeks to keep his technology out of dangerous hands. (2010, 12, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Iron Man 3** Comic-book action adventure sequel. (2013, 12, 131min) ★★★★
1.25 AM **Captain America: The First Avenger** As 4.40pm.
3.30 **Green Lantern** Superhero adventure with Ryan Reynolds. (2011, 12, 113min) ★★
5.30 **to 7.15** AM **Superman IV – The Quest for Peace** Fantasy starring Christopher Reeve and Gene Hackman. (1987, PG, 90min) ★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Battle at Apache Pass** Western adventure. (1952, U, 85min) ★★
12.45 PM **7th Cavalry** Western. (1956, U, 77min) ★★★
2.20 **The Tall Stranger** Western. (1957, PG, 83min) ★★
4.05 **Two Rode Together** Western. (1961, PG, 109min) ★★★
6.15 **The Book Thief** Drama starring Sophie Nelisse. (2013, 12, 128min) ★★★

9.00 A Good Day to Die Hard

8.50 **The Day Shall Come Interview Special** With Chris Morris, Marchant Davis and Kayvan Novak.

9.00 **A Good Day to Die Hard** Thriller starring Bruce Willis. New York cop John McClane travels to Moscow and gets drawn into a mission involving his estranged son. (2013, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Four Lions** Dark satirical comedy about a group of bungling suicide bombers who plan to blow themselves up during the London Marathon. Stars Riz Ahmed. (2009, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.55 **to 3.10** AM **A Dark Song** Horror starring Catherine Walker and Steve Oram. (2016, 15, 100min) ★★★★

+1 hour 314 430 45 301

Monday

8 PM | 9 PM | 10 PM | 11 PM

Sony Movies Christmas

319 424 50 303

7.00 AM **Under the Mistletoe** Fantasy. (2006, PG, 91min) ★★
9.00 **Christmas in the Clouds** (2001, PG, 95min) ★★★
11.00 **Battle of the Bulbs** (2010) ★★
1.00 PM **PREMIERE Christmas Manger** As 9.00pm.
3.00 **Santa's Summer House** Comedy. (2012, PG, 90min) ★★
5.00 **Christmas Oranges** Festive drama. (2012, PG, 101min) ★★

7.00 **Deck the Halls** Festive family drama starring Gabrielle Carteris and Steve Bacic. A teenager decides to play matchmaker between his widowed mother and an advertising consultant. (2005, U, 90min) ★★
9.00 **PREMIERE Christmas Manger** Drama starring Tara Reid. An elderly man grapples with the death of his wife until his young daughter and his estranged foster child enter his life again. (2018, PG, 90min)

11.00 **The National Tree** (2009) ★★
1.00 AM **Christmas All Over Again** Comedy. (2016, PG, 78min)
3.00 **The Christmas Wife** (1988)
5.00 **to 7.00** AM **Christmas in Wonderland** (2007, 12) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **A Lover's Revenge** Thriller. (2005, 12, 94min) ★★
11.00 **Crimes of the Mind** Fact-based thriller. (2014, PG, 84min) ★★
1.00 PM **Dragon Wars** South Korean fantasy. (2007, 12, 107min) ★★
3.00 **Earthstorm** Sci-fi action drama. (2006, PG, 90min) ★★
4.50 **Sony Movie News Extra**
5.00 **I Spy** Espionage comedy. (2002, 12, 96min) ★★★

6.55 **The Rundown** Action comedy starring Dwayne Johnson and Seann William Scott. A bounty hunter on a rescue mission in the rainforest is drawn into a quest for a legendary artefact. (2003, 12, 99min) ★★
9.00 **Faster** Action thriller starring Dwayne Johnson and Oliver Jackson-Cohen. An ex-con resolves to avenge his brother's murder, but a veteran cop and a determined hitman are on his trail. (2010, 15, 97min) ★★★

11.05 **Predestination** Sci-fi thriller. (2014, 15, 95min) ★★★★
1.00 AM **Equals** Drama. (2015) ★★
3.10 **Les Misérables** (1998) ★★
5.50 **to 6.00** AM **Sony Movie News Extra**

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Santana Kills Them All** Western. (1970, 12, 95min) ★★
7.45 **The House of Intrigue** (1956)
9.35 **The War at Sea**
10.45 **The Heroes of WW2**
12.00 NOON **M*A*S*H** 14&15/25. (S8)
1.00 PM **Django Kills Softly** Spaghetti Western. (1968, 15, 85min) ★★
3.05 **Biggles** Fantasy adventure. (1986, PG, 108min) ★★
5.00 **The Battle of Sinai** (1969)

7.05 **The Paradise Virus** Medical thriller starring Melody Thomas Scott. A virologist is taking a holiday on a Caribbean island when a formerly unknown virus decimates the population. (2003, PG, 85min) ★★
9.00 **Bullet** Action thriller, starring Danny Trejo and Torsten Voges. A cop on the verge of retirement becomes a vigilante when his grandson is kidnapped by the heads of a drug cartel. (2014, 15, 86min) ★★

10.55 **In Hell** Action thriller starring Jean-Claude Van Damme. (2003, 18, 93min) ★★
12.50 AM **Code of Honor** Action thriller. (2016, 15, 106min) ★★
2.55 **to 4.00** AM **The Concorde Story**

+1 hour 324

Movies 24

325 419 513

7.00 AM **Love Blossoms** (2017) ★★
9.00 **The Good Witch's Destiny** Fntasy. (2013, PG, 82min) ★★
11.00 **A Summer Romance** Romantic drama. (2019, PG, 90min) ★★
1.00 PM **Love at First Glance** Drama. (2017, PG, 80min) ★★
3.00 **Prescription for Love** Romantic drama. (2018, PG, 120min) ★★
5.00 **Cooking with Love** Romantic comedy. (2018, PG, 90min) ★★

7.00 **Love on Repeat** Romantic comedy starring Jen Lilley and Andrew Lawrence. Amber is forced to confront her work and relationship issues when she lives the same day on repeat. (2019, PG, 81min) ★★
9.00 **The Good Witch's Family** Drama starring Catherine Bell. Cassie Nightingale and her family receive a visit from Abigail, a young woman who claims to be Cassie's long-lost cousin. (2011, 83min) ★★

11.00 **SnowComing** Romantic drama. (2019, PG, 84min) ★★
1.00 AM **Love on a Limb** Drama. (2016, PG, 120min) ★★
3.00 **to 5.00** AM **Destination Wedding** Comedy. (2017) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.05 PM **The Prize Winner of Defiance, Ohio** *AMC from BT* Fact-based drama starring Julianne Moore. ★★★
9.00 **The Da Vinci Code** *Sky1* Thriller starring Tom Hanks and Audrey Tautou. ★★★
9.00 **Passenger 57** *ITV4* Action thriller starring Wesley Snipes and Bruce Payne. ★★
9.00 **The 13th Warrior** *5Spike* Medieval action adventure with Antonio Banderas. ★★★
9.00 **Cloverfield** *Paramount Network* Offbeat disaster movie starring Lizzy Caplan and TJ Miller. ★★★
10.00 **Witchslayer Gretl** *Syfy* Fantasy starring Shannen Doherty. ★★
10.35 **Turbulence** *Paramount Network* Thriller starring Ray Liotta. ★
10.50 **Underworld: Evolution** *ITV4* Action horror fantasy sequel starring Kate Beckinsale. ★★
11.00 **Harold & Kumar Get the Munchies** *5STAR* Comedy with John Cho and Kal Penn. ★
11.10 **Crossfire** *5Spike* Crime thriller.
11.50 **There Will Be Blood** *AMC from BT* Epic drama. ★★★★★
4.00 AM **Mythica: The Iron Crown** *Syfy* Fantasy adventure. ★★

MONDAY Sport

SKY HD SD | VIRGIN HD | BT HD

7 October

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Football Centre** A round-up of the latest football news.
12.00 NOON **Sky Sports News** The latest sports news and updates.
5.00 PM **Sky Sports News at 5** The latest sports news and updates.
6.00 **Sky Sports News at 6** The latest sports news and developments.
7.00 **Sky Sports Tonight** This evening's leading sports stories.
7.30 **LIVE EFL Bolton Wanderers v Blackpool.** The League One match from the University of Bolton Stadium. Kick-off **8.00pm**.
10.00 **LIVE World Grand Prix Darts** Coverage of the second day of the World Grand Prix from Dublin.
12.00 M'T **Sky Sports News** Round-up of the day's talking points.
1.00 AM **LIVE NFL San Francisco 49ers v Cleveland Browns.** The inter-conference clash from Levi's Stadium. Kick-off **1.15am**.
5.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
6.30 **Premier League Highlights**
8.30 **Goals on Sunday**
10.00 **Premier League Years**
12.00 NOON **Premier League Highlights** Recent action.
2.00 PM **Premier League 100 Club**
2.30 **Premier League Highlights**
5.00 **Soccer AM: The Best Bits**
5.30 **Premier League 100 Club**
6.00 **PL Legends: Alan Shearer**
6.30 **Premier League Legends**
7.00 **Premier League Review**
8.00 **Gary Neville's Soccerbox** The presenter talks to Thierry Henry.
8.30 **The Tyler Archives** A look back at games between Manchester United and Manchester City.
9.00 **Premier League Review**
10.00 **PL Greatest Games**
10.15 **The Debate** Discussion show.
11.15 **Soccer AM: The Best Bits**
11.45 **PL Greatest Games**
12.00 M'T **The Debate**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 04/05**
5.00 **Best PL Goals: Liverpool v Man Utd** Memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **Highlights**
9.00 **SPFL Round-Up**
9.15 **SPFL Greatest Games**
9.30 **Football Years**
10.00 **Championship Season Review**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **Championship Season Review**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **Soccer AM: The Best Bits**
6.30 **EFL Goals: Leagues 1 & 2**
7.00 **SPFL Round-Up**
7.15 **EFL Greatest Games**
7.30 **LIVE EFL Bolton Wanderers v Blackpool.** Kick-off **8.00pm**.
10.15 **The Debate** Discussion.
11.15 **MLS Round-Up Show**
11.45 **SPFL Round-Up**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **Championship Season Review**
4.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Best of England v Sri Lanka**
7.00 **Cricket's Greatest Games**
8.00 **Ashes Memories**
9.00 **Best of England v Sri Lanka**
10.00 **How the 2010 ICC World T20 Was Won**
12.00 NOON **Ashes Memories**
1.00 PM **How the 2010 ICC World T20 Was Won**
3.00 **Ashes Memories**
4.00 **How the 2010 ICC World T20 Was Won**
6.00 **Cricket World Cup** A look back at the ICC Cricket World Cup of 1992, which was won by Pakistan.
7.00 **Caribbean Premier League Highlights** The Eliminator.
8.00 **Caribbean Premier League Highlights** The First Qualifier.
9.00 **Caribbean Premier League Highlights** The Eliminator.
10.00 **Caribbean Premier League Highlights** The First Qualifier.
11.00 **Cricket World Cup**
12.00 M'T **Ashes Memories**
1.00 AM **How the 2010 ICC World T20 Was Won**
3.00 **Cricket World Cup**
4.00 **Best of England v Sri Lanka**
5.00 **to 6.00** AM **Cricket's Greatest Games**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **European Tour Golf**
7.00 **LPGA Tour Golf** Action from the final day of the Volunteers of America LPGA Texas Classic.
10.30 **PGA Tour Golf** Action from the final day of the Shriners Hospitals for Children Open at the TPC Summerlin in Las Vegas.
1.30 PM **Ladies European Tour Golf**
2.30 **European Tour Golf**
3.30 **Ladies European Tour Golf**
4.30 **Game Changers: Solheim Cup Special** Programme aiming to inspire youngsters to take up sport.
5.00 **Best of the Open Zone 2018**
6.00 **Ladies European Tour Golf**
7.00 **European Tour Golf** Action from the fourth and final day of the Open de España at the Centro Nacional de Golf in Madrid.
8.00 **PGA Tour Golf** Action from all four days of the Shriners Hospitals for Children Open at the TPC Summerlin in Las Vegas, Nevada.
9.00 **European Tour Golf** As 7.00pm.
10.00 **PGA Tour Golf** As 8.00pm.
11.00 **European Tour Golf** As 7.00pm.
12.00 M'T **Chronicles of a Champion Golfer** Four editons of the series.
2.00 AM **PGA Tour Golf** As 8.00pm.
3.00 **European Tour Golf** As 7.00pm.

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **LIVE WTA Tennis** Coverage of the opening day's play of the Tianjin Open from China.
10.00 **World Rally Championship**
10.30 **Premiership Rugby Cup**
11.45 **BT Sport Reload**
12.00 NOON **Vanarama National League Highlights**
12.30 PM **Premier League**
2.00 **Premier League Review**
3.00 **Red Bull Air Race Magazine**
4.00 **No Filter Boxing**
4.30 **Vanarama National League Highlights** Recent action.
5.00 **Early Kick-Off**
5.30 **Premier League Review**
6.30 **Ladbrokes SPFL Highlights**
6.45 **Europa League Goals Reload**
7.00 **EnduroGP** From Ambert, France.
7.30 **LIVE SGB Premiership** Coverage of the Premiership Final.
9.45 **Dan Hardy's Open Mat**
10.15 **BT Sport Score Best Bits**
10.45 **BT Sport Goals Reload**
11.15 **WRC Review**
12.15 AM **Ladbrokes SPFL Highlights**
12.30 **Early Kick-Off**
1.00 **LIVE MLB** Coverage of a match from MLB Postseason.
4.30 **Herschel Walker**
5.30 **to 6.00** AM **EnduroGP**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **LIVE Women's ODI Cricket Australia v Sri Lanka.** Coverage of the second game in the three-match series, held at Allan Border Field in Brisbane.
8.30 **Premier League Review**
9.30 **MotoGP** Action from the Moto3, Moto2 and MotoGP races at the Grand Prix of Thailand.
12.30 PM **MotoGP Chequered Flag**
1.30 **FIM Speedway Grand Prix**
3.30 **World Rally Championship** Day three of Wales Rally GB.
4.00 **Ligue 1 Highlights**
5.00 **Women's ODI Cricket** Action from Australia v Sri Lanka at Allan Border Field in Brisbane.
6.00 **LIVE MLB** Coverage of a match from MLB Postseason.
9.30 **Fishing: On The Bank**
10.30 **ESPN Classic Boxing** Pernell Whitaker v Buddy McGirt's epic rematch from 1994.
11.30 **Tommy** The rise and fall of one-time heavyweight boxing champion Tommy Morrison.
1.00 AM **Winning Time: Reggie Miller vs The NY Knicks**
2.30 **Vanarama National League Highlights** Recent action.
3.00 **to 6.00** AM **Classic MOTD**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **Bundesliga 2**
7.00 **UEFA Champions League – Stories of the Finals**
7.15 **UEFA Europa League Goals Reload** Recent action.
7.30 **Bundesliga**
2.30 PM **UEFA Champions League Goals Reload**
2.45 **UEFA Europa League Goals Reload** Recent action.
3.00 **Vanarama National League**
4.00 **UEFA Champions League Magazine** News and highlights.
4.30 **UEFA Champions League Review** Recent action.
5.30 **Bundesliga 2**
6.30 **Bundesliga Highlights Show**
7.30 **LIVE Bundesliga 2 VfL Osnabruck v Arminia Bielefeld.** From Stadion an der Bremer Brucke. Kick-off **7.30pm**.
9.30 **Ligue 1 Highlights**
10.30 **Bundesliga Highlights Show**
11.30 **Premiership Rugby Cup** Double bill of action.
2.15 AM **No Filter Boxing**
2.45 **This is What They Want**
3.45 **Sport in Focus: Sofia Kenin**
4.00 **to 6.00** AM **LIVE WTA Tennis** Coverage from day two of the Tianjin Open in China.

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Best of NFL Sunday**
9.00 **NFL: America's Game** The story of San Francisco 49ers' 1988 Super Bowl success.
10.00 **Best of NFL Sunday**
12.00 NOON **NFL: A Football Life** A profile of Larry Fitzgerald.
1.00 PM **Best of NFL Sunday** Action from the fifth week of fixtures.
3.00 **NFL Highlights** As 6.00pm.
4.00 **Darts Gold**
4.30 **Sporting Records** Focusing on records set by boxer Muhammad Ali, cyclist Eddy Merckx and athlete Michael Johnson.
5.00 **Sporting Records** Focusing on sprinter Usain Bolt, swimmer Mark Spitz and cricketer AB de Villiers.
5.30 **My Icon** Four editions.
6.30 **Darts Gold** The PDC World Darts Championship final of 2015.
7.00 **LIVE World Grand Prix Darts** Coverage of the second day of the World Grand Prix in Dublin.
12.00 M'T **NFL Highlights** As 6.00pm.
1.00 AM **LIVE NFL San Francisco 49ers v Cleveland Browns.** The inter-conference clash from Levi's Stadium. Kick-off **1.15am**.
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **Boxing Gold**
11.00 **Sporting Greats**
12.00 NOON **Great Sporting Moments** Iconic moments.
1.00 PM **Sporting Records**
1.30 **My Icon**
2.00 **Boxing Gold** Wladimir Klitschko v David Haye: Action from the WBA, IBF, WBO and IBO Heavyweight title bout at the Imtech-Arena in Hamburg, Germany.
3.00 **Sporting Greats** A look back at the career of Colin McRae.
3.30 **Best of NFL Sunday** Action from the fifth week of fixtures.
5.30 **NFL Highlights** Kansas City Chiefs v Indianapolis Colts.
6.30 **WNBA Finals: Connecticut Sun v Washington Mystics** Action from game three.
8.00 **Boxing: Golden Contract** Action from York Hall.
11.30 **Super League Fulltime** A round-up of the latest matches.
12.00 M'T **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **College Football** Recent action from college football.
9.00 **College Football** Recent action from college football.
12.00 NOON **College Football Final** College Football Final breaks down the day's games with highlights of the biggest matches and analysis of the top stories.
1.00 PM **MLB** Action from a match from the MLB Postseason.
4.00 **Baseball Tonight**
4.30 **CFL** Canadian Football League action as the Hamilton Tiger-Cats face the Edmonton Eskimos.
7.00 **CFL** Canadian Football League action as the Saskatchewan Roughriders take on the Winnipeg Blue Bombers.
9.30 **LIVE MLB** Coverage of a match from MLB Postseason.
1.00 AM **Saturdays in the South: Part 5** Documentary.
2.30 **to 6.00** AM **LIVE MLB** A match from MLB Postseason.

Eurosport 1

410 410 864 | 523 521 | 412 435

7.30 AM **Salomon Golden Trail Series**
8.00 **International Swimming League** From Indianapolis.
9.00 **Cycling: Famenne Ardenne Classic** Action from Belgium.
10.00 **Salomon Golden Trail Series**
10.30 **Show Jumping**
11.30 **Cycling: Tour of Croatia**
1.00 PM **International Swimming League** From Indianapolis.
3.00 **Cycling: Tour de Vendee**
4.00 **Cycling: Tour of Croatia**
5.00 **WTA Tennis**
7.00 **Cycling: Tour de Vendee** The one-day race in France.
8.00 **Cycling: GP Bruno Beghelli** The one-day race in Italy.
9.00 **Cycling: Famenne Ardenne Classic** Action from Belgium.
10.00 **International Swimming League** From Indianapolis.
11.00 **Asia-Pacific Amateur Golf**
11.30 **Cycling: Tour of Croatia**
12.00 M'T **Asia-Pacific Amateur Golf**
12.40 **to 7.30** AM **WATTS**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.00 AM **Bennetts British Superbikes**
8.00 **Rallycross: Titans-RX Series**
9.00 **Speedway: U21 World Championship**
10.00 **British Superbikes**
12.00 NOON **World Superbikes**
1.30 PM **British Superbikes**
3.30 **Triathlon: Beijing**
4.00 **International Swimming League** From Indianapolis.
5.00 **Cycling: Famenne Ardenne Classic** Action from Belgium.
6.00 **Cycling: Tour de Vendee**
7.00 **Triathlon: Beijing**
7.30 **Asia-Pacific Amateur Golf**
8.00 **British Superbikes**
11.00 **World Superbikes**
12.30 AM **Triathlon: Beijing**
1.00 **Cycling: Famenne Ardenne Classic** Action from Belgium.
2.00 **Cycling: Tour of Croatia**
3.00 **Cycling: Tour de Vendee**
4.00 **Cycling: Famenne Ardenne Classic** Action from Belgium.
5.00 **to 6.00** AM **Mountain Biking**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Raw Hlts**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **Super League Fulltime**
10.00 **World Grand Prix Darts** Action from the opening day in Dublin.
3.00 PM **NRL** This year's Grand Final.
4.00 **WWE Raw Hlts** Over-the-top wrestling action from America.
5.00 **WWE Raw** Wrestling action.
7.00 **NBC's ProFootballTalk** American football discussion.
9.00 **Best of NFL Sunday** Action from the fifth week of fixtures.
11.00 **WWE Smackdown** The latest wrestling action from America.
1.00 AM **LIVE WWE Raw** Wrestling coverage from America with the over-the-top stars, featuring the likes of Seth Rollins and Finn Balor. Presented by Michael Cole, Corey Graves and Renee Young.
4.00 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** Another chance to see the Austrian Grand Prix.
12.55 PM **Brundle at the Nordshleife**
1.05 **Monaco Jetski Grand Prix**
1.15 **Formula 1** Another chance to see the Japanese Grand Prix.
3.20 **Lewis in the W196 with Martin**
3.30 **Formula 1** Another chance to see the British Grand Prix.
5.25 **Alfa Romeo 1950**
5.30 **British F1 GP Best Bits**
6.00 **Formula 1** Another chance to see the German Grand Prix.
8.30 **Box Box Box: Hill & Herbert '95**
8.55 **Lost In Baku**
9.00 **Senna Classics: Japan '88**
9.45 **F1 Rookies Go Karting**
10.00 **Formula 1** Highlights of the Hungarian Grand Prix.
11.00 **Formula 1** Highlights of the Belgian Grand Prix.
12.00 M'T **Formula 1** Highlights of the Italian Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

Tuesday

8 October

Evening Planner

Documentary

Titanic: Stories from the Deep
Yesterday, 8pm
Analysis of artefacts recovered from the ship help tell the stories of those on board

Drama

Elementary
Sky Witness HD, 9pm
The final episode of the detective series, and an old love returns, while the conflict with Reichenbach reaches a climax

Drama

The Capture
BBC1 HD, 9pm (times vary)
Famke Janssen guest stars as a mysterious woman when a government secret is set to be leaked in the conclusion

Comedy

Zomboat!
ITV2 HD, 10pm
When the zombie apocalypse hits, a group of young people try to outrun it – in a narrowboat on the Grand Union Canal

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Holby City †		9.00 The Capture †		10.00 News; Local News	10.35 Junior... †
102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Saving Lives at Sea		9.00 Love in the Countryside		10.00 Defending...	10.30 Newsnight
103 ITV	7.00 Emmerdale		8.00 Love Your Garden		9.00 Joanna Lumley's Japan		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off			9.15 Snackmasters		10.15 The Circle
105 CHANNEL 5	7.00 Building Britain's Canals		8.00 The River Thames: Then & Now		9.00 Inside the Tower of London		10.00 Doing Drugs for Fun	
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Manifest		10.00 Britannia	
Entertainment								
116 BBC4	7.00 Women's International Football – Live: Portugal v England (Kick-off 7.00)				9.00 Spotlight on the Troubles: A Secret...		10.00 Voyages of Discovery	
118 ITV2	‹ 5.55 Take Me Out	7.30 You've Been...	8.00 Supermarket Sweep		9.00 Family Guy		10.00 Zomboat!	10.30 Family Guy
136 MORE4	‹ 6.55 Grand Designs		7.55 George Clarke's Old House, New Home		9.00 24 Hours in A&E		10.00 999: What's Your Emergency?	
135 E4	7.00 Hollyoaks	7.30 Celebrity Coach Trip		8.30 Film: Back to the Future Part II				10.40 Naked...
107 SKY WITNESS	7.00 Nothing to Declare UK		8.00 Criminal Minds		9.00 Elementary		10.00 Criminal Minds	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 The Affair			10.10 King in the Wilderness
110 GOLD	7.05 Dad's Army			8.25 Gavin & Stacey	9.00 Not Going Out	9.40 Two Pints of Lager...		10.15 Live at the Apollo
111 DAVE	7.00 QI XL		8.00 Have I Got a Bit More News for You		9.00 Live at the Apollo		10.00 Taskmaster	
119 ITV3	7.00 Agatha Christie's Poirot		8.00 Midsomer Murders				10.00 DCI Banks	
120 ITV4	7.00 Rugby World...	7.30 River Monsters	8.00 The Chase Celebrity Special		9.00 Cristiano Ronaldo Meets Piers Morgan			10.05 Film: Crimson Tide
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: The Green Hornet			
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: Death Race			
109 W	7.00 MasterChef Australia		8.00 Great Ormond Street		9.00 One Born: What Happened Next?		10.00 Inside the Ambulance	
113 UNIVERSAL	7.00 NCIS		8.00 Gone		9.00 NCIS			
124 FOX	7.00 NCIS				9.00 American Dad!		10.00 Family Guy	
122 SKY ARTS	7.00 Live at Cheltenham Literature Festival				9.00 Cheltenham Literature Festival Sessions		10.00 EM Forster: His Longest Journey	
Documentary								
125 DISCOVERY	7.00 Gold Rush		8.00 Deadliest Catch				10.00 Gold Rush	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 The Zoo: San Diego		9.00 Alaska: The Last Frontier		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation				9.00 The Hot Zone		10.00 Inside 9/11	
130 HISTORY	7.00 Forged in Fire		8.00 Pawn Stars		9.00 Conspiracy		10.00 X-Company	
155 YESTERDAY	7.00 Monster Ships		8.00 Titanic: Stories from the Deep		9.00 The Two Ronnies			
166 EDEN	7.00 Vet Safari		8.00 Thailand: Earth's Tropical Paradise		9.00 Frontier Borneo		10.00 Wild Colombia with Nigel Marven	
Films								
301 SKY PREMIERE	‹ 5.50 Where Hands Touch		8.00 Widows					10.15 Cruise
303 SKY HITS	‹ 6.00 Just Go With It		8.00 Fantastic Beasts: The Crimes of Grindelwald					10.20 Skyscraper
311 SKY GREATS	‹ 6.00 The Bourne Identity		8.00 Mad Max			9.45 Mad Max 2		
305 SKY DISNEY	‹ 6.00 Incredibles 2		8.00 Snow White and the Seven Dwarfs			9.30 The Muppet Movie		
306 SKY FAMILY	‹ 6.20 Monster Family		8.00 Johnny English Strikes Again			9.35 Annie		
307 SKY ACTION	‹ 6.00 Streetfighter		8.00 Kick-Ass				10.00 Kick-Ass 2	
308 SKY COMEDY	‹ 6.00 Father Figures		8.00 Book Club			9.45 My Cousin Vinny		
309 SKY THRILLER	‹ 6.50 The Sum of All Fears				9.00 Bad Times at the El Royale			
310 SKY DRAMA	‹ 5.50 Welcome to Marwen		8.00 First Man					10.30 Serenity
304 SKY SKY-FI	‹ 6.00 E.T. The Extra Terrestrial		8.00 Judge Dredd			9.45 Terminator 2: Judgment Day		
302 SKY SUPERHEROES	‹ 6.25 Batman v Superman: Dawn of Justice				9.00 Avengers: Infinity War			
313 FILM4	‹ 6.45 Eragon				9.00 Baywatch			
315 TCM	‹ 5.45 The Gun Runners	7.35 I Killed Wild Bill Hickock			9.00 Pale Rider			
Sport								
401 MAIN EVENT	7.00 World Grand Prix Darts – Live: The third day of the 2019 World Grand Prix, which takes place in Dublin							
402 PREMIER LEAGUE	7.00 Premier League Review		8.00 Gary Neville's...	8.30 The Tyler...	9.00 Premier League Review		10.00 The Debate	
403 FOOTBALL	7.00 Soccer AM...	7.30 EFL Goals...	8.00 Football's...	8.30 SPFL Round-Up	9.00 MLS...	9.30 Football's...	10.00 EFL Play-Off Final Highlights	
404 CRICKET	7.00 Captain's Log		8.00 Cricket World Cup		9.00 Captain's Log		10.00 Ashes Memories	
413 BT SPORT 1	7.00 Premier League Review		8.00 Ref: Stories From the Weekend		9.00 PL Reload	9.30 MLB – Live: Action from MLB Postseason		
414 BT SPORT 2	7.00 EnduroGP	7.30 No Filter...	8.00 No Filter Boxing	8.30 ESPN Classic Boxing		9.30 Classic Boxing: Ali v...		10.15 BT Sport Score Best Bits

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** New edition (S)
10.00 **Homes Under the Hammer** New edition Properties in Birmingham, Glasgow and London. (S)(AD)
11.00 **Fugitives** (S)(R)(AD)
11.45 **The Sheriffs Are Coming** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Head Hunters** New edition (S)
3.00 **Escape to the Perfect Town** New edition In Berkhamsted. (S)(AD)
3.45 **Make Me a Dealer** New edition (S)
4.30 **Money for Nothing** New edition Transforming a radiator, a collection of bottles and a wooden door. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 The One Show
Hosted by Michelle Ackerley and Patrick Kielty. (S)

7.30 EastEnders
Martin pleads with Ben to let Stacey come home, and Mariam apologises to Iqra. (S)(AD)

8 PM

8.00 Holby City
This Be The Verse: Ric tries to keep his diagnosis a secret from Darla, who is wrestling with a tough choice of her own. Meanwhile, Essie is confronted by Isla's angry father. (S)(AD)

9 PM

9.00 The Capture
New episode *Correction:* 6/6. Rachel faces a choice with terrible repercussions for both Shaun and the nation as terrible secrets face being exposed. Guest stars Famke Janssen. *See feature, page12* (S)(AD)

10 PM

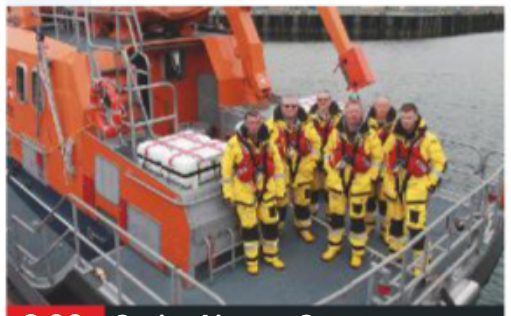
10.00 BBC News (S)
10.25 Local News (S)
Followed by **Lottery Update** (S)
10.35 Junior Doctors: On the Front Line
New edition 3/4. Howra stitches a patient's skull together. (S)

11.35 **The Truth About Stress** Fiona Phillips explores the latest research into stress and techniques to decrease its symptoms. She also investigates the idea that stress in small doses can be a good thing. (S)(R)(AD)
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Money for Nothing** (S)(R)
7.15 **Fugitives** (S)(R)(AD)
8.00 **Sign Zone: Hairy Bikers: Route 66** A 2,000-mile journey. (S)(R)(AD)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
12.15 PM **Politics Live** (S)
1.00 **The Best Dishes Ever** (S)(R)
1.30 **LIVE Gymnastics: World Championships** Matt Baker presents coverage of the women's team final in Stuttgart, Germany. (S)
4.15 **Mountain: Life at the Extreme** Life on the Himalayas. (S)(R)(AD)
5.15 **Flog It!** From Hendon. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Strictly: It Takes Two** New edition With the winners of Sunday night's dance-off. (S)



8.00 Saving Lives at Sea

7.00 Celebrity Antiques Road Trip
TV presenters Denise Van Outen and Kelly Brook set out on a bargain-hunting trip around south-east England, receiving expert guidance from Charles Hanson and Tim Medhurst. (S)(R)

8.00 Saving Lives at Sea
New edition 6/10. A volunteer has to rescue his own father, whose fishing boat is in distress, while another crew come to the aid of two five-year-old girls who have drifted into the Bristol Channel. (S)(AD)

9.00 Love in the Countryside
New edition 4/6. Sara Cox delivers a collection of love letters to a vet in Hay-on-Wye, while dairy farmer David invites three potential partners to stay with him in Cumbria so they can get a taste of rural life. (S)(AD)

10.00 Defending the Guilty
New episode 4/6. A series of odd incidents on the Tube land Caroline and Will with a hard-to-read client. (S1) (S)(AD)
10.30 Newsnight (S)

11.10 **Weather** (S)
11.15 **NFL This Week** Mark Chapman presents action from the fifth round of fixtures, including Green Bay Packers v Dallas Cowboys. (S)
12.05 AM **Sign Zone: Rise of the Nazis** 3/3. The infamous Night of the Long Knives in 1934. (S)(R)(AD)
1.05 **Sign Zone: One Day That Changed My Life** (S)(R)
1.50 **Sign Zone: Britain's Secret Charity Cheats** (S)(R)
2.35 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** Film-maker Richard Lowenstein discusses his documentary about INXS frontman Michael Hutchence. (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Llandudno in North Wales. (S)(R)
3.00 **Tenable** Five friends from Surrey take part in the quiz. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Love Your Garden

7.00 Emmerdale
Liam has a moment of inspiration, Tracy misreads a situation, and Vanessa's anger bubbles over. (S)(AD)

8.00 Love Your Garden
New edition Alan Titchmarsh and the team head to Folkestone in Kent to create a sensory garden full of fun features for a five-year-old girl with a rare form of severe epilepsy. (S)(AD)

9.00 Joanna Lumley's Japan
1/3. Joanna begins a 2,000-mile journey across Japan in Hokkaido, where she encounters one of the most important animals in Japanese culture, the red-crowned crane. (S)(R)(AD)

10.00 ITV News (S)
10.30 Local News (S)
10.45 Heathrow: Britain's Busiest Airport
Police officers are called in to deal with an emergency at one of the airport gates. (S)(R)(AD)

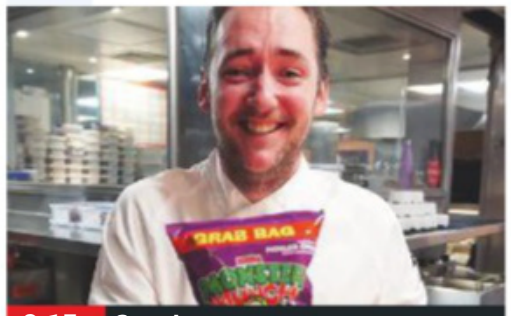
11.10 **The Jonathan Ross Show** With Danny Dyer, McFly, Jofra Archer and Awkwafina. Plus, Dermot Kennedy performs live. (S)(R)
12.15 AM **Lethal Weapon** *Dial M for Murtaugh:* 11/15. Murtaugh witnesses an alleged abduction while on holiday. (S3) (S)(R)(AD)
1.00 **Ideal World**
3.00 **Loose Women** (R)
3.45 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Mike & Molly** (S5) (S)(R)
7.20 **The King of Queens** (S8) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 23&24/24. (S1) (S)(R)(AD)
10.10 **Ramsay's Kitchen Nightmares USA** From California. (S)(R)
11.05 **Undercover Boss USA** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Couples Come Dine with Me** From Oxfordshire. (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun: Winter Sun** A property in Ibiza. (S)(R)
4.00 **Sun, Sea and Selling Houses** New edition From Spain. (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Your Room or Mine?** New edition From Blackpool. (S)(AD)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)



9.15 Snackmasters

7.00 News (S)

7.55 The Political Slot
With Deidre Brock of the Scottish National Party. (S)

8.00 The Great British Bake Off
New edition Noel Fielding and Sandi Toksvig host a special festival-themed round of the culinary competition, in which the bakers must draw inspiration from celebrations across the world. (S)(AD)
■ *The Great British Bake Off: An Extra Slice* is on Friday at 8pm.

9.15 Snackmasters
New edition Chefs Tristan Welch and Matt Worswick try to make pickled onion-flavoured Monster Munch – to be judged by the factory workers who make the real thing. (AD)
■ Repeated tomorrow

10.15 The Circle
New edition Series assessing the impact of social media, in which individuals from all walks of life compete to win up to £100,000. (S)
■ Continues tomorrow

11.20 **Gogglebox** The households' opinions on recent TV. (S)(R)(AD)
12.20 AM **Emergency Helicopter Medics** Documentary. (S)(R)(AD)
1.15 **Crime and Punishment** A violent offender prepares for his parole hearing. (S)(R)(AD)
2.15 **Grand Designs** (S)(R)(AD)
3.10 **Come Dine with Me** (S)(R)
4.00 **The Great Songwriters** (S)(R)
4.55 **Lost and Found** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **GPs: Behind Closed Doors** Documentary. (S)(R)(AD)
12.10 PM **News** (S)
12.15 **GPs: Behind Closed Doors** An aspiring policeman finds a dent in his forehead. (S)(R)(AD)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM PREMIERE **His Perfect Obsession** Thriller. (S) (2018, PG, 105min) ★★
4.00 **Friends** 20&21/24. (S4) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Mackenzie's meeting goes badly. (S)(R)(AD)
6.00 **Home and Away** Raffy suffers a fit while in the sea. (S)(R)(AD)
6.30 **News** (S)

9.00 Inside the Tower of London

7.00 **Building Britain's Canals** 1/3. Examining Britain's most iconic canals, beginning with the 152-mile Grand Union Canal, which was constructed at the height of the Industrial Revolution and runs up the spine of the country. (S)(R)

8.00 NEW SERIES **The River Thames: Then & Now** 1/3. The history of the river, exploring its importance in London's development as a centre for trade and looking at the history of the capital's Docklands. (S)

9.00 **Inside the Tower of London** New edition 6/8. Searching for the lost royal palace of Henry VIII, sumptuous buildings once part of the Tower, but destroyed after Anne Boleyn's execution. (S)

10.00 **Doing Drugs for Fun** New edition 2/3. Troi and Chanel witness the conditions under which cocaine is made, with Louis encountering a cocaine smuggler. (S)
■ Concludes tomorrow

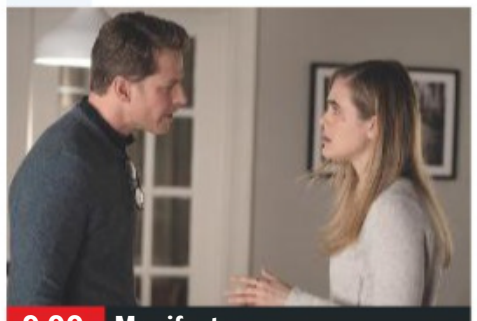
11.05 **Killed on Camera** (S)(R)
12.05 AM **My Foreign Accent Syndrome & Other Medical Mysteries** (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **Animals After Dark** (S)(R)
4.00 **Tattoo Disasters UK** (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Nick's Quest** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Business** (S)(R)(AD)
8.00 **The Dog Whisperer** (R)
9.00 **Brit Cops: Rapid Response** (R)
10.00 **Stargate SG-1** (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S1) (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
3.00 **Brit Cops: Rapid Response** Police officers on patrol. (S)(R)
4.00 **Modern Family** (S1&10) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *Near-Death Wish:* Professor Farnsworth is reunited with his parents. (S)(R) **6.00** *Viva Mars Vegas:* Zoidberg gets on the wrong side of the Robot Mafia. (S)(R)
6.30 **The Simpsons** *Milhouse Doesn't Live Here Anymore:* Homer resorts to begging to raise money for a gift. (S)(R)



9.00 Manifest

7.00 **The Simpsons** *Smart & Smarter:* Marge tries to get Maggie into a nursery for gifted children. (S)(R) **7.30** *The Ziff Who Came to Dinner:* Homer is sentenced to 10 years in prison. With the voice of Jon Lovitz. (S)(R)

8.00 **A League of Their Own** David Walliams hosts, with Romesh Ranganathan, Andrew Flintoff and Jamie Redknapp joined by guests Jimmy Carr, Max Whitlock and Helen Skelton. (R)

9.00 **Manifest** New episode *Contrails:* 11/16. Ben sets out to clear Captain Daly's name and uncovers a conspiracy that stems back to the day the plane vanished, and Michaela tries to help Autumn. (S1)

10.00 **Britannia** 6/9. Cait and her father arrive at the safety of the Cantii citadel. Elsewhere, it is revealed that Aulus may have had more to do with Kerra's coronation than first thought. (S1) (S)(R)(AD)

11.00 **Brit Cops: Frontline Crime UK** A domestic incident. (S)(R)(AD)
12.00 M'T **The Reluctant Landlord** 5/6. Natasha turns to nemesis Dave for help. (S2) (S)(R)(AD)
12.30 AM **The Blacklist** (S)(R)
1.30 **The Force: North East** (S)(R)
2.30 **Road Wars** (S)(R)
4.00 **Futurama** (S)(R)
5.00 **to 6.00** AM **It's Me or the Dog** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
8.00-9.00pm River City (S)(R)(AD) **10.35** Holby City (S)(AD) **11.35** Junior Doctors: On the Front Line New edition (S) **12.35am** The Truth About Stress (S)(R)(AD) **1.35** Weather for the Week Ahead (S) **1.40-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
9.00-10.00pm Spotlight on the Troubles: A Secret History (S) **10.35** The Capture Series finale (S)(AD) **11.35** Junior Doctors: On the Front Line New edition (S) **12.35am** The Truth About Stress (S)(R)(AD) **1.35-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm True North: The Slim Club (S)(R) **11.15** Defending the Guilty New episode (S)(AD) **11.45** NFL This Week (S) **12.35-1.05am** I Love 1992 (S)(R)

WALES
Sky **971**, Freesat **971**
4.15pm First Minister's Questions (S) **5.05-5.15pm** Coast (S)(R)

ITV

As main ITV except:
WALES
10.45-11.10pm Fishlock's Choice New edition (S)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Cadw Cwmni gyda John Hardy **12.30** Heno **1.00** Bois y Caca (AD) **1.30** Garddio a Mwy **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Yn y Gwaed **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Y Sioe Fwyd **6.30** Rownd a Rownd (AD) **7.00** Heno **7.30** Pobol y Cwm (AD) **8.00** Prosiect Pum Mil New edition (AD) **9.00** Newyddion 9 a'r Tywydd **9.30** Y Byd yn ei Le gyda Guto Harri **10.00** Cwpan Rygbi'r Byd 2019: Sushi, Sake a Rygbi New edition **10.30** Ralio: Rali Cymru GB **11.00-11.35pm** Ar y Dibyn

TV&Satellite week
New issue on sale today

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM LIVE **Women's International Football** Portugal v England: All the action from the friendly at Estadio do Bonfim in Setubal. Kick-off is at 7.00.
9.00 **Spotlight on the Troubles: A Secret History** New edition 5/7. Mandy McAuley investigates a renewed campaign of loyalist violence in 1985.
10.00 **Voyages of Discovery** 4/5. Paul Rose recounts the story of an 18th-century French expedition to determine the shape of the Earth. Beset by problems from the start, the mission became a tale of death and woe.
11.00 **The Last Explorers**
12.00 M'T **Majesty and Mortar: Britain's Great Palaces**
1.00 AM **The Art That Made Mexico: Paradise, Power and Prayers**
2.00 **The Joy of Data**
3.00 **to 4.00** AM **American History's Biggest Fibs with Lucy Worsley**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun: Winter Sun** Double bill.
10.55 **Kirstie and Phil's Love It or List It** In Harrogate.
12.00 NOON **Escape to the Chateau: DIY**
1.05 PM **Come Dine with Me**
3.50 **Find It, Fix It, Flog It**
4.50 **The Secret Life of the Zoo** Two of the young Asian elephants fall seriously ill.
5.55 **The Supervet**
6.55 **Grand Designs** A Londoner decides to build a New England-style water mill retreat in the Chilterns.
7.55 **George Clarke's Old House, New Home** George helps a retired couple redesign their Edwardian home in Wirral.
9.00 **24 Hours in A&E** Wiltshire Police launch a murder investigation in a case that raises difficult questions about why people carry knives, and how they should be punished for doing so.
10.00 **999: What's Your Emergency?** An edition focusing on the problem of knife crime.
11.00 **999: On the Frontline**
12.05 AM **Mary Kills People** New episode *Twin Flames:* 3/6. Travis reveals details about the investigation. (S2)
1.00 **The Secret Life of the Zoo**
2.05 **The Supervet**
3.05 **to 3.35** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
6.45 **You've Been Framed!**
7.10 **Dinner Date**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.50 **The Ellen DeGeneres Show** New edition
2.45 **Supermarket Sweep**
3.50 **Dinner Date**
4.50 **Dress to Impress**
5.55 **Take Me Out**
7.30 **You've Been Framed! Gold** Comedy clips.
8.00 **Supermarket Sweep**
9.00 **Family Guy** *Peter's Got Woods:* 11/30. Peter befriends James Woods. **9.30** *The Perfect Castaway:* 12/30. Peter gets stranded on a desert island. (S4)
10.00 NEW SERIES **Zomboat!** 1/6. Zombie sitcom starring Leah Brotherhead. *See feature, page 8* (S1)
10.30 **Family Guy** *Jungle Love:* 13/30. Chris runs away to South America. (S4)
11.05 **Family Guy**
11.30 **American Dad!**
12.30 AM **The Cleveland Show**
12.55 **Superstore**
1.50 **to 2.20** AM **Totally Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Celebrity Coach Trip**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Brooklyn Nine-Nine**
5.00 **The Goldbergs**
6.00 **The Big Bang Theory** 8&9/24. Double bill. (S9)
7.00 **Hollyoaks** Scott pushes Mitchell to choose between him and Cleo again.
7.30 **Celebrity Coach Trip** New edition 2/10. The coach heads to Massa in Italy.
8.30 FILM **Back to the Future Part II** Time-travel comedy adventure sequel starring Michael J Fox. Marty McFly is whisked into the future where he has to save his son from dire trouble. (1989, PG, 107min) ★★★
10.40 **Naked Attraction** 1/5. A self-confessed 'dating disaster' and a free-spirited artist take part.
11.45 **The Big Bang Theory**
12.40 AM **First Dates**
1.45 **First Dates Abroad**
2.15 **Gogglebox**
3.10 **Tattoo Fixers: Extreme**
4.05 **Celebrity Coach Trip**
5.00 **to 6.00** AM **The Big Bang Theory**

+1 hour 235 | 146 | 28 | 123

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Paramedics**
9.00 **Blue Bloods** 6/22. (S1)
10.00 **Criminal Minds** 17/23. (S2)
11.00 **CSI** 6/23. (S2)
12.00 NOON **Elementary** 7/24. (S1)
1.00 PM **Blue Bloods** 7/22. (S1)
2.00 **The Real A&E**
3.00 **Children's Hospital**
4.00 **Paramedics**
5.00 **Nothing to Declare** Four editions of the documentary series following the work of customs officers in Australia.

9.00 Elementary

7 PM
7.00 **Nothing to Declare UK** Double bill. Documentary following the work of customs officers in the south of England.

8 PM
8.00 **Criminal Minds** *Broken:* 15/24. The agents investigate a killer who abducted and killed three young adults. (S8)

9 PM
9.00 **FINAL EPISODE** **Elementary** *The Last Bow:* 13/13. The battle with Odin reaches its climax. *See feature, page12* (S7)

10 PM
10.00 **Criminal Minds** *A Shade of Grey:* 21/26. The agents believe a copycat killer is on the loose. Guest stars John Billingsley. (S4)
11.00 **Criminal Minds** 7/24. (S9)
12.00 M'T **CSI** 6/23. (S2)
1.00 AM **How to Get Away with Murder** 15/15. (S5)
2.00 **Criminal Minds** (S3)
3.00 **Nothing to Declare UK**
4.00 **Children's Hospital**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Richard E Grant's Hotel Secrets** A visit to Berlin.
8.00 **Storm City** 1/4. (S1)
9.00 **CSI** 10/23. (S1)
10.00 **The West Wing** (S7)
12.00 NOON **Without a Trace** (S6)
2.00 PM **Blue Bloods** 11/22. (S2)
3.00 **The West Wing** (S7)
5.00 **Without a Trace** 15/18. A man awakens from a coma –and then vanishes. **6.00** 16/18. A recent lottery winner disappears. (S6)

9.00 The Affair

7.00 **CSI** *I–15 Murders:* 11/23. Catherine suspects Warrick's gambling addiction is beginning to affect his work. (S1)
8.00 **Blue Bloods** *The Job:* 12/22. Danny's dedication to the job puts his wife and sons in danger. (S2)
9.00 **The Affair** New episode 7/11. Whitney and Noah start planning the wedding and take a trip to Montauk, while Joanie confronts a stranger. (S5)
10.10 **King in the Wilderness** Chronicling the final chapters of Dr Martin Luther King Jr's life.
12.20 AM **Silicon Valley** 2/10. Richard locks horns with Dinesh when his success goes to his head. (S4)
12.55 **The Affair** As 9.00pm.
2.05 **City on a Hill** 5&6/10. Double bill of episodes. (S1)
4.15 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **Lucky Feller**
7.40 **The Piglet Files**
8.35 **Open All Hours**
9.15 **As Time Goes By**
9.55 **Last of the Summer Wine**
11.55 **Chef!**
12.35 PM **Hi-de-Hi!**
1.10 **Keeping Up Appearances**
1.50 **Open All Hours**
2.30 **Last of the Summer Wine**
4.30 **Keeping Up Appearances**
5.10 **Hi-de-Hi!**
5.45 **Keeping Up Appearances**
6.25 **Open All Hours**

10.15 Live at the Apollo

7.05 **Dad's Army** Pike takes his girlfriend out to the cinema in Captain Mainwaring's staff car. **7.50** The platoon re-enacts the battle of St George and the dragon.
8.25 **Gavin & Stacey** Stacey travels from Wales to London to meet Gavin.
9.00 **Not Going Out** Lee feels stressed after agreeing to give Kate driving lessons.
9.40 **Two Pints of Lager and a Packet of Crisps** Janet tries to be sexy for Jonny.
10.15 **Live at the Apollo** With Lee Mack, Rich Hall and Danny Bhoy.
11.20 **Game On**
12.00 M'T **Morgana Robinson's...**
12.35 AM **Two Pints of Lager and...**
1.15 **Live at the Apollo**
2.10 **Game On**
2.40 **Harry Hill's TV Burp**
3.05 **Morgana Robinson's...**
3.35 **to 4.00** AM **Lucky Feller**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.50 **Classic Emmerdale**
7.50 **Heartbeat**
8.50 **On the Buses**
10.00 **Man About the House**
10.35 **Outside Edge**
11.40 **Agatha Christie's Poirot**
12.40 PM **Heartbeat** As 5.55pm.
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders** *Blue Herrings:* Mystery drama.
5.55 **Heartbeat** *Caped Crusaders.* Liz's past catches up with her.

8.00 Midsomer Murders

7.00 **Agatha Christie's Poirot** *The Dream:* A well-known eccentric contacts the sleuth when he is haunted by suicidal nightmares.
8.00 **Midsomer Murders** *Death in the Slow Lane:* A DJ judging a classic-car show is crushed to death, giving John Barnaby his first murder case since taking over from cousin Tom. Guest stars David Warner and Samantha Bond.
10.00 **DCI Banks** *Bad Boy – Part One:* Helen leads a firearms team to retrieve a gun from a teenager's bedroom.
11.00 **DCI Banks** *Bad Boy – Part Two:* When Al offers to help Banks get his abducted daughter back, the detective contemplates breaking the rules to meet his demands.
12.05 **to 2.05** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Football's Greatest: Diego Maradona**
6.10 **Only When I Laugh**
6.35 **The Saint**
7.30 **Kojak**
8.35 **Quincy ME**
9.35 **Minder**
10.45 **LIVE Rugby World Cup 2019** South Africa v Canada.
1.30 PM **Kojak**
2.35 **Quincy ME**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Sweeney**

9.00 Cristiano Ronaldo...

7.00 **Rugby World Cup 2019 Highlights**
7.30 **River Monsters** A fish is suspected of killing a honeymooning bride.
8.00 **The Chase Celebrity Special** Patrick Baladi, Vicky Williamson, John Craven and Kevin Eldon take on The Chaser.
9.00 **Cristiano Ronaldo Meets Piers Morgan** Piers sits down for an interview with footballer Cristiano Ronaldo.
10.05 **FILM Crimson Tide** Submarine thriller with Denzel Washington. (1995, 15, 116min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **The Professionals** Bodie and Doyle are assigned to protect an African politician, but soon realise they are not the only ones with information on his whereabouts.
1.30 **Only When I Laugh**
2.00 **to 2.10** AM **Goals of the 70s**

+1 hour 220 175 154

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Sky Two

170 160 11 144

7.00 AM **Four Weddings**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: South Africa**
12.00 NOON **Wild Vets**
1.00 PM **The Dog Whisperer**
2.00 **Most Haunted**
3.00 **Babylon 5** 14/22. (S2)
4.00 **The Chase USA**
5.00 **The Crystal Maze**
6.00 **Stargate SG-1** 13&14/22. (S7)
8.00 **Duck Quacks Don't Echo** With Rhod Gilbert.
9.00 **Freddie Fries Again** Andrew Flintoff and Rob Penn head to the south coast of England. **10.00** The duo head to south-west England.
11.00 **Sun, Sea and A&E**
12.00 M'T **Manifest** 11/16. (S1)
1.00 AM **Elementary** (S7)
2.00 **Stop, Search, Seize**
3.00 **Duck Quacks Don't Echo** As 8.00pm.
4.00 **Wild Vets** Double bill.
5.00 **to 6.00** AM **The Chase USA**

Pick

152 165 11 144

7.00 AM **Nothing to Declare**
8.00 **America's Front Line**
9.00 **Border Patrol**
10.00 **Police Ten 7**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **Banged Up Abroad**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Canada's Front Line**
4.30 **America's Front Line**
6.00 **Without a Trace** (S2)
7.00 **Hawaii Five-0** (S1)
8.00 **MacGyver** 1/23. (S2)
9.00 **Killer in My Village**
10.00 **Ross Kemp: Extreme World**
11.00 **The Force: Manchester**
12.00 M'T **Air Ambulance ER**
1.00 AM **Brit Cops: War on Crime**
2.00 **Road Wars**
3.00 **Border Patrol**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

112 112 812 132 181 307 370

7.10 AM **Top Gear**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
11.00 **Cops UK: Bodycam Squad** Documentary.
12.00 NOON **Modern Wheels or Classic Steals**
1.00 PM **Top Gear**
2.00 **Cops UK: Bodycam Squad** Documentary.
3.00 **Modern Wheels or Classic Steals**
4.00 **Timber Kings**
5.00 **Top Gear** Double bill.
7.00 **QI XL** With Nish Kumar.
8.00 **Have I Got a Bit More News for You**
9.00 **Live at the Apollo**
10.00 **Taskmaster**
11.00 **QI XL** With Aisling Bea.
12.00 M'T **Mock the Week**
12.40 AM **Have I Got a Bit More News for You**
1.45 **Judge Romesh**
2.45 **Room 101**
3.15 **to 4.00** AM **QI**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **My Wife and Kids**
9.00 **The Fresh Prince of Bel Air** 14&15/24. (S2)
10.00 **Will & Grace** (S1)
11.00 **Friends** (S4)
1.00 PM **Friends** (S4)
4.00 **Will & Grace** (S1)
5.00 **Friends** Eight episodes of the series, including at: **8.00** 22/25. Elizabeth sneaks away with Ross for the weekend. (S6) **8.30** 9/24. Rachel gets a dressing-down for dating Tag. (S7)
9.00 **FILM The Green Hornet** Action comedy starring Seth Rogen. (2011, 12, 118min) ★★★
11.00 **Lip Sync Battle** New edition With Big Bird and Jason Schwartzman.
11.30 **Lip Sync Battle**
12.00 M'T **South Park**
3.50 AM **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Impractical Jokers**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Be Beautiful**
7.10 **CELEBrations**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of New Jersey**
1.20 **The Bachelor**
2.20 **Married to Medicine**
3.10 **The Real Housewives of Beverly Hills**
4.05 **The Real Housewives of Atlanta** Double bill.
6.00 **Buying and Selling** Double bill of editions.
8.00 **Dinner Date** Julia from Gloucester hopes to find romance.
9.00 **Absolutely Ascot** Ellie introduces her baby Michael to Ascot with a Welcome to the World Party.
10.00 **Botched** Double bill.
11.55 **The Only Way Is Essex** Mark hosts a pool party.
12.55 **to 1.50** AM **Love Island USA** Series finale

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries**
8.00 **Sue Thomas: F.B.Eye**
9.00 **Death in Paradise**
10.00 **Father Brown**
11.00 **Rizzoli & Isles**
1.00 PM **Death in Paradise**
2.00 **Major Crimes** 10/10. (S1)
3.00 **Miss Fisher's Murder Mysteries** 2/13. (S1)
4.00 **Murdoch Mysteries** 10&11/13. Double bill. (S6)
6.00 **Rizzoli & Isles** 5/18. A woman with terminal cancer is murdered. (S5)

8.00 Major Crimes

7.00 **Rizzoli & Isles** *Knockout:* 6/18. Korsak is forced to deal with some unfinished business. (S5)
8.00 **Major Crimes** *Final Cut:* 1/19. A new deputy district attorney challenges Raydor's intentions as Rusty's guardian. (S2)
9.00 **My Life Is Murder** New episode *Lividity in Lycra:* 3/10. The CFO of a huge hospitality company dies while on a bike ride. (S1)
10.00 **Death in Paradise** *A Deadly Party:* 8/8. The host of a charity fundraiser is shot dead. Guest stars Sean Pertwee. (S2)
11.20 **Copper** New episode 2/13. More corpses of young men are found, while other teens continue to disappear. (S2)
12.20 AM **Father Brown**
1.20 **Unforgettable**. (S1)
2.20 **Sue Thomas: F.B.Eye** (S3)
3.10 **to 4.00** AM **Copper**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 375

6.00 AM **Star Trek: Voyager**
8.00 **Teleshopping**
11.00 **Merlin** 8/13. (S5)
12.00 NOON **FILM Global Meltdown** Disaster thriller. (2017, PG, 105min) ★★
2.00 PM **Merlin** 9/13. (S5)
3.00 **Stargate Atlantis** 10/20. (S4)
4.00 **Star Trek: Voyager** 7/26. Seven of Nine loses her mind. **5.00** 8/26. An alien life form attaches itself to Torres. (S5)
6.00 **Star Trek: The Next Generation** 23/26. A Klingon spiritual leader returns. (S6)

9.00 Death Race

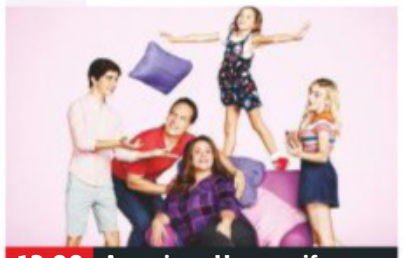
7.00 **Star Trek: The Next Generation** *Second Chances:* 24/26. Riker encounters his doppelgänger. (S6)
8.00 **Stargate Atlantis** *Be All My Sins Remember'd:* 11/20. The crew forge an uneasy alliance with a captured Wraith. (S4)
9.00 **FILM Death Race** Thriller remake starring Jason Statham. An innocent ex-racing driver is incarcerated on Terminal Island and forced to compete in the prison's deadly Death Race. (2008, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **FILM Guardian** Horror thriller starring Mario Van Peebles. (2000, 15, 86min) ★
1.10 AM **Star Trek: The Next Generation** Triple bill. (S6)
4.00 **to 6.00** AM **FILM Mythica: A Quest for Heroes** Adventure. (2015, 12, 88min) ★★

+1 hour 214 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **MasterChef Australia**
7.30 **My Second Restaurant in India** Sarah visits the laundry district of Dhobi Ghat.
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
1.00 PM **MasterChef Australia**
2.30 **Renovate My Home: Leave It to Bryan** A couple seek more space in their home.
3.00 **My Dream Home** Double bill.
5.00 **Tipping Point** Double bill.


12.00 American Housewife

7.00 **MasterChef Australia** New edition Three contestants must serve an intricate apple pie – before one is eliminated.
8.00 **Great Ormond Street** Doctors in the hospital's cardiothoracic department treat babies with heart problems.
9.00 **One Born: What Happened Next?** Three couples' experiences of parenthood and the challenges it has brought.
10.00 **Inside the Ambulance** Sam and Tony help a woman with excruciating stomach pains.
11.00 **Inside the Ambulance**
12.00 M'T **American Housewife** New episodes 17&18/23. (S3)
1.00 AM **Who Do You Think You Are?** With Reggie Yates
1.50 **Criminal Minds: Beyond Borders** 8/13. (S2)
2.35 **to 3.00** AM **Bin There, Dump That**

+1 hour 209 190

Universal

113 113 813 | 122 121 | 320 385

8.00 AM **Numb3rs** 16/16. (S6)
9.00 **Sea Patrol** 7/13. (S1)
10.00 **Private Eyes** 7/10. (S1)
11.00 **NCIS** 15&16/24. (S10)
1.00 PM **CSI: Miami** 7&8/25. (S4)
3.00 **Law & Order** 7&8/24. (S11)
5.00 **NCIS** 17/24. Gibbs is approached by his old friend and barber, who suspects his son may be a serial killer. **6.00** 18/24. A US Marine sergeant is killed by a sniper in Afghanistan just after his sniffer dog helps guide a child out of a minefield. (S10)

8.00 Gone

7.00 **NCIS** *Squall:* 19/24. The team investigate a navy doctor's death and a mark suggests he was injected with poison. (S10)
8.00 **Gone** *Demons:* 11/12. A cyclist is abducted in a park in broad daylight and the only witness is a blind woman. (S1)
9.00 **NCIS** *The Good Wives Club:* 2/23. The team investigate mummified remains found in a disused compound. (S2)
10.00 **NCIS** *Lt Jane Doe:* 4/23. A rape and murder revives harrowing memories for Ducky, who once worked on a similar case. (S2)
11.00 **Law & Order: Special Victims Unit** 8/24. Photos of a rape victim are leaked on the internet. (S11)
12.00 M'T **CSI: Miami** 7&8/25. (S4)
2.00 AM **Departure** 2/6. (S1)
3.00 **Gone** As 8.00pm.
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 206

FOX

124 124 821 | 157 199

8.00 AM **The Closer** 9/15. (S4)
9.00 **Bones**
10.00 **NCIS: New Orleans**
11.00 **NCIS** 21/24. (S13)
12.00 NOON **Bones** (S3)
2.00 PM **The Mentalist** 13/23. (S2)
3.00 **NCIS** 22/24. (S13)
4.00 **NCIS: New Orleans** 8/24. Wade's son asks Pride for help after being attacked. (S4)
5.00 **Bones** 6/15. An intern is found murdered. (S3)
6.00 **The Mentalist** 14/23. An old friend of Cho's is shot. (S2)

11.00 American Horror Story...

7.00 **NCIS** *Dead Letter:* 23/24. The team continue the international manhunt for a disgraced British spy. (S13)
8.00 **NCIS** *Family First:* 24/24. Former NCIS agent Ziva is reported dead, prompting Tony to seek vengeance. (S13)
9.00 **American Dad!** New episode 29/31. Steve babysits Roger's ex-tumour Rogu. (S15) **9.30** 18/20. (S10)
10.00 **Family Guy** 23/23. Stories inspired by viewers' letters. (S10) **10.30** 8/30. Peter sells Meg to pay a debt. (S4)
11.00 **American Horror Story: 1984** 3/10. (S9)
12.00 M'T **Family Guy** (S14)
1.00 AM **Family Guy** (S11)
1.30 **American Dad!** (S4)
2.00 **L.A.'s Finest** 13/13. (S1)
3.00 **American Dad!**
4.00 **to 5.00** AM **The Closer**

+1 hour 224 158

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Charlie's Angels**
7.00 **Hart to Hart**
9.00 **Highway to Heaven**
12.00 NOON **TJ Hooker** (S3)
2.00 PM **Hart to Hart** (S2)
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S1)
7.00 **M*A*S*H** 5/24. Hawkeye works a three-day shift. **7.30** 6/24. Hawkeye operates on a boy. **8.00** 7/24. Corporal Walker goes native. **8.30** 8/24. Hot Lips questions Colonel Blake's fitness to command. (S2)
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz.
12.00 M'T **M*A*S*H** (S5)
1.00 AM **TJ Hooker** (S3)
3.00 **M*A*S*H** 4/24. (S2)
3.30 **The Waltons** (S4)
4.20 **Touched by an Angel**
5.10 **to 6.00** AM **Highway to Heaven**

+1 hour 257 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Highlights**
8.00 **National Treasures**
9.00 **Tales of the Unexpected**
10.00 **The South Bank Show Originals**
11.00 **Discovering**
12.00 NOON **Landscape Artist of the Year 2018**
1.00 PM **Comedy Legends**
2.00 **Cheltenham Literature Festival Sessions** New edition
5.00 **Discovering**
6.00 **Landscape Artist 2018**
7.00 **Live at Cheltenham Literature Festival** New editions Double bill.
9.00 **Cheltenham Literature Festival Sessions** New edition
10.00 **NEW EM Forster: His Longest Journey**
11.00 **The South Bank Show Originals**
1.00 AM **Discovering**
2.00 **Comedy Legends**
3.00 **Too Young to Die**
4.00 **EM Forster: His Longest Journey**
5.00 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Come Dine with Me**
11.30 **Four in a Bed**
12.00 NOON **Find It, Fix It, Flog It** A spotlight.
1.00 PM **Undercover Boss USA** Documentary.
2.00 **Ramsay's Kitchen Nightmares USA**
3.00 **Everybody Loves Raymond** (S6)
4.00 **Frasier** (S1)
5.00 **A Place in the Sun: Winter Sun**
6.00 **Sun, Sea and Selling Houses**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Britain's Most Historic Towns** From Dover.
9.00 **Hidden Britain by Drone**
10.00 **Thomas Cook: The Rise & Fall of Britain's Oldest Travel Agent**
11.05 **Great British Bake Off**
12.25 AM **Ramsay's Kitchen...**
1.25 **First Dates Hotel**
2.25 **A Place in the Sun...**
3.30 **Sun, Sea and Selling Houses**
4.25 **to 4.55** AM **Four in a Bed**

5USA

141/169 153 21 129

9.00 AM **Access**
9.10 **Remington Steele** (S3)
10.00 **CSI: NY** 11/23. (S6)
11.00 **The Mysteries of Laura**
12.00 NOON **Bull**
1.00 PM **Law & Order** (S11)
3.00 **Murder, She Wrote**
6.00 **Law & Order** (S11)
7.00 **Law & Order** *Ego:* 17/24. A body is found in the Hudson River. (S11)
8.00 **NCIS** *The Searchers:* 7/24. Bishop agonises over her evaluation. (S12)
9.00 **Ransom** *A Free Man in Paris:* 4/13. A former Guantanamo Bay guard is taken hostage. (S2)
10.00 **Law & Order: Special Victims Unit** *Bully:* 18/24. A work of art leads to the discovery of a woman's body. (S12)
11.00 **Law & Order: Special Victims Unit** (S12)
12.55 AM **CSI: NY** (S6)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Last Man Standing**
8.20 **Smallville** 13/23. (S2)
9.05 **Can't Pay? We'll Take It Away!** Double bill.
11.05 **My Wife and Kids**
12.05 PM **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Two and a Half Men**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **FILM Jupiter Ascending** Adventure starring Mila Kunis and Channing Tatum. (2015, 12, 122min) ★★
9.30 **FILM Hansel & Gretel: Witch Hunters** Darkly comic horror fantasy starring Jeremy Renner. (2013, 15, 88min) ★★★
11.15 **First Time Call Girl**
12.15 AM **Criminals Caught on Camera**
1.15 **Star** 5&6/12. (S1)
3.05 **Riverdale** 1/22. (S2)
3.50 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Dalziel & Pascoe**
4.15 **All Creatures Great and Small**
5.25 **Fresh Fields**
6.00 **'Allo 'Allo!**
6.40 **Waiting for God**
7.20 **Last of the Summer Wine** Compo, Clegg and Truly meet a man testing for earthquakes.
8.00 **Kavanagh QC** *Time of Need:* A female politician is charged with seducing a minor.
9.30 **New Tricks** *Couldn't Organise One:* A case involving Sandra's father is reopened.
10.40 **Silent Witness** *Death by Water.*
1.20 AM **Boon** Double bill.
3.25 **to 4.00** AM **Garden Hopping**

+1 hour 243 226

TUESDAY Entertainment & Lifestyle

AMC

332 381

Programmes start at 1pm.

1.00 PM **Halt and Catch Fire**
2.00 **James Cameron's Story of Science Fiction**
2.55 FILM **The Prize Winner of Defiance, Ohio** Drama. (2005, 12, 99min) ★★★
4.50 **Zoom In**
5.00 **Halt and Catch Fire**
6.00 **James Cameron's Story of Science Fiction**
6.55 FILM **Wakefield** Drama. (2016, 15, 110min) ★★★
9.00 NEW SERIES **Preacher** 1/10. Drama. (S3)
9.55 FILM **Only Lovers Left Alive** Fantasy drama with Tilda Swinton. (2013, 15, 120min) ★★★★
12.15 AM FILM **3000 Miles to Graceland** Thriller. (2001, 18, 120min) ★★
2.35 **Preacher** As 9.00pm.
3.25 **Halt and Catch Fire**
4.20 **to 5.30** AM **James Cameron's Story of Science Fiction**

CBS Drama

147 197 71 134

9.00 AM **Medium** 13/13. (S7)
10.00 **ER** 2/25. (S1)
11.00 **The Love Boat** (S5)
12.05 PM **Judge Judy**
1.00 **Gunsmoke**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S5)
7.00 **CSI: Miami** *Just Murdered:* 21/24. A murder complicates a divorce case. (S5)
8.00 **Judge Judy**
9.00 **Medium** *Pilot:* 1/16. Pilot of the paranormal drama starring Patricia Arquette. (S1)
10.00 **CSI: Miami** *Burned:* 22/24. Horatio sacks a team member. (S5)
11.00 **The Love Boat** (S5)
12.05 AM **Judge Judy**
1.00 **ER** 3/25. (S1)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder**
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Father Dowling Mysteries**
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 16/26. (S3)
2.05 **CSI: Miami** 14/24. (S5)
3.00 **NCIS** 10/24. (S7)
4.00 **NCIS: Los Angeles** (S3)
5.00 **Father Dowling Mysteries**
6.00 **Perry Mason**
7.05 **CSI: Cyber** 1/13. (S1)
8.00 **Walker, Texas Ranger** *El Coyote – Part One:* 17/26. A woman alerts Walker to the activities of a slave traders. (S3)
9.00 **Scorpion** *Super Fun Guys:* 5/25. (S2)
10.00 **NCIS: Los Angeles** (S3)
11.00 **CSI: Cyber** 2/13. (S1)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **Scorpion** As 9pm.
2.00 **Gunsmoke**
3.05 **Bonanza**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives**
8.00 **48 Hours: Mystery** Examining the case of Rhonda Casto.
9.00 **Ice Cold Killers** A woman's body is found in a burning car.
10.00 **The Real Prime Suspect** New edition Former DCI Jackie Malton looks into the case of British au-pair Louise Woodward.
11.00 **Murderers and Their Mothers**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Ice Cold Killers**
2.00 **The Real Prime Suspect**
3.00 **Crime and Punishment**
3.50 **Hoarders**
4.40 **Dog and Beth: On the Hunt**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Catchphrase**
11.00 **Take Your Pick**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Weakest Link**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **Weakest Link**
7.00 **Pointless Celebrities** An edition focusing on the subject of history.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Classic Who Wants to Be a Millionaire?** Newlywed couples compete in the quiz.
11.00 **Bullseye** Four editions.
1.00 AM **The Chase**
3.50 **Deal or No Deal**
5.10 **to 6.00** AM **Golden Balls**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Most Ridiculous – Action Heroes**
6.25 **Most Ridiculous Ever!**
7.00 **Teleshopping**
9.00 **Friends**
11.00 **The Middle**
1.00 PM **Most Ridiculous – Sports**
1.30 **Most Ridiculous – Weddings**
2.00 **Bob's Burgers** (S8)
4.00 **Wipeout USA**
6.00 **Impractical Jokers**
7.30 **Impractical Jokers: Championship** Favourite pranks.
8.00 **Impractical Jokers**
9.00 **Friends** 15&18/24. Double bill. (S4)
10.00 **South Park** (S6)
12.00 M'T **Russell Howard & Mum: Globetrotters**
2.00 AM **RuPaul's Drag Race**
3.20 **Detroiters** (S1)
4.10 **TripTank** (S1)
4.30 **Bob's Burgers**
5.35 **to 6.00** AM **The Middle**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **Kourtney & Kim Take Miami**
11.00 **News: Daily Pop**
12.00 NOON **Flip It Like Disick**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Flip It Like Disick**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Dating: No Filter**
9.00 **Keeping Up with the Kardashians**
10.00 **Botched**
11.00 **Nightly Pop**
11.30 **Dating: No Filter**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Revenge Body with Khloe Kardashian**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Wags Miami**

+1 hour 223 149

Food Network

140 291 41 148

6.00 AM **Jamie's 30 Minute Meals** Rogan josh curry.
6.25 **Giada at Home**
9.00 **The Pioneer Woman**
11.00 **Bake Off: Creme de la Creme**
12.00 NOON **Rick Stein's Seafood Lovers' Guide**
1.00 PM **Barefoot Contessa – Back to Basics**
2.00 **James Martin: Sweet**
2.30 **James Martin: Delicious**
3.00 **Jamie's 30 Minute...**
4.00 **The Pioneer Woman**
6.00 **Man's Greatest Food**
7.00 **Bake Off: Creme de la Creme**
8.00 **The Hairy Bikers' Food Tour of Britain**
9.00 **Rick Stein's Spain**
10.00 **Diners, Drive-Ins and Dives** Four editions.
12.00 M'T **Mystery Diners**
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 240 280

Lifetime

164 208 329 384

7.00 AM **Judge Judy**
1.00 PM **Storage Wars**
2.00 **Zombie House Flipping**
3.00 **Flipping Vegas**
4.00 **Little Women: Dallas**
5.00 **Hardcore Pawn**
6.00 **Disaster Decks**
7.00 **Judge Judy** Real-life small-claims cases.
9.00 **Marrying Millions** New edition Kate deals with her friend's doubts.
10.00 **Storage Wars** Ivy plays it cool bidding on a high-risk locker. **10.30** Ivy and Mary enter into an unusual alliance when the gang hits Koreatown.
11.00 **Hardcore Pawn** Les challenges Seth. **11.30** Seth rushes to sell sports memorabilia.
12.00 M'T **Disaster Decks**
1.00 AM **Marrying Millions**
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **Murder, She Baked: Peach Cobbler Mystery**
10.50 FILM **My Evil Stepdad** Thriller starring Chris Johnson. (2019, PG) ★★
12.35 PM **Love, Again** Romantic drama. (2015, PG, 90min) ★★★
2.25 FILM **My Mother's Secret** Thriller. (2012, PG, 90min) ★
4.10 FILM **A Murderer Upstairs** Thriller. (2017, PG, 120min) ★★
6.00 **House** 9&10/22. (S8)
8.00 **Sleepy Hollow** *Awakening:* 17/18. Henry and Katrina try to raise a coven of witches. (S2)
8.55 **Access** Showbiz news.
9.00 **Impractical Jokers**
10.00 **The Mick**
11.00 **Sleepy Hollow** (S1)
12.50 AM **Arrow** (S1)
4.05 **Now That's Funny!**
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wet Nets**
6.20 **Total Fishing**
7.10 **Deadliest Catch**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Fantomworks**
12.00 NOON **Close Encounters**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Scrap Kings**
10.00 **American Pickers**
11.00 **How It's Made**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **FBI Files**
12.00 NOON **Disappeared**
1.00 PM **Say Yes to the Dress**
1.30 **Say Yes to the Dress**
4.00 **Curvy Brides Boutique**
5.00 **Say Yes... Atlanta**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life: Where Are They Now?**
10.00 **Dr Pimple Popper**
11.00 **Body Bizarre**
12.00 M'T **Forensic Detectives**
1.00 AM **Copycat Killers**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops San Francisco**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Escape to the Country** From Kent.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **The Sheriffs Are Coming**
11.00 **Celebrity Antiques Road Trip**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** From Cornwall.
3.00 **Homes Under the Hammer** In Cardiff.
4.00 **Ghost Adventures**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **Celebrity Antiques Road Trip**
10.00 **Swipe Right for Murder** Nicole White's murder.
11.00 **Into the Fire**
12.00 M'T **Ghost Adventures**
2.00 AM **Teleshopping**
4.00 **Born to Kill?**
4.50 **to 6.00** AM **Ghost Adventures**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Canada's Front Line**
9.00 **Police Ten 7**
10.00 **Road Wars**
11.00 **Rapid Response**
12.00 NOON **Banged Up...**
1.00 PM **Snapped**
2.00 **Canada's Front Line**
4.00 **Stop, Search, Seize**
5.00 **Road Wars**
6.00 **Rapid Response**
7.00 **Banged Up Abroad**
8.00 **Murders That Shocked the Nation**
9.00 **Britain's Most Evil Killers** New edition
10.00 **Snapped** New edition
11.00 **World's Most Evil Killers**
12.00 M'T **Banged Up Abroad**
1.00 AM **In Defense Of**
2.00 **Snapped**
3.00 **Murders That Shocked the Nation**
4.00 **Police Ten 7**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows** Investigating cases in which divorces have turned deadly.
7.00 **Speeders** Four editions of the series.
9.00 **Deadly Women** Three cases featuring murderous wives. **10.00** Cases involving teenage killers.
11.00 **Fear Thy Neighbour** Police unearth a murder scene when they visit an address to check on the welfare of the occupant.
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 279

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **The Great British Benefits Handout**
10.00 **The Nightmare Neighbour Abroad**
11.00 **The Dog Rescuers**
12.00 NOON FILM **The 12 Gifts of Christmas** Festive comedy. (2015, PG, 83min) ★★
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **World's Most Luxurious Trains** Top-end trains.
10.00 **The Hotel Inspector**
11.00 **Posh Hotels**
12.00 M'T **The Nightmare Neighbour Next Door**
1.00 AM **The Great British Benefits Handout**
2.00 **Intercity 125**
3.00 **to 4.00** AM **Brunel: The Man Who Built Britain**

5Spike

150 154 31 141

9.00 AM **The A-Team**
11.00 **Police Interceptors**
12.00 NOON **Can't Pay? We'll Take It Away!**
2.00 PM **Trucking Hell**
3.00 **Traffic Cops**
5.00 **The A-Team** (S1)
7.00 **Police Interceptors** Pursuing tearaway teens.
8.00 **Traffic Cops** One of the longest pursuits in the history of the force.
9.00 **Banged Up Abroad** New edition The story of a former champion skier who formed his own cocaine empire.
10.00 **Airport Security: Peru** A blanket infused with cocaine is uncovered.
11.00 FILM **44 Inch Chest** Crime drama. (2009, 18, 90min) ★★★
12.55 AM **The Virginian: Men from Shiloh** (S1)
2.30 **to 3.00** AM **Criminals: Caught on Camera**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... Canada**
10.00 **90 Day Fiancé**
12.00 NOON **Dr Pimple Popper** A man has a lump on his shoulder.
1.00 PM **Cake Boss**
2.00 **Little People, Big World**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **sMothered** Christina and Kathy go for a breast implant consultation together.
9.00 **Good Bones** New edition A historic house.
10.00 **Mama Medium**
11.00 **Dr Pimple Popper**
12.00 M'T **sMothered**
1.00 AM **Good Bones**
2.00 **Mama Medium**
3.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Cake Boss**

+1 hour 233 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Supertruckers**
7.00 **Airplane Repo**
8.00 **Extreme Engineering**
9.00 **Game of Stones**
10.00 **Contact Project**
11.00 **Wheeler Dealers**
12.00 NOON **Garage Rehab**
1.00 PM **Combat Dealers**
2.00 **Alien Highway**
3.00 **Fast N' Loud**
4.00 **Kindig Customs**
5.00 **Garage Rehab**
6.00 **Fast N' Loud** Richard considers selling his Shelby Mustang.

10.00 Gold Rush

7.00 **Gold Rush** Parker is determined not to leave any good pay dirt for Tony, so he cranks up the speed on his sluices.
8.00 **Deadliest Catch** New edition Captains look back at the times they had to be cautious or deceptive with information.
9.00 **Deadliest Catch** New edition A crushing injury requires Coast Guard rescue, while Josh and Casey face a huge loss.
10.00 **NEW SERIES Gold Rush** Miners dig for gold, and with new miners, claims and machines, the stakes are higher than ever.
11.00 **Wheeler Dealers** Mike Brewer and Edd China restore a Porsche 912E.
12.00 M'T **Deadliest Catch**
1.00 AM **Gold Rush** As 10.00pm.
2.00 **Street Outlaws**
3.00 **Deadliest Catch** As 9.00pm.
3.50 **The Last Alaskans**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
8.00 **Animal Cops Houston**
10.00 **Bondi Vet** A visit to the UK.
11.00 **Pit Bulls & Parolees**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **My Cat from Hell**
4.00 **Alaska: The Last Frontier**
5.00 **Extinct or Alive** Searching the Faroe Islands for a trace of extinct seabird the great auk.
6.00 **Bondi Vet** Dr Chris Brown heads to Sydney Harbour to deal with some feisty chicks.

8.00 The Zoo: San Diego

7.00 **Pit Bulls & Parolees** Tia looks back at the season's highlights, plus a look behind the scenes.
8.00 **The Zoo: San Diego** New edition The youngest elephant learns to use its trunk, while an Andean bear is ready for mating.
9.00 **Alaska: The Last Frontier** Eivin, Atz Lee, Jane and Shane go on a group hunt for deer to fill their freezers.
10.00 **Animal Cops Houston** The team pull out all the stops to save a newborn foal when it is found with its abandoned mother.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Mountain Monsters**
1.00 AM **Animal Cops Houston**
2.00 **The Zoo: San Diego**
3.00 **Alaska: The Last Frontier**
3.50 **Intruders**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **Treehouse Masters**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Car SOS**
10.00 **Air Crash Investigation**
12.00 NOON **Hitler's Last Stand**
1.00 PM **Nazi Megastructures: Battle Ready**
2.00 **Inside the Nazi Mega Bunker** The defences and kill zones that surrounded Hitler's bunker in Berlin.
3.00 **Buried Secrets of WWII** The German siege of Malta.
4.00 **Car SOS** Double bill.
6.00 **Air Crash Investigation** The plane crash that killed John F Kennedy Jr and his wife.

9.00 The Hot Zone

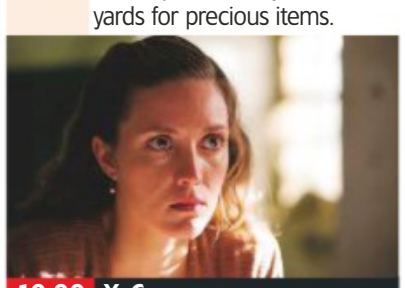
7.00 **Air Crash Investigation** Investigators try to determine what sparked the engine fire that crippled a research plane.
8.00 **Air Crash Investigation** Focusing on the plane that targeted the Pentagon during the 2001 terrorist attack.
9.00 **The Hot Zone** New episode *Quarantine:* 5/6. Jaax tries to discover why the virus affects humans differently to primates. (S1)
10.00 **Inside 9/11** Radical Islam's war against the West, and Osama Bin Laden's attempt to encourage war against the US.
11.00 **Air Crash Investigation** A plane that crashed a few miles from the runway.
12.00 M'T **Airport Security: Peru**
1.00 AM **America's Hardest Prisons** The inmates of maximum-security facilities.
2.00 **Gordon Ramsay: Uncharted**
3.00 **to 5.00** AM **Car SOS**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
7.00 **American Pickers: Best Of**
8.00 **Pawn Stars**
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Counting Cars**
2.00 **American Pickers**
3.00 **Storage Wars** Four editions.
5.00 **Pawn Stars**
6.00 **American Pickers: Best Of** Two experts trawl junk yards for precious items.


10.00 X-Company

7.00 **Forged in Fire** Four bladesmiths build their own coal forges using materials scavenged from a storage unit.
8.00 **Pawn Stars** New edition Rick heads East in the hope of getting his hands on a rare World War Two relic.
9.00 **Conspiracy** New edition The bombing of Pan Am Flight 103, which exploded above Lockerbie in Scotland.
10.00 **X-Company** New episode *Black Flag:* 6/10. Harry sets up a plan to assassinate a high-ranking general. (S2)
11.00 **Ancient Aliens** Experts examine evidence linking Bigfoot to alien species.
12.00 M'T **Mountain Men** Morgan and Margaret fly north.
1.00 AM **Pawn Stars** As 8.00pm.
2.00 **Counting Cars**
3.00 **American Pickers: Best Of**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **WW2 Price of Empire**
8.00 **Time Team** Double bill.
10.00 **Nazi Murder Mysteries**
11.00 **Impossible Railways**
12.00 NOON **Time Team**
2.00 PM **Yellowstone**
3.00 **Planet Earth II**
4.00 **Bangers and Cash** Behind the scenes of a historic car auction business.
5.00 **Impossible Railways** Railways in inhospitable conditions.
6.00 **Nazi Murder Mysteries** The German police's attempts to catch a depraved killer.

8.00 Titanic:Stories from the...

7.00 **Monster Ships** The *MV Helgafell*, a reinforced-hulled vessel designed to operate throughout the harsh North Atlantic.
8.00 **NEW SERIES Titanic: Stories from the Deep** Artefacts salvaged from the underwater resting site of the famous wreck.
9.00 **The Two Ronnies** Messrs Barker and Corbett continue their serial *Done to Death*, plus a song from Chelsea Brown.
10.00 **The Two Ronnies** With guests Alan Price and Georgie Fame.
10.50 **Fawlty Towers** Basil tries to upgrade his clientele.
11.30 **Fawlty Towers** Basil plans to save money on structural alterations to the hotel.
12.10 AM **Fawlty Towers** Basil tries to stop an unmarried couple lowering moral standards.
1.00 **Nazi Murder Mysteries**
2.00 **to 3.00** AM **WW2 Price of Empire**

+1 hour 255 200

Disc. History

171 262

6.00 AM **Expedition Unknown**
7.00 **Deadliest Tech**
8.00 **Battlefield**
9.00 **Frontline Battle Machines**
10.00 **Blowing Up History**
11.00 **Deadliest Tech**
12.00 NOON **Secrets Underground**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Battlefield**
4.00 **Frontline Battle Machines**
5.00 **Blowing Up History**
6.00 **Secrets Underground**
7.00 **Mysteries at the Museum**
8.00 **Expedition Unknown**
9.00 **Mummies Unwrapped**
10.00 **The Unexplained Files**
11.00 **Ten Ways**
12.00 M'T **Expedition Unknown**
1.00 **to 6.00** AM **Highlights**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Vet Safari**
10.00 **Collar of Duty**
11.00 **Spy in the Wild**
12.00 NOON **Thailand: Earth's Tropical Paradise**
1.00 PM **Wild Colombia**
2.00 **Collar of Duty**
3.00 **Horizon**
4.00 **Vet Safari**
5.00 **Collar of Duty**
6.00 **Spy in the Wild**
7.00 **Vet Safari**
8.00 **Thailand: Earth's Tropical Paradise**
9.00 **Frontier Borneo**
10.00 **Wild Colombia**
11.00 **Spy in the Wild**
12.00 M'T **Thailand: Earth's Tropical Paradise**
1.00 AM **Frontier Borneo**
2.00 **Horizon**
3.00 **Wild Colombia**
3.50 **Collar of Duty**
4.40 **Spy in the Wild**
5.30 **to 6.00** AM **Jungle Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Monster Fish**
9.00 **Russia's Wild Sea**
11.00 **Wild Arctic: Polar Bear**
12.00 NOON **Snakes in the City** An elusive mamba.
1.00 PM **Okavango: River of Dreams**
4.00 **Monster Fish**
6.00 **Animal Fight Club**
7.00 **Snakes in the City** Simon and Siouxsie wrestle a 12-foot mamba.
8.00 **Secrets of the Zoo** Series finale The staff throw a leaving party for two polar bears.
9.00 **Prairie Dog Dynasty** The Monsoon season strikes the prairie dog territory.
10.00 **Out There With Jack Randall** The zoologist encounters five of the most venomous snakes in the world.
11.00 **Alaska Fish Wars**
12.00 M'T **Animals Gone Wild**
2.00 AM **Snakes in the City**
3.00 **to 5.00** AM **Okavango: River of Dreams**

History 2

163 273 330 390

8.00 AM **History's Most Hated** Double bill.
10.00 **Cities of the Underworld**
11.00 **Monsterquest**
12.00 NOON **Ancient Aliens**
2.00 PM **Warriors**
3.00 **History's Most Hated**
5.00 **Battlefield Detectives**
7.00 **Monsterquest**
8.00 **Cities of the Underworld**
9.00 **Ancient Aliens**
10.00 **Plantagenet Wars: Henry III, Friendship, Hatred & Civil War** Henry III's relationship with Simon de Montfort.
11.00 **WWII's Most Daring Raids** Efforts to destroy a German fuel depot.
12.00 M'T **Monsterquest**
1.00 AM **Ancient Aliens**
3.00 **Plantagenet Wars: Henry III, Friendship, Hatred & Civil War**
4.00 **to 5.00** AM **Battlefield Detectives**

PBS America

174 276 91 155

8.00 AM **Apollo's Daring Mission**
9.10 **Stories from the Dark Earth: Meet the Ancestors Revisited**
10.30 **Hannibal**
11.35 **Apollo's Daring Mission**
12.45 PM **Secrets of the Parthenon**
1.55 **Stories from the Dark Earth: Meet the Ancestors Revisited**
3.15 **Hannibal**
4.15 **Apollo's Daring Mission**
5.25 **Secrets of the Parthenon**
6.35 **Stories from the Dark Earth: Meet the Ancestors Revisited**
7.50 **NEW Born to Explore** Richard Wiese travels to Namibia to find out what is being done to save cheetahs from extinction.
9.00 **Hannibal**
10.00 **Pluto and Beyond**
11.15 **Born to Explore**
12.25 **Hannibal**
1.30 **to 2.00** AM **The Aviators**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **Critical Evidence**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Motive to Murder**
9.00 **The Eleven**
10.00 **Buried in the Backyard**
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The First 48**
2.00 **Buried in the Backyard**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Homicide: Hours to Kill**

+1 hour 256 222

TUESDAY Films

Tuesday

Sky Premiere

301 301 842 401 501

6.00 AM **The Stolen Princess** (2018)
7.45 **Where Hands Touch** (2018)
10.00 **Joker: Special**
10.30 **Widows** As 8.00pm.
12.45 PM **PREMIERE Cruise** Comedy. As shown at 10.15pm.
2.30 **The Stolen Princess** Animation. (2018, PG, 85min) ★★★
4.10 **Motherhood** Comedy. (2018, 15, 100min) ★★★★
5.50 **Where Hands Touch** Drama starring Amandla Stenberg. (2018, 12, 122min) ★★

10.15 Cruise

8 PM **8.00** **Widows** Steve McQueen's thriller starring Viola Davis, Liam Neeson and Elizabeth Debicki. Four Chicago women with a debt left by their dead husbands' criminal activities attempt to carry out a robbery. (2018, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM **10.15** **PREMIERE Cruise** Romantic comedy with Spencer Boldman and Emily Ratajkowski. A young man meets a woman with a wild side. (2018, 15, 90min) ★★★
See review, page19
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.00 M'T **Steel Country** Thriller. (2018, 15, 89min) ★★★
1.45 AM **Don't Go** Mystery. (2018, 15, 91min) ★★★
3.40 **Make or Break** Comedy. (2018, 15, 91min) ★
5.30 **to 6.00** AM **Hotel Mumbai: Special**

+1 hour 312 402

Sky Disney

305 305 846 405 505

7.00 AM **Tinker Bell and the Lost Treasure** As shown at 2.55pm.
8.25 **Mulan** As shown at 4.25pm.
10.00 **Incredibles 2** As 6.00pm.
12.00 NOON **The Return of Jafar** Cartoon. (1994, U) ★★
1.15 PM **Hercules** (1997) ★★★★
2.55 **Tinker Bell and the Lost Treasure** (2009, U) ★★★
4.25 **Mulan** Animated adventure. (1998, U, 88min) ★★★
6.00 **Incredibles 2** Animation. (2018, PG, 118min) ★★★★

4.25 Mulan

8.00 **Snow White and the Seven Dwarfs** Disney's classic first feature cartoon based on the Brothers Grimm fairy tale. (1937, U, 82min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

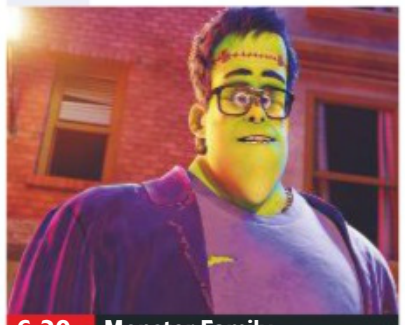
9.30 **The Muppet Movie** Comedy starring Milton Berle and Mel Brooks. Kermit, Miss Piggy and the rest of the Muppet gang go to Hollywood in search of stardom. (1979, U, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Old Dogs** Family comedy starring John Travolta, Robin Williams and Kelly Preston. (2009, PG, 84min) ★
12.45 AM **Pete's Dragon** Musical fantasy starring Helen Reddy, Jim Dale and Mickey Rooney. (1977, U, 134min) ★★★
2.40 **Tex** Drama with Matt Dillon, Meg Tilly and Emilio Estevez. (1982, PG, 103min) ★★★
4.35 **to 6.20** AM **The Muppet Movie** As shown at 9.30pm.

Sky Family

306 306 847 406 506

6.25 AM **LEGO DC Comics Super Heroes: Justice League – Cosmic Clash** (2016) ★★
7.55 **Patrick** As shown at 3.05pm.
9.35 **Monster Family** As 6.20pm.
11.15 **Annie** As shown at 9.35pm.
1.25 PM **Johnny English Strikes Again** As shown at 8.00pm.
3.05 **Patrick** Comedy. (2018) ★★★
4.45 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
6.20 **Monster Family** Animation. (2017, PG, 96min) ★★


6.20 Monster Family

8.00 **Johnny English Strikes Again** Comedy starring Rowan Atkinson. A sinister cyber attack sees the hapless secret agent sent on an adventure in the South of France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

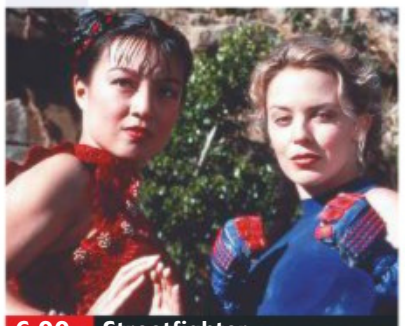
9.35 **Annie** Film version of the hit Broadway musical, starring Albert Finney. An orphaned little girl changes the life of a munitions billionaire. (1982, U, 128min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Nutty Professor** Comedy remake starring Eddie Murphy. (1996, 12, 95min) ★★★
1.30 AM **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★
3.25 **Quackerz** Animated adventure. (2016, PG, 81min) ★★
5.00 **to 6.30** AM **Lego DC Super Heroes: Justice League – Attack of the Legion of Doom!** Animated adventure. (2015, U, 73min) ★★

Sky Action

307 307 848 407 507

6.00 AM **Gunfight at the OK Corral** As shown at 3.50am.
8.15 **Hotel Artemis** As 12.00m't.
10.00 **Streetfighter** As 6.00pm.
12.00 NOON **Kick-Ass** As 8.00pm.
2.00 PM **Kick-Ass 2** As 10.00pm.
4.00 **Final Score** Action drama starring Dave Bautista. (2018, 15, 104min) ★★★
6.00 **Streetfighter** Martial arts drama starring Jean-Claude Van Damme and Raul Julia. (1994, 12, 102min) ★★


6.00 Streetfighter

8.00 **Kick-Ass** Comic-book thriller starring Aaron Johnson and Nicolas Cage. A geeky New York teenager decides to become a costumed crime-fighter and gets mixed up with real mobsters and vigilantes. (2010, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Kick-Ass 2** Comic-book action thriller sequel starring Aaron Johnson and Chloë Grace Moretz. Costumed crime-fighters Kick-Ass and Hit Girl come under threat from a dead mobster's son. With Jim Carrey. (2013, 15, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Hotel Artemis** Futuristic drama starring Jodie Foster. (2018, 15, 94min) ★★★
1.50 AM **Final Score** As 4.00pm.
3.50 **to 6.00** AM **Gunfight at the OK Corral** Classic Western. (1956, PG, 122min) ★★★★

Sky Comedy

308 308 849 408 508

7.20 AM **Permanent** Comedy. (2017, 15, 93min) ★★
9.05 **Social Animals** Comedy. (2018, 15, 90min) ★★
10.40 **Juliet, Naked** Comedy. (2018, 15, 97min) ★★★
12.30 PM **Book Club** As 8.00pm.
2.20 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
4.10 **The Ugly Truth** Comedy. (2009, 15, 96min) ★★★
6.00 **Father Figures** Comedy. (2017, 15, 113min) ★★

9.45 My Cousin Vinny

8.00 **Book Club** Comedy drama starring Diane Keaton and Jane Fonda. The lives of four friends are changed for ever after they read *Fifty Shades of Grey* in their monthly book club. (2018, 12, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **My Cousin Vinny** Legal comedy with Joe Pesci. An inexperienced lawyer defends his cousin on a murder charge. (1992, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Beverly Hills Cop II** Action comedy with Eddie Murphy. Streetwise cop Axel Foley investigates a jewellery heist. (1987, 15, 99min) ★★★
1.40 AM **Night Owls** Romantic comedy starring Adam Pally. (2015, 15, 90min) ★★★★
3.20 **#Roxy** Romantic comedy starring Jake Short and Sarah Fisher. (2018, PG, 90min) ★★
5.15 **to 7.10** AM **The First Wives Club** As shown at 2.20pm.

primetime

Sky Hits

303 303 844 403 503

6.45 AM **Life Itself** Drama. (2018) ★★
8.45 **Gulliver's Travels** (2010) ★★
10.15 **Cloudy with a Chance of Meatballs** As shown at 4.15am.
11.50 **The Little Stranger** Horror. (2018, 12, 111min) ★★★★
1.50 PM **Darkest Hour** (2017) ★★★
4.00 **Mission: Impossible** Thriller. (1996, PG, 110min) ★★★
6.00 **Just Go With It** Romantic comedy. (2011, 12, 116min) ★

8.00 **Fantastic Beasts: The Crimes of Grindelwald** Fantasy starring Eddie Redmayne. In an attempt to scupper an evil sorcerer's plans, Albus Dumbledore enlists the help of his former student Newt Scamander. With Jude Law. (2018, 12, 134min) ★★★
10.20 **Skyscraper** Action thriller with Dwayne Johnson. A security expert must infiltrate a burning skyscraper when his family is trapped inside by criminals. (2018, 12, 102min) ★★★

12.10 AM **The Nun** Horror starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
1.55 **Hostiles** Western drama. (2017, 15, 130min) ★★★★
4.15 **to 6.00** AM **Cloudy with a Chance of Meatballs** Animation. (2009, U, 89min) ★★★

Sky Greats

311 311 852 404 504

6.00 AM **The Sons of Katie Elder** Western. (1965, U) ★★★
8.05 **The Bourne Identity** As 6pm.
10.05 **Mad Max** As 8.00pm.
11.45 **Mad Max 2** As 9.45pm.
1.25 PM **Mad Max Beyond Thunderdome** As 11.25pm.
3.15 **Out of Africa** Romantic epic. (1985, PG, 162min) ★★★★
6.00 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★

8.00 **Mad Max** Cult action thriller set in a desolate near future starring Mel Gibson as a tough cop seeking revenge on the crazed bikers who murdered his wife and child. With Joanne Samuel. (1979, 18, 93min) ★★★★★
9.45 **Mad Max 2** Futuristic action thriller starring Mel Gibson as a lone road warrior rescuing a beleaguered community from barbarian bikers. With Bruce Spence and Vernon Wells. (1981, 18, 95min) ★★★★

11.25 **Mad Max Beyond Thunderdome** Futuristic action thriller. (1985, 15, 107min) ★★★
1.15 AM **American Pie 2** Teen comedy sequel starring Jason Biggs. (2001, 15, 106min) ★★★
3.05 **to 6.00** AM **Out of Africa** Romance, as shown at 3.15pm.

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.00 **The Pink Panther Strikes Again** Comedy. (1976, PG, 103min) ★★
9.05 **Cat Ballou** (1965) ★★★★
11.05 **The Big Sleep** (1946) ★★★★★
1.30 PM **The Searchers** Western. (1956, U, 114min) ★★★★★
4.00 **Horizons West** (1952) ★★
5.45 **The Gun Runners** Adventure. (1958, b/w, PG, 83min) ★★

7.35 **I Killed Wild Bill Hickock** Western starring John Forbes. A horse trader comes up against the legendary Wild Bill Hickok after the gunslinger double-crosses the US Cavalry. (1956, PG, 63min) ★★
9.00 **Pale Rider** Western with Clint Eastwood. A mysterious lone horseman protects a mining settlement against ruthless land-grabbers. With Michael Moriarty and Carrie Snodgress. (1985, 15, 115min) ★★★

1.40 **A Perfect Murder** (1998) ★★★
1.40 AM **It's a Gift** (1934) ★★★★
3.00 **Hollywood's Best Film Directors**
5.00 **Close Up** Jennifer Lawrence.
5.30 **Hollywood's Best Film Directors**
5.55 **to 6.20** AM **Off Set**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Return of a Stranger** (1937)
7.25 **The Voice of Experience: If I Could Sing Again**
7.40 **The Ghost Camera** (1933) ★
9.00 **Robbery Under Arms** (1957)
11.00 **Stagecoach West**
12.00 NOON **The Guinea Pig** (1948)
2.00 PM **Scotland Yard**
2.35 **A Diary For Timothy** (1945) ★★
3.25 **Malta Story** (1953) ★★★
5.30 **Robin's Nest**

6.00 **Life in Danger** Thriller starring Derren Nesbitt and Julie Hopkins. (1960, b/w, 15, 63min) ★★
7.15 **A Kid for Two Farthings** Comic fable set in London's Petticoat Lane with Celia Johnson, Diana Dors and Jonathan Ashmore. (1954, U, 96min) ★★★★
9.00 **Gideon's Way**
10.00 **The Lovers!** Comedy spin-off from the popular TV sitcom, starring Richard Beckinsale, Paula Wilcox and Susan Littler. (1972, PG, 90min) ★★

11.50 **The Demon** Horror thriller. (1979, 18, 93min) ★
1.35 AM **What a Crazy World** Musical starring Joe Brown. (1963, b/w, PG, 88min) ★★★
3.15 **Fathom** Comedy thriller. (1967, U, 99min) ★★★
5.15 **to 6.00** AM **Berth 24**

Horror

317 149 70 138

8.00 AM **The Invaders** 23/26. (S2)
9.00 **Star Trek: Voyager** 5/26. (S2)
10.00 **Star Trek** 7/26. (S2)
11.00 **Miami Magma** Sci-fi disaster film. (2011, 15, 97min) ★★
1.00 PM **Geo-Disaster** Sci-fi drama. (2017, PG, 110min) ★★
3.00 **Sliders** 3/13. (S2)
4.00 **Jurassic Hunters** Sci-fi thriller starring Eric Roberts and Rib Hillis. (2015, PG, 89min) ★★

6.00 **Star Trek** 8/26. (S2)
7.00 **Star Trek: Voyager** 6/26. (S2)
8.00 **Earth: Final Conflict**
9.00 **Bite** Horror starring Elma Begovic. While on her hen night, the bride-to-be gets a bite from an insect, and soon develops a taste for human flesh. (2015, 18, 88min) ★★
10.45 **Offensive** Horror with Russell Floyd. A retired English couple buy a house in rural France, but find themselves targeted by vandals. (2016, 18, 105min) ★★

12.50 AM **Dracula** Hammer horror starring Peter Cushing. (1958, 12, 82min) ★★★★
2.25 **The Watcher** Thriller. (2000, 15, 97min) ★★★
4.20 **to 4.30** AM **Horror Highlights**

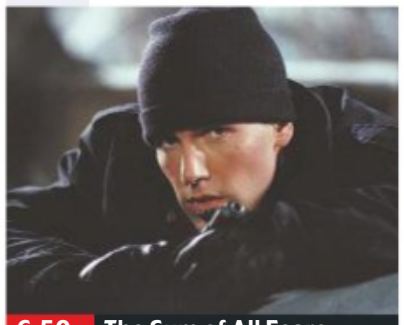
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

309 309 850 409 509

6.45 AM **In Darkness** (2018) ★★★
8.40 **Lizzie** Thriller. (2018) ★★★★
10.30 **Knuckleball** Thriller. (2018, 15, 89min) ★★★★
12.05 PM **The Hunt for Red October** Thriller starring Sean Connery. (1990, PG, 135min) ★★★★
2.25 **Patriot Games** Action thriller. (1992, 15, 116min) ★★
4.25 **Clear and Present Danger** Thriller. (1994, 12) ★★★
6.50 **The Sum of All Fears** Thriller. (2002, 12, 119min) ★★★★


6.50 The Sum of All Fears

The Sum of All Fears (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Bad Times at the El Royale** Mystery thriller starring Jeff Bridges. In the late 1960s, several strangers, many with a secret to bury, meet by chance at a rundown Lake Tahoe's hotel with a dark past. (2018, 15, 141min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Safe House** Action thriller starring Ryan Reynolds. (2012, 15, 110min) ★★★
1.25 AM **Con Air** Action thriller starring Nicolas Cage. (1997, 18, 115min) ★★
3.25 **The Clovehitch Kiler** Horror starring Dylan McDermott. (2016, 18, 109min) ★★★
5.25 **to 7.10** AM **Deep Family Secrets** Thriller starring Angie Dickinson and Richard Crenna. (1997, PG, 89min) ★★

Sky Drama

310 310 851 410 510

6.15 AM **Indecent Proposal** Romantic drama, as 12.20am.
8.25 **Welcome to Marwen** Fact-based drama, as 5.50pm.
10.35 **First Man** As 8.00pm.
1.10 PM **Phantom Thread** Drama starring Daniel Day-Lewis. (2017, 15, 130min) ★★★★★
3.35 **Chariots of Fire** Sports drama starring Ben Cross. (1981, U, 120min) ★★★★★
5.50 **Welcome to Marwen** Drama. (2018, 12, 116min) ★★★★

5.50 Welcome to Marwen

8.00 **First Man** Drama starring Ryan Gosling and Claire Foy. A look at the life of astronaut Neil Armstrong, and the mission that led him to become the first man to walk on the moon. With Jason Clarke and Kyle Chandler. (2018, 12, 141min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Serenity** Thriller starring Matthew McConaughey and Anne Hathaway. A fishing boat captain's ex-wife begs him to save her and their son from her violent husband. (2019, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Indecent Proposal** Romantic drama starring Robert Redford and Demi Moore. (1993, 15, 117min) ★★
2.20 **Alfie** Comedy drama starring Jude Law and Marisa Tomei. (2004, 15, 106min) ★★★
4.10 **to 6.30** AM **Chariots of Fire** Sports drama, as 3.35pm.

Sky Sky-Fi

304 304 845 411 511

6.00 AM **Terminator 3: Rise of the Machines** As 12.05am.
8.00 **The Darkest Minds** As 4.05pm.
10.00 **E.T. The Extra Terrestrial**
12.00 NOON **Judge Dredd** As 8pm.
1.45 PM **Terminator 2: Judgment Day** Sci-fi. As 9.45pm.
4.05 **The Darkest Minds** Thriller starring Amandla Stenberg. (2018, 12, 104min) ★★
6.00 **E.T. The Extra Terrestrial** Fantasy with Henry Thomas. (1982, U, 114min) ★★★★★

6.00 E.T. The Extra Terrestrial

8.00 **Judge Dredd** Sci-fi action thriller starring Sylvester Stallone and Armand Assante as good and evil adversaries in a crime-ridden 21st-century metropolis. (1995, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Terminator 2: Judgment Day** Sci-fi action thriller sequel starring Arnold Schwarzenegger as a cyborg from the future programmed to protect humanity's saviour. With Linda Hamilton and Edward Furlong. (1991, 15, 146min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Terminator 3: Rise of the Machines** Sci-fi thriller. (2003, 12, 109min) ★★★
2.00 **Terminator Salvation** Sci-fi. (2009, 12, 110min) ★★★
4.00 **to 6.15** AM **Star Trek The Motion Picture** Sci-fi adventure with William Shatner. (1979, U, 132min) ★★★

Sky Superheroes

302 302 843 412 502

7.15 AM **Hellboy II: The Golden Army** Horror fantasy. (2008, 12, 119min) ★★★★
9.20 **Batman Returns** Fantasy. (1992, 12, 121min) ★★★
11.30 **Superman** Sci-fi adventure. (1978, PG, 143min) ★★★★
2.00 PM **Superman II** Fantasy. (1980, PG, 127min) ★★★
4.15 **Spider-Man 2** Fantasy. (2004, PG, 127min) ★★★★
6.25 **Batman v Superman: Dawn of Justice** Action. (2016) ★★

9.00 Avengers: Infinity War

Batman v Superman: Dawn of Justice (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

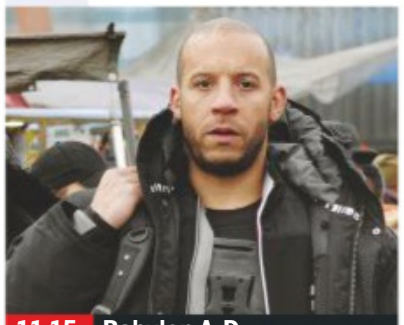
9.00 **Avengers: Infinity War** Fantasy adventure with Robert Downey Jr. When a galactic warlord attempts to execute an insane plan, an army of superheroes try to stop him. With Josh Brolin and Chris Hemsworth. (2018, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Black Panther** Comic-book adventure starring Chadwick Boseman. The new ruler of a hidden African nation faces a challenge for his throne. (2018, 12, 134min) ★★★★
1.50 AM **Batman Begins** Comic-book thriller tracing the origins of Batman, starring Christian Bale and Liam Neeson. (2005, 12, 140min) ★★★★★
4.20 **to 6.40** AM **Spider-Man 2** Fantasy, as shown at 4.15pm.

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Mary, Queen of Scots** Drama with Vanessa Redgrave. (1971, 12, 128min) ★★
1.45 PM **D-Day the Sixth of June** World War Two romance. (1956, PG, 106min) ★★
3.55 **Journey to the Centre of the Earth** Fantasy adventure. (1959, U, 132min) ★★★
6.45 **Eragon** Epic fantasy adventure starring Edward Speleers. (2006, PG, 104min) ★★


11.15 Babylon A.D.

Eragon (film started at 6.45pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Baywatch** Action comedy based on the TV series starring Dwayne Johnson and Zac Efron. A veteran lifeguard teams up with an Olympic swimmer to scupper a criminal scheme. With Alexandra Daddario. (2017, 15, 121min) ★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Babylon A.D.** Sci-fi thriller starring Vin Diesel. A mercenary undertakes a dangerous mission to smuggle a young woman from Kazakhstan to New York. (2008, 12, 100min) ★★ **11 PM**
1.00 **to 2.45** AM **Dude, Where's My Car?** Comedy with Ashton Kutcher and Seann William Scott. (2000, 15, 82min) ★

+1 hour 314 430 45 301

Sony Movies Christmas

319 424 50 303

7.00 AM **An Accidental Christmas** Romantic family film with Cynthia Gibb. (2007, U, 90min) ★★
9.00 **My Christmas Pony** Romance. (2015, PG, 88min) ★★
11.00 **Deck the Halls** Festive family drama. (2005, U, 90min) ★★
1.00 PM **My Santa** As 9.00pm.
3.00 **The Year Without a Santa Claus** Comedy. (2006, U, 85min) ★★
5.00 **My Santa** As 9.00pm.

7.00 **Golden Winter** Family comedy starring Andrew Beckham. A boy befriends a litter of homeless golden retrievers and they help stop a bank robbery just in time for Christmas. (2012, U, 89min) ★★
9.00 **My Santa** Drama with Samaire Armstrong and Matthew Lawrence. A woman befriends a shopping mall Santa, unaware he is the son of the real Father Christmas and is looking for a wife. (2013, PG, 88min) ★★

11.00 **Under the Mistletoe** (2006) ★★
1.00 AM **Santa's Summer House** Comedy. (2012, PG, 90min) ★★
3.00 **A Star for Christmas** (2012) ★★
5.00 **to 7.00** AM **Santa's Summer House** As shown at 1.00am.

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **The Stepchild** (2016) ★★
10.50 **Sony Movie News Extra**
11.00 **Til Death Do Us Part** Thriller. (2014, PG, 85min) ★★
12.50 PM **Sony Movie News Extra**
1.00 **The Great Los Angeles Earthquake** 1/2. Drama.
3.05 **The Great Los Angeles Earthquake** 2/2.
5.00 **The Jane Austen Book Club** Drama. (2007, 12, 105min) ★★★

7.05 **Evolution** Sci-fi comedy starring David Duchovny. A meteor lands in the Arizona desert, bringing with it a simple alien life form that begins to evolve at an astonishing rate. With Seann William Scott. (2001, PG, 101min) ★★
9.00 **Safe** Action thriller starring Jason Statham. A suicidal ex-cop strives to save a 10-year-old Chinese maths prodigy from the Russian Mafia. (2012, 15, 90min) ★★★

10.55 **Alpha Dog** Crime drama. (2006, 15, 117min) ★★
1.15 AM **Replicant** Sci-fi action thriller. (2001, 18, 96min) ★
3.20 **to 6.00** AM **Eat Pray Love** Drama. (2010, PG, 139min) ★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **You're Jinxed Friend, You've Met Sacramento** (1972) ★★
7.45 **Rough Air: Danger on Flight 534** Thriller. (2001, PG) ★
9.35 **In the Cockpit: Flat Tops**
10.55 **Stormtroopers** Documentary.
12.05 PM **M*A*S*H** 16&17/25. (S8)
1.05 **Panhandle** Western. (1948) ★★
2.55 **Battle of Kursk**
3.50 **Mission to Death** (1966) ★★
5.20 **Iron Eagle IV** Thriller. (1995) ★

7.15 **Lava Storm** Apocalyptic disaster movie starring Ian Ziering. An estranged couple band together when a volcanic eruption threatens the planet. (2008, 12, 92min) ★★★
9.00 **Kill 'em All** Thriller starring Jean-Claude Van Damme. A stranger arrives at a hospital on the brink of death. But when a gang come to hunt him down, the hospital becomes a warzone. With Peter Stormare. (2017, 15, 96min) ★★

10.55 **The Art of War III: Retribution** Espionage thriller sequel. (2009, 18, 88min) ★★
12.40 AM **To End All Wars** War drama. (2002, 15, 112min) ★★★★
3.00 **to 4.00** AM **Against All Odds**

+1 hour 324

Movies 24

325 419 513

7.00 AM **Love on a Limb** (2016) ★★
9.00 **A Gourmet Detective Mystery: Eat, Drink and Be Buried** Drama. (2017, PG, 83min) ★★
11.00 **Love, Once and Always** (2018)
1.00 PM **Murder, She Baked: A Chocolate Chip Cookie Mystery** Whodunnit. (2015) ★★
3.00 **BFF Bride** Romance. (2019) ★★
5.00 **Love, Romance and Chocolate** Drama. (2019, 84min) ★★

7.00 **Falling for Vermont** Romantic drama starring Julie Gonzalo. A author seeking to escape her hectic life crashes her car during a storm, and seeks refuge with the family of a small-town doctor. (2017, PG, 94min) ★★
9.00 **Aurora Teagarden Mysteries: An Inheritance to Die For** Mystery starring Candace Cameron Bure and Niall Matter. Aurora investigates poisonings at a wedding. With Marilu Henner. (2019, PG, 120min) ★★

11.00 **Truly, Madly, Sweetly** Drama. (2018, PG, 82min) ★★
1.00 AM **Valentine's Again** Romantic fantasy. (2017, PG, 70min) ★★
3.00 **to 5.00** AM **The Julius House: An Aurora Teagarden Mystery**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.55 PM **Wakefield** *AMC from BT* Drama starring Bryan Cranston and Jennifer Garner. ★★★
7.00 **Jupiter Ascending** *5STAR* Sci-fi adventure starring Mila Kunis and Channing Tatum. ★★
8.30 **Back to the Future Part II** *E4* Time-travel comedy adventure sequel with Michael J Fox. ★★★
9.00 **The Green Hornet** *Comedy Central* Fantasy action comedy starring Seth Rogen. ★★★
9.00 **Death Race** *Syfy* Big-budget remake of the 1975 B-movie *Death Race 2000* starring Jason Statham and Joan Allen. ★★★
9.30 **Hansel & Gretel: Witch Hunters** *5STAR* Dark fantasy starring Jeremy Renner. ★★★
9.55 **Only Lovers Left Alive** *AMC from BT* Fantasy drama. ★★★★
10.05 **Crimson Tide** *ITV4* Thriller with Denzel Washington. ★★★★
11.00 **44 Inch Chest** *5Spike* Drama starring Ray Winstone. ★★★
11.10 **Guardian** *Syfy* Horror thriller. ★
12.15 AM **3000 Miles to Graceland** *AMC from BT* Crime thriller starring Kevin Costner. ★★
4.00 **Mythica: A Quest for Heroes** *Syfy* Fantasy adventure. ★★

TUESDAY Sport

SKY HD SD VIRGIN HD BT HD

8 October

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Good Morning Sports Fans Bitesize** Round-up of the latest sports news, with live analysis and comment, plus interviews with the headline makers.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sky Sports News** A round-up of the day's early talking points.
12.00 NOON **Sky Sports News** The latest sports news and updates.
1.00 PM **Sky Sports News** The latest sports news and developments.
5.00 **Sky Sports News at 5** The latest sports news and developments.
6.00 **Sky Sports News at 6** The latest sports news and updates.
7.00 **LIVE World Grand Prix Darts** Coverage of the third day's play of the 2019 World Grand Prix, which takes place in Dublin.
11.00 **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow, featuring previews and interviews.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **The Debate**
8.00 **Best PL Goals: North London Derby**
8.30 **Best PL Goals: Tottenham v Chelsea**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **The Debate**
1.00 PM **Premier League Years**
3.00 **PL Best Goals 92/93**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **PL Legends: Andrew Cole**
6.30 **Premier League Legends**
7.00 **Premier League Review**
8.00 **Gary Neville's Soccerbox**
8.30 **The Tyler Archives**
9.00 **Premier League Review** A look back at recent fixtures.
10.00 **The Debate** Discussion on the latest football news.
11.00 **PL Best Goals 07/08**
12.00 M'T **The Debate**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 12/13**
5.00 **Best PL Goals: Chelsea v Man Utd**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 513 503

6.00 AM **Highlights**
9.00 **Football Years**
10.00 **Championship Review 17/18**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **Championship Review 18/19**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **SPFL Round-Up**
6.15 **SPFL Greatest Games**
6.30 **MLS Round-Up Show**
7.00 **Soccer AM: The Best Bits**
7.30 **EFL Goals: Leagues 1 & 2**
8.00 **Football's Greatest Players**
8.30 **SPFL Round-Up**
8.45 **SPFL Greatest Games**
9.00 **MLS Round-Up Show**
9.30 **Football's Greatest Players**
10.00 **EFL Play-Off Final Highlights**
11.00 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 514 504

6.00 AM **Best of England v Sri Lanka**
7.00 **Cricket's Greatest Games**
8.00 **Ashes Memories**
9.00 **Best of England v Sri Lanka**
10.00 **How the 2012 ICC World T20 Was Won** As 4.00pm.
12.00 NOON **Captain's Log**
1.00 PM **Ashes Memories**
2.00 **Best of England v Sri Lanka**
3.00 **Captain's Log**
4.00 **How the 2012 ICC World T20 Was Won** A look back at the tournament in Sri Lanka.
6.00 **Ashes Memories**
7.00 **Captain's Log**
8.00 **Cricket World Cup** A look back at the ICC Cricket World Cup of 1992, which was won by Pakistan.
9.00 **Captain's Log**
10.00 **Ashes Memories** Steve Harmison recalls his experiences of playing against Australia.
11.00 **Last Man Standing**
11.30 **Captain's Log**
12.30 AM **Cricket World Cup**
1.30 **Captain's Log**
2.30 **Ashes Memories**
3.30 **Last Man Standing**
4.00 **Best of England v Sri Lanka**
5.00 **to 6.00** AM **Cricket's Greatest Games**

Sky Sports Golf

405 405 859 515 505

6.00 AM **Best of the Open Zone**
7.00 **Nick Dougherty's Tee Time Tips**
7.30 **The Improvers**
8.00 **School of Golf**
9.00 **The Improvers**
9.30 **Nick Dougherty's Tee Time Tips**
10.00 **Best of the Open Zone 2018**
11.00 **Nick Dougherty's Tee Time Tips**
11.30 **The Improvers**
12.00 NOON **School of Golf**
1.00 PM **McIlroy: Lessons with a Champion** With Rory McIlroy.
1.30 **The Improvers**
2.00 **Best of the Open Zone 2018**
3.00 **McIlroy: Lessons with a...**
3.30 **The Improvers**
4.00 **School of Golf**
5.00 **The Improvers**
5.30 **McIlroy: Lessons with a...**
6.00 **School of Golf**
7.00 **The Improvers**
7.30 **McIlroy: Lessons with a...**
8.00 **Ladies European Tour Golf**
9.00 **School of Golf**
10.00 **How the 2019 Open Was Won**
12.00 M'T **Ladies European Tour Golf**
1.00 AM **School of Golf**
2.00 **Best of the Open Zone 2018**
3.00 **School of Golf**
4.00 **The Improvers**
4.30 **School of Golf**
5.30 **to 6.00** AM **McIlroy: Lessons...**

BT Sport 1

413 413 867 527 408 430

6.00 AM **Ligue 1 Highlights**
7.00 **Women's ODI Cricket**
8.00 **XTERRA World Series**
8.30 **Early Kick-Off**
9.00 **Premier League Review**
10.00 **BT Sport Goals Reload**
10.15 **Ladbrokes SPFL Highlights**
10.30 **Red Bull Air Race Magazine**
11.30 **Premiership Rugby Cup** Action from Worcester Warriors v Exeter Chiefs.
1.00 PM **Premiership Rugby Cup** Northampton Saints v Saracens.
2.15 **Hempel Sailing World Cup**
3.15 **Fishing: On The Bank**
4.15 **BT Sport Goals Reload**
4.30 **Classics in Europe**
5.00 **Vanarama National League**
6.00 **Vanarama National League Highlights** Recent action.
6.30 **Early Kick-Off**
7.00 **Premier League Review**
8.00 **Ref: Stories From the Weekend**
9.00 **Premier League Reload**
9.15 **MLB: Caps Off**
9.30 **LIVE MLB** Coverage of a match from the MLB Postseason.
1.00 AM **June 17th, 1994**
2.00 **Classic MOTD – Thrillers**
4.00 **to 6.00** AM **LIVE WTA Tennis** Day three of the Tianjin Open.

BT Sport 2

414 414 868 528 409 431

6.00 AM **Bundesliga 2**
7.00 **Bundesliga Highlights Show**
8.00 **WRC Review**
9.00 **SGB Premiership**
11.00 **MotoGP** From Thailand.
2.00 PM **MotoGP Chequered Flag**
3.00 **FIM Speedway Grand Prix**
5.00 **SGB Premiership**
7.00 **EnduroGP** The final round of the season from Ambert, France.
7.30 **No Filter Speedway**
8.00 **No Filter Boxing**
8.30 **ESPN Classic Boxing** The 1990 bout between Mike Tyson and Buster Douglas in Japan.
9.30 **Classic Boxing: Ali v Cooper II** The 1966 rematch between Muhammad Ali and Henry Cooper at Highbury in London.
10.00 **MotoGP Rewind** Action from the Grand Prix of Thailand.
10.15 **BT Sport Score Best Bits**
10.45 **Women's ODI Cricket** Action from Australia v Sri Lanka.
11.45 **Women's ODI Cricket** Action from Australia v Sri Lanka.
12.45 **to 6.00** AM **LIVE Women's ODI Cricket Australia v Sri Lanka.** Coverage of the third and final match in the series, held at Allan Border Field in Brisbane.

BT Sport 3

417 417 869 529 410 432

6.00 AM **LIVE WTA Tennis** Further coverage from day two of the Tianjin Open in China.
10.00 **UEFA Champions League Magazine** News and action.
10.30 **Vanarama National League Highlights** Recent action.
11.00 **Ligue 1** Back-to-back action.
5.00 PM **Bundesliga 2** VfL Osnabruck v Arminia Bielefeld at Stadion an der Bremer Brucke.
6.00 **Bundesliga Highlights Show**
7.00 **Ligue 1 Highlights**
8.00 **MotoGP** Action from the MotoGP race at the Grand Prix of Thailand, the 15th round of the season.
9.00 **MotoGP Chequered Flag**
10.00 **UFC Main Event** Relive UFC 236 as Kelvin Gastelum took on Israel Adesanya for the middleweight title in Atlanta, Georgia.
11.00 **UFC** The middleweight title bout between Robert Whittaker and Israel Adesanya at UFC 243 in Melbourne, Australia.
2.00 AM **Dan Hardy's Open Mat**
2.30 **Classic Boxing: Ali v Blin**
3.00 **Classic Boxing: Laing v Mittee**
3.30 **Classic Boxing: McGuigan v McDonnell**
4.00 **to 6.00** AM **MotoGP**

Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **NFL: America's Game**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
11.00 **NFL: America's Game** A look back at the New York Giants' 1986 Super Bowl success.
12.00 NOON **NFL: A Football Life** A look at the career of John Randle.
1.00 PM **NFL Highlights** As 6.00pm.
2.00 **Legends of Darts**
2.30 **Darts Gold**
3.00 **NFL Highlights** As 6.00pm.
4.00 **Darts Gold**
4.30 **NFL Highlights** As 6.00pm.
5.30 **Darts Gold**
6.00 **NFL Highlights** San Francisco 49ers v Cleveland Browns: Action from the inter-conference encounter at Levi's Stadium.
7.00 **LIVE World Grand Prix Darts** Coverage of the third day of the 2019 World Grand Prix, which takes place in Dublin.
11.00 **NFL Highlights** As 6.00pm.
12.00 M'T **NFL: America's Game**
1.00 AM **World Grand Prix Darts** Action from the third day of the tournament in Dublin.
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

145 145 838 520 510

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **Sporting Greats**
12.00 NOON **Great Sporting Moments**
1.00 PM **Sporting Records**
1.30 **My Icon**
2.00 **NFL: A Football Life**
3.00 **My Icon**
4.30 **Great Sporting Moments**
5.00 **Super League Fulltime**
5.30 **Sporting Records**
6.00 **Soccer AM: The Best Bits**
6.30 **Sporting Records**
7.00 **NFL Highlights** San Francisco 49ers v Cleveland Browns: Action from Levi's Stadium.
8.00 **NBA Champions 2011 Dallas Mavericks** The 2010/2011 NBA Championship-winning season of the Dallas Mavericks.
9.30 **Sportswomen**
10.00 **Soccer AM: The Best Bits**
10.30 **Sportswomen**
11.00 **My Icon**
11.30 **Soccer AM: The Best Bits**
12.00 M'T **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423 423 872 530 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **MLB** Action from a match from the MLB Postseason.
10.30 **ESPN FC** Football news.
11.00 **MLB** Action from a match from the MLB Postseason
2.00 PM **MLB** Action from a match from the MLB Postseason.
5.00 **Baseball Tonight** MLB news.
5.30 **College Football** Recent action from college football.
8.30 **College Football** Recent action from college football.
11.30 **College Football Live** News and action from college football.
12.00 M'T **NHRA Drag Racing Highlights** The Midwest Nationals at the World Wide Technology Raceway in Illinois, USA.
1.00 AM **LIVE MLB** Action from a match from the MLB Postseason.
4.30 **World Series of Poker**
5.30 **to 6.00** AM **Around the Horn**

Eurosport 1

410 410 864 523 521 412 435

7.30 AM **International Swimming League** From Indianapolis.
8.30 **Asia-Pacific Amateur Golf**
9.00 **Cycling: Tour of Croatia**
10.00 **Cycling: Famenne Ardenne Classic** Action from Belgium.
11.00 **Cycling: Tour de Vendee**
12.00 NOON **Salomon Golden Trail Series** The Ring of Steall Skyrace.
12.30 PM **Cycling: GP Bruno Beghelli**
1.30 **Cycling: Tour of Croatia**
2.30 **LIVE Cycling: Tre Valli Varesine** Coverage from the Varesine Valleys in Italy.
4.15 **WATTS** Recent highlights.
4.30 **WTA Tennis**
5.30 **Triathlon: Beijing**
6.00 **Triathlon** From Pembrokeshire.
7.00 **International Swimming League**
8.00 **Cycling: Tre Valli Varesine**
9.00 **Cycling: Binche-Chimay-Binche**
10.00 **Salomon Golden Trail Series**
10.30 **Cycling: Tre Valli Varesine**
11.30 **Cycling: Binche-Chimay-Binche**
12.40 **to 7.25** AM **WATTS**

Eurosport 2

411 411 865 524 522 413 436

6.00 AM **Snooker: English Open**
8.00 **Triathlon** From Pembrokeshire.
9.00 **International Swimming League**
10.00 **World Superbikes**
11.30 **British Superbikes Extra**
12.30 PM **British Superbikes**
2.30 **LIVE Cycling: Binche-Chimay-Binche** The one-day race in Wallonia, Belgium.
4.00 **World Superbikes**
6.00 **Snooker: English Open**
8.00 **Snooker: Northern Ireland Open** Ronnie O' Sullivan v Judd Trump: The 2018 final.
10.00 **Horse Excellence**
10.30 **European Rally Championship**
11.00 **FIA World Endurance Championship**
12.00 M'T **British Superbikes**
1.00 AM **Cycling: Tre Valli Varesine**
2.00 **Cycling: Binche-Chimay-Binche**
3.00 **Cycling: Tre Valli Varesine**
4.00 **International Swimming League**
5.00 **to 6.00** AM **Speedway: U21 World Championship**

Sky Sports Arena

408 408 862 518 508

6.00 AM **Sporting Greats**
7.00 **Sporting Records**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
10.00 **World Grand Prix Darts** Action from day two in Dublin.
3.00 PM **Sporting Records** Focusing on Bradley Wiggins, Dennis Kimetto and Mike Powell.
3.30 **Sporting Records** Focusing on records set by Jim Hines, Nadia Comaneci and Chris Gayle.
4.00 **Sporting Greats**
4.30 **Super League Fulltime**
5.00 **WWE Smackdown** The latest wrestling action from America.
7.00 **World Cup of Pool**
8.00 **NBC's ProFootballTalk** American football discussion.
10.00 **WWE Smackdown Hlts**
11.00 **WWE Raw** Wrestling action.
2.00 AM **Super League Gold**
3.00 **Sporting Records**
4.00 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** Another chance to see the Hungarian Grand Prix.
1.15 PM **Formula 1** Another chance to see the Belgian Grand Prix.
3.30 **Formula 1** Another chance to see the Japanese Grand Prix.
5.35 **Box Box Box: Hill & Herbert '95**
6.00 **Formula 1** Another chance to see the Italian Grand Prix.
8.15 **Honda Come Good** Jenson Button talks to Max Verstappen.
8.25 **F1 Cars Through 1000 Races**
8.30 **Italian F1 GP Best Bits** A look back at memorable moments from the Italian Grand Prix.
9.00 **F1 Classic Races** A look back at the 1989 Japanese Grand Prix.
10.30 **Lost In Baku**
10.35 **Box Box Box: Hill & Herbert '95**
11.00 **Formula 1** Highlights of the Singapore Grand Prix.
12.00 M'T **Formula 1** Highlights of the Russian Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

Wednesday 9 October

Evening Planner

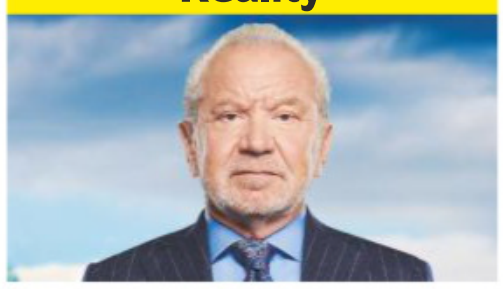
Documentary

The Channel Tunnel – Life on the Inside
BBC2 HD, 7.30pm
Behind the scenes at Eurotunnel, as new drivers are recruited and holidays begin

Drama

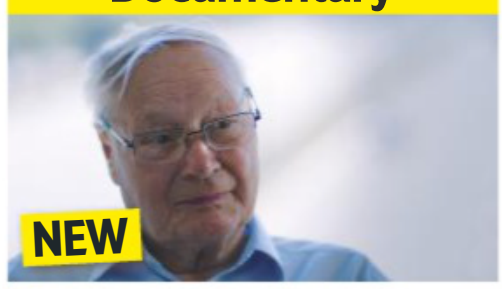
Doc Martin
ITV HD, 9pm
Martin is grumpy as a big birthday approaches, while Al decides to throw Morwenna a surprise engagement party

Reality



The Apprentice
BBC1 HD, 9pm
The contestants are tasked with creating and selling ice lollies, pitching to a corporate client and the public

Documentary



Catching Britain's Killers...
BBC2 HD, 9pm (times vary)
Murder inquiries that caused changes in policing, beginning with Leicestershire Police's first use of DNA fingerprinting

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites	101 BBC1	7.00 The One Show		8.00 Celebrity MasterChef		9.00 The Apprentice		10.00 News; Local News	10.35 Breaking...
	102 BBC2	7.00 The Andrew...	7.30 The Channel...	8.00 Your Home Made Perfect		9.00 Catching Britain's Killers: The Crimes... †		10.00 The Apprentice...	10.30 Newsnight
	103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Heathrow... †	8.30 Coronation Street	9.00 Doc Martin		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Grand Designs		10.00 The Circle	
	105 CHANNEL 5	7.00 Building Britain's Canals		8.00 The Highland Midwife		9.00 The Science of Sleep: How to Sleep...		10.00 Doing Drugs for Fun	
	106 SKY ONE	7.00 The Simpsons		8.00 S.W.A.T.		9.00 The Blacklist		10.00 The Reluctant...	10.30 A League of...
Entertainment	116 BBC4	7.00 Beyond 100 Days	7.30 Handmade in...	8.00 Castles: Britain's Fortified History		9.00 Van Meegeren: The Forger Who Fooled the Nazis			10.30 Stories from...
	118 ITV2	7.00 You've Been Framed! Gold		8.00 Supermarket Sweep		9.00 Family Guy		10.00 Don't Hate the Playaz	
	136 MORE4	◂ 6.55 Grand Designs		7.55 George Clarke's Old House, New Home		9.00 The Queen's Lost Family		10.00 Prince Albert: A Victorian Hero...	
	135 E4	7.00 Hollyoaks	7.30 Celebrity Coach Trip		8.30 Big Bang Theory	9.00 The 100		10.00 Krypton	
	107 SKY WITNESS	7.00 Nothing to Declare UK		8.00 Criminal Minds		9.00 9-1-1		10.00 Criminal Minds	
	108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 City on a Hill			
	110 GOLD		7.20 Dad's Army		8.40 Gavin & Stacey	9.20 Not Going Out		10.00 Two Pints of Lager...	10.40 Live at...
	111 DAVE	7.00 QI XL		8.00 Have I Got a Bit More Old News for You		9.00 Taskmaster		10.00 Comedians Giving...	10.40 Room...
	119 ITV3	◂ 6.55 Agatha Christie's Poirot							
	120 ITV4	7.00 Rugby World Cup 2019 Highlights		8.00 Made in Britain		9.00 Film: Jaws			
	112 COMEDY CENTRAL	7.00 Friends		8.00 Your Face or Mine		9.00 Michael McIntyre: Happy & Glorious		10.00 Russell Howard & Mum: Globetrotters	
	114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: Assassination Games			
	109 W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 999 Rescue Squad		10.00 Stacey Dooley Sleeps Over	
	113 UNIVERSAL	7.00 NCIS		8.00 Gone		9.00 The Disappearance			
	124 FOX	7.00 NCIS				9.00 Shots Fired		10.00 NCIS: New Orleans	
	122 SKY ARTS	7.00 Live at Cheltenham Literature Festival				9.00 Cheltenham Literature Festival Sessions		10.00 Rudyard Kipling: A Secret Life	
Documentary	125 DISCOVERY	7.00 Gold Rush		8.00 Gold Divers				10.00 Man-Eating Super Squid	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 South American Squatch of Argentina...		9.00 Edge of Alaska		10.00 Animal Cops Houston	
	129 NAT GEO	◂ 6.00 Air Crash Investigation		8.00 Car SOS		9.00 Gordon Ramsay: Uncharted		10.00 Survive the Tribe	
	130 HISTORY	7.00 Forged in Fire		8.00 Pawn Stars		9.00 Mountain Men		10.00 Ax Men Reborn	
	155 YESTERDAY	7.00 Monster Ships		8.00 Underground Worlds		9.00 Fawlty Towers			
	166 EDEN	7.00 Vet Safari		8.00 Thailand: Earth's Tropical Paradise		9.00 Frontier Borneo		10.00 Wild Colombia with Nigel Marven	
Films	301 SKY PREMIERE	◂ 6.15 The Stolen Princess		8.00 Widows					10.15 Benjamin
	303 SKY HITS	◂ 6.00 Prince of Persia: The Sands of Time		8.00 Rampage				10.00 Bridget Jones's Diary	
	311 SKY GREATS	◂ 6.00 The Bourne Supremacy		8.00 About Time					10.10 Starship Troopers
	305 SKY DISNEY	◂ 6.10 Big Hero 6		8.00 A Bug's Life			9.40 Christopher Robin		
	306 SKY FAMILY	◂ 6.20 Peter Rabbit		8.00 Jumanji				9.50 Nanny McPhee & The Big Bang	
	307 SKY ACTION	◂ 6.00 Predators		8.00 The Predator				10.00 Predator	
	308 SKY COMEDY	◂ 6.00 Coming to America		8.00 Crazy Rich Asians				10.00 Groundhog Day	
	309 SKY THRILLER	7.00 Paycheck				9.00 Papillon			
	310 SKY DRAMA	◂ 6.00 The Mountain Between Us		8.00 A Star Is Born					10.20 The 15:17 to Paris
	304 SKY SKY-FI	◂ 6.15 Tron		8.00 Transformers					10.30 Star Trek II...
	302 SKY SUPERHEROES	◂ 6.45 Iron Man 3				9.00 Spider-Man: Into the Spider-Verse			
	313 FILM4	◂ 6.50 The Maze Runner				9.00 Shot Caller			
	315 TCM	◂ 6.05 Santa Fe	7.50 The Man from Galveston			9.00 Universal Soldier: The Return			
Sport	401 MAIN EVENT	7.00 World Grand Prix Darts – Live: The fourth day of the 2019 World Grand Prix from Dublin							
	402 PREMIER LEAGUE	7.00 PL World	7.30 PL Greatest...	8.00 Gary Neville's...	8.30 We're Not...	9.00 PL World	9.30 PL Greatest...	10.00 The Debate	
	403 FOOTBALL	7.00 Euro 2020 Qualifiers...	7.40 International Football – Live: Germany v Argentina: From Westfalenstadion (Kick-off 7.45)					10.00 Euro 2020...	10.30 EFL Play-Off...
	404 CRICKET	7.00 Captain's Log		8.00 Cricket World Cup		9.00 Captain's Log			
	413 BT SPORT 1	7.00 Ladbrokes...	7.30 Vanarama National League – Live: Stockport County v Hartlepool United (Kick-off 7.45)					10.00 Premier League Review	
	414 BT SPORT 2	7.00 FIM Speedway Highlights		8.00 MotoGP Highlights		9.00 FIA World Endurance Championship		10.00 Dan Hardy's...	10.30 Red Bull Air...

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** New edition (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Fugitives** (S)(R)(AD)
11.45 **The Sheriffs Are Coming** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Head Hunters** New edition (S)
3.00 **Escape to the Perfect Town** New edition Sonali Shah helps a couple who want to move to an attractive Suffolk town. (S)(AD)
3.45 **Make Me a Dealer** New edition (S)
4.30 **Money for Nothing** New edition A vintage pram is among the items salvaged by Sarah Moore. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

2.15 Head Hunters

7 PM

7.00 **The One Show** Magazine show, with stories of interest from around the UK, plus celebrity guests in the studio. Hosted by Michelle Ackerley and Patrick Kielty. (S)

8 PM

8.00 **Celebrity MasterChef** New edition 17/18. The four remaining celebrities present a dish inspired by a place they love. Later, the final three embark on their penultimate challenge – The Chef's Table. (S)(AD)
■ Concludes on Friday

9 PM

9.00 **The Apprentice** New edition 2/12. The contestants are challenged to create and sell their own range of ice lollies, with one team opting for risky ingredients. (S)
■ *The Apprentice: You're Fired* follows on BBC2

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 **Breaking Fashion** New edition 3/6. Adam Frisby aims high and has his sights set on turning over £1 million. (S)
11.10 **Stupid Man, Smart Phone** 3/6. Russell Kane and Conor Maynard try to survive the Costa Rican jungle. Equipped with only their smartphones, Russell and Conor must transform them into effective multi-tools, using backlights to attract grasshoppers for dinner and navigating the terrain using a built-in compass. (S)(R)(AD)
12.00 M'T **Weather for the Week Ahead** Seven-day forecast. (S)
12.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Money for Nothing** (S)(R)
7.15 **Fugitives** (S)(R)(AD)
8.00 **Sign Zone: Shop Well for Less?** From Evesham. (S)(R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
11.15 **Politics Live** (S)
1.00 PM **LIVE Gymnastics: World Championships** Matt Baker presents coverage of the men's team final in Stuttgart, Germany. (S)
4.15 **Mountain: Life at the Extreme** Life on the longest mountain range in the world, the Andes. (S)(R)(AD)
5.15 **Flog It!** From Falmouth. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Strictly: It Takes Two** New edition Zoe Ball presents more backstage gossip. (S)

10.00 The Apprentice: You're Fired

7.00 **The Andrew Neil Show** Interviews, discussion and analysis from Westminster. (S)
7.30 **NEW TO BBC2 The Channel Tunnel – Life on the Inside** 1/4. The teams working behind the scenes. *Previously on BBC1 South East*. (S)

8.00 **Your Home Made Perfect** 6/8. Architects Robert Jamison and Laura Jane Clark compete to take control of a renovation project involving a Victorian terraced house in St Albans. (S)

9.00 **NEW SERIES Catching Britain's Killers: The Crimes That Changed Us** 1/3. The stories of murder investigations and their consequences, beginning with the hunt to find a killer in 1980s Leicestershire. (S)(AD)

10.00 **The Apprentice: You're Fired** New edition Tom Allen interviews the show's freshly rejected candidate. (S)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Murder, Mystery and My Family** 6/10. A case of murder and mistaken identity. (S)(R)(AD)
12.00 M'T **Escape from Dubai: The Mystery of the Missing Princess** Princess Latifa's failed attempt to escape to America. (S)(R)(AD)
1.00 AM **Sign Zone: The $50m Art Swindle** Documentary. (S)(R)
2.30 **Sign Zone: Conspiracy Files: Vaccine Wars** (S)(R)(AD)
3.30 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
8.00 **LIVE Rugby World Cup 2019** Scotland v Russia: The Pool A match from Shizuoka Stadium Ecopa. Kick-off is at 8.15. (S)
10.15 **LIVE Rugby World Cup 2019** Wales v Fiji: Coverage of the Pool D encounter from Oita Stadium in Japan. Kick-off is at 10.45. (S)
1.30 PM **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** From Maidenhead in Berkshire. (S)(R)
3.00 **Tenable** Five university friends take part in the quiz. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Coronation Street

7.00 **Emmerdale** Dan's suspicions are raised, and Liam provides Bernice with a distraction. (S)(AD)
7.30 **Coronation Street** As Ken marks 80 years, Sinead learns that her days are numbered. (S)(AD)

8.00 **Heathrow: Britain's Busiest Airport** New edition 11/12. VIPs travel through Heathrow. (S)(AD)
8.30 **Coronation Street** Ken shares Sinead's prognosis with the partygoers. (S)(AD)

9.00 **Doc Martin** New episode *SWALK*: 3/8. Ruth is concerned about becoming increasingly forgetful, and is even more perturbed when Martin offers to perform a mini-mental state examination. (S9) (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine show presented by Robert Peston, featuring major interviews with members of Westminster. (S)
11.40 **Piers Morgan's Life Stories** The host chats to Mel B about her life and career. (S)(R)
12.40 AM **Rugby World Cup 2019 Highlights** Wales v Fiji, Scotland v Russia, and Argentina v USA. (S)
1.30 **Ideal World**
3.00 **Alexander Armstrong's Land of the Midnight Sun** An 8,000-mile journey. (S)(R)(AD)
3.50 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Mike & Molly** (S5) (S)(R)
7.20 **The King of Queens** (S8) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 1&2/24. (S2) (S)(R)(AD)
10.10 **Ramsay's Kitchen Nightmares USA** From Redondo Beach. (S)(R)
11.05 **Undercover Boss USA** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Couples Come Dine with Me** From Marbella in Spain. (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun: Winter Sun** A holiday home in Lanzarote. (S)(R)
4.00 **Sun, Sea and Selling Houses** New edition In Alicante. (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Your Room or Mine?** New edition Interior design contest. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)

8.00 Location, Location, Location

7.00 **News** (S)
7.55 **The Political Slot** Presented by the Labour Party. (S)

8.00 **Location, Location, Location** New edition Phil Spencer catches up with Clare and Matt, who sought a home in Leamington Spa, and first-time buyers Louise and Johnny in Weybridge. (S)

9.00 **Grand Designs** New edition Kevin McCloud follows the progress of a couple who set out to build a brand-new art deco lighthouse tower with additional bedrooms on a rugged but beautiful clifftop in North Devon. (S)(AD)

10.00 **The Circle** New edition The pressure continues to mount as some players try to maintain their deceit in a bid to claim the £100,000 prize money. (S)
■ Continues tomorrow
11.05 **Snackmasters** (S)(R)(AD)
12.10 AM **Shocking Emergency Calls** 3/10. Documentary. (S)(R)(AD)
1.00 **FILM Devil's Knot** Fact-based crime drama starring Reese Witherspoon and Colin Firth. (S)(SL) (2013, 15, 120min) ★★
3.00 **Car SOS** A 1982 VW Golf. (S)(R)
3.55 **Come Dine with Me** (S)(R)
4.50 **Kirstie's Vintage Gems** (S)(R)
4.55 **Lost and Found** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **GPs: Behind Closed Doors** Abdominal pain. (S)(R)(AD)
12.10 PM **News** (S)
12.15 **GPs: Behind Closed Doors** Chronic pain issues. (S)(R)(AD)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM Deadly Stage Fright** Thriller starring Jordan Ladd. (S) (2017, PG, 105min) ★★
4.00 **Friends** 22&23/24. (S4) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Yashvi breaks up with Ned. (S)(R)(AD)
6.00 **Home and Away** Raffy befriends the new head of ED at the hospital. (S)(R)(AD)
6.30 **News** (S)

8.00 The Highland Midwife

7.00 Building Britain's Canals 2/3. Dan Jones navigates the Leeds & Liverpool Canal, which was built in the 19th century to link the economically booming counties of Yorkshire and Lancashire. (S)(R)

8.00 The Highland Midwife New edition 3/4. Claire wants a local delivery in Belford Hospital rather than have to visit Inverness to be induced, while in the village of Ellon, Vicky has very high blood pressure. (S)

9.00 The Science of Sleep: How to Sleep Better Series finale 2/2. Amir Khan and Gaby Roslin look at the cases of a woman who has restless leg syndrome, and a man who has had chronic insomnia for 20 years. (S)

10.00 Doing Drugs for Fun Series finale 3/3. Four casual cocaine users discover the effect Colombia's super-strength is having on users in Britain. (S)

11.05 **Extreme Airport Security** New edition A passenger is caught with 10kg of cocaine. (S)
12.05 AM **Traffic Cops** (S)(R)
1.00 **The 21.co.uk Live Casino Show**
3.00 **Access** Showbiz news. (S)
3.10 **Animals After Dark** (S)(R)
4.00 **Tattoo Disasters UK** (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Nick's Quest** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Business** (S)(R)(AD)
8.00 **The Dog Whisperer** (R)
9.00 **Brit Cops: Rapid Response** (R)
10.00 **Stargate SG-1** (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S1) (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
3.00 **Brit Cops: Rapid Response** Officers on patrol. (S)(R)(AD)
4.00 **Modern Family** 2&3/22. Double bill. (S10) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *31st Century Fox:* Leela disapproves of Bender's new pastime. (S)(R)
6.00 *Naturama:* A trio of documentaries reimagining the crew as various creatures. (S)(R)
6.30 **The Simpsons** *Co-Dependent's Day:* Homer and Marge visit a vineyard in California. (S)(R)

9.00 The Blacklist

7.00 The Simpsons *Wandering Juvie:* Bart is sent to a detention centre. With Sarah Michelle Gellar. (S)(R) **7.30** *My Big Fat Geek Wedding:* Principal Skinner and Mrs Krabappel announce their engagement. (S)(R)

8.00 S.W.A.T. *Pride*: 16/23. A hate crime sparks anger on the eve of LA's Pride festival, Chris worries for her friends, and Street grows concerned about his mother. (S2) (R)

9.00 The Blacklist New episode *Rassvet:* 19/22. A mission forces Katarina Rostova to go on the run and she seeks help from the only person she trusts – a man who has always vowed to protect her. (S6) (S)

10.00 The Reluctant Landlord Series finale 6/6. Romesh asks Natasha to throw him a party. (S2) (S)(AD)
10.30 A League of Their Own With Max Whitlock, Jimmy Carr and Helen Skelton. (R)

11.30 **Brit Cops: Frontline Crime UK** The work of police officers in Devon and Cornwall. (S)(R)
12.30 AM **The Force: North East** A raid on the house leads officers to a drug den. (S)(R)
1.30 **Frayed** (S)(R)
2.30 **Road Wars** (S)(R)
4.00 **Futurama** (S)(R)
5.00 **to 6.00** AM **It's Me or the Dog** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
12.00m't Disclosure: The Seduction Game (S) **12.30am** Debate Night (S) (R) **1.30** The Edit (S)(R) **1.45** Weather for the Week Ahead (S) **1.50-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm Nolan Live (S) **11.35** Breaking Fashion New edition (S) **12.10am** Stupid Man, Smart Phone (S)(R)(AD) **1.00-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
10.30pm BBC Wales Live New edition (S) **11.00** Weather (S) **11.05** Breaking Fashion New edition (S) **11.35** Stupid Man, Smart Phone (S)(R)(AD) **12.25-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
12.00m't-1.00am Sign Zone: Rise of the Nazis (S)(SL)(R)(AD)

WALES
Sky **971**, Freesat **971**
4.15-5.15pm Mountain: Life at the Extreme (S)(R) (AD) **9.00-10.00** Scrum V Rugby World Cup Special (S) **11.15** NEW SERIES Catching Britain's Killers: The Crimes That Changed Us (S)(AD) **12.15-1.00am** Murder, Mystery and My Family (S)(R)(AD)

ITV

As main ITV except:
WALES
8.00-8.30pm Rugby World Cup 2019 Highlights (S)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **10.00** LIVE Cwpan Rygbi'r Byd 2019 **1.05pm** Yr Aifft **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Y Ty Arian **4.00** Cyw Byw **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Rhannu **6.30** Heno **7.00** Cwpan Rygbi'r Byd 2019 **8.00** Pobol y Cwm (AD) **8.55** Chwedloni: Cwpan Rybgi'r Byd New edition **9.00** Newyddion 9 a'r Tywydd **9.30** NEW SERIES Mwy o Sgorio: The latest from Ryan Giggs' squad. **10.00** Rygbi Pawb **10.45-11.50pm** Tudur Owen a'r Cwmni

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BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Handmade in Bolton** New edition 2/4. Shaun Greenhalgh tries to make a pre-Reformation-era carving.
8.00 **Castles: Britain's Fortified History** 1/3. The role of castles in Britain's history, art and literature.
9.00 NEW **Van Meegeren: The Forger Who Fooled the Nazis** Andrew Graham-Dixon investigates the story of forger Han van Meegeren.
10.30 **Stories from the Dark Earth: Meet the Ancestors Revisited** 4/4. The burial of a warrior and his horse.
11.30 **Francesco's Venice** 1/4. The city's history and culture.
12.30 AM **The Search for the Lost Manuscript: Julian of Norwich**
1.30 **Castles: Britain's Fortified History**
2.30 **to 4.00** AM **Van Meegeren: The Forger Who Fooled the Nazis**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun: Winter Sun** Double bill.
9.55 **A Place in the Sun**
10.55 **Kirstie and Phil's Love It or List It** In Preston.
12.00 NOON **Escape to the Chateau: DIY**
1.05 PM **Come Dine with Me**
3.50 **Find It, Fix It, Flog It**
4.50 **The Secret Life of the Zoo: Underwater Special**
5.55 **The Supervet**
6.55 **Grand Designs** Kevin McCloud meets a couple whose house was designed and fabricated in Germany.
7.55 **George Clarke's Old House, New Home** George helps a couple refurbish their large semi-detached house in Margate.
9.00 **The Queen's Lost Family** 1/3. The story of the Royal Family over three turbulent decades, from the 1920s to the end of World War Two.
10.00 **Prince Albert: A Victorian Hero Revealed** Professor Saul David examines Prince Albert's significant influence on British culture.
11.00 **24 Hours in A&E** A man who has fallen 40ft.
12.05 AM **8 Out of 10 Cats Does Countdown**
1.05 **The Secret Life of the Zoo: Underwater Special**
2.05 **The Supervet**
3.10 **to 3.35** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
6.45 **You've Been Framed!**
7.10 **Dinner Date**
8.00 **Emmerdale**
9.00 **You've Been Framed!**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
1.15 **You've Been Framed!**
1.50 **The Ellen DeGeneres Show** New edition
2.45 **Supermarket Sweep**
3.50 **Dinner Date**
4.50 **Dress to Impress**
5.50 **Take Me Out**
7.00 **You've Been Framed! Gold** Double bill of clips.
8.00 **Supermarket Sweep** With Rylan Clark-Neal.
9.00 **Family Guy** 14/30.Stewie finds Osama bin Laden. **9.30** 5/30. With the guest voices of Jennifer Tilly and Randy Savage. (S4)
10.00 **Don't Hate the Playaz** New edition With Maya Jama, Michael Dapaah and London Hughes.
10.50 **Family Guy** 10/30. Lois becomes a model. (S4)
11.20 **American Dad!**
12.15 AM **Plebs**
12.45 **The Cleveland Show**
1.15 **Superstore**
2.05 **to 2.20** AM **Totally Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Celebrity Coach Trip**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Brooklyn Nine-Nine**
5.00 **The Goldbergs**
6.00 **The Big Bang Theory** 10&11/24. Double bill. (S9)
7.00 **Hollyoaks** The Dog hosts a charity dance-off.
7.30 **Celebrity Coach Trip** New edition 3/10. The stars arrive in Sestri Levante, Italy.
8.30 **The Big Bang Theory** 8/24. Sheldon tries to convince Amy that they should have a baby together. (S10)
9.00 **The 100** New episode *Memento Mori:* 6/13. Diyoza learns more about the Children of Gabriel, while Abby tries to save Kane. (S6)
10.00 **Krypton** New episode *Will to Power:* 3/10. The rebels gain advantage against General Zod. (S2)
11.00 **The Big Bang Theory**
12.00 M'T **Gogglebox**
1.05 AM **First Dates**
2.10 **The 100**
3.00 **Krypton**
3.45 **Celebrity Coach Trip**
4.40 **to 6.00** AM **The Big Bang Theory**

+1 hour 235 | 146 | 28 | 123

Facebook.com/TVSatelliteWeekMagazine

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Paramedics**
9.00 **Blue Bloods** 7/22. (S1)
10.00 **Criminal Minds** 18/23. (S2)
11.00 **CSI** As shown at 12.00m't.
12.00 NOON **Elementary** 8/24. (S1)
1.00 PM **Blue Bloods** 8/22. (S1)
2.00 **The Real A&E**
3.00 **Children's Hospital**
4.00 **Paramedics**
5.00 **Nothing to Declare** Four editions of the documentary series following the work of customs officers in Australia.

5.00 Nothing to Declare UK

7 PM

7.00 **Nothing to Declare UK** Double bill. Documentary following the work of customs officers in the south of England.

8 PM

8.00 **Criminal Minds** *Carbon Copy:* 16/24. The team move a step closer to identifying The Replicator. (S8)

9 PM

9.00 **9-1-1** *Under Pressure:* 1/18. A hot day sees a road-rage incident and a veteran get a live grenade embedded in his leg. (S2)

10 PM

10.00 **Criminal Minds** *House on Fire:* 19/26. A serial arsonist targets community meetings for acts of mass murder. (S4)
11.00 **Criminal Minds** 8/24. (S9)
12.00 M'T **CSI** 7/23. The team probe the murder of a rare-book restorer. (S2)
1.00 AM **FBI** 10/22. (S1)
2.00 **Criminal Minds** (S9&8)
4.00 **Children's Hospital**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Richard E Grant's Hotel Secrets** A visit to New Orleans.
8.00 **Storm City** High-speed winds
9.00 **CSI** 11/23. (S1)
10.00 **The West Wing** (S7)
12.00 NOON **Without a Trace** (S6)
2.00 PM **Blue Bloods** 12/22. (S2)
3.00 **The West Wing** (S7)
5.00 **Without a Trace** 17/18. The team search for a truck driver who suddenly disappeared. **6.00** 18/18. Five people are mysteriously abducted from a coffee shop. (S6)

9.00 City on a Hill

7.00 **CSI** *Fahrenheit 932:* 12/23. A defendant is accused of murdering his wife and son in an arson attack. (S1)

8.00 **Blue Bloods** *Leap of Faith:* 13/22. A murder victim's daughter claims God told her that the killer was her stepfather. (S2)

9.00 **City on a Hill** New episodes 7/10. Jackie thinks he is a step closer to closing the case now they have the gang's arms dealer in custody. **10.10** 8/10. A shining moment from Decourcy promises a potential future in politics. (S1)

11.20 **Catherine the Great** 1/4. Drama with Helen Mirren.(S1)
12.20 AM **Silicon Valley** (S4)
1.30 **Dexter** 9/12. (S3)
2.35 **Mike Judge Presents: Tales from the Tour Bus**
3.45 **Life Itself: Special**
4.00 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **The Piglet Files**
7.35 **As Time Goes By**
8.10 **The Piglet Files**
8.40 **Open All Hours**
9.20 **As Time Goes By**
10.00 **Last of the Summer Wine**
11.55 **Chef!**
12.40 PM **Hi-de-Hi!** .
1.20 **Keeping Up Appearances**
2.05 **Open All Hours**
2.40 **Last of the Summer Wine**
4.40 **Keeping Up Appearances**
5.20 **Hi-de-Hi!**
6.00 **Gavin & Stacey**
6.35 **Open All Hours**

10.00 Two Pints of Lager and a...

7.20 **Dad's Army** The platoon plan to re-enact the battle between St George and the dragon.

8.00 **Dad's Army** Captain Mainwaring sets his sights on Frazer's savings.
8.40 **Gavin & Stacey** The couple have their first lovers' tiff.
9.20 **Not Going Out** Lee has trouble bonding with his new lodger – a surly 14-year-old boy.

10.00 **Two Pints of Lager and a Packet of Crisps** Gaz gives Munch dating advice.
10.40 **Live at the Apollo** Hosted by Dara O Briain.
11.40 **Game On** (S3)
12.20 AM **The Agency**
1.00 **Two Pints of Lager and a Packet of Crisps** As 10.00pm.
1.40 **Live at the Apollo**
2.35 **Game On**
3.05 **Harry Hill's TV Burp**
3.30 **to 4.00** AM **The Agency**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.50 **Classic Emmerdale**
7.55 **Heartbeat**
8.55 **On the Buses** (S7)
10.00 **Man About the House**
10.30 **Outside Edge**
11.35 **Agatha Christie's Poirot**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.50 **Heartbeat** *Moving Target:* A sniper sharpens up his skills on a flock of sheep.

8.00 Agatha Christie's Poirot

6.55 **Agatha Christie's Poirot** *Peril at End House – Part One:* The Belgian sleuth encounters an accident-prone woman.

8.00 **Agatha Christie's Poirot** *The Hollow:* A philandering husband is found dying after being shot during a weekend house party where Poirot is the guest of honour. Guest stars Sarah Miles.

10.00 **Agatha Christie's Poirot** *Third Girl:* The death of a former nanny is linked to a troubled heiress. Guest stars Jemima Rooper.
12.05 **to 2.00** AM **Law & Order: UK** 6/7. A library book provides the only clue to the murder of a student. **1.05** 7/7. The team try to catch a cyberstalker who has been tormenting his victim for two years. (S3)

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

5.15 AM **LIVE Rugby World Cup 2019**
7.50 **Football's Greatest: Johan Cruyff**
8.00 **Kojak**
9.05 **Quincy ME**
10.10 **Minder**
11.20 **The Sweeney**
12.25 PM **The Professionals**
1.30 **Kojak**
2.35 **Quincy ME**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Sweeney**

8.00 Made in Britain

7.00 **Rugby World Cup 2019 Highlights** Action from Japan – Wales v Fiji, Scotland v Russia, and Argentina v USA.

8.00 **Made in Britain** New edition The master baker who turns out a traditional regional delicacy with a Greek twist.

9.00 **FILM Jaws** Steven Spielberg's monster thriller with Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Lethal Weapon** 11/15. Murtaugh witnesses an alleged abduction while on holiday, and Erica's mother, Senator Malick, comes to town. (S3)
12.30 AM **Minder**
1.30 **The Protectors**
2.00 **to 3.00** AM **The Americans**

+1 hour 220 175 154

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Sky Two

170 160 11 144

7.00 AM **Four Weddings**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: South Africa**
12.00 NOON **Wild Vets**
1.00 PM **The Dog Whisperer**
2.00 **Most Haunted**
3.00 **Babylon 5** 15/22. (S2)
4.00 **The Chase USA**
5.00 **The Crystal Maze**
6.00 **Stargate SG-1** (S7)
7.00 **Stargate SG-1** *Death Knell:* 16/22. Carter goes missing during an attack. (S7)
8.00 **Duck Quacks Don't Echo** With Joe Lycett.
9.00 **Trollied** (S4&5)
11.00 **Sun, Sea and A&E**
12.00 M'T **The Blacklist** (S6)
1.00 AM **The Reluctant Landlord** 6/6. (S2)
1.30 **Stop, Search, Seize**
2.30 **Duck Quacks Don't Echo** As 8.00pm.
3.30 **Animal House**
4.00 **Wild Vets**
5.00 **to 6.00** AM **The Chase USA**

Pick

152 165 11 144

7.00 AM **Nothing to Declare**
8.00 **Border Security: America's Front Line**
9.00 **Border Patrol**
10.00 **Police Ten 7**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **Banged Up Abroad**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security: America's Front Line**
6.00 **Without a Trace** (S2)
7.00 **Hawaii Five-0** (S1)
8.00 **MacGyver** 2/23. (S2)
9.00 **Killer Women** New
10.00 **Paramedics**
11.00 **The Force: Manchester**
12.00 M'T **Air Ambulance ER**
1.00 AM **Brit Cops: War on Crime**
2.00 **Road Wars**
3.00 **Border Patrol**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

112 112 812 132 181 307 370

7.10 AM **Top Gear**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
11.00 **Bodycam Squad**
12.00 NOON **Modern Wheels or Classic Steals**
1.00 PM **Top Gear**
2.00 **Bodycam Squad**
3.00 **Modern Wheels or Classic Steals**
4.00 **Timber Kings**
5.00 **Top Gear** Double bill.
7.00 **QI XL** With Aisling Bea.
8.00 **Have I Got a Bit More Old News for You**
9.00 **Taskmaster** New edition
10.00 **Comedians Giving Lectures**
10.40 **Room 101**
11.20 **QI** With David Mitchell.
12.00 M'T **Mock the Week**
12.40 AM **Have I Got a Bit More Old News for You**
1.40 **Live at the Apollo**
2.45 **Judge Romesh**
3.35 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **My Wife and Kids**
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace**
11.00 **Friends**
1.00 PM **Friends**
4.00 **Will & Grace** (S1)
5.00 **Friends** (S7&8)
8.00 **Your Face or Mine** New edition
8.30 **Your Face or Mine**
9.00 **Michael McIntyre: Happy & Glorious**
10.00 NEW SERIES **Russell Howard & Mum: Globetrotters** The comic and his mother embark on another series of road trips.
11.00 **The Ricky Gervais Show** 7&8/13. (S3)
12.00 M'T **South Park** (S6)
12.30 AM **South Park** (S7)
2.30 **RuPaul's Drag Race All Stars**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Impractical Jokers**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Be Beautiful**
7.10 **CELEBrations**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of New Jersey**
1.20 **The Bachelor USA**
2.20 **Married to Medicine**
3.10 **The Real Housewives of Beverly Hills**
4.05 **The Real Housewives of Atlanta** Double bill.
6.00 **Buying and Selling** Double bill of editions.
8.00 **Dinner Date** With Matt from Merseyside.
9.00 **Sam and Billie Faiers: The Mummy Diaries** New edition Following the former *Towie* star into parenthood.
10.00 **The Only Way Is Essex** Dan heads out on a wild night with the boys.
11.00 **Totally Unbelievable**
12.00 M'T **to 12.55** AM **The Millionaire Matchmaker**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S12)
8.00 **Sue Thomas: F.B.Eye**
9.00 **Death in Paradise**
10.00 **Father Brown**
11.00 **Rizzoli & Isles** (S3)
1.00 PM **Death in Paradise**
2.00 **Major Crimes** 1/19. (S2)
3.00 **Miss Fisher's Murder Mysteries** 3/13. (S1)
4.00 **Murdoch Mysteries** 12&13/13. Double bill. (S6)
6.00 **Rizzoli & Isles** 7/18. The duo investigate the murder of a used-book dealer. (S5)

5.00 Murdoch Mysteries

7.00 **Rizzoli & Isles** *Lost and Found:* 8/18. A woman suffers fatal gunshot wounds outside a nightclub. (S5)
8.00 **Major Crimes** *False Pretences:* 2/19. A complex murder-suicide case has the department reeling. (S2)
9.00 **Death in Paradise** *In the Footsteps of a Killer:* 7/8. New detective inspector Jack Mooney reopens a seven-year-old murder case. (S6) **10.20** *Death of a Detective:* 1/8. Richard Poole meets a sticky end at a reunion. (S3)
11.40 **Father Brown** *The Flying Stars:* Suspicion grows concerning a supposed accidental drowning.
12.40 AM **Unforgettable** (S1)
1.40 **Sue Thomas: F.B.Eye** (S3)
2.45 **to 4.00** AM **Miss Fisher's Murder Mysteries**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 375

6.00 AM **Star Trek: Voyager** (S1)
8.00 **Teleshopping**
11.00 **Merlin** 9/13. (S5)
12.00 NOON **FILM Bridge to Terabithia** Fantasy adventure. (2007, PG, 95min) ★★★★★
2.00 PM **Merlin** 10/13. (S5)
3.00 **Stargate Atlantis** 11/20. (S4)
4.00 **Star Trek: Voyager** 9&10/26. Double bill of episodes. (S5)
6.00 **Star Trek: The Next Generation** 25/26. The *Enterprise* is mysteriously frozen in time during an attack by a Romulan ship. (S6)

12.00 Bridge to Terabithia

7.00 **Star Trek: The Next Generation** *Descent – Part One:* 26/26. Data develops the ability to experience rage. (S6)
8.00 **Stargate Atlantis** *Spoils of War:* 12/20. The team salvage a partially damaged Hive ship. Guest stars Andee Frizzell. (S4)
9.00 **FILM Assassination Games** Action thriller starring Jean-Claude Van Damme. Two rival hitmen join forces to take down a gangster. With Scott Adkins, Kevin Chapman and Ivan Kaye. (2010, 18, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **FILM Virus** Sci-fi horror thriller starring Jamie Lee Curtis. (1998, 18, 98min) ★★
1.00 AM **Star Trek: The Next Generation** Triple bill. (S6)
4.00 **to 6.00** AM **FILM Battle of Los Angeles** Sci-fi action thriller. (2011, 12, 105min) ★

+1 hour 214 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **MasterChef Australia**
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
1.00 PM **MasterChef Australia** Three contestants serve an intricate apple pie – before one of them is eliminated.
2.00 **My Dream Home** Triple bill.
5.00 **Tipping Point** Double bill of the arcade-themed game show hosted by Ben Shephard.

10.00 Stacey Dooley Sleeps Over

7.00 **MasterChef Australia** New edition Four contestants must cook in different styles in a bid for immunity.
8.00 **Inside the Ambulance** Sam and Tony are called to a woman suffering excruciating stomach pains.
9.00 **999 Rescue Squad** Paramedic Kim must risk her own life to give him medical treatment 10ft underground.
10.00 **Stacey Dooley Sleeps Over** Series finale 6/6. Stacey visits a wealthy family in Warwickshire.
11.00 **Inside the Ambulance**
12.00 M'T **Louis Theroux's Weird Weekends**
1.00 AM **Who Do You Think You Are?** With Billy Connolly.
1.50 **Criminal Minds: Beyond Borders** 9/13. (S2)
2.35 **to 3.00** AM **American Housewife**

+1 hour 209 190

Universal

113 113 813 | 122 121 | 320 385

8.00 AM **Numb3rs** 1/23. (S5)
9.00 **Sea Patrol** 8/13. (S1)
10.00 **Private Eyes** 8/10. (S1)
11.00 **NCIS** 18&19/24. (S10)
1.00 PM **CSI: Miami** (S4)
3.00 **Law & Order** 9/24. Four bodies are found at a jewellery store. **4.00** 10/24. A technician is killed when 17 monkeys are abducted from a lab. (S11)
5.00 **NCIS** 20/24. A navy reservist's husband goes missing. **6.00** 21/24. Ziva and Tony travel to Berlin to track down Ilan Bodnar. (S10)

9.00 The Disappearance

7.00 **NCIS** *Revenge:* 22/24. The team tracks Bodnar's SUV to a remote house, but inside find only his dead accomplice. (S10)
8.00 **Gone** *Rise:* 12/12. Kick receives devastating news after a terrible incident occurs in prison. (S1)
9.00 **The Disappearance** *Birthday Boy:* 1/6. Drama about the search for a boy who vanishes from his 10th birthday party.
10.00 **The Disappearance** *The Tree:* 2/6. Susan and Charles make a mysterious discovery in the park. (S1)
11.00 **Law & Order: Special Victims Unit** 9/24. A mutilated corpse is found in a park. (S11)
12.00 M'T **CSI: Miami** 9/25. (S4)
1.00 AM **CSI: Miami** 10/25. (S4)
2.00 **Chance** 8/10. (S1)
3.00 **Gone** As 8.00pm.
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 206

FOX

124 124 821 | 157 199

8.00 AM **The Closer** 10/15. (S4)
9.00 **Bones**: 5/15. (S3)
10.00 **NCIS: New Orleans** (S4)
11.00 **NCIS** 23/24. (S13)
12.00 NOON **Bones** (S3)
2.00 PM **The Mentalist** 14/23. (S2)
3.00 **NCIS** 24/24. (S13)
4.00 **NCIS: New Orleans** (S4)
5.00 **Bones** 8/15. An archbishop is found murdered with his kneecaps removed. (S3)
6.00 **The Mentalist** 15/23. A chef is murdered during a culinary competition. (S2)

9.00 Shots Fired

7.00 **NCIS** *Sister City – Part Two:* 12/24. The final part of a crossover with the original *NCIS* series. (S2)
8.00 **NCIS** *House Divided:* 1/24. Agents in Washington, DC search for their missing colleagues. (S15)
9.00 **Shots Fired** *Hour One:* 1/10. Two prosecutors investigate what seems to be string of racially motivated shootings. (S1)
10.00 **NCIS: New Orleans** *Survivor:* 16/24. An elusive terrorist with a personal vendetta against Hannah resurfaces. (S5)
11.00 **American Dad!** (S4&6)
12.00 M'T **Family Guy** (S14)
12.30 AM **Family Guy** (S14)
1.00 **American Dad!** (S4)
1.55 **The Walking Dead** *Lines We Cross:* 1/16. (S10)
3.00 **American Dad!** (S4)
4.00 **to 5.00** AM **The Closer**

+1 hour 224 158

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Charlie's Angels**
7.00 **Hart to Hart**
9.00 **Highway to Heaven**
12.00 NOON **TJ Hooker**
2.00 PM **Hart to Hart**
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels**
7.00 **M*A*S*H** 9/24. A bigoted sergeant learns a lesson about prejudice. **7.30** 10/24. A lone sniper pins down Henry and Radar in the shower. **8.00** 11/24. Hawkeye avoids a flu bug. **8.30** 12/24. Radar has a brainwave. (S2)
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz.
12.00 M'T **M*A*S*H** 25/25. (S5)
12.30 AM **M*A*S*H** 1/25. (S6)
1.00 **TJ Hooker** (S3)
3.00 **M*A*S*H** 5/24. (S2)
3.30 **The Waltons** (S4)
4.20 **Touched by an Angel**
5.10 **to 6.00** AM **Highway to Heaven**

+1 hour 257 152

Sky Arts

122 122 820 123 156

6.00 AM **Highlights**
10.00 **The South Bank Show Originals**
11.00 **Discovering**
12.00 NOON **Landscape Artist of the Year 2018**
1.00 PM **Comedy Legends**
2.00 **Cheltenham Literature Festival Sessions** New edition
5.00 **Discovering**
6.00 **Landscape Artist 2018**
7.00 **Live at Cheltenham Literature Festival** New editions Double bill.
9.00 **Cheltenham Literature Festival Sessions** New edition With Celeste Ng.
10.00 **NEW Rudyard Kipling: A Secret Life**
11.00 **JRR Tolkien: Designer of Worlds**
12.15 AM **Erotic Adventures of Anais Nin**
1.45 **Nyet! – A Brexit UK Border Farce**
2.00 **Comedy Legends**
3.00 **Too Young to Die**
4.00 **Rudyard Kipling: A...**
5.00 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Come Dine with Me**
11.30 **Four in a Bed**
12.00 NOON **Find It, Fix It, Flog It** A workbench.
1.00 PM **Undercover Boss USA** Documentary.
2.00 **Ramsay's Kitchen Nightmares USA**
3.00 **Everybody Loves Raymond** (S6)
4.00 **Frasier** (S1)
5.00 **A Place in the Sun: Winter Sun**
6.00 **Sun, Sea and Selling Houses**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Great British Bake Off**
9.15 **Gogglebox**
10.20 **8 Out of 10 Cats Does Countdown**
11.20 **The Dog House**
12.25 AM **Treasure Island...**
1.30 **Crime and Punishment**
2.35 **Thomas Cook: The Rise & Fall of Britain's Oldest Travel Agent**
3.40 **Sun, Sea and Selling...**
4.30 **to 5.00** AM **Four in a Bed**

5USA

141/169 153 21 129

9.00 AM **Access**
9.10 **Remington Steele** (S3)
10.05 **CSI: NY** 12/23. (S6)
11.00 **The Mysteries of Laura**
12.00 NOON **Bull**
1.00 PM **Law & Order** (S11)
3.00 **Murder, She Wrote**
6.00 **Law & Order** (S11)
7.00 **Law & Order** *Whiplash:* 19/24. A Hispanic man found dead. (S11)
8.00 **NCIS** *Semper Fortis:* 8/24. The team work on the cause of a hit-and-run incident. (S12)
9.00 **Criminal Minds: Beyond Borders** *Pankration:* 8/13. An man is found beaten to death in Athens. (S2)
10.00 **Law & Order: Special Victims Unit** *Reparations:* 21/24. Guest stars Terrence Howard. (S12)
10.55 **Law & Order: Special Victims Unit** (S12)
12.50 AM **CSI: NY** (S6)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Last Man Standing**
8.20 **Smallville** 14/23. (S2)
9.05 **Can't Pay? We'll Take It Away!** Double bill.
11.10 **My Wife and Kids**
12.10 PM **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Two and a Half Men**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Can't Pay? We'll Take It Away!**
8.00 **Britain's Naughtiest Nursery** Documentary.
9.00 **Airport 24/7: Thailand** New edition 4/10.
10.00 **Me and My Sex Doll: The Sex Business**
11.00 **FILM Kick-Ass 2** Comic-book thriller sequel. (2013, 15, 103min) ★★
1.15 AM **Rich Kids Go Skint**
2.15 **Star** 7/12. (S1)
3.05 **Riverdale** 2/22. (S2)
3.50 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Dalziel & Pascoe**
4.15 **All Creatures Great and Small**
5.25 **Fresh Fields**
6.00 **'Allo 'Allo!**
6.40 **Waiting for God**
7.20 **Last of the Summer Wine** Truly buys an old lawnmower from Auntie.
8.00 **Inspector Alleyn Mysteries** *The Nursing Home Murder:* A cabinet minister is murdered.
10.10 **New Tricks** *Magic Majestic:* Brian becomes locked in a battle of wits with a magician.
11.25 **Silent Witness** *Nowhere Fast:* Harry and Leo investigate the death of a jockey during a race.
2.00 **to 4.00** AM **Boon**

+1 hour 243 226

Wednesday

AMC

332 381

Programmes start at 1pm.

1.00 PM **Halt and Catch Fire**
2.00 **James Cameron's Story of Science Fiction**
2.55 FILM **Wakefield** Drama. (2016, 15, 110min) ★★★
5.00 **Halt and Catch Fire**
6.00 **James Cameron's Story of Science Fiction**
6.55 FILM **Man of the Year** Political satire. (2006, 12, 111min) ★★★
9.00 NEW **Hap and Leonard** *The Two-Bear Mambo:* 1/6. Return of the drama. **9.55** New episode *Ho-Ho Mambo:* 2/6. (S3)
10.50 **The Son** 1/10. (S2)
11.50 FILM **The Business** British gangster drama. (2004, 18, 97min) ★★
1.40 AM **Hap and Leonard**
3.20 **Halt and Catch Fire**
4.15 **to 5.30** AM **James Cameron's Story of Science Fiction**

CBS Drama

147 197 71 134

9.00 AM **Medium** 1/16. (S1)
10.00 **ER** 3/25. (S1)
11.00 **The Love Boat** (S5)
12.05 PM **Judge Judy**
1.00 **Gunsmoke** (S20)
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S5)
7.00 **CSI: Miami** *Burned:* 22/24. Horatio has to sack a member of his team. (S5)
8.00 **Judge Judy**
9.00 **Medium** *Suspicions and Certainties:* 2/16. Allison is asked to help select a jury. (S1)
10.00 **CSI: Miami** *Kill Switch:* 23/24. Ryan is suspected of unwittingly helping a killer. (S5)
11.00 **The Love Boat** (S5)
12.05 AM **Judge Judy**
1.00 **ER** 4/25. (S1)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder**
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Father Dowling Mysteries**
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 17/26. (S3)
2.05 **CSI: Miami** 15/24. (S5)
3.00 **NCIS** 11/24. (S7)
4.00 **NCIS: Los Angeles** (S3)
5.00 **Father Dowling Mysteries**
6.00 **Perry Mason**
7.05 **CSI: Cyber** *CMND:\ Crash:* 2/13. (S1)
8.00 **Walker, Texas Ranger** *El Coyote – Part Two:* 18/26. (S3)
9.00 **Scorpion** *Tech, Drugs and Rock 'n' Roll – Part One:* 6/25. (S2)
10.00 **NCIS: Los Angeles** *Deadline:* 4/24. (S3)
11.00 **CSI: Cyber** 10/13. (S1)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **Scorpion** As 9pm.
2.00 **Gunsmoke**
3.05 **Bonanza**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives**
8.00 **48 Hours: Mystery** A man is suspected of murdering his girlfriend.
9.00 **Ice Cold Killers** When a woman doesn't report to work, her family and friends are terrified she might be in danger.
10.00 **Evidence of Evil** New edition Exploring some of the most startling criminal cases of the past two decades.
11.00 **Murderers and Their Mothers**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Ice Cold Killers**
2.00 **Evidence of Evil**
3.00 **Crime and Punishment**
3.50 **Hoarders**
4.40 **Dog and Beth: On the Hunt**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Catchphrase**
11.00 **Take Your Pick**
11.30 **Small Talk**
12.05 PM **Wheel of Fortune**
1.00 **Weakest Link**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **Weakest Link**
7.00 **Pointless Celebrities** Featuring famous faces from the world of music.
8.00 **The Chase** Double bill.
10.00 **Classic Who Wants to Be a Millionaire?** Newlywed couples compete in the quiz.
11.00 **Bullseye**
12.00 M'T **Bullseye**
1.00 AM **The Chase**
3.50 **Deal or No Deal**
5.10 **to 6.00** AM **Golden Balls**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Most Ridiculous**
7.00 **Teleshopping**
9.00 **Friends**
11.00 **The Middle**
1.00 PM **Most Ridiculous – Animals**
1.30 **Most Ridiculous – Holidays**
2.00 **Bob's Burgers** (S9)
4.00 **Wipeout USA**
6.00 **Impractical Jokers**
8.00 **Impractical Jokers: Championship**
8.30 **Impractical Jokers: Hits, Errors & Balls**
9.00 **Friends** (S4)
10.00 **South Park** (S6)
12.00 M'T **Alan Carr: Yap, Yap, Yap!** From the Hammersmith Apollo.
1.00 AM **Russell Howard's Good News**
3.45 **Gemini Man Movie Special**
4.10 **TripTank** (S1)
4.30 **Bob's Burgers** (S9)
5.15 **to 6.00** AM **The Middle**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Kourtney & Kim Take Miami**
11.00 **News: Daily Pop**
12.00 NOON **Flip It Like Disick**
1.00 PM **Keeping Up with the Kardashians**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Flip It Like Disick**
9.00 FILM **Did You Hear About the Morgans?** Romantic comedy. (2009, PG) ★★★
11.10 **Botched**
12.05 AM **Keeping Up with the Kardashians**
1.00 **Revenge Body with Khloe Kardashian**
2.00 **Teleshopping**
3.00 **Keeping Up with...**
4.00 **to 5.00** AM **Wags Miami**

+1 hour 223 149

Food Network

140 291 41 148

6.00 AM **30 Minute Meals**
6.25 **Giada at Home**
7.40 **Giada In Italy**
8.05 **Giada at Home** New editions
9.00 **The Pioneer Woman**
11.00 **Bake Off: Creme de la Creme**
12.00 NOON **Rick Stein's Spain**
1.00 PM **Barefoot Contessa**
2.00 **James Martin: Sweet**
2.30 **James Martin: Delicious**
3.00 **30 Minute Meals**
4.00 **The Pioneer Woman**
6.00 **Bizarre Foods: Delicious Destinations** New editions
7.00 **Bake Off: Creme de la Creme**
8.00 **The Hairy Bikers' Food Tour of Britain**
9.00 **My Greatest Dishes** New editions
10.00 **Diners, Drive-Ins and Dives** Four editions.
12.00 M'T **Mystery Diners**
1.00 **to 3.00** AM **Highlights**

+1 hour 240 280

Lifetime

164 208 329 384

7.00 AM **Judge Judy**
1.00 PM **Storage Wars**
2.00 **Zombie House Flipping**
3.00 **Flipping Vegas**
4.00 **Little Women: Dallas**
5.00 **Hardcore Pawn**
6.00 **Disaster Decks**
7.00 **Judge Judy** Real-life small-claims cases.
9.00 **Little Women: LA** New edition Jasmine takes drastic measures to save her marriage, and Christy decides to start a business venture.
10.00 **Storage Wars** A Santa Ana auction has the buyers hoping for a high-class score. **10.30** The buyers look for bargains in Rancho Dominguez, California.
11.00 **Hardcore Pawn**
12.00 M'T **Disaster Decks**
12.30 AM **Disaster Decks**
1.00 **Little Women: LA**
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM FILM **Paint by Murder** Thriller. (2018, PG, 90min) ★★
10.50 FILM **Killer Mom** Thriller. (2017, 12) ★
12.35 PM FILM **Heart of Murder** Thriller. (2016, PG, 90min) ★★
2.30 FILM **Death of a Vegas Showgirl: A True Story** Mystery drama. (2016, 12, 87min) ★★★
4.15 FILM **House of Deadly Secrets** Thriller. (2018, 12, 91min) ★★
6.00 **House** 11&12/22. (S8)
8.00 **Sleepy Hollow** (S2)
8.55 **Access** Showbiz news.
9.00 **The Strain** *By Any Means:* 2/13. Vet and Dutch grow closer. (S2)
10.05 **Suits** 3&4/12. (S1)
12.00 M'T **Arrow** (S1)
3.25 AM **Sleepy Hollow** (S2)
4.10 **Now That's Funny!**
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wet Nets**
6.20 **Total Fishing with Matt Hayes**
7.10 **Deadliest Catch**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Fantomworks**
12.00 NOON **Close Encounters**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers: Under the Ice**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters** **9.00** New edition
10.00 **Find It, Fix It, Flog It**
11.00 **How It's Made**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **FBI Files**
12.00 NOON **Disappeared**
1.00 PM **Say Yes to the Dress**
4.00 **Curvy Brides Boutique**
5.00 **Say Yes... Atlanta**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 NEW SERIES **My 600lb Life** At over 700lbs, Brianne needs to lose weight to save her life.
9.00 **Dr Pimple Popper**
10.00 **Vicky Pattison: No Filter**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Copycat Killers**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops SF**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Escape to the Country**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **The Sheriffs Are Coming**
11.00 **Celebrity Antiques Road Trip**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** From Corfu.
3.00 **Homes Under the Hammer** In Cornwall.
4.00 **Ghost Adventures**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **Helicopter ER**
10.00 **Babies: Special Delivery** A woman expecting triplets receives worrying news.
11.00 **Helicopter ER**
12.00 M'T **Ghost Adventures**
2.00 AM **Teleshopping**
4.00 **Born to Kill?**
4.50 **to 6.00** AM **Ghost Adventures**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Canada's Front Line**
9.00 **Police Ten 7**
10.00 **Road Wars**
11.00 **Rapid Response**
12.00 NOON **Banged Up...**
1.00 PM **Snapped**
2.00 **Canada's Front Line**
4.00 **Stop, Search, Seize**
5.00 **Road Wars**
6.00 **Rapid Response**
7.00 **Banged Up Abroad**
8.00 **Murders That Shocked the Nation**
9.00 **Murder Made Me Famous** Jodi Arias.
10.00 **Snapped** New edition
11.00 **World's Most Evil Killers**
12.00 M'T **Banged Up Abroad**
1.00 AM **In Ice Cold Blood**
2.00 **Snapped**
3.00 **Murders That Shocked the Nation**
4.00 **Police Ten 7**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Speeders** A repeat offender is pulled over. **7.30** A gaggle of party girls are pulled over. **8.00** Officer Slaughter pulls over a cowboy. **8.30** A driver on their way to a prom is caught speeding.
9.00 **Deadly Women** Murders involving neighbours. **10.00** Revenge-motivated murders.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 279

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **The Great British Benefits Handout**
10.00 **The Murder Next Door**
11.00 **The Dog Rescuers**
12.00 NOON FILM **A Christmas Reunion** Drama. (2015, PG) ★★
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Edwardian Britain**
10.00 **Portillo's Hidden History of Britain**
11.00 **Britain's Bloodiest Dynasty** Henry II.
12.00 M'T **The Nightmare Neighbour Abroad**
1.00 AM **The Great British Benefits Handout**
2.00 **Deadliest Weather**
3.00 **to 4.00** AM **Building the World's Most Luxurious Cruise Ship**

5Spike

150 154 31 141

9.00 AM **The A-Team**
11.00 **Police Interceptors**
12.00 NOON **Can't Pay? We'll Take It Away!**
2.00 PM **Trucking Hell: Extreme Road Rescue**
3.00 **Traffic Cops**
5.00 **The A-Team** (S2)
7.00 **Police Interceptors** Mark and Steve stop a suspicious man trying to hide his true identity. **8.00** Andy deals with a case of criminal damage at a house party.
9.00 FILM **Under Siege 2** Action thriller sequel with Steven Seagal. (1995, 18, 99min) ★★★
11.05 FILM **The Cold Light of Day** Action thriller starring Henry Cavill. (2012, 12, 89min) ★★
12.55 AM **Fights, Camera, Action!** Documentary.
2.00 **to 3.00** AM **Knight Rider**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé**
12.00 NOON **Dr Pimple Popper** A large lump.
1.00 PM **Cake Boss**
2.00 **Little People, Big World**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **90 Day Fiancé: Before the 90 Days** Darcey and Tom clash.
10.00 **Olivia & Alex: Happily Ever After?**
11.00 **90 Day Fiancé: Before the 90 Days**
2.00 AM **Olivia & Alex: Happily Ever After?**
3.00 **90 Day Fiancé: Before the 90 Days**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Cake Boss**

+1 hour 233 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Supertruckers**
7.00 **Airplane Repo**
8.00 **Extreme Engineering**
9.00 **Game of Stones**
10.00 **Contact Project**
11.00 **Wheeler Dealers**
12.00 NOON **Garage Rehab**
1.00 PM **Combat Dealers**
2.00 **Alien Highway**
3.00 **Fast N' Loud**
4.00 **Kindig Customs**
5.00 **Garage Rehab**
6.00 **Fast N' Loud** Richard buys a 1967 Corvette Stingray.

8.00 **Gold Divers**

7.00 **Gold Rush** In an attempt to get dredge two running before the end of season, Tony shuts down dredge one.

8.00 **NEW SERIES Gold Divers** Shawn extends the reach on his excavator, and Ken spends more than $500,000 on upgrades.

9.00 **Gold Divers** New edition The summer gold mining season kicks off in Nome, Alaska.

10.00 **Man-Eating Super Squid** Searching for the truth behind the tales of the kraken, a monstrous killer squid.

11.00 **Wheeler Dealers** Mike Brewer and Edd China restore a 1973 Chevrolet Camaro.
12.00 M'T **Gold Divers** As 9.00pm.
1.00 AM **Man-Eating Super Squid**
2.00 **Street Outlaws**
3.00 **Gold Divers** As 9.00pm.
3.50 **The Last Alaskans**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
8.00 **Animal Cops Houston**
10.00 **Bondi Vet**
11.00 **Pit Bulls & Parolees**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **My Cat from Hell**
4.00 **Alaska: The Last Frontier** The Kilchers prepare for Winter.
5.00 **Extinct or Alive** Forrest Galante searches for the great-ape-like pachylemur.
6.00 **Bondi Vet** Lisa treats a cat badly injured in a hit-and-run.

9.00 **Edge of Alaska**

7.00 **Pit Bulls & Parolees** Tia, Tania and new employee Perry scramble after an injured dog during the night.

8.00 **South American Squatch of Argentina: Expedition Mungo** A bigfoot-like beast in the foothills of the Andes.

9.00 **Edge of Alaska** Following the residents of McCarthy in Alaska as they battle the elements to maintain their pioneer way of life.

10.00 **Animal Cops Houston** An animal cruelty investigator rescues a horse found lying in a pool of water after heavy rain.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Mountain Monsters**
1.00 AM **Animal Cops Houston**
2.00 **South American Squatch...**
3.00 **Edge of Alaska** As 9.00pm.
3.50 **Intruders**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **Treehouse Masters**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Car SOS** Double bill.
10.00 **Air Crash Investigation**
12.00 NOON **Hitler's Last Stand**
1.00 PM **Nazi Megastructures: Battle Ready**
2.00 **Nazi Megastructures**
3.00 **WW2: Hell Under the Sea** A US submarine commander who took on an enemy convoy.
4.00 **Car SOS** Tim and Fuzz customise a Triumph Stag.
5.00 Fuzz and Tim restore a 1968 Morris Traveller.
6.00 **Air Crash Investigation** A Concorde crash in July 2000.

9.00 **Gordon Ramsay...**

7.00 **Air Crash Investigation** The plight of Itavia Flight 870, which crashed into the Tyrrhenian Sea in June 1980.

8.00 **Car SOS** Tim Shaw and Fuzz Townshend team up with race legend Paddy Hopkirk to fix up their first rally car.

9.00 **Gordon Ramsay: Uncharted** Series finale Gordon climbs a sheer rock face in a snowstorm in the Alaska Panhandle.

10.00 **Survive the Tribe** Hazen Audel finds out how the Inuit have survived life in Arctic Canada for thousands of years.

11.00 **Air Crash Investigation** The crash of a German plane flying over the French Alps.
12.00 M'T **Airport Security: Peru**
1.00 AM **America's Hardest Prisons** Following the live of inmates at America's strictest maximum-security prisons.
2.00 **to 5.00** AM **Car SOS**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
7.00 **American Pickers: Best Of**
8.00 **Pawn Stars**
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**.
1.00 PM **Counting Cars**
2.00 **American Pickers**
3.00 **Storage Wars** Four editions.
5.00 **Pawn Stars** Double bill.
6.00 **American Pickers: Best Of** A look back at some of Mike and Frank's finest finds.

10.00 **Ax Men Reborn**

7.00 **Forged in Fire** Four bladesmiths must forge a canister Damascus knife using only steel wool and 1095 powder.

8.00 **Pawn Stars** New edition Rick gets hold of Kareem Abdul-Jabbar's prized personal memorabilia.

9.00 **Mountain Men** New edition Mike goes on a risky venture for meat, and Jason searches for iron ore underground.

10.00 **Ax Men Reborn** New edition Mike Pihl turns to a logging legend for help, and the Harkness crew battle a winter storm.

11.00 **Storage Wars** Darrell discovers an interesting locker.
11.30 Ivy tries to keep his winning streak going.
12.00 M'T **Forged in Fire**
1.00 AM **Pawn Stars** As 8.00pm.
2.00 **Counting Cars**
3.00 **American Pickers: Best Of**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **WW2 Price of Empire**
7.10 **Machines of War**
8.00 **Time Team**
10.00 **Nazi Murder Mysteries**
11.00 **Impossible Railways**
12.00 NOON **Time Team**
2.00 PM **Yellowstone**
3.00 **Planet Earth II**
4.00 **Bangers and Cash**
5.00 **Impossible Railways**
6.00 **Nazi Murder Mysteries** The dark tale of a skeleton found in a hollowed-out tree in Birmingham woodland.

8.00 **Underground Worlds**

7.00 **Monster Ships** A look at the *Crown Princess*, which employs a team of over 100 engineers.

8.00 **Underground Worlds** New edition The creation of a Liverpool entrepreneur that is shrouded in mystery.

9.00 **Fawlty Towers** Hotel owner Basil tries to upgrade his clientele.
9.40 Basil goes behind Sybil's back to save money on structural alterations to the hotel.
10.20 Basil tries to stop an unmarried couple lowering moral standards.

11.00 **Abandoned Engineering** An advanced German battleship that sank in a Norwegian fjord.
12.00 M'T **Train Truckers** The crew visit Germany to collect a multi-million-pound maintenance machine.
1.00 AM **Nazi Murder Mysteries**
2.00 **to 3.00** AM **Machines of War**

+1 hour 255 200

Wednesday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 262

6.00 AM **Expedition Unknown**
7.00 **Deadliest Tech**
8.00 **Battlefield**
9.00 **Frontline Battle Machines**
10.00 **Blowing Up History**
11.00 **Deadliest Tech**
12.00 NOON **Secrets Underground**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Cold War Armageddon**
4.00 **Frontline Battle**
5.00 **Blowing Up History**
6.00 **Secrets Underground**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **Mummies Unwrapped**
10.00 **The Unexplained Files**
11.00 **Legend Detectives**
12.00 M'T **Expedition Unknown**
1.00 AM **Mummies Unwrapped**
2.00 **The Unexplained Files**
3.00 **Legend Detectives**
4.00 **to 6.00** AM **Highlights**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Vet Safari**
10.00 **Collar of Duty**
11.00 **Spy in the Wild**
12.00 NOON **Thailand: Earth's Tropical Paradise**
1.00 PM **Wild Colombia with Nigel Marven**
2.00 **Collar of Duty**
3.00 **Jungle Planet**
4.00 **Vet Safari**
5.00 **Collar of Duty**
6.00 **Spy in the Wild**
7.00 **Vet Safari**
8.00 **Thailand: Earth's Tropical Paradise**
9.00 **Frontier Borneo**
10.00 **Wild Colombia with Nigel Marven**
11.00 **Spy in the Wild**
12.00 M'T **Thailand: Earth's...**
1.00 AM **Frontier Borneo**
2.00 **Jungle Planet**
3.00 **Wild Colombia with...**
3.50 **Collar of Duty**
4.40 **Spy in the Wild**
5.30 **to 6.00** AM **Jungle Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Monster Fish**
9.00 **Europe's Great Wilderness**
12.00 NOON **Snakes in the City** A black mamba.
1.00 PM **Monster Fish of the Amazon**
2.00 **Monster Fish of the Congo**
3.00 **Secrets Of The Zoo**
4.00 **Monster Fish**
6.00 **Animal Fight Club**
7.00 **Snakes in the City**
8.00 **Prairie Dog Dynasty** New edition
8.30 Series finale The prairie dogs must prepare for hibernation.
9.00 **Wild Nordic**
10.00 **Deadly Instincts**
11.00 **Alaska Fish Wars**
12.00 M'T **Animals Gone Wild**
1.00 AM **Animals Gone Wild**
2.00 **Snakes in the City**
3.00 **Monster Fish of the Amazon**
4.00 **to 5.00** AM **Monster Fish of the Congo**

History 2

163 273 330 390

8.00 AM **History's Most Hated: Genghis Khan**
9.00 **History's Most Hated: Hitler and Stalin – Roots of Evil**
10.00 **Cities of the Underworld**
11.00 **Monsterquest**
12.00 NOON **Ancient Aliens**
2.00 PM **Warriors**
3.00 **History's Most Hated: Napoleon Bonaparte**
4.00 **History's Most Hated: Peter the Great**
5.00 **Battlefield Detectives**
7.00 **Monsterquest**
8.00 **Cities of the Underworld**
9.00 **Ancient Aliens**
10.00 **Britain's Bloodiest Dynasty** Edward II.
11.00 **WWII's Most Daring Raids**
12.00 M'T **Monsterquest**
1.00 AM **Ancient Aliens**
3.00 **Britain's Bloodiest Dynasty** Edward II.
4.00 **to 5.00** AM **Battlefield Detectives**

PBS America

174 276 91 155

8.00 AM **Pluto and Beyond**
9.15 **Stories from the Dark Earth: Meet the Ancestors Revisited**
10.25 **Hannibal**
11.30 **Pluto and Beyond**
12.40 PM **Born to Explore**
1.55 **Stories from the Dark Earth: Meet the Ancestors Revisited**
3.10 **Hannibal**
4.10 **Pluto and Beyond**
5.20 **Born to Explore**
6.30 **Stories from the Dark Earth: Meet the Ancestors Revisited**
7.45 **Egypt** *The Temple of Sands:* 4/6. Exploring Belzoni and Drovetti's rivalry in Thebes. (S1)
9.00 **Egypt's Lost Cities** The potential existence of buildings beneath the sands of Egypt.
11.00 **Rise of the Rockets** A look at the latest rocket technologies.
12.10 AM **Egypt** As 7.45pm.
1.30 **to 2.00** AM **The Aviators**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **Robbie Coltrane's Critical Evidence**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Motive to Murder**
9.00 **Murder for Hire** New edition
10.00 **Sex, Lies and Murder**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Murder for Hire**
2.00 **The First 48**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **to 6.00** AM **Homicide: Hours to Kill**

+1 hour 256 222

WEDNESDAY Films

Wednesday

Sky Premiere

301 301 842 401 501

6.00 AM **Cruise** As 4.40pm.
7.35 **The Stolen Princess** Animation, as 6.15pm.
9.10 **Steel Country** As 3.20am.
10.45 **Widows** As 8.00pm.
1.00 PM **PREMIERE Benjamin** Comedy, as shown at 10.15pm.
2.30 **Where Hands Touch** Drama. (2018, 12, 122min) ★★
4.40 **Cruise** Romantic comedy. (2018, 15, 90min) ★★★
6.15 **The Stolen Princess** Animation. (2018, PG, 85min) ★★★

10.15 Benjamin

8 PM

8.00 **Widows** Steve McQueen's thriller starring Viola Davis, Liam Neeson and Elizabeth Debicki. Four Chicago women with a debt left by their dead husbands' criminal activities attempt to carry out a robbery. (2018, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.15 **PREMIERE Benjamin** Simon Amstell's comedy drama with Jack Rowan. (2018, 15, 85min) ★★★
See review, page19
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.50 **Motherhood** Comedy starring Christina Hendricks. (2018, 15, 100min) ★★★★
1.30 AM **Don't Go** Mystery starring Stephen Dorff. (2018, 15, 91min) ★★★
3.20 **Steel Country** Thriller starring Andrew Scott. (2018, 15, 89min) ★★★
5.10 **The Top Ten Show 2019**
5.30 **to 6.00** AM **Joker: Special**

+1 hour 312 402

Sky Disney

305 305 846 405 505

6.20 AM **A Bug's Life** As 8.00pm.
8.00 **Big Hero 6** As 6.10pm.
9.50 **Aladdin** As 4.30pm.
11.30 **The Aristocats** As 11.30pm.
12.55 PM **Christopher Robin** Comedy, as shown at 9.40pm.
2.45 **Ice Princess** Teen drama. (2004, U, 92min) ★★★
4.30 **Aladdin** Animated fantasy. (1992, U, 90min) ★★★★★
6.10 **Big Hero 6** Animation with the voice of Ryan Potter. (2014, PG, 98min) ★★★★

6.10 Big Hero 6

8.00 **A Bug's Life** Animation with the voices of Kevin Spacey and Dave Foley. An ant colony is terrorised by a bunch of grasshoppers, but one of them rebels and sets out to find help. (1998, U, 94min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Christopher Robin** Comedy adventure starring Ewan McGregor. A family man rediscovers the joys of life. (2018, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Aristocats** Animated musical adventure. (1970, U, 78min) ★★★★★
1.00 AM **The Love Bug** Comedy adventure with Dean Jones. (1968, U, 107min) ★★★
3.00 **Herbie Rides Again** Family comedy adventure sequel. (1974, U, 88min) ★★★
4.40 **to 6.20** AM **Beverly Hills Chihuahua 3: Viva La Fiesta!** Canine comedy sequel. (2012, U, 85min) ★★

Sky Family

306 306 847 406 506

6.30 AM **Cleo** As 3.20pm.
8.00 **Peter Rabbit** As 6.20pm.
9.40 **Big Fish & Begonia** Animation, as 11.45pm.
11.30 **Nanny McPhee & The Big Bang** As 9.50pm.
1.30 PM **Jumanji** As 8.00pm.
3.20 **Cleo** (2016, PG, 82min) ★★
4.50 **Adventures in Zambezia** Children's animation set in Africa. (2012, U, 79min) ★★
6.20 **Peter Rabbit** Family comedy. (2018, PG, 95min) ★★★

9.50 Nanny McPhee & The Big...

8.00 **Jumanji** Fantasy adventure starring Robin Williams, Kirsten Dunst and Bonnie Hunt. A mysterious board game unleashes a series of wild creatures upon a small American town. (1995, PG, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Nanny McPhee & The Big Bang** Family comedy fantasy sequel starring Emma Thompson and Maggie Gyllenhaal. (2010, U, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Big Fish & Begonia** Animated adventure with the voices of Todd Haberkorn, Johnny Yong Bosch and Stephanie Sheh. (2016, PG, 100min) ★★★
1.40 AM **Cats** Animated adventure. (2018, PG, 90min) ★★★
3.35 **Against the Wild: The Great Elephant Adventure** Drama. (2017, PG, 90min) ★★
5.15 **to 6.55** AM **The Oddsockeaters** Animation. (2016, PG, 83min) ★★★

Sky Action

307 307 848 407 507

6.00 AM **Rio Grande** As 4.00am.
8.00 **Samson** Biblical drama. (2017, 15, 90min) ★
10.00 **Rise of the Planet of the Apes** Sci-fi adventure thriller. (2011, 12, 104min) ★★★★
12.00 NOON **The Predator** As 8pm.
2.00 PM **Predator** As 10.00pm.
4.00 **Predator 2** Sci-fi action sequel starring Danny Glover. (1990, 15, 107min) ★★★
6.00 **Predators** Sci-fi action sequel. (2010, 15, 102min) ★★★

4.00 Predator 2

8.00 **The Predator** Sci-fi thriller starring Boyd Holbrook, Trevante Rhodes and Jacob Tremblay. A band of former soldiers and a scientist attempt to defeat a savage extra-terrestrial warrior. (2018, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Predator** Sci-fi action fantasy starring Arnold Schwarzenegger as the leader of a commando team battling a ferocious alien in the South American jungle. (1987, 18, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Predator 2** Sci-fi action sequel starring Danny Glover and Maria Conchita Alonso. (1990, 15, 107min) ★★★
2.00 AM **Predators** As 6.00pm.
4.00 **to 6.00** AM **Rio Grande** Western starring John Wayne and Maureen O'Hara. (1950, b/w, U, 107min) ★★★★

Sky Comedy

308 308 849 408 508

7.10 AM **The Love Guru** (2008) ★
8.40 **Made of Honor** Comedy. (2008, 12, 97min) ★★
10.25 **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★
12.25 PM **Groundhog Day** As 10pm.
2.10 **Just Married** Comedy. (2003, 12, 91min) ★★
4.00 **Ghostbusters II** Comedy. (1989, PG, 99min) ★★★
6.00 **Coming to America** Comedy. (1988, 15, 116min) ★★

6.00 Coming to America

8.00 **Crazy Rich Asians** Comedy starring Constance Wu and Henry Golding. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Groundhog Day** Romantic fantasy comedy starring Bill Murray. (1993, PG, 103min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Pretty Woman** Romantic comedy starring Julia Roberts and Richard Gere. (1990, 15, 117min) ★★★★
1.50 AM **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy. (1994, 15, 104min) ★★
3.40 **Little Man** Crime comedy starring Marlon Wayans. (2006, 12, 98min) ★
5.25 **to 7.25** AM **Ghostbusters II** Comedy, as shown at 4.00pm.

primetime

Sky Hits

303 303 844 403 503

6.00 AM **Robin Hood** (2010) ★★★
8.30 **Battle of the Sexes** Biopic. (2017, 12, 121min) ★★★★
10.40 **Troy** Adventure. (2004) ★★★
1.30 PM **Fantastic Beasts: The Crimes of Grindelwald** Fantasy. (2018, 12, 134min) ★★★
3.50 **Mission: Impossible II** Adventure. (2000, 15) ★★★★
6.00 **Prince of Persia: The Sands of Time** Fantasy. (2010, 12) ★★★

8.00 **Rampage** Fantasy adventure starring Dwayne Johnson. When three animals become infected with a pathogen, a primatologist and a geneticist try to stop them from destroying Chicago. (2018, 12, 107min) ★★★
10.00 **Bridget Jones's Diary** Comedy starring Renée Zellweger. A thirtysomething woman finds herself torn between her charming but untrustworthy boss and a seemingly aloof lawyer. (2001, 15, 96min) ★★★★

11.40 **Bridget Jones: The Edge of Reason** Romantic comedy. (2004, 15, 108min) ★★★
1.40 AM **The Shape of Water** Fantasy. (2017, 15) ★★★★★
3.50 **Proud Mary** Thriller. (2018) ★★
5.30 **to 7.25** AM **Tully** Comedy. (2018, 15, 96min) ★★★★

Sky Greats

311 311 852 404 504

6.00 AM **Sunset Boulevard** (1950)
8.00 **Walk the Line** (2005) ★★★★
10.20 **The Bourne Supremacy** Spy thriller, as shown at 6.00pm.
12.10 PM **Black Swan** (2010) ★★★
2.05 **That Thing You Do!** Comedy. (1996, PG, 107min) ★★★
3.55 **Atonement** Romantic drama. (2007, 15, 117min) ★★★★
6.00 **The Bourne Supremacy** Spy thriller. (2004, 12) ★★★★

8.00 **About Time** Romantic comedy fantasy starring Domhnall Gleeson and Rachel McAdams. A young man inherits the ability to time-travel into his past. (2013, 12, 120min) ★★★
10.10 **Starship Troopers** Paul Verhoeven's sci-fi war drama starring Casper Van Dien, Denise Richards, Dina Meyer and Neil Patrick Harris. Four teenagers prepare for combat against an alien insect race. (1997, 18, 129min) ★★

12.25 AM **A Nightmare on Elm Street** Horror starring Robert Englund and Amanda Wyss. (1984, 18, 91min) ★★★★
2.10 **American Reunion** Comedy sequel. (2012, 15, 108min) ★★
4.15 **to 6.15** AM **That Thing You Do!** Comedy, as shown at 2.05pm.

TCM Movies

315 415 416 512 526

6.20 AM **How the West Was Won**
9.20 **The Belles of St Trinian's** Comedy. (1954, b/w, U) ★★★★
11.20 **Key Largo** Gangster drama. (1948, b/w, PG, 101min) ★★★★
1.30 PM **Rio Bravo** Western. (1959, PG, 140min) ★★★★
4.30 **Tombstone... The Town Too Tough To Die** Western. (1942, b/w, U, 79min) ★★
6.05 **Santa Fe** Western. (1951) ★★

7.50 **The Man from Galveston** Western starring Jeffrey Hunter. A lawyer comes to the aid of an old flame accused of murder. (1963, b/w, U, 57min) ★★
9.00 **Universal Soldier: The Return** Action adventure sequel starring Jean-Claude Van Damme. An android battles a supercomputer that has taken human form. (1999, 18, 83min) ★★
10.50 **Last Man Standing** Action thriller starring Bruce Willis . (1996, 18, 101min) ★★★

1.00 AM **Unforgiven** Western starring Clint Eastwood. (1992, 15, 130min) ★★★★★
3.30 **Close Up** Four editions.
5.30 **to 6.00** AM **Hollywood's Best Film Directors** Garry Marshall.

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Nobody Runs Forever**
8.05 **The Frightened Man** (1951) ★★
9.30 **Patricia Presents...**
9.35 **Operation Diplomat** (1953) ★★
11.00 **Stagecoach West**
12.00 NOON **The Shillingbury Blowers**
1.40 PM **How a Bicycle is Made**
2.00 **Scotland Yard**
2.40 **Rebecca** (1940) ★★★★★
5.15 **Go to Blazes**
5.30 **Robin's Nest**

6.00 **Ambush in Leopard Street** Crime drama starring James Kenney and Michael Brennan. (1962, b/w, PG, 60min) ★★
7.10 **The Hypnotist** Horror starring Roland Culver and Patricia Roc. (1956, PG, 89min) ★★
9.00 **Widows** 1/6. Dolly secretly returns to England. (S2)
10.00 **Dulcima** Drama starring John Mills. A girl treated as a drudge by her family lifts herself by becoming a housekeeper. (1971, U, 98min) ★★

12.00 M'T **A Place to Go** Drama. (1963, b/w, PG, 86min) ★★★
1.45 AM **King of the Underworld** Crime drama. (1952, b/w) ★★
3.20 **The Games** Sports drama. (1969, PG, 88min) ★★
5.15 **to 6.00** AM **A Night of Magic** Musical. (1944, b/w, PG) ★★

Horror

317 149 70 138

8.00 AM **The Invaders** 24/26. (S2)
9.00 **Star Trek: Voyager** 6/26. (S2)
10.00 **Star Trek** 8/26. (S2)
11.00 **Jurassic Hunters** Sci-fi thriller. (2015, PG, 89min) ★★
1.00 PM **Independence Daysaster** Thriller. (2013, PG, 90min) ★
3.00 **Sliders** 4/13. (S2)
4.00 **Force of Impact** Thriller. (2005, PG, 86min) ★★
6.00 **Star Trek** 9/26. (S2)

7.00 **Star Trek: Voyager** 7/26. (S2)
8.00 **Earth: Final Conflict** 22/22. (S5)
9.00 **Wind Chill** Supernatural chiller starring Emily Blunt and Ashton Holmes. Two students driving home for Christmas get stuck in a snowdrift on a deserted road haunted by the ghosts of people who have died there. (2007, 15, 87min) ★★★
10.50 **The Final Girls** Comedy horror starring Taissa Farmiga, Malin Akerman and Alexander Ludwig. (2015, 15, 88min) ★★

12.40 AM **Pandorum** Sci-fi horror thriller starring Dennis Quaid. (2009, 15, 108min) ★★★
2.45 **to 4.20** AM **The Possession of Michael King** Horror with Shane Johnson. (2014, 18, 110min) ★★

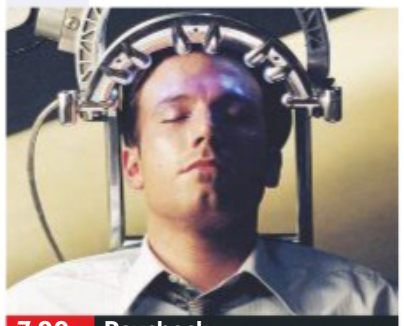
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

309 309 850 409 509

7.10 AM **Black Butterfly** Thriller. (2017, 15, 90min) ★★★
8.55 **Uncle John** Crime drama. (2015, 15, 113min) ★★★★
10.55 **Serpent** Thriller. (2016) ★★
12.30 PM **Papillon** As 9.00pm.
2.50 **Sweet Country** Period drama. (2017, 15, 113min) ★★★★
4.50 **The Sum of All Fears** Action thriller starring Ben Affleck. (2002, 12, 119min) ★★★★
7.00 **Paycheck** Sci-fi thriller. (2003, 12, 119min) ★★★


7.00 Paycheck

Paycheck (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Papillon** Drama starring Charlie Hunnam and Rami Malek. After being wrongfully convicted for murder, a man forms an friendship with a fellow inmate in an attempt to escape from the penal colony on Devil's Island. (2017, 15, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Rising Sun** Mystery thriller starring Sean Connery, Tia Carrere and Wesley Snipes. (1993, 18, 124min) ★★★
1.30 AM **Black Rain** Action thriller starring Michael Douglas. (1989, 18, 120min) ★★★
3.45 **Outlaws** Crime thriller starring Ryan Corr and Abbey Lee. (2017, 18, 92min) ★★
5.30 **to 7.15** AM **Angel Flight Down** Fact-based adventure. (1996, PG, 88min) ★★

Sky Drama

310 310 851 410 510

6.30 AM **Mary Magdalene** Drama. (2018, 12, 120min) ★★
8.35 **The 15:17 to Paris** Thriller, as shown at 10.20pm.
10.15 **A Star Is Born** As 8.00pm.
12.35 PM **Gone With the Wind** Epic romantic drama. (1939, PG, 224min) ★★★★★
4.15 **Puzzle** Drama. (2018, 15, 103min) ★★★★
6.00 **The Mountain Between Us** Romantic adventure with Idris Elba. (2017, 12, 103min) ★★

6.00 The Mountain Between Us

8.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter. However, his alcoholism has explosive repercussions as her career blossoms. With Sam Elliott. (2018, 15, 136min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The 15:17 to Paris** Clint Eastwood's fact-based thriller starring Alek Skarlatos. A band of American Marines discover a terrorist plot on a Paris-bound train. (2018, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Crazy Heart** Music drama starring Jeff Bridges. (2009, 15, 112min) ★★★★
1.55 AM **Puzzle** As 4.15pm.
3.40 **to 6.05** AM **Hello, Dolly!** Musical with Barbra Streisand. (1969, U, 140min) ★★★★

Sky Sky-Fi

304 304 845 411 511

6.15 AM **Star Trek II** As 10.30pm.
8.15 **Star Trek III – The Search for Spock** As 12.30am.
10.05 **Star Trek IV: The Voyage Home** As shown at 2.30am.
12.05 PM **Star Trek V: The Final Frontier** Sci-fi adventure. (1989, PG, 100min) ★★
2.05 **Transformers** As 8.00pm.
4.30 **Time Trap** Sci-fi adventure. (2017, 12, 90min) ★★★
6.15 **Tron** Sci-fi fantasy adventure. (1982, PG, 96min) ★★★★

6.15 Tron

8.00 **Transformers** Sci-fi action adventure inspired by the shape-changing toys, starring Shia LaBeouf, Tyrese Gibson and Josh Duhamel. A geeky teenager finds himself caught up in a titanic struggle between good and evil robots who are battling to recover their life source. (2007, 12, 143min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Star Trek II: The Wrath of Khan** Sci-fi adventure starring William Shatner, Leonard Nimoy and DeForest Kelley. (1982, 12, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Star Trek III – The Search for Spock** Sci-fi. (1984, PG, 105min) ★★
2.30 **Star Trek IV: The Voyage Home** Sci-fi adventure. (1986, PG, 119min) ★★★★
4.30 **to 6.30** AM **Star Trek V: The Final Frontier** As 12.05pm.

Sky Superheroes

302 302 843 412 502

6.40 AM **Man of Steel** Adventure. (2013, 12, 143min) ★★★
9.10 **X-Men: First Class** Adventure. (2011, 12, 131min) ★★★★
11.25 **The Amazing Spider-Man** Fantasy. (2012, 12) ★★★
1.45 PM **The Amazing Spider-Man 2** Adventure. (2014, 12, 142min) ★★★
4.10 **Avengers: Infinity War** Adventure. (2018, 12) ★★★
6.45 **Iron Man 3** Adventure sequel. (2013, 12, 131min) ★★★★

9.00 Spider-Man: Into the...

Iron Man 3 (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Spider-Man: Into the Spider-Verse** Animation featuring the voice of Shameik Moore. Student Miles Morales becomes a version of Spider-Man, and crosses paths with counterparts from other dimensions. (2018, PG, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Dark Knight** Dark comic-book action thriller starring Christian Bale, Heath Ledger and Aaron Eckhart. (2008, 12, 152min) ★★★★
1.40 AM **The Dark Knight Rises** Crime action drama sequel starring Christian Bale. (2012, 12, 164min) ★★★★
4.30 **to 6.45** AM **Superman III** Fantasy adventure sequel starring Christopher Reeve. (1983, PG, 123min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Gun Fury** Western. (1953, U, 83min) ★★★
12.40 PM **The Far Horizons** Western. (1955, U, 105min) ★★
2.55 **Pony Express** Epic Western. (1953, U, 101min) ★★★
5.00 **Hell Is for Heroes!** World War Two action drama. (1962, b/w, 12, 90min) ★★★
6.50 **The Maze Runner** Adventure starring Dylan O'Brien. (2014, 12, 110min) ★★★

9.00 Shot Caller

The Maze Runner (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Shot Caller** Crime drama starring Jon Bernthal, Nikolaj Coster-Waldau and Lake Bell. An ex con is forced by the leaders of his gang to orchestrate a crime with a rival squad on the streets of Southern California. (2017, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.20 **Legend** Biopic of the Kray brothers, exploring their rise to power from the point of view of Reggie's wife Frances. Starring Tom Hardy as both twins, with Emily Browning. (2015, 18, 128min) ★★★
1.55 **to 4.00** AM **Kaleidoscope** Psychological thriller, starring Toby Jones and Anne Reid. (2016, 15, 100min) ★★★

11 PM

+1 hour 314 430 45 301

Sony Movies Christmas

319 424 50 303

7.00 AM **The March Sisters at Christmas**. (2012, U) ★★
9.00 **Under the Mistletoe** Romantic fantasy. (2006, PG, 91min) ★★
11.00 **Christmas Eve** (2015, PG) ★★
1.00 PM **His & Her Christmas** Comedy, as shown at 9.00pm.
3.00 **A Golden Christmas** Romantic comedy. (2009, U, 95min) ★
5.00 **Christmas Lodge** Romantic drama. (2011, U, 85min) ★★

7.00 **My Dad Is Scrooge** Festive fantasy starring Brian Cook and Christian Laurian Kerr. A boy joins forces with talking animals to teach his grouchy father the meaning of Christmas. (2014, PG, 90min) ★★
9.00 **His & Her Christmas** Romantic comedy starring Dina Meyer and David Sutcliffe. Journalists compete to write the best Christmas column, but their war of words develops into attraction. (2005, PG, 100min) ★★

11.00 **Christmas at Maxwell's** (2006)
1.00 AM **Eve's Christmas** (2004) ★★
3.00 **Christmas All Over Again** (2016, PG, 78min) ★★
5.00 **to 7.00** AM **Pete's Christmas** Fantasy. (2013, PG, 86min) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **A Date to Die For** Thriller. (2015, PG, 88min) ★★
10.50 **Sony Movie News Extra**
11.00 **Mind Games** Thriller. (2006) ★
12.50 PM **Sony Movie News Extra**
1.00 **The IQ Supremacy** Sci-fi thriller. (2014, 15, 112min) ★★
3.05 **Wildfire 7: The Inferno** Disaster movie. (2002, PG) ★★
5.00 **Rat Race** Road comedy. (2001, 12, 112min) ★★★

7.05 **Paul Blart: Mall Cop 2** Comedy sequel starring Kevin James. The security guard takes a holiday in Las Vegas, but is forced to leap into action to prevent a casino heist. (2015, PG, 92min) ★★
9.00 **Drive** Thriller starring Ryan Gosling and Carey Mulligan. A Hollywood stunt driver moonlights as a getaway driver but gets pulled into a fateful intrigue after he befriends his pretty young neighbour. (2011, 18, 100min) ★★★★★

11.10 **Only God Forgives** Crime thriller. (2013, 18, 86min) ★★★
1.00 AM **The Fighter** Boxing drama. (2010, 15, 116min) ★★★★
3.20 **to 6.00** AM **Gold** Action thriller. (1974, 12, 124min) ★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Django and Sartana are Coming... It's the End** (1970)
7.45 **The Short Sunderland**
9.00 **The Concorde Story**
10.20 **Rough Air: Danger on Flight 534** Disaster movie. (2001) ★
12.15 PM **M*A*S*H** 18&19/25. (S8)
1.15 **Kentucky Rifle** (1956) ★★
2.55 **The Battle of Midway**
3.50 **Hell Squad** War drama. (1958, b/w, PG, 64min) ★★

5.15 **Ike: Countdown to D-Day** Historical drama starring Tom Selleck. (2004) ★★★
7.05 **The Great Train Robbery** 1/2. The story of the most infamous heist in British history. Stars Luke Evans and Jack Roth.
9.00 **Nowhere to Run** Romantic action thriller starring Jean-Claude Van Damme and Rosanna Arquette. An escaped convict seeks refuge with a young widow and her two children. (1993, 15, 95min) ★★

10.55 **The Hard Corps** Action thriller. (2006, 15, 110min) ★★★
1.05 AM **Get Out Alive** Thriller. (2016, PG, 87min) ★★
2.55 **to 4.00** AM **The Concorde Story**

+1 hour 324

Movies 24

325 419 513

7.00 AM **A Dash of Love** (2017) ★★
9.00 **A Brush with Love** Romantic drama. (2019, PG, 84min) ★★
11.00 **SnowComing** Romantic drama. (2019, PG, 84min) ★★
1.00 PM **Love, Take Two** Romantic drama. (2019, PG, 120min) ★★
3.00 **Paris, Wine and Romance** Drama. (2019, PG, 84min) ★★
5.00 **In the Key of Love** Romantic drama. (2019, PG, 90min) ★★

7.00 **The Story of Us** Romantic comedy starring Maggie Lawson and Sam Page. A woman's neighbourhood bookshop is threatened by a new development, and she finds out that the architect is her ex-partner. (2019, PG, 120min) ★★
9.00 **A Summer Romance** Romantic drama starring Erin Krakow. A woman is reluctant to sell her family's ranch to a developer, but then takes a shine to him. (2019, PG, 90min) ★★

11.00 **Winter's Dream** Romantic drama. (2018, PG, 84min) ★★
1.00 AM **Prescription for Love** Drama. (2018, PG, 120min) ★★
3.00 **to 5.00** AM **Tulips in Spring** Drama. (2016, PG, 84min) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.55 PM **Man of the Year** *AMC from BT* Political satire. ★★★
7.00 **Disney's Descendants** *Disney* Fantasy adventure starring Dove Cameron and Sofia Carson. ★★
9.00 **Jaws** *ITV4* Steven Spielberg's blockbuster monster thriller starring Roy Scheider. ★★★★★
9.00 **Under Siege 2** *5Spike* Thriller starring Steven Seagal. ★★★
9.00 **Did You Hear About the Morgans?** *E!* Romantic comedy starring Hugh Grant. ★★★
9.00 **Assassination Games** *Syfy* Action thriller starring Jean-Claude Van Damme. ★★
11.00 **Kick-Ass 2** *5STAR* Comic-book action thriller sequel. ★★
11.00 **Virus** *Syfy* Sci-fi horror thriller starring Jamie Lee Curtis. ★★
11.05 **The Cold Light of Day** *5Spike* Thriller with Henry Cavill. ★★
11.50 **The Business** *AMC from BT* British gangster drama set in the 1980s with Danny Dyer. ★★
1.00 AM **Devil's Knot** *Channel 4* Fact-based crime drama starring Reese Witherspoon and Colin Firth. Signed. ★★
4.00 **Battle of Los Angeles** *Syfy* Sci-fi thriller with Kel Mitchell. ★

WEDNESDAY Sport

SKY HD SD VIRGIN HD BT HD

9 October

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Good Morning Sports Fans Bitesize** Round-up of the latest sports news, with live analysis and comment, plus interviews with the headline makers.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sky Sports News**
2.00 PM **Drive Time USA** The latest golf news with discussion on the big issues in the game.
3.00 LIVE **Live on the Range – Italian Open** The players prepare for the tournament at the Olgiata Golf Club in Rome.
4.00 **Sky Sports News**
5.00 **Sky Sports News at 5**
6.00 **Sky Sports News at 6**
7.00 LIVE **World Grand Prix Darts** Coverage of the fourth day of the 2019 World Grand Prix, which takes place in Dublin.
11.00 **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **The Debate**
8.00 **Best PL Goals: Merseyside Derby** Memorable strikes.
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **The Debate**
1.00 PM **Premier League Years**
3.00 **PL Best Goals 93/94**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
6.30 **PL Legends: Ian Wright**
7.00 **Premier League World**
7.30 **PL Greatest Games**
8.00 **Gary Neville's Soccerbox**
8.30 **We're Not Really Here: Man City** A look at Manchester City's season in the third tier.
9.00 **Premier League World**
9.30 **PL Greatest Games**
10.00 **The Debate** Discussion show
11.00 **PL Best Goals 13/14**
12.00 M'T **The Debate**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 14/15**
5.00 **Best PL Goals: Man Utd v Newcastle** Memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 513 503

6.00 AM **Highlights**
9.00 **Football Years**
10.00 **EFL: Play Off Finals**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Play-Off Final Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **MLS Round-Up Show**
6.30 **SPFL Round-Up**
6.45 **SPFL Greatest Games**
7.00 **Euro 2020 Qualifiers Preview**
7.30 **One2Eleven**
7.40 LIVE **International Football Germany v Argentina.** The friendly match. Kick-off **7.45pm**.
9.45 **SPFL Round-Up**
10.00 **Euro 2020 Qualifiers Preview**
10.30 **EFL Play-Off Final Highlights**
11.30 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 514 504

6.00 AM **Best of England v Windies**
7.00 **Cricket's Greatest Games**
8.00 **Captain's Log**
9.00 **Best of England v Windies**
10.00 **How the 2014 ICC World T20 Was Won** As shown at 3.00pm.
12.00 NOON **Captain's Log**
2.00 PM **Best of England v Windies**
3.00 **How the 2014 ICC World T20 Was Won** A look back at the tournament in Bangladesh, which began with the West Indies as the reigning champions after their triumph in Sri Lanka in 2012.
5.00 **Captain's Log** Michael Atherton.
6.00 **Captain's Log** Nasser Hussain.
7.00 **Captain's Log** Graham Gooch.
8.00 **Cricket World Cup** A look back at the ICC Cricket World Cup of 1996 in Pakistan and India, which was won by Sri Lanka under the captaincy of Arjuna Ranatunga.
9.00 **Captain's Log** Graham Gooch.
11.00 **Cricket World Cup** As 8.00pm.
12.00 M'T **Captain's Log**
1.00 AM **How the 2014 ICC World T20 Was Won** As 3.00pm.
3.00 **Captain's Log** Nasser Hussain.
4.00 **Best of England v Windies**
5.00 **to 6.00** AM **Cricket's Greatest Games**

Sky Sports Golf

405 405 859 515 505

6.00 AM **Ladies European Tour Golf**
7.00 **Chronicles of a Champion Golfer** Double bill of editions.
8.00 **Ladies European Tour Golf** The Hero Women's Indian Open.
9.00 **PGA Tour Golf**
2.00 PM **Drive Time USA**
3.00 LIVE **Live on the Range – Italian Open** The players prepare for the tournament at the Olgiata Golf Club in Rome.
4.00 **Chronicles of a Champion Golfer** Double bill of editions.
5.00 **Drive Time USA**
6.00 **Game Changers @ Solheim Cup**
6.30 **Chronicles of a Champion Golfer** Profile of Nick Faldo.
7.00 **Inside the PGA Tour**
7.30 **Golfing World** Magazine show.
8.00 **On the Range – Italian Open**
9.00 **Staysure Tour Golf**
10.00 **Drive Time USA**
11.00 **On the Range – Italian Open**
12.00 M'T **Staysure Tour Golf**
1.00 AM **Drive Time USA**
2.00 **McIlroy: Lessons with a Champion** With Rory McIlroy,
2.30 **Inside the PGA Tour**
3.00 **Chronicles of a Champion...**
4.30 **McIlroy: Lessons with a...**
5.00 **to 6.00** AM **Drive Time USA**

BT Sport 1

413 413 867 527 408 430

6.00 AM LIVE **WTA Tennis** Coverage of day three of the Tianjin Open from China.
10.00 **UEFA Champions League – Stories of the Finals**
11.30 **UEFA Champions League Review** Recent action.
12.30 PM **UEFA Europa League Highlights Show** Recent action.
1.30 **BT Sport Goals Reload**
2.00 **Classics in Europe**
2.30 **UEFA Champions League Magazine** News and highlights.
3.00 **Ligue 1 Highlights**
4.00 **Early Kick-Off**
4.30 **Premier League** Brighton & Hove Albion v Tottenham Hotspur.
6.00 **BT Sport Score Best Bits**
6.30 **Premier League World**
7.00 **Ladbrokes SPFL Highlights**
7.15 **Premier League Reload**
7.30 LIVE **Vanarama National League Stockport County v Hartlepool United.** From Edgeley Park. Kick-off **7.45pm**.
10.00 **Premier League Review**
11.00 **Classics in Europe**
11.30 **Once Brothers**
1.00 AM LIVE **MLB** Coverage of a match from the MLB Postseason.
4.30 **to 6.00** AM **Classic MOTD**

BT Sport 2

414 414 868 528 409 431

6.00 AM LIVE **Women's ODI Cricket Australia v Sri Lanka.** Coverage of the third and final match in the series, taking place at Allan Border Field in Brisbane.
8.30 **Ligue 1 Highlights**
9.30 **Bundesliga Highlights Show**
10.30 **Ladbrokes SPFL Highlights**
10.45 **WRC Review**
11.45 **No Filter Boxing**
12.15 PM **Premiership Rugby Cup**
3.00 **Ladbrokes SPFL Highlights**
3.15 **Premier League Reload**
3.30 **MotoGP** The MotoGP race at the Grand Prix of Thailand.
4.30 **Super League Triathlon**
5.30 **BT Sport Reload**
6.00 **Women's ODI Cricket**
7.00 **FIM Speedway Highlights**
8.00 **MotoGP Highlights**
9.00 **FIA World Endurance Championship**
10.00 **Dan Hardy's Open Mat**
10.30 **Red Bull Air Race Magazine**
11.30 **Women's ODI Cricket**
12.30 AM **Hempel Sailing World Cup**
1.30 **MotoGP Highlights**
2.30 **BT Sport Goals Reload**
3.00 **Red Bull Air Race Magazine**
4.00 **to 6.00** AM **The Best That Never Was**

BT Sport 3

417 417 869 529 410 432

6.00 AM **MotoGP**
7.00 **MotoGP Chequered Flag**
8.00 **SGB Premiership**
10.00 **EnduroGP**
10.30 **FIA Karting Championships**
11.00 **Ligue 1 Highlights**
12.00 NOON **Bundesliga 2**
1.00 PM **Bundesliga** Double bill.
3.00 **Bundesliga** Action from SC Freiburg v Borussia Dortmund.
4.00 **Bundesliga** Action from Bayer Leverkusen v RB Leipzig.
5.00 **Bundesliga** Action from SC Paderborn v FSV Mainz 05.
6.00 **Bundesliga** Action from Schalke 04 v FC Cologne.
7.00 **Bundesliga** Action from Borussia Moenchengladbach v FC Augsburg at Borussia-Park.
8.00 **Bundesliga** Action from VfL Wolfsburg v FC Union Berlin.
9.00 **Bundesliga** Action from Eintracht Frankfurt v Werder Bremen.
10.00 **Bundesliga Highlights Show**.
11.00 **Ligue 1 Highlights**
12.00 M'T **National League**
1.30 AM **Dan Hardy's Open Mat**
2.00 **UFC: Beyond The Octagon Classic Fights** Four editions.
4.00 **to 6.00** AM LIVE **WTA Tennis** Day four of the Tianjin Open.

Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
1.30 **Super League Fulltime**
2.00 **Legends of Darts**
2.30 **Boxing Gold**
3.30 **Darts Gold**
4.30 **Sporting Records** Focusing on Brian O'Driscoll's Six Nations try tally, the highest-rated racehorse Frankel and Brendon McCullum's Test match sixes.
5.00 **Watersports World**
6.00 **Sports Unlimited**
7.00 LIVE **World Grand Prix Darts** Coverage of the fourth day of the 2019 World Grand Prix, which takes place in Dublin.
11.00 **Inside the Huddle**
12.00 M'T **NFL: America's Game** A look back at San Francisco 49ers' 1994 Super Bowl success.
1.00 AM **World Grand Prix Darts** Action from the fourth day of the tournament in Dublin.
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

145 145 838 520 510

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **Sporting Greats**
12.00 NOON **Great Sporting Moments** Iconic moments.
1.00 PM **Sporting Records**
1.30 **My Icon**
2.00 **NFL: A Football Life**
3.00 **WWE Main Event**
4.00 **Drone Racing League**
6.00 **World Kiteboarding League** Action from the event staged in the Netherlands.
6.30 **World Kiteboarding League** Action from the freestyle stage in Leucate, France.
7.00 **Drone Racing League**
8.00 **Drone Racing League** Action from the event staged at Hard Rock Stadium in Miami, Florida.
9.00 **My Icon**
9.30 **Hooked on Africa**
10.00 **NFL Highlights**
11.00 **Premier League World**
11.30 **My Icon**
12.00 M'T **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423 423 872 530 411 434

6.00 AM **Baseball Tonight**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **College Football** Recent action from college football.
10.30 **College Football** Action from Florida Gators v Auburn Tigers.
1.30 PM **ESPN FC** Football news.
2.00 **MLB** Action from a match from the MLB Postseason.
5.00 **Pardon the Interruption**
5.30 **ESPN FC** Football news.
6.00 **MLB** Action from a match from the MLB Postseason.
9.00 **Baseball Tonight**
9.30 LIVE **MLB** Coverage of a match from the MLB Postseason.
1.00 AM LIVE **College Football Louisiana Ragin' Cajuns v Appalachian State Mountaineers.** The NCAA clash from Cajun Field. Kick-off **1.00am**.
4.30 **World Series of Poker**
5.30 **to 6.00** AM **College Football Live**

Eurosport 1

410 410 864 523 521 412 435

7.25 AM **Salomon Golden Trail Series**
7.55 **Cycling: Binche-Chimay-Binche**
8.55 **WTA Tennis** Action from the Nature Valley Open final.
9.55 **WTA Tennis** Action from the Nature Valley Classic final.
10.55 LIVE **WTA Tennis** Day three of the Upper Austria Ladies Linz, the indoor hardcourt tournament, held at the TipsArena Linz in Austria.
5.05 PM **WTA Tennis** Highlights of day three of the Upper Austria Ladies Linz at the TipsArena Linz, Austria.
5.25 **Eurosport News**
5.30 LIVE **WTA Tennis** Further coverage of day three of the Upper Austria Ladies Linz from the TipsArena Linz in Austria.
9.30 **WTA Tennis** Highlights of day three of the Upper Austria Ladies Linz at the TipsArena Linz, Austria.
11.30 **Cycling: Milan-Torino** Action from the 100th staging of the annual one-day race in Italy.
12.40 **to 7.25** AM **WATTS**

Eurosport 2

411 411 865 524 522 413 436

6.00 AM **Snooker: Scottish Open**
8.00 **Bennetts British Superbikes**
9.30 **World Superbikes**
11.30 **Cycling: Tre Valli Varesine**
12.30 PM **Cycling: Binche-Chimay-Binche** Action from Belgium.
1.30 LIVE **Cycling: Milano-Torino** The 100th staging of the annual one-day race.
3.30 **International Swimming League** From Indianapolis.
4.30 **Cycling: Binche-Chimay-Binche**
5.30 **Cycling: National Circuit Champs** As shown at 9.30pm.
6.00 **Snooker: Northern Ireland Open** The 2018 final.
8.00 **Cycling: Milan-Torino**
9.30 **Cycling: National Circuit Champs** Action from the men's race in Rochester.
10.00 **Snooker: Scottish Open**
12.00 M'T **WTA Tennis**
2.00 AM **Cycling: Milan-Torino**
3.30 **Salomon Golden Trail Series**
4.00 **to 6.00** AM **WTA Tennis**

Sky Sports Arena

408 408 862 518 508

6.00 AM **Sporting Greats**
7.00 **World Cup of Pool**
8.00 **Great Sporting Moments**
8.30 **Super League Fulltime**
9.00 **World Cup of Pool**
10.00 **World Grand Prix Darts**
2.00 PM **World Cup of Pool**
3.00 **NRL** This year's Grand Final.
4.00 **Championship Rugby League**
5.00 **WWE Smackdown Hits** Wrestling action from America
6.00 **WWE Main Event**
7.00 **NBC's ProFootballTalk** American football discussion.
9.00 **Inside the Huddle** Magazine.
10.00 **World Cup of Pool**
11.00 **NRL** This year's Grand Final.
12.00 M'T **Championship Rugby League** Highlights.
1.00 AM **Super League Fulltime**
1.30 **Sporting Records**
2.00 **Super League Gold**
3.00 **Sporting Records**
4.00 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** A re-run of the 2018 Japanese Grand Prix.
1.05 PM **Lewis in the W196 with Martin**
1.15 **Formula 1** Highlights of the 2018 Japanese Grand Prix.
2.15 **Formula 1** Another chance to see the Singapore Grand Prix.
4.55 **F1 Cars Through 1000 Races**
4.50 **Brundle At The Nordshleife**
5.00 **Formula 1** Another chance to see the Russian Grand Prix, the 16th round of the season, held at the Sochi Autodrom.
7.15 **F1 Rookies Go Karting**
7.30 **The Inside Line**
8.00 **Formula 1** Highlights of the 2018 Japanese Grand Prix.
9.00 **F1 Classic Races** A look back at the 2005 Japanese Grand Prix.
11.00 **Formula 1** A re-run of the 2018 Japanese Grand Prix
1.05 AM **Williams Stock Car**
1.30 **to 6.00** AM **The Home of F1**

Thursday

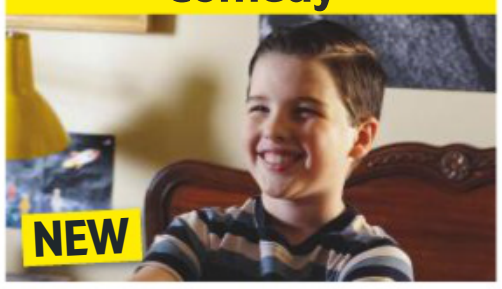
10 October

Evening Planner

Football

Euro 2020 Qualifiers
Sky Sports Premier League HD, Football HD & Main Event HD, kick-offs 7.45pm
Slovakia v Wales, Russia v Scotland and Netherlands v N Ireland on a big night

Comedy



Young Sheldon
E4 HD, 8.30pm
At the start of series three of *The Big Bang Theory* spin-off, Mary worries that Sheldon is headed for a breakdown

Documentary

Million Dollar Wedding Planner
BBC2 HD, 9pm (not Wales)
Three opulent weddings in Asia, one of which sees four dresses for the bride

Entertainment

There's Something About Movies
Sky One HD, 9pm
Alan Carr returns to host the cinema quiz as Jennifer Saunders joins as a captain

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Watchdog Live		9.00 The Met: Policing London †		10.00 News; Local News	10.35 Question...
102 BBC2	7.00 MOTDx	7.30 The Channel...	8.00 Hairy Bikers: Route 66		9.00 Million Dollar Wedding Planner †		10.00 The Mash...	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Growing Old...	8.00 Emmerdale	8.30 Paul O'Grady's...	9.00 Inside Prison: Britain Behind Bars		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 Celeb First Dates Hotel for SU2C		10.00 The Circle	
105 CHANNEL 5	7.00 Building Britain's Canals		8.00 The Wonderful World of Crafting		9.00 Rich House, Poor House		10.00 My Posh Date	
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own		9.00 There's Something About Movies		10.00 Frayed	
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 Handmade in...	8.00 Forces of Nature with Brian Cox		9.00 Eugenics: Science's Greatest Scandal		10.00 World War Two: 1945 and the...	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Supermarket Sweep		9.00 Family Guy		10.00 Celebrity Juice	
136 MORE4	◂ 6.55 Grand Designs Revisited		7.55 George Clarke's Amazing Spaces		9.00 New Amsterdam		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks	7.30 Celebrity Coach Trip		8.30 Young Sheldon	9.00 Pants on Fire		10.00 The Inbetweeners	
107 SKY WITNESS	7.00 Nothing to Declare UK		8.00 Criminal Minds		9.00 FBI		10.00 Criminal Minds	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Catherine the Great			10.10 Last Week Tonight with John...
110 GOLD	◂ 6.40 Open...	7.20 Dad's Army		8.40 Gavin & Stacey		9.20 Not Going Out	10.00 Goodness Gracious Me	10.40 Two...
111 DAVE	7.00 QI XL		8.00 Have I Got a Bit More Old News for You		9.00 Live at the Apollo		10.00 Judge Romesh	
119 ITV3	◂ 6.55 Agatha Christie's Poirot		8.00 Vera				10.00 Law & Order: UK	
120 ITV4	7.00 The Chase		8.00 British Superbike Championship...		9.00 Junk and Disorderly		10.00 Film: American Sniper	
112 COMEDY CENTRAL	7.00 Friends		8.00 Blockbusters		9.00 Film: Dumb and Dumber			
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: The One			
109 W	7.00 MasterChef Australia		8.00 One Born Every Minute		9.00 Stacey Dooley Sleeps Over		10.00 Louis Theroux's Weird Weekends	
113 UNIVERSAL	7.00 NCIS		8.00 Murder She Solved: True Crime		9.00 Chicago Med			
124 FOX	7.00 NCIS				9.00 Family Guy		10.00 American Horror Story: 1984	
122 SKY ARTS	7.00 Live at Cheltenham Literature Festival				9.00 Cheltenham Literature Festival Sessions		10.00 Sherlock Holmes vs Arthur Conan...	
Documentary								
125 DISCOVERY	7.00 Gold Rush		8.00 Combat Dealers		9.00 Naked and Afraid XL		10.00 Finding Escobar's Millions	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 The Vet Life		9.00 Edge of Alaska		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Wicked Tuna: North v South		9.00 Ice Road Rescue		10.00 Gordon Ramsay: Uncharted	
130 HISTORY	7.00 Forged in Fire		8.00 Pawn Stars		9.00 Forged in Fire		10.00 Alone: Arctic	
155 YESTERDAY	7.00 Monster Ships		8.00 Impossible Engineering		9.00 Abandoned Engineering		10.00 Underground Worlds	
166 EDEN	7.00 Super Vets		8.00 Wild Arabia		9.00 Frontier Borneo		10.00 Wild Colombia with Nigel Marven	
Films								
301 SKY PREMIERE	◂ 5.45 Where Hands Touch		8.00 Widows				10.15 Accident	
303 SKY HITS	◂ 6.00 The Front Runner		8.00 Holmes & Watson		9.45 Hotel Mumbai			
311 SKY GREATS	◂ 6.00 The Bourne Ultimatum		8.00 Armageddon					10.35 Speed
305 SKY DISNEY	◂ 6.10 101 Dalmatians		8.00 Ralph Breaks the Internet				10.00 The Lone Ranger	
306 SKY FAMILY	◂ 6.20 Mr Popper's Penguins		8.00 A Dog's Way Home		9.45 The Nightmare Before Christmas			
307 SKY ACTION	◂ 5.45 Justice League		8.00 Aquaman					10.30 Batman
308 SKY COMEDY	◂ 6.15 Shaun of the Dead		8.00 Hot Fuzz				10.05 The World's End	
309 SKY THRILLER	7.00 The Girl in the Spider's Web				9.00 BlacKkKlansman			
310 SKY DRAMA	7.00 Titanic						10.15 Fifty Shades Freed	
304 SKY SKY-FI	◂ 5.45 Star Wars: Episode IV – A New Hope		8.00 Star Wars: Episode V – The Empire Strikes Back				10.15 Star Wars: Episode VI...	
302 SKY SUPERHEROES	7.00 Ant-Man and the Wasp				9.00 Captain America: The First Avenger			
313 FILM4	◂ 6.20 X-Men 2				9.00 The Bank Job			
315 TCM	◂ 6.35 Gambit				9.00 The Big Lebowski			
Sport								
401 MAIN EVENT	7.00 Euro 2020 Qualifiers – Live: Netherlands v Northern Ireland: The Group C match from De Kuip (Kick-off 7.45)						10.00 World Grand Prix Darts – Live	
402 PREMIER LEAGUE	7.00 Euro 2020 Qualifiers – Live: Slovakia v Wales: The Group E match from City Arena Trnava (Kick-off 7.45)							10.30 PL World
403 FOOTBALL	7.00 Euro 2020 Qualifiers – Live: Russia v Scotland: The Group I match from Luzhniki Stadium (Kick-off 7.45)							10.30 SPFL Greatest...
404 CRICKET	7.00 Captain's Log		8.00 Cricket World Cup		9.00 Captain's Log		10.00 Ashes Memories	
413 BT SPORT 1	◂ 5.30 SGB...	7.30 SGB Premiership – Live: Action from the Speedway Great Britain Premiership			9.45 MotoGP Highlights			
414 BT SPORT 2	7.00 BT Sport Score...	7.30 Premier League World	8.15 BT Sport Goals Reload		9.00 Fantastic Lies			

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** New edition (S)
10.00 **Homes Under the Hammer** New edition Properties in Bolton, Kent and Stoke-on-Trent. (S)(AD)
11.00 **Fugitives** (S)(R)(AD)
11.45 **The Sheriffs Are Coming** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Head Hunters** New edition (S)
3.00 **Escape to the Perfect Town** New edition A Sunderland couple look to relocate to North Yorkshire. (S)
3.45 **Make Me a Dealer** New edition (S)
4.30 **Money for Nothing** New edition Jay Blades rescues a pub table. (S)
5.15 **Pointless** New edition (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Watchdog Live

7 PM

7.00 **The One Show** Hosted by Michelle Ackerley and Patrick Kielty. (S)
7.30 **EastEnders** Martin and Sonia support Bex during her meeting with a mental health nurse. (S)(AD)

8 PM

8.00 **Watchdog Live** New edition 5/6. Matt Allwright, Steph McGovern and Nikki Fox present the consumer investigation show, including a confrontation with a turfing company whose grass is riddled with weeds. (S)

9 PM

9.00 **The Met: Policing London** New edition 2/7. The murder investigation team look into two murders of under-25s thought to be linked to gang culture in north London, trying to find out if one was carried out in retaliation for the other. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Question Time** New edition Fiona Bruce chairs the topical debate from Beckenham in south-east London. (S)
11.35 **Brexitcast** New edition A mix of light-hearted gossip and serious analysis about the latest goings-on from Westminster and Brussels, with Laura Kuenssberg, Katya Adler, Adam Fleming and Chris Mason. (S)
12.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Money for Nothing** (S)(R)
7.15 **Fugitives** (S)(R)(AD)
8.00 **Sign Zone: Antiques Roadshow** From the V&A Dundee. (S)(R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
12.15 PM **Politics Live** (S)
1.00 **Hardball** Quiz show. (S)(R)
1.45 **Digging for Britain** (S)(R)(AD)
2.45 LIVE **Gymnastics: World Championships** Matt Baker presents coverage of the women's all-around final in Stuttgart. (S)
6.00 **Richard Osman's House of Games** New edition With Ade Edmondson, Ed Gamble, Miquita Oliver and Kate Thornton. (S)
6.30 **Strictly: It Takes Two** New edition Zoe Ball has a sneak peek at some of Saturday's costumes. (S)

8.00 Hairy Bikers: Route 66

7 PM

7.00 **MOTDx** Football discussion presented by Jermaine Jenas. (S)
7.30 **The Channel Tunnel – Life on the Inside** New edition 2/4. The well-oiled system of twinning. (S)

8 PM

8.00 **Hairy Bikers: Route 66** New edition 4/6. Dave Myers and Si King ride 400 miles across Texas to New Mexico, visiting burger joints, a cowboy emporium, a chocolatier and a cheesemaker, as well as attending a baseball match. (S)

9 PM

9.00 NEW **Million Dollar Wedding Planner** The exclusive world of a woman who organises nuptials for the super-rich in the Far East, taking on just 10 ceremonies a year at an average cost of $1million each. (S)

10 PM

10.00 **The Mash Report** Series finale 6/6. Satirical news show presented by Nish Kumar. (S)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Catching Britain's Killers: The Crimes That Changed Us** 1/3. The stories of murder investigations and their consequences, beginning with the hunt to find a killer in 1980s Leicestershire, which led to DNA fingerprinting. (S)(R)(AD)
12.15 AM **Sign Zone: Who Do You Think You Are?** With Mark Wright. (S)(R)
1.15 **Sign Zone: Home Is Where the Art Is** In Birmingham. (S)(R)(AD)
2.00 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** An interview with Lenny Henry. (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** Including an interview with Sienna Miller. (S)
12.30 PM **Loose Women** Christina Hendricks talks about her new movie *American Woman*. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Widnes in Cheshire. (S)(R)
3.00 **Tenable** Quiz show (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Paul O'Grady's Little Heroes

7 PM

7.00 **Emmerdale** Aaron raises Robert's spirits, and Mandy gets a surprise. (S)(AD)
7.30 **Growing Old: Britain's Mental Health Crisis? Tonight** New edition Fiona Foster investigates Britain's mental health crisis. (S)

8 PM

8.00 **Emmerdale** Robert and Victoria prepare for the future. (S)(AD)
8.30 **Paul O'Grady's Little Heroes** New edition 5/6. An eight-month-old who has had two operations on his heart. (S)(AD)

9 PM

9.00 **Inside Prison: Britain Behind Bars** New edition 3/4. Officers search for child pornography, rumoured to be doing the rounds on a USB stick, and face a constant battle against drugs being smuggled in. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Sanditon** 7/8. Sidney wrestles with his feelings towards an old flame, and Young Stringer reveals his feelings to Charlotte. (S1) (S)(R)
11.45 **British Touring Car Championship Highlights** Action from round nine at Silverstone, where the 25th, 26th and 27th races of the season were scheduled to take place. (S)
1.00 AM **Ideal World** (S)
3.00 **Growing Old: Britain's Mental Health Crisis? Tonight** (R)
3.25 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Mike & Molly** (S5) (S)(R)
6.55 NEW TO C4 **Mike & Molly** (S6) (S)
7.20 **The King of Queens** (S8) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 3&4/24. (S2) (S)(R)(AD)
10.10 **Ramsay's Kitchen Nightmares USA** From Pennsylvania. (S)(R)
11.05 **Undercover Boss USA** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Couples Come Dine with Me** From Marbella in Spain. (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun: Winter Sun** From Spain's Costa Tropical. (S)(R)
4.00 **Sun, Sea and Selling Houses** New edition From Almeria. (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Your Room or Mine?** New edition
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)

9.00 Celeb First Dates Hotel for...

7 PM

7.00 **News** (S)
7.55 **The Political Slot** Caroline Johnson MP talks about funding for frontline services. (S)

8 PM

8.00 **The Dog House** New edition 6/8. Labrador Loki arrives and soon meets a seasoned dog owner – but an injury may prevent her from taking him in. Plus, small terrier Midnight is looking for a forever home. (S)(AD)

9 PM

9.00 **Celeb First Dates Hotel for SU2C** Series finale 6/6. After Duncan James's arrival last week, Ulrika Jonsson, Pete Wicks and AJ Odudu join him in the hotel. (S)(AD)
■ Repeated tomorrow

10 PM

10.00 **The Circle** New edition Emma Willis hosts the reality challenge in which individuals interact with one another through a bespoke voice-activated social media platform. (S)
■ Continues tomorrow
11.05 **8 Out of 10 Cats** With Katherine Ryan, Angela Barnes, Paisley Billings and Lloyd Griffith. (S)(R)
12.05 AM **Gogglebox** (S)(SL)(R)(AD)
1.00 **Ramsay's Kitchen Nightmares USA** From Pennsylvania. (S)(R)
1.50 **Grand Designs** (S)(R)(AD)
2.45 **This Way Up** 3&4/6. (S1) (S)(R)
3.35 **Come Dine with Me** (S)(R)
4.30 **Lost and Found** (S)(R)
5.25 **Star Boot Sale** (S)(SL)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **GPs: Behind Closed Doors** A woman with epilepsy. (S)(R)(AD)
12.10 PM **News** (S)
12.15 **GPs: Behind Closed Doors** A congenital condition. (S)(R)(AD)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM Twisted Sisters** Thriller starring Sierra McCormick. (S) (2016, PG, 105min) ★★
4.00 **Friends** (S4&5) (S)(R)
5.00 **5 News at 5** (S)
5.30 **Neighbours** Paul organises a security sweep. (S)(R)(AD)
6.00 **Home and Away** Irene wants to sign her share of the diner over to Leah. (S)(R)(AD)
6.30 **News** (S)

8.00 The Wonderful World of...

7.00 Building Britain's Canals 3/3. Historian Dan Jones examines the construction of the picturesque Kennet & Avon Canal, which was created by young engineer John Rennie and linked Bristol with London. (S)(R)

8.00 The Wonderful World of Crafting New edition 2/4. Four crafters present their works in needle felt, plastic sculpting and wooden furniture at the Crafty Vintage fair at Lowther Castle in Cumbria. (S)

9.00 Rich House, Poor House New edition 2/6. Property developer Claire Donovan swaps her farmhouse in the countryside for warehouse worker Jason White's cottage in Blandford. *Previously scheduled for 3 October.* (S)

10.00 NEW My Posh Date People from opposite ends of Britain's class system, including a gas fitter and a trainee barrister, go on a series of dates to find out if love can bridge the divide. (S)

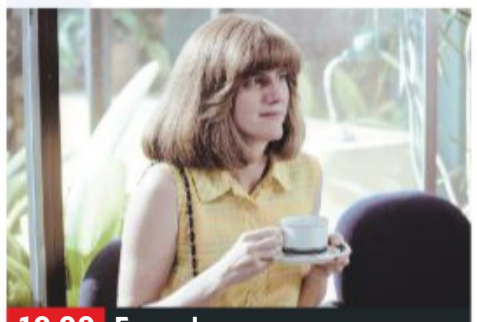
11.05 **One Night with My Ex** 2/6. Former couples reunite. (S)(R)
12.05 AM **Celebrity Botched Up Bodies** Documentary. (S)(R)
1.00 **The 21.co.uk Live Casino Show**
3.10 **Inside the Cockpit: The Concorde Crash** (S)(R)
4.00 **Tattoo Disasters UK** (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Nick's Quest** (S)(R)
5.35 **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Business** (S)(R)(AD)
8.00 **The Dog Whisperer** (R)
9.00 **Brit Cops: Rapid Response** Officers on patrol. (S)(R)(AD)
10.00 **Stargate SG-1** (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
3.00 **Brit Cops: Rapid Response** (R)
4.00 **Modern Family** 4&5/22. Double bill. (S10) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *Space Pilot 3000:* With the voices of Dick Clark and Leonard Nimoy. (S)(R)(AD) **6.00** *The Series Has Landed:* Fry goes on his first trip to the moon. (S)(R)(AD)
6.30 **The Simpsons** *Catch 'Em If You Can:* Marge and Homer go on a second honeymoon. (S)(R)



10.00 Frayed

7.00 The Simpsons *Simple Simpson:* Homer becomes a vigilante. With Nichelle Nichols. (S)(R) **7.30** *The Way We Weren't:* Marge tells the children she was the first person Homer kissed at high school. (S)(R)

8.00 A League of Their Own New episode Out-takes and pranks from the latest series of the comedy quiz with regulars Jamie Redknapp, Andrew Flintoff and Romesh Ranganathan. ■ Rptd tomorrow on Sky One

9.00 NEW SERIES There's Something About Movies Alan Carr returns with the comedy panel show with team captains Michael Sheen and Jennifer Saunders, plus Florence Pugh, Phil Wang and Jonathan Ross.

10.00 Frayed New episode 3/6. Sammy snoops around Chris's office for evidence of his underhand dealings, while Lenny pals up with a fellow misfit, and a date lands Jean in hot water. (S1) (S)

11.00 **Temple** 4/8. Things become complicated between Daniel and Anna. (S1) (S)(R)(AD)
12.00 M'T **The Reluctant Landlord** (R)
12.30 AM **The Force: Essex** (S)(R)
1.30 **Road Wars** (S)(R)
2.30 **NCIS: Los Angeles** (S1) (S)(R)
3.30 **Road Wars** (S)(R)
4.00 **Futurama** (S)(R)(AD)
5.00 **to 6.00** AM **It's Me or the Dog** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
9.00-10.00pm Tiny Lives New edition (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm The View (S) **11.15** International Football Highlights **11.55** Question Time (S) **12.55am** Brexitcast (S) **1.25-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
9.00-10.00pm NEW The Dynamic Duo (S) **11.15** Match of the Day Wales Live (S) **11.45pm-12.15am** Grand Tours of Scotland's Lochs (S)(R)

ITV

As main ITV except:
WALES
7.30-8.00pm Return to the Mountain New edition (S) **10.45** Growing Old: Britain's Mental Health Crisis? Tonight New edition (S) **11.15-11.45pm** Heathrow: Britain's Busiest Airport New edition (S)(AD)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Bywyd y Fet **12.30** Heno **1.00** Rali Cymru GB **1.30** Rhannu **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Aur Y Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ysgol Ddawns Anti Karen **6.30** Rownd a Rownd (AD) **7.00** Newyddion S4C a'r Tywydd **7.25 LIVE** Sgorio Rhyngwladol **10.00** Jonathan: Cwpan Rygbi'r Byd 2019 **11.00-11.35pm** Hansh New edition

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Handmade in Bolton** New edition 3/4. Shaun Greenhalgh is set the task of making a Renaissance animal plate.
8.00 **Forces of Nature with Brian Cox** 1/4. The physicist reveals what lies behind the Earth's beauty.
9.00 **Eugenics: Science's Greatest Scandal** Series finale 2/2. Documentary exploring the scientific idea involving selecting breeding.
10.00 **World War Two: 1945 and the Wheelchair President** The leadership of Franklin Roosevelt.
11.30 **Horizon: The Truth About Personality** The factors that shape people's personalities.
12.30 AM **Handmade in Bolton**
1.30 **Forces of Nature with Brian Cox** As 8.00pm.
2.30 **to 3.30** AM **Eugenics: Science's Greatest Scandal**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun: Winter Sun** Double bill.
10.55 **Kirstie and Phil's Love It or List It** In Windsor.
12.00 NOON **Escape to the Chateau: DIY**
1.05 PM **Come Dine with Me**
3.50 **Find It, Fix It, Flog It**
4.50 **The Secret Life of the Zoo** Asian elephant Thi prepares to give birth.
5.55 **The Supervet**
6.55 **Grand Designs Revisited** Kevin McCloud revisits a couple who built an earth-sheltered home in Cumbria.
7.55 **George Clarke's Amazing Spaces** Newlyweds who plan to transform an old army truck into a mobile holiday home.
9.00 **New Amsterdam** New episode 3/22. Reynolds begins to build his department as Dr Sharpe battles scepticism from a patient's parents. (S1)
10.00 **24 Hours in A&E** 1/8. A woman involved in a motorbike accident is brought to St George's Hospital in London.
11.00 **999: What's Your Emergency?** A man found floating in the sea.
12.05 AM **New Amsterdam**
1.00 **The Secret Life of the Zoo**
2.05 **Ramsay's Kitchen Nightmares USA**
3.05 **to 3.30** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
6.45 **You've Been Framed!**
7.10 **Dinner Date**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.50 **The Ellen DeGeneres Show** New edition
2.45 **Supermarket Sweep**
3.50 **Dinner Date**
4.50 **Dress to Impress**
5.50 **Take Me Out**
7.00 **You've Been Framed! Gold** Double bill of clips.
8.00 **Supermarket Sweep** With Rylan Clark-Neal.
9.00 **Family Guy** 15/30. Brian works at *The New Yorker.* (S4) **9.30** 12/30. Peter gets stranded on a desert island after a fishing trip. (S4).
10.00 **NEW SERIES Celebrity Juice** Comedy quiz hosted by Keith Lemon.
10.50 **Family Guy** 6/30. Lois is taken to hospital suffering from burns. (S4)
11.20 **Family Guy** 7/30. Brian appears on a TV dating show. With Jessica Biel. (S4)
11.45 **American Dad!**
12.45 AM **Zomboat!**
1.15 **Don't Hate the Playaz**
2.00 **to 2.30** AM **Superstore**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Celebrity Coach Trip**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Brooklyn Nine-Nine**
5.00 **The Goldbergs**
6.00 **The Big Bang Theory** 12&13. Double bill. (S9)
7.00 **Hollyoaks** Scott wants Mitchell to open up to him.
7.30 **Celebrity Coach Trip** New edition 4/10. The first new arrivals shake things up.
8.30 **NEW SERIES Young Sheldon** 1/22. Dr Sturgis has a nervous breakdown, and Georgie discovers he has a knack for sales. (S3)
9.00 **NEW SERIES Pants on Fire** Comedy bluffing show, hosted by Emma Willis.
10.00 **The Inbetweeners** 5/6. Will is left home alone. **10.35** 6/6. The gang go on a camping trip. (S3)
11.15 **Rick and Morty**
12.15 AM **The Big Bang Theory**
1.15 **Pants on Fire**
2.15 **Rob Beckett's Savage Socials**
2.55 **The Inbetweeners**
3.55 **Celebrity Coach Trip**
4.45 **to 6.00** AM **The Big Bang Theory**

+1 hour 235 | 146 | 28 | 123

THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Paramedics**
9.00 **Blue Bloods** 8/22. (S1)
10.00 **Criminal Minds** 19/23. (S2)
11.00 **CSI** As shown at 12.00m't.
12.00 NOON **Elementary** (S1)
1.00 PM **Blue Bloods** 11/22. (S1)
2.00 **The Real A&E**
3.00 **Children's Hospital**
4.00 **Paramedics**
5.00 **Nothing to Declare** Four editions of the documentary series following the work of customs officers in Australia.

9.00 FBI

7 PM

7.00 **Nothing to Declare UK** Double bill. Documentary following the work of customs officers in the south of England.

8 PM

8.00 **Criminal Minds** *Restoration:* 18/24. A case leads Morgan to the man who abused him as a child. (S8)

9 PM

9.00 **FBI** New episode *Identity Crisis:* 11/22. After sentencing a man to life in prison, a judge is found murdered. (S1)

10 PM

10.00 **Criminal Minds** *The Edge of Winter:* 19/24. Morgan questions a psychiatric patient about an unsolved case. (S9)
11.00 **Criminal Minds** 9/24. (S9)
12.00 M'T **CSI** 8/23. (S2)
1.00 AM **Criminal Minds** 21/22. Reid fears his mother has been abducted. (S12)
2.00 **Blue Bloods** Double bill.
4.00 **Children's Hospital**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Richard E Grant's Hotel Secrets** The actor visits Tokyo.
8.00 **Storm City** Floods.
9.00 **CSI** 12/23. (S1)
10.00 **The West Wing** (S7)
12.00 NOON **Without a Trace** (S6)
2.00 PM **Blue Bloods** 13/22. (S2)
3.00 **The West Wing** (S7)
5.00 **Without a Trace** 1/24. Jack tries to adjust to working with his new boss. **6.00** 2/24. A clothing company executive is abducted from a taxi. (S7)

9.00 Catherine the Great

7.00 **CSI** *Boom:* 13/23. Grissom tries to identify a bomber terrorising the Las Vegas business community. (S1)

8.00 **Blue Bloods** *Parenthood:* 14/22. The Reagans consider how far they would go to protect one another. (S2)

9.00 **Catherine the Great** New episode 2/4. Potemkin returns and hopes to begin a relationship with Catherine. (S1)

10.10 **Last Week Tonight with John Oliver** Talk show.
10.45 **The Sopranos** 8/21. AJ causes problems. (S6)
11.55 **The Sopranos** 9/21. Paulie organises the annual Feast of St Elzear. (S6)
1.05 AM **Catherine the Great** As shown at 9.00pm.
2.15 **Dexter** 10/12. (S3)
3.25 **Silicon Valley** 5/10. (S4)
4.00 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **The Piglet Files**
7.35 **As Time Goes By**
8.05 **The Piglet Files**
8.40 **Open All Hours**
9.20 **As Time Goes By**
10.00 **Last of the Summer Wine**
11.55 **Chef!**
12.40 PM **Hi-de-Hi!**
1.20 **Keeping Up Appearances**
2.05 **Open All Hours**
2.40 **Last of the Summer Wine**
4.40 **Keeping Up Appearances**
5.20 **Hi-de-Hi!**
6.00 **Gavin & Stacey**
6.40 **Open All Hours**

10.00 Goodness Gracious Me

7.20 **Dad's Army** Captain Mainwaring sets his sights on Frazer's savings.

8.00 **Dad's Army** The platoon are assigned to guard a vital telephone line.
8.40 **Gavin & Stacey** The couple announce their engagement, and the families unite for a party.
9.20 **Not Going Out** Lee has to leave the flat when he gets a job as a caretaker.

10.00 **Goodness Gracious Me** The Bhangramuffins talk genetics.
10.40 **Two Pints of Lager and a Packet of Crisps**
11.15 **Michael McIntyre's Comedy Roadshow**
12.20 AM **Game On**
1.00 **Two Pints of Lager...**
1.40 **Michael McIntyre's...**
2.35 **Game On**
3.05 **to 4.00** AM **Harry Hill's TV Burp**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.50 **Classic Emmerdale**
7.50 **Heartbeat**
8.50 **On the Buses**
9.55 **Man About the House**
10.25 **Outside Edge**
11.30 **Agatha Christie's Poirot**
12.40 PM **Heartbeat** As 5.55pm.
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *Lily of the Valley:* Lily Barton's sheep are stolen. Guest stars Jean Alexander.

8.00 Vera

6.55 **Agatha Christie's Poirot** *Peril at End House – Part Two:* The Belgian sleuth's Cornish holiday comes to a dramatic conclusion.

8.00 **Vera** *The Seagull:* The detective reopens an unsolved case when a skeleton is discovered, and suspects the bones belong to a notorious criminal who was once a friend of her father.

10.00 **Law & Order: UK** *Help:* 1/6. Brooks and Devlin investigate when a former top-flight footballer is murdered in London. (S4)
11.00 **Law & Order: UK** 2/6. High-court judge Rachel Callaghan is critically injured after being shot in an underground car park. Guest stars Juliet Stevenson. (S4)
12.00 M'T **to 2.15** AM **Inspector Morse** *Cherubim and Seraphim.*

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **The Chase**
6.45 **Only When I Laugh**
7.10 **Kojak**
8.05 **Quincy ME**
9.10 **Minder**
10.15 **The Sweeney**
11.20 **The Professionals**
12.25 PM **The Saint**
1.30 **Kojak**
2.35 **Quincy ME**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Sweeney** The squad seek a gang of thieves.

10.00 American Sniper

7.00 **The Chase** Four contestants work as a team to take on ruthless quiz genius The Chaser and secure a cash prize.

8.00 **British Superbike Championship Highlights** Action from the 11th round of the season at Donington Park.

9.00 **Junk and Disorderly** Henry Cole and Sam Lovegrove transform a BSA Bantam from a roadster into a trial bike.

10.00 **FILM American Sniper** Biopic starring Bradley Cooper. (2014, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **The Sweeney** First episode of the crime drama. Regan and Carter stake out a dodgy garage, believed to be the base of a criminal gang.
1.45 **to 2.40** AM **Minder** A criminal escapes from Chelmsford prison.

+1 hour 220 175 154

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Sky Two

170 160 11 144

7.00 AM **Four Weddings**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: South Africa**
12.00 NOON **Wild Vets**
1.00 PM **The Dog Whisperer**
2.00 **Most Haunted**
3.00 **Babylon 5** 16/22. (S2)
4.00 **The Chase USA**
5.00 **The Crystal Maze**
6.00 **Stargate SG-1** (S7)
7.00 **Stargate SG-1** *Heroes – Part Two:* 18/22. (S7)
8.00 **Duck Quacks Don't Echo** With Jason Byrne.
9.00 **Jamestown** 3&4/8. Double bill. (S2)
11.00 **Sun, Sea and A&E**
12.00 M'T **A League of Their Own** Out-takes and pranks from series 14.
1.00 AM **Frayed** 3/6. (S1)
2.00 **There's Something About Movies**
3.00 **Duck Quacks Don't Echo** As 8.00pm.
4.00 **Wild Vets**
5.00 **to 6.00** AM **The Chase USA**

Pick

152 165 11 144

7.00 AM **Nothing to Declare**
8.00 **America's Front Line**
9.00 **Border Patrol**
10.00 **Police Ten 7**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **Banged Up Abroad**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **America's Front Line**
6.00 **Without a Trace** (S2)
7.00 **Hawaii Five-0** *Oia'i'o (Truth):* 24/24. (S1)
8.00 **MacGyver** 3/23. (S2)
9.00 **An Idiot Abroad**
10.00 **Karl Pilkington: The Moaning of Life**
11.00 **The Force: Manchester**
12.00 M'T **Air Ambulance ER**
1.00 AM **Brit Cops: War on Crime**
2.00 **Road Wars**
3.00 **Border Patrol**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

112 112 812 132 181 307 370

7.10 AM **Top Gear**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
11.00 **Cops UK: Bodycam Squad** Documentary.
12.00 NOON **Modern Wheels or Classic Steals**
1.00 PM **Top Gear**
2.00 **Cops UK: Bodycam Squad** Documentary.
3.00 **Modern Wheels or Classic Steals**
4.00 **Timber Kings**
5.00 **Top Gear** Double bill.
7.00 **QI XL** With Bill Bailey.
8.00 **Have I Got a Bit More Old News for You**
9.00 **Live at the Apollo**
10.00 **Judge Romesh**
11.00 **QI XL** With Sally Phillips.
12.00 M'T **Mock the Week**
12.40 AM **Have I Got a Bit More Old News for You**
1.40 **QI XL** As 7.00pm.
2.45 **to 4.00** AM **Mock the Week**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **My Wife and Kids**
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S1)
11.00 **Friends** (S6)
1.00 PM **Friends** (S6&7)
4.00 **Will & Grace** (S1)
5.00 **Friends** (S8&9)
8.00 **Blockbusters** New edition Quiz show.
8.30 **Blockbusters**
9.00 **FILM Dumb and Dumber** Comedy with Jim Carrey, Jeff Daniels and Lauren Holly. (1994, 12, 107min) ★★
11.00 **Michael McIntyre: Happy & Glorious**
12.00 M'T **The Ricky Gervais Show** 7/13. (S3)
12.30 AM **The Ricky Gervais Show** 8/13. (S3)
1.00 **South Park** (S7)
2.30 **RuPaul's Drag Race All Stars**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Impractical Jokers**

+1 hour 212 133

ITV Be

131 119 179 26 118

6.00 AM **CELEBrations**
7.30 **Income Property**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of New Jersey**
1.20 **The Bachelor USA**
2.20 **Married to Medicine**
3.10 **The Real Housewives of Beverly Hills**
4.05 **The Real Housewives of Atlanta** Double bill.
6.00 **Buying and Selling** Double bill of editions.
8.00 **Dinner Date** With Jess from Beckenham.
9.00 **Vanderpump Rules** New edition Ariana enjoys her moment in the limelight at the ball.
10.00 **The Real Housewives of Cheshire** The lives of women who reside in the affluent area.
11.00 **Totally Unbelievable**
12.00 M'T **to 12.55** AM **The Millionaire Matchmaker**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 212 | 312 | 382

7.10 AM **Murdoch Mysteries** (S12)
8.00 **Sue Thomas: F.B.Eye**
9.00 **Death in Paradise** 2/8. (S3)
10.00 **Father Brown** As 11.20pm.
11.00 **Rizzoli & Isles** 2&3/18. (S5)
1.00 PM **Death in Paradise** (S3)
2.00 **Major Crimes** 2/19. (S2)
3.00 **Miss Fisher's Murder Mysteries** 4/13. (S1)
4.00 **Murdoch Mysteries** (S7)
6.00 **Rizzoli & Isles** 9/18. The team investigates when a woman's mummified remains are discovered. (S5)

10.00 Death in Paradise

7.00 **Rizzoli & Isles** *If You Can't Stand the Heat:* 11/18. A man is found dead in a bathtub of ice during a heat wave. (S5)
8.00 **Major Crimes** *Under the Influence:* 3/19. A TV producer wants to observe the workings inside the LAPD. (S2)
9.00 **Father Brown** *The Tanganyika Green:* The sleuth investigates the murder of a Colonial Postal Service officer.
10.00 **Death in Paradise** *The Wrong Man:* 2/8. A zombie movie being filmed on the island ends in real-life horror. (S3)
11.20 **Father Brown** *The Wrong Shape:* The priest investigates when a man is found hanged.
12.20 AM **Unforgettable** 12/22. (S1)
1.15 **Sue Thomas: F.B.Eye** (S3)
2.25 **Miss Fisher's Murder Mysteries** 4/13. (S1)
3.15 **to 4.00** AM **Copper**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 | 375

6.00 AM **Star Trek: Voyager** (S1)
8.00 **Teleshopping**
11.00 **Merlin** 10/13. (S5)
12.00 NOON **FILM Ba'al: The Storm God** Sci-fi action drama. (2008, 15, 97min) ★★
2.00 PM **Merlin** 11/13. (S5)
3.00 **Stargate Atlantis** 12/20. (S4)
4.00 **Star Trek: Voyager** 11&12/26. Double bill. (S5)
6.00 **Star Trek: The Next Generation** *Descent – Part Two:* 1/26. Data's malevolent brother Lore persuades him to join forces with the Borg. (S7)

9.00 The One

7.00 **Star Trek: The Next Generation** *Liaisons:* 2/26. Alien ambassadors visit the *Enterprise* on a cultural exchange. (S7)
8.00 **Stargate Atlantis** *Quarantine:* 13/20. The city goes into lockdown. Guest stars David Nykl and Brenda James. (S4)
9.00 **FILM The One** Martial arts sci-fi thriller starring Jet Li, Carla Gugino and Jason Statham. (2001, 15, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.50 **FILM Final Recall** Sci-fi thriller with Wesley Snipes. (2017, 15, 90min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.00 AM **Star Trek: The Next Generation** Triple bill. (S6)
4.00 **to 6.00** AM **FILM Megalodon** Action adventure starring Michael Madsen. A military vessel finds itself fighting off a lethal giant shark. (2018, 15, 105min) ★

+1 hour 214 229

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **MasterChef Australia**
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
1.00 PM **MasterChef Australia**
2.00 **My Dream Home** A couple want a large urban home where they can raise a family. **3.00** A couple want a pedestrian-friendly property. **4.00** Two brothers wish to create a party palace.
5.00 **Tipping Point** Double bill.

5.00 Tipping Point

7.00 **MasterChef Australia** New edition The hopefuls take over the menu of a train running from Queenscliff to Drysdale.
8.00 **One Born Every Minute** Two women offer their daughters support during labour after unplanned pregnancies.
9.00 **Stacey Dooley Sleeps Over** 6/6. Stacey visits a wealthy family in their large manor house in the Warwickshire countryside.
10.00 **Louis Theroux's Weird Weekends** Louis arranges a bizarre festive gathering, featuring some strange and colourful characters.
11.00 **Inside the Ambulance**
12.00 M'T **999 Rescue Squad**
1.00 AM **Who Do You Think You Are?** With Twiggy.
1.50 **Criminal Minds: Beyond Borders** 10/13. (S2)
2.34 **to 3.00** AM **Bin There, Dump That**

+1 hour 209 190

Universal

113 113 813 | 122 121 | 320 | 385

8.00 AM **Numb3rs** 2/23. (S5)
9.00 **Sea Patrol** 9/13. (S1)
10.00 **Private Eyes** 9/10. (S1)
11.00 **NCIS** 21&22/24. (S10)
1.00 PM **CSI: Miami** 11&12/25. Double bill of episodes. (S4)
3.00 **Law & Order** 11&12/24. (S11)
5.00 **NCIS** 23/24. A cook from a US Navy destroyer tells McGee and Gibbs he believes someone is stalking him. **6.00** 24/24. A Navy Seal's wife receives a package containing her husband's severed head. (S10)

1.00 CSI: Miami

7.00 **NCIS** *See No Evil:* 1/23. A navy captain is held hostage in his office while his wife and blind daughter are abducted. (S2)
8.00 **Murder She Solved: True Crime** *Severed:* A severed arm and two suspicious fires are investigated in Calgary.
9.00 **Chicago Med** *Be My Better Half:* 1/22. Halstead fears that Manning is having second thoughts about getting married.
10.00 **Chicago Med** *When To Let Go:* 2/22. Part two of a three-part crossover with *Chicago Fire* and *Chicago PD*. (S4)
11.00 **Law & Order: Special Victims Unit** 10/24. A serial killer targets the children of immigrants. (S11)
12.00 M'T **CSI: Miami** (S4)
2.00 AM **Rescue: Code One**
3.00 **Sea Patrol** 9/13. (S1)
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 206

FOX

124 124 821 | 157 199

8.00 AM **The Closer** 11/15. (S4)
9.00 **Bones** 7/15. (S3)
10.00 **NCIS: New Orleans** (S4)
11.00 **NCIS** 12/24. (S2)
12.00 NOON **Bones** (S3)
2.00 PM **The Mentalist** 15/23. (S2)
3.00 **NCIS** 1/24. (S15)
4.00 **NCIS: New Orleans** 10/24. Pride and the team rehash the Clearwater case. (S4)
5.00 **Bones** 10/15. A motorcycle star is murdered. (S3)
6.00 **The Mentalist** 16/23. A scientist is exposed to a deadly virus. (S2)

8.00 NCIS

7.00 **NCIS** *Twofer:* 2/24. The team investigate when the body of a missing navy lieutenant is found buried in a cemetery.
8.00 **NCIS** *Exit Strategy:* 3/24. The disappearance of a Metro PD cop is linked to a decade-old murder case. (S15)
9.00 **Family Guy** 8/30. Stewie falls in love with his new babysitter. (S4) **9.30** 11/16. Meg becomes deeply religious. (S7)
10.00 **American Horror Story: 1984** New episode *True Killers:* 4/10. Mr Jingles closes in on the one who got away. (S9)
11.00 **American Dad!** 2&3/18. Double bill of episodes. (S6)
12.00 M'T **Family Guy** 13/20. (S14)
12.30 AM **Family Guy** 14/20. (S14)
1.00 **American Dad!** (S4&6)
2.00 **Family Guy** (S14&11)
3.30 **American Dad!** 13/16. (S4)
4.00 **to 5.00** AM **The Closer**

+1 hour 224 158

7 PM | **8 PM** | **9 PM** | **10 PM**

Sony Channel

157 189 48 142

6.00 AM **Charlie's Angels**
7.00 **Hart to Hart**
9.00 **Highway to Heaven**
12.00 NOON **TJ Hooker**
2.00 PM **Hart to Hart**
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels**
7.00 **M*A*S*H** 13/24. Radar has an accident. **7.30** 14/24. Hot Lips decides to dump Frank. **8.00** 15/24. The medics get an officers' club. **8.30** 16/24. Henry falls in love. (S2)
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz hosted by Chris Tarrant.
12.00 M'T **M*A*S*H** 2/25. (S6)
12.30 AM **M*A*S*H** 3/25. (S6)
1.00 **TJ Hooker** (S3)
3.00 **M*A*S*H** 6/24. (S2)
3.30 **The Waltons** (S4)
4.20 **Touched by an Angel**
5.10 **to 6.00** AM **Highway to Heaven**

+1 hour 257 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **The South Bank Show Originals**
11.00 **Discovering**
12.00 NOON **Landscape Artist of the Year 2018**
1.00 PM **Comedy Legends**
2.00 **Cheltenham Literature Festival Sessions** New edition
5.00 **Discovering**
6.00 **Landscape Artist 2018**
7.00 **Live at Cheltenham Literature Festival** New editions Double bill.
9.00 **Cheltenham Literature Festival Sessions** New edition
10.00 **Sherlock Holmes vs Arthur Conan Doyle**
11.00 **Beat Generation**
12.00 M'T **Neil Gaiman's Likely Stories**
2.00 AM **Comedy Legends**
3.00 **Too Young to Die**
4.00 **Sherlock Holmes vs Arthur Conan Doyle**
5.00 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Come Dine with Me**
11.30 **Four in a Bed**
12.00 NOON **Find It, Fix It, Flog It** A roll-top bath.
1.00 PM **Undercover Boss USA** Documentary.
2.00 **Ramsay's Kitchen Nightmares USA**
3.00 **Everybody Loves Raymond** (S7)
4.00 **Frasier** (S1)
5.00 **A Place in the Sun: Winter Sun**
6.00 **Sun, Sea and Selling Houses**
7.00 **Ramsay's Kitchen...**
8.00 **Snackmasters**
9.00 **Location, Location...**
10.00 **8 Out of 10 Cats Does Countdown**
11.05 **Wife Swap USA**
12.00 M'T **The Dog House**
1.05 AM **Escape to the Chateau: Restoring the Dream**
2.10 **Secret Life of the Zoo**
3.15 **Sun, Sea and Selling...**
4.10 **to 4.40** AM **Four in a Bed**

5USA

141/169 153 21 129

9.00 AM **Access**
9.10 **Remington Steele** (S3)
10.05 **CSI: NY** 13/23. (S6)
11.00 **The Mysteries of Laura**
12.00 NOON **Bull**
1.00 PM **Law & Order** (S11)
3.00 **Murder, She Wrote**
6.00 **Law & Order** (S11)
7.00 **Law & Order** *Brother's Keeper:* 21/24. (S11)
8.00 **NCIS** *Grounded:* 9/24. DiNozzo, Bishop and her husband investigate a terrorist threat. (S12)
9.00 **Chicago PD** New episode *Pain Killer:* 17/22. A mayoral candidate is shot after making a speech. (S6)
10.00 **Law & Order: Special Victims Unit** *Smoked:* 24/24. A woman scheduled to testify in a case is murdered. (S12)
10.55 **Law & Order: Special Victims Unit** (S13&12)
12.55 AM **CSI: NY** (S6)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Last Man Standing**
8.20 **Smallville** 15/23. (S2)
9.10 **Can't Pay? We'll Take It Away!** Double bill.
11.10 **My Wife and Kids**
12.05 PM **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Two and a Half Men**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Can't Pay? We'll Take It Away!**
8.00 **Rich Kids, Skint Holiday**
9.00 **Britain's Naughtiest Nursery** Series finale
10.00 **I'm 40 Stone and Too Big to Budge**
11.00 **FILM Fool's Gold** Romantic comedy. (2008, 12, 107min) ★
1.20 AM **Britain's Pushiest Parents**
2.20 **Star** 8/12. (S1)
3.10 **Riverdale** 3/22. (S2)
3.55 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Dalziel & Pascoe**
4.20 **All Creatures Great and Small**
5.25 **Fresh Fields**
6.00 **'Allo 'Allo!**
6.40 **Keeping Up Appearances**
7.20 **Last of the Summer Wine** Howard hires a surveillance team.
8.00 **Murdoch Mysteries** *21 Murdoch Street:* Crabtree and Brackenreid go undercover at a prestigious boys' school.
9.00 **Father Brown** *The Hammer of God:* A man is murdered at the unveiling of a new church clock.
10.00 **New Tricks**
11.10 **Silent Witness**
1.50 **to 4.00** AM **Boon**

+1 hour 243 226

THURSDAY Entertainment & Lifestyle

AMC

332 381

Programmes start at 1pm.

1.00 PM **Halt and Catch Fire**
1.55 **James Cameron's Story of Science Fiction**
2.50 **FILM Man of the Year** Political satire. (2006, 12, 111min) ★★★
5.00 **Halt and Catch Fire**
6.00 **James Cameron's Story of Science Fiction**
6.55 **Zoom In** *Isle of Dogs*.
7.05 **FILM The Wings of the Dove** Drama. (1997, 15, 101min) ★★★★
9.00 **FILM The Road** Apocalyptic drama with Viggo Mortensen. (2009, 15, 111min) ★★★★
11.10 **FILM Take Shelter** Psychological drama. (2011, 15) ★★★★
1.25 AM **FILM The Rover** Drama. (2014, 15) ★★★
3.25 **Halt and Catch Fire**
4.20 **to 5.30** AM **James Cameron's Story of Science Fiction**

CBS Drama

147 197 71 134

9.00 AM **Medium** 2/16. (S1)
10.00 **ER** 4/25. (S1)
11.00 **The Love Boat** (S5)
12.05 PM **Judge Judy**
1.00 **Gunsmoke** (S20)
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S5)
7.00 **CSI: Miami** *Kill Switch:* 23/24. Ryan is suspected of helping a killer. (S5)
8.00 **Judge Judy**
9.00 **Medium** *A Couple of Choices:* 3/16. Allison dreams about a double death. (S1)
10.00 **CSI: Miami** *Born to Kill:* 24/24. A serial killer marks his victims with Y-shaped incisions. (S5)
11.00 **The Love Boat** (S5)
12.05 AM **Judge Judy**
1.00 **ER** 5/25. (S1)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Father Dowling Mysteries**
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Father Dowling Mysteries**
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 18/26. (S3)
2.05 **CSI: Miami** 16/24. (S5)
3.00 **NCIS** 12/24. (S7)
4.00 **NCIS: Los Angeles** (S3)
5.00 **Father Dowling Mysteries**
6.00 **Perry Mason**
7.05 **CSI: Cyber** *Click Your Poison:* 10/13. (S1)
8.00 **Walker, Texas Ranger** *The Avenger:* 19/26. (S3)
9.00 **Scorpion** *Tech, Drugs and Rock 'n' Roll – Part One:* 6/25. (S2)
10.00 **NCIS: Los Angeles** *Sacrifice:* 5/24. (S3)
11.00 **CSI: Cyber** 9/13. (S1)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **Scorpion** As 9pm.
2.00 **Gunsmoke** (S20)
3.05 **Bonanza**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 PM **Medical Detectives**
8.00 **48 Hours: Mystery** Two double murders.
9.00 **Ice Cold Killers** On an autumn evening, a hunter is shot to death.
10.00 **Donal MacIntyre's Murder Files New edition** Donal meets DI Jim Hodgson to revisit the case of a body found at the scene of a fire.
11.00 **Murderers and Their Mothers**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Ice Cold Killers**
2.00 **Donal MacIntyre's Murder Files**
3.00 **Crime and Punishment**
3.50 **Hoarders**
4.40 **Dog and Beth: On the Hunt**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Catchphrase**
10.55 **Small Talk**
12.05 PM **Wheel of Fortune**
1.00 **Weakest Link**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye** Four editions.
6.00 **Weakest Link**
7.00 **Pointless Celebrities** An edition focusing on Halloween.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Classic Who Wants to Be a Millionaire?** Newlywed couples compete in the quiz.
11.00 **Bullseye**
12.00 M'T **Bullseye**
1.00 AM **The Chase**
3.50 **Deal or No Deal**
5.10 **to 6.00** AM **Golden Balls**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Most Ridiculous – Animals**
6.25 **Most Ridiculous – Holidays**
7.00 **Teleshopping**
9.00 **Friends**
11.00 **The Middle** (S1)
1.00 PM **Most Ridiculous – Kids** Online mishaps.
1.30 **Most Ridiculous – Jobs**
2.00 **Bob's Burgers** (S9)
4.00 **Wipeout USA**
6.00 **Impractical Jokers: Hits, Errors & Balls**
6.30 **Impractical Jokers**
8.00 **Fresh Prince of Bel Air**
9.00 **Friends** (S4&5)
10.00 **South Park** (S6)
12.00 M'T **Gemini Man Special**
12.30 AM **Jimmy Carr: Being Funny**
1.30 **Russell Howard's Good News** Double bill.
3.25 **Russell Howard Live**
4.10 **TripTank** (S1)
4.30 **Bob's Burgers** (S9)
5.15 **to 6.00** AM **The Middle**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Kourtney & Kim Take Miami**
11.00 **News: Daily Pop**
12.00 NOON **Flip It Like Disick**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Dating: No Filter**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Keeping Up with the Kardashians**
9.00 **Dating: No Filter**
10.00 **Flip It Like Disick**
11.00 **Nightly Pop**
11.30 **Ladygang**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Revenge Body**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

+1 hour 223 149

Food Network

140 291 41 148

6.00 AM **30 Minute Meals**
6.25 **Giada In Italy**
8.05 **Giada at Home**
9.00 **The Pioneer Woman**
11.00 **Bake Off: Creme de la Creme**
12.00 NOON **Hairy Bikers' Mississippi Adventure**
1.00 PM **Barefoot Contessa – Back to Basics**
2.00 **James Martin: Sweet**
2.30 **James Martin: Delicious**
3.00 **30 Minute Meals**
4.00 **The Pioneer Woman**
6.00 **Hairy Bikers' Mississippi Adventure**
7.00 **Bake Off: Creme de...**
8.00 **My Greatest Dishes**
9.00 **Tom Kerridge's American Feast**
10.00 **Diners, Drive-Ins and Dives** Four editions.
12.00 M'T **Mystery Diners**
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 240 280

Lifetime

164 208 329 384

7.00 AM **Judge Judy**
1.00 PM **Storage Wars**
2.00 **Zombie House Flipping**
3.00 **Flipping Vegas**
4.00 **Little Women: Dallas**
5.00 **Hardcore Pawn**
6.00 **Disaster Decks**
7.00 **Judge Judy** Real-life small-claims cases.
9.00 **Vikings** *Moment of Vision:* 10/20. A sense of doom looms over Kattegat as bloodshed ensues, the defeated army flees in the face of the victors, and a legendary warrior makes his way home. (S5)
10.00 **Storage Wars** The buyers head to auction in Hawaiian Gardens. **10.30** Dave and Ivy fight over a pair of units.
11.00 **Hardcore Pawn**
12.00 M'T **Disaster Decks**
1.00 AM **Vikings** As 9.00pm.
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **Gemini Man Movie Special** A preview.
9.30 **The Office (US)** (S5)
10.00 **FILM A Life of Deception** Thriller. (2017, PG, 87min) ★★
11.50 **FILM A Wedding to Die For** Thriller. (2019, 12, 60min) ★★
1.40 PM **FILM Murdered at 17** Thriller. (2018, 12, 87min) ★★
3.25 **FILM Framed by My Fiancé** Thriller. (2017, PG, 83min) ★★
5.10 **FILM Deadly Delusion** Thriller. (2017, 12) ★★★
7.00 **House** 13&14/22. (S8)
8.55 **Access** Showbiz news.
9.00 **Marvel's Agent Carter**
11.00 **Impractical Jokers**
11.55 **The Mick**
12.55 AM **Sleepy Hollow** (S1)
2.40 **Smallville** (S1)
4.10 **Now That's Funny!**
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wet Nets**
6.20 **Total Fishing**
7.10 **Deadliest Catch**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Fantomworks**
12.00 NOON **Alien Encounters**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers: Under the Ice**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Fifth Gear New edition**
10.00 **Speed Is the New Black Series finale**
11.00 **British Superbikes**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **FBI Files**
12.00 NOON **Disappeared**
1.00 PM **Say Yes to the Dress**
1.30 **Say Yes to the Dress**
4.00 **Curvy Brides Boutique**
5.00 **Say Yes... Atlanta**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **My 600lb Life: Where Are They Now?**
10.00 **Paranormal Lockdown**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Copycat Killers**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops San Francisco**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Escape to the Country** Rural retreats.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **The Sheriffs Are Coming**
11.00 **Celebrity Antiques Road Trip**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** From Dorset.
3.00 **Homes Under the Hammer** In Gateshead.
4.00 **Ghost Adventures**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **Embarrassing Bodies**
10.00 **Murder Made Me Famous**
11.00 **NEW Ted Bundy: Mind of a Monster**
12.00 M'T **Ghost Adventures**
2.00 AM **Teleshopping**
4.00 **Born to Kill?**
4.50 **to 6.00** AM **Ghost Adventures**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Canada's Front Line**
9.00 **Police Ten 7**
10.00 **Road Wars**
11.00 **Rapid Response**
12.00 NOON **Banged Up...**
1.00 PM **Snapped**
2.00 **Canada's Front Line**
4.00 **Stop, Search, Seize**
5.00 **Road Wars**
6.00 **Law & Disorder**
7.00 **Banged Up Abroad**
8.00 **Murders That Shocked the Nation**
9.00 **In Ice Cold Blood**
10.00 **Snapped New edition**
11.00 **World's Most Evil Killers**
12.00 M'T **Banged Up Abroad**
1.00 AM **The Mark of a Killer**
2.00 **Snapped**
3.00 **Murders That Shocked the Nation**
4.00 **Police Ten 7**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Speeders** A car decorated with junk. **7.30** Officer Williams pulls over a bong maker. **8.00** Officer Olson gives some teens a pop quiz. **8.30** A confused wedding planner.
9.00 **Deadly Women** Females who harbour dark sentiments. **10.00** A socialite who killed her husband.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 279

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **The Great British Benefits Handout**
10.00 **The Murder Next Door**
11.00 **The Dog Rescuers**
12.00 NOON **FILM Christmas Mix** Romantic comedy. (2014, PG, 90min) ★★
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Inside Rolls-Royce**
10.00 **Posh Hotels with Sally & Nigel** A look at the UK's poshest hotels.
11.00 **Eamonn & Ruth: Meet the Millionaires**
12.00 M'T **Murder Next Door**
1.00 AM **The Great British Benefits Handout**
2.00 **Royal Brides**
3.00 **to 4.00** AM **QE2: The World's Greatest Cruise Ship**

5Spike

150 154 31 141

9.00 AM **The A-Team**
11.00 **Police Interceptors**
12.00 NOON **Can't Pay? We'll Take It Away!**
2.00 PM **Trucking Hell: Extreme Road Rescue**
3.00 **Traffic Cops**
5.00 **The A-Team** (S2)
7.00 **Police Interceptors** Jules Bennett rushes to assist a fellow officer.
8.00 **Police Interceptors** Officers are kept busy with patrols as World Cup fever hits Essex.
9.00 **Fights, Camera, Action!** Times when people feel wronged and take it into their own hands.
10.00 **FILM Killing Season** Thriller with Robert De Niro and John Travolta. (2013, 15, 87min) ★
11.50 **Banged Up Abroad**
12.50 AM **Knight Rider**
1.50 **Knight Rider** (S1)
2.50 **to 3.00** AM **Access**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé**
11.30 **Say Yes... Canada**
12.00 NOON **Dr Pimple Popper**
1.00 PM **Cake Boss**
2.00 **Little People, Big World**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **90 Day Fiancé: The Other Way New edition**
9.00 **Dr Pimple Popper**
10.00 **Brides, Grooms and Emergency Rooms New edition**
11.00 **Olivia & Alex: Happily Ever After?**
12.00 M'T **90 Day Fiancé: The Other Way**
1.00 AM **Dr Pimple Popper**
2.00 **Brides, Grooms and...**
3.00 **Olivia & Alex: Happily...**
4.00 **to 6.00** AM **Highlights**

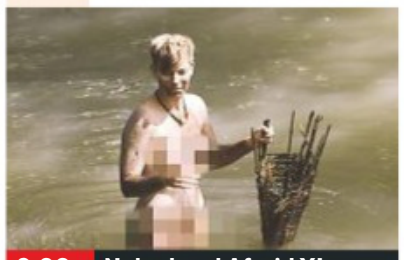
+1 hour 233 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Supertruckers**
7.00 **Airplane Repo**
8.00 **Extreme Engineering**
9.00 **Treasure Quest**
10.00 **Contact Project**
11.00 **Wheeler Dealers**
12.00 NOON **Garage Rehab**
1.00 PM **Combat Dealers**
2.00 **Alien Highway**
3.00 **Fast N' Loud**
4.00 **Kindig Customs**
5.00 **Garage Rehab**
6.00 **Fast N' Loud** Richard and Aaron view two Corvettes.



9.00 Naked and Afraid XL

7.00 **Gold Rush** Parker tries to mend fences with Tony. With winter approaching, frozen pay dirt damages Rick's washplant.

8.00 **Combat Dealers** Bruce Crompton recreates a D-Day parachute jump in a genuine World War Two uniform.

9.00 **Naked and Afraid XL** New edition Torrential rain and lack of food brings one survivalist to breaking point.

10.00 **Finding Escobar's Millions** New edition Former DEA agents break open a concrete box at a secret airstrip.

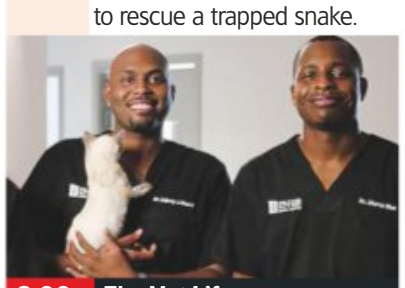
11.00 **Wheeler Dealers** A 1977 Honda CVCC's engine.
12.00 M'T **Naked and Afraid XL**
1.00 AM **Finding Escobar's Millions** As 10.00pm.
2.00 **Street Outlaws**
3.00 **Naked and Afraid XL**
3.50 **The Last Alaskans**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
8.00 **Animal Cops Houston**
10.00 **Bondi Vet**
11.00 **Pit Bulls & Parolees**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **My Cat from Hell**
4.00 **Edge of Alaska** Following the residents of McCarthy, Alaska.
5.00 **Extinct or Alive** Searching for an extinct tiger on the island of Java in Indonesia.
6.00 **Bondi Vet** Dr Chris Brown tries to rescue a trapped snake.



8.00 The Vet Life

7.00 **Pit Bulls & Parolees** The team rescue 10 dogs abandoned in deplorable conditions.

8.00 **The Vet Life** New edition A grapefruit-sized tumour on a dalmatian's head forces Dr Blue to operate.

9.00 **Edge of Alaska** The last days of winter bring change, and Jason races melting river crossings to reach his crashed plane.

10.00 **Animal Cops Houston** Barbara Christiansen rescues two emaciated dogs, leaving a fight to save the animals' lives.

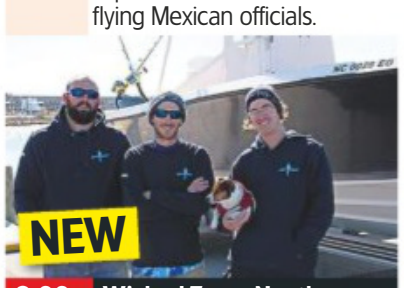
11.00 **Pit Bulls & Parolees**
12.00 M'T **Mountain Monsters**
1.00 AM **Animal Cops Houston**
2.00 **The Vet Life** As 8.00pm.
3.00 **Edge of Alaska** As 9.00pm.
3.50 **Intruders** Spiders in Arkansas.
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **Treehouse Masters**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Car SOS** Double bill.
10.00 **Air Crash Investigation**
12.00 NOON **Hitler's Last Stand**
1.00 PM **Nazi Megastructures: Battle Ready** Japanese tactics in the Pacific.
2.00 **Nazi Megastructures** Hitler's sea-faring structures.
3.00 **WW2: Hell Under the Sea** An American submarine sunk by its own torpedo.
4.00 **Car SOS** Double bill.
6.00 **Air Crash Investigation** A plane that crashed whilst flying Mexican officials.



8.00 Wicked Tuna: North v...

7.00 **Air Crash Investigation** Reconstruction of XL Airways Germany Flight 888T, which spiralled into the Mediterranean.

8.00 **NEW SERIES Wicked Tuna: North v South** A new Bluefin season finds the Northern boats facing with a new Southern fleet.

9.00 **Ice Road Rescue** New edition A 20-ton transporter slides off the road during a snowstorm and a car falls in a ditch.

10.00 **Gordon Ramsay: Uncharted** Gordon learns how to cook seal with a Tlingit elder on the Alaskan Panhandle.

11.00 **Air Crash Investigation**
12.00 M'T **Airport Security: Peru** Agents face a dilemma, and a new way of hiding cocaine in food packaging is discovered.
1.00 AM **America's Hardest Prisons** The inmates of maximum-security facilities.
2.00 **to 5.00** AM **Car SOS**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
7.00 **American Pickers: Best Of**
8.00 **Pawn Stars**
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Counting Cars**
2.00 **American Pickers** The guys brave a chilling collection at a former petrol station.
3.00 **Storage Wars** Four editions.
5.00 **Pawn Stars**
6.00 **American Pickers: Best Of**

10.00 Alone: Arctic

7.00 **Forged in Fire** Four bladesmiths forge Ben Abbott's favourite blade, the Celtic Ring Knife, with the San Mai technique.

8.00 **Pawn Stars** New edition Rick dives into a big deal involving an 18th-century sea map from the legendary Captain Cook.

9.00 **Forged in Fire** New edition US Navy officers forge a naval Mark 3 dive knife using metal from an anchor chain.

10.00 **NEW SERIES Alone: Arctic** Ten new contestants arrive at the coldest location in the history of the programme.

11.00 **Forged in Fire: Knife or Death** Series finale Two competitors face off before one is crowned champion.
12.00 M'T **Nazi Titanic** A propaganda film about the doomed ship.
2.00 AM **Pawn Stars** As 8.00pm.
3.00 **Counting Cars**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Machines of War**
8.00 **Time Team**
10.00 **Nazi Murder Mysteries**
11.00 **Impossible Railways**
12.00 NOON **Time Team**
2.00 PM **Ocean Giants** The lives of whales and dolphins.
3.00 **Planet Earth II** Wildlife that inhabit the world's grasslands.
4.00 **Bangers and Cash**
5.00 **Impossible Railways** Rail routes across mountains.
6.00 **Nazi Murder Mysteries** The theories surrounding the death of Hermann Goering.

11.00 Bangers and Cash

7.00 **Monster Ships** The work carried out by *ONE Columba*, which is capable of carrying 14,000 containers.

8.00 **Impossible Engineering** The creation of Crossrail, a project with 10,000 personnel across 40 sites and on 118km of track.

9.00 **Abandoned Engineering** The programme looks at a mysterious group of rusting ships stranded in an arid desert.

10.00 **Underground Worlds** A look at some of Switzerland's 300,000 subterranean bunkers, built across history.

11.00 **Bangers and Cash** A Bradford-built 1952 Jowett Javelin finds an unexpected home, and Paul and Dave uncover a Ford Escort that's been untouched for 30 years.
12.00 M'T **Impossible Railways**
1.00 AM **Nazi Murder Mysteries**
2.00 **to 3.00** AM **Machines of War**

+1 hour 255 200

7 PM **8 PM** **9 PM** **10 PM**

Disc. History

171 262

6.00 AM **Expedition Unknown**
7.00 **Deadliest Tech**
8.00 **Cold War Armageddon**
9.00 **Frontline Battle Machines**
10.00 **Blowing Up History**
11.00 **Deadliest Tech**
12.00 NOON **Secrets Underground**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Cold War Armageddon**
4.00 **Frontline Battle Machines**
5.00 **Blowing Up History**
6.00 **Secrets Underground**
7.00 **Mysteries at the Museum**
8.00 **Expedition Unknown**
9.00 **Mummies Unwrapped**
10.00 **The Unexplained Files**
11.00 **Legend Detectives**
12.00 M'T **Expedition Unknown**
1.00 **to 6.00** AM **Highlights**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Super Vets**
10.00 **Collar of Duty**
11.00 **Spy in the Wild**
12.00 NOON **Wild Arabia**
1.00 PM **Wild Colombia with Nigel Marven**
2.00 **Collar of Duty**
3.00 **Jungle Planet**
4.00 **Super Vets**
5.00 **Collar of Duty**
6.00 **Spy in the Wild**
7.00 **Super Vets**
8.00 **Wild Arabia**
9.00 **Frontier Borneo**
10.00 **Wild Colombia with Nigel Marven**
11.00 **Spy in the Wild**
12.00 M'T **Wild Arabia**
1.00 AM **Frontier Borneo**
2.00 **Jungle Planet**
3.00 **Wild Colombia with Nigel Marven**
3.50 **Collar of Duty**
4.40 **Spy in the Wild**
5.30 **to 6.00** AM **Jungle Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Monster Fish**
9.00 **Winter Wonderland**
10.00 **Prairie Dog Dynasty**
11.00 **Secrets of the Zoo**
12.00 NOON **Snakes in the City** A black mamba.
1.00 PM **Little Monkey House**
2.00 **Wild China: Giant Pandas**
3.00 **Prairie Dog Dynasty**
4.00 **Monster Fish**
6.00 **Animal Fight Club**
7.00 **Snakes in the City**
8.00 **America's National Parks** Series finale Yosemite National Park.
9.00 **America's Wild Spaces** New edition The Appalachian Trail.
9.30 **Monster Croc Wrangler** Series finale
10.00 **Monster Fish**
11.00 **Alaska Fish Wars**
12.00 M'T **Animals Gone Wild**
2.00 AM **Snakes in the City**
3.00 **Little Monkey House**
4.00 **to 5.00** AM **Wild China: Giant Pandas**

History 2

163 273 330 390

8.00 AM **History's Most Hated: Napoleon Bonaparte**
9.00 **History's Most Hated: Peter the Great**
10.00 **Cities of the Underworld**
11.00 **Monsterquest**
12.00 NOON **Ancient Aliens**
2.00 PM **Warriors**
3.00 **History's Most Hated: Pol Pot**
4.00 **History's Most Hated: Ivan the Terrible**
5.00 **Ancient Assassins**
7.00 **Monsterquest**
9.00 **Ancient Aliens**
10.00 **Britain's Bloodiest Dynasty** Examining the reign of Richard II.
11.00 **WWII's Most Daring Raids**
12.00 M'T **Monsterquest**
2.00 AM **Ancient Aliens**
3.00 **Britain's Bloodiest Dynasty** As 10.00pm.
4.00 **to 5.00** AM **Ancient Assassins**

PBS America

174 276 91 155

8.00 AM **Stories from the Dark Earth: Meet the Ancestors Revisited**
9.15 **Egypt's Lost Cities**
11.15 **Rise of the Rockets**
12.30 PM **Egypt** 4/6. (S1)
1.50 **Stories from the Dark Earth: Meet the Ancestors Revisited**
3.05 **Egypt's Lost Cities**
5.05 **Egypt** 4/6. (S1)
6.20 **Stories from the Dark Earth: Meet the Ancestors Revisited**
7.40 **Egypt** *The Mystery of the Rosetta Stone:* 5/6. Exploring the career of Jean-Francois Champollion, the linguist who deciphered the Rosetta Stone. (S1)
9.00 **Montezuma** Aztec leader Montezuma II.
10.15 **Back to the Moon** The engineers aiming to begin a new era of lunar exploration.
11.30 **Egypt** As 7.40pm.
12.50 **to 2.00** AM **Montezuma**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **Critical Evidence**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Motive to Murder**
9.00 **The First 48**
10.00 **Homicide Squad: Atlanta** A man is shot.
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Nightmare in Suburbia**
2.00 **The First 48**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Homicide: Hours to Kill**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

THURSDAY Films

Thursday

Sky Premiere

301 301 842 401 501

6.00 AM **The Stolen Princess** (2018)
7.45 **Where Hands Touch** As shown at 5.45pm.
10.00 **PREMIERE Accident** Thriller, as shown at 10.15pm.
11.45 **Widows** As 8.00pm.
2.10 PM **Cruise** Romantic comedy. (2018, 15, 90min) ★★★
4.00 **The Stolen Princess** Animated fantasy adventure. (2018, PG, 85min) ★★★
5.45 **Where Hands Touch** Drama. (2018, 12, 122min) ★★

10.15 Accident

Sky Disney

305 305 846 405 505

6.20 AM **The Game Plan** Comedy. (2007, U, 105min) ★★★
8.20 **Planes** As shown at 4.30pm.
9.55 **101 Dalmatians** As 6.10pm.
11.45 **Lilo & Stitch** Animated sci-fi. (2002, U, 85min) ★★★
1.15 PM **Lilo & Stitch 2: Stitch Has a Glitch** Animated sci-fi. (2005, U, 65min) ★★★
2.30 **Ralph Breaks the Internet**
4.30 **Planes** Animation. (2013) ★★
6.10 **101 Dalmatians** Fantasy. (1996, U, 102min) ★★★★

4.30 Planes

Sky Family

306 306 847 406 506

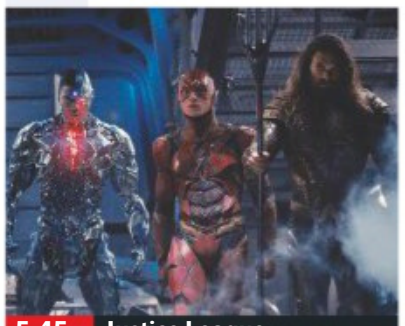
6.55 AM **Open Season 2** (2008)
8.20 **The Chronicles of Narnia: The Voyage of the Dawn Treader**
10.20 **Lego DC Super Hero Girls: Super-Villain High** (2018) ★★
11.45 **A Dog's Way Home** As 8pm.
1.30 PM **The Nightmare Before Christmas** As 9.45pm.
2.50 **The Chronicles of Narnia: The Voyage of the Dawn Treader**
4.50 **Asterix: The Secret of the Magic Potion** (2018) ★★★
6.20 **Mr Popper's Penguins** (2011)

6.20 Mr Popper's Penguins

Sky Action

307 307 848 407 507

6.00 AM **Batman: The Dark Knight Returns, Part I** Animation. (2012, 15, 76min) ★★★
7.30 **Batman: The Dark Knight Returns – Part Two** Animation. (2013, 15, 73min) ★★
8.55 **Justice League** As 5.45pm.
11.00 **Aquaman** As 8.00pm.
1.25 PM **Batman** As 10.30pm.
3.35 **Batman Returns** Fantasy. (1992, 12, 121min) ★★★
5.45 **Justice League** Fantasy. (2017, 12, 120min) ★★


5.45 Justice League

Sky Comedy

308 308 849 408 508

7.25 AM **Failure to Launch** Comedy. (2005, 12, 96min) ★★★
9.05 **Shanghai Noon** Western. (2000, 12, 109min) ★★★
11.00 **Shanghai Knights** Comedy. (2003, 12, 109min) ★★
1.00 PM **The Ladykillers** Comedy. (2004, 15, 104min) ★★★
2.45 **Game Night** Comedy. (2018, 15, 100min) ★★★★
4.30 **Tag** Comedy. (2018, 15) ★★★
6.15 **Shaun of the Dead** Comedy. (2004, 15, 99min) ★★★★

6.15 Shaun of the Dead

8 PM

8.00 **Widows** Steve McQueen's thriller starring Viola Davis, Liam Neeson and Elizabeth Debicki. Four Chicago women with a debt left by their dead husbands' criminal activities attempt to carry out a robbery. (2018, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Ralph Breaks the Internet** Animation with the voice of John C Reilly and Sarah Silverman. Six years after the events of *Wreck-It Ralph*, the video game character and his friend Vanellope have a new adventure. (2018, PG, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **A Dog's Way Home** Family adventure starring Ashley Judd. A dog gets separated from her owner and embarks on a 400-mile journey home. (2019, PG, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Aquaman** Adventure starring Jason Momoa. The human-born heir to the underwater kingdom of Atlantis, embarks on a quest to prevent a war between the worlds of ocean and land. With Nicole Kidman and Willem Dafoe. (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Hot Fuzz** Cop thriller spoof starring Simon Pegg, Nick Frost and Timothy Dalton. An overachieving police officer is transferred to a sleepy rural town and investigates a string of bizarre murders. (2007, 15, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 **The Nightmare Before Christmas** Animation with the voice of Chris Sarandon. The mayor of Halloweentown tries to take over the Christmas celebrations. (1993, PG, 76min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Batman** Tim Burton's comic-book adventure starring Michael Keaton and Jack Nicholson. Gotham City's mysterious vigilante tackles a psychotic villain known as The Joker. (1989, 15, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The World's End** Sci-fi action comedy starring Simon Pegg and Nick Frost. An epic pub crawl takes a bizarre turn for five former friends. With Paddy Considine. (2013, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

10.15 **PREMIERE Accident** Thriller starring Stephanie Schildknecht. Joyriders become trapped at the bottom of a ravine. (2017, 15, 95min) ★
See review, page19
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Lone Ranger** Western adventure comedy starring Johnny Depp. Comanche Indian Tonto inspires a Texas lawman to reinvent himself as vigilante The Lone Ranger. (2013, 12, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Annie** Film version of the hit Broadway musical, starring Albert Finney and Aileen Quinn. (1982, U, 128min) ★★

12.00 M'T **Benjamin** Comedy drama. (2018, 15, 85min) ★★★
1.45 AM **Motherhood** Comedy. (2018, 15, 100min) ★★★★
3.25 **Don't Go** Mystery thriller. (2018, 15, 91min) ★★★
5.10 **The Top Ten Show 2019**
5.30 **to 6.00** AM **Hotel Mumbai: Special**
+1 hour 312 402

12.35 AM **Herbie Goes to Monte Carlo** Comedy. (1977, U) ★★
2.25 **Herbie Goes Bananas** Comedy sequel. (1980, U, 93min) ★
4.05 **Cinderella II: Dreams Come True** Animation. (2002) ★★
5.30 **to 6.55** AM **Cinderella III: A Twist in Time** (2007) ★★★★

1.25 AM **#Roxy** Romantic comedy starring Jake Short and Sarah Fisher. (2018, PG, 90min) ★★
3.20 **Fred Claus** Yuletide comedy. (2007, PG, 115min) ★★
5.25 **to 7.10** AM **An Elephant's Journey** Drama starring David Arquette and Jenna Ortega. (2018, PG, 95min) ★★

12.45 AM **Batman Returns** Fantasy, as shown at 3.35pm.
2.55 **Batman Forever** Comic-book adventure with Val Kilmer. (1995, 12, 121min) ★★★
5.00 **to 7.15** AM **Batman & Robin** Fantasy. (1997, PG) ★★

12.00 M'T **You've Got Mail** Romantic comedy with Tom Hanks. (1998, PG, 114min) ★★★
2.00 AM **Game Night** As 2.45pm.
3.45 **Killer Weekend** Comedy horror. (2018, 15, 85min) ★★
5.15 **to 7.00** AM **Project: ALF** Sci-fi comedy sequel. (1996, PG, 87min) ★★★

11 PM

primetime

8.00 **Holmes & Watson** Mystery comedy starring Will Ferrell and John C Reilly. The detective duo attempt to foil a plot to kill Queen Victoria. With Rebecca Hall. (2018, 12, 90min) ★
9.45 **Hotel Mumbai** Fact-based thriller with Dev Patel. In 2008, at the Taj Mahal Palace Hotel, four terrorists take the staff and residents hostage. However, some of the employees risk their lives to protect their guests. (2018, 15, 123min) ★★★★

8.00 **Armageddon** Sci-fi action adventure starring Bruce Willis, Liv Tyler and Ben Affleck. An oil driller and his team of roughnecks try to intercept and destroy a giant asteroid that is on a collision course with Earth. (1998, 12, 151min) ★★
10.35 **Speed** Action thriller starring Keanu Reeves, Dennis Hopper and Sandra Bullock. An LA cop tries to save the passengers on a bus that's wired to explode. (1994, 15, 105min) ★★★★★

6.35 **Gambit** Thriller with Michael Caine as a Cockney crook who hires a Eurasian nightclub singer to help steal a priceless statue. With Shirley MacLaine. (1966, U, 109min) ★★★
9.00 **The Big Lebowski** Comedy thriller from the Coen brothers starring Jeff Bridges and John Goodman. A LA hippy is mistaken for his millionaire namesake and drawn into a strange intrigue. With Steve Buscemi. (1998, 18, 117min) ★★★★

6.00 **The New Lot** Army training film.
6.50 **Kind Hearts and Coronets** Comedy starring Alec Guinness and Dennis Price. An Edwardian draper attempts to murder the eight heirs who stand between him and a dukedom. (1949, b/w, U, 106min) ★★★★★
9.00 **The Human Jungle**
10.00 **The Family Way** Comedy drama starring Hayley Mills and Hywel Bennett. about the difficulties facing a pair of newlyweds. (1966, 15, 110min) ★★

6.00 **Star Trek** 10/26. (S2)
7.00 **Star Trek: Voyager** 8/26. (S2)
8.00 **Space 1999** 1/24. (S1)
9.00 **The Devil's Tomb** Horror thriller starring Cuba Gooding Jr. A team of soldiers on a rescue mission discover something evil deep inside an underground bunker. With Valerie Cruz. (2009, 18, 90min) ★★
10.50 **Lake Placid: The Final Chapter** Creature-feature horror starring Elisabeth Röhm and Yancy Butler. (2012, 15, 86min) ★★

Sky Hits

303 303 844 403 503

7.25 AM **Holmes & Watson** As 8pm.
9.10 **Goodbye Christopher Robin**
11.15 **Hotel Mumbai** As 9.45pm.
1.30 PM **Iron Man** As 11.50pm.
3.45 **Mission: Impossible III** Action spy thriller starring Tom Cruise. (2005, 12, 126min) ★★★★
6.00 **The Front Runner** Fact-based drama starring Hugh Jackman. Vera Farmiga and JK Simmons. (2018, 15, 113min) ★★★

11.50 **Iron Man** Comic-book action adventure with Robert Downey Jr. (2008, 12, 120min) ★★★★
2.05 AM **Green Zone** Action thriller. (2010, 15, 114min) ★★★★
4.05 **to 6.00** AM **Goodbye Christopher Robin** Biopic. (2017, PG, 107min) ★★★★

Sky Greats

311 311 852 404 504

6.15 AM **Escape from the Planet of the Apes** As shown at 4.20am.
7.55 **Hudson Hawk** (1991) ★★★
9.50 **The Bourne Ultimatum** As 6pm.
11.50 **Armageddon** As 8.00pm.
2.25 PM **Frost/Nixon** Drama. (2008, 15, 122min) ★★★★
4.30 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
6.00 **The Bourne Ultimatum** Thriller. (2007, 12, 115min) ★★★★

12.35 AM **Speed 2: Cruise Control** Thriller. (1997, PG, 125min) ★★
2.40 **American Pie: The Wedding** Comedy. (2003, 15, 96min) ★
4.20 **to 6.00** AM **Escape from the Planet of the Apes** Sci-fi adventure with Roddy McDowall. (1971, PG, 98min) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.40 **Southwest Passage** Western. (1954, U, 75min) ★★
9.15 **The Producers** Comedy. (1967, PG, 88min) ★★★★
11.15 **Double Indemnity** Thriller. (1944, b/w, PG) ★★★★★
1.30 PM **Rio Lobo** Civil War Western. (1970, PG, 110min) ★★★
4.00 **The Cowboys** (1970) ★★★

11.30 **Analyze This** Gangster comedy. (1999, 15, 103min) ★★★★
1.40 AM **The Beguiled** (1970) ★★★★
3.30 **Close Up** Four editions.
5.30 **to 6.00** AM **Hollywood's Best Film Directors**
+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **The Terror** (1938) ★★
7.35 **Nine, Dalmuir West**
7.50 **Tons of Trouble** (1955) ★★
9.25 **The Ringer** Drama. (1952) ★★
11.00 **Stagecoach West**
12.00 NOON **West Country Gazette**
12.10 PM **Spare the Rod** (1961) ★★
2.00 **Rooms** Drama anthology.
2.30 **The Way Ahead** (1944) ★★★★
4.50 **Terminus** Documentary.
5.30 **Robin's Nest** Comedy series.

12.15 AM **Modesty Blaise** Thriller. (1966, PG, 119min) ★★
2.35 **The Cotton Club** Francis Coppola's period drama. (1984, 15, 127min) ★★★★
5.10 **to 6.00** AM **A Diary For Timothy** Documentary. (1945, b/w, U, 40min) ★★

Horror

317 149 70 138

8.00 AM **The Invaders** 26/26. (S2)
9.00 **Star Trek: Voyager** 7/26. (S2)
10.00 **Star Trek** 9/26. (S2)
11.00 **Force of Impact** Thriller. (2005, PG, 86min) ★★
1.00 PM **Oceans Rising** Disaster thriller. (2016, 12, 99min) ★
3.00 **Sliders** 5/13 (S2)
4.00 **Locusts: The 8th Plague** Sci-fi thriller starring Dan Cortese. (2005, 15, 82min) ★★

12.35 AM **House** Horror comedy with William Katt and George Wendt. (1986, 15, 93min) ★★
2.25 **P2** Horror thriller starring Wes Bentley. (2007, 18, 97min) ★★
4.20 **to 4.30** AM **Horror Highlights**
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

309 309 850 409 509

7.15 AM **Kissing Candice** Drama. (2017, 15, 108min) ★★★
9.15 **Distorted** Thriller. with Christina Ricci. (2018, 15, 86min) ★★
10.55 **Bad Samaritan** Thriller. (2018, 15, 110min) ★★★
1.00 PM **BlacKkKlansman** As 9pm.
3.15 **Premium Rush** Chase thriller. (2012, 12, 89min) ★★★
5.00 **The Taking of Pelham 1 2 3** Thriller. (2009, 15) ★★★
7.00 **The Girl in the Spider's Web** Thriller. (2018, 15) ★★★

9.00 BlacKkKlansman

The Girl in the Spider's Web (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

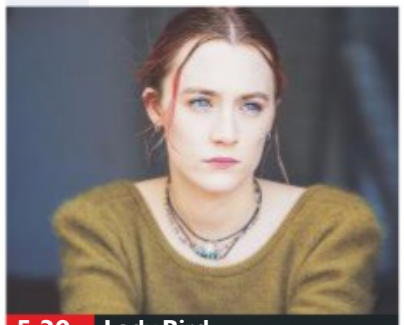
9.00 **BlacKkKlansman** Spike Lee's drama starring John David Washington and and Adam Driver. During the 1970s, an African-American police officer from Colorado attempts to infiltrate the local Ku Klux Klan branch. (2018, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Juror** Legal thriller starring Demi Moore and Alec Baldwin. (1996, 18, 118min) ★
1.15 AM **Face/Off** Action thriller starring John Travolta, Nicolas Cage and Joan Allen. (1997, 18, 133min) ★★★★
3.35 **A Crooked Somebody** Thriller, starring Ed Harris. (2017, 15, 102min) ★★★
5.30 **to 7.15** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

Sky Drama

310 310 851 410 510

6.05 AM **Lady Bird** As 5.20pm.
7.45 **Empire of the Sun** Steven Spielberg's epic war drama. (1987, PG, 152min) ★★★★
10.20 **Titanic** As 7.00pm.
1.35 PM **The Darjeeling Limited** Comedy with Owen Wilson. (2007, 15, 104min) ★★★★
3.10 **The Bodyguard** As 12.10am.
5.20 **Lady Bird** Comedy drama. (2017, 15, 94min) ★★★★★
7.00 **Titanic** Epic blockbuster. (1997, 12, 195min) ★★★



5.20 Lady Bird

Titanic (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Fifty Shades Freed** Romantic thriller starring Dakota Johnson, Jamie Dornan and Eric Johnson. (2018, 18, 105min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Bodyguard** Romantic thriller starring Kevin Costner and Whitney Houston. (1992, 15, 129min) ★★★
2.30 **Roman J. Israel, Esq** Drama starring Denzel Washington. (2017, 12, 122min) ★★★
4.40 **to 6.30** AM **Apostasy** Drama starring Siobhan Finneran. (2017, PG, 95min) ★★★★

Sky Sky-Fi

304 304 845 411 511

6.30 AM **Star Trek VI: The Undiscovered Country** Sci-fi. (1991, PG, 109min) ★★★★
8.30 **Battle: Los Angeles** Epic sci-fi. (2011, 12, 116min) ★★★
10.45 **Star Wars: Episode IV – A New Hope** As 5.45pm.
1.00 PM **Star Wars: Episode V – The Empire Strikes Back**
3.15 **Star Wars: Episode VI – Return of the Jedi**
5.45 **Star Wars: Episode IV – A New Hope** (1977) ★★★★★

8.00 Star Wars: Episode V...

8.00 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi starring Harrison Ford and Mark Hamill. While Darth Vader's imperial forces pursue the Rebel Alliance, Luke Skywalker continues his training as a Jedi knight. (1980, U, 124min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Star Wars: Episode VI – Return of the Jedi** Sci-fi starring Harrison Ford, Carrie Fisher and Mark Hamill. Princess Leia sets out to rescue mercenary Han Solo. (1983, U, 133min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Elysium** Sci-fi thriller. (2013, 15, 107min) ★★★★
2.50 **District 9** Satirical sci-fi action thriller with Sharlto Copley. (2009, 15, 112min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Superheroes

302 302 853 412 502

6.45 AM **Wonder Woman** Animated action adventure. (2009, PG, 74min) ★★★
8.10 **Ant-Man and the Wasp**
10.15 **The Incredible Hulk** Fantasy. (2008, 12, 107min) ★★★
12.20 PM **Green Lantern** As 11.10pm.
2.25 **Superman Returns** As 1.10am.
5.00 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★
7.00 **Ant-Man and the Wasp** Fantasy. (2018, 12) ★★★★

11.10 Green Lantern

Ant-Man and the Wasp (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Captain America: The First Avenger** Marvel Comics' fantasy starring Chris Evans. A puny Brooklyn youngster tackles Nazi villains after an experimental serum turns him into a super-soldier during World War Two. (2011, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Green Lantern** Superhero adventure starring Ryan Reynolds and Mark Strong. (2011, 12, 113min) ★★
1.10 AM **Superman Returns** Fantasy starring Brandon Routh and Kate Bosworth. (2006, 12, 154min) ★★★
3.50 **to 6.00** AM **Superman II** Fantasy adventure sequel with Christopher Reeve, Gene Hackman and Margot Kidder. (1980, PG, 127min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **We're No Angels** Comedy starring Humphrey Bogart. (1954, U, 106min) ★★★★
1.10 PM **The Flight of the Phoenix** Adventure. (1965, PG, 142min) ★★★★
4.00 **The Comancheros** Western adventure starring John Wayne. (1961, PG, 102min) ★★★
6.20 **X-Men 2** Fantasy adventure sequel with Patrick Stewart. (2002, 12, 133min) ★★★★

11.10 Lawless

X-Men 2 (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Bank Job** Crime thriller inspired by the true story of the unsolved robbery of a Baker Street bank in 1971, a heist reportedly linked to a suppressed scandal involving the Royal Family. Stars Jason Statham. (2008, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.10 **Lawless** Drama starring Shia LaBeouf and Tom Hardy. Three brothers run a profitable moonshine business in 1930s Virginia until the appointment of a corrupt deputy. (2012, 18, 111min) ★★★★
1.25 **to 3.20** AM **Little Men** Drama starring Greg Kinnear and Jennifer Ehle. (2016, PG, 83min) ★★★★

11 PM

+1 hour 314 430 45 301

Sony Movies Christmas

319 424 50 303

7.00 AM **Christmas in the Clouds** (2001, PG, 95min) ★★★
9.00 **An Accidental Christmas** Romance. (2007, U, 90min) ★★
11.00 **Instant Message** Comedy. (2005, PG, 90min) ★★★
1.00 PM **Christmas on the Bayou**
3.00 **Pete's Christmas** Fantasy. (2013, PG, 86min) ★★
5.00 **The Year Without a Santa Claus** (2006, U, 85min) ★★

7.00 **Christmas Manger** Drama with Tara Reid and Andrea Logan White. An elderly man grapples with the death of his wife until his young daughter and his estranged foster child enter his life again. (2018, PG, 90min)
9.00 **Christmas on the Bayou** Romantic drama starring Hilarie Burton and Tyler Hilton. An executive returns home for Christmas, and is tempted to give up her career for an old flame. (2013, PG, 88min) ★★

11.00 **The Christmas Tree** (1996) ★★
1.00 AM **Santa's Summer House** Comedy. (2012, PG, 90min) ★★
3.00 **All I Want Is Christmas** (2012)
5.00 **to 7.00** AM **Christmas Lodge** Drama. (2011, U, 85min) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Final Verdict** (2009) ★★
10.50 **Sony Movie News Extra**
11.00 **Deadly Honeymoon Deadly Honeymoon** Mystery. (2010) ★★
12.50 PM **Sony Movie News Extra**
1.00 **Lava Storm** Disaster movie. (2008, 12, 92min) ★★★
2.50 **Flight World War II** (2015) ★★
4.35 **Sony Movie News Extra**
4.45 **RV: Runaway Vacation** Comedy. (2006, PG, 99min) ★★★★

6.40 **Just Go With It** Romantic comedy starring Adam Sandler and Jennifer Aniston. A plastic surgeon forces his assistant to pose as his wife and then begins to realise that he has genuine feelings for her. (2011, 12, 116min) ★
9.00 **Elysium** Sci-fi action thriller starring Matt Damon. In 2154, a fatally ill factory worker has five days to reach the orbiting space station that is home to the rich. (2013, 15, 107min) ★★★★

11.15 **Ultraviolet** Sci-fi. (2006) ★★★
1.05 **Mojave** Thriller. (2015, 15) ★★★
3.00 **Sony Movie News Extra**
3.10 **The Producers** Musical. (2005, 12, 134min) ★★★
5.50 **to 6.00** AM **Sony Movie News**

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Django: The Last Killer** Western. (1967, 12, 88min) ★★
7.45 **At the Edge**
8.55 **Antony & Cleopatra** Historical drama. (1972, PG, 160min) ★★
12.00 NOON **M*A*S*H** 20&21/25. (S8)
1.00 **Dynamite Joe** (1967) ★★
3.05 **Cornered** Film noir thriller. (1945, b/w, PG, 102min) ★★★
5.10 **Only the Brave** World War Two drama. (2006, 15, 99min) ★★

7.05 **The Great Train Robbery** 2/2. The Flying Squad are called in to investigate the robbery, with a team headed by enigmatic chief detective Tommy Butler.
9.00 **Shadow Man** Espionage thriller starring Steven Seagal and Imelda Staunton. When his 8-year-old daughter is kidnapped during a trip to Bucharest, a former CIA agent finds himself caught up in a hunt for a stolen biological weapon. With Eva Pope. (2006, 15, 92min) ★

10.55 **Out of Reach** Action thriller. (2004, 15, 82min) ★
12.40 AM **Gun** Thriller with Curtis Jackson. (2010, 18, 78min) ★★
2.20 **to 4.00** AM **Mission Batangas** Adventure. (1968, 15) ★★

+1 hour 324

Movies 24

325 419 513

7.00 AM **A Harvest Wedding** Comedy. (2017, PG, 84min) ★★
9.00 **Advance & Retreat** Drama. (2016, PG, 90min) ★★
11.00 **A Midnight Kiss** Romance. (2018, PG, 95min) ★★
1.00 PM **Valentine's Again** Fantasy. (2017, PG, 70min) ★★
3.00 **2 Years of Love** (2016) ★★
5.00 **The Good Witch's Destiny** Fantasy. (2013, PG, 82min) ★★

7.00 **Love, Once and Always** Drama with Amanda Schull. A woman's childhood sweetheart plans to put a golf course on her great aunt's estate, and the pair learn that embracing the past may hold the key. With Peter Porte. (2018, PG, 120min) ★★
9.00 **Love, Romance and Chocolate** Romance with Lacey Chabert. Chocolatiers compete in Belgium, and find themselves enchanted by the romance of Bruges. (2019, PG, 84min) ★★

11.00 **A Brush with Love** Romantic drama. (2019, PG, 84min) ★★
1.00 AM **All for Love** (2017, PG) ★★
3.00 **to 5.00** AM **A Gourmet Detective Mystery: Eat, Drink and Be Buried** (2017, PG) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **Descendants 2** *Disney* Adventure with Dove Cameron and Cameron Boyce. ★★
7.05 **The Wings of the Dove** *AMC from BT* Period drama starring Helena Bonham Carter. ★★★★
9.00 **The Road** *AMC from BT* Apocalyptic drama starring Viggo Mortensen. ★★★★
9.00 **Dumb and Dumber** *Comedy Central* Blockbuster comedy starring Jim Carrey. ★★
9.00 **The One** *Syfy* Martial arts sci-fi thriller starring Jet Li. ★★★
10.00 **American Sniper** *ITV4* Biopic starring Bradley Cooper. ★★★★
10.00 **Killing Season** *5Spike* Thriller starring Robert De Niro. ★
10.50 **Final Recall** *Syfy* Sci-fi thriller starring Wesley Snipes. ★
11.00 **Fool's Gold** *5STAR* Romantic comedy adventure starring Matthew McConaughey. ★
11.10 **Take Shelter** *AMC from BT* Psychological drama starring Michael Shannon. ★★★★
1.25 AM **The Rover** *AMC from BT* Drama starring Guy Pearce and Robert Pattinson. ★★★
4.00 **Megalodon** *Syfy* Thriller starring Michael Madsen. ★

Thursday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **6.00** AM **Good Morning Sports Fans Bitesize** The latest sports news.
- **7.00** **Good Morning Sports Fans**
- **8.30** LIVE **Mitre 10 Cup Rugby Union Southland v Bay of Plenty.** Kick-off 8.35am.
- **10.25** **Rugby Greatest Games**
- **10.30** LIVE **European Tour Golf** The opening day of the Italian Open at the Olgiata Golf Club in Rome.
- **5.00** PM LIVE **PGA Tour Golf** Coverage of the opening day of the Houston Open from the Golf Club of Houston in Humble, Texas.
- **7.00** LIVE **Euro 2020 Qualifiers Netherlands v Northern Ireland.** The Group C match from De Kuip. Kick-off 7.45pm.
- **10.00** LIVE **World Grand Prix Darts** The fifth day's play of the 2019 World Grand Prix from Dublin.
- **11.00** LIVE **PGA Tour Golf** Further coverage of the opening day's play of the Houston Open.
- **12.00** M'T **Sky Sports News**
- **12.30** AM LIVE **NFL New England Patriots v New York Giants.** The inter-conference clash from Gillette Stadium. Kick-off 1.20am.
- **5.00** **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **The Debate**
- **8.00** **Best PL Goals: Man City v Liverpool**
- **8.30** **Best PL Goals: Chelsea v Arsenal**
- **9.00** **Premier League 100 Club**
- **10.00** **Premier League Years**
- **12.00** NOON **The Debate**
- **1.00** PM **Premier League Years**
- **3.00** **PL Best Goals 94/95**
- **4.00** **PL Greatest Games**
- **4.45** **One2Eleven**
- **4.55** LIVE **International Football Kosovo v Gibraltar.** Coverage of the friendly encounter from Victoria Stadium.
- **7.00** LIVE **Euro 2020 Qualifiers Slovakia v Wales.** Coverage of the Group E match from City Arena Trnava. Kick-off 7.45pm.
- **10.30** **Premier League World**
- **11.00** **PL Best Goals 15/16**
- **12.00** M'T **Best PL Goals 18/19**
- **1.00** AM **Premier League Years**
- **3.00** **PL Greatest Games**
- **4.00** **PL Best Goals 08/09**
- **5.00** **Best PL Goals: North London Derby**
- **5.30** **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **EFL Greatest Games**
- **7.00** **Euro 2020 Qualifiers Preview**
- **7.30** **Football's Greatest Players**
- **8.00** **Football Countdowns**
- **9.00** **Football Years**
- **9.30** **Euro 2020 Qualifiers Preview**
- **10.00** **EFL Play-Off Final Highlights**
- **11.00** **One2Eleven**
- **11.30** **Football's Greatest Players**
- **12.00** NOON **EFL Greatest Games**
- **12.30** PM **SPFL Greatest Games**
- **1.00** **Euro 2020 Qualifiers Preview**
- **1.30** **Football Countdowns**
- **2.00** **Football Years**
- **2.30** **One2Eleven**
- **2.55** LIVE **Euro 2020 Qualifiers Kazakhstan v Cyprus.** The Group I match. Kick-off 3.00pm.
- **4.55** LIVE **Euro 2020 Qualifiers Belarus v Estonia.** The Group C match. Kick-off 5.00pm.
- **7.00** LIVE **Euro 2020 Qualifiers Russia v Scotland.** The Group I encounter. Kick-off 7.45pm.
- **10.30** **SPFL Greatest Games**
- **11.00** **Euro 2020 Qualifiers**
- **12.30** AM **Football Years**
- **1.00** **Football Countdowns**
- **2.00** **SPFL Greatest Games**
- **2.30** **One2Eleven**
- **3.00** **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 | 514 504

- **6.00** AM **Best of England v Windies**
- **6.55** **History of Old Trafford**
- **7.00** **Cricket's Greatest Games**
- **8.00** **Ashes Memories**
- **9.00** **Best of England v Windies**
- **9.55** **History of Old Trafford**
- **10.00** **How the 2016 ICC World T20 Was Won** As shown at 3.00pm.
- **12.00** NOON **Captain's Log**
- **1.00** PM **Ashes Memories**
- **2.00** **Best of England v Windies**
- **2.55** **History of Old Trafford**
- **3.00** **How the 2016 ICC World T20 Was Won** Action from India.
- **5.00** **Captain's Log**
- **6.00** **Ashes Memories**
- **7.00** **Captain's Log**
- **8.00** **Cricket World Cup** A look back at the 1999 ICC Cricket World Cup.
- **9.00** **Captain's Log**
- **10.00** **Ashes Memories**
- **11.00** **Last Man Standing**
- **11.30** LIVE **Caribbean Premier League** Coverage of the second qualifying match from the Brian Lara Stadium in Trinidad.
- **3.30** AM **Cricket's Greatest Games**
- **4.00** **Best of England v Windies**
- **4.55** **History of Old Trafford**
- **5.00** **to 6.00** AM **Cricket's Greatest Games**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **Inside the PGA Tour**
- **6.30** **Golfing World**
- **7.00** **Drive Time USA**
- **8.00** **On the Range – Italian Open** The players prepare for the event at the Olgiata Golf Club in Rome.
- **9.00** LIVE **European Tour Golf** Coverage of the opening day's play of the Italian Open from the Olgiata Golf Club in Rome.
- **5.00** PM LIVE **PGA Tour Golf** Coverage of the featured groups on the opening day of the Houston Open, held at the Golf Club of Houston in Humble, Texas.
- **8.00** LIVE **PGA Tour Golf** Further coverage of the opening day of the Houston Open at the Golf Club of Houston in Texas, which was won by Ian Poulter last year.
- **12.00** M'T **European Tour Golf** Action from day one of the Italian Open.
- **1.00** AM **Chronicles of a Champion Golfer** Double bill of editions.
- **2.00** **European Tour Golf** As 12m't.
- **3.00** **Chronicles of a Champion Golfer**
- **4.00** **European Tour Golf** As 12m't.
- **5.00** **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 867 | 527 | 408 430

- **6.00** AM **Vanarama National League**
- **7.30** **Premier League Reload**
- **7.45** **MotoGP Rewind**
- **8.00** **Football Archives: 1970/71**
- **8.30** **Football Archives: 1972/73**
- **9.00** **Football Archives: 1973/74**
- **9.30** **Football Archives: 1977/78**
- **10.00** **BT Sport Goals Reload**
- **10.30** **Super League Triathlon**
- **11.30** **Hempel Sailing World Cup**
- **12.30** PM **Fishing: On The Bank**
- **1.30** **BT Sport Goals Reload**
- **1.45** **Early Kick-Off**
- **2.15** **BT Sport Score Best Bits**
- **2.45** **MotoGP Rewind**
- **3.00** **FIM Speedway Highlights**
- **4.00** **FIA World Endurance Championship**
- **5.00** **Mobil 1: The Grid**
- **5.30** **SGB Premiership**
- **7.30** LIVE **SGB Premiership** Coverage of the Premiership Final.
- **9.45** **MotoGP Highlights**
- **10.45** **BT Sport Fight Night**
- **11.45** **Classic Boxing: Monzon v Napoles**
- **12.00** M'T **XTERRA World Series**
- **12.30** AM LIVE **MLB** Coverage of a match from MLB Postseason.
- **4.00** **UFC Connected**
- **4.30** **to 6.00** AM **Classic MOTD**

BT Sport 2

414 414 868 | 528 | 409 431

- **6.00** AM **Ligue 1 Highlights**
- **7.00** **Bundesliga Highlights Show**
- **8.00** **FIA World Endurance Championship**
- **9.00** **WRC Review**
- **10.00** **True Grit**
- **11.00** **FIM Speedway Highlights**
- **12.00** NOON **MotoGP Highlights**
- **1.00** PM **Women's ODI Cricket**
- **2.00** **No Filter Boxing**
- **2.30** **BT Sport Reload**
- **2.45** **Champions League Goals Reload** Recent action.
- **3.00** **Europa League Goals Reload**
- **3.15** **Premier League Reload**
- **3.30** **SMU Pony Exce$$**
- **5.30** **Red Bull Air Race Magazine**
- **6.30** **Early Kick-Off**
- **7.00** **BT Sport Score Best Bits**
- **7.30** **Premier League World**
- **8.00** **Premier League Reload**
- **8.15** **BT Sport Goals Reload**
- **8.45** **BT Sport Reload**
- **9.00** **Fantastic Lies**
- **11.00** **FIM Speedway Highlights**
- **12.00** M'T **Bundesliga Weekly**
- **12.30** AM **Fishing: On The Bank**
- **1.30** **BT Sport Goals Reload**
- **2.00** **SGB Premiership**
- **4.00** **to 6.00** AM **FIM Speedway Grand Prix**

BT Sport 3

417 417 869 | 529 | 410 432

- **6.00** AM LIVE **WTA Tennis** Coverage of the fourth day of the Tianjin Open in China.
- **10.00** **Women's ODI Cricket** Action from Australia v Sri Lanka.
- **11.00** **Ligue 1** Amiens v Marseille.
- **12.00** NOON **Ligue 1** Paris Saint-Germain v Angers.
- **1.00** PM **Ligue 1** Action from Montpellier v Monaco.
- **2.00** **Ligue 1** Lille v Nimes.
- **3.00** **Ligue 1** Rennes v Reims.
- **4.00** **Ligue 1** St. Etienne v Lyon.
- **5.00** **Vanarama National League** Action from Stockport County v Hartlepool United.
- **6.30** **Bundesliga Weekly**
- **7.00** **Hempel Sailing World Cup** Action from Enoshima, Japan.
- **8.00** **Fishing: On The Bank** Highlights from the British Carp Angling Championship in Wraysbury.
- **9.00** **UFC Connected**
- **9.30** **UFC** Action from Robert Whittaker v Israel Adesanya.
- **12.30** AM **UFC Reloaded**
- **2.15** **BT Sport Reload**
- **2.30** **Pat XO** Documentary.
- **3.30** **to 6.00** AM LIVE **WTA Tennis** Coverage of the quarter-finals of the Tianjin Open from China.

Sky Sports Action

407 407 861 | 517 507

- **6.00** AM **Boxing Gold**
- **7.00** **Great Sporting Moments**
- **8.00** **Boxing Gold**
- **9.00** **Inside the Huddle**
- **10.00** **World Grand Prix Darts** Action from the fourth day in Dublin.
- **2.00** PM **Legends of Darts**
- **2.30** **Inside the Huddle**
- **3.30** **Fast Zone**
- **4.00** **Darts Gold**
- **4.30** **Sporting Records**
- **5.30** **Darts Gold** The PDC World Darts Championship finals of 1999.
- **6.00** **NFL: America's Game** The story of New York Giants' 1986 Super Bowl success over Denver Broncos at the Rose Bowl in Pasadena, California.
- **7.00** LIVE **World Grand Prix Darts** Coverage of the fifth day of the 2019 World Grand Prix, which takes place in Dublin.
- **11.00** **World Rugby Show**
- **11.30** **NFL: A Football Life** A profile of head coach Bill Parcells.
- **12.30** AM LIVE **NFL New England Patriots v New York Giants.** All the action from the inter-conference encounter at Gillette Stadium. Kick-off 1.20am.
- **5.00** **to 6.00** AM **Sporting Greats**

Sky Sports Mix

145 145 838 | 520 510

- **6.00** AM **Good Morning Sports Fans Bitesize** The latest sports news.
- **7.00** **Good Morning Sports Fans**
- **9.00** **Sporting Records**
- **9.30** **My Icon**
- **10.00** **NFL: America's Game**
- **11.00** **Sporting Greats**
- **12.00** NOON **Great Sporting Moments** Iconic moments.
- **1.00** PM **Sporting Records**
- **1.30** **My Icon**
- **2.00** **NFL: A Football Life**
- **3.00** **My Icon**
- **4.30** **Great Sporting Moments**
- **5.30** **Sporting Records** A look at some of the greatest milestones ever recorded in sport.
- **7.00** **NBA Champions 2013 Miami Heat** The 2012/2013 NBA Championship-winning season of the Miami Heat.
- **8.15** **Sporting Records** A look at some of the greatest milestones ever recorded in sport.
- **9.15** **My Icon: Deta Hedman**
- **9.30** **My Icon: Kadeena Cox**
- **9.45** **NBA Champions 2013 Miami Heat** As shown at 7.00pm.
- **11.00** **My Icon**
- **12.00** M'T **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423 423 872 | 530 | 411 434

- **6.00** AM **Around the Horn**
- **6.30** **ESPN FC** Football news.
- **7.00** **Pardon the Interruption**
- **7.30** **CFL** Action from Montreal Alouettes v Calgary Stampeders.
- **10.00** **CFL** Saskatchewan Roughriders v Winnipeg Blue Bombers.
- **12.30** PM **ESPN FC** Football news.
- **1.00** **MLB** Action from a match from the MLB Postseason.
- **4.00** **WRC Review**
- **5.00** **Pardon the Interruption**
- **5.30** **ESPN FC** Football news.
- **6.00** **MLB** Action from a match from the MLB Postseason.
- **9.00** LIVE **MLB** Coverage of a match from the MLB Postseason.
- **12.30** AM **College Football Countdown**
- **1.00** LIVE **College Football NC State Wolfpack v Syracuse Orange.** Coverage of the NCAA encounter from Carter-Finley Stadium. Kick-off 1.00am.
- **4.30** **Mobil 1: The Grid**
- **5.00** **to 6.00** AM **Baseball Tonight**

Eurosport 1

410 410 864 | 523 521 | 412 435

- **7.25** AM **WTA Tennis**
- **9.25** **Triathlon: Beijing**
- **9.55** **Cycling: Milan-Torino** Action from the 100th staging of the annual one-day race in Italy.
- **10.55** **WTA Tennis** Highlights of day three of the Upper Austria Ladies Linzat in Austria.
- **12.55** PM LIVE **WTA Tennis** Coverage of day four of the Upper Austria Ladies Linz, the indoor hardcourt tournament, held at the TipsArena Linz in Austria.
- **5.25** **Eurosport News**
- **5.30** LIVE **WTA Tennis** Further coverage of day four of the Upper Austria Ladies Linz, held at the TipsArena Linz in Austria.
- **9.30** **WTA Tennis** Highlights of day four of the Upper Austria Ladies Linzat in Austria.
- **11.30** **Cycling: Gran Piemonte** Action from this year's race, staged in the Apennine Mountains, Italy.
- **12.40** **to 7.25** AM **WATTS**

Eurosport 2

411 411 865 | 524 522 | 413 436

- **6.00** AM **Snooker: World Championship**
- **8.00** **World Superbikes**
- **10.00** **International Swimming League** From Indianapolis.
- **12.00** NOON **Cycling: Milan-Torino**
- **1.30** PM LIVE **Cycling: Gran Piemonte** Coverage of the one-day race held in Italy's Apennine Mountains.
- **3.30** **Cycling: Milan-Torino**
- **5.00** **World Superbikes**
- **6.00** **Snooker: Scottish Open** Mark Allen v Shaun Murphy: Action from the 2018 final in Glasgow.
- **8.00** **Cycling: Gran Piemonte** Action from this year's race.
- **9.30** **Salomon Golden Trail Series**
- **10.00** **Snooker: Northern Ireland Open** Ronnie O' Sullivan v Judd Trump: The 2018 final in Belfast.
- **12.00** M'T **WTA Tennis**
- **2.00** AM **Cycling: Gran Piemonte**
- **3.00** **Triathlon** From Pembrokeshire.
- **4.00** **to 6.00** AM **WTA Tennis**

Sky Sports Arena

408 408 862 | 518 508

- **6.00** AM **Sporting Greats**
- **7.00** **WWE Smackdown Hlts**
- **8.00** **Great Sporting Moments**
- **8.30** LIVE **Mitre 10 Cup Rugby Union Southland v Bay of Plenty.** Coverage of the match from the 10th round of fixtures, taking place at Rugby Park. Kick-off 8.35am.
- **10.25** **Rugby Greatest Games**
- **10.30** **Sporting Greats**
- **11.00** **Super League Fulltime**
- **11.30** **Super League Gold**
- **12.00** NOON **Inside the Huddle**
- **1.00** PM **Great Sporting Moments**
- **2.00** **Sporting Greats**
- **3.00** **Sporting Records**
- **4.00** **WWE Experience**
- **5.00** **WWE Raw** Wrestling action.
- **7.00** **NBC's ProFootballTalk**
- **9.00** **NRL** This year's Grand Final.
- **10.00** **WWE Main Event**
- **11.00** **WWE Raw** Wrestling action.
- **1.00** AM **World Grand Prix Darts**
- **5.00** **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 | 516 506

- **6.00** AM **Highlights**
- **10.20** **Brundle At The Nordshleife**
- **10.30** **The Inside Line**
- **11.00** **Formula 1**
- **12.00** NOON **Welcome to the...**
- **12.30** PM **Formula 1**
- **2.35** **Brundle At The Nordshleife**
- **2.45** **Welcome to the Weekend**
- **3.15** **Small Talk with Lewis Hamilton**
- **3.30** **Formula 1**
- **4.30** **Russian F1 GP Notebook**
- **5.00** **Welcome to the Weekend**
- **5.30** **The Inside Line**
- **6.00** **Formula 1** The Japanese GP.
- **7.00** **Welcome to the Weekend**
- **7.30** **Japanese F1 GP Best Bits**
- **8.00** **The Inside Line**
- **8.30** **Welcome to the Weekend**
- **9.00** **F1 Classic Races**
- **11.00** **Welcome to the Weekend**
- **11.30** **Formula 1**
- **12.30** AM **Highlights**
- **1.45** LIVE **F1** The opening practice of the Japanese Grand Prix.
- **3.50** **to 5.45** AM **Highlights**

Friday

11 October

Evening Planner

Football

Euro 2020 Qualifiers
ITV HD, kick-off 7.45pm
In a Group A game on matchday seven, Czech Republic host table leaders England at Prague's Sinobo Stadium

Drama

The Name of the Rose
BBC2 HD, 9pm
John Turturro writes and stars in an adaptation of Umberto Eco's novel about strange deaths in a 14th-century abbey

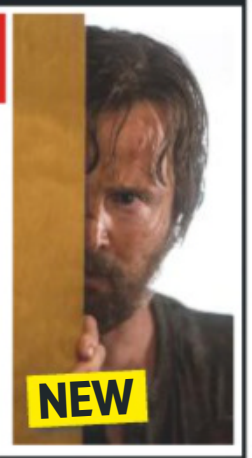
Chat show

The Graham Norton Show
BBC1 HD, 10.35pm
Bruce Springsteen chats about his recent concert movie, while Robert De Niro talks about his new film with Martin Scorsese

OnDemand

NETFLIX

El Camino: A Breaking Bad Movie
Available today
Aaron Paul picks up the continuing story of Jesse as he goes on the run from the police



SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 A Question... †	8.00 EastEnders	8.30 Celebrity...	9.00 Have I Got...	9.30 Scarborough	10.00 News; Local News	10.35 Graham...
102 BBC2	7.00 Richard...	7.30 Mastermind	8.00 Gardeners' World		9.00 The Name of the Rose		10.00 QI	10.30 Newsnight
103 ITV	7.00 UEFA Euro 2020 Qualifier – Live: Czech Republic v England: From Sinobo Stadium in Prague (Kick-off 7.45)						10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off: An Extra...		9.00 Gogglebox		10.00 The Circle Vote Night	
105 CHANNEL 5	7.00 The Gadget Show		8.00 The Pharaoh in the Suburbs		9.00 Pompeii: The Bodies in the Basement		10.00 Britain's Poshest Hotels	
106 SKY ONE	7.00 The Simpsons		8.00 Modern Family		9.00 Temple		10.00 A League of Their Own	
Entertainment								
116 BBC4	7.00 World News...	7.30 The Live...	8.00 Rock 'n' Roll America		9.00 Top of the...	9.30 Studio 17: The Lost Reggae Tapes		
118 ITV2	7.00 You've Been Framed! Gold: Top 100...		8.00 Supermarket Sweep		9.00 Film: American Pie: The Wedding			
136 MORE4	◂ 6.55 Grand Designs		7.55 George Clarke's Amazing Spaces		9.00 Thou Shalt Not Kill			
135 E4	7.00 Hollyoaks	7.30 Celebrity Coach Trip		8.30 Big Bang Theory	9.00 Film: Die Hard 4.0			
107 SKY WITNESS	7.00 Nothing to Declare UK		8.00 Criminal Minds		9.00 CSI		10.00 Criminal Minds	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Rolling Stone: Stories from the Edge		10.00 Succession	
110 GOLD	◂ 6.40 Open...	7.20 Dad's Army	8.00 The Vicar of Dibley	8.40 Only Fools and Horses			10.00 Goodness Gracious Me	
111 DAVE	7.00 QI XL		8.00 Have I Got a Bit More News for You		9.00 Film: Superbad			
119 ITV3	7.00 Agatha Christie's Poirot		8.00 Lewis				10.00 Foyle's War	
120 ITV4	7.00 Rugby World...	7.30 River Monsters	8.00 The Chase Celebrity Special		9.00 Film: The Mechanic			
112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 South Park	10.30 Film: Jackass...
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: The Frighteners			
109 W	7.00 MasterChef Australia		8.00 Paramedics: Emergency Response		9.00 Inside the Ambulance			
113 UNIVERSAL	7.00 NCIS		8.00 The Murders		9.00 Ransom			
124 FOX	7.00 NCIS				9.00 NCIS: New Orleans		10.00 Family Guy	
122 SKY ARTS	7.00 Live at Cheltenham Literature Festival				9.00 Cheltenham Literature Festival Sessions		10.00 Queen & Adam Lambert: The Show...	
Documentary								
125 DISCOVERY	7.00 Gold Rush		8.00 Combat Dealers		9.00 Aircrash Confidential		10.00 How Trains Changed the World	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees				9.00 Edge of Alaska		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Buried Secrets of WWII		9.00 The Hot Zone		10.00 Activate: The Global Citizen Movement	
130 HISTORY	7.00 Forged in Fire		8.00 Pawn Stars		9.00 Nazi Gospels			
155 YESTERDAY	7.00 Monster Ships		8.00 Deep Wreck Mysteries		9.00 Titanic: Stories from the Deep		10.00 Narrow Escapes of World War Two	
166 EDEN	7.00 Super Vets		8.00 Wild Arabia		9.00 Frontier Borneo		10.00 Wild Colombia with Nigel Marven	
Films								
301 SKY PREMIERE	◂ 6.15 The Stolen Princess		8.00 Mortal Engines				10.15 Widows	
303 SKY HITS	◂ 5.45 Daddy's...	7.30 First Man					10.00 Bohemian Rhapsody	
311 SKY GREATS	◂ 5.40 The Bourne Legacy		8.00 Cast Away					10.25 Gravity
305 SKY DISNEY	◂ 6.15 Up		8.00 The Lone Ranger					10.35 Princess...
306 SKY FAMILY	◂ 6.25 Cloudy with a Chance of Meatballs		8.00 Johnny English Strikes Again		9.35 Fantastic Beasts: The Crimes of Grindelwald			
307 SKY ACTION	◂ 5.45 Mortal Engines		8.00 Mission: Impossible – Fallout					10.30 Pacific Rim
308 SKY COMEDY	◂ 6.20 Mr Deeds		8.00 Sorry to Bother You				10.00 Just Go With It	
309 SKY THRILLER	◂ 5.45 Inside Man		8.00 Ocean's Eight				10.00 Minority Report	
310 SKY DRAMA	◂ 6.00 Riot		8.00 Love, Simon				10.00 Boys Don't Cry	
304 SKY SKY-FI	◂ 5.40 Star Wars: Episode I – The Phantom...		8.00 Star Wars: Episode II – Attack of the Clones					10.30 Star Wars...
302 SKY WILL SMITH	◂ 6.15 After Earth		8.00 Will Smith: Reel Life		9.00 Bad Boys			
313 FILM4	◂ 6.45 X-Men: The Last Stand			8.50	9.00 Midnight Run			
315 TCM		7.15 The Gun Runners			9.00 Kelly's Heroes			
Sport								
401 MAIN EVENT	7.00 World Grand Prix Darts – Live: The sixth day of the 2019 World Grand Prix, which takes place in Dublin						10.00 PGA Tour Golf – Live: Houston Open	
402 PREMIER LEAGUE	7.00 Premier League World	7.40 Euro 2020 Qualifiers – Live: Portugal v Luxembourg: From Estadio Jose Alvalade (Kick-off 7.45)					10.00 Best PL Goals: Freekicks	
403 FOOTBALL	7.00 Euro 2020 Qualifiers...	7.40 Euro 2020 Qualifiers – Live: Iceland v France: From Laugardalsvollur (Kick-off 7.45)					10.00 EFL Play-Off Final Highlights	
404 CRICKET	7.00 Caribbean Premier League Highlights		8.00 Cricket World Cup		9.00 Caribbean Premier League Highlights		10.00 Ashes Memories	
413 BT SPORT 1	7.00 Prem Rugby...	7.30 Premiership Rugby Cup – Live: Gloucester v Bath: From Kingsholm (Kick-off 7.45)					10.00 No Filter Boxing	10.30 Fight Night...
414 BT SPORT 2	7.00 FIM Speedway Highlights		8.00 SGB Premiership			9.30 World Poker Tour Series		

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** New edition (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Fugitives** (S)(R)(AD)
11.45 **The Sheriffs Are Coming** (S)(R)
12.15 PM **Bargain Hunt** New edition From Stamford. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Head Hunters** New edition (S)
3.00 **Escape to the Perfect Town** New edition Sonali Shah heads to Sevenoaks in Kent. (S)(AD)
3.45 **Make Me a Dealer** New edition (S)
4.30 **Money for Nothing** New edition Recycling a tumble dryer drum and a teak record cabinet. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 Scarborough

7 PM

7.00 **The One Show** Hosted by Michelle Ackerley and Patrick Kielty. (S)
7.30 **A Question of Sport** New edition With Joe Denly, Chris Sutton, Bianca Williams and Josh Charnley. (S)

8 PM

8.00 **EastEnders** Tensions between Martin and Ben reach breaking point. (S)
8.30 **Celebrity MasterChef** Series finale 18/18. The three remaining celebrities compete in the final. (S)(AD)

9 PM

9.00 NEW SERIES **Have I Got News for You** 1/10. Martin Clunes hosts as the satirical quiz returns. (S)
9.30 **Scarborough** Series finale 6/6. Tensions run high at Geraldine's salon. (S1) (S)

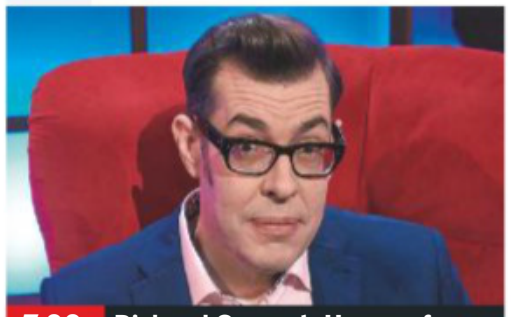
10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 **The Graham Norton Show** New edition 3/19. With Bruce Springsteen, Robert De Niro and Paul Rudd. (S)
11.25 **Fleabag** 2/6. Dumped by her emotionally fragile boyfriend, Fleabag tries to rekindle romantic fires to distract her from the mayhem of her life. (S1) (S)(R)(AD)
11.55 **The Apprentice** 2/12. The contestants create their own ice lollies, pitching one product to a corporate client and selling another to the general public. (S)(R)(AD)
12.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Money for Nothing** (S)(R)
7.15 **Fugitives** (S)(R)(AD)
8.00 **Sign Zone: Gardeners' World** Monty Don adds Autumn perennials to his borders. (S)(R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
12.15 PM **Politics Live** (S)
1.00 **Hardball** Quiz show. (S)(R)
1.45 **Digging for Britain** (S)(R)(AD)
2.45 LIVE **Gymnastics: World Championships** Matt Baker presents coverage of the men's all-around final in Stuttgart. (S)
6.00 **Strictly: It Takes Two** New edition Zoe Ball and Rylan Clark-Neal present analysis of the couples' progress ahead of tomorrow night's live show, plus reports from the rehearsals. (S)


7.00 Richard Osman's House of...

7.00 **Richard Osman's House of Games** New edition Ade Edmondson, Ed Gamble, Miquita Oliver and Kate Thornton compete. (S)
7.30 **Mastermind** New edition Specialist subjects include Birmingham City FC. (S)
8.00 **Gardeners' World** New edition Monty Don gives tips on moving plants which are in the wrong place or have outgrown their space, shows how to store chillies and harvests the last of his tomatoes. (S)
9.00 NEW SERIES **The Name of the Rose** 1/8. Religious thriller with John Turturro and Rupert Everett. *See feature, page11* (S1) (S)(AD)
9.50 **Amazing Hotels: Life Beyond the Lobby** From Tetiaroa. (S)(R)(AD)
10.00 **QI** New edition 6/18. With guests Alice Levine, Alan Carr and Phill Jupitus. (S)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **Front Row Late** New edition The complex relationship between adults and young people. (S)
11.45 FILM **La La Land** Musical starring Emma Stone and Ryan Gosling. (S)(AD) (2016, 12, 115min) ★★★★★
1.40 AM **Sign Zone: Secrets of the Seduction Bootcamp – Panorama** (S)(R)
2.10 **Sign Zone: Gareth Thomas v Homophobia: The Legacy** (S)(R)
3.10 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** With comedian Rob Beckett. (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team head to Buxton in Derbyshire, where Karen Dalmeny is in one seller's bad books. (S)(R)
3.00 **Tenable** Five family members from Cornwall compete. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

4.00 Tipping Point

7.00 LIVE **UEFA Euro 2020 Qualifier** Czech Republic v England: All the action from the Group A clash at Sinobo Stadium in Prague. With analysis from Roy Keane, Ian Wright and Lee Dixon, and commentary by Clive Tyldesley and Glenn Hoddle. Kick-off is at 7.45. *See feature, page 26* (S)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **UEFA Euro 2020 Highlights** Action from the Group A qualifier between Czech Republic and England. (S)
11.45 **Britain's Got Talent: The Champions – Final** 6/6. Ant and Dec introduce the final. (S)(R)
1.25 AM **Ideal World**
3.00 **The Level** 5/6. Nancy tries to hide her guilt. (S1) (S)(SL)(R)(AD)
3.50 **ITV Nightscreen**
5.15 **to 8.00** AM LIVE **Rugby World Cup 2019** New Zealand v Italy: Coverage of both teams' final Pool B match, held at City of Toyota Stadium. Kick-off is at 5.45. (S)

+1 hour | 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Mike & Molly** New episodes (S)
7.20 **The King of Queens** (S8) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S2) (S)(R)(AD)
10.10 **Ramsay's Kitchen Nightmares USA** Gordon Ramsay revisits three of his most difficult cases. (S)(R)
11.05 **Undercover Boss USA** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Couples Come Dine with Me** From Birmingham. (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun: Winter Sun** On Fuerteventura. (S)(R)
4.00 **Sun, Sea and Selling Houses** New edition From Almeria. (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Your Room or Mine?** New edition
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)

9.00 Gogglebox

7.00 **News** (S)
8.00 **The Great British Bake Off: An Extra Slice** New edition Jo Brand is joined by guests including Nicola Coughlan from *Derry Girls*, as the show shares all the news from Festival Week, including unseen footage. (S)(AD)
9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, featuring their instant reactions and lively discussions to the latest TV shows. (S)(AD)
10.00 **The Circle Vote Night** New edition Emma Willis hosts, as a panel of celebrity guests dissect all the drama from inside *The Circle* and catch up on the action from the past 48 hours. (S)
11.35 **Celeb First Dates Hotel for SU2C** 6/6. After Duncan James's arrival last week, Ulrika Jonsson, Pete Wicks and AJ Odudu join him in the hotel. (S)(R)(AD)
12.35 AM **Wife Swap USA** (S)(R)
1.20 FILM **I, Frankenstein** Fantasy with Aaron Eckhart and Bill Nighy. (S)(AD) (2014, 12, 95min) ★★
2.55 **Come Dine with Me** Five editions from Bournemouth. (S)(R)
5.10 **to 6.05** AM **Lost and Found** (S)(R)

+1 hour | 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **GPs: Behind Closed Doors** A social care review. (S)(R)(AD)
12.10 PM **5 News Lunchtime** (S)
12.15 **GPs: Behind Closed Doors** An ectopic pregnancy. (S)(R)(AD)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM PREMIERE **Dream Killer** Thriller starring Taylor Castro. (S) (2019, PG, 105min) ★★
4.00 **Friends** (S5) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Hendrix makes an exhibition of himself. (S)(R)(AD)
6.00 **Home and Away** Dean decides to set up a business as a surfing instructor. (S)(R)(AD)
6.30 **News** (S)

7.00 The Gadget Show

7.00 The Gadget Show New edition 2/12. The team look at the latest gardening tech, including a robot that does the weeding, a hi-tech wood chipper and a 120mph leafblower. Plus, Shanaze Reade tests electric bikes. (S)

8.00 The Pharaoh in the Suburbs An insight into the story of how fragments of a 36ft ancient statue depicting the pharaoh Psamtik were discovered in a working-class suburb of Cairo. (S)(R)

9.00 NEW **Pompeii: The Bodies in the Basement** A new investigation into one of the most harrowing gravesites of the 79AD eruption, where more than 55 bodies were found cowering in a warehouse. (S)

10.00 Britain's Poshest Hotels 2/4. Sally Lindsay and Nigel Havers get to sample life at the Ballyfin hotel in Co Laois, Ireland, a building restored to its heyday as a Regency family home to the aristocracy. (S)(R)

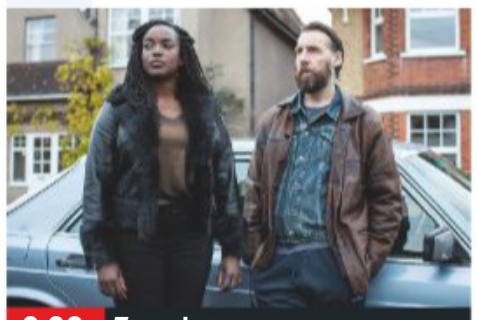
11.05 **Telly Favourites 1985** A look back at the most popular TV shows of 1985, including *'Allo 'Allo!* and *Bullseye*. (S)(R)
1.00 AM **The 21.co.uk Live Casino Show** Interactive gambling. (S)
3.10 **GPs: Behind Closed Doors** Double bill of editons. (S)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Divine Designs** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Business** (S)(R)(AD)
8.00 **The Dog Whisperer** (R)
9.00 **Brit Cops: Rapid Response** (R)
10.00 **Stargate SG-1** (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
3.00 **Brit Cops: Law & Disorder** The City of London police. (S)(R)
4.00 **Modern Family** 6&7/22. Double bill. (S10) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *I, Room-mate:* Fry and Bender become room-mates. (S)(R)(AD) **6.00** *Love's Labours Lost in Space:* A starship captain is attracted to Leela. (S)(R)(AD)
6.30 **The Simpsons** *Bart-Mangled Banner:* Bart accidentally moons the American flag. (S)(R)



9.00 Temple

7.00 The Simpsons *Fraudcast News:* Reports of Mr Burns's death provoke a media storm. (S)(R) **7.30** *Bart Gets a Z:* Bart's mischief causes Mrs Krabappel to get fired. (S)(R)

8.00 Modern Family 22/24. Gloria plans a romantic getaway to Hawaii for Jay's birthday. (S)(R) **8.30** 23/24. Phil tries to be romantic, while Mitch and Cam cannot decide whether to go sightseeing. (S1) (S)(R)

9.00 Temple New episode 5/8. Daniel is forced to enter the dark and dangerous world of black-market organ-trading to save a patient, while Jamie contacts his pregnant girlfriend Michelle. (S1) (S)

10.00 A League of Their Own Out-takes and pranks from the latest series of the comedy quiz with regulars Jamie Redknapp, Andrew Flintoff and Romesh Ranganathan. (R)

11.00 **There's Something About Movies** Comedy panel show, hosted by Alan Carr. (R)
12.00 M'T **Road Wars** (R)
1.00 AM **The Force: Essex** (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **Manifest** *Contrails:* 11/26. Ben uncovers a conspiracy. (S1) (R)
4.00 **Futurama** (S)(R)(AD)
5.00 **to 6.00** AM **It's Me or the Dog** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
6.55-7.00pm Party Political Broadcast (S) **7.30-8.00** Test Drive (S) (R) **11.25** A Question of Sport New edition (S) **11.55** A View from the Terrace (S) **12.55am** Fleabag (S)(R)(AD) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
7.30-8.00pm Iolo's Street Life New edition (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Darn Bach o Hanes (AD) **12.30** Straeon Harri Parri (AD) **1.30** Portreadau: John Roderick Rees **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Prosiect Pum Mil (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Garddio a Mwy **6.30** Heno **7.00** Newyddion S4C a'r Tywydd **7.25** LIVE Clwb Rygbi **9.45** Aur Y Noson Lawen **10.45** Straeon Tafarn (AD) **11.15pm-1.10am** LIVE Sgorio Rhyngwladol

TV&Satellite week
New issue on sale now

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **World News Today** Followed by **Weather**
7.30 **The Live Lounge with Lana Del Rey** New edition 2/4. Featuring music by Lana Del Rey, Jax Jones and Sam Fender.
8.00 **Rock 'n' Roll America** 1/3. Documentary examining the birth of rock 'n' roll.
9.00 **Top of the Pops: 1988** Featuring Kim Wilde and Fairground Attraction.
9.30 NEW **Studio 17: The Lost Reggae Tapes** The story behind one of reggae's most famous studios.
10.55 **Classic Albums: The Wailers – Catch a Fire** The Wailers' *Catch a Fire*.
11.55 **Reggae Fever: David Rodigan** The life of the broadcaster and DJ, whose love affair with Jamaican music began in the 1950s.
12.55 AM **Top of the Pops: 1988** As 9.00pm.
1.25 **Rock 'n' Roll America**
2.25 **to 3.25** AM **How to Make a Number One Record**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun: Winter Sun** Double bill.
10.55 **Kirstie and Phil's Love It or List It** In Leeds.
12.00 NOON **Escape to the Chateau: DIY**
1.05 PM **Come Dine with Me**
3.50 **Find It, Fix It, Flog It**
4.50 **The Secret Life of the Zoo** The tigers are upgraded to a new enclosure.
5.55 **The Supervet**
6.55 **Grand Designs** Kevin McCloud revisits Kelly and Masoko Neville, who built an oak-framed, straw-baled hexagonal house in 2005, and learns if they have found the idyllic life they craved.
7.55 **George Clarke's Amazing Spaces** George helps build a home for a conservation worker who suffers from spinal muscular atrophy, and a former landlord who is building a pub in his garden.
9.00 **Thou Shalt Not Kill** New episode 10/12. A violinist is killed on the night she plays at a concert, and she turns out to be the daughter of Adele Rubini, a theatre owner. Subtitled. (S1)
11.05 **24 Hours in A&E** Sports accidents. **12.05** AM A 22-year-old is rushed in with stab wounds.
1.10 AM **The Secret Life of the Zoo** As shown at 4.50pm.
2.10 **The Supervet**
3.15 **to 3.40** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
6.45 **You've Been Framed!**
7.10 **Dinner Date**
8.00 **Emmerdale**
9.00 **You've Been Framed!**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
1.15 **You've Been Framed!**
1.50 **The Ellen DeGeneres Show** New edition
2.45 **Supermarket Sweep**
3.50 **Dinner Date**
4.50 **Dress to Impress**
5.50 **Take Me Out**
7.00 **You've Been Framed! Gold: Top 100 Weddings** More comedy clips.
8.00 **Supermarket Sweep** Rylan Clark-Neal hosts a revival of the game show.
9.00 FILM **American Pie: The Wedding** Teen comedy sequel starring Jason Biggs and Alyson Hannigan. The old high-school friends rally round when two of the gang decide to get married, but much goes wrong before the big day. (2003, 15, 96min) ★
11.05 **Family Guy** Double bill.
12.05 AM **American Dad!** Double bill of the animated comedy.
1.00 **The Cleveland Show** Double bill of the animated comedy series.
1.55 **to 2.20** AM **Superstore**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Celebrity Coach Trip**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Brooklyn Nine-Nine**
5.00 **The Goldbergs**
6.00 **The Big Bang Theory** 14&15/24. Double bill. (S9)
7.00 **Hollyoaks**
7.30 **Celebrity Coach Trip** New edition 5/10. Day five and the coach has reached Savona in Italy.
8.30 **The Big Bang Theory** 9/24. Guest stars Stephen Hawking. (S10)
9.00 FILM **Die Hard 4.0** Action thriller starring Bruce Willis. New York cop John McClane strives to foil ruthless cyberterrorists who plan to shut down the entire US computer infrastructure on the Fourth of July weekend. (2007, 15, 128min) ★★★
11.35 **Rick and Morty**
12.40 AM NEW SERIES **Robot Chicken** 1&2/10. (S10)
1.10 **The Big Bang Theory**
2.10 **First Dates**
3.05 **Tattoo Fixers: Extreme**
4.00 **Celebrity Coach Trip**
4.55 **to 6.00** AM **The Big Bang Theory**

+1 hour 235 | 146 | 28 | 123

Friday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

FRIDAY Entertainment

Friday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Paramedics**
9.00 **Blue Bloods** 11/22. (S1)
10.00 **Criminal Minds** 20/23. (S2)
11.00 **CSI** As shown at 12.00m't.
12.00 NOON **Elementary** (S1)
1.00 PM **Blue Bloods** 12/22. (S1)
2.00 **The Real A&E**
3.00 **Children's Hospital**
4.00 **Paramedics**
5.00 **Nothing to Declare** Four editions of the documentary series following the work of customs officers in Australia.

9.00 CSI

7 PM

7.00 **Nothing to Declare UK** Double bill. Documentary following the work of customs officers in the south of England.

8 PM

8.00 **Criminal Minds** *Pay It Forward:* 19/24. The skull of a missing man is found in a time capsule buried 25 years previously. (S8)

9 PM

9.00 **CSI** *Lover's Lanes:* 8/23. An employee's severed head is discovered at a bowling alley. (S10)

10 PM

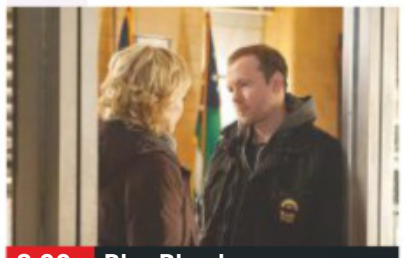
10.00 **Criminal Minds** *Red Light:* 22/22. Derek Morgan comes to the team with a lead that may help catch Mr Scratch. (S12)
11.00 **Criminal Minds** 10/24. (S9)
12.00 M'T **CSI** 9/23. The team look into a robbery at a casino. (S2)
1.00 AM **Instinct** 7/13. (S2)
2.00 **Criminal Minds** 6/22. (S1)
3.00 **Nothing to Declare UK**
4.00 **Children's Hospital**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Richard E Grant's Hotel Secrets** A visit to Venice.
8.00 **Storm City** Earthquakes.
9.00 **CSI** 13/23. (S1)
10.00 **The West Wing** (S7)
12.00 NOON **Without a Trace** (S7)
2.00 PM **Blue Bloods** 14/22. (S2)
3.00 **The West Wing** (S7)
5.00 **Without a Trace** 3/24. The team search for a missing white-collar criminal. **6.00** 4/24. The team look into the disappearance of a secret service agent's son. (S7)


8.00 Blue Bloods

7.00 **CSI** *To Halve and to Hold:* 14/23. Sara and Warrick look into the death of a male stripper. (S1)

8.00 **Blue Bloods** *The Life We Chose:* 15/22. An undercover officer is killed during an operation to arrest a drug dealer. (S2)

9.00 **Rolling Stone: Stories from the Edge** 3/6. Documentary series charting the history of the magazine.

10.00 **Succession** 9/10. Logan, Kendall, Gerri and Tom testify, while Shiv speaks to Kira, a victim who is set to be a key witness. (S2)
11.10 **Ray Donovan** 1/12. Abby receives some bad news. (S4)
12.20 AM **Ray Donovan** 2/12. (S4)
1.25 **Dexter** 9/12. (S3)
2.35 **Mike Judge Presents: Tales from the Tour Bus**
3.10 **Silicon Valley** 6/10. (S4)
4.20 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.20 AM **The Piglet Files**
7.45 **As Time Goes By**
8.20 **The Piglet Files**
8.50 **Open All Hours**
9.30 **As Time Goes By**
10.05 **Last of the Summer Wine**
12.10 PM **Chef!**
12.40 **Hi-de-Hi!**
1.20 **Keeping Up Appearances**
2.05 **Open All Hours**
2.40 **Last of the Summer Wine**
4.40 **Keeping Up Appearances**
5.20 **Hi-de-Hi!**
6.00 **Gavin & Stacey**
6.40 **Open All Hours**

8.00 The Vicar of Dibley

7.20 **Dad's Army** The platoon are assigned to guard a vital telephone line through the night.

8.00 **The Vicar of Dibley** The villagers discover their new vicar is a woman.
8.40 **Only Fools and Horses** Christmas special from 1987. Del Boy sets out to find his dear departed mother's treasure trove. Guest stars Joan Sims.

10.00 **Goodness Gracious Me** The melodramatic family go for a picnic. **10.40** Featuring Skipinder the Punjabi Kangaroo.
11.20 **Michael McIntyre's Comedy Roadshow**
12.25 AM **Game On**
1.00 **Goodness Gracious Me**
1.40 **Michael McIntyre's...**
2.35 **Game On**
3.05 **to 4.00** AM **Harry Hill's TV Burp**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.50 **Classic Emmerdale**
7.50 **Heartbeat**
8.50 **On the Buses**
9.55 **Man About the House**
10.25 **Outside Edge**
11.30 **Agatha Christie's Poirot**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *House Rules:* Steve Crane's wayward mother Babs arrives in Aidensfield.

8.00 Lewis

7.00 **Agatha Christie's Poirot** *The Veiled Lady:* The detective is summoned to a hotel to help a mysterious veiled lady.

8.00 **Lewis** *Wild Justice:* The detective investigates when an American female bishop visiting St Gerard's College is found dead after drinking poisoned wine. Guest stars Sian Phillips and Ronald Pickup.

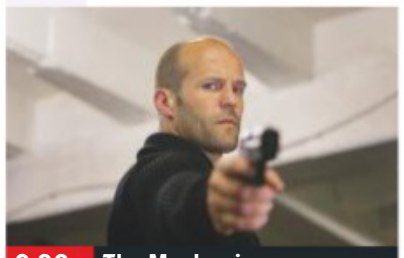
10.00 **Foyle's War** *They Fought in the Fields:* Foyle and Milner to investigate the activities of a group of land girls.
12.00 M'T **The Street**
2.35 AM **Agatha Christie's Poirot** *The Adventure of the Egyptian Tomb:* An archaeologist dies shortly after smashing the seal of an ancient Egyptian tomb.
3.35 **Wild at Heart**
5.20 **to 5.50** AM **On the Buses**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Snooker v Darts**
6.05 **Only When I Laugh**
6.30 **The Saint**
7.30 **Kojak**
8.35 **Quincy ME**
9.40 **Minder**
10.45 **LIVE Rugby World Cup 2019** Australia v Georgia.
1.30 PM **LIVE ITV Racing** Coverage from Newmarket.
4.30 **Only When I Laugh**
5.05 **The Professionals**
6.10 **The Car Chasers**
6.45 **Football Rivalries**


9.00 The Mechanic

7.00 **Rugby World Cup 2019 Highlights** Key moments from Australia v Georgia.
7.30 **River Monsters** A colossal fish.

8.00 **The Chase Celebrity Special** With Martin Roberts, Tracy Edwards, Debbie McGee and Duncan James.

9.00 **FILM The Mechanic** Action thriller with Jason Statham, Ben Foster and Donald Sutherland. (2011, 15, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **FILM Starsky & Hutch** Comedy starring Ben Stiller and Owen Wilson. (2004, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.00 AM **The Contender** Michael Moore attempts to keep the Gold Team on edge with his antics, and a hometown rivalry takes centre-stage.
2.15 **to 2.50** AM **Only When I Laugh** Figgis begins to show his spiritual side.

+1 hour 220 175 154

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Sky Two

170 160 11 144

7.00 AM **Four Weddings**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: South Africa**
12.00 NOON **Wild Vets**
1.00 PM **The Dog Whisperer**
2.00 **Most Haunted**
3.00 **Babylon 5** 17/22. (S2)
4.00 **The Chase USA**
5.00 **The Crystal Maze**
6.00 **Stargate SG-1** (S7)
7.00 **Stargate SG-1** *Inauguration:* 20/22. Guest stars Ronny Cox and William Devane. (S7)
8.00 **The Force: Manchester**
9.00 **Ross Kemp: Extreme World** Ross visits Naples. **10.00** Cattle rustling gangs in Madagascar.
11.00 **Sun, Sea and A&E**
12.00 M'T **Temple** 5/8. (S1)
1.00 AM **FBI** 11/22. (S1)
2.00 **Stop, Search, Seize**
3.00 **Duck Quacks Don't Echo** With Danny Baker.
4.00 **Wild Vets**
5.00 **to 6.00** AM **The Chase USA**

Pick

152 165 11 144

7.00 AM **Nothing to Declare**
8.00 **Border Security: America's Front Line**
9.00 **Border Patrol**
10.00 **Police Ten 7**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **Banged Up Abroad**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security: America's Front Line**
6.00 **Without a Trace** (S2)
7.00 **Hawaii Five-0** (S2)
8.00 **MacGyver** 4/23. (S2)
9.00 **The Force: North East**
10.00 **Hawaii Five-0** (S7)
11.00 **NCIS: Los Angeles** (S6)
12.00 M'T **Air Ambulance ER**
1.00 AM **Brit Cops: War on Crime**
2.00 **Road Wars**
3.00 **Border Patrol**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

112 112 812 132 181 307 370

7.10 AM **Top Gear**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
11.00 **Cops UK: Bodycam Squad** Documentary.
12.00 NOON **Modern Wheels or Classic Steals**
1.00 PM **Top Gear**
2.00 **Cops UK: Bodycam Squad** Documentary.
3.00 **Modern Wheels or Classic Steals**
4.00 **Timber Kings**
5.00 **Top Gear** Double bill.
7.00 **QI XL** With Sally Phillips.
8.00 **Have I Got a Bit More News for You**
9.00 **FILM Superbad** Comedy. (2007, 15) ★★★★
11.30 **Mock the Week**
12.10 AM **Mock the Week**
12.50 **Have I Got a Bit More News for You**
2.30 **Not Going Out**
3.35 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **My Wife and Kids**
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S1)
11.00 **Friends** (S4)
1.00 PM **Friends** (S4)
4.00 **Will & Grace** (S1)
5.00 **Friends** Eight episodes of the sitcom. (S9&10)
9.00 **Michael McIntyre's Big Show** With Emeli Sandé, Joe Lycett and Ed Balls.
10.00 **South Park** New episode Satirical animation. (S23)
10.30 **FILM Jackass Presents: Bad Grandpa .5** Hidden camera comedy with Johnny Knoxville. (2014, 15, 82min) ★★
12.30 AM **South Park** (S7)
3.00 **The Daily Show** New edition Talk show hosted by Trevor Noah.
3.25 **Impractical Jokers**
3.50 **Impractical Jokers: Inside Jokes**
4.15 **to 5.00** AM **Impractical Jokers**

+1 hour 212 133

ITV Be

131 119 179 26 118

6.00 AM **CELEBrations**
7.30 **Income Property**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of New Jersey**
1.20 **The Bachelor USA**
2.20 **Married to Medicine**
3.10 **The Real Housewives of Beverly Hills**
4.05 **The Real Housewives of Atlanta** Double bill.
6.00 **Buying and Selling** Double bill of editions.
8.00 **Dinner Date** With Tim from Manchester.
9.00 **Botched** A woman ravaged by a flesh-eating disease seeks help. **10.00** Terry operates on a cancer survivor whose gynaecologist did her tummy tuck.
10.55 **Totally Unbelievable**
11.55 PM **to 12.55** AM **The Millionaire Matchmaker**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 212 | 312 | 382

7.10 AM **Murdoch Mysteries** (S4)
8.00 **Sue Thomas: F.B.Eye** (S3)
9.00 **Death in Paradise** 3/8. (S3)
10.00 **Father Brown** As 11.40pm.
11.00 **Rizzoli & Isles** 4&5/18. (S5)
1.00 PM **Death in Paradise** (S3)
2.00 **Major Crimes** 3/19. (S2)
3.00 **Miss Fisher's Murder Mysteries** 5/13. (S1)
4.00 **Murdoch Mysteries** (S7)
6.00 **Rizzoli & Isles** 12/18. A prominent county prosecutor is arrested for murder, but Jane doubts his guilt. (S5)

7.00 Rizzoli & Isles

7.00 **Rizzoli & Isles** *Foot Loose:* 14/18. Body parts are washed up on shore and the squad is called in to identify the victim. (S5)

8.00 **Major Crimes** / *Witness:* 4/19. A witness in the team's care becomes the prime suspect in a murder. (S2)

9.00 **Death in Paradise** *Dark Memories:* 7/8. Someone from JP's past is caught red-handed at a murder scene. With Ralph Brown and Adjoa Andoh. (S7)
10.20 *An Artistic Murder:* 3/8. The team investigate the shooting of Fidel's old school friend. (S3)

11.40 **Father Brown** *The Man in the Tree:* Sid is accused of stripping and injuring a man before leaving him stuck in a tree.
12.40 AM **Unforgettable** 13/22. (S1)
1.35 **Sue Thomas: F.B.Eye** (S3)
2.35 **to 4.00** AM **Miss Fisher's Murder Mysteries**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 | 375

6.00 AM **Star Trek: Voyager** (S1)
8.00 **Teleshopping**
11.00 **Merlin** 11/13. (S5)
12.00 NOON **Fact or Faked: Paranormal Files**
1.00 PM **Merlin** 12&13/13. (S5)
3.00 **Stargate Atlantis** 13/20. (S4)
4.00 **Star Trek: Voyager** 13/26. Tuvok's shuttle crash-lands on a deserted wasteland.
5.00 *Bliss:* 14/26. The crew finally find a way home. (S5)
6.00 **Star Trek: The Next Generation** 3/26. Geordi tries to rescue his mother. (S7)

9.00 The Frighteners

7.00 **Star Trek: The Next Generation** *Gambit – Part One:* 4/26. Picard, fails to return from an archaeological trip. (S7)

8.00 **Stargate Atlantis** *Harmony:* 14/20. Sheppard and McKay guide a child princess. With Jodelle Ferland. (S4)

9.00 **FILM The Frighteners** Horror comedy starring Michael J Fox. A swindling psychic falls under suspicion when the ghost of a dead serial killer continues his murderous spree from beyond the grave. (1996, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **FILM Guardian** Horror thriller starring Mario Van Peebles. (2000, 15, 86min) ★
1.10 AM **Star Trek: The Next Generation** Triple bill (S7)
4.00 **to 6.00** AM **FILM Mythica: The Necromancer** Fantasy. (2015, PG, 120min) ★★

+1 hour 214 229

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **MasterChef Australia**
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
1.00 PM **MasterChef Australia**
2.00 **My Dream Home** A couple look for a retirement property.
3.00 A couple hope to find their forever home.
4.00 A couple seek to escape their cramped condo.
5.00 **Tipping Point** Double bill.

9.00 Inside the Ambulance

7.00 **MasterChef Australia** New edition Four hopefuls bid for the ingredients they want to use in their dishes.

8.00 **Paramedics: Emergency Response** An elderly man with pneumonia.
8.30 A mother assaulted by her daughter.

9.00 **Inside the Ambulance** Sam and Tony come to the aid of a woman suffering excruciating stomach pains.

10.00 **Inside the Ambulance** Anna and Darren treat a woman who is suffering from terminal cancer.

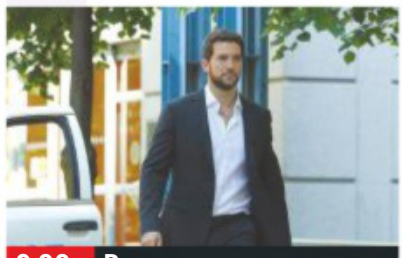
11.00 **Inside the Ambulance**
12.00 M'T **One Born Every Minute**
1.00 AM **Black Power: America's Armed Resistance**
1.50 **Criminal Minds: Beyond Borders** 11/13. (S2)
2.35 **to 3.00** AM **Bin There, Dump That**

+1 hour 209 190

Universal

113 113 813 | 122 121 | 320 | 385

8.00 AM **Numb3rs** 3/23. (S5)
9.00 **Sea Patrol** 10/13. (S1)
10.00 **Private Eyes** 10/10. (S1)
11.00 **NCIS** (S10&2)
1.00 PM **CSI: Miami** 13&14/25. Double bill of episodes. (S4)
3.00 **Law & Order** 13&14/24. (S11)
5.00 **NCIS** 3/23. The team investigate when a Marine helicopter is discovered abandoned in a crop circle.
6.00 6/23. The team try to protect a veteran naval officer who has caught the attention of an al-Qaeda cell. (S2)



9.00 Ransom

7.00 **NCIS** *Call of Silence:* 7/23. A Marine veteran confesses to the murder of a friend 60 years previously. (S2)

8.00 **The Murders** *Stereo:* 8/8. The hunt for a serial killer becomes a game of cat and mouse that puts Kate in the firing line. (S1)

9.00 **Ransom** *Grand Slam:* 3/13. A man who is about to donate bone marrow is taken hostage.

10.00 **Ransom** *Say What You Did:* 4/13. The daughter of a high ranking government official is kidnapped. (S1)

11.00 **Law & Order: Special Victims Unit** 11/24. Stabler and Benson investigate the death of a 17-year-old girl. (S11)
12.00 M'T **CSI: Miami** (S4)
2.00 **Private Eyes** 5/10. (S1)
3.00 **Sea Patrol** 10/13. (S1)
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 206

FOX

124 124 821 | 157 199

8.00 AM **The Closer** 12/15. (S4)
9.00 **Bones** 9/15. (S3)
10.00 **NCIS: New Orleans** (S4)
11.00 **NCIS** 2/24. (S15)
12.00 NOON **Bones** 10&11/15. (S3)
2.00 PM **The Mentalist** 16/23. (S2)
3.00 **NCIS** 3/24. (S15)
4.00 **NCIS: New Orleans** (S4)
5.00 **Bones** 12/15. Brennan and Booth are left to look after a baby. (S3)
6.00 **The Mentalist** 17/23. The new CBI boss is unhappy with Jane's behaviour. (S2)

9.00 NCIS:New Orleans

7.00 **NCIS** *Skeleton Crew:* 4/24. A sailor is kidnapped, and Special Agent Jacqueline Sloane assists in the investigation.

8.00 **NCIS** *Fake It 'Til You Make It:* 5/24. One of Reeves' friends is kidnapped by a man who stole data from the US military. (S15)

9.00 **NCIS: New Orleans** New episode *Reckoning:* 17/24. After a reshuffle, Pride returns to the New Orleans NCIS office. (S5)

10.00 **Family Guy** 9/20. Peter is arrested and charged with a hate crime.
10.30 10/20. Quagmire meets an ex-lover. (S14)
11.00 **American Dad!** 4&5/18. Double bill of episodes. (S6)
12.00 M'T **Family Guy** (S14)
12.30 AM **Family Guy** (S14)
1.00 **American Dad!** (S6)
2.00 **Family Guy** (S14)
3.00 **American Dad!** (S4)
4.00 **to 5.00** AM **The Closer**

+1 hour 224 158

Friday

7 PM

8 PM

9 PM

10 PM

Sony Channel

157 189 48 142

6.00 AM **Charlie's Angels**
7.00 **Hart to Hart**
9.00 **Highway to Heaven**
12.00 NOON **TJ Hooker**
2.00 PM **Hart to Hart**
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S2)
7.00 **M*A*S*H** 17/24. Hawkeye plays the market.
7.30 18/24. Hawkeye tackles a nose job.
8.00 19/24. A Korean family arrive in the camp.
8.30 20/24 The 4077th is overrun with casualties. (S2)
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz.
12.00 M'T **M*A*S*H** 4/25. (S6)
12.30 AM **M*A*S*H** 5/25. (S6)
1.00 **TJ Hooker** (S3)
3.00 **M*A*S*H** 7/24. (S2)
3.30 **The Waltons** (S4)
4.20 **Touched by an Angel**
5.10 **to 6.00** AM **Highway to Heaven**

+1 hour 257 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Highlights**
10.00 **The South Bank Show Originals**
11.00 **Discovering**
12.00 NOON **Landscape Artist of the Year 2018**
1.00 PM **Comedy Legends**
2.00 **Cheltenham Literature Festival Sessions** New edition
5.00 **Discovering**
6.00 **Landscape Artist 2018**
7.00 **Live at Cheltenham Literature Festival** New editions Double bill.
9.00 **Cheltenham Literature Festival Sessions** New edition
10.00 **NEW Queen & Adam Lambert: The Show Must Go On**
11.45 **Queen – Live at Wembley** From 1986.
1.00 AM **Queen – The Magic Years** Documentary.
2.15 **Video Killed the Radio Star** Queen's videos.
2.45 **Nyet! – A Brexit UK Border Farce**
3.00 **to 6.00** AM **Highlights**

4seven

137 143 203 47 110 127

9.00 AM **Come Dine with Me**
11.30 **Four in a Bed**
12.00 NOON **Find It, Fix It, Flog It** A garden seat.
1.00 PM **Undercover Boss USA** Documentary.
2.00 **Ramsay's Kitchen Nightmares USA**
3.00 **Everybody Loves Raymond** (S7)
4.00 **Frasier** (S1)
5.00 **A Place in the Sun: Winter Sun**
6.00 **Sun, Sea and Selling Houses**
7.00 **Ramsay's Kitchen Nightmares USA** 4
8.00 **Grand Designs**
9.00 **Emergency Helicopter Medics** Documentary.
10.00 **Shocking Emergency Calls** Documentary.
11.05 **Gogglebox**
1.10 AM **Snackmasters**
2.15 **Escape to the Chateau: Restoring the Dream**
3.20 **Sun, Sea and Selling...**
4.15 **to 4.45** AM **Four in a Bed**

5USA

141/169 153 21 129

9.00 AM **Access**
9.10 **Remington Steele** (S3)
10.00 **CSI: NY** 15/23. (S6)
10.55 **The Mysteries of Laura**
11.55 **Bull**
12.55 PM **Law & Order** (S11)
3.00 **Murder, She Wrote**
6.00 **Law & Order** (S11)
8.00 **NCIS** *House Rules:* 10/24. McGee and Abby hunt cyber-terrorists responsible for an internet outage. (S12)
9.00 **Perception** *Mirror:* 13/15. Moretti and Pierce investigate the murders of a diplomat and a reporter. (S3)
10.00 **Law & Order: Special Victims Unit** *Personal Fouls:* 2/23. A basketball player is accused of sexual abuse. (S13)
11.00 **Law & Order: Special Victims Unit** (S13&11)
1.00 AM **CSI: NY** (S6&5)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Last Man Standing**
8.20 **Smallville** 16/23. (S2)
9.10 **Can't Pay? We'll Take It Away!** Double bill.
11.10 **My Wife and Kids**
12.05 PM **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Two and a Half Men**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **FILM What Women Want** Romantic comedy starring Mel Gibson and Helen Hunt. (2000, 12, 127min) ★★★
9.30 **Greatest Ever Celeb Embarrassments** Stars who have ended up with egg on their faces.
11.25 **Impact Wrestling** Featuring innovative high-risk matches.
1.20 AM **Young, Dumb and Banged Up in the Sun**
2.20 **Star** 8/12. (S1)
3.15 **to 4.00** AM **Riverdale**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.40 PM **Classic EastEnders**
2.20 **Dalziel & Pascoe**
4.20 **All Creatures Great and Small**
5.25 **Fresh Fields**
6.00 **'Allo 'Allo!**
6.40 **Keeping Up Appearances**
7.20 **Last of the Summer Wine** Truly investigates the case of a bus that disappeared between stops.
8.00 **Inspector George Gently** Pilot episode of the crime drama.
10.00 **New Tricks** *Mad Dogs:* Jack and Strickland break the rules in an attempt to solve a case.
11.05 **Silent Witness**
1.25 AM **Boon**
3.15 **to 4.00** AM **Garden Hopping**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

AMC

332 381

Programmes start at 1pm.

1.00 PM **Halt and Catch Fire**
2.00 **James Cameron's Story of Science Fiction**
2.55 **Zoom In** *Isle of Dogs.*
3.05 FILM **The Wings of the Dove** Romantic drama. (1997, 15) ★★★★
5.00 **Halt and Catch Fire**
6.00 **James Cameron's Story of Science Fiction**
7.00 FILM **Girl with a Pearl Earring** Period drama starring Colin Firth and Scarlett Johansson. (2003, 12) ★★★★
9.00 **The Terror** 1/10. (S2)
10.05 **Preacher** 1/10. (S3)
11.00 **Hap and Leonard** (S3)
12.45 AM **The Son** (S2)
1.40 **The Terror** 1/10. (S2)
2.40 **Preacher** 1/10. (S3)
3.30 **Halt and Catch Fire**
4.20 **to 5.30** AM **James Cameron's Story of Science Fiction**

CBS Drama

147 197 71 134

9.00 AM **Medium** 3/16. (S1)
10.00 **ER** 5/25. (S1)
11.00 **The Love Boat** (S5)
12.05 PM **Judge Judy**
1.00 **Gunsmoke**
2.00 **Bonanza**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S5)
7.00 **CSI: Miami** *Born to Kill:* 24/24. A serial killer marks his victims with Y-shaped incisions. (S5)
8.00 **Judge Judy**
9.00 **Medium** *Night of the Wolf:* 4/16. Another family member begins seeing the dead. (S1)
10.00 **CSI: NY** *Blink:* 1/23. (S1)
11.00 **The Love Boat** (S5)
12.05 AM **Judge Judy**
1.00 **ER** 6/25. (S1)
2.00 **Medium** As 9.00pm.
3.00 **CSI: NY** As 10.00pm.
4.00 **Father Dowling Mysteries**
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Father Dowling Mysteries**
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 19/26. (S3)
2.05 **CSI: Miami** 17/24. (S5)
3.00 **NCIS** 13/24. (S7)
4.00 **NCIS: Los Angeles** (S3)
5.00 **Father Dowling Mysteries**
6.00 **Perry Mason**
7.05 **CSI: Cyber** *L0m1s:* 9/13. Krumitz becomes obsessed with finding a plane hacker. (S1)
8.00 **Walker, Texas Ranger** *Behind the Badge:* 20/26. A reporter tries to film the rangers. (S3)
9.00 **Scorpion** 8/25. (S2)
10.00 **NCIS: Los Angeles** (S3)
11.00 **CSI: Cyber** 7/13. (S1)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **Scorpion** (S2)
2.00 **Gunsmoke**
3.05 **Bonanza** (S12)
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives**
8.00 **48 Hours: Mystery** A woman vanishes but is not reported missing for months.
9.00 **Ice Cold Killers** A woman's body is found dumped in snow.
10.00 **Homicide's Elite** New edition The story of Carlton Benn, who worked for a disaster relief company providing aid to those in need.
11.00 **Murderers and Their Mothers**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Ice Cold Killers**
2.00 **Homicide's Elite**
3.00 **Crime and Punishment**
3.50 **Hoarders**
4.40 **Dog and Beth: On the Hunt**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Catchphrase**
10.55 **Small Talk**
12.05 PM **Wheel of Fortune**
1.00 **Weakest Link**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **Weakest Link**
7.00 **Pointless Celebrities** A child star-themed edition of the quiz.
8.00 **The Chase** Double bill.
10.00 **Classic Who Wants to Be a Millionaire?** Newlywed couples compete in the quiz.
11.00 **Bullseye**
12.00 M'T **Bullseye**
12.30 AM **Bullseye**
1.00 **The Chase**
3.50 **Deal or No Deal**
5.10 **to 6.00** AM **Golden Balls**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Most Ridiculous**
7.00 **Teleshopping**
9.00 **Friends**
11.00 **The Middle** (S1)
1.00 PM **Most Ridiculous – Bad Asses**
1.30 **Most Ridiculous – Tattoos**
2.00 **Bob's Burgers** (S9)
4.00 **Wipeout USA**
6.00 **Impractical Jokers**
8.00 **The Fresh Prince of Bel Air** (S2)
9.00 **Friends** (S5)
10.00 **Jimmy Carr: Being Funny** Stand-up show.
11.00 **Russell Howard & Mum: Globetrotters**
12.00 M'T **Your Face or Mine**
12.30 AM **Your Face or Mine**
1.00 **The Funny Thing About Holidays**
2.00 **Russell Howard & Mum: Globetrotters**
3.45 **Single Parents** (S1)
4.30 **Bob's Burgers** (S9)
5.15 **to 6.00** AM **The Middle**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Kourtney & Kim Take Miami**
11.00 **News: Daily Pop**
12.00 NOON **Flip It Like Disick**
1.00 PM **Keeping Up with the Kardashians**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Dating: No Filter**
9.00 **Keeping Up with the Kardashians**
10.00 **Botched**
11.00 **Flip It Like Disick**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Revenge Body with Khloe Kardashian**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

+1 hour 223 149

Food Network

140 291 41 148

6.00 AM **30 Minute Meals**
6.25 **Giada In Italy**
8.05 **Giada at Home** New editions
9.00 **The Pioneer Woman**
11.00 **Bake Off: Creme de la Creme**
12.00 NOON **Tom Kerridge's American Feast**
1.00 PM **Barefoot Contessa**
2.00 **James Martin: Sweet**
2.30 **James Martin: Delicious**
3.00 **30 Minute Meals**
4.00 **The Pioneer Woman**
6.00 **Tom's American Feast**
7.00 **Bake Off: Creme de...**
8.00 **The Hairy Bikers' Food Tour of Britain**
9.00 **Rick Stein's Seafood Odyssey** Double bill.
10.00 **Diners, Drive-Ins and Dives** Four editions.
12.00 M'T **Mystery Diners**
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 240 280

Lifetime

164 208 329 384

7.00 AM **Judge Judy**
1.00 PM **Storage Wars**
2.00 **Zombie House Flipping**
3.00 **Flipping Vegas**
4.00 **Little Women: Dallas**
5.00 **Hardcore Pawn**
6.00 **Disaster Decks**
7.00 **Judge Judy** Real-life small-claims cases.
9.00 **Surviving R. Kelly** The singer goes on trial.
10.00 **Storage Wars** Darrell and Brandon clash as they try to get stock for their store. **10.30** Darrell and Brandon's latest locker find lands them in court.
11.00 **Hardcore Pawn** Cousin Karen prepares to shake things up. **11.30** Ashley becomes jealous of Karen.
12.00 M'T **Disaster Decks**
12.30 AM **Disaster Decks**
1.00 **Surviving R. Kelly**
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **The Office (US)**
10.00 FILM **Deadly Paradise** Thriller. (2016, 12) ★★
11.45 FILM **The Narcissist** Thriller. (2019, 12) ★★
1.30 PM **A Deadly Deed: A Fixer Upper Mystery**
3.15 FILM **My Evil Stepdad** Thriller. (2019, PG, 90min) ★★
5.05 FILM **One Small Indiscretion** Thriller. (2017, PG, 90min) ★★
7.00 **House** 15&16/22. (S8)
8.55 **Access** Showbiz news.
9.00 FILM **Close Encounters of the Third Kind** Sci-fi classic. (1977, PG, 135min) ★★★★★
11.50 FILM **I Am Number Four** Teen sci-fi thriller. (2011, 12, 109min) ★★★
1.55 AM **Marvel's Agent Carter** Triple bill. (S2)
4.15 **Smallville** 1/23. (S2)
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wet Nets**
6.20 **Total Fishing**
7.10 **Deadliest Catch**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Fantomworks**
12.00 NOON **Alien Encounters**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers: Under the Ice**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **The Unexplained Files**
10.00 **Uncovering Aliens** Apparent abductions.
11.00 **How It's Made**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **FBI Files**
12.00 NOON **Disappeared**
1.00 PM **Say Yes to the Dress**
4.00 **Curvy Brides Boutique**
5.00 **Say Yes... Atlanta**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **Murder Comes to Town**
10.00 **The Wonderland Murders** The death of Ashley Benson.
11.00 **Vicky Pattison: No Filter**
12.00 M'T **Forensic Detectives**
1.00 AM **Copycat Killers**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops San Francisco**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Escape to the Country** In East Sussex.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **The Sheriffs Are Coming**
11.00 **Celebrity Antiques Road Trip**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** Northumberland.
3.00 **Homes Under the Hammer** In Lincolnshire.
4.00 **Ghost Adventures**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **Ghost Adventures**
10.00 **Haunted Towns** Series finale
11.00 **Ghost Adventures**
12.00 M'T **Ghost Adventures**
2.00 AM **Teleshopping**
4.00 **Born to Kill?**
4.50 **to 6.00** AM **Ghost Adventures**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Canada's Front Line**
9.00 **Police Ten 7**
10.00 **Road Wars**
11.00 **Law & Disorder**
12.00 NOON **Banged Up...**
1.00 PM **Snapped**
2.00 **Canada's Front Line**
4.00 **Stop, Search, Seize**
5.00 **Road Wars**
6.00 **Law & Disorder**
7.00 **Banged Up Abroad**
8.00 **Murders That Shocked the Nation**
9.00 **The Mark of a Killer**
10.00 **Snapped** New edition
11.00 **Unseen: The Cleveland Strangler**
12.35 AM **Conman: Mark Acklom**
1.35 **Snapped**
2.35 **Murders That Shocked the Nation**
3.30 **Police Ten 7**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Speeders** Four editions, including at: **8.00** A Pentagon employee is pulled over. **8.30** Officers encounter a grandfather driving at more than 100mph.
9.00 **Deadly Women** The case of retired nurse Raynella Dossett Leath. **10.00** The sisterly bonds that can be broken when money is involved.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 279

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **The Great British Benefits Handout**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers**
12.05 PM FILM **A Prince for Christmas** Romance. (2015, PG, 87min) ★★
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Wild Britain**
10.00 **The Royal Family: Shame at the Palace**
11.30 **Inside Harrods**
12.30 AM **The Murder Next Door** Paige Doherty.
1.30 **The Great British Benefits Handout**
2.30 **Operating Theatre: Minute by Minute**
3.30 **to 4.00** AM **Criminals: Caught on Camera**

5Spike

150 154 31 141

9.00 AM **The A-Team**
11.00 **Police Interceptors**
12.00 NOON **Can't Pay? We'll Take It Away!**
2.00 PM **Trucking Hell: Extreme Road Rescue**
3.00 **Traffic Cops**
5.00 **The A-Team** (S2)
7.00 **Police Interceptors**
8.00 **Traffic Cops** Officers chase a 4x4 from Bradford city centre to the countryside. **9.00** A car linked to a suspected firearms incident is spotted.
10.00 **Angry Brits: Caught on Camera** A footballer climbs into the stands to confront a spectator.
11.00 **America's Toughest Prisons** In Minnesota.
12.00 M'T **America's Toughest Prisons** In Tampa.
1.00 AM **Airwolf** (S1)
1.55 **to 3.00** AM **Street Hawk**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé**
12.00 NOON **Dr Pimple Popper**
1.00 PM **Cake Boss**
2.00 **Little People, Big World**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 NEW SERIES **Toilet Paper Wedding Dress Challenge**
9.00 **Olivia & Alex: Happily Ever After?**
10.00 **Vicky Pattison: No Filter**
11.00 **Dr Pimple Popper**
11.30 **Say Yes to the Dress: Atlanta – Ultimate Wedding Edition**
12.00 M'T **Toilet Paper Wedding Dress...**
1.00 AM **Olivia & Alex...**
2.00 **Vicky Pattison: No Filter**
3.00 **to 6.00** AM **Highlights**

+1 hour 233 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Supertruckers**
7.00 **Airplane Repo**
8.00 **Extreme Engineering**
9.00 **Treasure Quest**
10.00 **Contact Project**
11.00 **Wheeler Dealers**
12.00 NOON **Garage Rehab**
1.00 PM **Combat Dealers**
2.00 **Alien Highway**
3.00 **Fast N' Loud**
4.00 **Kindig Customs**
5.00 **Garage Rehab**
6.00 **Fast N' Loud** Richard and Aaron head to a swap meet.

8.00 Combat Dealers

7.00 **Gold Rush** Winter has arrived, shutting down Rick's sprinkler system and leaving his cut frozen.

8.00 **Combat Dealers** Bruce Crompton visits Germany, where he discovers a nuclear core from a Nazi weapon-testing factory.

9.00 **Aircrash Confidential** Documentary series using expert opinions and CGI to investigate the causes of aviation disasters.

10.00 **How Trains Changed the World** How trains have seemingly changed the way people see the world – and each other.

11.00 **Finding Escobar's Millions**
12.00 M'T **Aircrash Confidential** As shown at 9.00pm.
1.00 AM **How Trains Changed the World** As 10.00pm.
2.00 **Street Outlaws**
3.00 **Aircrash Confidential**
3.50 **Deadliest Catch**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
8.00 **Animal Cops Houston**
10.00 **Bondi Vet**
11.00 **Pit Bulls & Parolees**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **My Cat from Hell**
4.00 **Edge of Alaska** The future of the town lies in the balance.
5.00 **Extinct or Alive** Forrest Galante heads to Australia in search of the Tasmanian tiger.
6.00 **Bondi Vet** A dog that jumped out of a moving car.

8.00 Pit Bulls & Parolees

7.00 **Pit Bulls & Parolees** Two stray pit bull dogs hiding beneath lumber lure Tia into a potentially deadly rescue.

8.00 **Pit Bulls & Parolees** The threat of flooding prompts Tia to make an evacuation plan for her and the dogs.

9.00 **Edge of Alaska** The icy ground thaws into a quagmire, and Tim Mischel is marooned at his remote cabin.

10.00 **Animal Cops Houston** Chief investigator Max Mixson rescues an injured dog and surgeons battle to save its life.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Mountain Monsters**
1.00 AM **Animal Cops Houston**
2.00 **I Was Prey**
3.00 **Edge of Alaska** As 9.00pm.
3.50 **Intruders**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **Treehouse Masters**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Car SOS**
10.00 **Air Crash Investigation**
12.00 NOON **Hitler's Last Stand**
1.00 PM **Nazi Megastructures: Battle Ready**
2.00 **Nazi Megastructures**
3.00 **WW2: Hell Under the Sea**
4.00 **Car SOS** Fuzz and Tim restore a 1950s Ford Zodiac. **5.00** Fuzz and Tim come across an Escort RS that has seen better days.
6.00 **Air Crash Investigation** A commercial flight's crash while landing at Cork Airport in 2011.

10.00 Activate: The Global...

7.00 **Air Crash Investigation** The 2007 disaster in which Air Moorea Flight 1121 crashed just a minute after take-off.

8.00 **Buried Secrets of WWII** Examining the German siege of Malta in 1940, and how the island fought back.

9.00 **The Hot Zone** *Quarantine:* 5/6. Jaax tries to discover why the virus affects humans differently to primates. (S1)

10.00 **Activate: The Global Citizen Movement** Series finale Uzo Aduba presents a campaign for clean drinking water.

11.00 **Air Crash Investigation** Investigators search for a plane that disappeared above the Java Sea.
12.00 M'T **Airport Security: Peru** A passenger claims he is a police informant.
1.00 AM **Border Wars**
2.00 **to 5.00** AM **Car SOS**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
7.00 **American Pickers: Best Of**
8.00 **Pawn Stars**
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Counting Cars**
2.00 **American Pickers** A lead on an ultra-rare VW Beetle turns out to be a true barn find.
3.00 **Storage Wars** Four editions.
5.00 **Pawn Stars** Double bill.
6.00 **American Pickers: Best Of**

8.00 Pawn Stars

7.00 **Forged in Fire** Four bladesmiths must forge replicas of Teddy Roosevelt's Rough Rider Bowie.

8.00 **Pawn Stars** New edition Rick searches for a fire truck then joins Corey on a hunt for an item from Hunter S Thompson.

9.00 **Nazi Gospels** A look at the sinister occult underpinnings of the Nazi Party, from the idea that the SS was an ancient knightly order to crazy cosmology to the search for supermen in Tibet.

11.00 **Battle 360** A CGI reconstruction of World War Two battle of Santa Cruz.
12.00 M'T **Damian Lewis: Spy Wars** The story of Oleg Gordievsky.
1.00 AM **Pawn Stars** As 8.00pm.
2.00 **Counting Cars**
3.00 **Ancient Aliens**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **After Hitler**
8.00 **Time Team** Double bill.
10.00 **Nazi Murder Mysteries**
11.00 **Impossible Railways**
12.00 NOON **Time Team**
2.00 PM **Ocean Giants**
3.00 **Planet Earth II**
4.00 **Bangers and Cash**
5.00 **Impossible Railways** Unusual rail networks designed to traverse water.
6.00 **Nazi Murder Mysteries** The theories, conspiracies and facts relating to Rudolf Hess's flight to Scotland.

8.00 Deep Wreck Mysteries

7.00 **Monster Ships** A profile of the *Royal Clipper*, officially the world's largest square-rigged ship.

8.00 **Deep Wreck Mysteries** The circumstances surrounding three U-boats that were found in the Bristol Channel.

9.00 **Titanic: Stories from the Deep** Artefacts salvaged from the underwater resting site of the famous wreck.

10.00 **Narrow Escapes of World War Two** Accounts of America's opening air raid on the Japanese archipelago.

11.00 **Bangers and Cash** A 1970s Bond Bug three-wheeler divides opinion among Mathewsons customers.
12.00 M'T **Impossible Railways** As shown at 5.00pm.
1.00 AM **Nazi Murder Mysteries** As shown at 6.00pm.
2.00 **to 3.00** AM **After Hitler**

+1 hour 255 200

Friday

7 PM

8 PM

9 PM

10 PM

Disc. History

171 262

6.00 AM **Expedition Unknown**
7.00 **Massive Engines**
8.00 **Cold War Armageddon**
9.00 **Frontline Battle Machines**
10.00 **Blowing Up History**
11.00 **Massive Engines**
12.00 NOON **Secrets Underground**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Cold War Armageddon**
4.00 **Killer Tanks**
5.00 **Blowing Up History**
6.00 **Secrets Underground**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown: Hunt For Extraterrestrials**
9.00 **Desert Mummies of Peru**
10.00 **Houdini's Last Secrets**
11.00 **True Horror**
12.00 M'T **Expedition Unknown: Hunt For...**
1.00 AM **Desert Mummies...**
2.00 **to 6.00** AM **Highlights**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Super Vets**
10.00 **Collar of Duty**
11.00 **Spying on Animals**
12.00 NOON **Wild Arabia**
1.00 PM **Wild Colombia with Nigel Marven**
2.00 **Collar of Duty**
3.00 **Jungle Planet**
4.00 **Super Vets**
5.00 **Collar of Duty**
6.00 **Spying on Animals**
7.00 **Super Vets**
8.00 **Wild Arabia**
9.00 **Frontier Borneo**
10.00 **Wild Colombia with Nigel Marven**
11.00 **Spying on Animals**
12.00 M'T **Wild Arabia**
1.00 AM **Frontier Borneo**
2.00 **Jungle Planet**
3.00 **Wild Colombia with Nigel Marven**
3.50 **Collar of Duty**
4.40 **Spying on Animals**
5.30 **to 6.00** AM **Jungle Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Monster Fish**
9.00 **Out There With Jack Randall**
10.00 **America's National Parks**
11.00 **America's Wild Spaces**
11.30 **Monster Croc Wrangler**
12.00 NOON **Snakes in the City**
1.00 PM **Wolf vs Bear**
2.00 **Legend of the Giant Squid**
3.00 **Out There With Jack Randall**
4.00 **Monster Fish**
6.00 **Animal Fight Club**
7.00 **Snakes in the City**
8.00 **World's Biggest Great White**
9.00 **Shark Vs Predator Showdown**
10.00 **Eyewitness Shark Attack**
11.00 **Alaska Fish Wars**
12.00 M'T **Animals Gone Wild**
2.00 AM **Snakes in the City**
3.00 **Wolf vs Bear**
4.00 **to 5.00** AM **Legend of the Giant Squid**

History 2

163 273 330 390

8.00 AM **History's Most Hated: Pol Pot**
9.00 **History's Most Hated: Ivan the Terrible**
10.00 **WWII's Most Daring Raids**
11.00 **Monsterquest**
1.00 PM **Ancient Aliens**
2.00 **Warriors**
3.00 **History's Most Notorious**
5.00 **Ancient Assassins**
7.00 **Monsterquest**
8.00 **Cities of the Underworld**
9.00 **Ancient Aliens** A team of experts looks into the Orion constellation.
10.00 **Britain's Bloody Crown** Dan Jones tells the story of the Wars of the Roses.
11.00 **WWII's Most Daring Raids**
12.00 M'T **Monsterquest**
1.00 AM **Ancient Aliens**
3.00 **Britain's Bloody Crown**
4.00 **to 5.00** AM **Ancient Assassins**

PBS America

174 276 91 155

8.00 AM **The Aviators**
8.35 **Stories from the Dark Earth: Meet the Ancestors Revisited**
9.55 **Montezuma**
11.00 **Back to the Moon**
12.15 PM **Egypt**
1.30 **Stories from the Dark Earth: Meet the Ancestors Revisited**
2.50 **Montezuma**
4.00 **Back to the Moon**
5.10 **Egypt** 5/6. (S1)
6.25 **Stories from the Dark Earth: Meet the Ancestors Revisited**
7.45 **Egypt** *The Secrets of the Hieroglyphs:* 6/6. Champollion tests his knowledge of hieroglyphics. (S1)
9.00 **Swallowed by the Sea: Ancient Egypt's Greatest Lost City**
10.15 **Horizon: Secrets of the Solar System**
11.30 **Egypt** As 7.45pm.
12.45 **to 2.00** AM **Swallowed by the Sea: Ancient...**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **Robbie Coltrane's Critical Evidence**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Motive to Murder**
9.00 **Narcoland: 60 Days In** New edition
10.00 **Hero Ink** New editions
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Narcoland: 60...**
2.00 **The First 48**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Homicide: Hours to Kill**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY Films

Friday

Sky Premiere

301 301 842 401 501

6.00 AM **Accident** As 12.30am.
7.45 **The Stolen Princess** As shown at 6.15pm.
9.30 **Widows** As 10.15pm.
12.00 NOON **PREMIERE Mortal Engines** As 8.00pm.
2.15 PM **Where Hands Touch** (2018, 12, 122min) ★★
4.30 **Benjamin** Comedy drama. (2018, 15, 85min) ★★★
6.15 **The Stolen Princess** Animated fantasy. (2018, PG, 85min) ★★★

8.00 Mortal Engines

Sky Disney

305 305 846 405 505

6.55 AM **Beverly Hills Chihuahua 2** Comedy. (2011, U, 80min) ★
8.25 **Tangled** As shown at 4.30pm.
10.10 **Lilo & Stitch** (2002) ★★★
11.40 **Recess: School's Out** (2000)
1.10 PM **Tinker Bell and the Great Fairy Rescue** Animated fantasy. (2010, U) ★★★
2.30 **The Princess Diaries** Comedy, as shown at 10.35pm.
4.30 **Tangled** (2010, PG) ★★★★
6.15 **Up** Animated comedy. (2009, U, 92min) ★★★★★

6.15 Up

Sky Family

306 306 847 406 506

7.10 AM **The Adventures of Sharkboy and Lavagirl**
8.50 **Cloudy with a Chance of Meatballs** As 6.25pm.
10.25 **The Little Vampire** (2017) ★★
11.55 **Cinderella** (2018) ★★
1.35 PM **Johnny English Strikes...**
3.10 **Peter Pan: The Quest for the Never Book** (2018) ★
4.50 **The Adventures of Sharkboy and Lavagirl** (2005) ★★★
6.25 **Cloudy with a Chance of Meatballs** (2009) ★★★

8.00 Johnny English Strikes...

Sky Action

307 307 848 407 507

7.15 AM **Guardians of the Tomb** Sci-fi. (2018, 12, 90min) ★
9.00 **Alpha** Prehistoric adventure. (2018, 12, 96min) ★★★
10.45 **The Top Ten Show 2019**
11.00 **Mission: Impossible – Fallout** As 8.00pm.
1.30 PM **Pacific Rim** As 10.30pm.
3.45 **Pacific Rim: Uprising** Sci-fi. (2018, 12, 111min) ★★
5.45 **PREMIERE Mortal Engines** Adventure with Hera Hilmar. (2018, 12, 128min) ★★★★

3.45 Pacific Rim: Uprising

Sky Comedy

308 308 849 408 508

7.00 AM **Nine to Five** (1980) ★★★
8.50 **Monty Python's The Meaning of Life** (1983) ★★★
10.40 **Spanglish** Comedy drama. (2004, 12, 131min) ★★★
1.00 PM **Pitch Perfect** Musical. (2012, 12, 112min) ★★★★
3.00 **Pitch Perfect 3** Musical. (2017, 12, 93min) ★★★
4.45 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
6.20 **Mr Deeds** Comedy. (2002, 12, 96min) ★★

10.00 Just Go with It

8 PM

8.00 **PREMIERE Mortal Engines** Adventure starring Robert Sheehan and Hera Hilmar. In a post-apocalyptic world where cities consume one another to survive, two people meet in London and try to stop a conspiracy. (2018, 12, 128min) ★★★★
See review, page 18
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10.15 **Widows** Thriller starring Viola Davis. Four women with a debt left by their dead husbands' criminal activities attempt to carry out a robbery. (2018, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

12.30 AM **Accident** Thriller. (2017, 15, 95min) ★
2.15 **Cruise** Romantic comedy. (2018, 15, 90min) ★★★
4.00 **Motherhood** Comedy. (2018, 15, 90min) ★★★★
5.30 **to 6.00** AM **Joker: Special**

+1 hour 312 402

11 PM

8.00 **The Lone Ranger** Western adventure comedy starring Johnny Depp, Armie Hammer and Tom Wilkinson. Texas lawman John Reid encounters Comanche outcast Tonto, who inspires him to reinvent himself as masked vigilante The Lone Ranger. (2013, 12, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **The Princess Diaries** Comedy starring Julie Andrews, Anne Hathaway and Hector Elizondo. (2001, U, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Muppet Christmas Carol** Comedy version of the tale. (1992, U, 86min) ★★★★
2.10 **Blank Cheque** Comedy. (1994, PG, 93min) ★★
3.50 **Robin Hood** Animated fantasy. (1973, U, 80min) ★★★
5.20 **to 6.50** AM **Tinker Bell and the Lost Treasure** Animation. (2009, U, 81min) ★★★

8.00 **Johnny English Strikes Again** Spy comedy starring Rowan Atkinson. A cyber attack sees the hapless secret agent sent on an adventure in the South of France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Fantastic Beasts: The Crimes of Grindelwald** Fantasy adventure starring Eddie Redmayne, Katherine Waterston and Jude Law. (2018, 12, 134min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Flintstones** Comedy based on the TV cartoon, starring John Goodman. (1994, U, 93min) ★★
1.35 AM **Against the Wild: The Great Elephant Adventure** Drama with Sam Ashe Arnold. (2017, PG, 90min) ★★
3.15 **Cats** Animated adventure. (2018, PG, 90min) ★★★
5.10 **to 6.50** AM **Peter Pan: The Quest for the Never Book** Animation, as shown at 3.10pm.

8.00 **Mission: Impossible – Fallout** Action thriller sequel starring Tom Cruise. Ethan Hunt and the IMF team join forces with a CIA assassin to prevent a disaster caused by a mysterious arms dealer and a group of terrorists. (2018, 12, 147min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Pacific Rim** Sci-fi action movie starring Charlie Hunnam and Idris Elba. Humanity creates giant fighting robots to repel alien monsters emerging through a breach in the Pacific Ocean. (2013, 12, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Pacific Rim: Uprising** Sci-fi, as shown at 3.45pm.
2.50 **Con Air** Action thriller starring Nicolas Cage and John Cusack. (1997, 18, 115min) ★★
5.00 **to 6.00** AM **Sky Cinema Preview**

8.00 **Sorry to Bother You** Comedy starring Lakeith Stanfield, Tessa Thompson and Danny Glover. A telemarketer finds his career takes a sinister turn after he finds success using his 'white voice'. (2018, 15, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Just Go with It** Romantic comedy starring Adam Sandler and Jennifer Aniston. (2011, 12, 116min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Action Point** Comedy starring Johnny Knoxville. (2018, 15, 90min) ★
1.30 AM **Jackass: The Movie** Comedy with Johnny Knoxville. (2002, 18, 87min) ★
3.00 **Lost in London** Comedy starring Woody Harrelson. (2017, 12, 103min) ★★★★
5.00 **to 6.55** AM **The First Wives Club** Comedy. (1996, PG, 102min) ★★★

Sky Hits

303 303 844 403 503

6.00 AM **The Disaster Artist** (2017,)
7.50 **Birth of the Dragon** (2017)
9.30 **Blockers** (2018) ★★★★
11.15 **Murder on the Orient Express** Mystery. (2017, 12) ★★★
1.15 PM **Bohemian Rhapsody** Biopic, as shown at 10.00pm.
3.35 **Iron Man 2** Adventure sequel. (2010, 12, 119min) ★★★
5.45 **Daddy's Home 2** Comedy. (2017, 12, 100min) ★★★

Sky Greats

311 311 852 404 504

6.00 AM **Shenandoah** (1965) ★★★★
8.00 **The Bourne Legacy** As 5.40pm.
10.20 **Cast Away** As 8.00pm.
12.45 PM **Poseidon** (2006) ★★★
2.25 **Labyrinth** Fantasy adventure. (1986, U, 97min) ★★★★
4.10 **The Naked Gun 2½: The Smell of Fear** Police comedy sequel. (1991, 15, 81min) ★★★
5.40 **The Bourne Legacy** Spy thriller. (2012, 12, 129min) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.05 **Monte Walsh** (1970) ★★★
9.15 **The Searchers** (1956) ★★★★★
11.45 **Cave of Outlaws** (1951) ★★
1.30 PM **The Green Berets** War drama. (1968, PG, 141min) ★
4.15 **The Man from Galveston** Western. (1963, b/w, U) ★★
5.30 **The Hound of the Baskervilles** Horror. (1959, PG, 85min) ★★★

Talking Pictures

328 445 81 306

6.00 AM **The Stranger** (1946)
8.00 **Heavens Above!** (1963) ★★★
10.20 **We Serve** ATS training film.
11.00 **Stagecoach West**
12.00 NOON **Seven Days to Noon**
1.50 PM **Go to Blazes**
2.00 **Rooms** Drama anthology.
2.30 **Impact** Thriller. (1963) ★★
3.45 **The Square Peg** (1958) ★★★
5.30 **Robin's Nest** Comedy series.
6.00 **The Magnet** (1950) ★★★

Horror

317 149 70 138

8.00 AM **seaQuest DSV** 1/24. (S1)
9.00 **Star Trek: Voyager** 8/26. (S2)
10.00 **Star Trek** 10/26 (S2)
11.00 **Locusts: The 8th Plague** Sci-fi thriller. (2005, 15, 82min) ★★
1.00 PM **Fire Serpent** Sci-fi horror thriller. (2007, 15, 89min) ★★
3.00 **Sliders** 6/13. (S2)
4.00 **Roswell: The Aliens Attack** Thriller. (1999, PG, 85min) ★
6.00 **Star Trek** 11/26. (S2)

primetime

7.30 **First Man** Drama starring Ryan Gosling. A look at the life of Neil Armstrong, and the mission that led him to become the first man to walk on the moon. (2018, 12, 141min) ★★★★
10.00 **Bohemian Rhapsody** Queen biopic, starring Rami Malek. While Queen become one of the biggest rock bands in the world, Freddie Mercury struggles with his personal life. With Lucy Boynton and Gwilym Lee. (2018, 12, 134min) ★★★★

12.25 AM **Iron Man 2** Adventure sequel. (2010, 12, 119min) ★★★
2.45 **Batman v Superman: Dawn of Justice** Superhero adventure. (2016, 12, 164min) ★★
5.30 **to 7.20** AM **Diary of a Wimpy Kid** Comedy with Robert Capron. (2010, PG, 92min) ★★★

8.00 **Cast Away** Adventure drama starring Tom Hanks as a man who must learn the physical and emotional secrets of survival when he is stranded on a South Pacific island. (2000, 12, 143min) ★★★★
10.25 **Gravity** Space thriller starring Sandra Bullock and George Clooney. An astronaut becomes stranded in space during her first NASA mission when lethal debris destroys her shuttle. (2013, 12, 91min) ★★★★

12.00 M'T **Airplane!** Spoof of air-disaster movies, starring Robert Hays and Leslie Nielsen. (1980, 12, 86min) ★★★★★
1.40 AM **Strange Days** Sci-fi thriller. (1995, 18, 145min) ★★★
4.15 **to 6.00** AM **Labyrinth** Fantasy adventure, as shown at 2.25pm.

7.15 **The Gun Runners** Adaptation of Ernest Hemingway's *To Have And Have Not*, starring Audie Murphy and Eddie Albert. A Florida charter skipper unwittingly hires out his vessel to a gang of Cuban gunrunners. (1958, b/w, PG, 83min) ★★
9.00 **Kelly's Heroes** World War Two action comedy starring Clint Eastwood as an American private leading a mission to steal a fortune in gold bullion. (1970, PG, 143min) ★★★★

12.00 M'T **Code Name: Emerald** Spy thriller. (1985, PG, 93min) ★★
2.00 AM **To Each His Own** Drama. (1946, U, 122min) ★★★
4.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

7.35 **The House In Marsh Road** Horror starring Tony Wright. A novelist having an affair with his assistant plots to murder his wife so he can inherit her house. (1960, b/w, PG, 70min) ★★
9.00 **Shadows of Fear** Thriller.
10.00 **The Mind of Mr Soames** Drama with Terence Stamp. A 30-year-old man finally wakes from the coma he has been in since birth and is unprepared for the emotional conflicts of an adult. (1969, PG, 93min) ★★★

12.00 M'T **The Tamarind Seed** Romantic espionage drama. (1974, 15, 125min) ★★
2.30 AM **And Soon the Darkness** Chiller. (1970, 18, 98min) ★★★
4.30 **to 6.00** AM **Hammer the Toff** Drama starring John Bentley. (1952, b/w, U, 71min) ★★

7.00 **Star Trek: Voyager** 9/26. (S2)
8.00 **Space 1999** 2/24. (S1)
9.00 **PREMIERE Lake Placid: Legacy** Horror sequel starring Katherine Barrell. A party of explorers ventures to a disused lab on an island, only to find it is home to a giant crocodile. (2018, 15, 89min) ★★
10.50 **Let Me In** Thriller starring Kodi Smit-McPhee. In New Mexico, a boy befriends the girl next door, unaware that she is a vampire. (2010, 15, 116min) ★★★★

1.05 AM **Blood Rage** Horror starring Louise Lasser and Mark Soper. (1987, 18, 80min) ★★
2.40 **to 4.30** AM **Burying the Ex** Comedy horror starring Anton Yelchin. (2014, 15, 89min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

309 309 850 409 509

7.15 AM **30 Minutes or Less** Comedy with Jesse Eisenberg. (2011, 15, 82min) ★★★
8.40 **Ocean's Eight** As 8.00pm.
10.40 **Minority Report** As 10.00pm.
1.10 PM **Zodiac** Crime drama starring Jake Gyllenhaal. (2006, 15, 157min) ★★★★
3.50 **Truth or Dare** Horror. (2018, 15, 100min) ★★
5.45 **Inside Man** Crime drama starring Denzel Washington. (2006, 15, 129min) ★★★★★

10.00 Minority Report

8.00 **Ocean's Eight** Crime caper starring Sandra Bullock. Following in the footsteps of her brother, light-fingered Debbie Ocean plans a complex heist. With Cate Blanchett, Rihanna, Anne Hathaway and Mindy Kaling. (2018, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

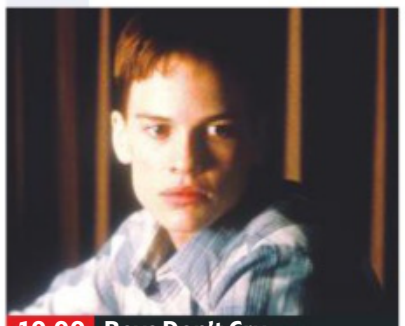
10.00 **Minority Report** Sci-fi thriller starring Tom Cruise. The head of a crime unit is suspected of a future murder. (2002, 12, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **RocknRolla** Guy Ritchie's crime comedy thriller starring Gerard Butler, Tom Wilkinson and Thandie Newton. (2008, 15, 114min) ★★
2.35 **Inside Man** As 5.45pm.
4.55 **to 6.40** AM **Sam Churchill: Search for a Homeless Man** Thriller starring John Schneider and Robin Lively. (1997, PG, 88min) ★★

Sky Drama

310 310 851 410 510

6.30 AM **Bomb City** Drama. (2017, 15, 90min) ★★★★
8.20 **Blame** Drama. (2017, 15, 90min) ★★★★
10.15 **A Very Sordid Wedding** Comedy, as shown at 4.00pm.
12.15 PM **Love, Simon** As 8.00pm.
2.10 **A Fantastic Woman** Drama, as shown at 12.00m't.
4.00 **A Very Sordid Wedding** Comedy. (2017, 15) ★★
6.00 **Riot** Drama with Kate Box. (2018, 15, 105min) ★★★


10.00 Boys Don't Cry

8.00 **Love, Simon** Coming-of-age comedy drama starring Nick Robinson. A secretly gay high-school student begins to fall for an anonymous classmate online. With Katherine Langford and Alexandra Shipp. (2018, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Boys Don't Cry** Fact-based drama starring Hilary Swank as a Midwestern teenage girl who passes herself off as a boy – with tragic consequences. (1999, 18, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **A Fantastic Woman** Spanish drama. Subtitled. (2017, 15, 104min) ★★★★
2.00 AM **The Wound** Drama with Nakhane Touré. Subtitled. (2017, 15, 88min) ★★★
3.45 **to 6.00** AM **Hope Floats** Drama with Sandra Bullock. (1998, PG, 113min) ★★★

Sky Sky-Fi

304 304 845 411 511

6.00 AM **Star Wars: Episode I – The Phantom Menace**
8.30 **Star Wars: Episode II – Attack of the Clones**
11.00 **Star Wars: The Clone Wars**
12.45 PM **Star Wars: Episode III – Revenge of the Sith**
3.15 **Solo: A Star Wars Story** Sci-fi adventure prequel. (2018, 12, 135min) ★★★
5.40 **Star Wars: Episode I – The Phantom Menace** Sci-fi. (1999, U, 132min) ★★★

5.40 Star Wars: Episode I...

8.00 **Star Wars: Episode II – Attack of the Clones** Sci-fi adventure starring Ewan McGregor, Natalie Portman and Hayden Christensen. With the galaxy on the verge of civil war, apprentice Jedi knight Anakin Skywalker discovers love, as well as his own darker side. (2002, PG, 142min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Star Wars: Episode III – Revenge of the Sith** Sci-fi adventure starring Ewan McGregor, Natalie Portman and Hayden Christensen. (2005, 12, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Solo: A Star Wars Story** Sci-fi, as shown at 3.15pm.
3.35 **Solo: A Star Wars Story – Special** Preview of the latest film in the franchise.
4.05 **to 6.00** AM **Star Wars: The Clone Wars** Animation with the voice of Matt Lanter. (2008, PG, 98min) ★★

Sky Will Smith

302 302 843 412 502

6.00 AM **After Earth** As 6.15pm.
7.50 **Bad Boys II** As 11.00pm.
10.20 **Will Smith: Reel Life** As 8pm.
11.20 **I, Robot** Sci-fi thriller. (2004, 12, 115min) ★★★★
1.25 PM **The Pursuit of Happyness** Drama. (2006, 12, 117min) ★★★
3.30 **Will Smith: Reel Life** As 8pm.
4.30 **I Am Legend** Sci-fi horror. (2007, 15, 101min) ★★★★
6.15 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★

9.00 Bad Boys

8.00 **Will Smith: Reel Life** A look at Will Smith's big-screen career. (S)

9.00 **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. With Téa Leoni. (1995, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. (2003, 15, 147min) ★★★
1.30 AM **I Am Legend** As 4.30pm.
3.20 **Hitch** Romantic comedy starring Will Smith, Eva Mendes and Kevin James. (2005, 12, 118min) ★★★
5.30 **to 7.35** AM **I, Robot** Sci-fi thriller, as shown at 11.20am.

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Two Rode Together** Western with James Stewart. (1961, PG, 109min) ★★★
1.15 PM **The Dam Busters** Drama starring Richard Todd. (1954, b/w, U, 125min) ★★★★
4.00 **Anna and the King** Romance starring Jodie Foster. (1999, 12, 145min) ★★★★
6.45 **X-Men: The Last Stand** Sci-fi action starring Patrick Stewart. (2006, 12, 104min) ★★★

9.00 Midnight Run

8.50 **The Day Shall Come Interview Special** With Chris Morris, Marchant Davis and Kayvan Novak.

9.00 **Midnight Run** Comedy thriller starring Robert De Niro and Charles Grodin. A bounty hunter attempts to bring in an embezzler wanted by both the FBI and the Mob. With Yaphet Kotto and John Ashton. (1988, 18, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Nerve** Thriller starring Emma Roberts, Dave Franco and Emily Meade. A teenager joins an online game of truth or dare with dangerous challenges, where her every move starts to be manipulated. (2016, 15, 96min) ★★★
1.30 **to 3.25** AM **Prevenge** Black comedy starring Alice Lowe. (2016, 15, 88min) ★★★

+1 hour 314 430 45 301

8 PM | 9 PM | 10 PM | 11 PM

Sony Movies Christmas

319 424 50 303

7.00 AM **My Christmas Pony** (2015)
9.00 **A Golden Christmas** Romantic comedy. (2009, U, 95min) ★
11.00 **His & Her Christmas** Romance. (2005, PG, 100min) ★★
1.00 PM **All I Want for Christmas** Fantast, as shown at 9.00pm.
3.00 **My Christmas Pony** Romance. (2015, PG, 88min) ★★
5.00 **The Christmas Dragon** Fantasy. (2014, PG, 101min) ★★

7.00 **The 12 Dogs of Christmas** Period drama starring Jordan-Claire Green. During the Great Depression, a young girl in rural Maine helps to fight the local ordinances against stray dogs. (2005, PG, 105min) ★★
9.00 **All I Want for Christmas** Festive drama with Melissa Sagemiller. One of Santa's helpers gives a woman the power to read thoughts, which she uses to try and be a better person. (2013, PG, 88min) ★★

11.00 **Home for the Holidays** Comedy drama. (2005, PG, 95min) ★★
1.00 AM **Golden Winter** (2012) ★★
3.00 **Alone For Christmas** (2013)
5.00 **to 6.00** AM **The Year Without a Santa Claus** (2006, U) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **The Perfect Bride** (1991)
10.50 **Sony Movie News Extra**
11.00 **Garage Sale Mystery: All That Glitters** Mystery. (2014, PG) ★
12.50 PM **Sony Movie News Extra**
1.00 **40 Days and Nights** (2012,) ★
2.45 **Collision Earth** Sci-fi thriller. (2011, 12, 95min) ★★
4.35 **Sony Movie News Extra**
4.45 **Paul Blart: Mall Cop 2** Comedy sequel. (2015, PG, 92min) ★★

6.40 **Chicago** Musical, starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. In 1920s Chicago, a showgirl and a wannabe musical star become celebrities on Murderess Row – with help from a slick lawyer. (2002, 12, 112min) ★★★★
9.00 **Layer Cake** Gangster thriller starring Daniel Craig and Sienna Miller. A slick London drug dealer finds himself in trouble when a drug deal goes sour. (2004, 15, 105min) ★★★★

11.10 **November Man** (2014) ★★★
1.25 AM **Bad Country** (2014) ★★
3.40 **The Jane Austen Book Club** Drama. (2007, 12) ★★★
5.50 **to 6.00** AM **Sony Movie News Extra**

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Django Kills Softly** (1968)
8.00 **The Las Vegas Story** (1952) ★★
9.45 **Loophole** Thriller. (1980) ★★
12.00 NOON **M*A*S*H**
1.00 PM **I Will Fight No More Forever** Western. (1976) ★★
3.15 **Breaker Morant** Drama. (1979, PG, 107min) ★★★★
5.25 **Everyman's War** Fact-based war drama starring Cole Carson. (2009, 15, 100min) ★★

7.20 **Gold** Action thriller starring Roger Moore and Susannah York. Wicked financiers plot to raise the price of gold by flooding a South African mine. With Ray Milland and John Gielgud. (1974, 12, 124min) ★★
10.00 **Sniper: Ultimate Kill** Thriller starring Chad Michael Collins and Billy Zane. An agent and a marine hunt down a cartel sniper nicknamed 'The Devil' to finally bring him to justice. (2017, 18, 90min) ★★

11.50 **Precious Cargo** Crime thriller starring Mark-Paul Gosselaar. (2016, 15, 87min) ★★
1.35 AM **Jet Attack** War drama. (1958, b/w, PG, 69min) ★
3.00 **to 4.00** AM **Spies in the Sky**

+1 hour 324

Movies 24

325 419 513

7.00 AM **Brimming with Love** (2017)
9.00 **Winter's Dream** (2018) ★★
11.00 **Campfire Kiss** Romantic drama. (2017, PG, 88min) ★★
1.00 PM **Truly, Madly, Sweetly** Drama. (2018, PG, 82min) ★★
3.00 **Aurora Teagarden Mysteries: An Inheritance to Die For** Mystery. (2019, PG, 120min) ★★
5.00 **Prescription for Love** Romantic drama. (2018, PG, 120min) ★★

7.00 **Paris, Wine and Romance** Romantic drama starring Jen Lilley. An Oregon winemaker enters a respected wine competition in France, where sparks fly with her rival. (2019, PG, 84min) ★★
9.00 **Love, Take Two** Romantic drama starring Heather Hemmens. A woman who works on a wedding-themed reality TV show, must reassess her choices when her ex is cast as its next groom. (2019, PG, 120min) ★★

11.00 **Advance & Retreat** Drama. (2016, PG, 90min) ★★
1.00 AM **A Midsummer's Hawaiian Dream** Fantasy. (2016, PG) ★★
3.00 **to 5.00** AM **A Dash of Love** Drama. (2017, PG, 83min) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **Girl with a Pearl Earring** *AMC from BT* Drama. ★★★★
7.00 **What Women Want** *5STAR* Romantic comedy. ★★★
8.30 **Descendants 3** *Disney*
9.00 **American Pie: The Wedding** *ITV2* Teen comedy sequel. ★
9.00 **The Mechanic** *ITV4* Thrille. ★★
9.00 **Die Hard 4.0** *E4* Action thriller starring Bruce Willis. ★★★
9.00 **Superbad** *Dave* Raunchy teen comedy with Jonah Hill. ★★★★
9.00 **The Frighteners** *Syfy* Quirky horror comedy. ★★★
9.00 **Close Encounters of the Third Kind** *Paramount Network* Sci-fi classic. ★★★★★
10.30 **Jackass Presents: Bad Grandpa .5** *Comedy Central* Hidden camera comedy. ★★
10.55 **Starsky & Hutch** *ITV4* ★★
11.10 **Guardian** *Syfy* Horror thriller. ★
11.45 **La La Land** *BBC2* Musical starring Emma Stone. ★★★★★
11.50 **I Am Number Four** *Paramount Network* Teen sci-fi thriller. ★★★
1.20 AM **I, Frankenstein** *Channel 4* Fantasy adventure. ★★
4.00 **Mythica: The Necromancer** *Syfy* Fantasy adventure. ★★

Friday

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Good Morning Sports Fans**
8.30 **LIVE Mitre 10 Cup Rugby Union Taranaki v Auckland.** At Yarrow Stadium. Kick-off 8.35am.
10.25 **Rugby Greatest Games**
10.30 **LIVE European Tour Golf** Day two of the Italian Open from the Olgiata Golf Club in Rome.
5.00 PM **LIVE PGA Tour Golf** Day two of the Houston Open at the Golf Club of Houston in Texas.
7.00 **LIVE World Grand Prix Darts** Coverage of the sixth day of the 2019 World Grand Prix in Dublin.
10.00 **LIVE PGA Tour Golf** Further coverage of the second day's play of the Houston Open.
12.00 M'T **Sky Sports News**
1.00 AM **LIVE WWE Smackdown** Wrestling coverage from America.
3.00 **My Icon: John Amaechi**
3.15 **Japanese F1 GP Story So Far**
3.45 **LIVE Formula 1** The Japanese Grand Prix third practice session.
5.15 **LIVE Japanese F1 GP Paddock Walkabout**
5.35 **At Home In Monaco with Leclerc** With Charles Leclerc.
5.50 **to 6.00** AM **Lewis in the W196 with Martin**

Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Teddy Sheringham**
7.30 **PL Legends: David Seaman**
8.00 **Best PL Goals: Man Utd v Everton**
8.30 **Best PL Goals: Newcastle v Liverpool**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **PL Best Goals 95/96**
1.00 PM **Premier League Years**
3.00 **PL Best Goals 96/97**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **PL Legends: Jamie Carragher**
6.30 **PL Legends: Paul Ince**
7.00 **Premier League World**
7.30 **One2Eleven – Steve Lomas**
7.40 **LIVE Euro 2020 Qualifiers Portugal v Luxembourg.** The Group B match. Kick-off 7.45pm.
9.45 **One2Eleven – Emmanuel Petit**
10.00 **Best PL Goals: Freekicks**
11.00 **PL Best Goals 98/99**
12.00 M'T **Gary Neville's Soccerbox**
12.30 AM **The Tyler Archives**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 1999/2000**
5.00 **Best PL Goals: Spurs v Chelsea**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 513 503

6.00 AM **EFL Greatest Games**
7.00 **Euro 2020 Qualifiers**
8.30 **Football Countdowns**
9.00 **Football Years**
10.00 **Euro 2020 Qualifiers**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Euro 2020 Qualifiers**
2.30 **Football Years**
3.00 **EFL Play-Off Final Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **Euro 2020 Qualifiers**
7.30 **One2Eleven – Steve Lomas**
7.40 **LIVE Euro 2020 Qualifiers Iceland v France.** The Group H encounter. Kick-off 7.45pm.
9.45 **One2Eleven – Emmanuel Petit**
10.00 **EFL Play-Off Final Highlights**
11.00 **Euro 2020 Qualifiers**
11.30 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Euro 2020 Qualifiers**
1.30 **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **Play-Off Final Highlights**
4.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 514 504

6.00 AM **Best of England v Australia**
6.50 **Ashes Greats**
7.00 **Cricket's Greatest Games**
8.00 **Ashes Memories**
9.00 **Best of England v Australia**
9.50 **Ashes Greats**
10.00 **The Inside Track – 2005 Ashes**
12.30 PM **Last Man Standing**
1.00 **Ashes Memories**
2.00 **Best of England v Australia**
2.50 **Ashes Greats**
3.00 **The Inside Track – 2005 Ashes**
5.30 **ICC Cricket 360**
6.00 **Ashes Memories**
7.00 **Caribbean Premier League Highlights** Action from the second qualifying match.
8.00 **Cricket World Cup** The ICC Cricket World Cup of 2003.
9.00 **Caribbean Premier League Highlights** As shown at 7.00pm.
10.00 **Ashes Memories**
11.00 **ICC Cricket 360**
11.30 **Cricket World Cup**
12.30 AM **ICC Cricket 360**
1.00 **The Inside Track – 2005 Ashes**
3.30 **Cricket's Greatest Games**
4.00 **Best of England v Australia**
4.50 **Ashes Greats**
5.00 **to 6.00** AM **Cricket's Greatest Games**

Sky Sports Golf

405 405 859 515 505

6.00 AM **European Tour Golf** Action from day one of the Italian Open.
7.00 **Staysure Tour Golf**
8.00 **European Tour Golf** Action from day one of the Italian Open at the Olgiata Golf Club in Rome.
9.00 **LIVE European Tour Golf** Coverage of the second day's play of the Italian Open from the Olgiata Golf Club in Rome.
5.00 PM **LIVE PGA Tour Golf** Coverage of the featured groups on the second day's play of the Houston Open from the Golf Club of Houston in Humble, Texas.
8.00 **LIVE PGA Tour Golf** Further coverage of the second day of the Houston Open at the Golf Club of Houston in Humble, Texas, which was won by Ian Poulter last year.
12.00 M'T **European Tour Golf** Action from day two of the Italian Open at the Olgiata Golf Club in Rome.
1.00 AM **Chronicles of a Champion Golfer** Double bill of editions.
2.00 **European Tour Golf** As 12m't.
3.00 **Chronicles of a Champion Golfer** Double bill of editions,
4.00 **European Tour Golf** As 12m't.
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 867 527 408 430

6.00 AM **Classic Premier League**
7.00 **BT Sport Goals Reload**
7.15 **Bundesliga Weekly**
7.45 **Early Kick-Off**
8.15 **Champions League Classics**
9.15 **Ladbrokes SPFL Highlights**
9.30 **LIVE Hyundai A-League Adelaide United v Sydney FC.**
11.30 **Bundesliga Weekly**
12.00 NOON **Europa League Highlights**
1.00 PM **Champions League Review**
2.00 **UEFA Champions League – Stories of the Finals**
3.30 **Mobil 1: The Grid**
4.00 **EnduroGP**
4.30 **Bundesliga Weekly**
5.00 **Early Kick-Off**
5.30 **BT Sport Score Best Bits**
6.00 **Premier League World**
6.30 **Bundesliga Weekly**
7.00 **Premiership Rugby: Tries of the Season**
7.30 **LIVE Premiership Rugby Cup Gloucester v Bath.** From Kingsholm. Kick-off 7.45pm.
10.00 **No Filter Boxing**
10.30 **BT Sport Fight Night**
12.30 AM **Classic Boxing**
1.00 **LIVE MLB** From MLB Postseason.
4.30 **Dan Hardy's Open Mat**
5.00 **to 6.00** AM **Classic MOTD**

BT Sport 2

414 414 868 528 409 431

6.00 AM **WRC Review**
7.00 **SGB Premiership**
9.01 **FIM Speedway Highlights**
10.00 **MotoGP Highlights**
11.00 **FIA World Endurance Championship**
12.00 NOON **Mobil 1: The Grid**
12.30 PM **BT Sport Reload**
1.00 **MotoGP Rewind**
1.15 **Hawaiian: The Legend of Eddie Aikau**
2.45 **BT Sport Goals Reload**
3.15 **Ladbrokes SPFL Highlights**
3.30 **Classic Premier League**
4.00 **Football Archives: 1978/79**
4.30 **Football Archives: 1979/80**
5.00 **Football Archives: 1980/81**
5.30 **Football Archives: 1981/82**
6.00 **MotoGP Highlights**
7.00 **FIM Speedway Highlights**
8.00 **SGB Premiership**
9.30 **World Poker Tour Series**
12.00 M'T **LIVE CFL Toronto Argonauts v Ottawa Redblacks.** Coverage from BMO Field. Kick-off 12.00m't.
3.00 AM **LIVE CFL Calgary Stampeders v Saskatchewan Roughriders.** From McMahon Stadium. Kick-off 3.00am.
5.30 **to 6.00** AM **BT Sport Reload**

BT Sport 3

417 417 869 529 410 432

6.00 AM **LIVE WTA Tennis** Coverage of the fifth day's play of the Tianjin Open in China.
11.30 AM **Backstory: Serena vs The Umpire**
12.30 PM **WRC Review**
1.30 **SGB Premiership**
3.30 **Elway to Marino**
5.00 **Formula E: Street Racers**
5.30 **XTERRA World Series**
6.00 **UEFA Champions League Magazine** News and highlights.
6.30 **Hyundai A-League**
8.00 **Bundesliga Weekly**
8.30 **UEFA Champions League Magazine** News and highlights.
9.00 **Dan Hardy's Open Mat**
9.30 **UFC Connected**
10.00 **XTERRA World Series**
10.30 **Formula E: Street Racers**
11.00 **FIA World Endurance Championship**
12.00 M'T **Premiership Rugby Cup** Action from Gloucester v Bath.
1.30 AM **UFC Connected**
2.00 **UFC Reloaded**
3.45 **No Filter Boxing**
4.15 **BT Sport Reload**
4.30 **to 6.00** AM **LIVE WTA Tennis** Coverage of the semi-finals of the Tianjin Open from China.

Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
7.30 **World Rugby Show**
8.00 **Boxing Gold**
9.00 **Great Sporting Moments**
9.30 **World Rugby Show**
10.00 **World Grand Prix Darts** Action from the fifth day of the tournament in Dublin.
2.00 PM **NFL Highlights** As 10.00pm.
4.00 **Darts Gold**
4.30 **Sporting Records**
5.30 **Darts Gold**
6.00 **NFL: America's Game** A look back at Washington Redskins' 1987 Super Bowl victory.
7.00 **LIVE World Grand Prix Darts** Coverage of the sixth day of the 2019 World Grand Prix, which takes place in Dublin.
10.00 **NFL Highlights** New England Patriots v New York Giants: Action from the inter-conference encounter at Gillette Stadium.
11.00 **NFL: A Football Life**
12.00 M'T **World Grand Prix Darts**
3.00 AM **Darts Gold**
3.15 **Super League Gold**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

145 145 838 520 510

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **Sporting Greats**
12.00 NOON **Great Sporting Moments** Iconic moments.
1.00 PM **Sporting Records**
1.30 **My Icon**
2.00 **NFL: A Football Life**
3.00 **My Icon**
5.00 **NFL Highlights** As 11.00pm.
6.00 **Betfred Super League.**
6.30 **Championship Rugby League** Action from Toronto Wolfpack v Toulouse Olympique or Featherstone Rovers.
7.00 **NBA Classic Games: Heat/Cavaliers 2013**
7.30 **LIVE Women's Super League Grand Final** The showpiece match from the Totally Wicked Stadium. Kick-off 7.30pm.
10.00 **NBC's ProFootballTalk**
11.00 **NFL Highlights** New England Patriots v New York Giants: Action from Gillette Stadium
1.00 **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423 423 872 530 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **College Football Live**
8.00 **College Football** Action from Louisiana Ragin' Cajuns v Appalachian State Mountaineers.
11.00 **BT Sport Reload**
11.15 **MLB** From MLB Postseason.
2.15 PM **BT Sport Reload**
2.30 **College Football**
5.30 **ESPN FC** Football news.
6.00 **MLB** From MLB Postseason.
9.00 **Baseball Tonight**
10.00 **Satudays in the South: Part 6**
11.30 **College Football Live**
12.00 M'T **College Football Countdown** Build-up to Miami Hurricanes v Virginia Cavaliers.
1.00 AM **LIVE College Football Miami Hurricanes v Virginia Cavaliers.** The NCAA clash from Hard Rock Stadium. Kick-off 1am.
4.30 **NHRA Drag Racing Highlights**
5.30 **to 6.00** AM **Baseball Tonight**

Eurosport 1

410 410 864 523 521 412 435

7.25 AM **WTA Tennis**
9.25 **Ultra Trail: World Tour** Action from the Western States 100-Mile Endurance Run.
9.55 **Cycling: Gran Piemonte**
10.55 **WTA Tennis** Action from day four of the Upper Austria Ladies Linz.
12.55 PM **LIVE WTA Tennis** Coverage of day five of the Upper Austria Ladies Linz, the indoor hardcourt tournament, at the TipsArena Linz, featuring the quarter-finals.
5.00 **WTA Tennis** Highlights of day five of the Upper Austria Ladies Linz.
5.25 **Eurosport News**
5.30 **LIVE WTA Tennis** Further coverage of day five of the Upper Austria Ladies Linz, featuring the quarter-finals.
9.30 **WTA Tennis** Highlights of day five of the Upper Austria Ladies Linz.
11.30 **Cycling: Milan-Torino** Action from the 100th staging of the annual one-day race in Italy.
12.40 **to 6.55** AM **WATTS**

Eurosport 2

411 411 865 524 522 413 436

6.00 AM **Masters Snooker**
8.00 **Bennetts British Superbikes Extra** From Donington Park.
9.00 **Bennetts British Superbikes**
10.00 **World Superbikes**
11.00 **Speedway European Championship** From Poland.
12.00 NOON **FIA World Endurance Championship** 6 Hours of Fuji.
1.00 PM **Triathlon: Beijing**
1.30 **Cycling: Gran Piemonte**
2.30 **International Swimming League**
4.30 **Bennetts British Superbikes Extra** From Donington Park.
5.30 **Bennetts British Superbikes**
6.30 **Speedway: U21 World Championship**
7.30 **World Superbikes**
9.00 **Bennetts British Superbikes**
10.00 **Snooker: English Open**
12.00 M'T **WTA Tennis**
2.00 AM **Bennetts British Superbikes** At Donington Park.
3.00 **World Superbikes**
4.00 **to 6.00** AM **WTA Tennis**

Sky Sports Arena

408 408 862 518 508

6.00 AM **Highlights**
8.30 **LIVE Mitre 10 Cup Rugby Union Taranaki v Auckland.**
10.25 **Highlights**
12.45 PM **WWE Slam City**
1.00 **Great Sporting Moments**
2.00 **Sporting Greats**
3.00 **Sporting Records**
3.30 **Watersports World**
4.00 **WWE Slam City**
4.30 **WWE from the Vault**
4.45 **WWE Slam City**
5.00 **WWE Smackdown**
7.00 **Sporting Greats**
8.00 **LIVE Fight Night International Fabio Turchi v Tommy McCarthy.**
11.30 **Sporting Records**
12.00 M'T **Super League Highlights**
12.15 AM **Great Sporting Moments**
1.00 **LIVE WWE Smackdown**
3.00 **Sporting Records**
3.30 **LIVE Mitre 10 Cup Rugby Union Hawke's Bay v Tasman.**
5.25 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 516 506

5.45 AM **LIVE Formula 1** Japanese Grand Prix second practice session.
7.50 **Japanese F1 GP Story So Far**
8.20 **Lewis in the W196 with Martin**
8.30 **Small Talk with Lewis Hamilton**
8.45 **F1 Cars Through 1000 Races**
8.50 **Brundle at the Nordshleife**
9.00 **Formula 1**
12.30 PM **Japanese F1 GP Story So Far** Analysis from Japan.
1.00 **Formula 1**
4.30 **Japanese F1 GP Story So Far**
5.00 **Formula 1**
8.30 **Japanese F1 GP Story So Far**
9.00 **F1 Classic Races**
11.30 **Lewis in the W196 with Martin**
11.40 **F1 Cars Through 1000 Races**
11.45 **Formula 1**
3.15 AM **Japanese F1 GP Story So Far** Analysis from Japan.
3.45 **LIVE Formula 1** The Japanese Grand Prix third practice session.
5.15 **LIVE Japanese F1 GP Paddock Walkabout**
5.35 **to 6.00** AM **Highlights**

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Kids' Weekly TV Guide

CBBC

613 613 646 701 201 204 607 600

SATURDAY

7.00am Arthur **7.15** Shaun the Sheep **7.20** Danger Mouse **7.35** Dennis & Gnasher Unleashed! **7.45** MOTD New **8.00** NEW SERIES Match of the Day: Can You Kick It? **8.30** Newsround **8.35** The Ramsay Bunch **8.50** The Playlist New **9.15** FOMO New **9.30** Operation Ouch! **10.00** Odd Squad **10.25** Dog Ate My Homework **10.55** Strange Hill High **11.15** The Zoo **11.30** Diddy TV **11.45** Pets Factor

12.05pm Now You See It **12.15** Newsround **12.20** The Worst Witch **12.50** So Awkward **1.20** Newsround **1.25** Secret Life of Boys **2.15** The Dumping Ground **2.40** Millie Inbetween **5.25** Wild & Weird **5.40** My Life **6.10** The Pets Factor **6.30** Blue Peter Bites **6.40** Our School **7.00** Show Me What You're Made Of **7.30** Step Up to the Plate **7.55** Operation Ouch! **8.25** Horrible Histories **8.55-9.00pm** Lifebabble

SUNDAY As Saturday except:

7.25-7.35am Danger Mouse **7.45** Danny & Mick **8.00** Odd Squad **8.10** Diddy TV **8.25** Marrying Mum and Dad **9.00** Blue Peter **9.30** Craft Party New **9.45** Top Class New **10.15** Newsround **10.20** Holly Hobbie **10.40** Our School **11.00** Odd Squad **11.25** Horrible Histories **11.55** Newsround **12.05pm** Nightmares **12.30** All Over the Place **1.00** Operation Ouch! **1.30** My Life **2.00** Newsround **2.05** Our School **2.25** Millie Inbetween **5.05** Blue Peter Bites **5.10** The Playlist **5.35** My Life **6.05** Top Class **6.40** Gym Stars **7.00** The Dengineers **7.30** Joe All Alone **7.55** Dumping Ground **8.25** Jamie Johnson **8.35-9.00pm** Next Step

MONDAY

7.00am Arthur **7.10** Dennis & Gnasher **7.25** Danger Mouse **7.35** MOTD **7.40** Newsround **7.45** The Zoo **8.00** Odd Squad **8.10** Diddy Bits **8.15** Newsround **8.25** Junior Bake Off **8.55** Naomi's Nightmares **9.25** Millie Inbetween **1.30pm** The Dumping Ground **2.25** Our School Summer Camp **2.45** Mustangs FC **3.15** The Deep **3.40** Dennis & Gnasher **3.50** Scream Street **4.00** Newsround **4.10** All Over the Place **4.40** Diddy TV **5.00** The Worst Witch **6.00** Dragons **6.25** Operation Ouch! **6.50** Nine Minute Ninja **7.00** Horrible Histories **7.30** The Worst Witch **8.30** Millie Inbetween **8.55-9.00pm** Our CBBC New

TUESDAY As Mon except:

9.25am Nowhere Boys **1.15pm** Dumping Ground Island **2.10** Blue Peter **2.40** Mustangs FC **3.05-3.15** The Zoo **5.00** Joe All Alone **5.25** Nine Minute Ninja **5.35-6.00** Our School New **6.20-6.50** Operation Ouch! **7.30** Our School **7.50** So Awkward Files **8.05** Joe All Alone **8.35-8.55pm** The Next Step

WEDNESDAY As Mon except:

9.25am Nowhere Boys **11.05** So Awkward **1.25** Lifebabble **1.30** The Dengineers **2.30** Our School Summer Camp **2.55-3.15** Mustangs FC **5.00** Secret Life of Boys **5.20** Blue Peter Bites **5.30-6.00** Operation Ouch! New **7.30** Operation Ouch! **8.00** Secret Life of Boys **8.20** Blue Peter Bites **8.25-8.55pm** All at Sea

THURSDAY As Mon except:

9.25am So Awkward **12.15pm** All at Sea **1.40** Lifebabble **1.45** Marrying Mum and Dad **2.15** Wild & Weird **2.30** Our School Summer Camp **2.50-3.15** Mustangs FC **5.00** So Awkward New **5.30-6.00** Blue Peter New **7.30** Blue Peter **8.00** So Awkward **8.25-8.55pm** Dumping Ground

FRIDAY As Mon except:

7.35-7.40am MOTD Kickabout New **9.25** All at Sea **1.40pm** Lifebabble **1.45** Marrying Mum and Dad **2.15** Wild & Weird **2.30** Our School Summer Camp **2.50-3.15** Mustangs FC **5.00** The Dumping Ground New **5.30** The Ramsay Bunch **5.45-6.00** FILM Puss in Boots: The Three Diablos **6.50-7.00** Blue Peter Bites **7.25** The Ramsay Bunch **7.45** Class Dismissed **8.00** The Dumping Ground **8.25-8.55pm** So Awkward

CBEEBIES

614 614 647 702 202 205 608 601

Pablo

SATURDAY

6.00am Show Me Show Me **6.20** Twirlywoos **6.35** Teletubbies **6.50** Raa Raa **7.00** Postman Pat **7.15** Bing **7.30** Hey Duggee **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.25** Bitz & Bob **8.35** The Furchester Hotel **8.45** Biggleton **9.00** Something Special **9.20** Footy Pups **9.35** Goldilocks & the Three Bears **10.20** Sarah & Duck **10.30** Swashbuckle New

10.55 Prehistoric Adventures **11.10** Maddie's Do You Know? **11.25** Waffle **11.35** Topsy and Tim **12.00noon** My World Kitchen **12.15pm** Teacup Travels **12.30** Sarah & Duck **12.40** Down on the Farm **1.00** Where in the World? **1.20** My Story **1.35** Vet Tales **1.45** Tinga Tinga Tales **2.00** Something Special **2.20** Andy's Baby Animals **2.30** Junk Rescue

2.45 Do You Know? **3.00** Bitz & Bob **3.10** Tree Fu Tom **3.35** Go Jetters **3.50** Swashbuckle **4.10** Baby Club **4.25** Magic Hands **4.40** Treasure Champs **4.50** Woolly & Tig **5.00** Apple Tree House **5.15** Molly and Mack **5.30** Katie Morag **5.45** Sarah & Duck **5.50** Charlie and Lola **6.00** Tee and Mo **6.10** Clangers **6.20** Night Garden **6.50-7.00pm** Stories

SUNDAY As Saturday except:

6.00-6.20am Show Me Show Me **9.35** Peter Rabbit's Squirrel Adventure **10.00-10.20** Go Jetters **11.40am-12.00noon** Topsy and Tim **1.50-2.00pm** Tinga Tinga Tales **3.15-3.35** Tree Fu Tom **4.15** Baby Club **4.30-4.40pm** Magic Hands

MON/TUES/THURS/FRI

6.00am Something Special **6.20** Baby Jake **6.35** Twirlywoos **6.45** Raa Raa **6.55** Numberblocks **7.05** Bing **7.20** Hey Duggee **7.35** Bitz & Bob **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.20** Biggleton **8.35** Justin's House **9.00** Tee and Mo **9.10** Yakka Dee! **9.15** Timmy Time

9.20 Olobob Top **9.25** Bing **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** Baby Club **10.35** Hey Duggee **10.45** Mister Maker **11.05** Magic Hands **11.15** Vet Tales **11.30** School of Roars **11.35** Our Family **11.50** Tinga Tinga Tales **12.00noon** My World Kitchen New

12.15pm Old Jack's Boat **12.30** Katie Morag **12.45** Melody **1.00** Biggleton **1.10** Timmy Time **1.15** Yakka Dee! **1.20** Numberblocks **1.25** Bing **1.35** Twirlywoos **1.45** Something Special **2.10** Teletubbies **2.20** The Baby Club **2.35** NEW SERIES Pablo **2.50** Time for School **3.00** Safari

3.15 Swashbuckle **3.40** Hey Duggee **3.45** Tinpo New **3.55** Messy Goes to OKIDO **4.10** Maddie's Do You Know? **4.25** Amazing Machines **4.40** Peter Rabbit **4.50** Go Jetters **5.00** Gigglebiz **5.15** Waffle **5.30** Molly and Mack **5.45** Moon and Me New **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** Bedtime Stories

WEDNESDAY As Mon except:

9.35-9.45am Twirlywoos

NICK JR

615 648 715 484

SATURDAY

6.00am Kid-E-Cats New episodes **6.15** Peppa Pig **6.30** Ben and Holly **7.00** Paw Patrol **9.00** Ricky Zoom New episodes **9.30** Blaze **10.00** Paw Patrol **11.00** Ryan's Mystery Playdate New episodes **11.30** Paw Patrol **1.00pm** Peppa Pig **2.30** Paw Patrol **4.00** Ricky Zoom

4.30 Paw Patrol **8.00** Becca's Bunch **8.30** Ben and Holly **9.30** Paw Patrol **12.00m't** Nella **1.00am** Bubble Guppies **1.30** Team Umizoomi **2.00** Dora the Explorer **2.30** Paw Patrol **4.00** Ryan's Mystery Playdate **4.30** Ricky Zoom **5.00** Becca's Bunch **5.15-6.00am** Paw Patrol

SUNDAY As Saturday except:

7.00am Paw Patrol **8.00** Sunny Day **8.30-9.00am** Abby Hatcher

MONDAY

6.00am Paw Patrol **6.30** Peppa Pig **7.00** Ricky Zoom **7.30** Abby Hatcher **8.00** Paw Patrol **8.30** 44 Cats **8.45** Butterbean's Cafe **9.00** Peppa Pig **9.30** Paw Patrol **11.00** Peppa Pig **11.30** Blaze **12.30pm** Abby Hatcher **1.00** 44 Cats

1.30 Ben and Holly **2.00** Becca's Bunch **2.30** Paw Patrol **3.00** Shimmer and Shine **3.30** Peppa Pig **4.00** Paw Patrol **4.30** Butterbean's Cafe **5.00** Top Wing **5.30** Paw Patrol New episode **6.00** Blaze **6.30** Abby Hatcher **7.00** Paw Patrol

8.00 44 Cats **8.30** Alvinnn!!! and the Chipmunks **9.00** Paw Patrol **12.00m't** Nella **1.00am** Bubble Guppies **1.30** Team Umizoomi **2.00** Dora the Explorer **2.30** Paw Patrol **4.30** Nella **5.00** Becca's Bunch **5.15-6.00am** Paw Patrol

TUESDAY As Mon except:

7.00-7.30am Blaze **4.30-5.00pm** Ricky Zoom **4.00-5.00am** Nella

WEDNESDAY As Mon except:

7.00-7.30am Blaze and the Monster Machines **12.30-1.00pm** Ricky Zoom

THURSDAY As Mon except:

7.00-7.30am Blaze **7.00-7.30pm** Ricky Zoom **7.30-8.00pm** Paw Patrol **4.00-5.00am** Nella

FRIDAY As Mon except:

7.00-7.30am Blaze

+1 hour 628

CITV

621 734 711 203 602

SATURDAY

6.00am Dino Dana **6.10** Super 4 **6.40** Mission Employable **6.45** Nerds & Monsters **7.10** ToonMarty **7.35** Mr Magoo **7.50** Mr Bean **8.10** The Rubbish World of Dave Spud **8.30** LEGO Jurassic World New **9.05** Mighty Magiswords! **9.25** Mr Bean **10.25** Mr Magoo **10.55** Pokémon: Sun and Moon – Legends

11.24 Scooby-Doo! Mystery Incorporated **12.55pm** Mr Bean **4.30** Mr Magoo **5.00** Wishfart **5.50** Spy School **6.19** Pokémon: Sun and Moon – Ultra Legends **6.50** NinjaGo: Sons of Garmadon **7.15** Robozuna **7.40** Massive Monster Mayhem **8.05** Drop Dead Weird **8.30** Make It Pop **8.55-9.00pm** Mission Employable

SUNDAY As Saturday except:

7.35am Mr Magoo **8.00** City Presents **8.25** NinjaGo: Decoded **8.55-9.25** Spy School **10.55** ToonMarty **11.25** NinjaGo: Hunted **11.55** Scooby-Doo! Mystery Incorporated **12.55pm** FILM Scooby-Doo! Knight Time Terror **1.25** Teen Titans Go! **3.30-4.30** Mr Bean **6.20-6.50pm** Marvel Super Heroes Black Panther: Trouble in Wakanda Special

MONDAY-WEDNESDAY

6.00am Dino Dana **6.25** Super 4 **6.55** Gormiti 3D **7.25** Robozuna **7.55** Mr Magoo **8.30** NinjaGo **8.35** Scooby-Doo! Mystery Incorporated **9.00** Wishfart **9.25** Mission Employable **9.30** ToonMarty **10.00** Looped **10.40** Make It Pop **11.05** Spy School **11.55** NinjaGo **12.00noon** Super 4 **12.30pm** Dino Dana **1.00** Mr Bean **1.30** NinjaGo

2.00 Thunderbirds Are Go **2.25** ToonMarty **3.00** Wishfart **3.29** Scooby-Doo! Mystery Incorporated **4.00** Mr Bean New episode **4.30** Rubbish World of Dave Spud **5.00** Mr Magoo **5.30** Teen Titans Go! **6.00** Thunderbirds Are Go **6.25** NinjaGo **6.55** Mr Magoo **7.25** Mr Bean New **7.55** Project Z **8.24** Max & Shred **8.55-9.00pm** NinjaGo

THURSDAY As Mon except:

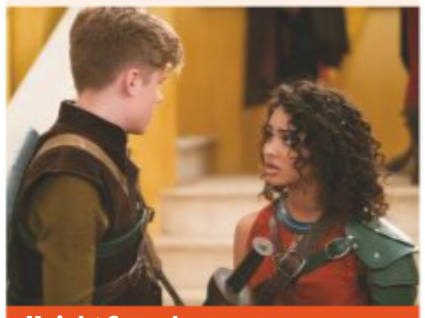
1.30-2.00pm NinjaGo: Decoded

FRIDAY As Mon except:

11.30-11.55am Super Veg Special **1.30-2.00pm** NinjaGo: Decoded

NICKELODEON

604 604 642 712 714 483


Knight Squad

SATURDAY

6.00am Victorious **7.00** Thundermans **8.00** Knight Squad **8.30** Cousins for Life New episode **9.00** iCarly **10.00** Double Dare **10.30** Game Shakers **11.00** Henry Danger **11.30** Thundermans **12.30pm** Nicky, Ricky, Dicky & Dawn **1.00** Cousins for Life **1.30** Henry Danger **3.00** School of Rock **3.30** Knight Squad

4.00 Game Shakers **5.00** iCarly **6.00** Sam & Cat **7.00** Victorious **9.00** Sam & Cat **10.00** Instant Mom **10.30** iCarly **12.00m't** Thundermans **1.00am** Henry Danger **1.50** Renford Rejects **2.40** Winx Club **3.30** House of Anubis **4.30** Henry Danger **5.00-6.00am** SpongeBob

SUNDAY As Saturday except:

9.00-10.00am Victorious **5.00-6.00pm** Victorious **5.45-6.00am** Atlantis Squarepantis

MONDAY-FRIDAY

6.00am Victorious **6.30** Knight Squad **7.00** Thundermans **8.00** Henry Danger **9.00** Thundermans **9.30** Game Shakers **10.30** Victorious **11.00** Sam & Cat **12.00noon** Thundermans **1.00pm** Knight Squad **1.30** Nicky, Ricky, Dicky & Dawn **2.00** iCarly **2.30** Thundermans **3.00** Henry Danger **4.00** Nicky, Ricky, Dicky & Dawn **4.30** Knight Squad New episode

5.00 Thundermans **5.30** Henry Danger **6.00** Hunter Street **6.30** Thundermans **7.00** Knight Squad **7.30** Victorious **9.30** Hunter Street **10.00** Find Me in Paris **10.30** WITS Academy **11.00** How to Rock **11.30** iCarly **12.00m't** Thundermans **1.00am** Henry Danger **1.50** Renford Rejects **2.40** Winx Club **3.30** House of Anubis **4.30** Henry Danger **5.00-6.00am** SpongeBob

+1 hour 605 713

Highlights

Ricky Zoom

Sat, Nick Jr HD, 9am

The adventures of a fast rescue bike and his friends, beginning with dirt bike Loop getting a flat tyre en route to a stunt show.

The Amelia Gething Complex

Sat, BBC iPlayer, from 10am

In a sketch show aimed at age 13-plus, the YouTuber flatshares with pals Vinnie and Poppy.

Descendants 3

Fri, Disney HD, 8.35pm

Part three of the hit teen franchise finds the Villain Kids' loyalty tested when Mal closes the barrier to the Isle of the Lost.

CARTOON NET

601 601 640 704 732 486

DC Super Hero Girls

SATURDAY & SUNDAY

6.00am Cloudy with a Chance of Meatballs **6.15** Craig of the Creek **6.30** The Amazing World of Gumball **7.00** Teen Titans Go! **7.30** DC Super Hero Girls New episode **8.00** The Amazing World of Gumball **8.30** Unikitty **9.00** Teen Titans Go! **9.30** We Bare Bears **10.00** The Amazing World of Gumball **10.30** Victor and Valentino

11.00 The Amazing World of Gumball **2.30pm** The Best of Gumball & Darwin **3.00** Cloudy with a Chance of Meatballs **3.15** Craig of the Creek **3.30** Unikitty **3.45** The Amazing World of Gumball **4.00** Ben 10 **4.15** Teen Titans Go! **4.30** We Bare Bears **5.00** The Amazing World of Gumball **5.30** Victor and Valentino **6.00** Teen Titans Go! **6.30** Unikitty **7.00** The Amazing World of Gumball: Animated adventures with Gumball and his friend Darwin. **7.30** Victor and Valentino **7.45** Apple & Onion

8.00 Teen Titans Go! **8.30** We Bare Bears **8.45** Craig of the Creek **9.00** Regular Show **10.00** The Amazing World of Gumball **11.00** Adventure Time: Finn goes on adventures with Jake the dog. **12.00m't** The Amazing World of Gumball **1.30am** Steven Universe **2.05** Uncle Grandpa **2.40** The Amazing World of Gumball **5.00-6.00am** Ben 10

MONDAY-FRIDAY

6.00am The Amazing World of Gumball **6.15** Teen Titans Go! **6.30** Cloudy with a Chance of Meatballs **6.45** Craig of the Creek **7.00** We Bare Bears **7.15** Unikitty **7.30** Teen Titans Go! **7.45** Victor and Valentino **8.00** The Amazing World of Gumball **8.30** Teen Titans Go! **9.00** The Amazing World of Gumball **10.00** Teen Titans Go! **10.30** Ben 10

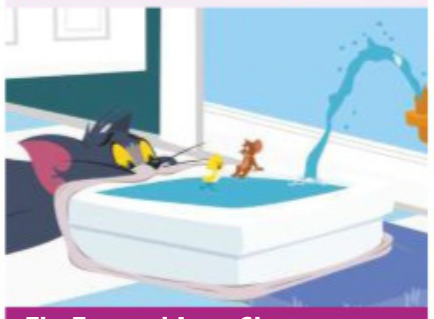
11.00 The Powerpuff Girls **11.30** Regular Show **12.00noon** Teen Titans Go! **12.30pm** Ben 10 **1.00** Adventure Time **1.30** Uncle Grandpa **1.45** Steven Universe **2.00** Teen Titans Go! **2.30** The Amazing World of Gumball **3.00** Cloudy with a Chance of Meatballs **3.15** Craig of the Creek **3.30** Unikitty **3.45** The Amazing World of Gumball **4.00** Ben 10 New episode **4.15** Teen Titans Go! **4.30** We Bare Bears New episode **5.00** The Amazing World of Gumball **5.30** Victor and Valentino **6.00** Teen Titans Go! New episode A comedic look at the superheroes.

6.30 Unikitty **7.00** The Amazing World of Gumball **7.30** Victor and Valentino **7.45** Apple & Onion **8.00** Teen Titans Go! **8.30** We Bare Bears **8.45** Craig of the Creek **9.00** Regular Show **10.00** The Amazing World of Gumball **11.00** Adventure Time **12.00m't** The Amazing World of Gumball **1.30am** Steven Universe **2.05** Uncle Grandpa **2.40** The Amazing World of Gumball **5.00-6.00am** Ben 10

+1 hour 602 705

BOOMERANG

603 603 641 730 487



The Tom and Jerry Show

SATURDAY

6.00am Mr Bean: The Animated Series **6.30** Tom and Jerry **7.00** Taffy **7.30** Scooby-Doo and Guess Who? **8.00** Mighty Mike **8.30** The Tom and Jerry Show **9.00** Scooby-Doo and Guess Who? **9.30** Chill Out, Scooby-Doo! **11.00** Be Cool, Scooby-Doo! **11.30** Scooby-Doo and Guess Who? **12.00noon** Scooby-Doo: Best of Daphne

12.30pm What's New Scooby-Doo? **1.00** Be Cool, Scooby-Doo! **1.30** Scooby-Doo and Guess Who? **2.00** The Tom and Jerry Show **2.30** Tom and Jerry **3.00** Mr Bean: The Animated Series **3.30** Scooby-Doo and Guess Who? **4.00** The Tom and Jerry Show **4.30** Taffy **5.00** Scooby-Doo and Guess Who? **6.00** Mr Bean: The Animated Series

6.30 FILM Tom and Jerry in Shiver Me Whiskers: The feuding cat and mouse are crew members on a pirate ship when they come across a cursed treasure map. **8.00** Mr Bean: The Animated Series **8.30** Scooby-Doo and Guess Who? **9.00** Tom & Jerry Tales **10.00** What's New Scooby-Doo? **11.00** My Knight and Me **12.00m't** LazyTown **12.50am** My Knight and Me **2.00** LazyTown **3.10** New Looney Tunes **4.10** LazyTown **5.00-6.00am** My Knight and Me

SUNDAY As Saturday except:

9.30am FILM Tom and Jerry: The Magic Ring **10.45-11.00am** The Tom and Jerry Show **12.00noon-12.30pm** Scooby-Doo! Spooky Games **6.30-8.00pm** Scooby-Doo and the Loch Ness Monster

MONDAY-FRIDAY

6.00am Mr Bean: The Animated Series **6.30** Tom and Jerry **7.00** Taffy **7.30** Scooby-Doo and Guess Who? **8.00** The Tom and Jerry Show **8.30** Tom and Jerry **9.00** Be Cool, Scooby-Doo! **9.30** What's New Scooby-Doo? **10.00** Tom & Jerry Tales **10.30** Puss in Boots **11.00** New Looney Tunes **11.30** The Tom and Jerry Show

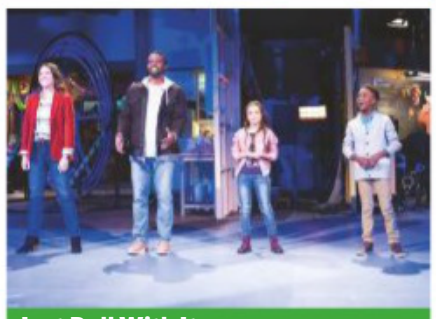
12.00noon Wacky Races **12.30pm** Puss in Boots **1.00** Dorothy and The Wizard of Oz **1.30** Tom & Jerry Tales **2.00** The Tom and Jerry Show **2.30** Be Cool, Scooby-Doo! **3.00** Mr Bean: The Animated Series **3.30** Scooby-Doo and Guess Who? **4.00** The Tom and Jerry Show New episode **4.30** Taffy **5.00** Scooby-Doo and Guess Who? New episode

6.00 Mr Bean: The Animated Series **6.30** The Tom and Jerry Show **7.00** Scooby-Doo and Guess Who? **7.30** Taffy **7.50** Mighty Mike **8.00** Mr Bean: The Animated Series **8.30** Scooby-Doo and Guess Who? **9.00** Tom & Jerry Tales **10.00** What's New Scooby-Doo? **11.00** My Knight and Me **12.00m't** LazyTown **12.50am** My Knight and Me **2.00** LazyTown **5.00-6.00am** My Knight and Me

+1 hour 618 731

DISNEY

609 609 644 724 480



Just Roll With It

SATURDAY

6.00am Ladybug & Cat Noir **7.30** Liv & Maddie **8.00** FILM High School Musical **9.55** A Descendants Story: Audrey's Royal Return **10.00** Just Roll With It **10.30** Liv & Maddie **11.30** Sydney to the Max **12.30pm** Jessie **1.30** Raven's Home

2.00 Just Roll With It **2.30** Ladybug & Cat Noir **3.00** K.C. Undercover **4.00** Liv & Maddie **5.00** Good Luck Charlie **6.00** Raven's Home **7.00** Jessie **8.00** FILM Kim Possible **9.45** A Descendants Story: Audrey's Royal Return **9.55** Access All Areas: Music **10.00** The Lodge

11.00 Penny on M.A.R.S **11.55** The Evermoor Chronicles **12.50am** Ladybug & Cat Noir **1.35** The Lodge **2.20** Penny on M.A.R.S **2.45** Violetta **3.35** Sadie Sparks **3.55** Best Bugs Forever **4.20** Go Away Unicorn! **4.45** 101 Dalmatian Street **5.10-6.00am** Ladybug & Cat Noir

SUNDAY As Saturday except:

8.00am Just Roll With It **8.30** K.C. Undercover **9.00-10.00am** Jessie **11.30-12.30pm** Bunk'd **8.00** Stuck in the Middle **9.00-10.00pm** Coop and Cami Ask the World

MONDAY & TUESDAY

6.00am Liv & Maddie **7.00** Jessie **9.00** Ladybug & Cat Noir **10.00** Coop and Cami Ask the World **11.00** Ladybug & Cat Noir **12.00noon** Stuck in the Middle **1.00pm** Ladybug & Cat Noir **2.00** Bunk'd **3.00** Liv & Maddie **3.30** Good Luck Charlie **4.00** Ladybug & Cat Noir **4.30** Bunk'd

5.00 Jessie **5.30** Liv & Maddie **6.00** K.C. Undercover **6.30** Raven's Home New episode **7.00** Penny on M.A.R.S **7.30** Good Luck Charlie **8.00** Stuck in the Middle **9.00** Bunk'd **10.00** The Lodge

11.00 Penny on M.A.R.S **11.55** The Evermoor Chronicles **12.50am** Ladybug & Cat Noir **1.35** The Lodge **2.20** Penny on M.A.R.S **2.45** Violetta **3.35** Sadie Sparks **3.55** Best Bugs Forever **4.20** Go Away Unicorn! **4.45** 101 Dalmatian Street **5.10-6.00am** Ladybug & Cat Noir

WEDNESDAY As Mon except:

7.00pm FILM Disney's Descendants **9.05-10.00pm** Bunk'd

THURSDAY As Mon except:

7.00pm FILM Descendants 2 **9.05-10.00pm** Bunk'd

FRIDAY As Mon except:

6.30-7.00am Liv & Maddie: Cali Style **4.00-4.30pm** Raven's Home **4.30** Bunk'd New episode Lou and Finn offer Matteo romantic advice. **5.00** Just Roll with It New episode **5.30** FILM Descendants 3 **7.35** Just Roll With It **8.10** Bunk'd **8.35** FILM PREMIERE Descendants 3: Third instalment of the hit franchise, starring Dove Cameron. **10.40** Access All Areas: Music **10.45-11.00pm** Stuck in the Middle

+1 hour 610 725

DISNEY JR

607 607 643 727 481

T.O.T.S.

SATURDAY

6.00am Mickey Mouse Clubhouse **6.30** Mickey & the Roadster Racers: High-speed fun with Mickey Mouse and his pals. **7.00** PJ Masks **7.30** Vampirina **8.00** Puppy Dog Pals **8.30** The Lion Guard **9.00** Vampirina **9.30** PJ Masks: Cartoon adventures with Connor, Amaya and Greg, who by day are ordinary schoolkids, but by night are pyjama-wearing superheroes.

10.30 T.O.T.S.. **11.00** Sofia the First **12.00noon** PJ Masks **3.30pm** Gigantosaurus **4.00** Fancy Nancy Clancy **4.30** Mickey & the Roadster Racers **5.00** Doc McStuffins **5.30** FILM Sofia the First: Once Upon a Princess: Animated fantasy featuring the voices of Ariel Winter and Sara Ramirez. An ordinary little girl's life suddenly changes when her mother marries the king and she becomes a princess-in-training. **6.30** PJ Masks

7.00 Sofia the First **7.30** Elena of Avalor **8.00** Vampirina **8.30** PJ Masks **9.30** Puppy Dog Pals **10.30** Gigantosaurus **11.30** PJ Masks **12.50am** Paprika **1.00** Zou **1.30** Henry Hugglemonster **2.20** Paprika **2.40** Zou **3.25** Paprika **3.45** Henry Hugglemonster **4.35** Paprika **4.45** PJ Masks **5.30** Gigantosaurus **5.55-6.00am** Minnie's Bow-Toons

SUNDAY As Saturday except:

11.00am FILM Sofia the First: Once Upon a Princess **12.00noon-3.30pm** Sofia the First **5.30-6.30pm** Sofia the First: Amber steals Sofia's magic amulet, only to end up summoning an evil princess who wants to destroy the kingdom.

MONDAY-FRIDAY

6.00am Mickey Mouse Clubhouse **6.30** Mickey & the Roadster Racers **7.00** PJ Masks **7.30** Vampirina **8.00** Sofia the First **8.30** PJ Masks: Superhero adventures. **10.00** Vampirina **11.00** Gigantosaurus **12.00noon** Puppy Dog Pals **1.00pm** PJ Masks **2.00** Mickey & the Roadster Racers: High-speed fun with Mickey Mouse and his pals.

2.30 Vampirina **3.00** Sofia the First **3.25** PJ Masks Shorts **3.30** The Lion Guard **4.00** PJ Masks **4.30** T.O.T.S. New episode **5.00** Puppy Dog Pals **5.30** Vampirina **6.00** PJ Masks **6.30** The Lion Guard **7.00** Sofia the First **7.25** PJ Masks Shorts **7.30** Elena of Avalor **8.00** PJ Masks **8.30** T.O.T.S. **9.00** Puppy Dog Pals **9.30** Vampirina **10.00** PJ Masks

10.30 The Lion Guard **11.00** Sofia the First **11.25** Disney Junior Music Nursery Rhymes **11.30** Gigantosaurus **12.00m't** PJ Masks **12.50am** Paprika **1.00** Zou **1.30** Henry Hugglemonster **2.20** Paprika **2.40** Zou **3.25** Paprika **3.45** Henry Hugglemonster **4.35** Paprika **4.45** PJ Masks **5.30** Gigantosaurus **5.55-6.00am** Minnie's Bow-Toons

+1 hour 608

DISNEY XD

611 611 645 707 482

Star vs the Forces of Evil

SATURDAY

6.00am Lab Rats **7.00** Phineas and Ferb **8.00** Big Hero 6: The Series **8.30** Phineas and Ferb **9.30** Marvel's Spider-Man **10.00** Phineas and Ferb **11.00** Star vs the Forces of Evil **12.00noon** Lab Rats **1.00pm** Phineas and Ferb **2.00** Star vs the Forces of Evil **3.00** Phineas and Ferb **4.00** Lab Rats: Bionic Island **5.00** Phineas and Ferb **6.00** Big Hero 6: The Series **7.00** Phineas and Ferb **8.00** Marvel's Spider-Man **9.00** Phineas and Ferb **10.00** Star vs the Forces of Evil **11.00** Dude, That's My Ghost! **11.50** Furiki Wheels **12.15am** Randy Cunningham: 9th Grade Ninja **1.00** Boyster **1.45** Counterfeit Cat **2.35** Randy Cunningham: 9th Grade Ninja **3.20** Boyster **4.10** Counterfeit Cat **5.00-6.00am** Furiki Wheels

SUNDAY As Saturday except:

4.00-5.00pm Lab Rats

MONDAY

6.00am Lab Rats **6.30** Lab Rats: Bionic Island **7.00** Phineas and Ferb **8.00** Gravity Falls **9.00** Phineas and Ferb **10.00** Big City Greens **11.00** Phineas and Ferb **12.00noon** Lab Rats **12.30pm** Lab Rats: Bionic Island **1.00** Phineas and Ferb **2.00** DuckTales **3.00** Big City Greens **4.00** Phineas and Ferb **5.00** NEW SERIES Star vs the Forces of Evil **5.30** Big Hero 6: The Series **6.00** Phineas and Ferb

7.00 Lab Rats Elite Force **8.00** Star vs the Forces of Evil **8.30** Big Hero 6: The Series **9.00** Gravity Falls **10.00** Star vs the Forces of Evil **11.00** Dude, That's My Ghost! **11.50** Furiki Wheels **12.15am** Randy Cunningham: 9th Grade Ninja **1.00** Boyster **1.45** Counterfeit Cat **2.35** Randy Cunningham: 9th Grade Ninja **3.20** Boyster **4.10** Counterfeit Cat **5.00-6.00am** Furiki Wheels

TUE/WED As Monday except:

6.00-7.00am Lab Rats: Bionic Island: Double bill. **12.00noon-1.00pm** Lab Rats: Bionic Island: Double bill.

THURSDAY As Monday except:

6.00-7.00am Lab Rats: Bionic Island: Double bill. **11.00** Phineas and Ferb's Christmas Vacation: The boys foil Doof's plan to stop everyone receiving their Christmas presents. **11.30** Phineas and Ferb **12.00noon-1.00pm** Lab Rats: Bionic Island

FRIDAY As Monday except:

6.00-7.00am Lab Rats: Bionic Island **12.00noon-1.00pm** Lab Rats: Bionic Island **5.00pm** Lab Rats Elite Force **5.30** FILM Descendants 3: Children's musical fantasy sequel starring Dove Cameron, Cameron Boyce, Sofia Carson and Booboo Stewart. Mal and her friends face their biggest challenge yet when an unfathomable dark force threatens the people of Auradon. **7.35-8.00pm** Lab Rats Elite Force

+1 hour 612

Coming soon

Joe Wilkinson (fifth from left) and the cast

FIRST LOOK

The Cockfields

Joe Wilkinson heads a starry cast in a colourful comedy about an eccentric family on the Isle of Wight

Here's a peek at the line-up of Gold's quirky new comedy *The Cockfields*, airing later this year.

The three-part series, written by Joe Wilkinson and David Earl and filmed on the Isle of Wight, sees Wilkinson play Simon, who is returning home to the island with girlfriend Donna (Diane Morgan) to celebrate his 40th birthday.

However, as the couple spend some quality time with Simon's offbeat, well-meaning but ever-so-slightly irritating extended family, chaos swiftly ensues…

ECCENTRIC

Sue Johnston plays Simon's doting mum, Sue, alongside Bobby Ball as his controlling stepdad, Ray. Nigel Havers appears as his suave father, Larry, who has brought his own glamorous new girlfriend, Melissa (Sarah Parish), along for the occasion. Ben Rufus Green co-stars as Simon's stepbrother, David, who is rather obsessed with Alan Titchmarsh, while Jeff Mirza plays handyman neighbour Andre and Maggie Steed appears as Sue's best friend, Lyn.

'David and I adore writing about this oddball family, who, despite their faults and any differences they might have, love each other,' says Wilkinson.

WHAT'S NEXT FOR…

David Walliams

The *BGT* judge will appear in Gold's comedy **Sandylands**, which centres on a young woman (Natalie Dew) who returns to her seaside hometown when her father (Sanjeev Bhaskar) goes missing.

Davina McCall

In ITV's **The Masked Singer**, the *Long Lost Family* host will join Jonathan Ross, Rita Ora and Ken Jeong to try to guess the identity of a disguised celebrity as they give a musical performance.

Sir Michael Palin

BBC1's new take on **Worzel Gummidge**, starring Mackenzie Crook, sees Palin play scarecrow creator The Green Man. Zoë Wanamaker, Steve Pemberton and Vicki Pepperdine also appear.

Coming Back

David Tennant and Jessica Hynes will return for a second run of **There She Goes**, following the family of a girl with a learning disability. The show moves from BBC4 to BBC2.

IN PRODUCTION…

Truth Seekers

Take a look at Nick Frost in the first shot from Amazon Prime Video's comedy horror *Truth Seekers*, which is filming now. The eight-part series, written by Frost and Simon Pegg, sees the pair play paranormal investigators Gus and Dave, who uncover a dark conspiracy. Malcolm McDowell, Samson Kayo, Emma D'Arcy, Julian Barratt and Kevin Eldon co-star. 'It's been nothing but a joyride seeing this mad tale unfold,' says Frost.

Next week *On sale Tuesday 8 October*

In the Long Run

Idris Elba returns for a second helping of the Sky One comedy based on his 1980s childhood.

Modern Love

Amazon Prime Video's romantic comedy anthology stars Anne Hathaway and Dev Patel.

The Laundromat

Meryl Streep, Antonio Banderas and Gary Oldman star in a Netflix film about a real-life tax scandal.

Dublin Murders

BBC1's crime thriller, based on Tana French's novels, stars Killian Scott and Sarah Greene.

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